



BYU WOMEN'S SOCCER

BYU vs BOISE STATE | Saturday, Aug. 26, 2023 | 7 p.m. MDT | Boas Soccer Complex

BOISE STATE

Opponent: Boise State
 Nickname: Broncos
 Date: August 26, 2023
 Time: 7 p.m. MT
 Location: Boise, ID
 Venue: Boas Soccer Complex
 Capacity: 750
 TV/Stream Mountain West Network
 Live Stats: statbroadcast.com
 Website: byucougars.com
 Twitter: @byusoccer_w
 Instagram: @byusoccer_w

2023 SCHEDULE/RESULTS

OVERALL: 3-0-0 | BIG 12: 0-0-0 | STREAK: W3
 HOME: 3-0-0 | AWAY: 0-0-0 | NEUTRAL: 0-0

AUGUST

Thu. 10	at Rutgers\$	W, 1-0
Sat. 12	Idaho State*\$	W, 7-0
Mon. 17	St. Louis*	W, 3-2
Sat. 19	Cal State Fullerton*	W, 4-1
Thu. 24	Long Beach State*	W, 2-0
Sat. 26	at Boise State	
Thu. 31	UCLA*	

SEPTEMBER

Sat. 2	at UVU	
Sat. 9	at Utah	
Thu. 14	TCU*^	
Sat. 16	at Utah State	
Thu. 21	at Baylor^	
Mon. 25	at Texas^	
Thu. 28	Cincinnati*^	

OCTOBER

Mon. 2	at Iowa State^	
Thu. 5	Texas Tech*^	
Mon. 9	Kansas State*^	
Thu. 12	at Oklahoma State^	
Mon. 16	at Oklahoma^	
Mon. 23	UCF*^	

*indicates home game
 \$indicates exhibition game
 ^indicates a Big 12 conference matchup

October 28-November 4:
 Big 12 Tournament in Round Rock, TX

November 10-December 4:
 NCAA Tournament

BYU VS. BOISE STATE

No. 11 BYU women's soccer will hit the road for its first regular-season road match against the Boise State Broncos Saturday evening.

STORYLINES

FIRST REGULAR-SEASON SHUTOUT.

- Cougars beat Long Beach State 2-0 for first shutout of the 2023 regular season
- Olivia Wade-Katoa has now scored in three-straight games
- Bella Folino notched her 30th career goal against The Beach
- All seven Folino shots this season have been on frame
- BYU goalkeeper Savanna Mason recorded five saves to secure the shutout

BRONCOS.

- Boise State beat North Dakota 3-2 on Sunday, Aug. 20
- All three Bronco goals were scored in a time span of 2:40
- Kenzie MacMillan was named Mountain West Offensive Player of the Week following her three-goal performance last weekend

COUGARS VS. BRONCOS.

- BYU and Boise State have met once before, with the Cougars leading the series 1-0
- BYU beat Boise State 5-1 in the first round of the NCAA tournament in 2019
- Senior captain Jamie Shepherd scored in the last meeting between the two teams

THE MATCHUP



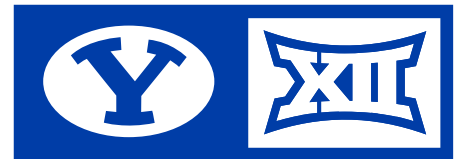
3-0-0	2023 Record	1-0-1
Big 12 (0-0-0)	Conference	Mountain West (0-0-0)
11	USC Poll	n/a
Jennifer Rockwood	Head Coach	Jim Thomas
29th season	Experience	11th season
438-126-54	Record	104-67-33
Olivia Wade-Katoa (3)	Most Goals	Kenzie MacMillan (3)
Petersen, Shepherd, Boren, Katoa	Most Assists	Cross, Chatterton, Stone (1)
Wade-Katoa, Bailey (11)	Most Shots	MacMillan (13)

THE SERIES

Overall: BYU leads the series 1-0
 In Provo 1-0
 In Boise N/A
 Neutral Site N/A
 Last Meeting 2019
 Last BYU Win 2019 (5-1)
 Last Boise State Win N/A

THE STATS

BYU	Category	Boise St.
3	Goals per game	2
20.7	Shots per game	16.5
.145	Shot percentage	.121
.581	Shots on goal percentage	.364
1	Goals allowed per game	1.5
4.67	Saves per game	5.5
.824	Save percentage	.786
22	Fouls	25
0	Penalty kicks: G-Attempts	0
1	Yellow cards	2
0	Red cards	0



PROJECTED STARTING XI (based on last game's starters)

	Pos.	Ht.	Yr.	Hometown	GP	GS	G	A	SH	MIN	
16	Kendell Petersen	D	5-8	SR	South Weber, Utah	3	3	0	2	4	223
26	Laveni Vaka	D	5-6	SR	Sandy, Utah	3	3	0	0	0	270
24	Izzi Stratton	D	6-0	SO	Alpine, Utah	3	3	0	0	0	270
2	Olivia Smith-Griffitts	D	5-6	JR	Eagle, Utah	3	3	0	2	0	218
10	Olivia Wade-Katoa	M	5-8	SR	Kaysville, Utah	3	3	3	1	11	229
12	Jamie Shepherd	M	5-7	SR	American Fork, Utah	3	3	0	2	1	249
11	Ellie Boren	M	5-8	SR	North Ogden, Utah	3	3	0	2	4	153
13	Brecken Mazingo	M	5-6	SR	Sandy, Utah	3	3	1	1	9	193
22	Bella Folino	F	5-6	SR	Aliso Viejo, Calif.	3	3	2	0	7	163
23	Allie Fryer	F	5-7	SO	Spanish Fork, Utah	2	2	0	0	5	91

GOALKEEPER	Ht.	Yr.	Hometown	GP	GS	GA	GA AVG	SAV	MIN	
66 Savanna Mason	GK	5-10	JR	American Fork, Utah	3	3	3	1	14	270



QUICK FACTS

UNIVERSITY INFORMATION

Location Provo, Utah
Founded 1875
Enrollment 33,517
Affiliation The Church of Jesus Christ of Latter-day Saints
President Shane Reese
Director of Athletics Tom Holmoe
Sr. Associate AD/SWA Liz Darger
Associate AD (Comms) Jon McBride
National Affiliation NCAA Division I
Conference Big 12
Nickname Cougars
School Colors Blue and White
Home Field (Capacity) South Field (4200)
Surface Natural Grass

PROGRAM HISTORY

First Year 1995
All-Time Record 438-126-54
Conference Titles 17
NCAA Berths 20
Best NCAA Finish College Cup Final (2021)
All-Americans 20
MAC Hermann Trophy Nominees 7

TEAM INFORMATION

2022 Overall Record 11-3-7
2022 WCC Record (Finish) 6-0-3 (2nd)
2022 NCAA Tournament Finish Sweet Sixteen
NCAA Championships (Last) 1 (2021)
Lettermen R/L 16/1
Starters R/L 11/0
Newcomers 4
2023 Transfers 2
2023 Captains Jamie Shepherd and Olivia Wade-Katoa

COACHING & SUPPORT STAFF

Head Coach Jennifer Rockwood
Career Record (Years) 435-126-54 (28)
BYU Record (Years) 435-126-54 (28)
Assoc. Head Coach Brent Anderson
Assistant Coach Steve Magleby
Assistant Coach Tasha Bell
Director of Operations Rachel Jorgensen
Mental Strength Coach Madie Gates
Athletic Trainer Carolyn Billings
Strength and Conditioning Coach Turreal Moore
Office Manager Geni Tausinga

ATHLETIC COMMUNICATION

Sr. Associate AD/SWA Liz Darger
Communications Director Brenna Seeman
Social Media Strategist Taylor Gillis
Videographer Mitch Johnson
Mailing address 331 SAB Provo, Utah 84602
Shipping address 331 SAB Provo, Utah 84602
Athletic Department Website byucougars.com



2023 BROADCAST ROSTER



Lynette Hernaez • #00
Junior, GK
Corona, Calif.



Haven Empey • #1
Sophomore, GK
American Fork, Utah



Olivia Smith-Griffitts • #2
Junior, D
Eagle, Idaho



Lytiana Akinaka • #3
Junior, M/F
Maui, Hawaii



Avery Frischknecht • #4
Freshman, M/F
Mapleton, Utah



Zoe Jacobs • #5
Senior, D
Kaysville, Utah



Tylie Pratt • #6
Freshman, D
Gilbert, Arizona



Erin Bailey • #7
Sophomore, F
Layton, Utah



Sierra Pennock • #8
Sophomore, M
Lindon, Utah



Emma Neff • #9
Freshman, M
Salt Lake City, Utah



Olivia Wade-Katoa • #10
Senior, M
Kaysville, Utah



Ellie Boren • #11
Senior, M
North Ogden, Utah



Jamie Shepherd • #12
Senior, M
American Fork, Utah



Brecken Mozingo • #13
Senior, M
Sandy, Utah



Ellie Ford • #14
Freshman, M/F
Provo, Utah



Ellie Walbruch • #15
Sophomore, F
Highland, Utah



Kendell Petersen • #16
Senior, D
South Weber, Utah



Josie Shepherd • #18
Sophomore, M
American Fork, Utah



Halle Dixon • #19
Freshman, M/F
Carlsbad, Calif.



