



BYU GYMNASTICS

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BYU 2022 SCHEDULE

Date	Meet	Score/Result
1/7	Rio Tinto Best of Utah+	195.225/ 3rd
1/15	at Univ. Nebraska	195.750/ 1st
1/21	at Southern Utah*	196.425/ 2nd
1/28	Utah State*^	196.775/ 1st
2/5	Boise State*^	196.700/ 1st
2/12	at Boise State*	196.450/ 1st
2/18	Southern Utah*^	197.225/ 1st
2/21	at Stanford	196.525/ 2nd
2/25	at Utah State*	
3/4	Illinois State~	
3/12	Univ. Arizona	
3/19	MRGC Championship#	

*MRGC Opponent
 ^Held at Smith Fieldhouse
 +Held at the Maverik Center
 #Held at Utah State
 ~Held in Marriott Center

2022 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,517
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2021 NCAA Finish	19th

2022 TEAM HIGHS

Vault	49.300
Bars	49.225
Beam	49.300
Floor	49.625
Total	197.225

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



UTAH STATE AGGIES

Head Coach: Amy Smith
 Associate Head Coach: Erik Lewis
 Assistant Coaches: Stephen Hood
 Volunteer: Abby Hood



BYU COUGARS

Head Coach: Guard Young
 Associate Head Coach: Natalie Broekman
 Assistant Coaches: Brogan Evanson, Warde Allen

MEET INFORMATION

Date	Friday, Feb. 25, 2022 @ 7 p.m. MST
Location	Dee Glen Spectrum, Logan, Utah
Television	Utah State Livestream
Live Stats	sidearmstats.com

MEET PREVIEW

PROVO, Utah - The No. 12 BYU Cougars heads to the Dee Glen Smith Spectrum in Logan, Utah, to face MRGC rival No. 14 Utah State on Friday at 7 p.m. MST.

Most recently, BYU invited Utah State to the Smith Fieldhouse on Jan. 28 for the Cougars' first home meet of the season. BYU won, notching a 196.775 over Utah State's 196.450.

THE COUGARS. Jumping seven spots in the national rankings this week, No. 12 BYU reached its season-high score of 197.225 in its meet against MRGC rival Southern Utah on Friday, Feb. 18 in the Smith Fieldhouse. Senior Sadie Miner-Van Tassell competed for all-around and came away with another career high of 39.525 to receive the MRGC Gymnast of the Week honor for the sixth week in a row. Brittney Vitkauskas notched a career-high 9.975 on floor to secure her the MRGC Floor Specialist of the Week honors and tie the second-highest floor score in program history. The Cougars also competed in a quad meet at Stanford University on President's Day and scored a 196.525, finishing second with the host Cardinal.

THE AGGIES. USU jumped seven spots in the national rankings after its 195.800 performance against Boise State on Friday, Feb. 18. Currently ranked No. 14, the Aggies reached a new season-high score on floor of 49.500 in their competition against the Broncos. Utah State's freshman standout Brie Clark scored a 9.950 on floor to take home her sixth event title of the season.

PROJECTED BYU EVENT LINEUP

VAULT

- Haley Pitou
- Eleese Rollins
- Allix Mason
- Lexi Griffith
- Sydeny Benson
- Sadie Miner-Van Tassell

BAR

- Sadie Miner-Van Tassell
- Allix Mason
- Lindsey Hunter
- Abby Beeston
- Anyssa Alvarado
- Haley Pitou

BEAM

- Lauren Ono
- Mina Margraf
- Allix Mason
- Sophia McClelland
- Sadie Miner-Van Tassell
- Eleese Rollins

FLOOR

- Lindsey Hunter
- Abby Beeston
- Sydney Benson
- Addy Rieder
- Sadie Miner-Van Tassell
- Brittney Vitkauskas

