



BYU WOMEN'S SOCCER

BYU vs SAINT LOUIS | Thursday, Aug. 17, 2023 | 7 p.m. MDT | South Field

RUTGERS

Opponent: Saint Louis
 Nickname: Billikens
 Date: August 17, 2023
 Time: 7 p.m. MT
 Location: Provo, UT
 Venue: South Field
 Capacity: 4,200
 TV/Stream: Big 12 Now on ESPN+
 Live Stats: statbroadcast.com
 Website: byucougars.com
 Twitter: @byusoccer_w
 Instagram: @byusoccer_w

2023 SCHEDULE/RESULTS

OVERALL: 0-0-0 | BIG 12: 0-0-0 | STREAK:
 HOME: 0-0-0 | AWAY: 0-0-0 | NEUTRAL: 0-0

AUGUST

Thu. 10 at Rutgers\$ W, 1-0
 Sat. 12 Idaho State*\$ W, 7-0
 Mon. 17 St. Louis*
 Sat. 19 Cal State Fullerton*
 Thu. 24 Long Beach State*
 Sat. 26 at Boise State
 Thu. 31 UCLA*

SEPTEMBER

Sat. 2 at UVU
 Sat. 9 at Utah
 Thu. 14 TCU*^
 Sat. 16 at Utah State
 Thu. 21 at Baylor^
 Mon. 25 at Texas^
 Thu. 28 Cincinnati*^

OCTOBER

Mon. 2 at Iowa State^
 Thu. 5 Texas Tech*^
 Mon. 9 Kansas State*^
 Thu. 12 at Oklahoma State^
 Mon. 16 at Oklahoma^
 Mon. 23 UCF*^

*indicates home game
 \$indicates exhibition game
 ^indicates a Big 12 conference matchup

October 28-November 4:
 Big 12 Tournament in Round Rock, TX

November 10-December 4:
 NCAA Tournament



BYU VS. SAINT LOUIS

PROVO, Utah – No. 13 BYU women's soccer will take on No. 21 Saint Louis in a top-25 matchup Thursday evening on South Field.

Thursday's matchup is scheduled for 7 p.m. MDT. The game will be streamed on Big 12 Now on ESPN+.

SEASON OPENERS. The Cougars have notched five-straight season opening wins, including the 1-0 win over Cal State Fullerton in 2022. Under the direction of head coach Jennifer Rockwood, the Cougars hold a 21-3-4 record for season openers. When BYU opens its season at home on South Field, the record is 8-0-2.

LAST TIME ON THE FIELD. BYU played against Idaho State on Saturday, Aug. 12 in its final exhibition match. The Cougars beat the Bengals 7-0 on South Field, courtesy of braces by forwards Allie Fryer and Brecken Mazingo. Bella Folino, Erin Bailey and Kendell Petersen all tallied goals of their own to secure the win.

THE BILLIKENS. Saint Louis began its 2023 season with two exhibition games against Lindenwood and Evansville. The Billikens ended their 2022 season ranked No. 1 in the Atlantic 10 conference with a 20-2 overall record, going undefeated in conference play (10-0). SLU concluded its 2022 campaign with a new school record for wins (20), longest winning streak (18), longest unbeaten streak (18) and shutouts (15). Under the direction of head coach Katie Shields (11th year), Saint Louis looks to win its sixth-straight Atlantic 10 Conference Championship and make a run to the NCAA Conference Tournament.

COUGARS VS. BILLIKENS. The Cougars and Billikens will meet for the first time on the pitch as SLU travels to Provo for a top-25 matchup on South Field.

THE MATCHUP



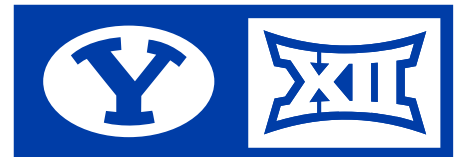
0-0-0	2023 Record	0-0-0
Big 12 (0-0-0)	Conference	Atlantic 10 (0-0-0)
13	USC Poll	21
Jennifer Rockwood	Head Coach	Katie Shields
29th year	Experience	11th year
435-126-54	Record	134-56-14
	Most Goals	
	Most Assists	
	Most Shots	

THE SERIES

Overall: First meeting between the two
 In Provo
 In Idaho
 Neutral Site
 Last Meeting
 Last BYU Win
 Last Idaho State Win

THE STATS (based on 2022)

BYU	Category	St. Louis
2.4	Goals per game	2.95
25.1	Shots per game	18.9
.097	Shot percentage	0.156
.378	Shots on goal percentage	0.466
1.2	Goals allowed per game	0.45
3.14	Saves per game	2.27
.725	Save percentage	0.833
193	Fouls	227
2-3	Penalty kicks: G-Attempts	5-7
11	Yellow cards	20
0	Red cards	1



PROJECTED STARTING XI

	Pos.	Ht.	Yr.	Hometown	GP	GS	G	A	SH	MIN
16	Kendell Petersen	D	SR	South Weber, Utah						
26	Laveni Vaka	D	SR	Sandy, Utah						
24	Izzi Stratton	D	SO	Alpine, Utah						
2	Olivia Smith-Griffitts	D	JR	Eagle, Utah						
10	Olivia Wade-Katoa	M	SR	Kaysville, Utah						
12	Jamie Shepherd	M	SR	American Fork, Utah						
11	Ellie Boren	M	SR	North Ogden, Utah						
13	Brecken Mazingo	M	SR	Sandy, Utah						
22	Bella Folino	F	SR	Aliso Viejo, Calif.						
23	Allie Fryer	F	SO	Spanish Fork, Utah						

GOALKEEPER	Ht.	Yr.	Hometown	GP	GS	GA	GA AVG	SAV	MIN
66	Savanna Mason	GK	5-10 JR	American Fork, Utah					

QUICK FACTS

UNIVERSITY INFORMATION

Location Provo, Utah
Founded 1875
Enrollment 33,517
Affiliation The Church of Jesus Christ of Latter-day Saints
President Shane Reese
Director of Athletics Tom Holmoe
Sr. Associate AD/SWA Liz Darger
Associate AD (Comms) Jon McBride
National Affiliation NCAA Division I
Conference Big 12
Nickname Cougars
School Colors Blue and White
Home Field (Capacity) South Field (4200)
Surface Natural Grass

TEAM INFORMATION

2022 Overall Record 11-3-7
2022 WCC Record (Finish) 6-0-3 (2nd)
2022 NCAA Tournament Finish Sweet Sixteen
NCAA Championships (Last) 1 (2021)
Lettermen R/L 16/1
Starters R/L 11/0
Newcomers 4
2023 Transfers 2
2023 Captains Jamie Shepherd and Olivia Wade-Katoa

COACHING & SUPPORT STAFF

Head Coach Jennifer Rockwood
Career Record (Years) 435-126-54 (28)
BYU Record (Years) 435-126-54 (28)
Assoc. Head Coach Brent Anderson
Assistant Coach Steve Magleby
Assistant Coach Tasha Bell
Director of Operations Rachel Jorgensen
Mental Strength Coach Madie Gates
Athletic Trainer Carolyn Billings
Strength and Conditioning Coach Turreal Moore
Office Manager Geni Tausinga

ATHLETIC COMMUNICATION

Sr. Associate AD/SWA Liz Darger
Communications Director Brenna Seeman
Social Media Strategist Taylor Gillis
Videographer Mitch Johnson
Mailing address 331 SAB Provo, Utah 84602
Shipping address 331 SAB Provo, Utah 84602
Athletic Department Website byucougars.com

PROGRAM HISTORY

First Year 1995
All-Time Record 435-126-54
Conference Titles 17
NCAA Berths 20
Best NCAA Finish College Cup Final (2021)
All-Americans 20
MAC Hermann Trophy Nominees 7



2023 BROADCAST ROSTER



Lynette Hernaez • #00
Junior, GK
Corona, Calif.



Haven Empey • #1
Sophomore, GK
American Fork, Utah



Olivia Smith-Griffitts • #2
Junior, D
Eagle, Idaho



Lytiana Akinaka • #3
Junior, M/F
Maui, Hawaii



Avery Frischknecht • #4
Freshman, M/F
Mapleton, Utah



Zoe Jacobs • #5
Senior, D
Kaysville, Utah



Tylie Pratt • #6
Freshman, D
Gilbert, Arizona



Erin Bailey • #7
Sophomore, F
Layton, Utah



Sierra Pennock • #8
Sophomore, M
Lindon, Utah



Emma Neff • #9
Freshman, M
Salt Lake City, Utah



Olivia Wade-Katoa • #10
Senior, M
Kaysville, Utah



Ellie Boren • #11
Senior, M
North Ogden, Utah



Jamie Shepherd • #12
Senior, M
American Fork, Utah



Brecken Mozingo • #13
Senior, M
Sandy, Utah



Ellie Ford • #14
Freshman, M/F
Provo, Utah



Ellie Walbruch • #15
Sophomore, F
Highland, Utah



Kendell Petersen • #16
Senior, D
South Weber, Utah



Josie Shepherd • #18
Sophomore, M
American Fork, Utah



Halle Dixon • #19
Freshman, M/F
Carlsbad, Calif.



Camryn Jorgensen • #20
Freshman, F
Highland, Utah



Tara Warner • #21
Junior, M
Springville, Utah



Bella Folino • #22
Senior, F
Aliso Viejo, Calif.



Allie Fryer • #23
Sophomore, F
Spanish Fork, Utah



Izzi Stratton • #24
Sophomore, D
Alpine, Utah



Ella Rustand • #25
Freshman, D
Tucson, Arizona



Laveni Vaka • #26
Senior, D
Sandy, Utah



Addie Gardner • #28
Sophomore, F
Highland, Utah



Caroline Stringfellow • #29
Sophomore, M/F
Syracuse, Utah



Jacey Wood • #30
Sophomore, M/F
Las Vegas, Nevada



Kelsey Hoopes • #32
Sophomore, GK
Livermore, Calif.



Rachel McCarthy • #33
Senior, M/F
American Fork, Utah



Savanna Mason • #66
JR, GK
American Fork, Utah



Jennifer Rockwood
Head Coach



Brent Anderson
Associate Head Coach



Steve Magleby
Assistant Coach



Tasha Bell
Assistant Coach

2023 NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown (Previous School)
00	Lynette Hernaez	GK	5-11	FR	Corona, Calif. (Washington St.)
1	Haven Empey	GK	5-9	FR	American Fork, Utah (American Fork HS)
2	Olivia Smith-Griffitts	D	5-6	JR	Eagle, Idaho (Eagle HS)
3	Lytiana Akinaka	M/F	5-6	JR	Maui, Hawaii (King Kekaulike HS)
4	Avery Frischknecht	M/F	5-10	FR	Mapleton, Utah (Springville HS)
5	Zoe Jacobs	D	5-3	SR	Kaysville, Utah (Davis HS)
6	Tylie Pratt	D	5-6	FR	Gilbert, Arizona (Highland HS)
7	Erin Bailey	F	5-5	SO	Layton, Utah (Layton HS)
8	Sierra Pennock	M	5-5	SO	Lindon, Utah (Timpanogos HS)
9	Emma Neff	M	5-5	SO	Salt Lake City, Utah (Olympus HS)
10	Olivia Wade-Katoa	M	5-8	SR	Kaysville, Utah (Davis HS)
11	Ellie Boren	M/F	5-8	SR	North Ogden, Utah (Weber HS)
12	Jamie Shepherd	M	5-7	SR	American Fork, Utah (American Fork HS)
13	Brecken Mazingo	M	5-6	SR	Sandy, Utah (UCLA)
14	Ellie Ford	M/F	5-8	FR	Provo, Utah (Timpview HS)
15	Ellie Walbruch	F	5-10	SO	Highland, Utah (UCLA)
16	Kendell Petersen	D	5-8	SR	South Weber, Utah (Northridge HS)
18	Josie Shepherd	M	5-6	FR	American Fork, Utah (American Fork HS)
19	Halle Dixon	M/F	5-2	FR	Carlsbad, Calif. (Carlsbad HS)
20	Camryn Jorgensen	F	5-5	FR	Highland, Utah (Lone Peak HS)
21	Tara Warner	M	5-6	JR	Springville, Utah (Springville HS)
22	Bella Folino	F	5-6	SR	Aliso Viejo, Calif. (Aliso Nigel HS)
23	Allie Fryer	F	5-7	SO	Spanish Fork, Utah (Maple Mountain HS)
24	Izzi Stratton	D	5-11	SO	Alpine, Utah (American Heritage HS)
25	Ella Rustand	D	5-7	FR	Tucson, Arizona (Sabino HS)
26	Laveni Vaka	D	5-6	SR	Sandy, Utah (Juan Diego HS)
28	Addie Gardner	F	5-7	SO	Highland, Utah (American Fork HS)
29	Caroline Stringfellow	M/F	5-4	SO	Syracuse, Utah (Syracuse HS)
30	Jacey Wood	M/F	5-6	FR	Las Vegas, Nevada (Desert Oasis HS)
32	Kelsey Hoopes	GK	5-7	FR	Livermore, Calif. (Livermore HS)
33	Rachel McCarthy	F	5-7	SR	American Fork, Utah (American Fork HS)
66	Savanna Mason	GK	5-10	JR	American Fork, Utah (American Fork HS)

COACHING STAFF

Head Coach: Jennifer Rockwood
Associate Head Coach: Brent Anderson
Assistant Coach: Steve Magleby
Assistant Coach: Tasha Bell
Strength & Conditioning Coach: Turreal Moore

SUPPORT STAFF

Director of Operations: Rachel Jorgensen
Mental Strength Coach: Madie Gates
Athletic Trainer: Carolyn Billings
Office Manager: Geni Tausinga
Communications Director: Brenna Seeman

PRONUNCIATION GUIDE

LYNETTE HERNAEZ = LI-net HER-nez
 LYTIANA AKINAKA = LIT-tee-awna AW-key-nah-kuh
 Avery FRISHKNECT = FRISH-nect
 TYLIE Pratt = TIE-lee
 Olivia Wade-KATOA = KUH-toe-uh
 Ellie WALBRUCH = WALL-brook
 HALLE Dixon = HAL-lee
 TARA Warner = TAIR-uh
 LAVENI Vaka = LUH-ven-ee VAW-kuh
 Sierra PENNOCK = PEN-knock
 Brecken MOZINGO = MO-zingo
 JOSIE Shepherd = JOE-see

