

MEN'S TRACK & FIELD || CROSS COUNTRY



2024-2025 SEASON

MEDIA GUIDE

NCAA Championship - BYU Men's Media Guide

Roster Pronunciations

Lucas Bons *Bahns*
Casey Clinger
James Corrigan *Coregon*
Luke Grundvig *Grund - Vig*
Joey Nokes *Noaks*
Garrett Stanford
Jacob Stanford
Creed Thompson
Davin Thompson
Aidan Troutner *Trout - Ner*

Coaches Pronunciations

Ed Eyestone *Eye - Stone*
Ryan Waite *Wait*

University Quick Facts

Location: Provo, UT
Elevation: 4,553 Feet
Students Enrolled: 34,737
Established: October 15, 1875
Supporting Institution:.... The Church of Jesus Christ of Latter-day Saints
Nickname Cougars
Mascot Cosmo the Cougar
President C. Shane Reese

QR Code to Team Website



byucougars.com

State of the Program



"I think we are in a great place. I think our guys have the focus. This entire year has been on the build from our very first workout in the summer-time. I think we've done a very good job, preparation wise, and putting ourselves in the best position. When it comes to the race, we're happy to be the Big 12 Champions. We realize that we've beaten Oklahoma State once before. We realize we've got a very big task ahead in trying to beat them, trying to beat Arkansas, trying to beat Iowa State and anybody else that is toeing the line. We have a very talented group of guys, and they're tough. When you're tough and talented, then we like our chances."

- Head Coach Ed Eyestone

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Cougars Claim First Big 12 Title



The BYU men's cross country program secured its first Big 12 Conference title on November 1, 2024. With a combined 41 points, the Cougars defeated conference rival and previous 2023 NCAA champions Oklahoma State who were ranked No. 1 in the USTFCCA National Coaches Poll headed into the meet. Senior captain Casey Clinger led the Cougars across the finish line placing third overall in 22:09.2. Sophomore James Corrigan finished in seventh followed by senior Joey Nokes in 8th. Senior Creed Thompson took 11th while junior Lucas Bons crossed in 12th. Creed's twin brother Davin, (a junior) rounded

out BYU's scoring in 15th place. It only took two seasons for the program to take the conference title, with BYU joining the Big 12 in 2023. The BYU women's cross country program also took home the conference victory for the second straight year, posting an identical 41 points on the day.

Individual Results

| Name | Place | Time |
|----------------|-------|----------|
| Casey Clinger | 3 | 22:09.14 |
| James Corrigan | 7 | 22:29.65 |
| Joey Nokes | 8 | 22:30.18 |
| Creed Thompson | 11 | 22:37.04 |
| Lucas Bons | 12 | 22:37.06 |
| Davin Thompson | 15 | 22:51.50 |
| Aidan Troutner | 25 | 23:16.08 |

Team Results

| Team | Score |
|--------------|-------|
| BYU | 41 |
| Oklahoma St. | 52 |
| Iowa St. | 62 |
| Texas Tech | 101 |
| Colorado | 122 |
| TCU | 222 |
| Kansas | 223 |



"Our goals were just to pack up, be tough, and let the results take care of themselves."
- Lucas Bons

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Nationals Roster



Lucas Bons
6-1 • Senior
Dublin, OH



Casey Clinger
6-0 • Senior
American Fork, UT



James Corrigan
5-9 • Sophomore
Los Angeles, CA



Luke Grundvig
6-3 • Junior
Highland, UT



Joey Nokes
6-0 • Senior
Riverton, UT



Garrett Stanford
5-8 • Junior
Carlsbad, CA



Jacob Stanford
5-8 • Junior
Carlsbad, UT



Creed Thompson
6-0 • Junior
Lehi, UT



Davin Thompson
6-0 • Junior
Lehi, UT



Aidan Troutner
5-11 • Senior
Provo, UT



Ed Eyestone
Head Coach



Ryan Waite
Assistant Coach

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Quotes Headed in Nationals

"At this point in the season the hay is in the barn, all the work is done. We have run thousands of miles together, and we have suffered together. All that is left to do is trust in God and run for each other."

- Davin Thompson



"We've got a really good and a really experienced team this year. We're excited for this weekend to have an opportunity to show the fitness we've built over the last couple months."

- Aidan Troutner

"We have put in the work and done everything in our power to prepare for this race. Now it is time to trust God, trust in the boys, and have some fun."

- Creed Thompson



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Turning Back The Clock

Individual Titles: 4

Team Wins: 1



2021

Conner Mantz
Repeat Individual Title

Mantz took home back-to-back titles after clocking a personal-best and course-record 10k time of 28:33.1 at Florida State's Appalachian Regional Park in Tallahassee, Florida.



2020 - 21

Conner Mantz
Individual Title

The All-American crossed the finish line in 29:26.1, nearly 22 seconds ahead of the second runner in.



2019

Team Title
First Ever Team Title

Head coach Ed Eyestone led the BYU men's cross country team to its first NCAA title in program history in 2019.



2006

Josh Rohatinsky
Individual Title

Rohatinsky crossed first with a time of 30:45 to capture the title and was coached by Ed Eyestone, who won the program's first individual title in 1984.



1984

Ed Eyestone
First Ever Individual Title

Ed Eyestone won the men's 10K race at the 1984 NCAA Division I Cross Country Championships to deliver the first men's individual title in program history

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Top Individual Storylines



Clinger Comeback

The Cougars will also be propelled by four-time All American Casey Clinger. The senior will see his final NCAA meet having been sidelined last year due to injury.

After over a year of not competing for the Cougars as he healed, Clinger has earned two conference runner of the week honors and one USTFCCCA weekly honor for the 2024 season. He placed third overall at the 2024 Big 12 Conference Championships boosting the Cougars to their first conference title. He most recently took fourth at the NCAA Mountain Regional.

An Olympian Returns

James Corrigan has played a pivotal role in the BYU program, most notably placing second overall at the 2023 Bill Dellinger Invite held Eugene, Oregon on Oct. 11. He has raced in the two national meets the Cougars have raced in this season, having taken a brief hiatus after competing in the 2024 Paris Olympics. Corrigan ran 8:36.67 in the first round of the 3000-meter steeplechase in Paris.

At the 2024 Big 12 Conference Championships, Corrigan placed seventh overall finishing in 22:29.7.

