



Bonza Medical Travel Clearance Guidelines and Form

Dear Customer,

We want to make sure that your flight with us is as safe and comfortable as possible. Bonza!

Flying can cause complications for our customers with certain medical conditions; for this reason, Bonza has guidelines to assist our customers and their treating doctors to understand some of the risks associated with flying.

When you make a booking with Bonza, it's important that you tell us about your Medical Condition. We ask that you have a chat with your treating doctor to find out if it's safe for you to fly. We ask that you complete this form, together with your treating doctor, to determine if you are safe to travel with us. Please note, any assessment or appointment with your treating doctor is at your expense.

Once you're clear for flying, It is important that you have a copy of the form with you, whilst travelling with Bonza.

When you provide this form to Bonza, you are waiving the confidentiality of this information disclosed by your treating doctor. Bonza will not disclose the information on this form to any other third party without your permission, or unless it is permitted by law. Please be aware that if you are exempt from the requirement to wear a face mask, there may be circumstances in which it is necessary for Bonza to share with other guests that you have an exemption from wearing a face mask.

Thanks,

Bonza Operations Team



Guidelines for your Treating Doctor

These guidelines must be used in conjunction with the Bonza Medical Clearance form. When considering the passenger's suitability for travel with Bonza, please take into consideration the following:

Oxygen: The commercial aircraft cabin is pressurised to a level that is equivalent to being up to 8,000 ft altitude reducing the amount of oxygen available to breath. Healthy people have no problems at these altitudes but passengers with anaemia, or heart and lung conditions may be at risk and supplemental oxygen may be required or travel delayed until their condition has improved. Severe or complex cases may need to have altitude simulation studies to ensure their safety during the flight.

Advanced medical care: The aircraft cabin is a closed environment where access to advanced medical care may not be possible for many hours depending on the flight path. Bonza flight attendants are trained in first aid and our aircraft carry doctor's medical kits and heart defibrillators, but complex medical assessment and treatment is not possible on board. If a passenger is at risk of an illness or complication in flight, they should consider delaying their flight or flying with a medical escort.

Use this form to determine if a passenger's medical condition makes the passenger unfit for travel or if a Medical Clearance is required before travel. If a Medical Clearance is required before travel, please ensure Part 3 of the Bonza Medical Clearance form is completed by your treating doctor (registered doctor).

Please note, Bonza considers the passengers wellbeing and safety as our number one priority. Where a passenger requires extraordinary medical assistance to complete a flight safely, unfortunately, we cannot consider the passenger to be acceptable for air travel.

The following is not an exhaustive list of conditions. If a passenger has had recent surgery or suffers from ailments not specified in the tables below that may affect their health, they should speak to their treating doctor for advice and medical clearance before flying with Bonza.

Bonza will take into consideration a passenger's medical condition on a case by case basis. However, please note, the following conditions are like to be deemed unfit for air travel:

1. Within 24 hours of a general anaesthetic;
2. Uncontrolled bleeding;
3. Unstable medical or psychiatric conditions;
4. Uncontrolled pain;
5. Known ectopic pregnancy;
6. Decompression illness;
7. Active tuberculosis or haemorrhagic fever.



Detailed guidance for both passengers and their treating doctors is provided below. In developing these guidelines, Bonza has considered the IATA Medical Manual.

Diagnosis/Conditions Groups	
Group 1	Cardiovascular and related conditions including blood conditions
Group 2	Respiratory conditions
Group 3	Neurological conditions
Group 4	Gastro-intestinal conditions
Group 5	Ear, nose and throat conditions
Group 6	Eye conditions
Group 7	Pregnancy and Newborn
Group 8	Orthopaedics
Group 9	Other conditions and Physiological states
Group 10	Contagious and Infectious Diseases

