



BYU GYMNASTICS

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BYU 2021 SCHEDULE

Date	Meet	Score/Result
1/9	Rio Tinto Best of Utah+	
1/16	at Arizona State	
1/23	at Boise State*	
1/29	at Utah State*	
2/5	Southern Utah *^	
2/12	at Southern Utah*	
2/19	Boise State*^	
2/26	Utah State*^	
3/5	at Univ. Oklahoma	
3/11	Illinois State & Univ. Denver^	
3/20	MRGC Championships#	

*MRGC Opponent
 ^Held at Smith Fieldhouse
 +Held at the Maverik Center
 #Held at Utah State

2021 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,517
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2020 NCAA Finish	16th

2020 TEAM HIGHS

Vault	49.300	3/06/20
Bars	49.225	1/24/20
Beam	49.525	1/24/20
Floor	49.425	2/07/20
Total	197.075	1/24/20

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



BYU COUGARS

Head Coach: Guard Young
 Assistant Coaches:
 Natalie Broekman &
 Brogan Evanson
 Volunteer Asst. Coach:
 Warde Allen



UTAH UTES

Head Coach: Tom Farden
 Assistant Coaches:
 Garrett Griffith &
 Carly Dockendorf
 Volunteer Asst. Coach:
 Courtney McCool Griffith



SUU THUNDERBIRDS

Head Coach: Scotty
 Bauman
 Assistant Coaches:
 Jeff Richards &
 Jamie Wysong



UTAH AGGIES

Head Coach: Amy Smith
 Assistant Coaches:
 Erik Lewis &
 Amanda Wellick
 Volunteer Asst. Coach:
 Gracie Kramer

MEET INFORMATION

Date	Saturday, Jan. 9, 2021 @ 7:00 p.m. MST
Location	Maverik Center, West Valley City, UT
Television	BYUTV
Live Stats	Statbroadcast.com

MEET PREVIEW

PROVO, Utah – The BYU gymnastics team will make its 2021 season debut at the second annual Rio Tinto Best of Utah NCAA Gymnastics Meet this Saturday, Jan. 9 at 7 p.m. MST at the Maverik Center.

This meet marks the second of a multi-year partnership between Rio Tinto and the Maverik Center. The two are contracted to host this meet for a minimum of five seasons. This yearly meet brings together all four local universities: BYU, University of Utah, Utah State University and Southern Utah University.

Featuring a raised podium floor, the meet will be televised live on BYUtv. Due to COVID-19 guidelines, the Maverik Center will allow 1,700 fans into the arena.

Last season, the University of Utah came out on top with a solid score of 197.000. BYU followed, earning a 195.575. SUU took third with a 194.650, followed by Utah State with a 194.150. Even without a win, the Cougars walked away with accomplishments.

“Abbey Miner won the all-around title and Sadie Miner won the vault title at this meet last year,” head coach Guard Young said. “They want to defend their titles this year.”

In Young’s eyes, the ability to compete is an accomplishment within itself this season.

“I’ve been telling these girls that every chance you get to train and come into the gym and do gymnastics is a privilege. It’s a celebration to compete this year. We’re going into this meet just being happy to be there and the opportunity we have to do gymnastics.”

At the end of the 2020 season, the Cougars said goodbye to All-American Shannon Evans and Briana Pearson, two staples in the lineup. This leaves gaps for Young to fill.

“We’re replacing Shannon Evans, who essentially was an all-arounder, and Briana Pearson, who was a solid competitor on floor every week. Those are holes we have to fill. A lot of girls who were backups last year are thrust into these roles. Avery Bennett, who is solid on vault, has worked extremely hard on a floor routine so we are hoping to unveil her new floor routine this weekend.”

PROJECTED BYU EVENT LINEUP

VAULT

- Haley Pitou
- Angel Zhong
- Allix Mason
- Avery Bennett
- Abbey Miner-Alder
- Sadie Miner

BAR

- Angel Zhong
- Abby Beeston
- Anyssa Alvarado
- Abbey Miner-Alder
- Haley Pitou
- Abby Boden-Stainton

BEAM

- Lexi Mather
- Angel Zhong
- Abbey Miner-Alder
- Allix Mason
- Eleese Rollins
- Abby Boden-Stainton

FLOOR

- Rachel Bain-Heaton
- Jordan Matthews
- Abby Boden-Stainton
- Sadie Miner
- Brittney Vitkauskas
- Abbey Miner-Alder