IN THE RANKINGS

National Rankings

United Soccer Coaches
 2023 National Preseason
 Rankings:
1. UCLA
 2. North Carolina
 3. Notre Dame
 4. Duke
 5. Virginia
 6. Florida State
 7. Alabama
 8. Arkansas
9. TCU
 10. Penn State
 11. Stanford
 12. South Carolina
 13. *BYU*
 14. Pittsburgh
15. Texas
 16. Georgetown
 17. Michigan State
 18. Northwestern
 19. Santa Clara
 20. Memphis
21. Saint Louis
 22. Southern California
 23. Harvard
 24. Central Florida
 25. Clemson

As of Aug. 1, 2023
 Bold denotes 2023 BYU Opp.
 Italicized denotes BYU



Big 12 Preseason Coaches Poll

Team	Total Votes (first place votes)
BYU	156 (6)
TCU	155 (3)
Texas	152 (5)
West Virginia	132
Texas Tech	117
UCF	115
Oklahoma State	100
Kansas	83
Oklahoma	68
Houston	47
Baylor	43
Kansas State	41
Cincinnati	36
Iowa State	29

Big 12 Preseason Team

Name	School	Yr.	Pos.
Kayza Massey	West Virginia	5th	GK
Laveni Vaka	BYU	Sr	D
Hannah Anderson	Texas Tech	Gr	D
Olivia Hasler	TCU	Sr	D
Jamie Shepherd	BYU	Sr	MF
Gracie Brian	TCU	Gr	MF
Lexi Missimo*	Texas	Jr	MF
Trinity Byars*	Texas	Jr	F
Camryn Lancaster	TCU	Jr	F
Brecken Mazingo	BYU	Sr	F
Dayana Martin	UCF	5th	F

BIG 12 LEADERS

INDIVIDUAL	
Shots	
Points.....	
Goals	
Assists	
GAA.....	
Saves.....	
Save Pct.	

TEAM	
Shots	
Shots per Game	
Points.....	
Goals	
Assists	
Goals Allowed.....	
Saves.....	
Shutouts	
Corners.....	
Yellow Cards.....	

PLAYER OF THE WEEK AWARDS

Week	Player	Institution
Week 2 -		
Week 3 -		
Week 4 -		
Week 5 -		
Week 6 -		
Week 7 -		
Week 8 -		
Week 9 -		
Week 10 -		
Week 11 -		
Week 11 -		
Week 12 -		



SERIES VS. 2023 OPPONENTS

RUTGERS

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

IDAHO STATE

(BYU leads 9-2)
1998..... H..... W..... 3-0
2002..... H..... L..... 0-2
2003..... H..... W..... 2-0
2003..... N..... W..... 2-0
2004..... A..... L..... 1-3
2006..... H..... W..... 2-1
2008..... H..... W..... 2-0
2010..... H..... W..... 4-0
2011..... A..... W..... 3-1
2018..... H..... W..... 10-0
2021..... H..... W..... 7-0

SAINT LOUIS

Series (0-0)
The 2023 match will be the first time BYU and Saint Louis compete in women's soccer.

CAL STATE FULLERTON

(BYU leads 8-0-2)
1996..... A..... W..... 2-1
1997..... A..... W..... 3-2
1999..... A..... W..... 2-1
2010..... A..... W..... 3-0
2011..... H..... W..... 2-1
2013..... H..... W..... 3-1
2014..... A..... T..... 1-1
2017..... H..... T..... 1-1
2018..... A..... W..... 1-0
2022..... A..... W..... 1-0

LONG BEACH STATE

(BYU leads 8-3)
1999..... H..... W..... 4-0
2007..... H..... W..... 1-0
2008..... A..... L..... 0-3
2010..... A..... W..... 2-0
2012..... H..... W..... 1-0
2013..... A..... L..... 0-1
2014..... H..... W..... 2-0
2015..... A..... W..... 2-1
2016..... H..... W..... 1-0
2018..... H..... L..... 1-3
2019..... A..... W..... 3-0

BOISE STATE

(BYU leads 1-0)
2019..... H..... W..... 5-1

UCLA

(UCLA leads 3-2-1)
1997..... A..... W..... 3-1
1998..... A..... W..... 2-0
2002..... A..... L..... 0-6
2010..... A..... T..... 0-0
2017..... H..... L..... 0-1
2020-21..... A..... L..... 1-2

UTAH VALLEY UNIVERSITY

(BYU leads 7-1)
2012..... H..... W..... 1-0
2015..... H..... W..... 1-0

2017..... H..... W..... 3-0
2018..... H..... W..... 3-1
2019..... A..... W..... 1-0
2021..... H..... W..... 4-1
2022..... H..... L..... 4-2
2022..... H..... W..... 3-0

UTAH

(BYU leads 25-7-3)
1995..... H..... W..... 3-1
1995..... A..... W..... 2-1
1996..... A..... W..... 3-0
1997..... H..... W..... 3-2
1998..... A..... W..... 2-1
1999..... H..... W..... 1-0
1999..... N..... W..... 4-3
2000..... A..... W..... 5-2
2000..... N..... W..... 6-1
2001..... H..... W..... 3-0
2001..... N..... W..... 2-0
2002..... A..... W..... 2-1
2002..... H..... L..... 2-3
2003..... H..... L..... 0-1
2003..... A..... L..... 0-2
2004..... A..... W..... 2-1
2005..... H..... T..... 1-1
2006..... A..... L..... 0-1
2007..... H..... L..... 0-1
2008..... A..... W..... 5-0
2008..... N..... W..... 1-0
2009..... H..... W..... 2-1
2010..... A..... W..... 2-1
2011..... H..... W..... 4-0
2012..... A..... L..... 0-1
2013..... H..... W..... 1-0
2014..... A..... L..... 0-1
2015..... H..... W..... 2-0
2016..... A..... W..... 2-0
2017..... H..... T..... 1-1
2018..... A..... W..... 3-2
2019..... H..... W..... 2-0
2020-21..... N..... W..... 5-1
2021..... A..... T..... 0-0
2022..... H..... W..... 2-1

TCU

(BYU leads 9-1)
1996..... A..... W..... 5-0
1997..... N..... W..... 3-0
2005..... H..... W..... 4-0
2006..... A..... W..... 2-0
2007..... H..... W..... 4-1
2007..... H..... W..... 2-0
2008..... A..... W..... 1-0
2009..... H..... W..... 2-0
2010..... A..... W..... 1-0
2018..... A..... L..... 2-1

UTAH STATE

(BYU leads 13-1-1)
1996..... H..... W..... 6-0
2004..... H..... W..... 2-0
2005..... H..... W..... 5-0
2006..... A..... W..... 1-0
2007..... H..... W..... 2-1
2008..... A..... W..... 2-0
2009..... H..... W..... 3-0
2010..... A..... W..... 3-0
2011..... H..... W..... 1-0
2012..... A..... W..... 1-0

2012..... H..... W..... 2-1
2015..... H..... W..... 1-0
2016..... A..... W..... 3-1
2021..... H..... L..... 2-1
2022..... A..... T..... 1-1

BAYLOR

(The series is tied 1-1)
2013..... A..... W..... 2-1
2014..... H..... L..... 1-2

TEXAS

(Texas leads 3-2)
2004..... A..... L..... 2-3
2005..... H..... W..... 1-0
2007..... N..... L..... 0-2
2010..... A..... L..... 0-1
2012..... H..... W..... 5-0

CINCINNATI

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

IOWA STATE

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

TEXAS TECH

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

KANSAS STATE

(BYU leads 1-0)
2019..... A..... W..... 5-0

OKLAHOMA STATE

(The series is tied 1-1)
2009..... H..... W..... 2-1
2011..... A..... L..... 2-1

OKLAHOMA

(BYU leads 2-1)
2011..... A..... W..... 2-1
2013..... H..... W..... 3-2
2016..... N..... L..... 0-2

UCF

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

COUGAR WINNING TRADITION

COUGAR WINNING TRADITION

- 2021 NCAA College Cup Runner-up
- 237-29-13 home record
- 162 home field shutouts
- 275 total shutouts
- Nine-time WCC regular season champions
- Six-time MWC regular season champions
- Seven-time MWC tournament champions
- 1996 WAC tournament champions
- 23 NCAA tournament appearances
- One national player of the year - Mikayla Colohan
- Four MAC Hermann Trophy Semifinalists
- 20 All-Americans and 16 Academic All-Americans
- Eight Conference Players of the Year
- Two WCC Midfielders of the Year
- Six Conference Defensive Players of the Year
- One Conference Offensive Player of the Year
- Two Conference Goalkeepers of the Year
- Six Conference Freshmen of the Year
- Five-straight NCAA tournament appearances (2018-2022)
- 21 top-25 regular-season finishes
- Ranked No. 1 in the nation for shots per game (2022, 2021)
- Ranked No. 2 in the nation for shots on goal per game (2022)
- Ranked No. 1 in the nation for corner kicks per game (2021)
- Ranked the No. 1 scoring offense in the nation (2021)
- Ranked No. 2 in the nation for points per game (2021)
- Ranked No. 6 in the nation for assists per game (2021)
- Ranked No. 2 in the nation for shots per game and total goals (2020)
- Ranked the No. 2 scoring offense in the nation (2019)
- Ranked No. 2 in the nation in total points and points per game (2019)
- Ranked No. 3 in the nation for shots per game (2018)
- Ranked as one of the top-5 best scoring offenses in the nation four years in a row (2018-2021)



2001 MWC champions



2019 WCC regular-season champions

HEAD COACH JENNIFER ROCKWOOD



JENNIFER ROCKWOOD
HEAD COACH
29TH YEAR AT BYU
Career Record: 435-126-54
BYU '89

As the only BYU women's soccer head coach in program history, Jennifer Rockwood has established herself as one of the premier coaches in Division I soccer today. With an overall career record of 435-126-54 in her 28 years at the helm of the program, Rockwood has accomplished great things and coached remarkable players.

Before transitioning to a Division I program, Rockwood led the BYU women's soccer club team for seven years, amassing an overall record of 128-25-9. In the final two years as a club team, Rockwood took her teams to the Western National Collegiate Club Soccer Association title and placed second in the NCCSA National Championships.

As a player, Rockwood spent one year at Rick's College on a basketball scholarship before transferring to BYU where she became a four-year starter at center midfield on

the Cougars' club soccer team. Rockwood has also coached youth club programs, high school teams and the Utah Olympic Development Program.

During her tenure at BYU, Rockwood has accomplished several major feats. She has taken the Cougars to 23 NCAA tournament appearances, including seven third rounds ("Sweet Sixteens"), three quarterfinals ("Elite Eights"), and one finals appearance. Her 2021 team made it to the National Championship game for the first and only time in program history, falling to Florida State in penalty kicks.

The Lake Oswego, Oregon native is 12th in the NCAA Division I soccer for most **all-time** wins, and eighth in **active** career winning percentage (.754). She is the third coach to start an NCAA Division I program and win 300 games there. Rockwood is also the sixth NCAA coach to win 300 games at one school.

As head coach at BYU, Rockwood has led her team to seven Mountain West Conference Tournament

Championships, six MWC regular-season titles and nine West Coast Conference championships.

Rockwood has been recognized by three conferences for her prestige as a collegiate coach, earning WAC Coach of the Year in 1996, MWC Coach of the Year in 2000 and 2008, and earning the WCC recognition for Coach of the Year four times during her tenure (2012, 2014, 2018, 2019).

Rockwood has also earned the title of West Region Coach of the Year in both 1996 and 2012. Her staff was recognized in 2019 for their incredible achievements, earning the honor of United Soccer Coaches Regional Staff of the Year.

The Governor's State of Sports Awards also named Rockwood the 2016 Women's Coach of the Year after an 18-3-1 final season record.

After taking her team to BYU's first-ever NCAA College Cup finals, Rockwood and staff were named the 2021 NCAA DI Women's Staff of the Year by the United Soccer Coaches.

Rockwood has coached 26 winning seasons at BYU, and has ended the season ranked in the top 25 16 times, with five top-10 rankings and three top-five rankings. She has coached 20 All-Americans, two of which are on the current roster (Brecken Mozingo and Jamie Shepherd).

Seven MAC Hermann Trophy candidates, four MAC Hermann Trophy semifinalists and two finalists have played for Coach Rockwood at BYU. She has seen fourteen former players go professional, and nine players who have played U-20 or higher on the United States Women's National Team.

Currently, there are four former Cougs playing professional soccer. Ashley Hatch, Mikayla Cluff, Cameron Tucker and Michele Vasconcelos are all playing in the NWSL. Hatch has also played with the USWNT for several tournaments dating back to 2016, including the 2022 CONCACAF tournament. She is the first former Cougar to earn the NWSL Golden Boot award, receiving recognition in 2021 after finishing her regular season with 10 goals.

