

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Abbreviations Activity Room – A Assisted Living Activity Room – ALAR Assisted Living Lounge – ALL Auditorium – AUD Gym Exercise Studio – GES Lounge – L Movie Room – MR	1 10:15 Music and Memories (Doris Day) 11:30 Chair Exercise –GES 2:00 Barber 2:00 Scenic Ride 3:15 God Bless America Sing a long – ALA	2 10:15 Daily Chronicle 11:15 Exercise with Kayla – ALA 2:00 Travelogue – ALA 3:15 Trivia – ALA 4:15 Nail Care – ALA	3 10:15 Morning Walk 11:30 Chair Exercise – GES 2:00 Scavenger Hunt Craft – ALA 2:30 Great Decision: Arctic – AUD 3:15 National Nacho Day – ALA	4 10:15 Quote of the Day 10:30 IM: Roman Empire – MR 11:15 Exercise with Kayla – ALA 2:00 Movie – MR 2:00 Bingo – ALA 4:00 Happy Hour – ALA	5 10:15 Tavis Time 11:00 IM: Aging Brain – AUD 11:30 Chair Exercises – GES 2:00 Flower Arranging – ALA 3:15 Entertainment w/ Rayon – ALL 4:15 Current Events	6 9:30 – 12:00 In Room Visits
7 9:30 – 12:00 In Room Visits <small>Daylight Saving Time Ends</small>	8 10:15 People, Places, and Events (Hershey) 11:30 Chair Exercise – GES 2:00 Movie – MR 4:15 National Chocolate With Almonds Day – ALA	9 10:15 Daily Chronicle 11:15 Exercise with Kayla – ALA 2:00 Travelogue – ALA 3:15 Trivia -- ALA 4:15 Nail Care – ALA	10 10:15 Morning Walk 11:30 Chair Exercise – GES 2:00 Scavenger Hunt Craft – ALA 2:30 Great Decision: Arctic – AUD 3:15 Finish The Phrase – ALA	11 10:00 Veterans Day Program 10:30 IM: Roman Empire –MR 11:15 Exercise with Kayla – ALA 2:00 Movie – MR 2:00 Bingo – ALA 4:00 Happy Hour -- ALA <small>Veterans Day Remembrance Day (Canada)</small>	12 10:15 Tavis Time 11:00 IM: Aging Brain -- AUD 11:30 Chair Exercises -- GES 2:00 Flower Arranging – ALA 3:15 Entertainment w/ Smooth Groove– ALL 4:15 World War II Stories – ALA	13 9:30 – 12:00 In Room Visits
14 9:30 – 12:00 In Room Visits	15 10:15 Morning Meditation – ALA 11:15 Great Inventions – ALA 11:30 Chair Exercise --- GES 2:00 Scenic Ride 3:15 National Sundae Day – ALA 4:15 Family Feud– ALA	16 10:15 Daily Chronicle 11:15 Exercise with Kayla – ALA 2:00 Travelogue –ALA 3:15 Trivia – ALA 4:15 Nail Care – ALA	17 10:15 Morning Walk 11:30 Chair Exercise – GES 2:00 Scavenger Hunt Craft – ALA 2:30 Great Decision: Arctic – AUD 3:15 Name the Cartoon – ALA	18 10:15 Quote of the Day 10:30 IM: Roman Empire – MR 11:15 Exercise with Kayla – ALA 2:00 Movie – MR 2:00 Bingo – ALA 4:00 Happy Hour – ALA	19 10:15 Tavis Time 11:00 IM: Aging Brain – AUD 11:15 Resident Council – L 11:30 Chair Exercises – GES 2:00 Puzzles & Word Games – ALA 3:15 Entertainment w/ Tom Lucas – ALL 4:15 The Birds of North America – ALA	20 9:30 – 12:00 In Room Visits
21 9:30 – 12:00 In Room Visits	22 10:15 Inventions that Changed the World – ALA 11:30 Chair Exercise – GES 2:00 Movie – MR 3:15 Music and Memories – ALA 4:15 Finish The Phrase – ALA	23 10:15 Daily Chronicle 11:15 Exercise with Kayla – ALA 2:00 Travelogue – ALA 3:15 National Cake Day – ALA 4:15 Nail Care – ALA	24 10:15 Morning Walk 11:30 Chair Exercise – GES 2:00 A Charlie Brown Thanksgiving – ALA 2:30 Great Decision: Arctic – AUD 3:15 Thanksgiving Cards – ALA 4:15 History of Thanksgiving – ALA	25 9:00 Thanksgiving Day Parade (T.V.) 10:15 Exercise – L 11:00 R&R 11:15 Thanksgiving Foods & Traditions – L 2:00 Movie of Choice <small>Thanksgiving Day</small>	26 10:15 Tavis Time 11:00 IM: Aging Brain –AUD 11:30 Chair Exercises – GES 2:00 Flower Arranging – ALA 3:15 Entertainment w/ Wayne Poelham – ALL 4:15 Current Events – ALA	27 9:30 – 12:00 In Room Visits
28 9:30 – 12:00 In Room Visits <small>Hanukkah Begins</small>	29 10:30 Music and Memories – ALA 11:30 Chair Exercise – GES 2:00 Scenic Ride 3:15 Name The State – ALA 4:15 The Price is Right	30 10:15 Daily Chronicle 11:15 Exercise with Kayla – ALA 2:00 Travelogue – ALA 3:15 Trivia – ALA 4:15 Nail Care – ALA				