

University of Washington Huskies
 2013 UW Invitational - 1/25/2013 to 1/26/2013
 Dempsey Indoor, Seattle WA

Event 17 Women 5000 Meter Run

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Meet Record: M 15:20.05 2010 Molly Huddle, Saucony
Dempsey Rec: R 15:01.70 2/14/2009 Jenny Barringer, Colorado
Name Year School Finals
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Section 1

1	Darby, Sarah	Byu	17:42.31
2	Mayfield, Camelia	Portland State	17:43.79
3	VanArsdol, Dayna	Southern Utah	17:44.28
4	Steeners, Jodine	Eastern Oregon	17:48.27
5	Elliott, Mikel	Concordia (Ore.)	17:50.13
6	Jube, Carrie	Byu	18:23.06
7	Penaloza, Berenice	Eastern Washington	18:25.81
8	Whybark, Sarah	Concordia (Ore.)	18:30.05
9	Dye, Stephanie	Eastern Washington	18:38.72
10	Mitchell, Valerie	Portland State	18:43.98
11	Bravo, Lexie	Cal St. Fullerton	18:47.95
12	Smith, Elena	Seattle U.	19:01.49
13	Arigo, Meghan	Seattle U.	19:26.97

Section 2

1	Sumpter, Sarah	UC Davis	16:28.21
2	Coffey, Karlee	Bac	16:42.03
3	Smith, Jamie	Southern Utah	16:47.36
4	Verdon, Carrie	Colorado	16:47.59
5	Keino, Ruth	Alaska Anchorage	16:48.34
6	Bradford, Kirsten	Southern Utah	16:57.78
7	Callahan, Paige	Tulane	16:59.70
8	Bedford, Sylvia	Southern Utah	17:07.28
9	Nielsen, Nicole	Byu	17:13.96
10	Vidmar, Kathryn	Byu	17:23.09
11	Mogensen, Shelli	Southern Utah	17:51.92

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=====
Meet Record: M 15:20.05 2010 Molly Huddle, Saucony
Dempsey Rec: R 15:01.70 2/14/2009 Jenny Barringer, Colorado
Name Year School Finals
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Finals

1	Sumpter, Sarah	UC Davis	16:28.21
2	Coffey, Karlee	Bac	16:42.03
3	Smith, Jamie	Southern Utah	16:47.36
4	Verdon, Carrie	Colorado	16:47.59
5	Keino, Ruth	Alaska Anchorage	16:48.34
6	Bradford, Kirsten	Southern Utah	16:57.78
7	Callahan, Paige	Tulane	16:59.70
8	Bedford, Sylvia	Southern Utah	17:07.28
9	Nielsen, Nicole	Byu	17:13.96
10	Vidmar, Kathryn	Byu	17:23.09
11	Darby, Sarah	Byu	17:42.31

12	Mayfield, Camelia	Portland State	17:43.79
13	VanArsdol, Dayna	Southern Utah	17:44.28
14	Steeners, Jodine	Eastern Oregon	17:48.27
15	Elliott, Mikel	Concordia (Ore.)	17:50.13
16	Mogensen, Shelli	Southern Utah	17:51.92
17	Jube, Carrie	Byu	18:23.06
18	Penaloza, Berenice	Eastern Washington	18:25.81
19	Whybark, Sarah	Concordia (Ore.)	18:30.05
20	Dye, Stephanie	Eastern Washington	18:38.72
21	Mitchell, Valerie	Portland State	18:43.98
22	Bravo, Lexie	Cal St. Fullerton	18:47.95
23	Smith, Elena	Seattle U.	19:01.49
24	Arigo, Meghan	Seattle U.	19:26.97

Event 19 Women Distance Medley

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Meet Record: M 11:02.15 2011 Oregon, Oregon
 Dempsey Rec: R 10:55.01 2/24/2012 Washington, Washington
 Orr, Carlson, Mires, Flood

School Finals
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Section 1

1	Simon Fraser 'A'		11:41.78
	1) Crofts, Helen	2) Desch, Chantel	
	3) Kane, Michaela	4) Butterworth, Lindsey	
2	Alaska Anchorage 'A'		12:00.01
	1) O'Guinn, Ivy	2) Lloyd, Haleigh	
	3) Bick, Susan	4) Tanui, Susan	
3	Hawaii 'A'		12:02.25
	1) Mulvey, Louise	2) Jackson, Shallynn	
	3) Papalii, Melody	4) Murphy, Kevyn	
4	Portland 'A'		12:02.84
	1) Hibshman, Maddie	2) Bestall, Kelsey	
	3) Ibarzabal, Lorea	4) Tegelaar, Marit	
5	Seattle U. 'A'		12:16.51
	1) Lassere, Rebecca	2) de Sauvage, Candice	
	3) Davis, Madison	4) Mittelstaedt, Hannah	
6	Seattle Pacific 'A'		12:21.74
	1) Morris, Katie	2) Johnson, Jasmine	
	3) Decker, Lynelle	4) Thralls, Katie	
7	Western Washington 'A'		12:23.56
	1) O'Connor, Haley	2) Coffey, Sydney	
	3) Lahman, Miranda	4) Reiter, Austen	
8	Portland 'B'		12:26.97
	1) Hastings, Melissa	2) Baller, Melissa	
	3) Zellerhoff, Tori	4) Dettmann, Andrea	
9	San Francisco St. 'A'		12:34.59
	1) Belk, Kaylie	2) Butler, Stefeny	
	3) Enright, Lindsay	4) Jimenez, Zuleima	
10	Coastal Track Club 'A'		12:45.11
	1) Phipps, Jenna	2) Sjoberg, Vanessa	
	3) Dobie, Reta	4) Ginther, Ally	
11	Portland State 'A'		12:48.55