HEAD COACH JENNIFER ROCKWOOD

Year-by-Year under Coach Rockwood

Year	Record	NCAA Tournament
1995	11-8-1	N/A
1996	22-1#	N/A
1997	19-4	NCAA First Round
1998	20-5	NCAA Third Round
1999	21-4^\$	NCAA Second Round
2000	19-4-1^\$	NCAA Third Round
2001	14-7-1^\$	NCAA Second Round
2002	16-6^\$	NCAA First Round
2003	16-7-3	NCAA Quarterfinal
2004	7-10-4	N/A
2005	15-2-4	NCAA First Round
2006	13-3-4	NCAA First Round
2007	17-4-2\$	NCAA First Round
2008	18-5-1^\$	NCAA Second Round
2009	18-4-2^	NCAA Second Round
2010	16-3-3\$	NCAA First Round
2011	11-5-3	N/A
2012	20-2-2*	NCAA Quarterfinal
2013	15-5-1*	NCAA Second Round
2014	13-5-3*	NCAA First Round
2015	16-3-2*	NCAA Second Round
2016	18-3-1*	NCAA Third Round
2017	7-8-4	N/A
2018	13-5-1*	NCAA First Round
2019	21-1-1*	NCAA Quarterfinal
2020-21	11-4-1	NCAA Second Round
2021	17-5-2*	NCAA Final
2022	11-3-7	NCAA Third Round
2023		

WAC Championship
 \$ MWC Tournament Champs
 ^ MWC Season Title
 * WCC Championship



NCAA Rankings (Div. I head coaches, minimum five seasons at a Div. I institution):

- Fourth in active win percentage (75.1%; 435-126-54)
- Seventh in active wins (435)
- Sixth in all-time win percentage (75.1%; 435-126-54)
- 10th in all-time wins (435)
- One of eight active head coaches with 400+ career wins
- One of 16 head coaches all-time with 400+ wins
- One of only three active head coaches with 400+ wins while coaching for only one school
- One of only six all-time with 400+ wins while coaching for only one school
- One of 27 active coaches with 28+ seasons as head coach
- One of 10 active head coaches with 28+ seasons as head coach at the same school
- One of only seven active head coaches with 28+ seasons as head coach for only one school

THE ROCKWOOD LEGACY



Jen is such a successful coach because she influences each of her players both on the field and off the field. She knows how to bring the best out of people and help them reach their full potential. I personally wouldn't be who I am today if it weren't for Jen and everything she taught me as a soccer player, but even more importantly, as a person. The success that the BYU soccer program has had is a direct reflection of who Jen is!
 - Mikayla Colohan (BYU soccer alum; NWSL Orlando Pride)

"I really enjoyed my time playing for Jen at BYU. Jen has the ability to bring the best out of players and I am forever grateful for the opportunity I had to play for her. Throughout my career at BYU Jen helped me develop an attacking mindset that has helped me develop into the player I am today."
 - Ashley Hatch (BYU soccer alum; USWNT; NWSL Washington Spirit)



Jen is an amazing coach who helped me become a better soccer player. More importantly, however, Jen is a trusted friend and mentor who has helped me become a better person. I will forever be grateful for Jen's ongoing influence in my life.
 - Cameron Tucker (BYU soccer alum; NWSL Houston Dash)

ASSOC. HEAD COACH BRENT ANDERSON



BRENT ANDERSON
 ASSOCIATE HEAD COACH
 7TH YEAR AT BYU
 Utah State '97



Brent Anderson first joined the BYU women's soccer coaching staff in 2017 as an assistant coach. In the summer of 2023, he was promoted to associate head coach.

Along with Rockwood, Anderson has coached the Cougars to four NCAA tournament appearances, including their first-ever NCAA National Championship appearance in 2021. The Cougars have earned five top-25 finishes since Anderson joined the program.

Since joining Rockwood's staff in 2017, Anderson has coached six All-Americans and three Academic All-Americans. He has also coached four MAC Hermann Trophy candidates, two semifinalists and one finalist.

Anderson was at BYU when the women's soccer staff earned the honors of 2019 United Soccer Coaches Regional Staff of the Year and 2021 NCAA DI United Soccer Coaches Women's Staff of the Year.

Before joining Rockwood's staff, Anderson was the longest tenured head coach for the UVU women's soccer team. In his 11 seasons with the Wolverines, Anderson compiled an impressive 110-100-14 record.

Anderson led his team at UVU to the program's first NCAA tournament appearance in 2015. He guided the Wolverines to a then-record 13 wins in 2014. Anderson is the one-and-only recipient of the Great West Conference Coach of the Year award, garnering the honor in each of the four years that the league existed.

Prior to his coaching career, Anderson played club soccer at Utah State for four years. He was a four-year starter and team captain in 1996 and 1997 as a goalkeeper. Anderson was named First-Team All-Region National College Soccer Association (NCSA) in 1997. In the NCSA, he played against teams such as Arizona, Michigan, Tennessee and Kansas State. As team captain, he led the Utah State club team to the NCSA Final Four in 1997.

After finishing his playing career, Anderson started the Cadence Soccer Shop in Cache Valley. He ran clinics and held leagues with the business from 1996 to 2000. In 1998, Anderson opened Ultimate Sports, an Indoor Soccer Facility located in Hyde Park, Utah. He worked as the director of operations, the director of player development and the head coach of several club teams while running the business. The facility also included other recreational activities including a rock-climbing wall.

Anderson currently owns and operates Bullnose Products, which carries specialty fishing items, with his wife, Kathy

Anderson is a native of Logan, Utah. He graduated from Mountain Crest High School in 1989. He played soccer all four years. In his senior year he was named to the All-Region team. When Anderson is not coaching soccer he enjoys spending time with his family, snowboarding, skateboarding and playing indoor soccer with his family and friends. Anderson also collects OG and reissued skateboards from the 80's.

Anderson and his wife Kathy have four kids: Tennessee, Easton, Kaiya, and Ever.



ASSISTANT COACHES



STEVE MAGLEBY
ASSISTANT COACH
6TH YEAR AT BYU
BYU '09



- Steve Magleby joined Rockwood's staff in 2018 as an assistant coach.
- Magleby has helped coach six All-Americans and three Academic All-Americans. He has also coached four MAC Hermann Trophy candidates, two semifinalists and one finalist.
- Magleby was at BYU when the women's soccer staff earned the honors of 2019 United Soccer Coaches Regional Staff of the Year and 2021 NCAA DI United Soccer Coaches Women's Staff of the Year.
- Before joining Rockwood's staff, Magleby was an assistant coach for the BYU men's club soccer team.
- Magleby is currently the Director of Coaching at Utah Celtic FC, while also serving as a head coach for the club and for Utah ODP.
- Magleby graduated from BYU in 2009 with a degree in Latin American Studies.
- During his time at BYU, he also played soccer for the BYU men's soccer PDL as a starting midfielder. Magleby had the opportunity to play for the RSL Reserve Team in 2007, and for Boldklubben Skjold (Denmark) in 2010
- Magleby is the Co-Founder and Director of Operations for Calle Soccer
- The Darnestown, Maryland native served a mission for The Church of Jesus Christ of Latter-day Saints in La Paz, Bolivia.
- Magleby and his wife Dayna have been married for 16 years, and have six children: Jayne (13), Vinny (12), Frankie (10), Hans (8), Rose (6) and Mads (4).



TASHA BELL
ASSISTANT COACH
5TH YEAR AT BYU
BYU '18



- Tasha Bell joined Rockwood's staff in 2023 as an assistant coach, specializing as the goalkeeper's coach
- Bell competed as a Division I student athlete for the Utah Valley University women's soccer team, under the direction of Brent Anderson, and has coached at the DI collegiate level for eleven years at UVU and Minnesota
- She has been a part of five regular season conference championships, four tournament conference championships, has coached five All-Americans, 105 all-conference student-athletes and 113 academic all-conference student athletes
- During her time as a goalkeeper for the UVU Wolverines from 2004-2006 and 2009, Bell earned all-conference and academic all-conference awards
- Before her most recent years at UVU, Bell worked at BYU from 2018-2021 serving as a mental health and strength coach. She also spent a year with BYU football, helping with player development and recruiting.
- Bell completed her master's degree in marriage and family therapy at BYU in 2015 and her doctorate in family social science at the University of Minnesota in 2020 to become a licensed marriage and family therapist and mental performance coach
- The Farmington, Utah native loves doing anything outside in the mountains, on a beach, in a lake, or on the pitch during the sunrise or sunset.



RACHEL JORGENSEN
DIRECTOR OF OPERATIONS
10th YEAR AT BYU
BYU '15



SOCCKER SUPPORT STAFF

- Rachel Jorgensen first joined Coach Rockwood's staff in 2014 as a volunteer assistant coach (2014-2017)
- 2017-current: Director of Operations for BYU women's soccer
- Jorgensen played soccer for BYU from 2010-2013 as a holding center midfielder
- Jorgensen graduated from BYU in 2015 with a degree in Family Life, emphasis in Human Development
- The San Juan Capistrano, California native and her husband Quinton have a son named Jack, and a German Shepherd named Boston
- Jorgensen loves the coast and being near the ocean. She will take any chance she can get to enjoy a picnic dinner at the beach during sunset
- Lifelong Los Angeles Dodgers fan



MADIE GATES
MENTAL STRENGTH COACH
5TH YEAR AT BYU
BYU '18

- Gates was named the mental strength coach for women's soccer in the fall of 2021
- Prior to her position as the mental strength coach, Gates was a member of the BYU women's soccer staff as a volunteer assistant coach from 2019-2021
- The North Logan, Utah native was a midfielder for the BYU soccer team from 2015-2018
- Gates played in 74 games over four seasons for BYU totaling more than 2802 minutes. She recorded six goals, three assists, and 79 shots
- She graduated from BYU in 2018 with a degree in family studies with minors in psychology and business
- Gates married former BYU baseball player Riley Gates in 2018

THE LAST TIME...

TEAM

Home Win..... 3-0 vs. UVU, Nov. 11, 2022
 Home Loss 2-4 vs. UVU, Sept. 10, 2022
 Home Tie 0-0 vs. Santa Clara, Oct. 29, 2022

Away Win..... 2-1 @ LMU, Nov. 5, 2022
 Away Loss 2-3 @ UNC, Nov. 19, 2022
 Away Tie 1-1 @ Pacific, Oct. 8, 2022

Neutral Win..... 2-1 vs. Oklahoma, Nov. 17, 2016
 Neutral Loss 0-2 vs. Virginia, May 1, 2021
 Neutral Tie 1-1 vs. Stanford, Nov. 17, 2022

Overtime Win..... 1-0 vs. Pepperdine, Nov. 6, 2021
 Overtime Loss 1-2 vs. Utah State, Sept. 18, 2021
 Played 2 OT's 1-1 vs Stanford, Nov. 17, 2022

WCC Win..... 2-1 @ LMU, Nov. 5, 2022
 WCC Loss 0-1 @ Santa Clara, Oct. 30, 2021
 WCC Tie 0-0 vs. Santa Clara, Oct. 29, 2022

Scored 0 Goals..... 0-0 vs. Santa Clara, Oct. 29, 2022
 Scored 1 Goal..... 1-1 vs. Stanford, Nov. 17, 2022
 Scored 2 Goals..... 2-3 @ UNC, Nov. 19, 2022
 Scored 3 Goals..... 3-0 vs. UVU, Nov. 11, 2022
 Scored 4 Goals..... 4-3 @ Pepperdine, Oct. 19, 2022
 Scored 5+ Goals..... 6-0 @ San Diego, Nov. 2, 2022

Allowed 0 Goals..... 3-0 vs. UVU, Nov. 11, 2022
 Allowed 1 Goal..... 1-1 vs. Stanford, Nov. 17, 2022
 Allowed 2 Goals..... 2-2 vs. CU, Aug. 29, 2022
 Allowed 3 Goals..... 2-3 @ UNC, Nov. 19, 2022
 Allowed 4 Goals..... 2-4 vs. UVU, Sept. 10, 2022
 Allowed 5+ Goals 1-5 @ Stanford, Nov. 29, 2019

Took 20+ Shots..... 22 vs. Stanford, Nov. 17, 2022
 Took 30+ Shots..... 41 @ San Diego, Nov. 2, 2022

Allowed 20+ Shots..... 20 vs. Southern California, Aug. 26, 2021
 Allowed 30+ Shots..... 33 vs. Stanford, Nov. 17, 2022

Took 10+ Shots on Goal..... 12 vs. Stanford, Nov. 17, 2022
 15+ Shots on Goal..... 19 @ San Diego, Nov. 2, 2022

Allowed 10+ Shots on Goal..... 10 vs. Stanford, Nov. 17, 2022
 Allowed 15+ Shots on Goal..... n/a

Took 10+ Corner Kicks 12 @ Pacific, Oct. 8, 2022
 Allowed 10+ Corner Kicks 13 vs. Stanford, Nov. 17, 2022

Called for 15+ Fouls 15 vs. Gonzaga, Oct. 22, 2022
 Opponent Called for 15+ Fouls 16 @ Santa Clara, Dec. 3, 2021

Scored 1 Penalty Kick @ LMU, Nov. 5, 2022
 Scored 2 Penalty Kicks..... n/a

Allowed 1 Penalty Kick @ Pepperdine Oct. 19, 2022
 Allowed 2 Penalty Kicks n/a

INDIVIDUAL

Hat Trick Mikayla Colohan vs. Alabama (11/18/21)
 Multi-goal match (2) Brecken Mozingo @ LMU (11/5/22)

2 assists.....(2) Olivia Wade (10/5/22)
 3+ assists (3) Colohan vs. Pacific (10/16/21), Olivia Smith vs. Ohio State (8/19/21)

3 points Jamie Shepherd, Ellie Maughan vs. San Diego (11/2/22)
 5+ points..... (5) Mozingo vs. Portland (10/15/22)

5+ shots..... (5) Wade (11/11/22)
 10+ shots..... (10) Mozingo vs. San Francisco (10/5/22)

5+ shots on goal (5) Mozingo vs. San Francisco (10/5/22)

Scored Penalty Kick Mozingo @ LMU 11/5/22)
 Missed Penalty Kick Shepherd vs. Alabama (10/1/22)

10+ saves Hannah Clark @ Utah (9/5/16)
 Shutout Savanna Mason vs. Stanford (11/17/22)
 Yellow Card Kendall Petersen vs. Stanford (11/17/22)
 Red Card Josie Guinn Gelalich vs. San Francisco (2/27/21)

National Stats Rankings

Stat	Rank	Value
Shots Per Game	1	25.10
Shots on Goal Per Game	2	9.48
Corner Kicks Per Game	7	7.29
Scoring Offense	14	2.43
Points Per Game	15	6.95
Assists Per Game	26	2.10
Won-Lost-Tied Percentage	44	0.690
Shutout Percentage	125	0.381
Goals-Against Average	144	1.178
Fouls Per Game	162	9.19
Save Pct	253	0.725
Saves Per Game	278	3.14
Shot Accuracy	325	0.378

*based on 2022 season stats



At BYU
Beginning her first season with the Cougars

Before BYU
Had a scholarship to play soccer for Washington State, did not play in any games before transferring to BYU...Earned First Team All-CIF, All-Area and All-League...Led her high school team to a 20-2-6 record, extending the teams unbeaten run in league to 71 games

