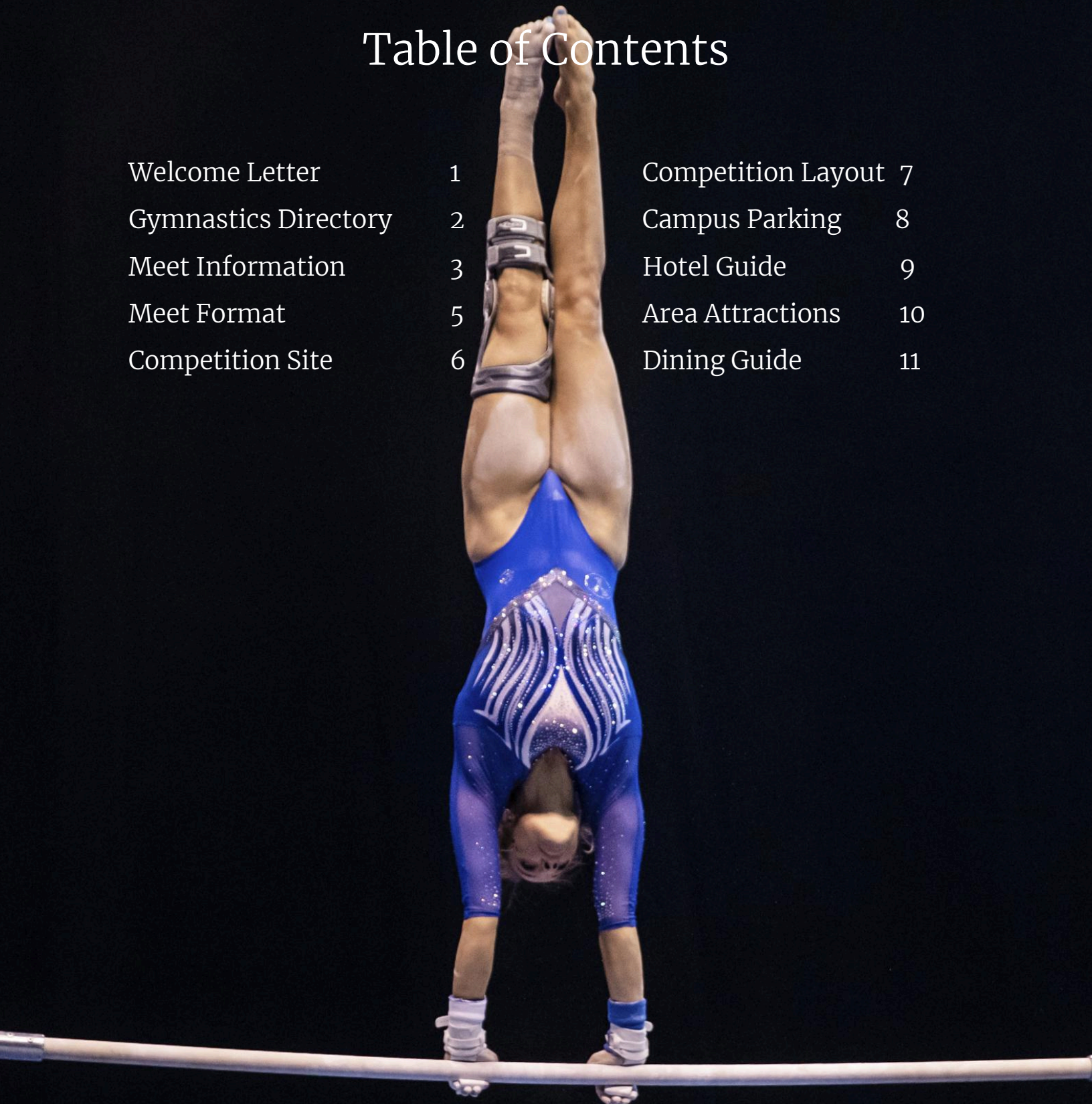


BYU Gymnastics Visiting Team Guide 2024



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Dear Coach,

We are so excited to have you here in Provo for your meet against the Cougars! I hope this team guide gives you the information you need in preparation for the competition.

All of our meets will take place in the Marriot Center. There is a floor layout included as well as information on where the athletes can be dropped off. For safety of the athletes and coaches we will have the visiting team enter through the west side of the Marriott Center instead of through the main entrance. When you arrive I will be there to help show you to your locker room, give you information on march out/awards, and answer any questions you might have.

In the meantime, if you have any questions or concerns please don't hesitate to contact me at (214) 683-6266 or kenzhalliday@gmail.com as the meet approaches.

Best of luck to you and your team this season!

Sincerely,
Makenzie Johnson Halliday
Meet Director BYU Gymnastics

BYU Gymnastics Directory

Administrative Staff

Tom Holmoe	Director of Athletics	801.422.7649	tom_holmoe@byu.edu
Brian Santiago	Deputy AD	801.422.9059	brian_santiago@byu.edu
Liz Darger	Sr. Associate AD/SWA	801.422.7306	liz_darger@byu.edu
Matt Nix	Associate AD/Events and Facilities	801.422.3304	matt_nix@byu.edu
Layne Van Noy	Event Manager	775-544-2416	layne_van_noy@byu.edu

Gymnastics Staff

Guard Young	Head Coach	801.422.4769	guard_young@byu.edu
Natalie Broekman	Assistant Coach	801.422.2681	natalie_broekman@byu.edu
Brogan Evanson	Assistant Coach	801.422.1681	brogan_evanson@byu.edu
Phillip Hartog	Athletic Trainer	801.400.2806	phillip_hartog@byu.edu
Geni Tausinga	Administrative Assistant	801.422.8734	geni_tausinga@byu.edu
Liz Darger	Gymnastics Sport Administrator	801.422.7306	liz_darger@byu.edu
Makenzie Johnson Halliday	Meet Director	214.683.6266	kenzhalliday@gmail.com
Brenna Seeman	Gymnastics SID	760.884.6772	gymnastics_sid@byu.edu

Meet Information

Dual Meet Information:

1. We will be running one event at a time. We will alternate competitors on vault and bars then beam and floor. Please have your gymnast be ready for television broadcasting purposes.
2. Maximum of one exhibition per event (per head coach discretion)
3. Final line-ups must be turned into the head table by the beginning of the warm-up session. Minor adjustments can take place as per NCAA regulations.
4. Changes and substitutions must be made prior to the start of the event by notifying the head judge, meet director, and BYU TV representative as meets are live broadcast.
5. There will be a 4 minute touch warm-up prior to each rotation.
6. Any inquiries must be given to the meet director, Makenzie Johnson Halliday.
7. Open scoring will be adhered to as closely as possible.

Tri Meet Information

1. We will be running one event at a time. Please have your gymnast be ready for television broadcasting purposes.
2. No exhibitions due to live television broadcast.
3. Final line-ups must be turned into the head table by the beginning of the warm-up session. Minor adjustments can take place as per NCAA regulations.
4. Changes and substitutions must be made prior to the start of the event by notifying the head judge, meet director, and BYU TV representative as meets are live broadcast.
5. There will be a 4 minute touch warm-up prior to each rotation.
6. Any inquiries must be given to the meet director, Makenzie Johnson Halliday.
7. Open scoring will be adhered to as closely as possible.

Quad Meet Information:

1. All four events will run simultaneously. Please have your gymnast be ready for television broadcasting purposes.
2. One exhibition for vault and bars only due to live television broadcast.
3. Final line-ups must be turned into the head table by the beginning of the warm-up session. Minor adjustments can take place as per NCAA regulations.
4. Changes and substitutions must be made prior to the start of the event by notifying the head judge, meet director, and BYU TV representative as meets are live broadcast.
5. There will be a 4 minute touch warm-up prior to each rotation.
6. Any inquiries must be given to the meet director, Makenzie Johnson Halliday.
7. Open scoring will be adhered to as closely as possible.