1) Hollins, Keikoanne	2) Dean, Sarah	
3) Contos, Erica	4) Castillo, Brandy	
12 Northwest U. 'A'		12:54.12
1) Wagner, Lindsey	2) Dondrea, Charnie	
3) Sowers, Joanna	4) Governor, Meagan	
-- Southern Utah 'A'		DNF
1) Coates, Kaylee	2) Butler, Lizzy	
3) Bryson, Aubrey	4) Curtis, Whitney	
Section 2		
1 Oregon 'A'		11:02.18
1) Leblanc, Annie	2) Francis, Phyllis	
3) Roesler, Laura	4) Kesselring, Anne	
2 Oregon 'B'		11:24.02
1) Friday, Becca	2) Okodogbe, Chizoba	
3) Francis, Claudia	4) Penney, Sarah	
3 Stanford 'A'		11:24.90
1) Chapus, Cami	2) O'Hare, Joy	
3) Saunders, Claudia	4) Amaro, Emilie	
4 Washington 'A'		11:25.72
1) Amaral, Joelle	2) Woodruff, Gianna	
3) Mires, Baylee	4) Meyers, Maddie	
5 Byu 'A'		11:32.13
1) Brown, Kelsey	2) Stewart, Natalie	
3) Warner, Ashleigh	4) Eddy-Carlisle, Candace	
6 Stanford 'B'		11:45.76
1) Ginez, Sophia	2) Weissenbach, Amy	
3) McNamara, Molly	4) Foster, Julia	
7 San Francisco 'A'		11:48.69
1) Burkard, Elena	2) Harris, Hillary	
3) Jamboretz, Kate	4) Curl, Sophie	
8 Nevada 'A'		12:05.97
1) Works, Christina	2) Underwood, Anne	
3) Gramolini, Mariah	4) Diaz, Samantha	
9 Unlv 'A'		12:07.37
1) Affeld, Laura	2) Meggs, Monay	
3) Williamson, Kelsey	4) Honeycutt, Corey	
-- UC Davis 'A'		DNF
1) Fry, Katie	2) Landen, Shanie	
3) Wallace, Lauren	4) Cridebring, Alycia	

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Meet Record: M 11:02.15	2011	Oregon, Oregon
Dempsey Rec: R 10:55.01	2/24/2012	Washington, Washington
		Orr, Carlson, Mires, Flood

School	Finals
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Finals

1 Oregon 'A'		11:02.18
1) Leblanc, Annie	2) Francis, Phyllis	
3) Roesler, Laura	4) Kesselring, Anne	
2 Oregon 'B'		11:24.02
1) Friday, Becca	2) Okodogbe, Chizoba	
3) Francis, Claudia	4) Penney, Sarah	
3 Stanford 'A'		11:24.90

1) Chapus, Cami	2) O'Hare, Joy
3) Saunders, Claudia	4) Amaro, Emilie
4 Washington 'A'	11:25.72
1) Amaral, Joelle	2) Woodruff, Gianna
3) Mires, Baylee	4) Meyers, Maddie
5 Byu 'A'	11:32.13
1) Brown, Kelsey	2) Stewart, Natalie
3) Warner, Ashleigh	4) Eddy-Carlisle, Candace
6 Simon Fraser 'A'	11:41.78
1) Crofts, Helen	2) Desch, Chantel
3) Kane, Michaela	4) Butterworth, Lindsey
7 Stanford 'B'	11:45.76
1) Ginez, Sophia	2) Weissenbach, Amy
3) McNamara, Molly	4) Foster, Julia
8 San Francisco 'A'	11:48.69
1) Burkard, Elena	2) Harris, Hillary
3) Jamboretz, Kate	4) Curl, Sophie
9 Alaska Anchorage 'A'	12:00.01
1) O'Guinn, Ivy	2) Lloyd, Haleigh
3) Bick, Susan	4) Tanui, Susan
10 Hawaii 'A'	12:02.25
1) Mulvey, Louise	2) Jackson, Shallynn
3) Papalii, Melody	4) Murphy, Kevyn
11 Portland 'A'	12:02.84
1) Hibshman, Maddie	2) Bestall, Kelsey
3) Ibarzabal, Lorea	4) Tegelaar, Marit
12 Nevada 'A'	12:05.97
1) Works, Christina	2) Underwood, Anne
3) Gramolini, Mariah	4) Diaz, Samantha
13 Unlv 'A'	12:07.37
1) Affeld, Laura	2) Meggs, Monay
3) Williamson, Kelsey	4) Honeycutt, Corey
14 Seattle U. 'A'	12:16.51
1) Lassere, Rebecca	2) de Sauvage, Candice
3) Davis, Madison	4) Mittelstaedt, Hannah
15 Seattle Pacific 'A'	12:21.74
1) Morris, Katie	2) Johnson, Jasmine
3) Decker, Lynelle	4) Thralls, Katie
16 Western Washington 'A'	12:23.56
1) O'Connor, Haley	2) Coffey, Sydney
3) Lahman, Miranda	4) Reiter, Austen
17 Portland 'B'	12:26.97
1) Hastings, Melissa	2) Baller, Melissa
3) Zellerhoff, Tori	4) Dettmann, Andrea
18 San Francisco St. 'A'	12:34.59
1) Belk, Kaylie	2) Butler, Stefeny
3) Enright, Lindsay	4) Jimenez, Zuleima
19 Coastal Track Club 'A'	12:45.11
1) Phipps, Jenna	2) Sjoberg, Vanessa
3) Dobie, Reta	4) Ginther, Ally
20 Portland State 'A'	12:48.55
1) Hollins, Keikoanne	2) Dean, Sarah
3) Contos, Erica	4) Castillo, Brandy

21 Northwest U. 'A'		12:54.12
1) Wagner, Lindsey	2) Dondrea, Charnie	
3) Sowers, Joanna	4) Governor, Meagan	
-- UC Davis 'A'		DNF
1) Fry, Katie	2) Landen, Shanie	
3) Wallace, Lauren	4) Cridebring, Alycia	
-- Southern Utah 'A'		DNF
1) Coates, Kaylee	2) Butler, Lizzy	
3) Bryson, Aubrey	4) Curtis, Whitney	