2022 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	Jr.	Rancho Cucamonga, California
Sarah Barron	5-7	Sr.	Honolulu, Hawai'i
Abby Beeston	5-6	Sr.	Lehi, Utah
Sydney Benson	5-4	So.	Riverton, UT
Anna Bramblett	5-4	So.	Prescott Valley, AZ
Sophie Dudley	4-10	Fr.	Plano, Texas
Melissa Earl	5-6	Fr.	St. George, UT
Lexi Griffith	5-3	Sr.	Allen, Texas
Rachel Heaton	5-0	Sr.	Draper, Utah
Lindsey Hunter	5-4	Jr.	Santa Clarita, California
Rebecca Leach	5-4	Fr.	Coppell, Texas
Mina Margraf	5-2	Fr.	California
Allix Mason	5-3	So..	Rancho Cucamonga, California
Olivia Matern	5-4	Fr.	Highland, Utah
Sophia McClelland	5-2	So.	Camarillo, California
Eliza Millar	5-0	Fr.	Cincinnati, Ohio
Sadie Miner-Van Tassell	5-2	Sr.	Mapleton, Utah
Lauren Ono	5-1	So.	San Dimas, California
Haley Pitou	5-4	Sr.	Park City, Utah
Adeline Rieder	5-2	Sr.	Scranton, Pennsylvania
Rebekah Ripley	5-2	Jr.	St. George, Utah
Eleese Rollins	4-11	Jr.	West Jordan, Utah
Heidi Schooley	4-11	Fr.	Orem, Utah
Brittney Vitkauskas	5-2	Sr.	Portland, Oregon
Jazlyn Wood	5-6	Fr.	Riverside, California

Head Coach: Guard Young (7th Season)

Associate Head Coach: Natalie Broekman (7th Season)

Assistant Coach: Brogan Evanson (7th Season)

Volunteer Assistant Coach: Warde Allan (3rd Season)

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Eliza MILLAR	Mil-LAHR

2022 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/7 Rio Tinto Best of Utah	3rd	48.575	49.000	48.875	48.775	195.225
1/15 @ Univ. Nebraska	1st	48.775	49.100	48.800	49.075	195.750
1/21 @ Southern Utah	2nd	49.000	49.225	49.275	48.925	196.425
1/28 Utah State	1st	49.125	49.200	49.275	49.175	196.775
2/5 Boise State	1st	48.800	49.200	49.300	49.400	196.700
2/12 @ Boise State	1st	49.000	49.175	49.025	49.100	196.450
2/18 Southern Utah	1st	49.300	49.150	49.100	49.625	197.225
2/21 @ Stanford	2nd	49.200	49.150	48.775	49.450	196.525
2/25 @ Utah State						
3/4 Illinois State						
3/12 Univ. Arizona						
3/19 MRGC Championships						