Camryn Jorgensen • #20
Freshman, F
Highland, Utah



Tara Warner • #21
Junior, M
Springville, Utah



Bella Folino • #22
Senior, F
Aliso Viejo, Calif.



Allie Fryer • #23
Sophomore, F
Spanish Fork, Utah



Izzi Stratton • #24
Sophomore, D
Alpine, Utah



Ella Rustand • #25
Freshman, D
Tucson, Arizona



Laveni Vaka • #26
Senior, D
Sandy, Utah



Addie Gardner • #28
Sophomore, F
Highland, Utah



Caroline Stringfellow • #29
Sophomore, M/F
Syracuse, Utah



Jacey Wood • #30
Sophomore, M/F
Las Vegas, Nevada



Kelsey Hoopes • #32
Sophomore, GK
Livermore, Calif.



Rachel McCarthy • #33
Senior, M/F
American Fork, Utah



Savanna Mason • #66
JR, GK
American Fork, Utah



Jennifer Rockwood
Head Coach



Brent Anderson
Associate Head Coach



Steve Magleby
Assistant Coach



Tasha Bell
Assistant Coach

2023 NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown (Previous School)
00	Lynette Hernaez	GK	5-11	FR	Corona, Calif. (Washington St.)
1	Haven Empey	GK	5-9	FR	American Fork, Utah (American Fork HS)
2	Olivia Smith-Griffitts	D	5-6	JR	Eagle, Idaho (Eagle HS)
3	Lytiana Akinaka	M/F	5-6	JR	Maui, Hawaii (King Kekaulike HS)
4	Avery Frischknecht	M/F	5-10	FR	Mapleton, Utah (Springville HS)
5	Zoe Jacobs	D	5-3	SR	Kaysville, Utah (Davis HS)
6	Tylie Pratt	D	5-6	FR	Gilbert, Arizona (Highland HS)
7	Erin Bailey	F	5-5	SO	Layton, Utah (Layton HS)
8	Sierra Pennock	M	5-5	SO	Lindon, Utah (Timpanogos HS)
9	Emma Neff	M	5-5	SO	Salt Lake City, Utah (Olympus HS)
10	Olivia Wade-Katoa	M	5-8	SR	Kaysville, Utah (Davis HS)
11	Ellie Boren	M/F	5-8	SR	North Ogden, Utah (Weber HS)
12	Jamie Shepherd	M	5-7	SR	American Fork, Utah (American Fork HS)
13	Brecken Mozingo	M	5-6	SR	Sandy, Utah (UCLA)
14	Ellie Ford	M/F	5-8	FR	Provo, Utah (Timpview HS)
15	Ellie Walbruch	F	5-10	SO	Highland, Utah (UCLA)
16	Kendell Petersen	D	5-8	SR	South Weber, Utah (Northridge HS)
18	Josie Shepherd	M	5-6	FR	American Fork, Utah (American Fork HS)
19	Halle Dixon	M/F	5-2	FR	Carlsbad, Calif. (Carlsbad HS)
20	Camryn Jorgensen	F	5-5	FR	Highland, Utah (Lone Peak HS)
21	Tara Warner	M	5-6	JR	Springville, Utah (Springville HS)
22	Bella Folino	F	5-6	SR	Aliso Viejo, Calif. (Aliso Nigel HS)
23	Allie Fryer	F	5-7	SO	Spanish Fork, Utah (Maple Mountain HS)
24	Izzi Stratton	D	5-11	SO	Alpine, Utah (American Heritage HS)
25	Ella Rustand	D	5-7	FR	Tucson, Arizona (Sabino HS)
26	Laveni Vaka	D	5-6	SR	Sandy, Utah (Juan Diego HS)
28	Addie Gardner	F	5-7	SO	Highland, Utah (American Fork HS)
29	Caroline Stringfellow	M/F	5-4	SO	Syracuse, Utah (Syracuse HS)
30	Jacey Wood	M/F	5-6	FR	Las Vegas, Nevada (Desert Oasis HS)
32	Kelsey Hoopes	GK	5-7	FR	Livermore, Calif. (Livermore HS)
33	Rachel McCarthy	F	5-7	SR	American Fork, Utah (American Fork HS)
66	Savanna Mason	GK	5-10	JR	American Fork, Utah (American Fork HS)

COACHING STAFF

Head Coach: Jennifer Rockwood
Associate Head Coach: Brent Anderson
Assistant Coach: Steve Magleby
Assistant Coach: Tasha Bell
Strength & Conditioning Coach: Turreal Moore

SUPPORT STAFF

Director of Operations: Rachel Jorgensen
Mental Strength Coach: Madie Gates
Athletic Trainer: Carolyn Billings
Office Manager: Geni Tausinga
Communications Director: Brenna Seeman

PRONUNCIATION GUIDE

LYNETTE HERNAEZ = LI-net HER-nez
 LYTIANA AKINAKA = LIT-tee-awna AW-key-nah-kuh
 Avery FRISHKNECT = FRISH-nect
 TYLIE Pratt = TIE-lee
 Olivia Wade-KATOA = KUH-toe-uh
 Ellie WALBRUCH = WALL-brook
 HALLE Dixon = HAL-lee
 TARA Warner = TAIR-uh
 LAVENI Vaka = LUH-ven-ee VAW-kuh
 Sierra PENNOCK = PEN-knock
 Brecken MOZINGO = MO-zingo
 JOSIE Shepherd = JOE-see

IN THE RANKINGS

National Rankings

United Soccer Coaches
 2023 National Rankings:

1. **UCLA**
2. Florida State
3. North Carolina
4. Duke
5. Virginia
6. Stanford
7. Alabama
8. Penn State
9. **Texas**
10. Arkansas
11. *BYU*
12. Notre Dame
13. Santa Clara
14. Michigan State
15. South Carolina
16. **TCU**
17. Memphis
17. Xavier
19. Clemson
20. Georgetown
21. Pittsburgh
22. Central Florida
23. Washington State
24. USC
25. Tennessee

As of Aug. 22, 2023
 Bold denotes 2023 BYU Opp.
 Italicized denotes BYU



Big 12 Preseason Coaches Poll

Team	Total Votes (first place votes)
BYU	156 (6)
TCU	155 (3)
Texas	152 (5)
West Virginia	132
Texas Tech	117
UCF	115
Oklahoma State	100
Kansas	83
Oklahoma	68
Houston	47
Baylor	43
Kansas State	41
Cincinnati	36
Iowa State	29

Big 12 Preseason Team

Name	School	Yr.	Pos.
Kayza Massey	West Virginia	5th	GK
Laveni Vaka	BYU	Sr	D
Hannah Anderson	Texas Tech	Gr	D
Olivia Hasler	TCU	Sr	D
Jamie Shepherd	BYU	Sr	MF
Gracie Brian	TCU	Gr	MF
Lexi Missimo*	Texas	Jr	MF
Trinity Byars*	Texas	Jr	F
Camryn Lancaster	TCU	Jr	F
Brecken Mozingo	BYU	Sr	F
Dayana Martin	UCF	5th	F

BIG 12 LEADERS

INDIVIDUAL
Shots..... (14) Lemi Missimo, Texas
Points..... (11) Emma Hawkins, Oklahoma and Trinity Byars (Texas)
Goals..... (5) Hawkins and Byars
Assists..... (3) Danielle Wolfe, Oklahoma and Missimo, Texas
GAA..... (.000) Caroline DeLisle, UCF
Saves..... (12) Melania Pasar, Kansas
Save Pct...... (1.00) DeLisle, UCF

TEAM
Shots..... Texas (50)
Shots per Game..... Texas (25)
Points..... Oklahoma (31)
Goals..... Oklahoma, Texas (10)
Assists..... Oklahoma (11)
Goals Allowed..... Cincinnati (5)
Saves..... Kansas (12)
Shutouts..... n/a
Corners..... Texas (20)
Yellow Cards..... Kansas State (4)

PLAYER OF THE WEEK AWARDS

Week	Offensive	Defensive	Goalkeeper	Freshman
Week 1 -	Emma Hawkins (OU), Trinity Byars (UT)	Kendell Petersen (BYU), Jazmin Brown (K-State)	Melania Pasar (KU)	Avery Gillahan (ISU)
Week 3 -				
Week 4 -				
Week 5 -				
Week 6 -				
Week 7 -				
Week 8 -				
Week 9 -				
Week 10 -				
Week 11 -				
Week 11 -				
Week 12 -				



SERIES VS. 2023 OPPONENTS

RUTGERS

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

IDAHO STATE

(BYU leads 9-2)
1998..... H..... W..... 3-0
2002..... H..... L..... 0-2
2003..... H..... W..... 2-0
2003..... N..... W..... 2-0
2004..... A..... L..... 1-3
2006..... H..... W..... 2-1
2008..... H..... W..... 2-0
2010..... H..... W..... 4-0
2011..... A..... W..... 3-1
2018..... H..... W..... 10-0
2021..... H..... W..... 7-0

SAINT LOUIS

Series (0-0)
The 2023 match will be the first time BYU and Saint Louis compete in women's soccer.

CAL STATE FULLERTON

(BYU leads 8-0-2)
1996..... A..... W..... 2-1
1997..... A..... W..... 3-2
1999..... A..... W..... 2-1
2010..... A..... W..... 3-0
2011..... H..... W..... 2-1
2013..... H..... W..... 3-1
2014..... A..... T..... 1-1
2017..... H..... T..... 1-1
2018..... A..... W..... 1-0
2022..... A..... W..... 1-0

LONG BEACH STATE

(BYU leads 8-3)
1999..... H..... W..... 4-0
2007..... H..... W..... 1-0
2008..... A..... L..... 0-3
2010..... A..... W..... 2-0
2012..... H..... W..... 1-0
2013..... A..... L..... 0-1
2014..... H..... W..... 2-0
2015..... A..... W..... 2-1
2016..... H..... W..... 1-0
2018..... H..... L..... 1-3
2019..... A..... W..... 3-0

BOISE STATE

(BYU leads 1-0)
2019..... H..... W..... 5-1

UCLA

(UCLA leads 3-2-1)
1997..... A..... W..... 3-1
1998..... A..... W..... 2-0
2002..... A..... L..... 0-6
2010..... A..... T..... 0-0
2017..... H..... L..... 0-1
2020-21..... A..... L..... 1-2

UTAH VALLEY UNIVERSITY

(BYU leads 7-1)
2012..... H..... W..... 1-0
2015..... H..... W..... 1-0

2017..... H..... W..... 3-0
2018..... H..... W..... 3-1
2019..... A..... W..... 1-0
2021..... H..... W..... 4-1
2022..... H..... L..... 4-2
2022..... H..... W..... 3-0

UTAH

(BYU leads 25-7-3)
1995..... H..... W..... 3-1
1995..... A..... W..... 2-1
1996..... A..... W..... 3-0
1997..... H..... W..... 3-2
1998..... A..... W..... 2-1
1999..... H..... W..... 1-0
1999..... N..... W..... 4-3
2000..... A..... W..... 5-2
2000..... N..... W..... 6-1
2001..... H..... W..... 3-0
2001..... N..... W..... 2-0
2002..... A..... W..... 2-1
2002..... H..... L..... 2-3
2003..... H..... L..... 0-1
2003..... A..... L..... 0-2
2004..... A..... W..... 2-1
2005..... H..... T..... 1-1
2006..... A..... L..... 0-1
2007..... H..... L..... 0-1
2008..... A..... W..... 5-0
2008..... N..... W..... 1-0
2009..... H..... W..... 2-1
2010..... A..... W..... 2-1
2011..... H..... W..... 4-0
2012..... A..... L..... 0-1
2013..... H..... W..... 1-0
2014..... A..... L..... 0-1
2015..... H..... W..... 2-0
2016..... A..... W..... 2-0
2017..... H..... T..... 1-1
2018..... A..... W..... 3-2
2019..... H..... W..... 2-0
2020-21..... N..... W..... 5-1
2021..... A..... T..... 0-0
2022..... H..... W..... 2-1

TCU

(BYU leads 9-1)
1996..... A..... W..... 5-0
1997..... N..... W..... 3-0
2005..... H..... W..... 4-0
2006..... A..... W..... 2-0
2007..... H..... W..... 4-1
2007..... H..... W..... 2-0
2008..... A..... W..... 1-0
2009..... H..... W..... 2-0
2010..... A..... W..... 1-0
2018..... A..... L..... 2-1

UTAH STATE

(BYU leads 13-1-1)
1996..... H..... W..... 6-0
2004..... H..... W..... 2-0
2005..... H..... W..... 5-0
2006..... A..... W..... 1-0
2007..... H..... W..... 2-1
2008..... A..... W..... 2-0
2009..... H..... W..... 3-0
2010..... A..... W..... 3-0
2011..... H..... W..... 1-0
2012..... A..... W..... 1-0

2012..... H..... W..... 2-1
2015..... H..... W..... 1-0
2016..... A..... W..... 3-1
2021..... H..... L..... 2-1
2022..... A..... T..... 1-1

BAYLOR

(The series is tied 1-1)
2013..... A..... W..... 2-1
2014..... H..... L..... 1-2

TEXAS

(Texas leads 3-2)
2004..... A..... L..... 2-3
2005..... H..... W..... 1-0
2007..... N..... L..... 0-2
2010..... A..... L..... 0-1
2012..... H..... W..... 5-0

CINCINNATI

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

IOWA STATE

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

TEXAS TECH

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

KANSAS STATE

(BYU leads 1-0)
2019..... A..... W..... 5-0

OKLAHOMA STATE

(The series is tied 1-1)
2009..... H..... W..... 2-1
2011..... A..... L..... 2-1

OKLAHOMA

(BYU leads 2-1)
2011..... A..... W..... 2-1
2013..... H..... W..... 3-2
2016..... N..... L..... 0-2

UCF

Series (0-0)
The 2023 match will be the first time BYU and Rutgers compete in women's soccer.

COUGAR WINNING TRADITION

COUGAR WINNING TRADITION

- 2021 NCAA College Cup Runner-up
- 239-29-13 home record
- 162 home field shutouts
- 275 total shutouts
- Nine-time WCC regular season champions
- Six-time MWC regular season champions
- Seven-time MWC tournament champions
- 1996 WAC tournament champions
- 23 NCAA tournament appearances
- One national player of the year - Mikayla Colohan
- Four MAC Hermann Trophy Semifinalists
- 20 All-Americans and 16 Academic All-Americans
- Eight Conference Players of the Year
- Two WCC Midfielders of the Year
- Six Conference Defensive Players of the Year
- One Conference Offensive Player of the Year
- Two Conference Goalkeepers of the Year
- Six Conference Freshmen of the Year
- Five-straight NCAA tournament appearances (2018-2022)
- 21 top-25 regular-season finishes
- Ranked No. 1 in the nation for shots per game (2022, 2021)
- Ranked No. 2 in the nation for shots on goal per game (2022)
- Ranked No. 1 in the nation for corner kicks per game (2021)
- Ranked the No. 1 scoring offense in the nation (2021)
- Ranked No. 2 in the nation for points per game (2021)
- Ranked No. 6 in the nation for assists per game (2021)
- Ranked No. 2 in the nation for shots per game and total goals (2020)
- Ranked the No. 2 scoring offense in the nation (2019)
- Ranked No. 2 in the nation in total points and points per game (2019)
- Ranked No. 3 in the nation for shots per game (2018)
- Ranked as one of the top-5 best scoring offenses in the nation four years in a row (2018-2021)



2001 MWC champions



2019 WCC regular-season champions

HEAD COACH JENNIFER ROCKWOOD



JENNIFER ROCKWOOD
HEAD COACH
29TH YEAR AT BYU
Career Record: 438-126-54
BYU '89

As the only BYU women's soccer head coach in program history, Jennifer Rockwood has established herself as one of the premier coaches in Division I soccer today. With an overall career record of 438-126-54 in her 29 years at the helm of the program, Rockwood has accomplished great things and coached remarkable players.

Before transitioning to a Division I program, Rockwood led the BYU women's soccer club team for seven years, amassing an overall record of 128-25-9. In the final two years as a club team, Rockwood took her teams to the Western National Collegiate Club Soccer Association title and placed second in the NCCSA National Championships.

As a player, Rockwood spent one year at Rick's College on a basketball scholarship before transferring to BYU where she became a four-year starter at center midfield on

the Cougars' club soccer team. Rockwood has also coached youth club programs, high school teams and the Utah Olympic Development Program.

During her tenure at BYU, Rockwood has accomplished several major feats. She has taken the Cougars to 23 NCAA tournament appearances, including seven third rounds ("Sweet Sixteens"), three quarterfinals ("Elite Eights"), and one finals appearance. Her 2021 team made it to the National Championship game for the first and only time in program history, falling to Florida State in penalty kicks.

The Lake Oswego, Oregon native is 12th in the NCAA Division I soccer for most **all-time** wins, and eighth in **active** career winning percentage (.754). She is the third coach to start an NCAA Division I program and win 300 games there. Rockwood is also the sixth NCAA coach to win 300 games at one school.

As head coach at BYU, Rockwood has led her team to seven Mountain West Conference Tournament

Championships, six MWC regular-season titles and nine West Coast Conference championships.

Rockwood has been recognized by three conferences for her prestige as a collegiate coach, earning WAC Coach of the Year in 1996, MWC Coach of the Year in 2000 and 2008, and earning the WCC recognition for Coach of the Year four times during her tenure (2012, 2014, 2018, 2019).

Rockwood has also earned the title of West Region Coach of the Year in both 1996 and 2012. Her staff was recognized in 2019 for their incredible achievements, earning the honor of United Soccer Coaches Regional Staff of the Year.

The Governor's State of Sports Awards also named Rockwood the 2016 Women's Coach of the Year after an 18-3-1 final season record.

After taking her team to BYU's first-ever NCAA College Cup finals, Rockwood and staff were named the 2021 NCAA DI Women's Staff of the Year by the United Soccer Coaches.

Rockwood has coached 26 winning seasons at BYU, and has ended the season ranked in the top 25 16 times, with five top-10 rankings and three top-five rankings. She has coached 20 All-Americans, two of which are on the current roster (Brecken Mozingo and Jamie Shepherd).

Seven MAC Hermann Trophy candidates, four MAC Hermann Trophy semifinalists and two finalists have played for Coach Rockwood at BYU. She has seen fourteen former players go professional, and nine players who have played U-20 or higher on the United States Women's National Team.

Currently, there are four former Cougs playing professional soccer. Ashley Hatch, Mikayla Cluff, Cameron Tucker and Michele Vasconcelos are all playing in the NWSL. Hatch has also played with the USWNT for several tournaments dating back to 2016, including the 2022 CONCACAF tournament. She is the first former Cougar to earn the NWSL Golden Boot award, receiving recognition in 2021 after finishing her regular season with 10 goals.

HEAD COACH JENNIFER ROCKWOOD

Year-by-Year under Coach Rockwood

Year	Record	NCAA Tournament
1995	11-8-1	N/A
1996	22-1#	N/A
1997	19-4	NCAA First Round
1998	20-5	NCAA Third Round
1999	21-4^\$	NCAA Second Round
2000	19-4-1^\$	NCAA Third Round
2001	14-7-1^\$	NCAA Second Round
2002	16-6^\$	NCAA First Round
2003	16-7-3	NCAA Quarterfinal
2004	7-10-4	N/A
2005	15-2-4	NCAA First Round
2006	13-3-4	NCAA First Round
2007	17-4-2\$	NCAA First Round
2008	18-5-1^\$	NCAA Second Round
2009	18-4-2^	NCAA Second Round
2010	16-3-3\$	NCAA First Round
2011	11-5-3	N/A
2012	20-2-2*	NCAA Quarterfinal
2013	15-5-1*	NCAA Second Round
2014	13-5-3*	NCAA First Round
2015	16-3-2*	NCAA Second Round
2016	18-3-1*	NCAA Third Round
2017	7-8-4	N/A
2018	13-5-1*	NCAA First Round
2019	21-1-1*	NCAA Quarterfinal
2020-21	11-4-1	NCAA Second Round
2021	17-5-2*	NCAA Final
2022	11-3-7	NCAA Third Round
2023	3-0-0	

WAC Championship
 \$ MWC Tournament Champs
 ^ MWC Season Title
 * WCC Championship



NCAA Rankings (Div. I head coaches, minimum five seasons at a Div. I institution):

- Fourth in active win percentage (75.1%; 435-126-54)
- Seventh in active wins (435)
- Sixth in all-time win percentage (75.1%; 435-126-54)
- 10th in all-time wins (435)
- One of eight active head coaches with 400+ career wins
- One of 16 head coaches all-time with 400+ wins
- One of only three active head coaches with 400+ wins while coaching for only one school
- One of only six all-time with 400+ wins while coaching for only one school
- One of 27 active coaches with 28+ seasons as head coach
- One of 10 active head coaches with 28+ seasons as head coach at the same school
- One of only seven active head coaches with 28+ seasons as head coach for only one school

THE ROCKWOOD LEGACY



Jen is such a successful coach because she influences each of her players both on the field and off the field. She knows how to bring the best out of people and help them reach their full potential. I personally wouldn't be who I am today if it weren't for Jen and everything she taught me as a soccer player, but even more importantly, as a person. The success that the BYU soccer program has had is a direct reflection of who Jen is!
 - Mikayla Colohan (BYU soccer alum; NWSL Orlando Pride)

"I really enjoyed my time playing for Jen at BYU. Jen has the ability to bring the best out of players and I am forever grateful for the opportunity I had to play for her. Throughout my career at BYU Jen helped me develop an attacking mindset that has helped me develop into the player I am today."
 - Ashley Hatch (BYU soccer alum; USWNT; NWSL Washington Spirit)



Jen is an amazing coach who helped me become a better soccer player. More importantly, however, Jen is a trusted friend and mentor who has helped me become a better person. I will forever be grateful for Jen's ongoing influence in my life.
 - Cameron Tucker (BYU soccer alum; NWSL Houston Dash)



ASSOC. HEAD COACH BRENT ANDERSON



BRENT ANDERSON
 ASSOCIATE HEAD COACH
 7TH YEAR AT BYU
 Utah State '97



Brent Anderson first joined the BYU women's soccer coaching staff in 2017 as an assistant coach. In the summer of 2023, he was promoted to associate head coach.

Along with Rockwood, Anderson has coached the Cougars to four NCAA tournament appearances, including their first-ever NCAA National Championship appearance in 2021. The Cougars have earned five top-25 finishes since Anderson joined the program.

Since joining Rockwood's staff in 2017, Anderson has coached six All-Americans and three Academic All-Americans. He has also coached four MAC Hermann Trophy candidates, two semifinalists and one finalist.

Anderson was at BYU when the women's soccer staff earned the honors of 2019 United Soccer Coaches Regional Staff of the Year and 2021 NCAA DI United Soccer Coaches Women's Staff of the Year.

Before joining Rockwood's staff, Anderson was the longest tenured head coach for the UVU women's soccer team. In his 11 seasons with the Wolverines, Anderson compiled an impressive 110-100-14 record.

Anderson led his team at UVU to the program's first NCAA tournament appearance in 2015. He guided the Wolverines to a then-record 13 wins in 2014. Anderson is the one-and-only recipient of the Great West Conference Coach of the Year award, garnering the honor in each of the four years that the league existed.

Prior to his coaching career, Anderson played club soccer at Utah State for four years. He was a four-year starter and team captain in 1996 and 1997 as a goalkeeper. Anderson was named First-Team All-Region National College Soccer Association (NCSA) in 1997. In the NCSA, he played against teams such as Arizona, Michigan, Tennessee and Kansas State. As team captain, he led the Utah State club team to the NCSA Final Four in 1997.

After finishing his playing career, Anderson started the Cadence Soccer Shop in Cache Valley. He ran clinics and held leagues with the business from 1996 to 2000. In 1998, Anderson opened Ultimate Sports, an Indoor Soccer Facility located in Hyde Park, Utah. He worked as the director of operations, the director of player development and the head coach of several club teams while running the business. The facility also included other recreational activities including a rock-climbing wall.

Anderson currently owns and operates Bullnose Products, which carries specialty fishing items, with his wife, Kathy

Anderson is a native of Logan, Utah. He graduated from Mountain Crest High School in 1989. He played soccer all four years. In his senior year he was named to the All-Region team. When Anderson is not coaching soccer he enjoys spending time with his family, snowboarding, skateboarding and playing indoor soccer with his family and friends. Anderson also collects OG and reissued skateboards from the 80's.

Anderson and his wife Kathy have four kids: Tennessee, Easton, Kaiya, and Ever.



ASSISTANT COACHES



STEVE MAGLEBY
ASSISTANT COACH
6TH YEAR AT BYU
BYU '09



- Steve Magleby joined Rockwood's staff in 2018 as an assistant coach.
- Magleby has helped coach six All-Americans and three Academic All-Americans. He has also coached four MAC Hermann Trophy candidates, two semifinalists and one finalist.
- Magleby was at BYU when the women's soccer staff earned the honors of 2019 United Soccer Coaches Regional Staff of the Year and 2021 NCAA DI United Soccer Coaches Women's Staff of the Year.
- Before joining Rockwood's staff, Magleby was an assistant coach for the BYU men's club soccer team.
- Magleby is currently the Director of Coaching at Utah Celtic FC, while also serving as a head coach for the club and for Utah ODP.
- Magleby graduated from BYU in 2009 with a degree in Latin American Studies.
- During his time at BYU, he also played soccer for the BYU men's soccer PDL as a starting midfielder. Magleby had the opportunity to play for the RSL Reserve Team in 2007, and for Boldklubben Skjold (Denmark) in 2010
- Magleby is the Co-Founder and Director of Operations for Calle Soccer
- The Darnestown, Maryland native served a mission for The Church of Jesus Christ of Latter-day Saints in La Paz, Bolivia.
- Magleby and his wife Dayna have been married for 16 years, and have six children: Jayne (13), Vinny (12), Frankie (10), Hans (8), Rose (6) and Mads (4).



TASHA BELL
ASSISTANT COACH
5TH YEAR AT BYU
BYU '18



- Tasha Bell joined Rockwood's staff in 2023 as an assistant coach, specializing as the goalkeeper's coach
- Bell competed as a Division I student athlete for the Utah Valley University women's soccer team, under the direction of Brent Anderson, and has coached at the DI collegiate level for eleven years at UVU and Minnesota
- She has been a part of five regular season conference championships, four tournament conference championships, has coached five All-Americans, 105 all-conference student-athletes and 113 academic all-conference student athletes
- During her time as a goalkeeper for the UVU Wolverines from 2004-2006 and 2009, Bell earned all-conference and academic all-conference awards
- Before her most recent years at UVU, Bell worked at BYU from 2018-2021 serving as a mental health and strength coach. She also spent a year with BYU football, helping with player development and recruiting.
- Bell completed her master's degree in marriage and family therapy at BYU in 2015 and her doctorate in family social science at the University of Minnesota in 2020 to become a licensed marriage and family therapist and mental performance coach
- The Farmington, Utah native loves doing anything outside in the mountains, on a beach, in a lake, or on the pitch during the sunrise or sunset.



RACHEL JORGENSEN
DIRECTOR OF OPERATIONS
10th YEAR AT BYU
BYU '15



SOCCKER SUPPORT STAFF

- Rachel Jorgensen first joined Coach Rockwood's staff in 2014 as a volunteer assistant coach (2014-2017)
- 2017-current: Director of Operations for BYU women's soccer
- Jorgensen played soccer for BYU from 2010-2013 as a holding center midfielder
- Jorgensen graduated from BYU in 2015 with a degree in Family Life, emphasis in Human Development
- The San Juan Capistrano, California native and her husband Quinton have a son named Jack, and a German Shepherd named Boston
- Jorgensen loves the coast and being near the ocean. She will take any chance she can get to enjoy a picnic dinner at the beach during sunset
- Lifelong Los Angeles Dodgers fan



MADIE GATES
MENTAL STRENGTH COACH
5TH YEAR AT BYU
BYU '18

- Gates was named the mental strength coach for women's soccer in the fall of 2021
- Prior to her position as the mental strength coach, Gates was a member of the BYU women's soccer staff as a volunteer assistant coach from 2019-2021
- The North Logan, Utah native was a midfielder for the BYU soccer team from 2015-2018
- Gates played in 74 games over four seasons for BYU totaling more than 2802 minutes. She recorded six goals, three assists, and 79 shots
- She graduated from BYU in 2018 with a degree in family studies with minors in psychology and business
- Gates married former BYU baseball player Riley Gates in 2018

THE LAST TIME...

TEAM

Home Win.....4-1 vs. Fullerton, Aug. 19, 2023
Home Loss2-4 vs. UVU, Sept. 10, 2022
Home Tie0-0 vs. Santa Clara, Oct. 29, 2022
Away Win.....2-1 @ LMU, Nov. 5, 2022
Away Loss2-3 @ UNC, Nov. 19, 2022
Away Tie1-1 @ Pacific, Oct. 8, 2022
Neutral Win.....2-1 vs. Oklahoma, Nov. 17, 2016
Neutral Loss0-2 vs. Virginia, May 1, 2021
Neutral Tie1-1 vs. Stanford, Nov. 17, 2022
Overtime Win.....1-0 vs. Pepperdine, Nov. 6, 2021
Overtime Loss1-2 vs. Utah State, Sept. 18, 2021
Played 2 OT's1-1 vs Stanford, Nov. 17, 2022
Big 12 Winn/a
Big 12 Lossn/a
Big 12 Tie.....n/a
Scored 0 Goals.....0-0 vs. Santa Clara, Oct. 29, 2022
Scored 1 Goal.....1-1 vs. Stanford, Nov. 17, 2022
Scored 2 Goals.....2-3 @ UNC, Nov. 19, 2022
Scored 3 Goals.....3-2 vs. St. Louis, Aug. 17, 2023
Scored 4 Goals.....4-1 vs. Fullerton, Aug. 19, 2023
Scored 5+ Goals.....6-0 @ San Diego, Nov. 2, 2022
Allowed 0 Goals.....3-0 vs. UVU, Nov. 11, 2022
Allowed 1 Goal.....4-1 vs. Fullerton, Aug. 19, 2023
Allowed 2 Goals.....3-2 vs. St. Louis, Aug. 17, 2023
Allowed 3 Goals.....2-3 @ UNC, Nov. 19, 2022
Allowed 4 Goals.....2-4 vs. UVU, Sept. 10, 2022
Allowed 5+ Goals1-5 @ Stanford, Nov. 29, 2019
Took 20+ Shots.....22 vs. Fullerton, Aug. 19, 2023
Took 30+ Shots.....41 @ San Diego, Nov. 2, 2022
Allowed 20+ Shots.....20 vs. Southern California, Aug. 26, 2021
Allowed 30+ Shots.....33 vs. Stanford, Nov. 17, 2022
Took 10+ Shots on Goal14 vs. St. Louis, Aug. 17, 2023
15+ Shots on Goal.....15 vs. Fullerton, Aug. 19, 2023
Allowed 10+ Shots on Goal10 vs. Stanford, Nov. 17, 2022
Allowed 15+ Shots on Goaln/a
Took 10+ Corner Kicks12 @ Pacific, Oct. 8, 2022
Allowed 10+ Corner Kicks13 vs. Stanford, Nov. 17, 2022
Called for 15+ Fouls15 vs. Gonzaga, Oct. 22, 2022
Opponent Called for 15+ Fouls16 @ Santa Clara, Dec. 3, 2021
Scored 1 Penalty Kick @ LMU, Nov. 5, 2022
Scored 2 Penalty Kicks.....n/a
Allowed 1 Penalty Kick @ Pepperdine Oct. 19, 2022
Allowed 2 Penalty Kicksn/a

INDIVIDUAL

Hat Trick Mikayla Colohan vs. Alabama (11/18/21)
Multi-goal match (2) Brecken Mozingo @ LMU (11/5/22)
2 assists..... (2) Olivia Wade-Katoa (10/5/22)
3+ assists (3) Colohan vs. Pacific (10/16/21), Olivia Smith vs. Ohio State (8/19/21)
3 points Ellie Walbruch vs. Fullerton (8/19/23)
5+ points..... (5) Mozingo vs. Portland (10/15/22)
5+ shots..... Erin Bailey (6), Wade-Katoa (5) vs. Fullerton (8/19/23)
10+ shots.....(10) Mozingo vs. San Francisco (10/5/22)
5+ shots on goal(5) Mozingo vs. San Francisco (10/5/22)
Scored Penalty Kick Mozingo @ LMU 11/5/22)
Missed Penalty Kick Shepherd vs. Alabama (10/1/22)
10+ saves Hannah Clark @ Utah (9/5/16)
Shutout Savanna Mason vs. Stanford (11/17/22)
Yellow Card Kendell Petersen vs. Stanford (11/17/22)
Red CardJosie Guinn Gelalich vs. San Francisco (2/27/21)

National Stats Rankings

Table with 3 columns: Stat, Rank, Value. Rows include Shots Per Game (14), Shots on Goal Per Game (6), Corner Kicks Per Game (88), Scoring Offense (23), Points Per Game (15), Assists Per Game (5), Won-Lost-Tied Percentage (T-1), Goals-Against Average (T-175), Fouls Per Game (18), Save Pct (155), Saves Per Game (T-104), Shot Accuracy (44).

*updated August 21, 2023



At BYU
Beginning her first season with the Cougars

Before BYU
Had a scholarship to play soccer for Washington State, did not play in any games before transferring to BYU...Earned First Team All-CIF, All-Area and All-League...Led her high school team to a 20-2-6 record, extending the teams unbeaten run in league to 71 games

Personal
Served a mission for The Church of Jesus Christ of Latter-day Saints in the Salt Lake City South, Utah mission...Parents are Annie and Chad Hernaez...Has four younger siblings...Loves going to Newport Beach, surfing, playing sand volleyball, and eating Mexican food

CAREER STATS

Table with 11 columns: Year, GP-GS, Min, GA, GA AVG, SV, SV%, W, L, T, SHO/CBO. Row for 2023 shows 0-0 goals against and 0 saves.



At BYU
Redshirted her freshman year after suffering a knee injury

Before BYU
2020 Utah Gatorade Player of the Year...2019 ODP International Region Team ...2019 USYS National Golden Glove ...2019 USYS Best 11 Team ...2019 USYS Nationals Semi-finalist ...2019 Academic All-State...2018 Top Drawer Soccer All-State All-Star ...2018-19 All-State All-American

Personal
Parents are Mike and Stephanie Empey...has three siblings...sister Savanna also plays on the BYU soccer team and brother James used to play on the football team...served a mission for The Church of Jesus Christ of Latter-day Saints in the Washington, Seattle Mission

CAREER STATS

Table with 11 columns: Year, GP-GS, Min, GA, GA AVG, SV, SV%, W, L, T, SHO/CBO. Row for 2023 shows 0 goals against and 0 saves.



LYNETTE HERNAEZ

FRESHMAN | GOALKEEPER | CORONA, CALIF. | WASHINGTON STATE

SINGLE-MATCH SEASON/CAREER HIGHS

Table with 3 columns: Season, Career. Rows for Goals Allowed and Saves.

2023 MATCH-BY-MATCH

Table with 11 columns: Date, Opponent, GS, Min, GA, GA AVG, SV, SV%, W, L, T, SHO/CBO. Lists match dates and opponents from 8/17 to 10/28.



HAVEN EMPEY

FRESHMAN | GOALKEEPER | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with 3 columns: Season, Career. Rows for Goals Allowed and Saves.

2023 MATCH-BY-MATCH

Table with 11 columns: Date, Opponent, GS, Min, GA, GA AVG, SV, SV%, W, L, T, SHO/CBO. Lists match dates and opponents from 8/17 to 10/28.





10

OLIVIA WADE-KATO

SENIOR | MIDFIELDER | KAYSVILLE, UTAH | DAVIS HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with columns G, A, SH, PTS and rows Season, Career.

2023 MATCH-BY-MATCH

Table with columns Date, Opponent, GS, MIN, G, A, SH, SOG and rows of match data.

At BYU All-WCC Freshman Team...Ranked No. 23 in TDS Freshman Postseason Top 100 Play...

Personal Parents are Eric and Amanda Wade...has four siblings...dad played college ball at Ricks...

CAREER STATS

Table with columns Year, GP-GS, Min, G, A, SH, SOG and rows of career statistics.



11

ELLIE BOREN

SENIOR | MIDFIELDER | NORTH OGDEN, UTAH | WEBER HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with columns G, A, SH, PTS and rows Season, Career.

2023 MATCH-BY-MATCH

Table with columns Date, Opponent, GS, MIN, G, A, SH, SOG and rows of match data.

At BYU Scored her first collegiate goal against Long Beach State her freshman year...started in all but three games last season...

Personal Parents are Eric and Lori Maughan...has three siblings...married BYU football player, Jake Boren...

CAREER STATS

Table with columns Year, GP-GS, Min, G, A, SH, SOG and rows of career statistics.



12

JAMIE SHEPHERD

SENIOR | MIDFIELDER | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with columns G, A, SH, PTS and rows Season, Career.

2023 MATCH-BY-MATCH

Table with columns Date, Opponent, GS, MIN, G, A, SH, SOG and rows of match data.

At BYU Has played and started in every game since coming to BYU...WCC All-Freshman Team... First career goal against Gonzaga in 2019...

Personal Parents are Jared and Julie Shepherd...has four siblings...younger sister Josie also plays on the BYU soccer team...

CAREER STATS

Table with columns Year, GP-GS, Min, G, A, SH, SOG and rows of career statistics.



13

BRECKEN MOZINGO

SENIOR | MIDFIELDER | SANDY, UTAH | UCLA

SINGLE-MATCH SEASON/CAREER HIGHS

Table with columns G, A, SH, PTS and rows Season, Career.

2023 MATCH-BY-MATCH

Table with columns Date, Opponent, GS, MIN, G, A, SH, SOG and rows of match data.

At BYU 2020-21 Academic All-WCC Honorable Mention...2021 All-WCC Second Team honors... recorded a team-high 12 goals, 10 assists and 109 shots in 2022...

Personal Parents are Trev and Carly Mozingo...has three younger brothers...loves makeup, clothing and all things fashion...

CAREER STATS

Table with columns Year, GP-GS, Min, G, A, SH, SOG and rows of career statistics.



Go Cougs!





19

HALLE DIXON

FRESHMAN | FORWARD/MIDFIELDER | CARLSBAD, CALIF. | CARLSBAD HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with 5 columns: G, A, SH, PTS. Rows for Season and Career.

2023 MATCH-BY-MATCH

Match-by-match table with columns: Date, Opponent, GP-GS, MIN, G, A, SH, SOG. Lists matches from 8/17 to 10/28.

At BYU: Beginning her first season with the Cougars

Before BYU: 2022 ECNL Southwest Region All-Conference Second Team...2016-21 Youth National Team ID Center Invitee...3x U.S. Youth National Team Camp call-ups...

Personal: Parents are Cydney and Damon Dixon...has one sister, Savannah...loves the ocean, boating, and all things water sports...

CAREER STATS

Career stats table with columns: Year, GP-GS, Min, G, A, SH, SOG. Shows 0-0 for 2023.



20

CAMRYN JORGENSEN

FRESHMAN | FORWARD | HIGHLAND, UTAH | LONE PEAK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with 5 columns: G, A, SH, PTS. Rows for Season and Career.

2023 MATCH-BY-MATCH

Match-by-match table with columns: Date, Opponent, GP-GS, MIN, G, A, SH, SOG. Lists matches from 8/17 to 10/28.

At BYU: Redshirt for the 2022 season

Before BYU: 4-time UYSA State Champion...2-time USYS Region Champion...USYS National Finalist...Best 11 award at the USYS National Championships...

Personal: Parents are Ken and Tracy Jorgensen...has four brothers and one sister

CAREER STATS

Career stats table with columns: Year, GP-GS, Min, G, A, SH, SOG. Shows 1-0 for 2023.



21

TARA WARNER

JUNIOR | MIDFIELDER | SPRINGVILLE, UTAH | SPRINGVILLE HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with 5 columns: G, A, SH, PTS. Rows for Season and Career.

2023 MATCH-BY-MATCH

Match-by-match table with columns: Date, Opponent, GP-GS, MIN, G, A, SH, SOG. Lists matches from 8/17 to 10/28.

At BYU: Scored first career goal against UVU (9/10/22)

Before BYU: 5x Utah State Cup Champion...2x DPL Champion...2019 UYSA National Champion...2019 UYSA Nationals Best of 11 Team...

Personal: Parents are Nate and Jenni Warner...has five siblings...her two older sisters played soccer at Utah State...

CAREER STATS

Career stats table with columns: Year, GP-GS, Min, G, A, SH, SOG. Shows 34-1 for total.



22

BELLA FOLINO

SENIOR | FORWARD | ALISO VIEJO, CALIF. | ALISO NIGEL HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

Table with 5 columns: G, A, SH, PTS. Rows for Season and Career.

2023 MATCH-BY-MATCH

Match-by-match table with columns: Date, Opponent, GP-GS, MIN, G, A, SH, SOG. Lists matches from 8/17 to 10/28.

At BYU: Scored six goals as a freshman...2018 All-WCC Freshman Team...medical redshirt in 2019*...2020-21 All-WCC Academic First Team...

Personal: Parents are Scot and Lani Folino...has three siblings...loves pickleball, hiking, traveling and anything outside...

CAREER STATS

Career stats table with columns: Year, GP-GS, Min, G, A, SH, SOG. Shows 84-70 for total.



Go Cougs!





33

RACHEL MCCARTHY

SENIOR | FORWARD | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	G	A	SH	PTS
Season	n/a	n/a	1	n/a
Career	3	2	7	6

2023 MATCH-BY-MATCH

Date	Opponent	GS	MIN	G	A	SH	SOG
8/17	St. Louis	n/a	46	0	0	0	0
8/19	Fullerton	n/a	42	0	0	1	1
8/24	Long Beach St.	n/a	43	0	0	1	0
8/26	Boise St.						
8/31	UCLA						
9/2	UVU						
9/9	Utah						
9/14	TCU						
9/16	Utah State						
9/21	Baylor						
9/25	Texas						
9/28	Cincinnati						
10/2	Iowa St.						
10/5	Texas Tech						
10/9	Kansas St.						
10/12	Oklahoma St.						
10/16	Oklahoma						
10/23	UCF						
10/28	Big 12 Tournament						

At BYU
Recorded her first career goal against UC Irvine as a freshman in 2019...2020-21 third in the WCC for goals...2020-21 all-WCC First Team...2020-21 WCC All-Academic First Team...played and started in all but one game in the 2022 season

Personal
Parents are Timothy and Regina McCarthy...has four siblings

Year	GP-GS	Min	G	A	SH	SOG
2019	20-0	458	1	2	7	4
2020-21	15-2	852	9	7	26	18
2021	24-3	1043	4	5	37	18
2022	20-20	1139	2	2	47	23
2023	3-0	131	0	0	2	1
TOTAL	74-48	4938	0	3	14	5



66

SAVANNA MASON

JUNIOR | GOALKEEPER | AMERICAN FORK, UTAH | AMERICAN FORK HIGH SCHOOL

SINGLE-MATCH SEASON/CAREER HIGHS

	Season	Career
Goals Allowed	2 vs St. Louis 8/17/23	3 (5x) last vs UNC 11/19/22
Saves	7 vs St Louis 8/17/23	7 vs Stanford 11/17/22, St Louis 8/17/23

2023 MATCH-BY-MATCH

Date	Opponent	GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
8/17	St. Louis	*	90	2	2	7	.778	1	0	0	0/0
8/19	Fullerton	*	90	1	1.50	2	.667	2	0	0	0/0
8/24	Long Beach St.	*	90	0	0	5	1.00	3	0	0	1/0
8/26	Boise St.										
8/31	UCLA										
9/2	UVU										
9/9	Utah										
9/14	TCU										
9/16	Utah State										
9/21	Baylor										
9/25	Texas										
9/28	Cincinnati										
10/2	Iowa St.										
10/5	Texas Tech										
10/9	Kansas St.										
10/12	Oklahoma St.										
10/16	Oklahoma										
10/23	UCF										
10/28	Big 12 Tournament										

At BYU
First collegiate game was against LMU in 2020-21...played and started in all 21 games during the 2022 season

Personal
Parents are Mike and Stephanie Empey...has three siblings...sister Haven also plays goalkeeper for BYU...brother James plays in the NFL for the Tennessee Titans

Year	GP-GS	Min	GA	GA AVG	SV	SV%	W	L	T	SHO/CBO
2020-21	2-0	49	1	1.81	0	0	0	0	0	0/1
2021	9-0	235	4	1.54	9	.692	1	0	0	0/6
2022	21-21	1747	23	1.19	57	.713	11	3	6	6/2
2023	3-3	270	3	1.00	14	.824	3	0	0	1/0
TOTAL	35-24	2301	31	1.22	80	.721	15	3	6	7/9

COUGS IN THE PROS



MIKAYLA CLUFF

At BYU:

- Played 93 games for BYU, tallying 53 goals, 39 assists and 417 shots
- Her 53 goals are the second highest in BYU soccer history
- MAC Hermann Trophy Finalist
- Top Drawer Soccer Player of the Year in 2021
- Four-time All-American

After BYU:

- Drafted to the Orlando Pride in the 2021 NWSL draft, 14th overall pick
- 2023 stats for the Orlando Pride: 16 games played, 10 shots and two goals



ASHLEY HATCH

- Drafted second overall by the North Carolina Courage in 2017
- Named the 2017 NWSL Rookie of the Year after recording seven goals and one assist
- Traded to the Washington Spirit in 2018, where she currently plays
- Earned the 2021 NWSL Golden Boot
- Made her first USWNT appearance in 2016, in a friendly match against Switzerland
- 2022 CONCACAF Women's Championship
- SheBelives Cup: 2022, 2023
- 2023 stats for Spirit: 16 games played, 39 shots, eight goals and two assists



CAMERON TUCKER

At BYU:

- Played 98 games for BYU, notching 43 goals, 29 assists and 240 shots
- 2021 NSCAA All-American
- 2021 MAC Hermann Trophy watch list

After BYU:

- Drafted by Gotham FC in 2021, appeared in 13 matches
- Picked up by the Houston Dash in 2023
- 2023 stats for Dash: 10 games played, one start, four shots



MICHELE VASCONCELOS

- Drafted 11th overall by the Chicago Red Stars in 2017, appeared in 20 games during the 2018 season
- Moved to the Utah Royals in 2020. Ownership was transferred to a group in Kansas City, so Vasconcelos played on the expansion team in 2021
- 2021: Kansas City loaned Vasconcelos to Sevilla FC of the Spanish Primera Division Femenina for one season
- 2022: Signed with the Portland Thorns as a national team replacement player
- 2023: Re-signed with Thorns FC to a one-year contract
- 2023 stats for Thorns FC: 11 games played, seven shots, one goal

MISSIONARY TRADITION

GO FORTH TO SERVE

Brigham Young University is owned and operated by The Church of Jesus Christ of Latter-day Saints and the missionary program is one of its most recognized characteristics. Latter-day Saint missionaries can be seen on the streets of hundreds of major cities in the world as well as in thousands of smaller communities.

The missionary effort is based on the New Testament pattern of missionaries serving in pairs, teaching the gospel and baptizing believers in the name of Jesus Christ (see, for example, the work of Peter and John in the book of Acts).

More than 54,000 full-time missionaries are serving missions for The Church of Jesus Christ of Latter-day Saints. Most missionaries are young people under the age of 25, serving in 407 missions throughout the world. Single men serve missions for two years and single women serve missions for 18 months.

Missionary work is voluntary. Missionaries fund their own missions — except for their transportation to and from their field of labor — and are not paid for their services. Missionaries avoid entertainment, parties or other activities common to this age-group as long as they are on their missions, so they can focus entirely on the work of serving and of teaching others the gospel of Jesus Christ.

The Church of Jesus Christ of Latter-day Saints was officially organized on April 6, 1830 with six members. Today, congregations of the Church total over 16 million members, and it is one of the fastest growing religions in the world and one of the largest Christian churches in the United States.

The Church of Jesus Christ of Latter-day Saints is Christian, but is neither Catholic nor Protestant. Rather, it is a restoration of the original church established by Jesus Christ. For more information on the beliefs of the Church of Jesus Christ of Latter-day Saints, visit www.ChurchofJesusChrist.org.

The BYU women's soccer team is unique in that it currently has 10 players on the team who have served full-time missions, with two others currently serving. The women's soccer team has the most active and returned missionaries among all the women's athletic programs at BYU.



MISSIONARY TRADITION

RETURNED MISSIONARIES

- Lynette Hernaez:** Salt Lake City South, Utah (English)
- Savanna Mason:** New Zealand, Hamilton Mission (English)
- Olivia Katoa:** Texas, Houston Mission (Spanish)
- Lytiana Akinaka:** Colorado, Denver North Mission (English, Spanish)
- Josie Shepherd:** New Hampshire, Manchester Mission (English)
- Caroline Stringfellow:** Brazil, São Paulo South Mission (Portuguese)
- Kelsey Hoopes:** Texas, McAllen Mission (Spanish)
- Jacey Wood:** Texas, Lubbock Mission (Spanish)
- Addie Gardner:** Cape Verde, Praia Mission (Portuguese)
- Haven Empey:** Washington, Seattle Mission (English)



CURRENTLY SERVING

- Abbie Kotter:** Portugal, Lisbon Mission (Portuguese)
- Paola Garcia:** Ecuador, Guayaquil West Mission (Spanish)



CONFERENCE SUCCESS

BYU women's soccer has a history of remarkable conference success, dating back to 1996 when it won its first conference title in the Western Athletic Conference. Since joining the Mountain West Conference in 1999, BYU has earned 15 regular-season championship trophies, including nine in the West Coast Conference. The longest regular-season conference champion title streak for BYU is five years in a row, running from 2012-2016. While the WCC does not have a conference tournament, BYU earned the title of conference tournament champion seven times in the MWC and once in the WAC. The Cougars will now prepare to enter their first season in a new conference, beginning Big 12 competition in September.

YEAR-BY-YEAR REGULAR-SEASON CONFERENCE CHAMPIONS

WESTERN ATHLETIC CONFERENCE

1995 - *No regular-season WAC schedule was played, only a postseason tournament.*
 1996 - BYU (Pacific), SMU (Mountain)
 1997 - BYU (Pacific), SMU (Mountain)
 1998 - SDSU (Pacific), SMU & UTEP (Mountain)

MOUNTAIN WEST CONFERENCE

1999 - BYU
 2000 - BYU
 2001 - BYU
 2002 - BYU
 2003 - Utah
 2004 - UNLV
 2005 - Utah
 2006 - Utah
 2007 - UNLV
 2008 - BYU
 2009 - BYU
 2010 - New Mexico

WEST COAST CONFERENCE

2011 - Pepperdine and San Diego
 2012 - BYU
 2013 - BYU, Portland and Santa Clara
 2014 - BYU
 2015 - BYU
 2016 - BYU
 2017 - Pepperdine
 2018 - BYU
 2019 - BYU
 2020-21 - BYU and Santa Clara
 2021 - BYU and Santa Clara
 2022 - Santa Clara

YEAR-BY-YEAR CONFERENCE TOURNAMENT CHAMPIONS

WESTERN ATHLETIC CONFERENCE

1995 - San Diego State
 1996 - BYU
 1997 - SMU
 1998 - San Diego State

MOUNTAIN WEST CONFERENCE

1999 - BYU
 2000 - BYU
 2001 - BYU
 2002 - BYU
 2003 - Utah
 2004 - Utah
 2005 - UNLV
 2006 - UNLV
 2007 - BYU
 2008 - BYU
 2009 - San Diego State
 2010 - BYU

WEST COAST CONFERENCE

The WCC does not have a conference tournament.



SOUTH FIELD



Considered one of the toughest places for opponents to play in collegiate soccer, South Field was the top home venue in college women's soccer in terms of attendance per game in 2019 (2,945), 2021 (2,513) and 2022 (3,186). BYU broke program records for single game attendance in 2017 when it hosted No. 1 UCLA (5,735). Since 1995, the Cougars have gone 237-29-13 on South Field.

Located just south of the Smith Fieldhouse, South Field boasts one of the best-maintained grass playing surfaces in the NCAA. In fact, the U.S. Men's National Soccer Team chose South Field as its practice field in preparation for the 2005 World Cup qualifier against Costa Rica. South Field is also equipped with state-of-the-art field lights, making night games a favorite among fans. In addition, the Wasatch Mountains serve as a scenic backdrop for the dedicated fans.

This popular facility underwent renovations in March 2008 and Spring 2017. The South Field now features a permanent grandstand of 20 rows that accommodates 4,200 spectators in chair and bench-back seating. The grandstand is 26 feet high, 216 feet across and 65 feet deep. In 2017, the field was replaced and a concrete pad was installed under the press tent.