Event 15 Women 3000 Meter Run

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Meet Record: M 8:47.91 2012 Sally Kipyego, Colorado
Dempsey Rec: R 8:47.91 1/28/2012 Sally Kipyego, OTC
Name Year School Finals
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Section 1

1 Verma, Natasha	Portland	10:00.46
2 Evans, Amelia	Gonzaga	10:08.11
3 Redd, Jennica	Byu	10:15.65
4 Murphy, Kevyn	Hawaii	10:20.67
5 Tuthill, Lara	Gonzaga	10:22.25
6 Bergam, Lauren	Gonzaga	10:23.64
7 Morris, Katie	Seattle Pacific	10:26.71
8 Romanko, Katie	Nevada	10:42.68
9 Stuckey, Stephanie	Western Oregon	10:48.60
10 Berg, Amanda	Unlv	10:51.68
11 Chadsey, Emma	Simon Fraser	10:55.41
12 Long, Brittany	Portland State	10:56.47
13 Enright, Lindsay	San Francisco St.	11:09.95
-- Valdovinos, Ana	Cal St. Fullerton	DNF

Section 2

1 Shields, Natalie	Byu	9:47.44
2 Harrison, Andrea	Byu	9:48.74
3 Gomez, Kinsey	Oregon State	9:50.63
4 Kelly, Kira	Oregon State	9:56.81
5 Tegelaar, Marit	Portland	9:58.31
6 Paletta, Gina	Portland	10:03.26
7 Brown, Alisha	UC Riverside	10:04.79
8 de Fenoyl, Amelie	British Columbia	10:05.84
9 Marvin, Meghan	Ucla	10:06.65
10 Hanson-Fassmann, Maren	Byu	10:09.20
11 Lindstrom, Jzsanette	UC Riverside	10:09.30
12 Simmons, Brianna	UC Riverside	10:16.20
13 Krehlik, Katie	Alaska Anchorage	10:20.29
14 Humeniuk, Tanya	Simon Fraser	10:21.64
15 McIntyre, Lauren	Cal St. Fullerton	10:23.74
16 Bathgate, Katie	Cal St. Fullerton	10:23.97
17 Jimenez, Zuleima	San Francisco St.	10:29.00
18 Schaer, Kelsi	Oregon State	10:31.47
19 Holliday, MaryAnn	UC Riverside	10:32.72
20 Thralls, Katie	Seattle Pacific	10:40.54
21 Moore, Nina	Long Beach St.	10:52.25

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Meet Record: M 8:47.91 2012 Sally Kipyego, Colorado
Dempsey Rec: R 8:47.91 1/28/2012 Sally Kipyego, OTC

Name	Year School	Finals
=====		
Finals		
1 Shields, Natalie	Byu	9:47.44
2 Harrison, Andrea	Byu	9:48.74
3 Gomez, Kinsey	Oregon State	9:50.63
4 Kelly, Kira	Oregon State	9:56.81
5 Tegelaar, Marit	Portland	9:58.31
6 Verma, Natasha	Portland	10:00.46
7 Paletta, Gina	Portland	10:03.26
8 Brown, Alisha	UC Riverside	10:04.79
9 de Fenoyl, Amelie	British Columbia	10:05.84
10 Marvin, Meghan	Ucla	10:06.65
11 Evans, Amelia	Gonzaga	10:08.11
12 Hanson-Fassmann, Maren	Byu	10:09.20
13 Lindstrom, Jzsanette	UC Riverside	10:09.30
14 Redd, Jennica	Byu	10:15.65
15 Simmons, Brianna	UC Riverside	10:16.20
16 Krehlik, Katie	Alaska Anchorage	10:20.29
17 Murphy, Kevyn	Hawaii	10:20.67
18 Humeniuk, Tanya	Simon Fraser	10:21.64
19 Tuthill, Lara	Gonzaga	10:22.25
20 Bergam, Lauren	Gonzaga	10:23.64
21 McIntyre, Lauren	Cal St. Fullerton	10:23.74
22 Bathgate, Katie	Cal St. Fullerton	10:23.97
23 Morris, Katie	Seattle Pacific	10:26.71
24 Jimenez, Zuleima	San Francisco St.	10:29.00
25 Schaer, Kelsi	Oregon State	10:31.47
26 Holliday, MaryAnn	UC Riverside	10:32.72
27 Thralls, Katie	Seattle Pacific	10:40.54
28 Romanko, Katie	Nevada	10:42.68
29 Stuckey, Stephanie	Western Oregon	10:48.60
30 Berg, Amanda	Unlv	10:51.68
31 Moore, Nina	Long Beach St.	10:52.25
32 Chadsey, Emma	Simon Fraser	10:55.41
33 Long, Brittany	Portland State	10:56.47
34 Enright, Lindsay	San Francisco St.	11:09.95
-- Valdovinos, Ana	Cal St. Fullerton	DNF

Event 46 Women 3000 Meter Run INVITATIONAL

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Meet Record: M 8:47.91 2012 Sally Kipyego, Nike
Dempsey Rec: R 8:47.91 2012 Sally Kipyego

Name	Year School	Finals
=====		
Section 1		
1 Conlon, Katie	Oregon	9:27.27
2 Efraimson, Alexa	Unattached	9:31.18
3 Meyers, Maddie	Washington	9:33.49
4 Mattox, Kimber	Bowerman Ath	9:33.81

