



GYMNASTICS

4-7 OVERALL 1-1 BIG 12 1-0 HOME 0-1 AWAY
NEUTRAL 3-6

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BYU COUGARS

4-7 overall (1-1 Big 12)

Ranking (RTN): 27

Coach: Guard Young (9th year)



OKLAHOMA SOONERS

12-0 overall (2-0 Big 12)

Ranking (RTN): 1

Coach: K.J. Kindler (17th year)

VS



TWU PIONEERS

3-3 overall (0-0 LSC)

Ranking (RTN): n/a

Coach: Lisa Bowerman (13th year)



UTAH STATE AGGIES

2-8 overall (1-1 Mountain West)

Ranking (RTN): 47

Coach: Kristin White (3rd year)

Friday, Feb. 9 2024 / 5:45 p.m. MT

Lloyd Noble Center | Norman, Oklahoma

Watch on: Big 12 Now on ESPN+

Live Stats: statbroadcast.com

2024 SCHEDULE

Opponent	Time	Result
JANUARY		
6 at Super 16	12pm MT	4th, 195.900
13 at Collegiate Quad	7pm MT	3rd, 196.100
15 at Best of Utah	4pm MT	2nd, 195.775
19 at Iowa State*	5:30pm MT	L, 196.125
FEBRUARY		
2 West Virginia*^	7pm MT	W, 196.475
9 at Oklahoma*	5:45pm MT	
16 at Kentucky	5pm MT	
23 Denver*^	7pm MT	
MARCH		
1 SUU^	7pm MT	
4 at SUU	7pm MT	
8 Ohio State^	7pm MT	
15 Washington	6pm MT	
23 Big 12 Championships	TBA	

Regionals: April 3-7

*Big 12 Conference Meet

^Home meet in the Marriott Center

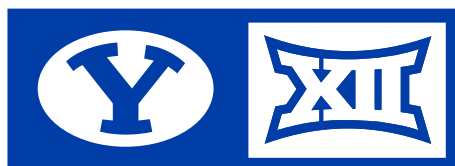
PREVIEW THE TEAMS

THE COUGARS. No. 27 BYU last competed against West Virginia in the 2024 home-opener Friday evening in front of 3,386 fans at the Marriott Center. The Cougars earned new season-high balance beam (49.100) and floor (49.325) scores to contribute to their new season-high score of 196.475, besting the Mountaineers' 193.500.

THE SOONERS. No. 1 Oklahoma started its 2024 campaign with a perfect 12-0 record, including two conference wins against Denver. The Sooners last competed against Arizona State and Cal, tying a program record with a 49.825 on the uneven bars. Jordan Bowers secured the first perfect 10 of the year for OU as Oklahoma posted a season-high 198.375 in the win.

THE AGGIES. No. 47 Utah State last competed against SUU at the Dee Glen Smith Spectrum in Logan, Utah on Friday, Feb. 2. Despite posting a new season-high, the Aggies fell to the Thunderbirds 196.275-196.800. The girls posted season-highs of 49.125 on bars, 49.025 on beam and 49.175 on floor.

THE PIONEERS. Texas Woman's began its season with a 3-3 record. The Pioneers last competed against No. 9 Missouri at the Kitty Magee Arena in Denton, Texas on Saturday, Feb. 3. Despite setting a program high 49.375 on floor, TWU fell to Missouri 197.025-195.475. scored a 9.825 or higher, with two scoring career-high 9.950s.



Event Order

Team	1	2	3	4
BYU	Bars	Vault	Floor	Beam
Oklahoma	Vault	Bars	Beam	Floor
Utah St.	Floor	Beam	Bars	Vault
TWU	Beam	Floor	Vault	Bars



INDIVIDUAL GYMNAST HIGHLIGHTS

- Sydney Benson tied her career high 9.900 on floor against West Virginia
- Sophie Dudley tied her career high beam score of 9.825 in Friday's meet
- Kyllie Eaquinto scored above a 9.800 on all three events she competed on
- Freshman Ava Jorgensen scored a career high 9.875 on floor
- Olivia Matern earned a new career high floor score with a 9.850

TEAM HIGHLIGHTS

- BYU is currently ranked No. 27 in the nation
- BYU's overall bars score of 49.425 is tied for the third-best score on the apparatus in program history
- BYU's bars squad is ranked No. 23 in the nation
- BYU's beam team is ranked No. 26 in the nation

2024 TEAM EVENT HIGHS

- Vault: 49.225
- Bars: 49.425
- Beam: 49.100
- Floor: 49.325
- Total: 196.475



2024 BROADCAST ROSTER



Aillah Alvarado
Fr, All Around
Rancho Cucamonga, Calif.



