

Atlantic Center for Plastic and Cosmetic Surgery

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Procedures

Breast

- [Breast Augmentation](#)
- [Breast Lift](#)
- [Breast Lift w/Augmentation](#)
- [Breast Revision](#)
- [Breast Reduction](#)
- [Breast Reconstruction](#)
- [Male Breast Reduction](#)

Body

- [Arm Lift](#)
- [Body Contouring](#)
- [Buttock Fat Transfer](#)
- [Liposuction](#)
- [Mommy Makeover](#)
- [Post Bariatric Surgery](#)
- [Thigh Lift](#)
- [Tummy Tuck \(Abdominoplasty\)](#)

Face

- [Brow Lift](#)
- [Ear Surgery](#)
- [Eyelid Surgery](#)
- [Facelift](#)
- [Nose Surgery \(Rhinoplasty\)](#)

Men

- [Male Breast Reduction](#)
- [Body Contouring](#)

[BOTOX®](#)
[Eyelid Surgery](#)
[Facelift](#)
[Liposuction](#)
[Tummy Tuck \(Abdominoplasty\)](#)

Non-Surgical

[BOTOX®](#)
[Dysport](#)
[Juvederm](#)
[Restylane](#)
[Perlane](#)
[Sculptra](#)
[Latisse](#)
[Microdermabrasion](#)
[Laser Treatments](#)

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The Finest Source For Cosmetic Surgery Advice

Is there something about yourself that you would like to change? Are you considering having plastic surgery? If that is the case, you are in good company. [Cosmetic surgery](#) is ramping up in popularity, as people are crazy over the results! This article will provide you with information about the different types of cosmetic surgery, and if this would be suitable for you.

Get your [doctor](#) to explain the antibiotic situation to you. You are going to most likely have to be taking antibiotics weeks prior to the surgery in order to reduce risk or complications and infections. If your surgeon does not suggest antibiotics, speak with a different physician before your procedure.

Before taking the plunge and having one or more [cosmetic procedures](#), consider alternative options that may help. Often, there are less-invasive steps that can be taken to minimize the

issue. You may be able to resolve problems by visiting a [dermatologist](#), using cosmetics or using over-the-counter medications and other at-home remedies.

There are risks any time anesthesia is administered. For example, anesthesia can cause abnormal heart rhythms. General anesthesia sometimes causes the heart to develop an abnormal rhythm. This can occur when blood flow becomes impaired during anesthesia. This can cause an arrhythmia or a heartbeat that is considered irregular.

Ask the [doctor](#) about any possible risks associated with the surgery. Also ask him what he does to help reduce the risks. Make sure to do your own background research so you can tell if your surgeon is truthful. Knowing about the risks will help you to make the right decision about your surgery.

Everyone wants to change something about themselves at some time, cosmetic surgery might be the answer. It can make you look younger and slimmer, give you a beautiful nose and build your self esteem. Always weigh all the options and make the proper decision that will ensure you like the new you.

It is important to work closely with your [plastic surgeon](#). Be prepared to discuss your expectations and desired outcome. It is important to make sure all of your questions and concerns are addressed. Aspirin, Motrin, non-steroidal anti-inflammatory medications, and some over-the-counter herbal medications must be discontinued at least 2 weeks prior to surgery. These and other drugs and substances may cause excess bleeding and bruising. You can usually begin taking them again after a week or so. Your plastic surgeon will discuss this in detail with you and you will also be given a sheet with a list of common medicines to avoid for a short period. Your plastic surgeon will detail the risks associated with surgery.

THE RECOVERY

Following your [surgery](#), bandages will be applied to your incisions. In addition, you may be wrapped in an elastic bandage or compression garment to minimize swelling and to support your thighs as they heal. A small drain may be placed in each thigh to temporarily drain any excess fluid or blood that may collect. You will be given specific instructions on how to care of your incisions and drains, including any medications that you may need to take. Your [plastic surgeon's](#) office will arrange your follow-up. Drains are typically removed after one to 2 weeks. For most plastic surgeons, there are no sutures to remove. It is most common to use absorbable sutures which melt on their own within a few months. You can shower the next day after your procedure; but should stay out of the ocean or pool for a week or so. Moderate swelling and bruising can last up to 1 month. Complete resolution of swelling may take much longer. It is important to avoid strenuous activity for 2-3 weeks after surgery to avoid bleeding complications. You may be asked to avoid heavy lifting for 6 weeks. Most patients are able to drive after a few days and can return to office work after a week. The specific risks and the suitability of this [cosmetic surgery](#) procedure for a given individual can be determined only at the

time of consultation. All [surgical procedures](#) have some degree of risk. Minor complications that do not affect the outcome occur occasionally. Major complications are unusual.

Web 2.0s

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[Breast Augmentation Georgia](#)

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Maps

[Location - Atlanta](#)

[Buckhead](#)

[Atlanta GA](#)

Web 20s

[Plastic Surgery](#)

[Cosmetic Surgery](#)

[Breast Augmentation](#)

[Liposuction](#)

[Tummy Tuck](#)