5	Dubose, Damajeria	UC Riverside	9:35.06
6	Eddy-Carlisle, Candace	Byu	9:35.92
7	Smith, Kelsey	Ucla	9:38.46
8	Tanui, Susan	Alaska Anchorage	9:38.71
9	Flanagan, Lindsay	Washington	9:38.82
10	Kyger Henry, Asher	Brooks	9:42.95
11	Thomas, Emily	Gonzaga	9:43.03
12	Fry, Katie	UC Davis	9:50.15
13	Leonardi, Abbey	Oregon	9:54.45
14	Picchetti, Natalie	Adidas	9:58.86
15	Hayes, Hillary	California	10:01.48
16	Thompson, Michelle	Long Beach St.	10:10.84
--	Johnson, Justine	Washington	DNF

Section 2

1	Felnagle, Brie	Adidas	8:54.74
2	Grace, Kate	Oiselle	8:55.06
3	D'Agostino, Abbey	Dartmouth	8:55.41
4	Hasay, Jordan	Oregon	8:57.46
5	Moultrie, Josephine	New Mexico	9:06.35
6	Tuliamuk-Bolton, Aliphin	Wichita State	9:07.21
7	Tonn, Jessica	Stanford	9:10.16
8	Goethals, Megan	Washington	9:10.34
9	Babcock, Christine	Washington	9:11.22
10	Pappas, Alexi	Oregon	9:15.46
11	Del Toro, Rosa	Long Beach St.	9:22.08
12	Crیدهbring, Alycia	UC Davis	9:26.13
13	Dutch, Taylor	California	9:51.36
--	Kosinski, Alex	Otc	DNF

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Meet Record: M 8:47.91 2012 Sally Kipyego, Nike
Dempsey Rec: R 8:47.91 2012 Sally Kipyego

Name	Year	School	Finals
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Finals

1	Felnagle, Brie	Adidas	8:54.74
2	Grace, Kate	Oiselle	8:55.06
3	D'Agostino, Abbey	Dartmouth	8:55.41
4	Hasay, Jordan	Oregon	8:57.46
5	Moultrie, Josephine	New Mexico	9:06.35
6	Tuliamuk-Bolton, Aliphin	Wichita State	9:07.21
7	Tonn, Jessica	Stanford	9:10.16
8	Goethals, Megan	Washington	9:10.34
9	Babcock, Christine	Washington	9:11.22
10	Pappas, Alexi	Oregon	9:15.46
11	Del Toro, Rosa	Long Beach St.	9:22.08
12	Crیدهbring, Alycia	UC Davis	9:26.13
13	Conlon, Katie	Oregon	9:27.27
14	Efraimson, Alexa	Unattached	9:31.18
15	Meyers, Maddie	Washington	9:33.49
16	Mattox, Kimber	Bowerman Ath	9:33.81
17	Dubose, Damajeria	UC Riverside	9:35.06
18	Eddy-Carlisle, Candace	Byu	9:35.92
19	Smith, Kelsey	Ucla	9:38.46

20	Tanui, Susan	Alaska Anchorage	9:38.71
21	Flanagan, Lindsay	Washington	9:38.82
22	Kyger Henry, Asher	Brooks	9:42.95
23	Thomas, Emily	Gonzaga	9:43.03
24	Fry, Katie	UC Davis	9:50.15
25	Dutch, Taylor	California	9:51.36
26	Leonardi, Abbey	Oregon	9:54.45
27	Picchetti, Natalie	Adidas	9:58.86
28	Hayes, Hillary	California	10:01.48
29	Thompson, Michelle	Long Beach St.	10:10.84
--	Kosinski, Alex	Otc	DNF
--	Johnson, Justine	Washington	DNF

Event 7 Women 1 Mile Run

=====
 Meet Record: M 4:33.46 2010 Jessica Pixler, Seattle Pac
 Dempsey Rec: R 4:28.41 2/11/2012 Sally Kipyego, OTC

Name	Year School	Finals
===== Section 1		
1	Mittelstaedt, Hannah	Seattle U. 5:11.69
2	Stolle, Jennifer	Seattle U. 5:12.16
3	Mogensen, Shellie	Southern Utah 5:12.76
4	Hendricks, Katherine	Portland State 5:18.41
5	VanArsdol, Dayna	Southern Utah 5:19.38
6	Hibshman, Maddie	Portland 5:20.09
7	Wagner, Lindsey	Northwest U. 5:25.48
8	Nakashima, Tiare	Hawaii 5:27.82
9	Regan, Leah	Simon Fraser 5:30.82
10	Tolentino, Amy	Seattle U. 5:33.60
Section 2		
1	Rozcicha, Amber	Portland State 4:56.07
2	Warner, Ashleigh	Byu 4:57.48
3	Yingling, Sarah	Byu 4:58.91
4	Jackson, Alison	Trinity Western 4:59.69
5	Jamboretz, Kate	San Francisco 5:01.39
6	Mahoney, Katie	Eastern Washington 5:01.48
7	Bedford, Sylvia	Southern Utah 5:03.40
8	Curatilo, Sophie	Seattle U. 5:03.56
9	Crowe-Carter, Auzsane	Unlv 5:09.56
10	Lynch, Tijerra	Cal St. Fullerton 5:28.50
11	Taylor, Sara	Cal St. Fullerton 5:32.44
Section 3		
1	Toberty, Sarah	Ucla 4:49.81
2	Birk, Erica	Byu 4:53.22
3	Young, Laura	Byu 4:54.24
4	Ginez, Sophia	Stanford 4:54.86
5	Arsenault, Marilyn	Saucony/MEC 4:56.47
6	Mooney, Annie	Ucla 4:58.85
7	Smith, Cassandra	Washington 5:00.71
8	Baker, Alice	San Francisco 5:01.19
9	McDonald, Madeline	U. of Victoria 5:01.28
10	Hastings, Melissa	Portland 5:01.70

11	Smith, Jamie	Southern Utah	5:01.88
12	Honeycutt, Corey	Unlv	5:02.52
13	Bradford, Kirsten	Southern Utah	5:03.31
14	Moore, Annie	Washington	5:06.86

