

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

Assisted/Independent Living

			10:00 Exercise ¹ w/ Lois 1:00 NuStep Bike 2:00 Protestant Church	10:00 Exercise ² w/ Lois 11:00 1:1s 2:00 Happy Hour	10-11:30 Bingo ³ 2:30 Rosary 3:30 Mass	College Colors Day. Do you remember your college colors? ⁴
1:30 Movie Matinee	⁵ Michelle is OFF for the holiday. Happy Labor Day! <small>Labor Day Rosh Hashanah Begins</small>	⁶ Michelle's ½ Day 10:45 Program on One Room School Houses	⁷ 10:00 Exercise ⁸ w/ Lois 1:00 NuStep Bike Protestant Church Friday Instead	⁹ 10:00 Exercise w/ Lois 11:00 1:1s 2:00 Happy Hour	10:00-11:30 Bingo ¹⁰ 2:00 Protestant Church 3:30 Mass	Michelle's ½ Day ¹¹ 10:45 Dominoes and Board Games
1:30 Movie Matinee <small>Grandparents Day</small>	¹² 10:00 Bingo ¹³ 3:30 Sit and Fit Exercises 4:15 1:1s	¹⁴ 1:00 the Rochester Accordion Band 3:00 Monthly Birthday Party	¹⁵ 10:00 Exercise w/ Lois 1:00 NuStep Bike 2:00 Protestant Church <small>Yom Kippur Begins</small>	¹⁶ 10:00 Exercise What's 4 Dinner 9:15 AL 10:00 IL 11:00 1:1s 2:00 Happy Hour	10:00-11:30 Bingo ¹⁷ 2:30 Rosary 3:30 Mass	Octoberfest Begins Today ¹⁸ <small>Oktoberfest Begins</small>
1:30 Movie Matinee	¹⁹ 10:00 Bingo ²⁰ 4:00 Sit and Fit Exercises <small>Sukkot Begins</small>	Michelle's ½ Day ²¹ 10:30 Pet Visits with Riley	²² 10:00 Exercises w/ Lois 1:00 NuStep Bike 2:00 Protestant Church 3:30 Town Hall Meeting <small>Autumn Begins</small>	²³ 10:00 Exercise w/ Lois 11:00 1:1s 2:00 Happy Hour	10:00-11:30 Bingo ²⁴ 2:00 Allen Carlson Music 3:30 Resident Run Rosary	Michelle's ½ Day ²⁵ 10:45 –Dice Game
1:30 Movie Matinee	²⁶ 10:00 Bingo ²⁷ 3:30 Sit and Fit Exercises 4:15 1:1s	1:00 Arts and Crafts ²⁸ 2:30 Out Behind the Barn Boys Music <small>Simchat Torah Begins</small>	²⁹ 10:00 Exercise w/ Lois 1:00 NuStep Bike 2:00 Protestant Church	³⁰ 10:00 Exercise w/ Lois 11:00 1:1s 2:00 Happy Hour		