

# Ultimate Motivation for IBPS Clerk Mains - How to Conquer it All!

IBPS Clerk Mains exam is just a week away. We know that your anxiety level must be soaring with every moment that passes by. Staying **composed and motivated 1 week before the exam can be a tough task** for you. So, read this article to boost your spirit and get instant motivation for IBPS Clerk Mains!

**Inspiration? “Nothing worth having comes easy!”**

*“A river cuts through rock not because of its power,  
but because of its persistence.” – Anonymous*

Sometimes, we take up a tough job but leave it unaccomplished halfway. Often we have valid reasons for abandoning our goals but most of the times we just make lame **excuses to escape from hard work and fear of failure**. Moreover, when the task in hand is sitting in one place and STUDYING, we try to procrastinate as much as we can.

It is normal to be scared about your preparation level and experience exam anxiety. However, **success is achieved by facing your fears, not by running from them**.

## ***A True Story of Success and Courage***

We all know **M.S. Dhoni**, the captain of Indian National Cricket Team. While he was still working as a *ticket collector* in the railways and was clueless about what to do in life, his boss A.K Ganguly told him, “**Each ball in life is not the same. Hold your ground by playing according to the situation and the scoreboard will take care of itself.**” This is what made M.S. Dhoni stick to the career path that he thought was the most stable and lucrative for him.

## ***Practical Tips & Motivation for IBPS Clerk Exam***

The story above tells you that whether you are preparing for the first time or you have had your share of failures, you need to keep up the zeal. Irrespective of what the world thinks of you and how up or below you are placed in the result list, only you are your ultimate source of support, inspiration and motivation.

All you need to figure out is how to cover the syllabus and assimilate tricky concepts to pass the IBPS Clerk Mains. Here are some activities, which can tremendously help you through your revision sessions and provide you motivation for IBPS Clerk Mains exam:

### **#1.) Tricks to Improve Concentration**

- Study when it suits you the best. Depending upon whether you are a morning person or a night owl, decide the time when you want to study. Some people are able to concentrate more in the morning while others find the quiet of the night more focus-friendly.
- Study in a quiet place for effective studying.
- Get rid of worrisome thoughts.
- Take breaks to rejuvenate when you feel fatigued. Don't overexert yourself. Know when to conserve your energy and when to utilise it.
- Make sure you feel fresh, have eaten healthy food and are well hydrated. These things tend to enhance your **attention span and focus**.
- Divide chapters in manageable small chunks **maintain concentration and flow**. The sense of achievement when you accomplish small chapters will motivate you to aim higher and achieve more.

### **#2.) Enhance your Retention – Work on your Memory**

- Visually imagine the things that you study, to sharpen memory.
- Maintain brain-maps by drawing flow-charts, etc. for the topics that can use such methods for improvement.

- Your mental is as important as your physical health.
- Prepare clear notes and refer them from time to time. This helps you remember the structure of various topics.
- Recalling from the memory will help clarify your concepts.

### **#3.) Learn to Love your Goals Unconditionally**

- Dreams converted into goals make studies a pleasure.
- Develop natural inclination towards learning.
- Spare time for recreation. It is food for mind.
- Keep a receptive mind towards knowledge and information.

### ***In a nutshell...***

- Improve conceptual clarity to work on Your Confidence
- Learn by writing and structural planning
- Don't resort to selective studies
- Form a study group and avoid time-wasting activities
- Meditate and Exercise. Don't let negativity creep in; what we think is in our control.

We hope that this article provides you enough motivation for IBPS Clerk exam as well as for your other endeavours. If you are looking for more tips to crack this exam then checkout these articles:

**[How to Prepare for IBPS Clerk Mains – Expert Advice](#)**

**&**

**[What to Expect in IBPS Clerk Mains – Based on Predicted Pattern of Mains Exam](#)**

Check this IBPS Mains Study Schedule to make sure that you don't skip a topic.

## **IBPS Mains Study Schedule**