=====
Meet Record: M 4:33.46 2010 Jessica Pixler, Seattle Pac
Dempsey Rec: R 4:28.41 2/11/2012 Sally Kipyego, OTC

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Name Year School Finals
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Finals

1	Toberty, Sarah	Ucla	4:49.81
2	Birk, Erica	Byu	4:53.22
3	Young, Laura	Byu	4:54.24
4	Ginez, Sophia	Stanford	4:54.86
5	Rozcicha, Amber	Portland State	4:56.07
6	Arsenault, Marilyn	Saucony/MEC	4:56.47
7	Warner, Ashleigh	Byu	4:57.48
8	Mooney, Annie	Ucla	4:58.85
9	Yingling, Sarah	Byu	4:58.91
10	Jackson, Alison	Trinity Western	4:59.69
11	Smith, Cassandra	Washington	5:00.71
12	Baker, Alice	San Francisco	5:01.19
13	McDonald, Madeline	U. of Victoria	5:01.28
14	Jamboretz, Kate	San Francisco	5:01.39
15	Mahoney, Katie	Eastern Washington	5:01.48
16	Hastings, Melissa	Portland	5:01.70
17	Smith, Jamie	Southern Utah	5:01.88
18	Honeycutt, Corey	Unlv	5:02.52
19	Bradford, Kirsten	Southern Utah	5:03.31
20	Bedford, Sylvia	Southern Utah	5:03.40
21	Curatilo, Sophie	Seattle U.	5:03.56
22	Moore, Annie	Washington	5:06.86
23	Crowe-Carter, Auksane	Unlv	5:09.56
24	Mittelstaedt, Hannah	Seattle U.	5:11.69
25	Stolle, Jennifer	Seattle U.	5:12.16
26	Mogensen, Shelli	Southern Utah	5:12.76
27	Hendricks, Katherine	Portland State	5:18.41
28	VanArsdol, Dayna	Southern Utah	5:19.38
29	Hibshman, Maddie	Portland	5:20.09
30	Wagner, Lindsey	Northwest U.	5:25.48
31	Nakashima, Tiare	Hawaii	5:27.82
32	Lynch, Tijerra	Cal St. Fullerton	5:28.50
33	Regan, Leah	Simon Fraser	5:30.82
34	Taylor, Sara	Cal St. Fullerton	5:32.44
35	Tolentino, Amy	Seattle U.	5:33.60

Event 9 Women 400 Meter Dash

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Meet Record: M 54.25 2008 Keisha Baker, Oregon
Dempsey Rec: R 53.21 2/26/2012 Courtney Okolo, Unattached

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Name Year School Finals
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1 Struble, Morgan	Hawaii	1:00.80
2 Daly, Maya	Trinity Western	1:01.01
3 Esperanza, Samantha	Hawaii	1:01.08
4 Kirk, Kayla	Hawaii	1:01.19
Section 2		
1 Blades, Asha	UC Riverside	59.49
2 Bergmann, Meeghan	Seattle U.	59.96
3 Harper, Jazmine	UC Riverside	1:00.01
4 de Sauvage, Candice	Seattle U.	1:00.82
5 Jackson, Shallynn	Hawaii	1:01.40
Section 3		
1 Desch, Chantel	Simon Fraser	57.67
2 Grigg, Kellie	UC Davis	57.82
3 Ledtke, Valle	Western Washington	59.66
4 Hearn, Baylee	Nevada	1:00.15
Section 4		
1 Stepter, Kala	Stanford	57.30
2 Butler, Stefeny	San Francisco St.	59.54
3 Harris, Nicole	Washington	59.96
4 Knudson, Laura	Western Oregon	1:01.81
Section 5		
1 Meggs, Monay	Unlv	56.93
2 Frazier, Ashley	Portland State	57.75
3 Hawkins, Tanisha	Nevada	58.17
4 Smith, Christina	Nevada	59.02
5 Wochnick, BryAnne	Seattle Pacific	1:04.01
Section 6		
1 Pearse, Anastasia	Trinity Western	57.36
2 Abboud, Noelle	UC Riverside	57.51
3 Johnson, Jasmine	Seattle Pacific	57.91
4 Quatier, Emily	Seattle Pacific	58.04
Section 7		
1 Rudd, Nicole	Byu	56.45
2 Diggs, Whitney	Seatown Express	57.70
3 Lawson, Taylor	California	58.02
4 Martin, Shanee	Nevada	59.60
-- Oden, Alisha	Washington	DNF
Section 8		
1 Smith, Tiffanie	Tulane	57.06
2 Ford, Alexis	Washington	57.92
3 Lloyd, Haleigh	Alaska Anchorage	58.05
4 Goynes, Erica	Cal Poly	1:00.10
5 Douglas, Danielle	British Columbia	1:02.72
Section 9		
1 Lowe, Christine	Coquitlam Cheetahs	55.95
2 Quincy, Kayla	Tulane	57.39
3 Schwartz, Lindsay	Womens Athletic	57.99
4 Sims, NyEma	Concordia (Ore.)	58.34
Section 10		
1 Maloney, Dominique	Portland State	57.00
2 Wright, Amber	UC Riverside	57.08
3 Sims, Catherine	Concordia (Ore.)	59.98