Anyssa Alvarado
Sr, Bars
Rancho Cucamonga, Calif.



Brynlee Andersen
Fr, All Around
Orem, Utah



Sydney Benson
Sr, All Around
Riverton, Utah



Anna Bramblett
Sr, All Around
Prescott Valley, Ariz.



Sophie Dudley
Jr, Vault, Beam, Floor
Plano, Texas



Kyllie Eaquinto
So, All Around
Orem, Utah



Melissa Earl
RS-So, Bars, Vault
St. George, Utah



Karsyn Foster
Fr, Vault, Beam, Floor
Baytown, Texas



Jadyr Harsh
Fr, All Around
Lindon, Utah



Chloee Hoke
Fr, All Around
Pittsburgh, Penn.



Kauri Hunsaker
Fr, All Around
Gilbert, Ariz.



Ava Jorgensen
Fr, All Around
Gilbert, Ariz.



Lindsey Kempler
Sr, Vault, Bars, Floor
Santa Clarita, Calif.



Mya Kirkham
Fr, All Around
Alpine, Utah



Rebecca Leach
RS-So, All Around
Coppell, Texas



Jayda Lealaogata
So, Bars
Chino Valley, Calif.



Mina Margraf
Fr, Vault, Beam, Floor
Spring, Texas



Allix Mason
Sr, Vault, Bars, Beam
Rancho Cucamonga, Calif.



Olivia Matern
RS-So, Floor, Vault
Highland, Utah



Eliza Millar-Crossman
Jr, Beam, Floor
Cincinnati, Ohio



Lauren Ono
Sr, Beam
San Dimas, Calif.



Hailey Openshaw
Fr, Vault, Beam, Floor
Riverton, Utah



Madison Raesly-Patton
So, All Around
Flowermound, Texas



Elease Rollins
Sr, Vault, Beam, Floor
West Jordan, Utah



Heidi Schooley
Jr, Beam, Floor
Orem, Utah



Guard Young
Head Coach



Natalie Broekman
Assoc. Head Coach



Brogan Evanson
Assistant Coach



Warde Allen
Strength and Conditioning Coach

2024 WORD ROSTER

Name	Yr.	Ht.	Hometown
Alilah Alvarado	Fr.	5-4	Rancho Cucamonga, Calif.
Anyssa Alvarado	Sr.	5-3	Rancho Cucamonga, Calif.
Brynlee Andersen	Fr.	4-11	Orem, Utah
Sydney Benson	Sr.	5-5	Riverton, Utah
Anna Bramblett	Sr.	5-4	Prescott Valley, Ariz.
Sophie Dudley	Jr.	4-10	Plano, Texas
Kylie Eaquinto	So.	5-6	Orem, Utah
Melissa Earl	RS-So.	5-6	St. George, Utah
Karsyn Foster	Fr.	5-2	Baytown, Texas
Jadyn Harsh	Fr.	5-2	Lindon, Utah
Chloee Hoke	Fr.	5-6	Pittsburgh, Penn.
Kauri Hunsaker	Fr.	5-3	Gilbert, Ariz.
Ava Jorgensen	Fr.	5-5	Gilbert, Ariz.
Lindsey Kempler	Sr.	5-3	Santa Clarita, Calif.
Mya Kirkham	Fr.	5-4	Alpine, Utah
Rebecca Leach	RS-So.	5-4	Coppell, Texas
Jayda Lealaogata	So.	5-4	Chino Valley, Calif.
Mina Margraf	Jr.	5-2	Spring, Texas
Allix Mason	Sr.	5-3	Rancho Cucamonga, Calif.
Olivia Matern	RS-So.	5-4	Highland, Utah
Eliza Millar-Crossman	Jr.	5-0	Cincinnati, Ohio
Lauren Ono	Sr.	5-1	San Dimas, Calif.
Hailey Openshaw	Fr.	4-11	Riverton, Utah
Madison Raesly-Patton	So.	4-11	Flowermound, Texas
Elease Rollins	Sr.	4-11	West Jordan, Utah
Heidi Schooley	Jr.	4-11	Orem, Utah

Head Coach: Guard Young
Associate Head Coach: Natalie Broekman
Assistant Coach: Brogan Evanson
Strength and Conditioning: Warde Allen, Steven Arnold