Bold indicates season high

2022 PHOTO ROSTER



**Anyssa Alvarado
Jr.
All-Around**



**Sarah Barron
Jr.
Bars, Beam**



**Abby Beeston
Sr.
All-Around**



**Sydney Benson
So.
All-Around**



**Anna Bramblett
So.
All-Around**



**Sophie Dudley
Fr.
Beam, Floor, Vault**



**Melissa Earl
Fr.
Beam, Bars, Vault**



**Lexi Griffith
Sr.
Vault, Beam, Floor**



**Rachel Heaton
Sr.
Vault, Beam, Floor**



**Lindsey Hunter
Jr.
Vault, Bars, Floor**



**Rebecca Leach
Fr.
All-Around**



**Mina Margraf
Fr.
Vault, Beam, Floor**



**Allix Mason
So.
Vault, Bars, Beam**



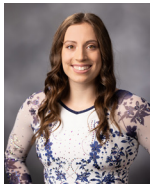
**Olivia Matern
Fr.
Floor, Vault**



**Sophia McClelland
So.
All-Around**



**Eliza Miller
Fr.
Beam, Floor**



**Sadie Miner-Van
Tassell
Sr.
All-Around**



**Lauren Ono
So.
Vault, Beam Floor**



**Haley Pitou
Sr.
All-Around**



**Adeline Rieder
Sr.
Vault, Floor**



**Rebekah Ripley
Jr.
All-Around**



**Elease Rollins
Jr.
Vault, Beam Floor**



**Heidi Schooley
Fr.
Vault, Beam, Floor**



**Brittney Vitkauskas
Sr.
Floor**



**Jazlyn Wood
Fr.
All-Around**

2022 INDIVIDUAL SCORES

Anyssa ALVARADO Career High: Bars: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska		9.850			
1/21	@ Southern Utah		9.925			
1/28	Utah State		9.925			
2/5	Boise State		9.700			
2/12	@ Boise State		9.925			
2/18	Southern Utah		9.925			
2/21	@ Stanford		9.900			
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Sarah BARRON Career High: Bars: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah		9.750			
1/15	@ Univ. Nebraska		9.225			
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Abby BEESTON Career Highs: Bars: 9.900 Floor: 9.925 Beam: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah		9.825	9.775	9.800	
1/15	@ Univ. Nebraska		9.850		9.825	
1/21	@ Southern Utah		9.825		9.825	
1/28	Utah State		9.550	9.825	9.825	
2/5	Boise State		9.775		9.900	
2/12	@ Boise State		9.775		9.875	
2/18	Southern Utah		9.775		9.925	
2/21	@ Stanford		9.800		9.875	
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Sydney BENSON Career Highs: Vault: 9.900 Bars: 9.675 Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah	9.800	9.675		9.625	
1/15	@ Univ. Nebraska	9.800				
1/21	@ Southern Utah	9.775				
1/28	Utah State	9.850				
2/5	Boise State	9.825				
2/12	@ Boise State	9.800			9.750	
2/18	Southern Utah	9.900			8.325	
2/21	@ Stanford	9.850			9.850	
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Anna BRAMBLETT Career High: Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah		9.825			
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Sophie DUDLEY Career Highs: Vault: 9.725 Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah	9.725			9.800	
1/15	@ Univ. Nebraska	9.700			9.750	
1/21	@ Southern Utah				9.700	
1/28	Utah State				9.725	
2/5	Boise State				9.625	
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford				9.775	
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

2022 INDIVIDUAL SCORES

Melissa EARL

Career High: Vault: 9.500

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah	9.500				
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Lexi GRIFFITH

Career High: Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah	9.875				
1/28	Utah State	9.850				
2/5	Boise State	9.175				
2/12	@ Boise State	9.800				
2/18	Southern Utah	9.875				
2/21	@ Stanford	9.800				
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Rachel HEATON

Career Highs: Vault: 9.800 Floor: 9.875 Beam: 9.125

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Lindsey HUNTER

Career High: Bars: 9.875 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah		9.775		9.475	
1/15	@ Univ. Nebraska		9.775		9.775	
1/21	@ Southern Utah		9.825			
1/28	Utah State		9.750		9.800	
2/5	Boise State		9.800		9.800	
2/12	@ Boise State		9.825		9.000	
2/18	Southern Utah		9.775		9.900	
2/21	@ Stanford		5.000			
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Rebecca LEACH

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Mina MARGRAF

Career High: Beam: 9.775

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State				9.750	
2/12	@ Boise State				9.750	
2/18	Southern Utah				9.775	
2/21	@ Stanford				9.875	
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

2022 INDIVIDUAL SCORES

Allix MASON

Career Highs: Vault: 9.875 Beam: 9.800 Bars: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska	9.650				
1/21	@ Southern Utah	9.550	9.750			
1/28	Utah State	9.775	9.750			
2/5	Boise State	9.700	9.875			
2/12	@ Boise State	9.750	9.800			
2/18	Southern Utah	9.825	9.325			
2/21	@ Stanford	9.825	9.850			
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Olivia MATERN

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Sophia MCCLELLAND

Career High: Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah			9.675		
1/15	@ Univ. Nebraska			9.675		
1/21	@ Southern Utah			9.875		
1/28	Utah State					
2/5	Boise State			9.875		
2/12	@ Boise State			9.850		
2/18	Southern Utah			9.800		
2/21	@ Stanford			9.925		
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Eliza MILLAR