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Meet Record: M 54.25 2008

Keisha Baker, Oregon

Dempsey Rec: R 53.21 2/26/2012

Courtney Okolo, Unattached

Name	Year	School	Finals
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Finals			
1	Lowe, Christine	Coquiltam Cheetahs	55.95
2	Rudd, Nicole	Byu	56.45
3	Meggs, Monay	Unlv	56.93
4	Maloney, Dominique	Portland State	57.00
5	Smith, Tiffanie	Tulane	57.06
6	Wright, Amber	UC Riverside	57.08
7	Stepter, Kala	Stanford	57.30
8	Pearse, Anastasia	Trinity Western	57.36
9	Quincy, Kayla	Tulane	57.39
10	Abboud, Noelle	UC Riverside	57.51
11	Desch, Chantel	Simon Fraser	57.67
12	Diggs, Whitney	Seatown Express	57.70
13	Frazier, Ashley	Portland State	57.75
14	Grigg, Kellie	UC Davis	57.82
15	Johnson, Jasmine	Seattle Pacific	57.91
16	Ford, Alexis	Washington	57.92
17	Schwartz, Lindsay	Womens Athletic	57.99
18	Lawson, Taylor	California	58.02
19	Quatier, Emily	Seattle Pacific	58.04
20	Lloyd, Haleigh	Alaska Anchorage	58.05
21	Hawkins, Tanisha	Nevada	58.17
22	Sims, NyEma	Concordia (Ore.)	58.34
23	Smith, Christina	Nevada	59.02
24	Blades, Asha	UC Riverside	59.49
25	Butler, Stefeny	San Francisco St.	59.54
26	Martin, Shanee	Nevada	59.60
27	Ledtke, Valle	Western Washington	59.66
28	Bergmann, Meeghan	Seattle U.	59.96
29	Harris, Nicole	Washington	59.96
30	Sims, Catherine	Concordia (Ore.)	59.98
31	Harper, Jazmine	UC Riverside	1:00.01
32	Goynes, Erica	Cal Poly	1:00.10
33	Hearns, Baylee	Nevada	1:00.15
34	Struble, Morgan	Hawaii	1:00.80
35	de Sauvage, Candice	Seattle U.	1:00.82
36	Daly, Maya	Trinity Western	1:01.01
37	Esperanza, Samantha	Hawaii	1:01.08
38	Kirk, Kayla	Hawaii	1:01.19
39	Jackson, Shallynn	Hawaii	1:01.40
40	Knudson, Laura	Western Oregon	1:01.81
41	Douglas, Danielle	British Columbia	1:02.72
42	Wochnick, BryAnne	Seattle Pacific	1:04.01
--	Oden, Alisha	Washington	DNF

Event 11 Women 800 Meter Run

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Meet Record: M 2:03.29	2007	Rebecca Johnstone, Valley R	
Dempsey Rec: R 2:02.91	2/15/2003	Heather Hennigar, Pacific S	

Name	Year School	Finals
Section 1		
1 Works, Christina	Nevada	2:18.20
2 Harradine, Meg	Trinity Western	2:18.60
3 Lennea, Kayla	Simon Fraser	2:18.68
4 Papalii, Melody	Hawaii	2:19.47
5 Vazquez, Tasha	Nevada	2:20.60
6 Menzies, Miranda	Unlv	2:21.17
7 Lassere, Rebecca	Seattle U.	2:21.52
8 Bennett, Brittany	Washington	2:22.06
9 Lahman, Miranda	Western Washington	2:22.71
10 Terry, Pearl	Washington	2:25.25
Section 2		
1 Brown, Hannah	Stanford	2:12.73
2 Lopez, Allie	Ucla	2:15.69
3 Decker, Lynelle	Seattle Pacific	2:16.00
4 Pahkala, Jessica	Alaska Anchorage	2:16.03
5 Adamson, Jessica	Tulane	2:16.68
6 Davis, Madison	Seattle U.	2:17.10
7 Bryson, Aubrey	Southern Utah	2:17.22
8 Butler, Lizzy	Southern Utah	2:17.44
9 Underwood, Anne	Nevada	2:18.31
10 Copenhagen, Laura	Western Oregon	2:19.41
Section 3		
1 Michels, Linsie	Concordia (Ore.)	2:12.75
2 Stewart, Rachel	Byu	2:13.21
3 Kane, Michaela	Simon Fraser	2:13.29
4 Mackenzie, Kansas	Simon Fraser	2:14.96
5 Atchley, Skye	Washington	2:17.82
6 Belk, Kaylie	San Francisco St.	2:18.36
7 Mulvey, Louise	Hawaii	2:18.55
8 Vogt, Abbey	Simon Fraser	2:21.32
9 Allen, Courtney	Unlv	2:21.52
10 Lyons, Kelci	Tulane	2:22.89
Section 4		
1 Davis, Jenna	Cal Poly	2:13.49
2 Fricker, McKayla	Seattle Pacific	2:13.80
3 Sawatzky, Sarah	Simon Fraser	2:14.15
4 Edwards, Hannah	Cal Poly	2:14.69
5 Coates, Kaylee	Southern Utah	2:14.92
6 Moore, Jenica	U. of Victoria	2:16.25
7 Affeld, Laura	Unlv	2:16.49
8 Farish, Catharine	British Columbia	2:25.47
Section 5		
1 Thompson, Turquoise	Ucla	2:12.97
2 Curl, Sophie	San Francisco	2:14.12
3 LaMar, Tiffany	Ucla	2:15.27
4 Ibarzabal, Lorea	Portland	2:15.56
5 Foley, Megan	Long Beach St.	2:15.72
6 McNamara, Molly	Stanford	2:15.79
7 Rivers-Birt, Lia	Cal Poly	2:16.77
8 Bick, Susan	Alaska Anchorage	2:17.06

Section 6

1	Brown, Kelsey	Byu	2:04.94
2	Annear, Grace	U. of Victoria	2:10.29
3	Landen, Shanie	UC Davis	2:10.30
4	Butterworth, Lindsey	Simon Fraser	2:13.47
5	Saunders, Claudia	Stanford	2:14.74
--	Harris, Hillary	San Francisco	DNF

Section 7

1	Williamson, Kelsey	Unlv	2:09.17
2	Pomfret, Kendra	U. of Victoria	2:10.51
3	Limage, Junia	Concordia (Ore.)	2:10.95
4	Jackson, Dominique	Sra Elite	2:11.71
5	Patrignelli, Megan	Oregon	2:12.44
6	Udelhoven, Luna	Ucla	2:17.02
7	Gramolini, Mariah	Nevada	2:19.45