Athletic Trainer: Phillip Hartog
Event Coordinator: Layne Van Noy
Office Manager: Geni Tausinga
Communications Director: Brenna Seeman

PRONUNCIATION GUIDE

ALILAH Alvarado = uh-LIE-luh
 ANYSSA Alvarado = UH-niss-uh
 Kylie EAQUINTO = ee-QUIN-toe
 KAURI Hunsaker = CAR-ee
 Mya KIRKHAM = KIRK-um

Jayda LEALAOGATA = LAY-ah-luh-oh-natta
 Olivia MATERN = MAY-turn
 Eliza MILLAR-Crossman = mil-LAR
 Madison RAESLY-Patton = RAISE-lee
 ELEASE Rollins = EE-lease
 Heidi SCHOOLEY = SCHOOL-ee



2024 SEASON SCORES

MEET	RESULT	VT	UB	BB	FX	TOTAL
1.6 at Super16	4th	49.225	49.425	48.600	48.650	195.900
1.13 at Collegiate Quad	3rd	49.025	48.925	49.075	49.075	196.100
1.15 at Best of Utah	2nd	48.775	48.950	48.975	49.075	195.775
1.19 at Iowa State*	L	49.000	49.000	49.075	49.050	196.125
2.2 West Virginia**	W	48.825	49.225	49.100	49.325	196.475
2.9 at Oklahoma*						
2.16 at Kentucky						
2.23 Denver**						
3.1 SUU^						
3.4 at SUU						
3.8 Ohio State^						
3.15 at Washington						
3.23 at Big 12 Champ.*						

*Big 12 Conference Meet
 **Home meet

2024 Big 12 WEEKLY AWARDS

WEEK	EVENT SPECIALIST	GYMNAST OF THE WEEK	NEWCOMER
1	Anyssa Alvarado, BYU	Faith Torrez, Oklahoma	Madison Ulrich, Denver
2	Hannah Scheible, Oklahoma	Audrey Davis, Oklahoma	Madison Ulrich, Denver
3	Hannah Scheible, Oklahoma	Jordan Bowers, Oklahoma	Noelle Adams, Iowa State
4	Jurnee Lane, West Virginia	Jessica Hutchinson, Denver	Madison Ulrich, Denver
5	Mia Hebinck, Denver	Jordan Bowers, Oklahoma	Noelle Adams, Iowa State
6			
7			
8			
9			
10			



BYU Quick Facts

Location.....Provo, Utah 84602
 Elevation.....4,553 feet
 Enrollment.....33,517
 Founded.....October 15, 1875
 Owned.....The Church of Jesus Christ of Latter-day Saints
 Nickname.....Cougars
 Colors.....Royal, Navy, White
 BYU Pres.....Shane Reese (BYU, 2023)
 AD.....Tom Holmoe (BYU, 1983)
 Assoc. AD.....Liz Darger (BYU, 2000)
 Arena.....Marriott Center
 Conference.....Big 12
 2023 NCAA Finish.....33rd

Marriott Center Information

Built.....1971
 Capacity.....18,987

BYU GYMNASTICS

Head Coach.....Guard Young (BYU, '01)
 Record at BYU.....67-64-1
 Ass. Head Coach.....Natalie Broekman (10th)
 Assistant Coach.....Brogan Evanson (10th)
 Director of Ops.....Geni Tausinga (6th)
 Athletic Trainer.....Phillip Hartog (9th)

2023 RECAP

2023 Record.....4-9
 2023 High Score.....196.650
 MRGC Finish.....3rd
 NCAA Finish.....33rd
 Routines Returning/Lost.....15/1
 All-Americans Returning/Lost.....1/0

2024 Home Meets Attendance Tracker

BYU vs. West Virginia.....3,386
 BYU vs. Denver.....
 BYU vs. SUU.....
 BYU vs. Ohio State.....

THE LAST TIME BYU...

WON A HOME MEET...

Fe. 2, 2024 - West Virginia (**196.475**)

WON A ROAD MEET...

Jan. 27, 2023 - at Utah State (**196.650-195.900**)

WON A NEUTRAL SITE MEET...

Mar. 20, 2021 - MRGC Championship (1st, **196.925**)

LOST A HOME MEET...

Feb. 10, 2023 - SUU (197.125-**196.150**)

LOST AN AWAY MEET...

Jan. 19, 2024 - Iowa State (196.125)

LOST A NEUTRAL SITE MEET...

Jan. 15, 2024 - Best of Utah (2nd/4,195.775)

TIED A MEET...