General Meet Format (Subject to change):

Event	7pm Start
Training Room Opens	4:00pm
Open Warm-ups Begin	4:53pm
Timed Warm-ups Begin	5:25pm
March in and Introductions	6:50pm
4 Minute Touch Warm-up	7:00pm
First Rotation Begins	7:05pm

*A detailed timing sheet will be sent to you the week prior to the meet

Competition Site

Marriott Center: Provo, UT 84604



*Red: Main entrance

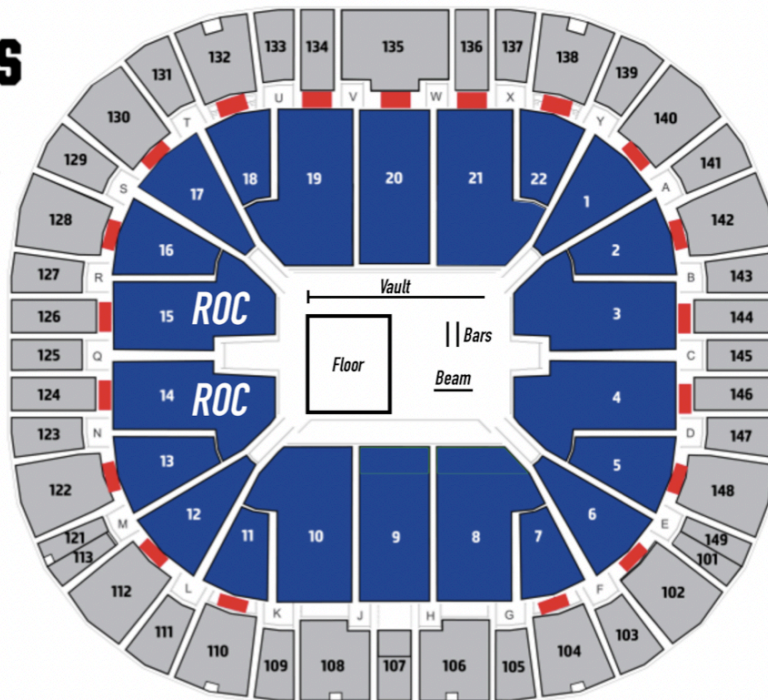
*Blue: Athlete entrance/bus drop off

The bus can pull up on the west side of the Marriott Center. There is a ramp that the athletes/coaches will walk down and enter through the door on the side of the garage. The bus can then either remain parked in front of the ramp (security can put out cones) or it can be parked in the large parking lot on the north side of the Marriott Center.