Diagnosis/Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 1 – Cardiovascular and related conditions including blood conditions			
Angina	Unstable angina	Control achieved only recently (within 14 days)	Must be stable and no angina at rest. Must be able to ambulate at a moderate pace 50m on flat ground without chest pain or breathlessness
Myocardial infarction (heart attack)	Within last 7 days	Within 8 -21 days or if complications	Must be stable with no complications
Cardiac failure (congestive cardiac failure)	Uncontrolled heart failure or required ventilatory support	Not required if controlled*	*Controlled - must be able to ambulate at a moderate pace 50m on flat ground without chest pain or breathlessness



	within the last 14 days		
Serious cardiac arrhythmia	Within 7 days	Within 8-21 days	Does not include benign arrhythmias
Pacemakers and internal (implanted) defibrillators	Within 24 hours	Within 7 days	No evidence of pneumothorax on chest x-ray
Coronary Angiogram	Less than 24 hours	21 days	A myocardial infarction (heart attack) within 21 days overrides these provisions. Hb>8.5g/L
Angioplasty with or without stent	2 days or less	21 days	Good outcome with no complications. No significant anaemia
Cardiac Surgery – where the chest cavity is opened	9 days or less	10-21 days (CABG and Valve surgery)	In assessing fitness to fly, the treating surgeon must, in addition to any other assessment; view a chest x-ray to confirm that there is no air in the pleural space.
Pulmonary Hypertension	WHO Class IV Significant Right heart failure	WHO Class I, II, III	Oxygen is recommended in most cases, or consider specialist assessment.
DVT / Pulmonary embolism or at risk of DVT	Onset 4 days or less	5-21 days	Anticoagulation stable and PAO2 normal on room air. Prophylaxis as indicated.
Anaemia	Hb less than 8.5 g/dl Active bleeding	Chronic disease Hb <8.5g/l chronic stable disease	If acutely anaemic, Hb level should be assessed more than 24 hours after last blood loss, which must have ceased. Consider oxygen requirements
Sickle cell disease	Sickling crisis in previous 9 days	10 days and over	Always require supplemental oxygen

Diagnosis/ Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
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Group 2 – Respiratory Conditions			
Pneumothorax Haemo- pneumothorax (As a result of chest trauma or occurring spontaneously)	7 days or less after full lung expansion	8 - 21 days after full lung expansion	Lung expansion should be assessed by chest x-ray, ensuring no air in pleural space
Open chest surgery (non-cardiac)	14 days or less	15 - 28 days, experiencing symptoms or complications	e.g. lobectomy, pleurectomy, open lung biopsy. No evidence of pneumothorax on Chest x-ray
Pneumonia	Acute, with symptoms	Within 7 days of resolution - complications or ongoing symptoms	Fully resolved or, if X ray signs persist, must be symptom free
COPD, emphysema, pulmonary fibrosis, pleural effusion and haemothorax	Cyanosis on the ground despite supplementary oxygen. Unresolved recent exacerbation/ or required ventilatory support within the last 14 days	If unstable or poor exercise tolerance of less than 50 metres. Recent exacerbation (7 days)	Supplementary oxygen may be required in flight. Altitude simulation studies may be needed
Asthma	Recent severe attack within 48 hours (requiring hospitalisation)	Severe episode or recent hospitalisation discharge (within 48 hrs), recent deterioration or instability	Must be stable and have medication with them

Diagnosis/ Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 3 – Neurological Conditions			
TIA (transient Ischaemic Attack)	Within 2 days	3 – 7 days	Must be stabilised



Stroke (cerebrovascular accident)	Within 3 days	4 - 14 days	Must be self-sufficient otherwise escort/carer required Supplemental oxygen should be considered within 2 weeks of CVA
Epilepsy / Fitting/ Seizures	Less than 24 hours or unstable	Within 7 days of last fit.	In case of ongoing seizure risk, travel may be approved with an escort and treatment plan.
Cranial surgery	9 days or less	10 - 21 days	Air travel should not occur if there is any residual air within the cranial cavity. Imaging may be required for early travel
Spinal surgery- minimally invasive (i.e. microdiscectomy)	≤ 3days after surgery	≥4 days with surgeon clearance	Wound should be stable and able to tolerate unexpected turbulence and vibration associated with flight
Spinal surgery - (major surgery i.e. open decompression)	≤ 8 days after surgery	≥9 days up to 12 weeks of injury or surgery	Wounds should be stable and able to tolerate unexpected turbulence and vibration associated with flight. Standard aircraft fitted life jackets may not fit patients who are wearing a HALO brace. Carriage of own device should be considered.
Significant psychiatric conditions (i.e. mania, schizophrenia, drug induced psychosis)	If unstable or likely to deteriorate during flight/ result in harm to self/ crew or other passengers OR if sedated that self-care is not possible OR that the condition would require active medical intervention during the flight	Currently stable but where there has been a instability, non-compliance, deterioration or hospitalisation within 14 days* Risk assessment if any history of aggression or violence may be required.	The certifying medical practitioner should consider the possible stress of travel on the individual. Travel may be approved with a suitable medical escort/ carer and/or security escort. Risk assessment if any history of aggression or violence may be required.
Head injury associated with loss of consciousness or skull fracture	Within 2 days if there has been seizures	Within 14 days of last injury or last seizure or any penetrating injury	No evidence of pneumocranium