Career High: Floor: 9.775 Beam: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah			9.875	9.675	
1/15	@ Univ. Nebraska			9.700	9.775	
1/21	@ Southern Utah			9.875	9.725	
1/28	Utah State			9.800		
2/5	Boise State			8.975		
2/12	@ Boise State			9.650		
2/18	Southern Utah			9.725		
2/21	@ Stanford			9.100		
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Sadie MINER-VAN TASSELL

Career Highs: Vault: 9.925 Floor: 9.950 Beam: 9.900 Bars: 9.875
All-Around: 39.525

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska	9.825	9.800	9.850	9.850	39.325
1/21	@ Southern Utah	9.875	9.700	9.800	9.725	39.100
1/28	Utah State	9.825	9.875	9.900	9.825	39.425
2/5	Boise State	9.850	9.825	9.875	9.925	39.475
2/12	@ Boise State	9.875	9.850	9.800	9.900	39.425
2/18	Southern Utah	9.875	9.800	9.900	9.950	39.525
2/21	@ Stanford	9.925	9.775	9.900	9.900	39.500
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Lauren ONO

Career High: Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska			9.775		
1/21	@ Southern Utah			9.875		
1/28	Utah State			9.825		
2/5	Boise State			9.850		
2/12	@ Boise State			9.825		
2/18	Southern Utah			9.575		
2/21	@ Stanford			8.925		
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

2022 INDIVIDUAL SCORES

Haley PITOU

Career Highs: Vault: 9.850 Bars: 9.925 Beam: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah	9.750	9.825	9.700		
1/15	@ Univ. Nebraska	9.675	9.825	9.750		
1/21	@ Southern Utah	9.800	9.900	9.700		
1/28	Utah State	9.825	9.900	8.650		
2/5	Boise State	9.750	9.925			
2/12	@ Boise State	9.700	9.000			
2/18	Southern Utah	9.800	9.875			
2/21	@ Stanford	9.800	9.825			
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Adeline RIEDER

Career Highs: Floor: 9.875 Vault: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska				9.850	
1/21	@ Southern Utah				9.750	
1/28	Utah State				9.825	
2/5	Boise State				9.875	
2/12	@ Boise State				9.875	
2/18	Southern Utah				9.875	
2/21	@ Stanford				9.875	
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Rebekah RIPLEY

Career Highs: Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Elease ROLLINS

Career High: Beam: 9.975 Vault: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah	9.800		9.850		
1/15	@ Univ. Nebraska	9.775		9.725		
1/21	@ Southern Utah	9.675		9.850		
1/28	Utah State	9.775		9.925		
2/5	Boise State	9.675		9.950		
2/12	@ Boise State	9.775		9.800		
2/18	Southern Utah	9.825		9.950		
2/21	@ Stanford	9.775		9.975		
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Heidi SCHOOLEY

Career High: Beam: 9.125

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah			9.125		
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

Brittney VITKAUSKAS

Career High: Floor: 9.975

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah				9.875	
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah				9.900	
1/28	Utah State				9.900	
2/5	Boise State				9.900	
2/12	@ Boise State				9.850	
2/18	Southern Utah				9.975	
2/21	@ Stanford				9.950	
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

2022 INDIVIDUAL SCORES

Jazlyn WOOD

Date	Team	Vault	Bars	Beam	Floor	AA
1/7	Rio Tinto Best of Utah					
1/15	@ Univ. Nebraska					
1/21	@ Southern Utah					
1/28	Utah State					
2/5	Boise State					
2/12	@ Boise State					
2/18	Southern Utah					
2/21	@ Stanford					
2/25	@ Utah State					
3/4	Illinois State					
3/12	Univ. Arizona					
3/19	MRGC Championships					

2022 COACHING STAFF

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN
BYU Associate Head Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON
BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy