



Istrian Spa Experience

OLIVE GARDEN

Holistic tailor-made full body massage using cold-pressed olive oil from our olive grove, mixed with essential oils. Aromatherapy massage combines the power of essential oils with massage therapy, benefitting both the mind and the body.

DURATION: 60' | PRICE: 195€

GOLF BALL THERAPY

Vigorous massage with golf ball combined with manual massage and it can be relaxing or invigorating, depending on your requirements. The size, hardness and shape of a golf ball makes it the perfect instrument to reach deep sore spots in muscles. This type of massage is ideal for relieving tension and reducing stiffness.

DURATION: 60' | PRICE: 185€

CUPPING TREATMENT

This therapy removes energy blockages, toxins and impurities from the body, reduces muscle tension, pain and inflammation, and boosts the lymphatic system and circulation.

DURATION: 45' | PRICE: 140€

LAVENDER DE-STRESS

Full body massage with lavender aroma for a deep relaxing effect. This treatment is recommended for relieving stress and improving sleep.

DURATION: 45' | PRICE: 110€

ISTRIAN DETOX

Detoxification and lymphatic drainage treatment consisting of lavender with algae, rosemary and horse chestnut. Through its action, the treatment purifies and detoxifies, accelerates the process of releasing toxins, stimulates blood circulation and strengthens the skin. The treatment consists of peeling, massage with lavender oil gel extract and a mask.

DURATION: 80' | PRICE: 225€

COLLAGEN & CAVIAR LIFT TREATMENT

Intensive anti-aging treatment for the face that regenerates, reduces wrinkles, improves the elasticity and shine of the skin.

DURATION: 60' | PRICE: 170€

SCENT OF THE MEDITERRANEAN

Therapeutic massage to relieve body tension using Mediterranean herbs. Ideal if you are looking for relief from body pains associated with everyday stress.

DURATION: 30' / 60' | PRICE: 85€ / 135€

Yoga Retreat

Immerse yourself in a rejuvenating yoga experience in the serene ambiance of our Orangerie or by the poolside, surrounded by nature. Whether indoors or outdoors, our expert instructor will guide you through invigorating poses to enhance your well-being.

JOIN OUR GROUP YOGA SESSION EVERY THURSDAY AT 08 A.M.

** To reserve your spot for a yoga session, please notify the reception in advance. Participation is complimentary with your stay and includes yoga mats and blocks.**

PRIVATE YOGA CLASS: 120€

Well-being package

Treat yourselves to a rejuvenating experience focused on relaxation, health, and wellness. Unwind soothing 'Scent of the mediterranean' massage amidst nature-inspired surroundings, followed by yoga session. Complete the experience with revitalizing detox juices to nourish your body and mind.

PRICE FOR TWO PEOPLE: 370€ | PRICE FOR ONE PERSON: 220€