

## DAILY PACKAGES

The Pathways to Wellness Packages are designed for youthful skin, sleep improvement, and slimming and toning.

Reserve by calling 713.685.6790.

*All packages include 20% off Covery add-on treatments.*

### YOUTHFUL SKIN | \$530

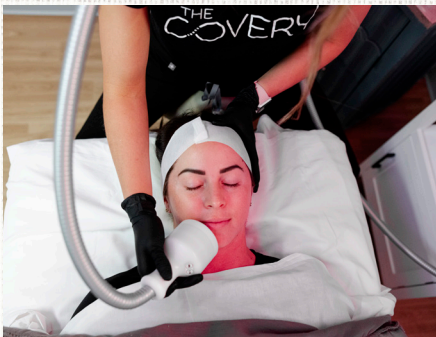
Fountain of Youth IV  
Red Light Therapy Session  
Custom Dermaplaning Facial

### SLEEP IMPROVEMENT | \$660

Red Light Therapy Session  
Brain Tap Session  
Hyperbaric Oxygen Treatment  
Tranquility Pro-Sleep Massage  
Myer's Cocktail IV

### SLIM AND FIRM | \$625

Ballancer Pro Session  
Regenerating Cellulite Treatment  
Whole Body Cryotherapy Session  
Red Light Therapy Session



Trellis Spa - the crown jewel of spas in Texas – provides massages, body treatments, hand and foot treatments, and the best in luxury skincare. Its outdoor Soaking Pools and Garden provides a bathing experience with open-air cabanas for the ultimate day of rejuvenation.

The first of its kind in Texas, The Covery is an immersive wellness studio that focuses on preventative and restorative therapies overseen by a professional medical staff. Services include Infrared Salt Sauna, Red Light Therapy, Cryotherapy, Therabody Compression, Hyperbaric Oxygen Treatments, Cryo-Facial and Cryo-Slimming, Pulsed Electro-Magnetic Field (PEMF) Therapy, and NAD+ IV Infusion Therapies.

*These packages are not available for clients who are pregnant. Please contact a guest service coordinator for our recommended services for expectant mothers.*