Personal
Served a mission for The Church of Jesus Christ of Latter-day Saints in the Salt Lake City South, Utah mission...Parents are Annie and Chad Hernaez...Has four younger siblings...Loves going to Newport Beach, surfing, playing sand volleyball, and eating Mexican food

CAREER STATS

Year	GP-GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
2023										
TOTAL										



At BYU
Redshirted her freshman year after suffering a knee injury

Before BYU
2020 Utah Gatorade Player of the Year...2019 ODP International Region Team ...2019 USYS National Golden Glove ...2019 USYS Best 11 Team ...2019 USYS Nationals Semi-finalist ...2019 Academic All-State...2018 Top Drawer Soccer All-State All-Star ...2018-19 All-State All-American

Personal
Parents are Mike and Stephanie Empey...has three siblings...sister Savanna also plays on the BYU soccer team and brother James used to play on the football team...served a mission for The Church of Jesus Christ of Latter-day Saints in the Washington, Seattle Mission

CAREER STATS

Year	GP-GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
2023										
TOTAL										



LYNETTE HERNAEZ

FRESHMAN | GOALKEEPER | CORONA, CALIF. | WASHINGTON STATE

SINGLE-MATCH SEASON/CAREER HIGHS

	Season	Career
Goals Allowed		
Saves		

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										



HAVEN EMPEY

FRESHMAN | GOALKEEPER | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	Season	Career
Goals Allowed		
Saves		

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										





2

OLIVIA SMITH-GRIFFITTS

JUNIOR | DEFENDER | EAGLE, IDAHO | EAGLE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season				
Career	1	3	3	3

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU

Two-time All-WCC Freshman Team...2022 Preseason All-WCC Team...2022 All-WCC Second Team...2021 WCC All-Academic Honorable Mention...2022 CSC Academic All-District Honors
Scored her first BYU goal against Saint Mary's her freshman year, 10/6/21

Personal

Parents are Matt and Allyson Smith...Has five siblings

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2020-21	13-12	742	0	0	3	2
2021	24-24	1678	1	7	5	3
2022	21-21	1458	1	4	14	6
2023						
TOTAL	55-4	1441	-	2	7	4



3

LYTIANA AKINAKA

JUNIOR | FORWARD/MIDFIELDER | MAUI, HAWAII | KING KEKAULIKE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season				
Career	1	1	2	2

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU

First game as a Cougar was against Idaho State on South Field in 2018...Scored first career goal against Saint Mary's in 2019...Tallied first career assist at Long Beach State in 2019

Personal

Parents are Elias and Birlinda Akinaka...has six siblings...served a mission for The Church of Jesus Christ of Latter-day Saints in the Colorado, Denver North mission (English and Spanish)

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2018	10-0	130	0	0	2	1
2019	6-0	72	1	1	4	2
2020-21	9-0	146	0	0	1	1
2023						
TOTAL	25-0	348	1	1	7	4



4

AVERY FRISCHKNECHT

FRESHMAN | FORWARD/MIDFIELDER | MAPLETON, UTAH | SPRINGVILLE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season				
Career	0	0	1	0

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU

Made her collegiate debut against CSUN (9/3/22) before suffering a season-ending injury...Medical redshirt in 2022

Before BYU

Three-time State Cup Champion...Region Champion 2021...US Youth Soccer National Finalist...2021 US Youth Soccer Golden Ball Recipient...2021 US Youth Soccer National Best XI...2021 US Youth Soccer Region Best XI...2021 Academic All-State...2020 Region 8 MVP...2020 Utah County Offensive Player of the Year

Personal

Parents are Todd and Stacey Frischknecht...has three siblings...her sister Madi played soccer at Snow College...she plays the violin...she loves pickleball, hot tamales and country music

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	1-0	16	0	0	1	0
2023						
TOTAL	1-0	16	0	0	1	0



5

ZOE JACOBS

SENIOR | DEFENDER | KAYSVILLE, UTAH | DAVIS HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season				
Career	0	1	1	1

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU

Has taken at least one shot every year as a defender...tallied a career-high two assists in the 2022 season...started three games during the 2022 season as a defender

Personal

Parents are Ryan and Kristin Jacobs...has two siblings

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2019	9-0	151	0	0	1	0
2020-21	9-0	140	0	0	1	1
2021	17-1	409	0	0	1	0
2022	20-3	741	0	2	4	3
2023						
TOTAL	55-4	1441	-	2	7	4



Go Cougs!





6

TYLIE PRATT

FRESHMAN | DEFENDER | GILBERT, ARIZONA | HIGHLAND HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	MIN
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Beginning her first season with the Cougars

Before BYU
All-Region freshman year...All-region sophomore year...Top of her class for aesthetician school...Golden Scholar for Highland High School...Leader of special needs PE program at Highland HS

Personal

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2023						
TOTAL						



7

ERIN BAILEY

SOPHOMORE | FORWARD | LAYTON, UTAH | LAYTON HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	1	0	7	2

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Scored her first collegiate goal against San Francisco (10/5/22)...played in 12 games as a true freshman

Before BYU
Academic All-State...Deseret News First Team All-State...6A Top Scorer (2020, 2021)...Standard Examiner All-Area First Team...Utah ODP State Captain...ODP West Region Team...2017 State Cup Champion...State Cup Finalist 2021

Personal
Parents are Bill and Shelley Bailey...has three older brothers...loves making bracelets, hiking, dancing and watching professional soccer

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	12-0	247	1	0	16	2
2023						
TOTAL						



8

SIERRA PENNOCK

SOPHOMORE | MIDFIELDER | LINDON, UTAH | TIMPANOGOS HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	1	1	3	2

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Scored her first collegiate goal against CSUN (8/3/22)...recorded two goals as a true freshman

Before BYU
Four-time UYSA State Cup Champion...Two-time USYS Region Champion...USYS National Finalist...Best 11 award at the USYS National Championship...Utah ODP captain...ODP West Region Team...Utah All-State game invitee...National All-American game invitee

Personal
Parents are Melissa and Jerry Pennock...has five siblings...one sister played soccer at BYU Hawaii, one brother played lacrosse for UVU...her brother, Cameron, currently plays for the BYU men's soccer team...loves to wake surf and golf

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	16-0	336	2	1	14	8
2023						
TOTAL						



9

EMMA NEFF

SOPHOMORE | MIDFIELDER | SALT LAKE CITY, UTAH | OLYMPUS HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Made her collegiate debut against CSUN (8/3/22)

Before BYU
2022 USYA TOSH Female Athlete of the Year...2021 USYS National Champions...2021 USYS Far West Region Champions...2021 Utah High School All-Star Game Invitee...2021 Utah High School First Team All-State...2021 National League PRO Orlando Best IX...2020 Utah High School 5A State MVP...2020 Utah High School 5A State Champions...2018 & 2019 Utah State Cup Champions

Personal
Parents are Christian and Mondis Neff...has four siblings

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	1-0	16	0	0	0	0
2023						
TOTAL	1-0	16	0	0	0	0



Go Cougs!





10
OLIVIA WADE-KATO

SENIOR | MIDFIELDER | KAYSVILLE, UTAH | DAVIS HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	2	2	8	4

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
All-WCC Freshman Team...Ranked No. 23 in TDS Freshman Postseason Top 100 Players...2022 All-WCC Second Team...2022 NCAA Third Team All-Region...Career-high nine goals in her junior season

Personal
Parents are Eric and Amanda Wade...has four siblings...dad played college ball at Ricks...mom played ball at Colorado Northwestern...her husband Tayler played football at USC...served a mission for The Church of Jesus Christ of Latter-day Saints in Houston, Texas (Spanish)

Year	GP-GS	Min	G	A	SH	SOG
2018	19-19	1665	1	0	22	9
2020-21	14-14	837	1	2	12	4
2021	21-17	1264	1	5	26	6
2022	21-21	1763	9	5	65	25
2023						
TOTAL	75-71	5529	12	12	125	44



11
ELLIE BOREN

SENIOR | MIDFIELDER | NORTH OGDEN, UTAH | WEBER HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	1	1	5	3

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Scored her first collegiate goal against Long Beach State her freshman year...started in all but three games last season...received 2022 CSC Academic All-District honors

Personal
Parents are Eric and Lori Maughan...has three siblings...married BYU football player, Jake Boren, in the summer of 2023...loves playing pickleball and fishing

Year	GP-GS	Min	G	A	SH	SOG
2019	22-0	572	2	0	17	9
2021	22-0	573	4	2	21	9
2022	21-18	955	2	4	29	10
2023						
TOTAL	65-18	2100	8	6	67	28



12
JAMIE SHEPHERD

SENIOR | MIDFIELDER | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	2	2	5	4

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Has played and started in every game since coming to BYU...WCC All-Freshman Team... First career goal against Gonzaga in 2019...2019 All-WCC Honorable Mention...2020-21 All-WCC Second Team...Two-time All-WCC First Team...2021 NCAA All-West Region First Team...2022 MAC Hermann Trophy Watch List...2022 Second Team All-American...2022 WCC Midfielder of the Year...2022 CSC Academic All-District honors

Personal
Parents are Jared and Julie Shepherd...has four siblings...younger sister Josie also plays on the BYU soccer team...older sister Jenna plays soccer at UVU

Year	GP-GS	Min	G	A	SH	SOG
2019	22-22	1776	2	4	25	8
2020-21	16-16	1379	3	4	17	6
2021	24-24	2091	1	3	36	9
2022	21-21	1792	7	5	45	14
2023						
TOTAL	83-83	7038	13	16	123	37



13
BRECKEN MOZINGO

SENIOR | MIDFIELDER | SANDY, UTAH | UCLA

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	2	2	10	5

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
2020-21 Academic All-WCC Honorable Mention...2021 All-WCC Second Team honors... recorded a team-high 12 goals, 10 assists and 109 shots in 2022...2022 Second Team All-American...2022 All-WCC First Team...2022 NCAA First Team All-Region...went on a five-game scoring streak in 2022...With 10 assists in a single season, she is tied for fourth-highest in BYU history...Ranked No. 2 in most shots in a single season at BYU

Personal
Parents are Trev and Carly Mozingo...has three younger brothers...loves makeup, clothing and all things fashion...played the violin for 6-8 years growing up

Year	GP-GS	Min	G	A	SH	SOG
2019*	6-0	82	0	0	0	0
2020-21	16-3	531	3	4	24	12
2021	24-24	1481	7	9	72	28
2022	21-21	1638	12	10	109	44
2023						
TOTAL	67-48	3732	22	23	205	84



Go Cougs!





14
ELLIE FORD

FRESHMAN | FORWARD/MIDFIELDER | PROVO, UTAH | TIMPVIEW HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Beginning her first season with the Cougars

Before BYU
4x UYSA State Champion...2x USYS Farwest Region Champion...2x USYS National Finalist...2x high school varsity captain...3x All-Region...3x All-Valley...2x All-State...Junior and Senior Year Region MVP

Personal
Parents are Shawn and Katie Ford...has three brothers...one brother plays basketball at Snow college...has played the violin for 12 years...loves baking and cooking

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2023						
TOTAL						



15
ELLIE WALBRUCH

SOPHOMORE | FORWARD | HIGHLAND, UTAH | UCLA

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	1	0	2	2

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Beginning her first season with the Cougars

Before BYU
Played in 13 games and totaled one goal, nine shots and 256 minutes played at UCLA for the 2022 season*...Walbruch was a part of the 2022 National Championship team with the Bruins

Personal
Parents are Emily and Matt Walbruch...has three siblings...her brother Kyle currently plays soccer for Utah Tech University...she has traveled to 15 countries

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022*	13-0	256	1	0	9	3
2023						
TOTAL	13-0	256	1	0	9	3



16
KENDELL PETERSEN

SENIOR | DEFENDER | SOUTH WEBER, UTAH | NORTHRIDGE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	1	1	4	2

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Scored her first career goal as a freshman against Idaho State (9/1/18)...played and started in 23 games in 2021...played in all 21 games in 2022, starting in 18...2022 CSC Academic All-District Honors

Personal
Parents are Matt and Nikki Petersen...has one brother named Cache...loves fly fishing, hunting and snowboarding...grew up on a farm and has lots of animals, her favorite being fainting goats...in the MBA program at BYU...in her third year as President of BYU's Student Athlete Advisory Committee

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2018	2-0	37	1	0	2	1
2019	16-0	274	1	2	7	3
2020-21	15-5	729	0	0	8	3
2021	23-23	1648	0	4	26	3
2022	21-18	1190	0	3	19	9
2023						
TOTAL	77-46	3878	2	9	62	19



18
JOSIE SHEPHERD

FRESHMAN | MIDFIELDER | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Redshirt in 2021

Before BYU
2020 First Team All State, All Region...2020 6A State Finalist...2019 Utah 6A High School State Champions...2018 Utah State Cup Champions...2018 Olympic Development Program Team...2017 Second Team All State...2017 Utah 6A High School State Champions...2017 Olympic Development Program Team...Academic All-State

Personal
Parents are Jared and Julie Shepherd...has four siblings...sister Jamie also plays on the BYU soccer team...other sister Jenna plays soccer for UVU...served a mission for The Church of Jesus Christ of Latter-day Saints to the New Hampshire, Manchester Mission

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2023						
TOTAL						



19
HALLE DIXON

FRESHMAN | FORWARD/MIDFIELDER | CARLSBAD, CALIF. | CARLSBAD HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Beginning her first season with the Cougars

Before BYU
2022 ECNL Southwest Region All-Conference Second Team...2016-21 Youth National Team ID Center Invitee...3x U.S. Youth National Team Camp call-ups...San Diego Surf U17 ECNL Southwest Conference Champions...Top Drawer Soccer Four-Star Player Rating...U17 ECNL New Jersey Best XI...San Diego Surf ECNL Team Captain...PDP Invite... Played internationally for 2 years

Personal
Parents are Cydney and Damon Dixon...has one sister, Savannah...loves the ocean, boating, and all things water sports...she designs jewelry, loves fashion and photography...she has lived in San Diego, Italy, Washington DC and New Orleans...her dad played football at the Naval Academy