Diagnosis/ Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 4 – Gastro-intestinal conditions			
Open abdominal surgery (i.e. Laparotomy, Hysterectomy, Cholecystectomy, Hepatectomy, Colectomy, Caesarean, Radical Prostatectomy)	10 days or less	11 - 14 days or if complications persist	Open surgery means through a full incision not 'keyhole' or laparoscopic Passengers must be able to open bowels / pass flatus.
Laparoscopic surgery (Keyhole) ie Appendectomy	4 days or less	Only if there are complications	e.g. tubal surgery. All gas must be absorbed.
Investigative laparoscopy	Less than 24 hours	Procedure within 1 - 4 days	All gas must be absorbed
GIT Bleed	Less than 24 hours following a bleed	Up to 14 days following bleed	Endoscopic or clear evidence (ie Hb has continued to rise to indicate bleeding has ceased) Hb level must be sufficient for air travel

Diagnosis/ Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 5 – Ear, nose and throat			
Otitis media and sinusitis	Acute illness or with loss of Eustachian function		Must be able to clear ears
Inner or Middle ear surgery	9 days or less	10 - 14 days with medical clearance from treating ENT (Otolaryngologist)	Must be able to clear ears Includes cochlear implant insertion



Insertion of Grommets			Refer Anaesthetics
Fractured jaw (surgically wired)	Without an escort carrying appropriate cutters	Travel can be permitted without an escort or cutters, if quick self- release wiring has been used	
Tonsillectomy •Flights less than 2 hours	< 24 hours, any bleeding or complications	1-10 days with ENT clearance	Bleeding secondary to wound infection should be considered
Tonsillectomy •Flights greater than 2 hours	21 days or less	not applicable	Bleeding secondary to wound infection should be considered

Diagnosis/ Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 6 – Eye conditions			
Intraocular surgery • with gas	<7 days	8-42 days requires specialist clearance	Any gas injected into globe must be re-absorbed (may be up to 6 weeks)
Intraocular surgery • without gas	<24 hours	2-14 days requires specialist clearance	
Penetrating eye injury, retinal detachment or Hyphaemia (bleeding into front of the eye)	6 days or less	7 - 14 days and must be provided by an Ophthalmologist (Eye Surgeon)	Does not include removal of a foreign body from the Cornea. All gas in the globe must be reabsorbed.
Cataract surgery	Less than 24 hours	1–3 days and must be provided by an Ophthalmologist (Eye Surgeon)	
Corneal laser surgery	Less than 24 hours	1 – 3 days	



Diagnosis/Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 7 – Pregnancy and Newborn			
Pregnancy • Flights greater than 4 hours	Single pregnancy – after the 36th week Multiple pregnancy – after the 32nd week	Any pregnancy with complications will require a medical clearance	Risk of labour must be minimal. High risk pregnancies or where no antenatal care has been provided should have a dedicated air ambulance transport.
Pregnancy • Flights less than 4 hours	Single pregnancy – after the 40th week Multiple pregnancy – after the 36th week	Any pregnancy with complications will require a medical clearance	
Miscarriage (threatened or complete), ectopic	With active bleeding and/or pain	Within 7 days of bleeding	Must be stable, no bleeding and no pain for at least 24 Hours. Must be hemodynamically stable. Hb not less than 8.5 g/dl.
Newborn / Infant	Less than 48 hours old OR requires a ventilator or incubator	3 - 7 days or history of complications or premature birth	Risk of hypoxia if respiratory system not fully developed

Diagnosis/Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 8 - Orthopaedics			
Fractures/Plaster Casts	Must be split if applied less than 48 hours prior to departure	Within 7 days	Fractures supported by a black slab or sling are exempt. Consider DVT prophylaxis.
Arthroscopic Joint Surgery			Refer to Anaesthetics. Consider mobility requirements