SOUTH FIELD STATS

- Record: 237-29-13**
- Shutouts: 162**
- First Game:** BYU vs. Utah, Sept. 8, 1995
- First Win:** 3-1, BYU vs. Utah, Sept. 8, 1995
- First Shutout:** 1-0, BYU vs. Colorado, Sept. 30, 1995
- First BYU Goal:** Shauna Rohbock, vs. Utah, 29' Sept. 8, 1995
- First BYU Assist:** Ashley Monahan, vs. Utah, 29' Sept. 8, 1995
- First Hat Trick:** Shauna Rohbock, vs. Utah, Sept. 8, 1995
- First WAC Game:** BYU vs. Utah, Sept. 8, 1995
- First WAC Win:** 3-1, BYU vs. Utah, Sept. 8, 1995
- First MWC Game:** BYU vs. New Mexico, Oct. 8, 1999
- First MWC Win:** 4-0, BYU vs. New Mexico, Oct. 8, 1999
- First WCC Game:** BYU vs. Portland Oct. 6, 2011
- First WCC Win:** 2-1, BYU vs. Portland, Oct. 6, 2011

BYU AS A RANKED TEAM

Table with 5 columns: Date, Opponent, Rank, Score, W/L/T. Lists game results from 11/1/96 to 11/15/12.

BYU AS A RANKED TEAM

Table with 5 columns: Date, Opponent, Rank, Score, W/L/T. Lists game results from 11/17/12 to 9/26/19.

BYU RECORD WHEN RANKED...

Table with 4 columns: Ranking, W, L, T. Shows record for various ranked games.

BYU AS A RANKED TEAM

Overall Record: 243-59-37
Home Record: 134-20-17
Last Home Win: 11/11/22, No. 15 BYU vs. UVU (3-0)
Last Home Loss: 9/10/22, No. 13 BYU vs. UVU (2-4)
Last Home Tie: 10/29/22, No. 13 BYU vs. Santa Clara (0-0)
Road Record: 97-32-16
Last Road Win: 11/5/22, No. 15 BYU vs. LMU (2-1)
Last Road Loss: 11/19/22, No. 15 BYU vs. UNC (2-3)
Last Road Tie: 9/15/22, No. 25 BYU vs. Utah St. (1-1)
Last Neutral Win: 11/18/21, No. 13 BYU vs. Alabama (4-1)
Last Neutral Loss: 5/1/21, No. 17 BYU vs. Virginia (0-2)
Last Neutral Tie: 11/17/22, No. 15 BYU vs. Stanford (1-1)
Neutral Record: 12-7-4
Longest BYU Win Streak: 12 games; 8/31/00-11/11/00
Longest Opponent Win Streak: 3 games; 9/1/17-11/9/18

2021 NCAA College Cup Championship Team



INDIVIDUAL LEADERS

INDIVIDUAL ALL-TIME LEADERS

Most Goals

Game: 4
 Shauna Rohbock vs. Pepperdine, 9/96
 Shauna Rohbock vs. Colorado, 9/98
 Jeni Willardson Viernes vs. UNM, 11/02
 Bobbi Tillotson vs. Air Force, 10/05
 Cameron Tucker vs. Saint Mary's, 10/21

Season: 35
 Shauna Rohbock, 1996

Career: 94
 Shauna Rohbock, 1995-1998

Most Assists

Game: 4
 Aleisha Rose vs. SUU, 9/03

Season: 15
 Kim Lowe Halladay, 2000
 Mikayla Colohan, 2021

Career: 47
 Aleisha Rose, 2000-2003

Most Points

Season: 79
 Shauna Rohbock, 1996

Career: 216
 Shauna Rohbock, 1995-1998

Most Shots

Game: 15
 Ashley Hatch vs. Saint Mary's, 10/14

Season: 134
 Mikayla Colohan, 2021

Career: 417
 Mikayla Colohan, 2017-2021



Carlee Payne Holmoe '09



Cameron Tucker, '21

ALL-AMERICANS

COUGAR ALL-AMERICANS

Name	Year	Team	Organization
Shauna Rohbock	1996	2nd	NSCAA
	1996	3rd	Soccer Buzz
	1997	2nd	NSCAA
	1997	2nd	Soccer Buzz
	1998	3rd	NSCAA
	1998	3rd	Soccer Buzz
Maren Hendershot McCrary	1998	3rd	NSCAA
	1999	1st	NSCAA/Adidas
	1999	HM	Soccer Buzz
Staci Reynolds	1999	2nd	NSCAA/Adidas
	1999	3rd	Soccer Buzz
	2000	HM	Soccer Buzz
Michelle Jensen Peterson	2000	2nd	Soccer Buzz
Aleisha Cramer Rose	2000	1st	NSCAA/Adidas
	2000	3rd	Soccer Buzz
	2001	1st	Soccer Buzz
	2002	2nd	NSCAA/Adidas
	2002	3rd	Soccer Buzz
	2003	2nd	Soccer Buzz
	2003	3rd	NSCAA/Adidas
Jaime Rendich Beck	2005	3rd	NSCAA/Adidas, Soccer Buzz
	2005	HM	Soccer Times
Katie Larkin	2006	3rd	NSCAA/Adidas, Soccer Buzz, Soccer Times
	2007	3rd	NSCAA/Adidas, Soccer Buzz
	2008	3rd	NSCAA

Name	Year	Team	Organization
Andrea Willis	2008	4th	Soccer Buzz
	2009	3rd	NSCAA
Lindsi Lisonbee Cutshall	2010	2nd	NSCAA
	2011	3rd	NSCAA
	2012	1st	NSCAA
Jessica Ringwood	2012	2nd	NSCAA
Cloe Colohan	2013	3rd	NSCAA, Soccer America
Ashley Hatch	2014	3rd	NSCAA, Soccer America
	2016	1st	NSCAA
Nadia Gomes	2015	3rd	NSCAA
Taylor Isom	2016	2nd	NSCAA
Mikayla Colohan	2018	2nd	United Soccer Coaches
	2019	1st	United Soccer Coaches
	2020-21	1st	United Soccer Coaches
	2021	1st	United Soccer Coaches
Elise Flake	2019	1st	United Soccer Coaches, espnW
Alyssa Jefferson	2019	3rd	United Soccer Coaches
Cameron Tucker	2021	3rd	United Soccer Coaches
Brecken Mozingo	2022	2nd	United Soccer Coaches
Jamie Shepherd	2022	2nd	United Soccer Coaches

20 All-Americans
Two four-time All-Americans

ACADEMIC ALL-AMERICANS/FRESHMAN ALL-AMERICANS

Table with 4 columns: Name, Year, Team, Organization. Lists Academic All-Americans and Freshman All-Americans from 2000 to 2021.

Table with 4 columns: Name, Year, Team, Organization. Lists Freshman All-Americans from 2000 to 2008.

13 Academic All-Americans Four Freshman All-Americans

GAME NO. 1



Official Soccer Box Score - Final Saint Louis vs BYU

Match Time: 7:00 PM Match Duration: 02:01 Attendance: 2088

Saint Louis (0-1-0) vs. BYU (1-0-0) Date: 8/18/2023 • Attendance: 2088

Player statistics for Saint Louis and BYU, including goals, assists, and minutes played.

Goalkeepers statistics for Saint Louis and BYU.

Win-Mason, Savanna (1-0-0). Loss-Puricelli, Emily (0-1-0).

Shots by period and Corner kicks statistics for Saint Louis and BYU.

Fouls statistics for Saint Louis and BYU.

Scoring summary table with columns: No., Time, Team, Goal scorer, Assist, Description.



GAME NO. 3



Official Soccer Box Score - Final Long Beach St. vs BYU

Match Time: 6:00 PM Match Duration: 02:19 Attendance: 2226

Long Beach St. (1-2-0) vs. BYU (3-0-0) Date: 8/25/2023 • Attendance: 2226

Player statistics for Long Beach St. and BYU, including goals, assists, and minutes played.

Goalkeepers statistics for Long Beach St. and BYU.

Win-Mason, Savanna (3-0-0). Loss-Standifer, Zora (1-1-0).

Shots by period and Corner kicks statistics for Long Beach St. and BYU.

Fouls statistics for Long Beach St. and BYU.

Scoring summary table with columns: No., Time, Team, Goal scorer, Assist, Description.

Cautions and ejections: YC - Cougars #23 45:29; YC - Beach #7 73:48

Stadium: South Field Officials: Referee: Patricia McCracken; Asst. Referee: Joshua Mills; Robbie Kosinski; Alt. Official: Jordan Downs; Offsides: Long Beach St. 0, BYU 3.

GAME NO. 2



Official Soccer Box Score - Final Cal St. Fullerton vs BYU

Match Time: 7:00 PM Match Duration: 01:51 Attendance: 2656

Cal St. Fullerton (0-1-1) vs. BYU (2-0-0) Date: 8/20/2023 • Attendance: 2656

Player statistics for Cal St. Fullerton and BYU, including goals, assists, and minutes played.

Goalkeepers statistics for Cal St. Fullerton and BYU.

Win-Mason, Savanna (2-0-0). Loss-Ranson, Mia (0-1-1).

Shots by period and Corner kicks statistics for Cal St. Fullerton and BYU.

Fouls statistics for Cal St. Fullerton and BYU.

Scoring summary table with columns: No., Time, Team, Goal scorer, Assist, Description.



GAME NO. 4



Go Cougs!