Feb. 21, 2022 - Stanford, Sac State, Boise State (tied for 2nd/4, **196.525**)

SCORED A 198 OR HIGHER...

Mar. 12, 2004 - Utah State (198.025)

SCORED A 197 OR HIGHER...

Feb. 18, 2022 - Southern Utah (197.225)

SCORED A PERFECT 10...

Team Leaders

Vault: Sydney Benson - 9.875

Bars: Anyssa Alvarado - 9.950

Beam: Eleese Rollins, Brynlee Anderson - 9.900

Floor: Sophie Dudley, Sydeny Benson - 9.900

PROGRAM BESTS

TEAM

Event	Score	Date Set
Total	198.025	Mar. 12, 2004
Vault	49.625	Mar. 12, 2004
Bars	49.475	Feb. 16, 2001
Beam	49.675	Mar. 12, 2004
Floor	49.675	Mar. 15, 2004

INDIVIDUAL

Event	Score	Gymnast, Year Set
All-Around	39.700	Kelly Evanson, 2002
Vault	10.000	Christy McAdams, 1992
	10.000	Jaime Mabray, 2004
Bars	9.975	Brogan Evanson, 2004
	9.975	Haley Pitou, 2022
Beam	10.000	Kari Lords, 2003
Floor	10.000	Brogan Evanson, 2003

ALL-AMERICANS

Event	Award	Gymnast, Year
All-Around	NCAA 2nd Team	Nanette Walker, 1994
	NCAA 2nd Team	Angela Anderson, 1998
	NCAA 1st Team	Kelly Evanson, 2000
	WCGA 2nd Team	Sadie Miner-Van Tassell, 2022
	NCAA 2nd Team	Kelly Evanson, 2001
Vault	NCAA 1st Team	Juliet Hansen, 1993
	NCAA 1st Team	Elisabeth Crandall, 1993-95
	NCAA 2nd Team	Juliet Hansen, 1994
	NCAA 2nd Team	Angela Anderson, 1998
	NCAA 2nd Team	Kelly Christensen, 1998
	NCAA 2nd Team	Shannon Evans, 2018
	NCAA 2nd Team	Jan Shelley, 1981
Beam	AIAW	Eliesa Walton, 1982
	AIAW	Kelli Rose, 1997
	NCAA 1st Team	Tammy Packard, 1992
	NCAA 2nd Team	Juliet Hansen, 1994
	NCAA 2nd Team	Natalie Emig, 1996
	WCGA 2nd Team	Eleese Rollins, 2022
	NCAA 2nd Team	Nanette Walker, 1994
Floor	NCAA 2nd Team	Kelly Evanson, 2000
	NCAA 2nd Team	Kari Lords, 2004
	NCAA 2nd Team	

NATIONAL RANKINGS

NO.	TEAM	Ave.
1.	Oklahoma*	198.045
2.	Cal*	197.700
3.	LSU	197.590
4.	Utah*	197.485
5.	Kentucky	197.480
6.	Florida	197.331
7.	Alabama	197.285
8.	UCLA	197.220
9.	Denver*	197.215
10.	Michigan St.*	197.190
11.	Michigan	197.105
12.	Missouri	197.075
13.	Arkansas	197.025
14.	Auburn	196.950
15.	Ohio St.*	196.935
16.	Minnesota	196.850
17.	Arizona	196.625
18.	Oregon St.	196.565
19.	Georgia	196.510
20.	Arizona St.	196.450
21.	Ball State	196.255
22.	Iowa St.*	196.215
23.	Clemson	196.169
24.	Nebraska	196.130
25.	Illinois	196.110

* indicates 2024 opponent
Bold indicates BYU
 Updated 2/5/24





Alilah Alvarado CAREER HIGHS SEASON HIGHS



Anyssa Alvarado CAREER HIGHS SEASON HIGHS

Table with columns: Date, Meet, VT, UB, BB, FX, AA. Rows include Super16, ESPN Invite, Best of Utah, Iowa State, *West Virginia, Oklahoma, Kentucky, *Denver, *SUU, SUU, *Ohio St., Washington, Big 12 Champ., Regional.

*home meet

Table with columns: Date, Meet, VT, UB, BB, FX, AA. Rows include Super16, ESPN Invite, Best of Utah, Iowa State, *West Virginia, Oklahoma, Kentucky, *Denver, *SUU, SUU, *Ohio St., Washington, Big 12 Champ., Regional.

