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# How to Get Motivation for SSC CHSL Tier I and Ace in the Exam!

SSC CHSL Tier I exam is scheduled to take place from 4th to 27th March 2018. And it is just few days left for the big day, so make every second count to make most of it. However, the common problems that you face at this crucial period are stress of approaching exam and the sense that there is an overwhelming amount of information to learn in such less period. Thus, a little motivation will give a nudge to your exam preparation and do wonders to improve your performance. Here are some tips of Motivation for SSC CHSL drafted by our experts that will help you to excel in the [SSC CHSL Tier I](#).

***"Believe you can and you are halfway there!"***

***"It's not about how bad you want it. It's about how hard you're willing to work for it."***

Whenever you strive for something, at one point you are bound to find the process all daunting and your goal nearly achievable. And that's completely fine, because **success is achieved by facing our fears, not by running from them**. Keep reading further to get all motivated for the SSC CHSL Tier I Exam.

## Tips to Get Motivation for SSC CHSL Tier I

### 1) ***Enhance Your Retention – Work on your Memory***

Having a better memory is of great advantage for the preparation of any exam. Good memory will help you to grasp faster and retain it for longer time. This in turn will motivate you to learn even more. Following are some ways to ascertain that you retain what you study and constantly gain motivation for SSC CHSL Tier I Exam.





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## **VISUALIZATION**

- Visually imagining the factual events, problems and solutions will sharpen your memory.
- So, try to create an image of the formulas and concepts in your mind that will help you to solve the questions much faster.

## **MUSCLE MEMORY**

- Visualization is the key to better conceptual clarity, but it can be hard to remember lengthy logic and solve all problems visually.
- Therefore, turn to writing down equations, rules, etc. while practicing.
- Practicing Quants and Logical Reasoning topics by writing them can help you remember those topics at the time of the exam.

## **DON'T MAKE FUSS**

- Don't clutter your brain with negativity.
- So much to do in such a little time might panic you.
- Instead think about the bigger picture and work for it.
- Remember, your mental health can affect your performance in the exam.

## **BRING IN THE TOOLS**

- Certain topics require you to make brain-maps by drawing flow-charts, etc. for clear thinking.
- Prepare crisp and clear notes and refer them to remember the structure of various topics.

## **TAKE SHORT BREAKS**

- Taking breaks in between is equally important as working hard towards your goal.



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- We know, Boredom is inevitable while you are preparing for any exam. Thus, whenever that happens take a break and relax.
- You can do exercise, meditation, play any sport or spend time with your family or friends during this time.
- These things will recharge your energy to work even hard further.

### **SOLVE ONLINE MOCK TEST**

- Just learning every concept is not enough, you will have to appear for the exam through Online Mode.
- So, solve a good number of Online Mock Test for practice and attain good speed to solve questions.

### ***2. Tricks to Improve Concentration***

Better concentration means being focused and having clear mind. The clearer you think, the quicker you start solving questions. Here's what to do to improve your concentration:

### **STUDY IN NOISE FREE PLACES**

- A peaceful place would enable you to immerse in your books and notes naturally.

### **FIND OUT YOUR MOST PRODUCTIVE TIME**

- Study at a time you feel you are most productive. Some people are able to concentrate more in the morning while others find the silence of the night more focus-friendly.

### **DON'T WORRY**





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- Worrying makes us anxious and irritable. Instead of constantly worrying about the exam, focus on exam preparation.
- Focusing on your plus points/strength will enhance your daily target-achievement.

### **EAT HEALTHY**

- Make sure you eat healthy, stay hydrated and feel fresh.
- These things tend to enhance your attention span and focus.
- Do not eat oily food as it will make you all dizzy.

### **DISTRIBUTE YOUR TIME WISELY**

- Divide chapters in manageable small chunks. The sense of achievement when you accomplish even a small chapter will act as a drastic motivation for SSC CHSL Tier I preparation.

### ***3. Learn to Love your Goals Unconditionally***

### **LOVE YOUR GOALS**

It is only when you are driven that you naturally feel responsible to enhance your performance. You should:

- Have faith in achieving your dreams.
- Maintain a receptive outlook towards new information and knowledge.
- Take out time to rejuvenate.

### ***In a nutshell...***

1. Improve conceptual clarity to improve your confidence.
2. Learn with the help of structural planning and writing things down.
3. Don't depend upon selective studies
4. Exercise for at least 15 minutes every day and meditate.
5. Don't let negativity discourage you.



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Hope these Tips of Motivation for SSC CHSL will help your performance to improve by leaps and bounds. For more information check other articles on SSC CHSL Tier I.

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