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2023						
TOTAL						



20
CAMRYN JORGENSEN

FRESHMAN | FORWARD | HIGHLAND, UTAH | LONE PEAK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Redshirt for the 2022 season

Before BYU
4-time UYSA State Champion...2-time USYS Region Champion...USYS National Finalist...Best 11 award at the USYS National Championships...Academic All-Region (2019, 2020 and 2021)...2019 All-State Honorable Mention...2020 All-State Second Team...2020 All-Region First Team...2019 Lone Peak Offensive MVP...2020 Lone Peak Overall MVP

Personal
Parents are Ken and Tracy Jorgensen...has four brothers and one sister

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2023						
TOTAL						



21
TARA WARNER

JUNIOR | MIDFIELDER | SPRINGVILLE, UTAH | SPRINGVILLE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	1	1	5	2

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Scored first career goal against UVU (9/10/22)

Before BYU
5x Utah State Cup Champion...2x DPL Champion...2019 UYSA National Champion...2019 UYSA Nationals Best of 11 Team...2017, 2019 UYSA Far West Region Champion...2017 UYSA National Semifinalist...5A 4x1 State Champion...3x 5A 2nd leading scorer ...2x 5A Region Champion...3x Academic All-State

Personal
Parents are Nate and Jenni Warner...has five siblings...her two older sisters played soccer at Utah State...she is amazing at head stands

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2021	13-0	229	0	2	1	0
2022	18-1	537	1	1	17	6
2023						
TOTAL	31-1	766	1	3	18	6



22
BELLA FOLINO

SENIOR | FORWARD | ALISO VIEJO, CALIF. | ALISO NIGEL HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	2	1	9	5

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Scored six goals as a freshman...2018 All-WCC Freshman Team...medical redshirt in 2019...2020-21 All-WCC Academic First Team...2021 All-WCC Second Team...2022 CSC Academic All-District honors...has held a 4.0 GPA throughout her entire BYU playing career

Personal
Parents are Scot and Lani Folino...has three siblings...loves pickleball, hiking, traveling and anything outside...loves candy, but hates chocolate

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2018	19-18	1043	6	3	29	12
2019*	1-1	17	0	0	0	0
2020-21	16-13	949	8	2	31	17
2021	24-14	1184	9	1	42	20
2022	21-21	1479	5	1	60	17
2023						
TOTAL	81-67	4672	28	7	162	66





23
ALLIE FRYER

SOPHOMORE | FORWARD | SPANISH FORK, UTAH | MAPLE MOUNTAIN HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	2	1	4	4

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Played in every game as a true freshman...nine goals is tied for fifth-highest goals by a freshman in a single season in BYU history...Had game-winning goals against Pepperdine (8/19/22) and Gonzaga (8/22/22)...2022 WCC All-Freshman Team

Before BYU
2020 First Team All-State...2019 First Team All-State...2018 Second-Team All-State...Two-time High School Region Champ...102 career goals at Maple Mountain HS...Club State Cup Champion 2021

Personal

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	21-2	895	9	1	39	19
2023						
TOTAL	21-2	895	9	1	39	19



24
IZZI STRATTON

SOPHOMORE | DEFENDER | ALPINE, UTAH | AMERICAN HERITAGE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	0	1	2	1

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Played in all 21 games, started in 20 as a true freshman...2022 All-WCC Freshman Team...Top Drawer Soccer Bext IX All-Freshman Team...ranked No. 6 nationally in TDS's Top 100 Freshmen players

Before BYU
2021 Top Drawer Soccer #9 Ranked Defender and #48 Ranked Overall...2018-2021 Top Drawer Soccer Top 75 and four star recruit ...2020 ODP National Training Camp...Three sport varsity athlete: soccer, volleyball and basketball...2021 Utah Basketball ranked 1st in rebounding (13.9/game) and 8th in points (19.6/game)

Personal
Parents are Ryan and Kadee Stratton...has five siblings...loves hiking and paddle boarding

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	21-20	1739	0	1	13	2
2023						
TOTAL	21-20	1739	0	1	13	2



25
ELLA RUSTAND

FRESHMAN | DEFENDER | TUCSON, ARIZONA | SABINO HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Beginning her first season with the Cougars

Before BYU
2022 GA National ID (Top 35 players)...2020-22 Team Captain...2021 National Quarter-finalist ...2021 Girls Academy Talent ID...2019 YNT ID Center Attendee...2019 AZ ODP Regional Champion...2019 AZ ODP Regional Camp Invitee...2017 YNT ID Center Attendee...2017 & 2019 State Cup Finalist

Personal
Parents are Beth and Garrett Rustand...has three siblings...loves to travel, wakeboard and wakesurf

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2023						
TOTAL						



26
LAVENI VAKA

SENIOR | DEFENDER | SANDY, UTAH | JUAN DIEGO HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	0	1	2	1

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
2021 NCAA All-West Region First Team...2022 Preseason All-WCC First Team...2022 MAC Hermann Trophy Watch List...2022 WCC Defender of the Year...2022 All-WCC First Team...2022 NCAA First Team All-Region

Personal
Mother is Moana Kioa...has seven siblings; six sisters, one brother...her twin sister Daviana played soccer with her at BYU from 2019-22 before transferring to Florida in 2023... she can play the piano, flute and organ...played on the Tongan National Women's Soccer Team in 2022

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2019	10-0	232	0	0	0	0
2020-21	16-3	726	0	0	0	0
2021	24-24	2015	0	2	7	2
2022	21-21	1834	0	1	5	2
2023						
TOTAL	71-48	4807	0	3	12	4



Go Cougs!





28

ADDIE GARDNER

SOPHOMORE | FORWARD | HIGHLAND, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	1	1	2	3

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Scored her first career goal as a freshman in 2021 against Marquette (9/2/21) at home on South Field...played in 18 games as a true freshman

Before BYU
2020 6A State Finalist...2020 Academic All State...2020 All American watch list...2019 High School: 6A state champs, first-team All-Region, first team All-State...2019 Club: Finalists State Cup U18 United Soccer Association...2022 Daily Herald All Valley Team

Personal
Parents are Janeen and Jeff Gardner...has three siblings

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	18-0	302	2	1	9	3
2023						
TOTAL	18-0	302	2	1	9	3



29

CAROLINE STRINGFELLOW

SOPHOMORE | MIDFIELDER/FORWARD | SYRACUSE, UTAH | SYRACUSE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Scored her first career goal as a freshman against Marquette (9/2/21) at home on South Field

Before BYU
2019 Utah Gatorade Player Of The Year...2018 Deseret News Ms. Soccer...2017 Salt Lake Tribune Player Of The Year...Two-time Standard Examiner All Area Player Of The Year...2017-19 first-team All-State (Deseret News, Salt Lake Tribune, Standard Examiner)...UHSAA all-time Utah Career Assist Leader (86)...UHSAA Top 10 all-time goal scorer (88)...Top scorer 6A all-time

Personal
Parents are Justin and April Stringfellow...has nine siblings...served a Portuguese-speaking mission for The Church of Jesus Christ of Latter-day Saints in the Brazil, Sao Paulo Mission

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2022	18-0	302	2	1	9	3
2023						
TOTAL	18-0	302	2	1	9	3



30

JACEY WOOD

FRESHMAN | MIDFIELDER/FORWARD | LAS VEGAS, NEVADA | DESERT OASIS HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....				

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Redshirted her freshman season in 2021

Before BYU
Desert Region Player of the Year...Desert Region Golden Boot Award...Student Athlete Academic Award...WPSL Nevada Top Goal Scorer...Nevada record for most goals in one game...Diamondback Most Valuable Player...Desert Oasis HS Soccer records (most goals in a season, assists in a season, goals in a game)...Also competed in track and cross country

Personal
Served a Spanish-speaking mission for The Church of Jesus Christ of Latter-day Saints in the Texas, Lubbock Mission

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2023						
TOTAL						



32

KELSEY HOOPES

FRESHMAN | GOALKEEPER | LIVERMORE, CALIF. | LIVERMORE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	Season	Career
Goals Allowed.....		
Saves.....		

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
Redshirted her freshman season in 2021

Before BYU
2015-17 US Soccer National Training Center Attendee...2016-17 California ODP State Team...2015-20 PDP Regional/PDP State Pool Attendee...2018 NCS State Championship runner up...2017-20 NCS Scholar Athlete...2019 EBAL All League Honorable Mention...Livermore HS Team Captain

Personal
Parents are Mike and Carolyn Hoopes...has two siblings; a twin brother and a younger brother...twin brother Ryan also plays collegiate soccer at Los Positas in California...served a Spanish-speaking mission for The Church of Jesus Christ of Latter-day Saints in the Texas, McAllen Mission

CAREER STATS

Year	GP-GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
2020										
TOTAL										



Go Cougs!





33

RACHEL MCCARTHY

SENIOR | FORWARD | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season.....				
Career.....	3	2	7	6

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis										
8/19	Fullerton										
8/24	Long Beach St.										
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
Recorded her first career goal against UC Irvine as a freshman in 2019...2020-21 third in the WCC for goals...2020-21 all-WCC First Team...2020-21 WCC All-Academic First Team...played and started in all but one game in the 2022 season

Personal
Parents are Timothy and Regina McCarthy...has four siblings

CAREER STATS

Year	GP-GS	Min	G	A	SH	SOG
2019	20-0	458	1	2	7	4
2020-21	15-2	852	9	7	26	18
2021	24-3	1043	4	5	37	18
2022	20-20	1139	2	2	47	23
2023						
TOTAL	71-48	4807	0	3	12	4



66

SAVANNA MASON

JUNIOR | GOALKEEPER | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	Season	Career
Goals Allowed.....	3 (5x) last vs UNC 11/19/22	
Saves.....	7 vs Stanford 11/17/22	

2023 MATCH-BY-MATCH

Date	Opponent	MIN	G	A	SH	SOG
8/17	St. Louis					
8/19	Fullerton					
8/24	Long Beach St.					
8/26	Boise St.					
8/31	UCLA					
9/2	UVU					
9/9	Utah					
9/14	TCU					
9/16	Utah State					
9/21	Baylor					
9/25	Texas					
9/28	Cincinnati					
10/2	Iowa St.					
10/5	Texas Tech					
10/9	Kansas St.					
10/12	Oklahoma St.					
10/16	Oklahoma					
10/23	UCF					
10/28	Big 12 Tournament					

At BYU
First collegiate game was against LMU in 2020-21...played and started in all 21 games during the 2022 season

Personal
Parents are Mike and Stephanie Empey...has three siblings...sister Haven also plays goalkeeper for BYU...brother James plays in the NFL for the Tennessee Titans

CAREER STATS

Year	GP-GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
2020-21	2-0	49	1	1.81	0	0	0	0	0	0/1
2021	9-0	235	4	1.54	9	.692	1	0	0	0/6
2022	21-21	1747	23	1.19	57	.713	11	3	6	6/2
2023										
TOTAL										

COUGS IN THE PROS



MIKAYLA CLUFF

At BYU:

- Played 93 games for BYU, tallying 53 goals, 39 assists and 417 shots
- Her 53 goals are the second highest in BYU soccer history
- MAC Hermann Trophy Finalist
- Top Drawer Soccer Player of the Year in 2021
- Four-time All-American

After BYU:

- Drafted to the Orlando Pride in the 2021 NWSL draft, 14th overall pick
- Current stats for the Orlando Pride: 33 games played, 20 shots and three goals



ASHLEY HATCH

- Drafted second overall by the North Carolina Courage in 2017
- Named the 2017 NWSL Rookie of the Year after recording seven goals and one assist
- Traded to the Washington Spirit in 2018, where she currently plays
- Earned the 2021 NWSL Golden Boot
- Made her first USWNT appearance in 2016, in a friendly match against Switzerland
- 2022 CONCACAF Women's Championship
- SheBelives Cup: 2022, 2023
- Current NWSL stats: 128 games played, 280 shots, 47 goals and six assists



CAMERON TUCKER

At BYU:

- Played 98 games for BYU, notching 43 goals, 29 assists and 240 shots
- 2021 NSCAA All-American
- 2021 MAC Hermann Trophy watch list

After BYU:

- Drafted by Gotham FC in 2021, appeared in 13 matches
- Picked up by the Houston Dash in 2023
- Current NWSL stats: 22 games played, four shots



MICHELE VASCONCELOS

- Drafted 11th overall by the Chicago Red Stars in 2017, appeared in 20 games during the 2018 season
- Moved to the Utah Royals in 2020. Ownership was transferred to a group in Kansas City, so Vasconcelos played on the expansion team in 2021
- 2021: Kansas City loaned Vasconcelos to Sevilla FC of the Spanish Primera Division Femenina for one season
- 2022: Signed with the Portland Thorns as a national team replacement player
- 2023: Re-signed with Thorns FC to a one-year contract
- Current NWSL stats: 46 games played, 34 shots, five goals and one assist

MISSIONARY TRADITION

GO FORTH TO SERVE

Brigham Young University is owned and operated by The Church of Jesus Christ of Latter-day Saints and the missionary program is one of its most recognized characteristics. Latter-day Saint missionaries can be seen on the streets of hundreds of major cities in the world as well as in thousands of smaller communities.

The missionary effort is based on the New Testament pattern of missionaries serving in pairs, teaching the gospel and baptizing believers in the name of Jesus Christ (see, for example, the work of Peter and John in the book of Acts).

More than 54,000 full-time missionaries are serving missions for The Church of Jesus Christ of Latter-day Saints. Most missionaries are young people under the age of 25, serving in 407 missions throughout the world. Single men serve missions for two years and single women serve missions for 18 months.

Missionary work is voluntary. Missionaries fund their own missions — except for their transportation to and from their field of labor — and are not paid for their services. Missionaries avoid entertainment, parties or other activities common to this age-group as long as they are on their missions, so they can focus entirely on the work of serving and of teaching others the gospel of Jesus Christ.

The Church of Jesus Christ of Latter-day Saints was officially organized on April 6, 1830 with six members. Today, congregations of the Church total over 16 million members, and it is one of the fastest growing religions in the world and one of the largest Christian churches in the United States.