2021 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anysa Alvarado	5-3	So.	Rancho Cucamonga, California
Rachel Bain-Heaton	5-0	Jr.	Draper, Utah
Sarah Barron	5-7	So.	Honolulu, Hawai'i
Rebekah Bean-Ripley	5-2	So.	St. George, Utah
Abby Beeston	5-6	Jr.	Lehi, Utah
Avery Bennett	5-3	Sr.	Gilbert, Arizona
Sydney Benson	5-4	Fr.	Riverton, UT
Anna Bramblett	5-4	Fr.	Prescott Valley, AZ
Helody Cyrenne	5-4	Sr.	Beauharnois, QC, Canada
Jordan Danbury-Matthews	5-2	Sr.	Killeen, Texas
Lexi Griffith	5-3	So.	Allen, Texas
Lindsey Hunter	5-4	So.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	So.	Taylorville, Utah
Sophia McClelland	5-2	Fr.	Camarillo, California
Abbey Miner-Alder	5-4	Sr.	Mapleton, Utah
Sadie Miner	5-2	Jr.	Mapleton, Utah
Lauren Ono	5-1	Fr.	San Dimas, California
Maya Page	5-4	Fr.	Houston, Texas
Haley Pitou	5-4	Sr.	Park City, Utah
Adeline Rieder	5-2	Jr.	Scranton, Pennsylvania
Elease Rollins	4-11	So.	West Jordan, Utah
Abby Boden-Stainton	5-5	Sr.	Roseville, California
Brittney Vitkauskas	5-2	Jr.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (6th Season)

Assistant Coach: Natalie Broekman (6th Season)

Assistant Coach: Brogan Evanson (6th Season)

Volunteer Assistant Coach: Warde Allan (2nd Season)

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

MEET PREVIEW CONT.

THE COUGARS. BYU received a preseason WCGA ranking of No. 17. The Cougars finished the 2020 season ranked No. 16 in the nation—the team's highest final national ranking in 15 years. Additionally, the team boasted its highest score since 2004 (197.075) and became the Mountain Rim Gymnastics Conference champions for the first time in program history. This season, seniors Abby Boden Stainton and Abbey Miner Alder will lead the team as captains.

THE THUNDERBIRDS. SUU received a preseason WCGA ranking of No. 23, jumping three spots since last season. The Thunderbirds ended the 2020 season at No. 22 with an NQS of 196.165 and an average team score of 195.966.

THE UTES. The University of Utah received a preseason WCGA ranking of No. 4. Coming into the 2021 season, the Utes will bring 17-of-24 routines from its undefeated 2020 season. On top of this, Utah's beam lineup returns, which ranked No. 2 in the nation, earning the highest beam score in the nation in 2020, a 49.775.

THE AGGIES. The Aggies received a preseason WCGA ranking of No. 32. Last season, Utah State finished with a 7-6-1 overall record. This is the team's first time finishing the season with a winning record since 1999. Further, the team's head coach Amy Smith received the title of MRGC Coach of the Year after the team earned its highest NQS score in program history, a 195.915. The team finished the season at No. 29 in the nation.

2021 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/9 Rio Tinto Best of Utah						
1/16 @ Arizona State						
1/23 @ Boise State						
1/29 @ Utah State						
2/5 Southern Utah						
2/12 @ Southern Utah						
2/19 Boise State						
2/26 Utah State						
3/5 @ Univ. of Oklahoma						
3/11 Illinois State/ Univ. Denver						
3/20 MRGC Championships						
Bold indicates season high						

2021 PHOTO ROSTER



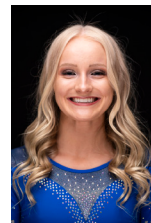
Anyssa Alvarado
So.



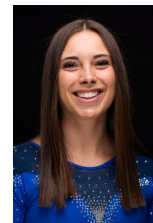
Rachel Bain-Heaton
Jr.



Sarah Barron
So.



Rebekah Bean-Ripley
So.



Abby Beeston
Jr.



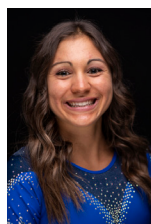
Avery Bennett
Sr.



Sydney Benson
Fr.



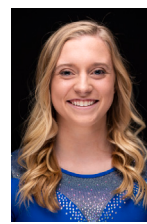
Anna Bramblett
Fr.



Helody Cyrenne
Sr.



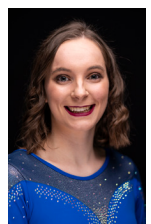
Jordan Danbury-Matthews
Sr.



Lexi Griffith
So.



Lindsey Hunter
So.



Ashley Kernan
So.



Allix Mason
Fr.



Lexi Mather
So.



Sophia McClelland
Fr.



Abbey Miner-Alder
Sr.



Sadie Miner
Jr.



Lauren Ono
Fr.



Maya Page
Fr.



Haley Pitou
Sr.



Adeline Rieder
Jr.



Elease Rollins
So.



Abby Boden-Stainton
Sr.



Brittney Vitkauskas
Jr.



Angel Zhong
Sr.

2021 INDIVIDUAL SCORES

Anyssa ALVARADO

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rachel BAIN-HEATON

Beam: 9.125 Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rebekah BEAN-RIPLEY

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BEESTON

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Sydney BENSON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Anna BRAMBLETT

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Jordan DANBURY-MATTHEWS

Vault: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi MATHER

Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sophia MCCLELLAND

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abbey MINER-ALDER

Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sadie MINER

Vault: 9.900 Beam: 9.875 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Lauren ONO

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Haley PITOU

Vault: 9.850 Bars: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Adeline RIEDER

Vault: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Elease ROLLINS

Beam: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BODEN-STANTON

Vault: 9.800 Bars: 9.925 Beam: 9.950 Floor: 9.875 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Brittney VITKAUSKAS

Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Angel ZHONG

Vault: 9.850 Bars: 9.850 Beam: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 COACHING STAFF

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy