

# SAMPLE ACTIVITIES CALENDAR

*Assisted Living*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 A.M. Wellness Workout	8:30 A.M. Sip and Solve Club	9:00 A.M. Crazy Eights Card Game	9:00 A.M. Morning Coffee Hour	8:00 A.M. Gin Rummy
10:00 A.M. Cinnabons Social	9:00 A.M. Photo Booth Craft	10:00 A.M. Kroger Shopping	10:00 A.M. Pick-Up Sticks	9:00 A.M. Buckingham Singers Practice
12:30 P.M. Phase 10 Lessons	10:15 A.M. Bingo	12:30 P.M. Scattergories	10:30 A.M. Healthy Rhythms with Cindy	10:00 A.M. Hot Topic Debate
1:00 P.M. Movie and Popcorn	1:00 P.M. Dominoes Club	3:00 P.M. Card Game Lessons	11:00 A.M. Ice Cream Social	1:00 P.M. Poker Lessons
2:30 P.M. Jigsaw Puzzle	1:30 P.M. Random Trivia	4:00 P.M. Wine Down Wednesday	2:30 P.M. Brain Power Hour	2:00 P.M. Make Soft Pretzels
3:00 P.M. Painting with a Twist	3:30 P.M. Catholic Communion	6:00 P.M. Family Feud	6:00 P.M. Table Games Club	7:00 P.M. Friday Film