The Church of Jesus Christ of Latter-day Saints is Christian, but is neither Catholic nor Protestant. Rather, it is a restoration of the original church established by Jesus Christ. For more information on the beliefs of the Church of Jesus Christ of Latter-day Saints, visit www.ChurchofJesusChrist.org.

The BYU women's soccer team is unique in that it currently has 10 players on the team who have served full-time missions, with two others currently serving. The women's soccer team has the most active and returned missionaries among all the women's athletic programs at BYU.



MISSIONARY TRADITION

RETURNED MISSIONARIES

- Lynette Hernaez:** Salt Lake City South, Utah (English)
- Savanna Mason:** New Zealand, Hamilton Mission (English)
- Olivia Katoa:** Texas, Houston Mission (Spanish)
- Lytiana Akinaka:** Colorado, Denver North Mission (English, Spanish)
- Josie Shepherd:** New Hampshire, Manchester Mission (English)
- Caroline Stringfellow:** Brazil, São Paulo South Mission (Portuguese)
- Kelsey Hoopes:** Texas, McAllen Mission (Spanish)
- Jacey Wood:** Texas, Lubbock Mission (Spanish)
- Addie Gardner:** Cape Verde, Praia Mission (Portuguese)
- Haven Empey:** Washington, Seattle Mission (English)



CURRENTLY SERVING

- Abbie Kotter:** Portugal, Lisbon Mission (Portuguese)
- Paola Garcia:** Ecuador, Guayaquil West Mission (Spanish)



CONFERENCE SUCCESS

BYU women's soccer has a history of remarkable conference success, dating back to 1996 when it won its first conference title in the Western Athletic Conference. Since joining the Mountain West Conference in 1999, BYU has earned 15 regular-season championship trophies, including nine in the West Coast Conference. The longest regular-season conference champion title streak for BYU is five years in a row, running from 2012-2016. While the WCC does not have a conference tournament, BYU earned the title of conference tournament champion seven times in the MWC and once in the WAC. The Cougars will now prepare to enter their first season in a new conference, beginning Big 12 competition in September.

YEAR-BY-YEAR REGULAR-SEASON CONFERENCE CHAMPIONS

WESTERN ATHLETIC CONFERENCE

1995 - No regular-season WAC schedule was played, only a postseason tournament.
 1996 - BYU (Pacific), SMU (Mountain)
 1997 - BYU (Pacific), SMU (Mountain)
 1998 - SDSU (Pacific), SMU & UTEP (Mountain)

MOUNTAIN WEST CONFERENCE

1999 - BYU
 2000 - BYU
 2001 - BYU
 2002 - BYU
 2003 - Utah
 2004 - UNLV
 2005 - Utah
 2006 - Utah
 2007 - UNLV
 2008 - BYU
 2009 - BYU
 2010 - New Mexico

WEST COAST CONFERENCE

2011 - Pepperdine and San Diego
 2012 - BYU
 2013 - BYU, Portland and Santa Clara
 2014 - BYU
 2015 - BYU
 2016 - BYU
 2017 - Pepperdine
 2018 - BYU
 2019 - BYU
 2020-21 - BYU and Santa Clara
 2021 - BYU and Santa Clara
 2022 - Santa Clara

YEAR-BY-YEAR CONFERENCE TOURNAMENT CHAMPIONS

WESTERN ATHLETIC CONFERENCE

1995 - San Diego State
 1996 - BYU
 1997 - SMU
 1998 - San Diego State

MOUNTAIN WEST CONFERENCE

1999 - BYU
 2000 - BYU
 2001 - BYU
 2002 - BYU
 2003 - Utah
 2004 - Utah
 2005 - UNLV
 2006 - UNLV
 2007 - BYU
 2008 - BYU
 2009 - San Diego State
 2010 - BYU

WEST COAST CONFERENCE

The WCC does not have a conference tournament.



SOUTH FIELD



Considered one of the toughest places for opponents to play in collegiate soccer, South Field was the top home venue in college women's soccer in terms of attendance per game in 2019 (2,945), 2021 (2,513) and 2022 (3,186). BYU broke program records for single game attendance in 2017 when it hosted No. 1 UCLA (5,735). Since 1995, the Cougars have gone 237-29-13 on South Field.

Located just south of the Smith Fieldhouse, South Field boasts one of the best-maintained grass playing surfaces in the NCAA. In fact, the U.S. Men's National Soccer Team chose South Field as its practice field in preparation for the 2005 World Cup qualifier against Costa Rica. South Field is also equipped with state-of-the-art field lights, making night games a favorite among fans. In addition, the Wasatch Mountains serve as a scenic backdrop for the dedicated fans.

This popular facility underwent renovations in March 2008 and Spring 2017. The South Field now features a permanent grandstand of 20 rows that accommodates 4,200 spectators in chair and bench-back seating. The grandstand is 26 feet high, 216 feet across and 65 feet deep. In 2017, the field was replaced and a concrete pad was installed under the press tent.

SOUTH FIELD STATS

- Record: 237-29-13**
- Shutouts: 162**
- First Game:** BYU vs. Utah, Sept. 8, 1995
- First Win:** 3-1, BYU vs. Utah, Sept. 8, 1995
- First Shutout:** 1-0, BYU vs. Colorado, Sept. 30, 1995
- First BYU Goal:** Shauna Rohbock, vs. Utah, 29' Sept. 8, 1995
- First BYU Assist:** Ashley Monahan, vs. Utah, 29' Sept. 8, 1995
- First Hat Trick:** Shauna Rohbock, vs. Utah, Sept. 8, 1995
- First WAC Game:** BYU vs. Utah, Sept. 8, 1995
- First WAC Win:** 3-1, BYU vs. Utah, Sept. 8, 1995
- First MWC Game:** BYU vs. New Mexico, Oct. 8, 1999
- First MWC Win:** 4-0, BYU vs. New Mexico, Oct. 8, 1999
- First WCC Game:** BYU vs. Portland Oct. 6, 2011
- First WCC Win:** 2-1, BYU vs. Portland, Oct. 6, 2011

SOUTH FIELD RECORDS

Individual Goals in a Game

Rk	Name, Opponent, Date	Goals
1	Shauna Rohbock, Pepperdine, 9/14/96	4
1	Shauna Rohbock, Colorado, 9/11/98	4
1	Jeni Willardson Viernes, UNM, 11/9/02	4
1	Bobbi Tillotson, Air Force, 10/13/05	4
1	Cameron Tucker, St. Mary's, 10/6/21	4
6	Shauna Rohbock, Utah, 9/8/95	3
6	Shauna Rohbock, SDSU, 11/9/96	3
6	Karen Robbins-Wunderli, UTEP, 9/26/97	3
6	Shauna Rohbock, UCSB, 10/24/97	3
6	M. Hendershot McCrary, UNM, 9/18/98	3
6	Shauna Rohbock, Hawaii, 10/9/98	3
6	Shauna Rohbock, UNLV, 10/22/98	3
6	Sara Reading, UNM, 10/8/99	3
6	M. Jensen Peterson, Creighton, 9/7/00	3
6	J. Aquino Greenfield, Weber St, 9/2/05	3
6	Ashley Hatch, Portland, 10/9/14	3
6	Ashley Hatch, USF, 10/3/16	3
6	Mikayla Colohan, Idaho, 9/16/21	3

Individual Assists in a Game

Rk	Name, Opponent, Date	Assists
1	Aleisha Cramer Rose, SUU, 9/8/03	4
2	Shauna Rohbock, Weber St., 9/13/96	3
2	Athelia Graham, Stanford, 11/11/98	3
2	Natalyn Orchard Lewis, UNLV, 10/14/00	3
2	S. Chambers Gardner, St. Mary's, 11/7/15	3
2	Mikayla Colohan, Pacific, 10/16/21	3
2	Olivia Smith, Ohio St., 8/19/21	3

Individual Shots in a Game

Rk	Name, Opponent, Date	Shots
1	Ashley Hatch, Utah State, 9/10/15	14
2	Mikayla Colohan, Utah St., 9/18/21	12
2	Mikayla Colohan, San Diego, 10/9/21	12
4	Mikayla Colohan, Portland, 9/29/18	11
5	Sara Reading, USC, 9/28/00	10
5	Ashley Hatch, UNLV, 9/12/15	10
5	Mikayla Colohan, LMU, 10/23/21	10
5	Brecken Mozingo, SF, 10/5/22	10
9	Sara Reading, New Mexico, 10/9/99	9
9	Katie Larkin, E. Washington, 9/24/05	9
9	Mikayla Colohan, San Diego, 10/26/19	9

Saves in a Game

Rk	Name, Team, Date	Saves
1	Ruth Montgomery, Saint Mary's, 9/27/02	19
2	Michelle Craft, San Diego, 10/9/15	17
3	Amanda Patterson, Hawaii, 10/26/96	16
3	Kristen Dulacki, Oregon State, 9/19/97	16
5	Ashely Shephard, Wyoming, 10/19/06	14
6	Katherine Judkins, SDSU, 10/24/96	13
6	Stephanie Jardine, Air Force, 11/6/96	13
6	Katherine Judkins, SDSU, 11/9/96	13
9	Railene Thorson, Montana, 9/9/95	12
9	Jennifer Johnston, Fresno St, 10/16/97	12
9	Tiera Como, E. Washington, 9/24/05	12

Team Shots in a Game

Rk	Opponent, Date	Shots
1	San Diego, 10/9/15	49
2	UNLV, 10/14/00	42
3	New Mexico, 10/8/99	40
3	USC, 9/26/00	40

5	Arizona, 9/13/99	39
5	Wyoming, 10/27/01	39
5	UNLV, 9/12/2015	39
8	Idaho State, 9/19/98	38
9	Air Force, 10/23/99	37
10	San Diego, 9/15/00	36
10	CSUN, 9/3/22	36

Team Assists in a Game

Rk	Opponent, Date	Assists
1	Idaho State, 9/1/18	11
2	Utah State, 9/5/05	9
3	Cal Poly, 9/11/99	8
3	Creighton, 9/7/00	8
3	Arizona State, 9/30/00	8
6	UNLV, 10/14/00	7
6	Air Force, 10/13/05	7
6	Denver, 9/22/16	7
6	Pacific, 10/12/19	7
6	St. Mary's, 10/18/19	7

Corner Kicks in a Game

Rk	Opponent, Date	CKs
1	San Diego, 10/9/15	19
2	Weber State, 8/27/10	16
3	New Mexico, 9/8/03	15
4	Southern Utah, 9/8/03	14
5	Cal State Fullerton, 8/23/13	13
5	UNLV, 9/12/15	13
5	Boise State, 11/15/19	13

South Field Game Records

First Game	BYU vs. Utah	Sept. 8, 1995
First BYU Victory	BYU vs. Utah	3-1, Sept. 8, 1995
First BYU Loss	BYU vs. Montana	2-1, Sept. 9, 1995
First BYU Shutout	BYU vs. Colorado	1-0, Sept. 30, 1995
First Opponent Shutout	BYU vs. San Diego State	1-0, Oct. 24, 1998
First BYU Goal	Shauna Rohbock, vs. Utah, 29'	Sept. 8, 1995
First BYU Assist	Ashley Monahan, vs. Utah, 29'	Sept. 8, 1995
First Hat Trick	Shauna Rohbock, vs. Utah	Sept. 8, 1995
First WAC Game	BYU vs. Utah	Sept. 8, 1995
First MWC Game	BYU vs. New Mexico	Oct. 8, 1999
First WCC Game	BYU vs. Portland	Oct. 6, 2011
First WAC Win	BYU vs. Utah	3-1, Sept. 8, 1995
First WAC Loss	BYU vs. San Diego State	1-0, Oct. 24, 1998
First MWC Win	BYU vs. New Mexico	4-0, Oct. 8, 1999
First MWC Loss	BYU vs. New Mexico	1-0, Oct. 19, 2001
First WCC Win	BYU vs. Portland	2-1, Oct. 6, 2011
First WCC Loss	BYU vs. Pepperdine	1-0, Oct. 8, 2011

Quickest Goal Scored

0:43	Shauna Rohbock vs. Air Force	Nov. 6, 1996
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Longest Win Streak

32 games	Sept. 30, 1995 – Sept. 25, 1998
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Largest Margin of Victory

Wyoming, Sept. 13, 1996	W 12-0
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Longest Unbeaten Streak

21 games	Sept. 9, 1999 – Nov. 18, 2000
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Most Consecutive Shutouts

10 games	Oct. 25, 2014 - Oct. 31, 2015
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100th Shutout

vs. Nebraska	Aug. 31, 2013
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Most Goals Allowed in a Game

vs. Montana, Sept. 26, 1998	L 4-1
vs. LSU, Sept. 11, 2014	L 4-3
vs. UVU, Sept. 10, 2022	L 4-2

Total Shutouts

at South Field	163
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South Field Game Attendance Records

Rk	Opponent, Date	Attendance
1	No. 1 UCLA, Sept. 1, 2017	5,735
2	Utah, Sept. 4, 2015	5,620
3	Colorado, Aug. 28, 2015	5,589
4	Utah, Sept. 6, 2013	5,402
5	No. 21 Utah, Sept. 8, 2017	5,367
6	No. 25 USC, Aug. 26, 2021	5,347
7	Utah, Sept. 17, 2022	4,968

South Field Yearly Attendance Records

Rk	Season	Attendance
1	*2012	48,858
2	*2015	38,466
3	*2022	35,041
4	2013	33,532
5	*2017	33,067
6	2021	32,670
7	*2011	31,697
8	2016	29,574
8	2019	29,574

*NCAA Leader

South Field Yearly Per Game Attendance

Rk	Season	Attendance
1	*2015	3,497
2	2012	3,257
3	*2022	3,186
3	*2017	3,006
4	*2016	2,957
4	*2019	2,957
5	2011	2,882
6	2013	2,794