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 Meet Record: M 2:03.29 2007 Rebecca Johnstone, Valley R
 Dempsey Rec: R 2:02.91 2/15/2003 Heather Hennigar, Pacific S
 Name Year School Finals
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Finals

1	Brown, Kelsey	Byu	2:04.94
2	Williamson, Kelsey	Unlv	2:09.17
3	Annear, Grace	U. of Victoria	2:10.29
4	Landen, Shanie	UC Davis	2:10.30
5	Pomfret, Kendra	U. of Victoria	2:10.51
6	Limage, Junia	Concordia (Ore.)	2:10.95
7	Jackson, Dominique	Sra Elite	2:11.71
8	Patrignelli, Megan	Oregon	2:12.44
9	Brown, Hannah	Stanford	2:12.73
10	Michels, Linsie	Concordia (Ore.)	2:12.75
11	Thompson, Turquoise	Ucla	2:12.97
12	Stewart, Rachel	Byu	2:13.21
13	Kane, Michaela	Simon Fraser	2:13.29
14	Butterworth, Lindsey	Simon Fraser	2:13.47
15	Davis, Jenna	Cal Poly	2:13.49
16	Fricker, McKayla	Seattle Pacific	2:13.80
17	Curl, Sophie	San Francisco	2:14.12
18	Sawatzky, Sarah	Simon Fraser	2:14.15
19	Edwards, Hannah	Cal Poly	2:14.69
20	Saunders, Claudia	Stanford	2:14.74
21	Coates, Kaylee	Southern Utah	2:14.92
22	Mackenzie, Kansas	Simon Fraser	2:14.96
23	LaMar, Tiffany	Ucla	2:15.27
24	Ibarzabal, Lorea	Portland	2:15.56
25	Lopez, Allie	Ucla	2:15.69
26	Foley, Megan	Long Beach St.	2:15.72
27	McNamara, Molly	Stanford	2:15.79
28	Decker, Lynelle	Seattle Pacific	2:16.00
29	Pahkala, Jessica	Alaska Anchorage	2:16.03
30	Moore, Jenica	U. of Victoria	2:16.25
31	Affeld, Laura	Unlv	2:16.49
32	Adamson, Jessica	Tulane	2:16.68

33 Rivers-Birt, Lia	Cal Poly	2:16.77
34 Udelhoven, Luna	Ucla	2:17.02
35 Bick, Susan	Alaska Anchorage	2:17.06
36 Davis, Madison	Seattle U.	2:17.10
37 Bryson, Aubrey	Southern Utah	2:17.22
38 Butler, Lizzy	Southern Utah	2:17.44
39 Atchley, Skye	Washington	2:17.82
40 Works, Christina	Nevada	2:18.20
41 Underwood, Anne	Nevada	2:18.31
42 Belk, Kaylie	San Francisco St.	2:18.36
43 Mulvey, Louise	Hawaii	2:18.55
44 Harradine, Meg	Trinity Western	2:18.60
45 Lennea, Kayla	Simon Fraser	2:18.68
46 Copenhagen, Laura	Western Oregon	2:19.41
47 Gramolini, Mariah	Nevada	2:19.45
48 Papalii, Melody	Hawaii	2:19.47
49 Vazquez, Tasha	Nevada	2:20.60
50 Menzies, Miranda	Unlv	2:21.17
51 Vogt, Abbey	Simon Fraser	2:21.32
52 Allen, Courtney	Unlv	2:21.52
53 Lassere, Rebecca	Seattle U.	2:21.52
54 Bennett, Brittany	Washington	2:22.06
55 Lahman, Miranda	Western Washington	2:22.71
56 Lyons, Kelci	Tulane	2:22.89
57 Terry, Pearl	Washington	2:25.25
58 Farish, Catharine	British Columbia	2:25.47
-- Harris, Hillary	San Francisco	DNF

Event 21 Women 4x400 Meter Relay

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Meet Record: M 3:38.68	2011	Oregon, Oregon
Dempsey Rec: R 3:33.70	2/25/2012	Oregon, Oregon
	Purvis, Roesler, Okodogbe, Francis	
School		Finals

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Section 1

1	Byu 'A'	3:48.38
	1) Rudd, Nicole	2) Stewart, Natalie
	3) Brown, Kelsey	4) Stewart, Rachel
2	U. of Victoria 'A'	3:51.74
	1) Francois, Rachel	2) Pomfret, Kendra
	3) Moore, Jenica	4) Annear, Grace
3	Washington 'B'	3:54.75
	1) Ford, Alexis	2) Armstead, Krista
	3) Harris, Nicole	4) Stueckle, Kimberly
4	Alaska Anchorage 'A'	4:01.06
	1) Halfyard, Sasha	2) Lloyd, Haleigh
	3) Bick, Susan	4) Smith, Rosie
5	British Columbia 'A'	4:17.26
	1) Douglas, Danielle	2) Spear Chief-Morris, Joy
	3) Farish, Catharine	4) Slinn, Heather

Section 2

1	Tulane 'A'	3:50.00
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|--------------------------|----------------------|---------|
| 1) Woods, Hilary | 2) Smith, Tiffanie | |
| 3) St. Etienne, Candice | 4) Quincy, Kayla | |
| 2 Nevada 'A' | | 3:50.90 |
| 1) Hawkins, Tanisha | 2) Calhoun, Samantha | |
| 3) Smith, Christina | 4) Earls, Angelica | |
| 3 Western Washington 'A' | | 4:00.16 |
| 1) Coffey, Sydney | 2) Bjornsson, Tanya | |
| 3) Dodd, Amber | 4) Ledtke, Valle | |
| 4 Stanford 'C' | | 4:00.72 |
| 1) McNamara, Molly | 2) Saunders, Claudia | |
| 3) Chapus, Cami | 4) Brown, Hannah | |
| 5 UCLA 'B' | | 4:01.59 |
| 1) Udelhoven, Luna | 2) Lopez, Allie | |
| 3) Kent, Ava | 4) LaMar, Tiffany | |

