





JULY 2019

Colonnade - Personal Care

To RSVP or for more information, contact Trish D'Carlo at 706-868-3582 or dcarlotrish@brandonwilde.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10:30 Chair Tai Chi (Men's Den) 11:15 Sit & Fit (GR) 3:00 This Day in History 3:45 Movie Matinee	10:00 Travelogue Video-DVD 10:30 Qigong (AR) 11:15 Sit and Fit 3:00 Bingo 3:30 Presbyterian Communion (SP) 4:15 Social Hour	11:00 Hymns with Susan 11:15 Sit & Fit (GR) 3:30 Bible Study (COL) 4:00 Episcopal Communion (GR) 4:15 Music With Steve (PAV)	No Exercise Classes Today 10:45 Music With Teresa (PAV) 3:00 Video ~ A City upon A Hill 4:00 4th of July Celebration	10:30 Sing Along with Cathie (PAV) 11:15 Sit & Fit (GR) 4:00 Sing Along Video and Ice Cream Sundaes	10:15 Bingo (COL) 2:00 BW-TV Movie #698: "1776" 4:00 Music Notes
7	8	9	10	11	12	13
11:00 First Baptist (GR) 11:15 Music Notes with Mary (PAV) 2:00 BW-TV Movie #698: "Dear John" 4:00 Sunday Fellowship 4:15 Sunday School (SP) 5:00 Vespers (GR)	10:30 Chair Tai Chi (Men's Den) 11:15 Sit & Fit (GR) 3:00 Stretch-N-Flex 3:30 Travelogue Video	10:00 Sentimental Sing Along ~ DVD 10:30 Qigong (AR) 11:15 Sit and Fit 3:00 Baking With Trish 4:15 Social Hour	10:30 Catholic Mass (SP) 11:00 Hymns with Susan 11:15 Sit & Fit (GR) 3:30 Bible Study (COL) 4:15 Stretch-N-Flex	11:15 Sit and Fit 2:00 Methodist Communion (GR) 3:00 Crosswords 4:15 Social Hour	10:30 Sing Along with Cathie (PAV) 11:15 Sit & Fit (GR) 3:00 Arts and Crafts 4:00 Balance Fitness	Pool and Spa Closed for Resurfacing 10:15 Bingo (COL) 2:00 BW-TV Movie #698: "Cinderella" Rogers and Hammerstein 4:00 Music Notes
14	15	16	17	18	19	20
Pool and Spa Closed for Resurfacing 11:00 First Baptist (GR) 11:15 Music Notes with Mary (PAV) 2:00 BW-TV Movie #698: "Charade" 4:00 Sunday Fellowship 4:15 Sunday School (SP) 5:00 Vespers (GR)	Pool and Spa Closed for Resurfacing 10:30 Chair Tai Chi (Men's Den) 11:15 Sit & Fit (GR) 2:30 Scenic Bus Ride 4:30 Stretch-N-flex	Pool and Spa Closed for Resurfacing 10:00 Pet Therapy visits 10:30 Qigong (AR) 11:15 Sit and Fit 3:00 Bingo 4:15 Social Hour	Pool and Spa Closed for Resurfacing 11:00 Hymns with Susan 11:15 Sit & Fit (GR) 3:30 Bible Study (COL) 4:00 Episcopal Communion (GR) 4:15 Stretch-N-Flex 4:15 Music With Steve (PAV)	Pool and Spa Closed for Resurfacing 11:15 Sit and Fit 3:00 Crosswords 4:15 Social Hour	Pool and Spa Closed for Resurfacing 10:30 Sing Along with Cathie (PAV) 10:30 Sound of Music in Oklahoma! Windsor House Singers 11:15 Sit & Fit (GR) 3:30 IPAD-Musician Profile- Barbara Stanwick 4:00 Balance Fitness	Pool and Spa Closed for Resurfacing 10:15 Bingo (COL) 2:00 BW-TV Movie #698: "Seven Brides for Seven Brothers" 4:00 Music Notes
21	22	23	24	25	26	27
Pool and Spa Closed for Resurfacing 11:00 First Baptist (GR) 11:15 Music Notes with Mary (PAV) 2:00 BW-TV Movie #698: "Something to Talk About" 4:00 Sunday Fellowship 4:15 Sunday School (SP) 5:00 Vespers (GR)	Pool and Spa Closed for Resurfacing 10:30 Chair Tai Chi (Men's Den) 11:15 Sit & Fit (GR) 3:00 Current Events 4:00 Resident Neighborhood Meeting (Men's Den)	Pool and Spa Closed for Resurfacing 10:00 Travelogue Video-DVD 10:30 Qigong (AR) 11:15 Sit and Fit 3:00 Wheel Of Fortune 4:15 Social Hour	Pool and Spa Closed for Resurfacing 10:30 Catholic Mass (CR) 11:00 Hymns with Susan 11:15 Sit & Fit (GR) 3:30 Bible Study (COL) 4:15 Stretch-N-Flex	Pool and Spa Closed for Resurfacing 10:45 Music With Teresa (PAV) 11:15 Sit and Fit 1:30 Executive Director's Dialogue (CR) 3:00 Crosswords 4:00 Christmas In July Party	Pool and Spa Closed for Resurfacing 10:30 Sing Along with Cathie (PAV) 11:15 Sit & Fit (GR) 3:30 Dice Games 4:00 Balance Fitness	Pool and Spa Closed for Resurfacing 10:15 Bingo (COL) 2:00 BW-TV Movie #698: "The Glenn Miller Story" 4:00 Music Notes
28	29	30	31			CALENDAR KEY COL = Colonnade PAV = Pavilion A = Arbor MR = Meditation Room GR = Georgia Room CR = Carolina Room SP = Sun Porch CBR = Club Room CLR = Commons Living Room
11:00 First Baptist (GR) 11:15 Music Notes with Mary (PAV) 2:00 BW-TV Movie #698: "The Sting" 4:00 Sunday Fellowship 4:15 Sunday School (SP) 5:00 Vespers (GR)	RSVP for Wii Bowling League 10:30 Chair Tai Chi (Men's Den) 11:15 Sit & Fit (GR) 2:00 Book Discussion Group Movie: "Still Alice" (GR) 4:30 Stretch-N-flex	10:00 Sentimental Sing Along 10:30 Qigong (AR) 11:15 Sit and Fit 3:00 Bingo 4:15 Monthly Birthday Party	11:00 Hymns with Susan 11:15 Sit & Fit (GR) 3:30 Bible Study (COL) 4:00 Episcopal Communion (GR) 4:15 Stretch-N-Flex 4:15 Music With Steve (PAV)			