*NCAA Leader

YEAR-BY-YEAR HOME ATTENDANCE RANKINGS

Season	Total Games	W	L	T	Total Attendance	Avg Attendance	National Ranking
1995	8	6	2	0	3,411	569	14
1996	12	12	0	0	9,856	821	6
1997	9	9	0	0	8,283	920	—
1998	14	11	3	0	11,935	853	—
1999	12	12	0	0	7,042	587	—
2000	10	8	1	1	10,270	1,027	10
2001	8	6	2	0	8,697	1,087	12
2002	12	9	3	0	12,652	1,054	14
2003	13	9	3	1	20,737	1,595	3
2004	11	4	5	2	11,504	1,045	8
2005	12	8	2	2	24,830	2,069	3
2006	10	8	1	1	20,696	2,070	3
2007	13	11	1	1	21,242	1,634	5
2008	10	9	0	1	18,091	1,809	—
2009	11	9	2	0	21,925	1,993	—
2010	9	7	0	2	21,929	2,437	—
2011	11	7	3	1	31,697	2,882	1
2012	15	12	1	2	48,858	3,257	1
2013	12	5	2	1	33,532	2,794	3
2014	10	7	2	1	26,237	2,624	3
2015	11	11	0	0	38,466	3,497	1
2016	10	8	1	1	29,574	2,957	3
2017	11	4	3	4	33,067	3,006	2
2018	8	6	2	0	16,668	2,084	7
2019	12	12	0	0	35,339	2,945	1
2020-21*	5	4	1	0	2,195	439	16
2021	13	12	1	0	32,670	2,513	1
2022	11	5	1	3	35,041	3,186	1

*COVID, 2020-21 season



ALL-TIME SERIES RECORD

Opponent	G	W	L	T	First-Last	Last	Opponent	G	W	L	T	First-Last	Last
Air Force	16	14	1	1	1996-2010	W	Northwestern	6	6	0	0	1999-2010	W
Alabama	3	2	1	0	2019-2022	L	Notre Dame	1	1	0	0	2002	W
Arizona	13	11	2	0	1996-2017	L	Ohio St.	4	3	0	1	2016-2022	W
Arizona St.	4	3	1	0	1999-2005	W	Oklahoma	3	2	1	0	2011-2016	W
Arkansas	3	1	1	1	2019-2022	T	Oklahoma St.	2	1	1	0	2009-2011	L
Auburn	2	1	1	0	2012-2021	L	Oregon	5	4	0	1	1996-2014	W
Baylor	2	1	1	0	2013-2014	L	Oregon St.	3	3	0	0	1997-2017	W
Boise St.	1	1	0	0	2019	W	Pacific	11	9	1	1	1997-2022	T
Boston	2	2	0	0	1999-2001	W	Pacific (Oregon)	3	3	0	0	1999-2007	W
Butler	1	1	0	0	1998	W	Penn State	3	2	1	0	2012-2017	L
California	5	4	1	0	1998-2015	W	Pepperdine	14	8	6	0	1995-2022	W
Cal Poly	6	4	0	2	1997-2015	T	Portland	17	13	4	0	2000-2022	W
Cal Fullerton	10	8	0	2	1996-2022	W	Portland St.	3	2	1	0	1995-1998	W
CSUN	4	4	0	0	1995-2022	W	Rice	2	1	0	1	2010-2011	T
Colgate	2	2	0	0	2003-2005	W	Saint Mary's	12	9	0	3	2002-2022	T
Colorado	9	4	3	2	1998-2022	T	San Diego	15	12	3	0	1995-2022	W
Colorado College	3	2	1	0	1995-2014	W	San Diego St.	24	11	9	4	1995-2010	W
Connecticut	2	1	1	0	2003-2009	W	San Francisco	13	11	2	0	2006-2022	W
Creighton	3	0	0	0	1995-2000	W	San Jose St.	6	5	1	0	1996-1998	W
Denver	4	3	1	0	2005-2016	W	Santa Clara	18	3	9	6	1997-2022	T
Eastern Wash.	2	1	0	1	2004-2005	T	South Alabama	1	1	0	0	1995	W
Florida	2	1	1	0	2000-2003	L	South Carolina	2	1	1	0	2016-2021	W
Florida St.	1	0	1	0	2021	L	S. Methodist	3	2	1	0	1997-2016	W
Fresno St.	5	4	1	0	1995-2006	L	Southern Utah	3	3	0	0	2003-2019	W
George Mason	1	1	0	0	2005	W	Stanford	9	3	5	1	1998-2022	T
Georgia	2	2	0	0	2006-2008	W	Tennessee	4	3	1	0	2001-2016	W
Gonzaga	15	15	0	0	1995-2022	W	Texas	5	2	3	0	2004-2012	W
Harvard	1	0	1	0	1999	L	Texas A&M	2	1	1	0	2018-2019	W
Hawai'i	7	4	0	3	1996-2009	T	TCU	10	9	1	0	1996-2018	L
Idaho	1	1	0	0	2011	W	Tulsa	2	2	0	0	1997-1998	W
Idaho St.	11	9	2	0	1998-2021	W	UC Irvine	5	4	1	0	1996-2019	W
Iowa	1	0	1	0	2003	L	UCLA	6	2	3	1	1997-2020	L
Kansas	5	4	1	0	2001-2019	W	UCSB	2	2	0	0	1997-2009	W
Kansas St.	1	1	0	0	2019	W	UNLV	19	16	1	2	1998-2016	W
Kentucky	2	1	1	0	2002-2003	W	USC	9	2	4	3	1998-2021	L
Long Beach St.	11	8	3	0	1999-2019	W	Utah	35	25	7	3	1995-2022	W
Louisiana St.	4	1	2	1	2008-2014	L	Utah St.	15	13	1	1	1996-2022	T
Louisville	1	1	0	0	2019	W	Utah Valley	8	7	1	0	2012-2022	W
LMU	14	12	1	1	1995-2022	W	UTEP	1	1	0	0	1997	W
Marquette	6	3	2	1	2000-2021	W	Villanova	1	0	0	1	2003	T
UMass	1	1	0	0	1998	W	Virginia	3	1	2	0	2021	W
Miami	2	1	1	0	2008-2011	L	Virginia Tech	1	1	0	0	2008	W
Michigan	3	1	1	1	1998-2003	T	Wake Forest	1	0	1	0	2001	L
Michigan St.	4	4	0	0	1997-2008	W	Washington	7	4	1	2	1999-2012	W
Milwaukee	2	2	0	0	1999-2000	W	Washington St.	8	4	2	2	2000-2016	W
Minnesota	2	2	0	0	2000-2001	W	Weber State	16	15	0	1	1996-2013	W
Mississippi St.	1	1	0	0	2019	W	West Virginia	1	1	0	0	2009	W
Missouri	2	2	0	0	2020-2021	W	William & Mary	2	0	2	0	2008-2009	L
Montana	10	7	3	0	1995-2009	W	Wisconsin	2	2	0	0	2005-2007	W
NC State	1	1	0	0	2019	W	Wyoming	16	15	1	0	1995-2010	W
Nebraska	7	2	4	1	1995-2018	T							
New Mexico	22	16	4	2	1995-2021	W							
North Carolina	2	0	2	0	2012-2022	L							
N. Colorado	1	1	0	0	1995	W							
N. Texas	1	1	0	0	1996	W							

BYU VS RANKED OPPONENTS

Opponent	Date	W/L	Score	Opponent	Date	W/L	Score	Opponent
No. 22 UCLA	9/8/12	W	3-1	No. 7 Penn State				
No. 4 Santa Clara	9/15/12	W	3-1	No. 23 Washington				
No. 9 Stanford	10/5/12	T	0-0	No. 21 Santa Clara				
No. 11 SDSU	11/3/12	W	2-0	No. 22 Pepperdine				
No. 9 SDSU	11/17/12	T	0-0	No. 12 Marquette				
No. 19 Michigan	11/23/12	L	1-2	No. 13 N. Carolina				
No. 23 UCLA	9/26/13	L	0-1	No. 19 Denver				
No. 2 Santa Clara	10/4/13	W	2-1	No. 20 Baylor				
No. 10 USC	10/12/13	L	1-2	No. 18 Santa Clara				
No. 23 Harvard	10/26/13	W	1-0	No. 6 Portland				
No. 1 Santa Clara	11/8/14	L	2-3	No. 12 Pepperdine				
No. 19 USC	8/21/15	W	2-0	No. 18 Cal Berkley				
No. 16 Stanford	9/7/15	L	0-1	No. 2 Stanford				
No. 24 Santa Clara	11/19/15	L	1-2	No. 3 Stanford				
No. 19 USC	10/24/15	T	0-0	No. 20 Santa Clara				
No. 17 Washington	8/26/16	W	3-2	No. 5 Penn State				
No. 5 Portland	9/12/16	W	3-0	No. 19 Ohio State				
No. 15 Virginia	10/8/16	L	0-1	No. 25 Pepperdine				
No. 5 Nebraska	11/17/16	W	2-1	No. 25 Oklahoma				
No. 11 Nebraska	11/19/16	L	0-1	No. 3 S. Carolina				
No. 4 Portland	9/1/17	L	0-1	No. 7 UCLA				
No. 18 Michigan	9/8/17	T	1-1	No. 21 Utah				
No. 18 Kentucky	10/19/17	L	1-2	No. 13 Pepperdine				
No. 20 USC	8/24/18	L	0-2	No. 9 Texas A&M				
No. 3 UCLA	8/30/18	L	0-2	No. 1 Stanford				
No. 23 Notre Dame	10/27/18	W	2-0	No. 6 Santa Clara				
No. 24 Utah	9/12/19	W	2-0	No. 12 Texas A&M				
No. 17 Michigan	9/19/19	W	2-0	No. 14 Kansas				
No. 7 Tennessee	11/21/19	W	4-0	No. 23 Louisville				
No. 14 Kentucky	11/29/19	L	1-5	No. 1 Stanford				
No. 2 Florida	2/12/21	L	1-2	No. 3 UCLA				
No. 14 USC	3/13/21	L	1-2	No. 23 Santa Clara				
No. 14 Utah	3/31/21	W	2-1	No. 9 Santa Clara				
No. 11 Colorado	4/10/21	W	2-1	No. 25 Pepperdine				
No. 15 Villanova	5/1/21	L	0-2	No. 13 Virginia				
No. 18 Connecticut	8/26/21	W	2-1	No. 25 USC				
No. 17 Kansas	10/2/21	W	6-1	No. 16 Gonzaga				
No. 16 Arizona St.	10/30/21	L	0-1	No. 25 Santa Clara				
No. 6 Portland	12/3/21	T	0-0	No. 12 Santa Clara				
No. 22 Texas	11/6/21	W	1-0	No. 16 Pepperdine				
No. 15 Wisconsin	11/20/21	W	1-0	No. 2 Virginia				
No. 9 Cal Berkley	12/6/21	T	0-0	No. 1 Florida State				
No. 24 Arizona	8/26/22	W	2-0	No. 20 Ohio State				
No. 21 Colorado	8/29/22	T	2-2	No. 25 Colorado				
No. 19 Utah	10/15/22	W	4-1	No. 14 Portland				
No. 7 Portland	10/29/22	T	0-0	No. 23 Santa Clara				
No. 18 Colorado	11/17/22	T	1-1	No. 7 Stanford				
No. 7 Texas	11/19/22	L	2-3	No. 2 N. Carolina				
No. 19 Georgia								
No. 22 Cal Berkley								
No. 25 Virginia Tech								
No. 8 USC								
No. 14 West Virginia								
No. 20 Oklahoma St.								
No. 1 Stanford								
No. 10 Santa Clara								
No. 23 Washington								
No. 20 Oklahoma St.								
No. 8 pepperdine								
No. 13 Santa Clara								
No. 11 Long Beach St.								

BYU Overall Record vs. Ranked Opponents
44-48-17

BYU vs. Top 10 Ranked Opponents
10-24-3

BYU vs. Top 5 Ranked Opponents
3-15-1



BYU AS A RANKED TEAM

Table with columns: Date, Opponent, Rank, Score, W/L/T. Lists game results from 11/1/96 to 11/15/12.

BYU AS A RANKED TEAM

Table with columns: Date, Opponent, Rank, Score, W/L/T. Lists game results from 11/17/12 to 9/26/19.

BYU RECORD WHEN RANKED...

Table with columns: Ranking, W, L, T. Lists record for various ranked games from No. 1 to No. 25.

