

# Ultimate Motivation for RBI Assistant Prelims – How to Conquer it All!

The RBI Assistant Prelims exam is just around the corner and the fear of acing the exam in this attempt must be looming over your head. It is in stressful times such as these that your patience is tested and you need to keep a calm approach towards your exam strategy. However, we know that **staying calm and motivated can be tough task** for you, especially just 2 days before the exam. Therefore, read this article to boost your spirit and get instant motivation for RBI Assistant Prelims!

## Inspiration? *“Go, Kiss the World!”*

*“People often say motivation doesn’t last long.  
Neither does bathing. That’s why we do it daily.”*  
– Zig Ziglar (A motivational speaker)

Many a times, we embark upon a tough path and lose the determination to conclude the journey halfway. Our reasons for doing so are sometimes genuine, but mostly they are just lame **excuses that we give ourselves to escape from hard work and fear of failure.**

And when it comes to sitting in one place and STUDYING, we try to run from the thought as quickly as possible. Situations can be overwhelming and it is normal to be scared about your preparation level. However, **success** lies in facing your fears, not in running away from them.

## A True Story of Success and Courage

We all know **M.S. Dhoni**, the captain of Indian National Cricket Team. While he was still working as a *ticket collector* in the railways and was clueless about what to do in life, his boss A.K Ganguly told him, ***“Each ball in life is not the same. Hold your ground by playing according to the situation and the***

*scoreboard will take care of itself.*” This is what made M.S. Dhoni stick to the career path that he thought was the most stable and lucrative for him.

## ***Practical Tips & Motivation for RBI Assistant Exam***

So, even if you are preparing for the first time or you have had your share of failures, keep the zeal up. Because, you yourself are your support, inspiration and motivation. Just see what might ease out the course study, assimilate tricky concepts to pass the RBI Assistant Prelims, which are due on 23rd Dec, 2016. The three main activities, which will tremendously help you through your revision sessions and provide you motivation for RBI Assistant exam are:

### **#1.) Tricks to Improve Concentration**

- Study in a quiet place for effective studying.
- Study at the time that works the best for you. This would depend upon whether you are a morning person or a night owl. While some people find it earlier to get up early and study, others get cranky in the morning and like to study in the quiet of the night.
- Make sure your mind is clear of worrisome thoughts.
- Make sure you are fresh, have eaten healthy food and are well-hydrated. These things tend to enhance your **attention span and focus**.
- Relax when you feel fatigued. Don't overstress. Know when to conserve your energy and when to unleash it.
- Break chapters in manageable small portions to **maintain concentration and flow**. The sense of achievement when you accomplish small chapters will motivate you to aim higher and achieve more.

### **#2.) Enhance your Retention – Work on your Memory**

- Mental health is as important as your physical health.
- Develop your visual imagination to sharpen memory.
- Prepare notes and refer them frequently to remember structure of subject.
- Recalling from the memory will help clarify your concepts.

### **#3.) Learn to Love your Goals Unconditionally**

- Dream converted into goals make studies a pleasure.
- Develop deep love and interest for learning.
- Keep a receptive mind towards knowledge, information.
- Give time for recreation. It is a food for mind.

#### ***In a nutshell***

- Work on Your Confidence
- Planning is an integral part of your study
- Learn by writing
- Improve conceptual clarity
- Don't resort to selective studies
- Form a study group
- Avoid time-wasting activities
- Don't let negativity creep in; what we think is in our control
- Meditate and Exercise

We hope that this article provides you enough motivation for RBI Assistant exam as well as for your other endeavours. If you are looking for more tips to crack this exam then checkout these articles:

**[9 Time Management Tips for RBI Assistant Exam that Toppers Swear By!](#)**

**[5 Must-know Last-Minute Tips for RBI Assistant Prelims – Expert Reviews!](#)**