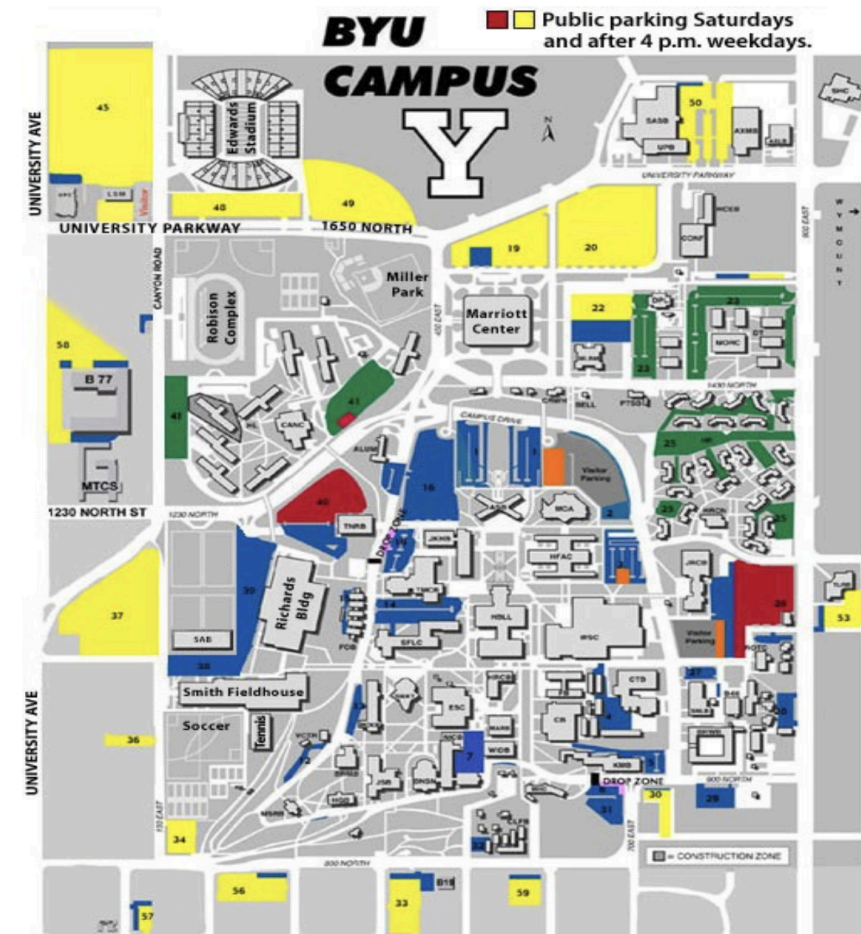
Competition Layout

GYMNASTICS

- Reserved Chairs
- General Admission Chairs
- Wheelchair Seating



BYU Campus Parking



Hotel Guide

*Provo Marriott Hotel	101 W 100 N, Provo	801.377.4700
SpringHill Suites	1580 N Freedom Blvd, Provo	801.373.0073
Hyatt Place	180 W 100 N, Provo	801.609.2060
Hampton Inn	1511 South 40 East, Provo	801.960.3950

*Recommended

Area Attractions

Movie Theaters:

AMC Classic Provo 12	801.764.9345
Cinemark University Mall	801.224.7428
Cinemark 16 Provo Towne	801.852.2872

Shopping:

University Mall
Provo Towne Mall
The Shops at Riverwoods
Thanksgiving Point
South Towne Mall
City Creek Mall

Biking/Hiking:

Provo River Trail
Rock Canyon Trail
Squaw Peak Trail

Other Attractions:

Provo City Center Temple	801.343.2700
Sundance Resort	801.225.4107
Fat Cats	801.373.1863
Color Me Mine	801.434.4848
Soap Factory	385.309.3219
The Wick Lab	801.607.1671

*For additional information visit www.utahvalley.org

Dining Guide

*Bam Bams BBQ	801.225.1324
*Bombay House (Indian)	801.373.6677
*Brick Oven (Pizza/Pasta)	801.374.8800
Burgers Supreme	801.373.5713
Café Zupas	801.377.7687
Chick-fil-A	801.374.2697
*CHOM Burger	385.241.7499
Costa Vida	801.373.1876
*Crumbl Cookies	801.823.1544
*Cubby's (Sandwich/Salad)	801.919.3023
Cupbop (Korean)	801.916.8968
*Don Joaquin Street Tacos	801.400.2894
Firehouse Subs	801.705.8500
*Guru's Café	801.375.4878
*Hruska's Kolaches (Breakfast)	801.623.3578
*J. Dawgs (Gourmet Hotdogs)	801.852.2021
Jimmy John's	801.375.7777
*Magleby's Fresh (American)	801.852.8620
Malawi's Pizza	801.224.5111
Olive Garden	801.377.0062
Red Robin	801.852.8093
Rodizio	801.224.4774
*Seven Brothers Burgers	385.477.4220
*Slab Pizza	801.377.3883
*Station 22 (American)	801.607.1803
*Swig (Soft Drinks)	385.327.2454
*Two Jack's Pizza	801.377.4747
*Waffle Love	801.228.1636

* Local Favorites