Large Joint replacement surgery (ie. Hips, knees, shoulders)		Within 14 days and must be provided by orthopaedic surgeon	Consider DVT prophylaxis
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Diagnosis/Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 9 – Other Conditions and Physiological states			
Anaesthetics	≤ 24 hours of having a general anaesthetic	>24 hours of having a general anaesthetic where medical condition contradicts travel within this time	Refer to specific medical conditions guidelines to determine fitness to travel
Anaphylaxis/allergies	Passengers must be at low risk of a reaction on board. Bonza cannot guarantee the Airline environment or food will be free of specific allergens. If a passenger is carrying an auto injector device e.g. EpiPen®, they must ensure it is in their carryon luggage and that they or an escort/carer/companion, are willing and capable of administering it if needed		
Burns	If systemically unwell (e.g. Shock and/or sepsis) or with widespread infection or greater than 20% total of body surface area	Within 7 days of burn or surgical treatment	Consideration should be given to wounds on pressure sensitive surfaces such as the buttocks, feet and back



Breast surgery (Augmentation or reduction procedures)	< 24 hours	Within 2-4 days	Ensure adequate analgesia
Plastic surgery of superficial soft tissues, muscles and skin	< 24 hours	Within 2-4 days	Ensure adequate analgesia
Scuba diving	Not within 24 hours of last dive	Not required after 24 hours unless recent decompression sickness	Consider longer period for decompression dives or extended/multiple dives
Decompression sickness (bends)	< 3 days for the bends >7 days with neurological symptoms	In all cases within 10 days of completing treatment	Medical clearance must be provided by a specialist in hyperbaric medicine
Terminal illness	If the aviation environment or process of travel may exacerbate condition (e.g. Hypoxic environment, tumult of travel, thrombotic risk etc.)	All cases	Medical condition may require stretcher, escorts/carers or oxygen. Will not accept passengers at high risk of complications during flight.

Diagnosis/Condition	Not suitable for travel	Travel Clearance Required	Comments for treating Doctor
Group 10 – Contagious and Infectious Diseases			
COVID-19	Positive COVID-19 test result and has not met the release from isolation criteria*, or Possible or suspected case awaiting a	If symptomatic without a recent negative test, or If travelling with a formal quarantine exemption for compassionate reasons**	*If previously tested positive, must be : 1) Asymptomatic 2) At least 10 days have passed since the onset of symptoms; 3) All symptoms have resolved for at least 72 hours



	<p>COVID-19 test result, or</p> <p>If a required isolation period has not been completed** (identified as 'close contact', or overseas travel within 14 days)</p>		<p>or two consecutive negative test results.</p> <p>** Travel within the quarantine period for compassionate reasons must be approved by the local state or territory authority, must be asymptomatic and must wear a mask while in the airport and inflight.</p> <p>For additional information, please refer to your local state or territory public health guidelines.</p>
Chicken Pox (including shingles)	If active lesions present	If unsure, or if non-dermal complications are present	All lesions must be dried and crusted
Conjunctivitis (bacterial)	If eye still discharging pus, and not improving on antibiotics and/or extra-ocular involvement	If unsure	Must be treated by appropriate antibiotic drops/ointment and be responding
German Measles (Rubella)	Within 5 days after the onset of the rash	If rash persisting after 5 days	
Impetigo ("School Sores")	If not on treatment or if blisters uncovered	If unsure	Travel not recommended unless on appropriate treatment and covered in watertight dressings
Influenza	If symptomatic (e.g., Fever, cough, aches and pains)	If unsure	Travel not suitable for those displaying obvious signs of influenza/unwell
Measles	Within 7 days after onset of rash	If rash is persisting after 7 days	
Mumps	Within 9 days after onset of rash	If swelling is still present after 9 days or unwell	



Scabies	If not treated or within 1 day of treatment starting	If on treatment for scabies	Travel not suitable until day after treatment has begun
Tuberculosis	If infectious	All cases of tuberculosis Passengers with tuberculosis will not be cleared for travel until their treating practitioner can confirm they are not infectious	Generally, require 3 negative sputum samples. Multidrug resistant TB may require specialist transport.
Whooping Cough (pertussis)	Within 3 weeks from the onset of the whoop (if not on treatment) or within 5 days of effective antibiotic therapy	If ongoing effective antibiotic therapy longer than 5 days	May travel after 5 days of effective antibiotic therapy



Medical Travel Clearance Form

This form is to be used by Bonza customers who have a medical condition and intend to travel on any Bonza operated flights. The form should be completed by the customers treating doctor / medical practitioner, ensuring the Travel Guidelines are referred to, in order to assist in making a determination if a Bonza customer is fit to travel by air.