Section 3

- | | | |
|-------------------------|-----------------------|---------|
| 1 Unlv 'A' | | 3:47.21 |
| 1) Yanez, Secoral | 2) Meggs, Monay | |
| 3) Blok, Emily | 4) Williamson, Kelsey | |
| 2 Oregon 'B' | | 3:51.49 |
| 1) Francis, Claudia | 2) Friday, Becca | |
| 3) Kesselring, Anne | 4) Hasay, Jordan | |
| 3 UC Davis 'A' | | 3:52.00 |
| 1) Grigg, Kellie | 2) Chapman, Melanise | |
| 3) Landen, Shanie | 4) Nixon, Cekarri | |
| 4 San Francisco St. 'A' | | 3:52.69 |
| 1) Cabiness, Maya | 2) Belk, Kaylie | |
| 3) Baucham, Brionne | 4) Butler, Stefeny | |
| 5 Stanford 'B' | | 3:53.53 |
| 1) Nelms, Katie | 2) Weissenbach, Amy | |
| 3) Stepter, Kala | 4) Gradiska, Angela | |

Section 4

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|------------------------|----------------------|---------|
| 1 Oregon 'A' | | 3:40.09 |
| 1) Francis, Phyllis | 2) Okodogbe, Chizoba | |
| 3) Roesler, Laura | 4) Leblanc, Annie | |
| 2 UCLA 'A' | | 3:43.81 |
| 1) Hunter, Breyonna | 2) Price, Kylie | |
| 3) Thompson, Turquoise | 4) Courtnall, Ally | |
| 3 Washington 'A' | | 3:44.67 |
| 1) Woodruff, Gianna | 2) Stueckle, Kayla | |
| 3) Pugh, Daje | 4) Carlson, Jordan | |
| 4 Stanford 'A' | | 3:46.03 |
| 1) Levingston, Carissa | 2) Carter, Kori | |
| 3) O'Hare, Joy | 4) Williams, Kristyn | |

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Meet Record: M 3:38.68	2011	Oregon, Oregon
Dempsey Rec: R 3:33.70	2/25/2012	Oregon, Oregon
	Purvis, Roesler, Okodogbe, Francis	
School		Finals

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Finals

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|---------------------|----------------------|---------|
| 1 Oregon 'A' | | 3:40.09 |
| 1) Francis, Phyllis | 2) Okodogbe, Chizoba | |
| 3) Roesler, Laura | 4) Leblanc, Annie | |

2	Ucla 'A'		3:43.81
	1) Hunter, Breyonna	2) Price, Kylie	
	3) Thompson, Turquoise	4) Courtnall, Ally	
3	Washington 'A'		3:44.67
	1) Woodruff, Gianna	2) Stueckle, Kayla	
	3) Pugh, Daje	4) Carlson, Jordan	
4	Stanford 'A'		3:46.03
	1) Levingston, Carissa	2) Carter, Kori	
	3) O'Hare, Joy	4) Williams, Kristyn	
5	Unlv 'A'		3:47.21
	1) Yanez, Secoral	2) Meggs, Monay	
	3) Blok, Emily	4) Williamson, Kelsey	
6	Byu 'A'		3:48.38
	1) Rudd, Nicole	2) Stewart, Natalie	
	3) Brown, Kelsey	4) Stewart, Rachel	
7	Tulane 'A'		3:50.00
	1) Woods, Hilary	2) Smith, Tiffanie	
	3) St. Etienne, Candice	4) Quincy, Kayla	
8	Nevada 'A'		3:50.90
	1) Hawkins, Tanisha	2) Calhoun, Samantha	
	3) Smith, Christina	4) Earls, Angelica	
9	Oregon 'B'		3:51.49
	1) Francis, Claudia	2) Friday, Becca	
	3) Kesselring, Anne	4) Hasay, Jordan	
10	U. of Victoria 'A'		3:51.74
	1) Francois, Rachel	2) Pomfret, Kendra	
	3) Moore, Jenica	4) Annear, Grace	
11	UC Davis 'A'		3:52.00
	1) Grigg, Kellie	2) Chapman, Melanise	
	3) Landen, Shanie	4) Nixon, Cekarri	
12	San Francisco St. 'A'		3:52.69
	1) Cabiness, Maya	2) Belk, Kaylie	
	3) Baucham, Brionne	4) Butler, Stefeny	
13	Stanford 'B'		3:53.53
	1) Nelms, Katie	2) Weissenbach, Amy	
	3) Stepter, Kala	4) Gradiska, Angela	
14	Washington 'B'		3:54.75
	1) Ford, Alexis	2) Armstead, Krista	
	3) Harris, Nicole	4) Stueckle, Kimberly	
15	Western Washington 'A'		4:00.16
	1) Coffey, Sydney	2) Bjornsson, Tanya	
	3) Dodd, Amber	4) Ledtke, Valle	
16	Stanford 'C'		4:00.72
	1) McNamara, Molly	2) Saunders, Claudia	
	3) Chapus, Cami	4) Brown, Hannah	
17	Alaska Anchorage 'A'		4:01.06
	1) Halfyard, Sasha	2) Lloyd, Haleigh	
	3) Bick, Susan	4) Smith, Rosie	
18	Ucla 'B'		4:01.59
	1) Udelhoven, Luna	2) Lopez, Allie	
	3) Kent, Ava	4) LaMar, Tiffany	
19	British Columbia 'A'		4:17.26
	1) Douglas, Danielle	2) Spear Chief-Morris, Joy	

3) Farish, Catharine

4) Slinn, Heather