



BYU COUGAR BASKETBALL



NOTES AND QUOTES | BYU VS. UTAH VALLEY | TUESDAY, NOVEMBER 14, 2023

The following notes and quotes are from BYU women's basketball's 59-44 win over the Utah Valley Wolverines at the Marriott Center on Tuesday night.

Series Results: 11-0 (7-0 at the Marriott Center)

Attendance: 1690

TEAM NOTES

Victors of the Valley

The Cougars are now 11-0 against the Wolverines all time, 6-0 at the Marriott Center and have won those 11 games by an average of 18.2 points.

Double Trouble

Tonight's win was the Cougars' first game with two players (Lauren Gustin and Kailey Woolston) recording double-doubles since Feb. 23, 2017 vs Portland (Amanda Wayment and Kalani Purcell).

Sharing the Love

The Cougars had three players finish in double figures, combining for 45 of the 59 BYU points. Kailey Woolston was the leading scorer with 19 points with Lauren Gustin and Amari Whiting each adding 13 points apiece. The three combined to go 18-for-36 from the field and 5-for-10 from behind the loop. This is the third-straight game in which three Cougars have scored 10 or more points.

"Cookies" Galore

BYU forced nine turnovers through the first two periods and seven in the second period alone. The Cougars turned 11 Utah Valley turnovers into 13 of their 59 points. Whiting finished with two steals, scoring four points directly from the takeaways.

Killer Kailey

Kailey Woolston set four career highs while taking down the Wolverines. The freshman scored 19 points, made seven field goals going 7-of-11 (.636), grabbed 10 rebounds and canned four from behind the arc, each of which are new career highs. She also recorded one steal which matches her career high.

Queen of the Boards

Lauren Gustin recorded 21 rebounds in the 19-point win over UVU. Gustin has grabbed 20 or more rebounds in 13 games during her career. Tonight's win was the first 20+ rebound game with more offense than defense rebounds (11-10) She has had double-digit rebounds in every game this season (3).

BYU CAREER HIGHS

Points: Kailey Woolston (19)

Rebounds: Kailey Woolston (10); Amari Whiting (9)

Steals: Kailey Woolston (1, tie)

Blocks: Emma Calvert (4)

Field Goals: Kailey Woolston (7); Amari Whiting (5, tie)

3-point Field Goals: Kailey Woolston (4); Amari Whiting (1)

Offensive Rebounds: Lauren Gustin (11)

Minutes Played: Amari Whiting (31)

BYU SEASON HIGHS

Points: Kailey Woolston (19); Emma Calvert (7)

Rebounds: Lauren Gustin (21); Kailey Woolston (10); Amari Whiting (9); Emma Calvert (5)

Assists: Kaylee Smiler (5, tie) Lauren Gustin (6); Davenport (2, tie)

Steals: Lauren Davenport (1); Woolston (1, tie)

Blocks: Emma Calvert (4)

Field Goals: Kailey Woolston (7); Amari Whiting (5, tie) Emma Calvert (4)

3-point Field Goals: Kailey Woolston (4); Amari Whiting (1); Emma Calvert (1, tie)

Offensive Rebounds: Lauren Gustin (11)

Minutes Played: Amari Whiting (31); Davenport (34); Gustin (39)



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Amber Whiting - BYU Head Coach

Opening Statement

“Utah Valley came to play tonight like they said. They came to play physical. They were switching up defenses. They had a really good game plan. But I felt like my women stayed the course. They stayed calm. They matched the physicality and then some, so I was really proud of the way they played tonight.”

On the defensive effort...

“We still got to get better on it. I didn’t like so many middle drives because that’s one of our things that we focus on. We did a good job with holding them on the boards, but I don’t think they were sending that many to the boards. I felt like it was a good effort, but we still got lots of clean-up.”

On Woolston’s impact...

“UVU was running a one three one trap and we had to make adjustments. When we got Woolston on the baseline being able to run and be wide open, I think that really opened the game up for us. It is really nice to have a shooter that will just knock it down when she is wide open and that was really good for us.”

On outrebounding UVU 55-27...

“Lauren has been making jokes about fighting her own teammates known for her rebounds because Amari and Kailey Woolston go to the boards and that is what I love. We know that somebody is always going to go clean it up. But Lauren having 21 tonight was huge.”

On having 20 turnovers...

“That’s hard and we have been fighting that all year and will continue to fight that. I mean we need to get better every day and we will as the season gets going.”

On the upcoming games in Hawaii

“It’s a business trip. We have two good games and we are 3-0 right now so I want to come home 5-0. That is my main goal. It is a beautiful place that we are going to but I told the girls in the locker room to take the day to recover, but this is a business trip.”

Amari Whiting - Freshman Guard

On her two steals and playing defensively...

“Coach is a defense first coach, so I feel like she’s been kind of making us grind defensively. I just know that my job when I pick up ball is to stop ball. My whole life I have kind of gotten pretty good at it, with just having little cookies and so I just always look for it during crossovers.”

On playing with Kailey Woolston...

“I love it. She makes my job easy. Sometimes I’ll be tired bringing it down the court, so I just kick it to her and she knocks it down everytime. She’s a hard worker and the best shooter around.”