BYU AS A RANKED TEAM

Overall Record: 243-59-37
Home Record: 134-20-17
Last Home Win: 11/11/22, No. 15 BYU vs. UVU (3-0)
Last Home Loss: 9/10/22, No. 13 BYU vs. UVU (2-4)
Last Home Tie: 10/29/22, No. 13 BYU vs. Santa Clara (0-0)
Road Record: 97-32-16
Last Road Win: 11/5/22, No. 15 BYU vs. LMU (2-1)
Last Road Loss: 11/19/22, No. 15 BYU vs. UNC (2-3)
Last Road Tie: 9/15/22, No. 25 BYU vs. Utah St. (1-1)
Last Neutral Win: 11/18/21, No. 13 BYU vs. Alabama (4-1)
Last Neutral Loss: 5/1/21, No. 17 BYU vs. Virginia (0-2)
Last Neutral Tie: 11/17/22, No. 15 BYU vs. Stanford (1-1)
Neutral Record: 12-7-4
Longest BYU Win Streak: 12 games; 8/31/00-11/11/00
Longest Opponent Win Streak: 3 games; 9/1/17-11/9/18

2021 NCAA College Cup Championship Team



YEAR-BY-YEAR STATISTICS

YR	GP	G	A	PTS	SH	CK	Saves	GA	GA AVG	Shutouts
1995	20	40	30	110	322	79	102	32	0.833	4
1996	23	89	73	251	475	125	74	20	1.52	12
1997	23	64	61	187	351	107	104	28	1.173	7
1998	25	68	55	191	489	139	78	27	1.138	11
1999	25	76	70	222	607	143	68	20	0.86	12
2000	24	87	86	260	629	171	59	22	0.89	8
2001	22	48	42	138	421	132	68	22	1.01	11
2002	22	59	50	168	440	111	83	31	1.4	3
2003	26	53	51	157	468	148	75	25	0.97	11
2004	21	25	24	74	297	115	80	27	1.22	7
2005	21	44	43	131	370	150	60	10	0.493	8
2006	20	26	13	65	338	131	63	11	0.52	12
2007	23	29	21	79	392	129	77	11	0.47	14
2008	24	41	29	111	366	105	97	18	0.74	15
2009	24	38	33	109	357	159	66	15	0.60	13
2010	22	40	29	109	304	122	79	12	0.53	11
2011	19	37	32	106	315	107	77	16	0.81	7
2012	24	51	40	142	437	117	78	13	0.53	13
2013	21	39	36	114	345	120	64	15	0.71	10
2014	21	47	41	135	405	118	57	20	0.92	10
2015	21	33	27	93	446	138	85	9	0.42	14
2016	22	58	61	177	346	127	74	11	0.49	12
2017	19	32	21	85	340	94	74	27	1.36	6
2018	19	49	41	139	410	102	64	21	1.08	6
2019	23	81	66	228	468	146	75	15	0.64	14
2020-21	16	47	38	132	296	99	60	19	1.17	4
2021	24	77	70	224	573	226	69	17	0.68	13
2022	21	51	44	146	527	153	66	25	1.18	8

YEAR-BY-YEAR LEADERS

GOAL LEADERS

Season	Player	Yr.	GP	G	Avg
2022	Brecken Mazingo	Jr.	21	12	0.57
2021	Mikayla Colohan	Sr.	24	18	0.63
2020-21	Mikayla Colohan	Jr.	16	11	0.69
2019	Elise Flake	Sr.	23	20	0.87
2018	Elise Flake	Jr.	19	14	0.74
2017	Madie Mathews	Sr.	19	9	0.47
2016	Michele Vasconcelos	Sr.	21	16	0.76
2015	Nadia Gomes	So.	21	9	0.43
2014	Ashley Hatch	So.	21	18	0.86
2013	Ashley Hatch	Fr.	21	6	0.29
2013	Cloee Colohan	Sr.	21	6	0.29
2012	Michele Vasconcelos	Fr.	24	8	0.33
2011	Jennie Marshall	Sr.	19	6	0.32
2010	Jennie Marshall	Jr.	22	7	0.32
2009	Carlee Payne Holmoe	Fr.	24	13	0.54
2008	Katie Larkin	Sr.	22	11	0.50
2007	Katie Larkin	Jr.	23	15	0.65
2006	Katie Larkin	So.	20	7	0.35
2005	Jaime Rendich Beck	Sr.	21	11	0.52
2004	Jaime Rendich Beck	Jr.	21	9	0.43
2003	Lydia Ojuka	Sr.	26	8	0.31
2003	Terra Smith Bigelow	Sr.	26	8	0.31
2002	Jeni Willardson Viernes	Sr.	22	17	0.77
2001	Aleisha Rose	So.	20	9	0.45
2000	Michele Jensen Peterson	Sr.	23	18	0.78
2000	Sara Reading	Jr.	24	18	0.75
1999	Sara Reading	Jr.	25	17	0.68
1998	Shauna Rohbock	Sr.	25	24	0.96
1997	Shauna Rohbock	Jr.	22	15	0.68
1996	Shauna Rohbock	So.	23	35	1.52
1995	Shauna Rohbock	Fr.	20	20	1.00

POINTS LEADERS

Season	Player	YR.	GP	PTS	Avg
2022	Brecken Mazingo	Jr.	21	34	1.62
2021	Mikayla Colohan	Sr.	24	51	2.13
2020-21	Mikayla Colohan	Jr.	16	27	1.69
2019	Elise Flake	Sr.	23	47	2.04
2018	Elise Flake	Jr.	19	33	1.74
2017	Madie Mathews	Sr.	19	20	1.05
2016	Michele Vasconcelos	Sr.	21	45	2.14
2015	Nadia Gomes	So.	21	22	1.05
2014	Ashley Hatch	So.	21	42	2.00
2013	Ashley Hatch	Fr.	21	19	0.90
2012	Michele Vasconcelos	Fr.	24	23	0.95
2012	Carlee Payne Holmoe	Sr.	24	23	0.95
2011	Carlee Payne Holmoe	Jr.	19	19	1.00
2010	Carlee Payne Holmoe	So.	22	19	0.86
2009	Carlee Payne Holmoe	Fr.	24	36	1.50
2008	Katie Larkin	Sr.	22	23	1.05
2007	Katie Larkin	Jr.	23	35	1.52
2006	Katie Larkin	So.	20	19	0.95
2005	Jaime Rendich Beck	Sr.	21	29	1.38
2004	Jaime Rendich Beck	Jr.	21	21	1.00
2003	Aleisha Rose	Sr.	26	25	0.96
2002	Jeni Willardson Viernes	Sr.	22	39	1.77
2001	Aleisha Rose	So.	22	27	1.23
2000	Michele Jensen Peterson	Sr.	23	48	2.09
1999	Sara Reading	Jr.	25	39	1.56
1998	Shauna Rohbock	Sr.	25	57	2.28
1997	Shauna Rohbock	Jr.	22	36	1.64
1996	Shauna Rohbock	So.	23	79	3.43
1995	Shauna Rohbock	Fr.	20	42	2.10

ASSIST LEADERS

Season	Player	Yr.	GP	A	Avg
2022	Brecken Mazingo	Jr.	21	10	0.48
2021	Mikayla Colohan	Sr.	24	15	0.63
2020-21	Cameron Tucker	Jr.	16	8	0.50
2019	Lizzy Braby	Sr.	23	13	0.57
2018	Mikayla Colohan	So.	19	7	0.37
2017	Mikayla Colohan	Fr.	11	5	0.45
2016	Michele Vasconcelos	Sr.	21	13	0.62
2015	Madie Mathews	So.	21	5	0.24
2014	Elena Medeiros	So.	21	7	0.33
2014	Niki Fernandes	Sr.	21	7	0.33
2013	Ashley Hatch	Fr.	21	7	0.33
2013	Niki Fernandes	Jr.	20	7	0.35
2012	Carlee Payne Holmoe	Sr.	24	9	0.38
2011	Carlee Payne Holmoe	Jr.	19	9	0.47
2010	Carlee Payne Holmoe	So.	22	7	0.32
2009	Carlee Payne Holmoe	Fr.	24	10	0.42
2008	Lauren Anderson Cosby	Fr.	24	10	0.42
2007	Katie Larkin	Jr.	23	5	0.22
2006	Katie Larkin	So.	20	5	0.25
2005	Bobbi Tillotson	Jr.	21	8	0.38
2004	Bobbi Tillotson	So.	21	8	0.38
2003	Aleisha Rose	Sr.	26	13	0.50
2002	Aleisha Rose	Jr.	22	12	0.55
2001	Aleisha Rose	So.	20	9	0.45
2000	Kim Lowe Halladay	Sr.	24	15	0.63
1999	Sarah Higham Yee	So.	25	10	0.40
1999	Karen Robbins Wunderli	Sr.	25	10	0.40
1998	Shauna Rohbock	Sr.	25	9	0.36
1997	Maren McCrary	So.	23	11	0.48
1996	Jennifer Love Rawlings	Fr.	23	12	0.52
1995	Ashley Monahan	Fr.	20	6	0.30

SHOT LEADERS

Season	Player	YR.	GP	SH	Avg
2022	Brecken Mazingo	Jr.	21	109	5.19
2021	Mikayla Colohan	Sr.	24	134	5.58
2020-21	Mikayla Colohan	Sr.	16	69	4.31
2019	Mikayla Colohan	Jr.	23	98	4.26
2018	Mikayla Colohan	So.	19	82	4.32
2017	Nadia Gomes	Sr.	19	70	3.68
2016	Ashley Hatch	Sr.	20	95	4.75
2015	Ashley Hatch	Jr.	13	76	5.85
2014	Ashley Hatch	So.	21	101	4.81
2013	Ashley Hatch	Fr.	21	65	3.10
2013	Cloee Colohan	Sr.	21	65	3.10
2012	Jessica Ringwood	Sr.	24	87	3.63
2011	Colette Jepson Smith	Jr.	19	57	3.00
2010	Jessica Ringwood	So.	22	59	2.68
2009	Carlee Payne Holmoe	Fr.	24	56	2.33
2008	Katie Larkin	Sr.	22	66	3.00
2007	Katie Larkin	Jr.	23	72	3.13
2006	Katie Larkin	So.	20	68	3.40
2005	Katie Larkin	Fr.	21	64	3.05
2004	Jaime Rendich Beck	Jr.	21	65	3.10
2003	Krissa Campbell Reinbold	Jr.	26	75	2.88
2002	Jeni Willardson Viernes	Sr.	22	87	3.95
2001	Aleisha Rose	So.	20	70	3.50
2000	Sara Reading	Sr.	24	107	4.46
1999	Sara Reading	Jr.	25	105	4.20
1998	Shauna Rohbock	Sr.	25	99	3.96
1997	Shauna Rohbock	Jr.	22	71	3.23
1996	Shauna Rohbock	So.	23	108	4.70
1995	Shauna Rohbock	Fr.	20	90	4.50



Go Cougs!



INDIVIDUAL LEADERS

INDIVIDUAL ALL-TIME LEADERS

Most Goals

Game: 4
 Shauna Rohbock vs. Pepperdine, 9/96
 Shauna Rohbock vs. Colorado, 9/98
 Jeni Willardson Viernes vs. UNM, 11/02
 Bobbi Tillotson vs. Air Force, 10/05
 Cameron Tucker vs. Saint Mary's, 10/21

Season: 35
 Shauna Rohbock, 1996

Career: 94
 Shauna Rohbock, 1995-1998

Most Assists

Game: 4
 Aleisha Rose vs. SUU, 9/03

Season: 15
 Kim Lowe Halladay, 2000
 Mikayla Colohan, 2021

Career: 47
 Aleisha Rose, 2000-2003

Most Points

Season: 79
 Shauna Rohbock, 1996

Career: 216
 Shauna Rohbock, 1995-1998

Most Shots

Game: 15
 Ashley Hatch vs. Saint Mary's, 10/14

Season: 134
 Mikayla Colohan, 2021

Career: 417
 Mikayla Colohan, 2017-2021



Carlee Payne Holmoe '09



Cameron Tucker, '21

ALL-AMERICANS

COUGAR ALL-AMERICANS

Name	Year	Team	Organization
Shauna Rohbock	1996	2nd	NSCAA
	1996	3rd	Soccer Buzz
	1997	2nd	NSCAA
	1997	2nd	Soccer Buzz
	1998	3rd	NSCAA
	1998	3rd	Soccer Buzz
Maren Hendershot McCrary	1998	3rd	NSCAA
	1999	1st	NSCAA/Adidas
	1999	HM	Soccer Buzz
Staci Reynolds	1999	2nd	NSCAA/Adidas
	1999	3rd	Soccer Buzz
	2000	HM	Soccer Buzz
Michelle Jensen Peterson	2000	2nd	Soccer Buzz
Aleisha Cramer Rose	2000	1st	NSCAA/Adidas
	2000	3rd	Soccer Buzz
	2001	1st	Soccer Buzz
	2002	2nd	NSCAA/Adidas
	2002	3rd	Soccer Buzz
	2003	2nd	Soccer Buzz
	2003	3rd	NSCAA/Adidas
Jaime Rendich Beck	2005	3rd	NSCAA/Adidas, Soccer Buzz
	2005	HM	Soccer Times
Katie Larkin	2006	3rd	NSCAA/Adidas, Soccer Buzz, Soccer Times
	2007	3rd	NSCAA/Adidas, Soccer Buzz
	2008	3rd	NSCAA

Name	Year	Team	Organization
Andrea Willis	2008	4th	Soccer Buzz
	2009	3rd	NSCAA
Lindsi Lisonbee Cutshall	2010	2nd	NSCAA
	2011	3rd	NSCAA
	2012	1st	NSCAA
Jessica Ringwood	2012	2nd	NSCAA
Cloe Colohan	2013	3rd	NSCAA, Soccer America
Ashley Hatch	2014	3rd	NSCAA, Soccer America
	2016	1st	NSCAA
Nadia Gomes	2015	3rd	NSCAA
Taylor Isom	2016	2nd	NSCAA
Mikayla Colohan	2018	2nd	United Soccer Coaches
	2019	1st	United Soccer Coaches
	2020-21	1st	United Soccer Coaches
	2021	1st	United Soccer Coaches
Elise Flake	2019	1st	United Soccer Coaches, espnW
Alyssa Jefferson	2019	3rd	United Soccer Coaches
Cameron Tucker	2021	3rd	United Soccer Coaches
Brecken Mozingo	2022	2nd	United Soccer Coaches
Jamie Shepherd	2022	2nd	United Soccer Coaches

20 All-Americans
Two four-time All-Americans

ACADEMIC ALL-AMERICANS/FRESHMAN ALL-AMERICANS

GAME NO. 1

GAME NO. 2

ACADEMIC ALL-AMERICANS			
Name	Year	Team	Organization
Natalyn Lewis	2000	2nd	NSCAA
Sarah Hingham Yee	2001	2nd	NSCAA
Aleisha Cramer Rose	2003	2nd	NSCAA
Erika Woodbury	2007	1st	NSCAA
Andrea Willis	2008	2nd	NSCAA
	2009	2nd	NSCAA
Carlee Payne Holmoe	2011	3rd	NSCAA
	2012	2nd	NSCAA
Erica Owens	2012	2nd	NSCAA
	2013	2nd	NSCAA
Annie Amos	2014	2nd	NSCAA
Sarach Chambers Gardner	2015	3rd	CoSIDA
Michele Vasconcelos	2016	2nd	NSCAA
Alyssa Jefferson	2019	2nd	United Soccer Coaches
Elise Flake	2019	1st	United Soccer Coaches
Mikayla Colohan	2019	1st	United Soccer Coaches
	2021	2nd	CoSIDA

FRESHMAN ALL-AMERICANS			
Name	Year	Team	Organization
Aleisha Cramer Rose	2000	1st	Soccer Buzz
Andrea Willis	2006	3rd	Soccer Buzz
Lauren Anderson	2008	3rd	Soccer Buzz
McKinzie Olson	2008	3rd	Soccer Buzz

**13 Academic All-Americans
Four Freshman All-Americans**

GAME NO. 3

GAME NO. 4