

BIG BOWL®

CHINESE AND THAI

GLUTEN-FREE MENU

APPETIZERS

- ✓ STEAMED EDAMAME 10.25
served warm with coarse salt
- SPICY SICHUAN GREEN BEANS 11.25
carrots, ginger, fresno peppers
- CHICKEN LETTUCE WRAPS 15.25
bibb lettuce, crispy rice noodles

SALAD

- BIG BOWL'S CHOPPED CHICKEN SALAD 17.95
sliced chicken, greens, edamame, peanuts, corn,
cucumbers, scallions, rice sticks,
tossed with cilantro-lime vinaigrette

BIG BOWL'S STIR FRY BAR

1. CHOOSE YOUR PROTEIN

VEGETABLE 19.50 • TOFU 21.50
SLICED CHICKEN 21.50 • PRIME BEEF 24.50
SHRIMP 23.50 • SALMON 28.75

2. CHOOSE YOUR SAUCE

ORANGE • YELLOW CURRY
➤ KUNG PAO WITH PEANUTS • ➤ PANANG CURRY
SHANGHAI GINGER GARLIC • ➤ SPICY GREEN CURRY

3. CHOOSE RICE OR NOODLES

JASMINE RICE • BROWN RICE
PAD THAI NOODLES
CAULIFLOWER RICE (ADD \$1)

– OR –

CHEF'S CHOICE STIR FRY

SNOW PEAS • BROCCOLI • GREEN BEANS
RED ONIONS • BABY BOK CHOY • CARROTS
RED PEPPERS • BEAN SPROUTS

MAIN DISHES

all of our dishes are served with your choice of jasmine or brown rice; sub cauliflower "rice" for 1.00

CHICKEN

sliced all-natural, wok-tossed fresh white meat

- KUNG PAO CHICKEN 19.50
spinach, blackened chilies, chopped peanuts
- ORANGE CHICKEN 19.50
ginger, scallions, red peppers
- CASHEW CHICKEN 19.50
fresno peppers, cilantro, scallions, chili sauce
- PANANG CURRY CHICKEN 19.50
peanut-coconut-curry sauce, peas,
fresno peppers, snow peas
- THAI HOT PEPPER CHICKEN 19.50
fresno peppers, thai basil, peanuts,
red onions, cilantro, tangy lemon sauce

PAD THAI

– BIG BOWL SIGNATURE –

Thailand's famous dish; ours has the clean, bright taste of fresh lemon,
thai basil, cilantro, eggs, sprouts, peanuts & rice noodles

VEGETABLE 17.50 CHICKEN 19.50
TOFU 19.50 SHRIMP 21.50

PRIME BEEF

- MONGOLIAN BEEF 22.50
shiitake & button mushrooms, green & red onions
- KUNG PAO BEEF 22.50
spinach, blackened chilies, chopped peanuts
- BEEF & BROCCOLI 22.50
shiitake mushrooms, garlic sauce
- SPICY SICHUAN BEEF 22.50
shiitake & button mushrooms, carrots, chili sauce

SEAFOOD & TOFU

- YELLOW CURRY SHRIMP 21.50
baby bok choy, green beans, carrots, peas,
seasonal vegetables, yellow coconut-curry sauce
- AHI TUNA POKÉ BOWL* 22.50
avocado, edamame, cucumbers, pickled ginger,
sliced jalapeños, scallions, greens, brown rice,
cilantro-lime vinaigrette
- ✓ SPICY THAI GREEN VEGETABLE CURRY WITH TOFU 19.50
seasonal vegetables, baby bok choy,
green beans, peas, green curry sauce

✓ = VEGETARIAN

➤ = SPICY – SOME OF OUR SPICY DISHES CAN BE PREPARED MILD

*Consuming raw or undercooked meats, poultry, seafood, shellfish,
or eggs may increase your risk of foodborne illness.

DESSERT

- CHOCOLATE FUDGE CAKE 7.95
caramel ice cream, chocolate sauce

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MINNEAPOLIS • CHICAGO