*home meet



Brynlee Andersen CAREER HIGHS SEASON HIGHS



Sydney Benson CAREER HIGHS SEASON HIGHS

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*home meet



Anna Bramblett CAREER HIGHS SEASON HIGHS



Sophie Dudley CAREER HIGHS SEASON HIGHS

Table with columns: Date, Meet, VT, UB, BB, FX, AA. Rows include Super16, ESPN Invite, Best of Utah, Iowa State, *West Virginia, Oklahoma, Kentucky, *Denver, *SUU, SUU, *Ohio St., Washington, Big 12 Champ., Regional.

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*home meet



Kylie Eaquinto CAREER HIGHS SEASON HIGHS



Melissa Earl CAREER HIGHS SEASON HIGHS

Table with columns: Date, Meet, VT, UB, BB, FX, AA. Rows include Super16, ESPN Invite, Best of Utah, Iowa State, *West Virginia, Oklahoma, Kentucky, *Denver, *SUU, SUU, *Ohio St., Washington, Big 12 Champ., Regional.

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*home meet





Elease Rollins					
CAREER HIGHS					
VT	UB	BB	FX	AA	
9.850	—	9.975	9.875	—	
SEASON HIGHS					
VT	UB	BB	FX	AA	
—	—	9.900	—	—	



Heidi Schooley					
CAREER HIGHS					
VT	UB	BB	FX	AA	
—	—	9.850	9.875	—	
SEASON HIGHS					
VT	UB	BB	FX	AA	
—	—	—	—	—	

Date	Meet	VT	UB	BB	FX	AA
1.6	Super16	—	—	9.575	—	—
1.13	ESPN Invite	—	—	9.900	—	—
1.15	Best of Utah	—	—	9.350	—	—
1.19	Iowa State	9.750	—	9.775	—	—
2.2	*West Virginia	9.725	—	9.850	—	—
2.9	Oklahoma	—	—	—	—	—
2.16	Kentucky	—	—	—	—	—
2.23	*Denver	—	—	—	—	—
3.1	*SUU	—	—	—	—	—
3.4	SUU	—	—	—	—	—
3.8	*Ohio St.	—	—	—	—	—
3.15	Washington	—	—	—	—	—
3.23	Big 12 Champ.	—	—	—	—	—
TBA	Regional	—	—	—	—	—

*home meet

Date	Meet	VT	UB	BB	FX	AA
1.6	Super16	—	—	—	—	—
1.13	ESPN Invite	—	—	—	—	—
1.15	Best of Utah	—	—	—	—	—
1.19	Iowa State	—	—	—	8.975	—
2.2	*West Virginia	—	—	—	—	—
2.9	Oklahoma	—	—	—	—	—
2.16	Kentucky	—	—	—	—	—
2.23	*Denver	—	—	—	—	—
3.1	*SUU	—	—	—	—	—
3.4	SUU	—	—	—	—	—
3.8	*Ohio St.	—	—	—	—	—
3.15	Washington	—	—	—	—	—
3.23	Big 12 Champ.	—	—	—	—	—
TBA	Regional	—	—	—	—	—

*home meet

GUARD YOUNG



A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.

YOUNG AT A GLANCE

Coaching Career:

- Ninth year as head coach of BYU Women's Gymnastics
- Coaching record: 67-65-1
- Record at BYU: 67-65-1
- 2019 and 2022 MRGC Coach of the Year
- During his tenure, Young has led the Cougars to five top-25 final national rankings
- Ranked No. 1 in the MRGC for three consecutive seasons (2019-2022)
- Coached two NCAA Individual Qualifiers (Shannon Evans, 2018 and Abbey Miner-Alder, 2021)
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship and five NCAA runner-up teams at OU

Gymnastics Career:

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championship



Natalie BROEKMAN
 BYU Associate Head Coach
 Balance beam coach
 2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON
 BYU Assistant Coach
 Vault and floor coach, team choreographer
 2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy



Warde ALLAN
 BYU Strength and Conditioning Coach
 2018-Present

Coaching Experience

- Owns and teaches at TumbleTek gymnastics in Draper, Utah
- Volunteer coach for BYU
- Certified strength and conditioning specialist

Gymnastics Career

- Competed in the junior national program and attended the National Sports School in Canada in order to train in the Olympic Development Program
- Member of BYU gymnastics team from 1996-2000 with head coach Guard Young

Education

- Law school
- Practiced corporate law for over a decade

Family

- Married to current BYU cheer head coach, Jocelyn Allan, and they have two kids — Anistyn and Maicyn