This Medical Clearance form must be completed in full, and produced at Check-In and at each embarkation, by any passenger who has a medical impairment which may impact on his/her suitability to fly.

This form is to be completed by the treating medical practitioner ensuring the Travel Clearance Guidelines are referred to assist in making a determination the passenger is fit to travel by air.

Please Note: Boarding may be denied if this form is not completed in full or at the sole discretion of Bonza Staff when this form is produced.

Section One: Passenger Details (to be completed by the passenger)			
Patient Name:		Age:	
Patient Contact #:		Gender (Optional):	
Emergency Contact Name:		Emergency Contact Phone*:	

Section Two: Travel Information (to be completed by the passenger)				
Booking Reference Number:				
Flight Sector(s)	Date of Travel	Flight Number	Travelling From	Travelling To
1				
2				
3				
4				



Section Three: Medical Assessment (to be completed by Treating Doctor)			
Name of Treating Doctor:			
Practice / Hospital Name:			
Phone Number (Business Hours):		Phone Number (After Hours):	
Medical Condition of patient:			
Date of diagnosis:		Date of any recent surgical operation:	
Additional medical information: <i>(e.g. comorbidities, medications, vital signs)</i>			

I have examined the patient and have made the following assessment of the medical condition:		
Please tick the following boxes where appropriate:		
The patient is able to sit upright and unassisted.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
The patient is able to look after themselves in-flight including the:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<ul style="list-style-type: none"> • Self administration of medication and / or oxygen as required; • Consumption of food <i>(Crew will assist with the opening of packets if required);</i> • Use of toilet facilities <i>(Crew may assist passengers to/from the toilet door. Crew are not permitted to handle urine-draining equipment).</i> 		
The patient is able to understand and follow, without assistance:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<ul style="list-style-type: none"> • The safety instructions; • Emergency procedures; • All instructions as directed by the crew. 		
Is a wheelchair required to the aircraft door / seat:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	<input type="checkbox"/> DOOR	<input type="checkbox"/> SEAT



- **Please provide other relevant information below:**

Please Note: If oxygen is required in flight, only the BOC Oxycare Travel Pack, Supagas Airline Travel Bag or Air Liquide Travel Pack is permitted. Only C size oxygen bottles are permitted. An approved oxygen concentrator as listed on the Bonza website (www.flybonza.com) may also be used. The patient must ensure that they have sufficient oxygen for their entire journey.

Additional medical information / comments:

Section Four: Treating Doctor's Declaration (to be completed by the treating doctor)

I have read and understood the Bonza Medical Clearance Guidelines and I certify that the above name passenger has been assessed by me as being fit to travel on the nominated flights shown in Section Two of this form. I further certify that this person does not have any contagious disease that could directly place another passenger or the crew at risk, or that would contravene relevant Quarantine or Public Health Department regulations.

I, (name of doctor)..... hereby declare that to the best of my knowledge, (name of passenger)..... is fit for travel.

As a courtesy, Bonza may notify any treating doctor who clears a passenger for travel if the condition of the passenger deteriorates inflight, or if the level of care required for that passenger results in an interruption to normal operations.

Signature of Treating Doctor's
and Qualifications:

_____ Date clearance valid until

_____ Date

Contact Phone Number

Business Hours:

After Hours:





Section Five: Passenger's Declaration (to be completed by the passenger)

I declare that the information contained on this form (where applicable) is complete and accurate. I authorise Bonza to use and release this information as required in the event of an emergency. I acknowledge that Bonza staff are not medically trained and that Bonza cannot guarantee that I will receive appropriate medical attention in any situation. I acknowledge that Bonza reserves the right to refuse travel, notwithstanding completion of this form, if Bonza considers that it is not in my best interest to fly.

Passenger signature

Date

We are collecting your personal information. Please visit our website (<https://www.flybonza.com/privacy-policy>) for information on how we will handle your information, how you can access your personal information or how to make a privacy complaint.