

BYU STUDENT GUIDE

for Hispanic and Latino student-athletes

Table of Contents

Welcome to BYU	2
BYU Statement on Belonging	3
People to Talk to	4
University Resources	5
Places to Know	6
Clubs & Resources	11
Tips and Tricks	14





Welcome to BYU!

We're so glad you're here.

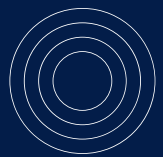
Brigham Young University is home to over 30,000 students, about 8% of whom are Hispanic or Latino. If you are part of this 8%, this guide will help you find resources and a community here at BYU!

During your time here, we hope you can take full advantage of the many incredible resources available to you. We also recognize that there will likely be days when you are aware of the fact that you are among a small minority group on this campus. We hope this guide will equip you with the necessary resources to approach difficult moments with adequate support. We also hope that most of your time here will be a positive experience where the greater campus embodies the characteristics of belonging outlined in the official BYU Statement on Belonging (see the next page).

Please read through this packet and reference it during your time at BYU. Although every resource may not be relevant to you now, it may be helpful in the future!

Thank you - whether you are a new student or have been here some time - for your contributions to our BYU community. We appreciate your unique perspective and know that it helps to broaden the horizons of our greater student body. You are valued, loved, and important to our staff at BYU!

Go Cougs!



BYU Statement on Belonging



We are united by our common primary identity as children of God (Acts 17:29; Psalm 82:6) and our commitment to the truths of the restored gospel of Jesus Christ (BYU Mission Statement). We strive to create a community of belonging composed of students, faculty, and staff whose hearts are knit together in love (Mosiah 18:21) where:

All relationships reflect devout love of God and a loving, genuine concern for the welfare of our neighbor (BYU Mission Statement);

We value and embrace the variety of individual characteristics, life experiences and circumstances, perspectives, talents, and gifts of each member of the community and the richness and strength they bring to our community (1 Corinthians 12:12–27);

Our interactions create and support an environment of belonging (Ephesians 2:19); and

The full realization of each student's divine potential is our central focus (BYU Mission Statement).

People to Talk to

Whitney Johnson Catt

ASSOCIATE ATHLETIC DIRECTOR FOR STUDENT-ATHLETE DEVELOPMENT, DIVERSITY AND INCLUSION

Student-athletes may visit Whitney in the Built for Life center on the 3rd floor of the Student-Athlete Building. Whitney's job is to implement the vision of diversity and inclusion, especially for students of minority groups, within BYU athletics. She is available to student-athletes by appointment and would love to get to know you! Reach out to Whitney via email or phone at whitney_johnson@byu.edu or (205) 394-8352.



Your Multicultural Student Advisor

MULTICULTURAL STUDENT SERVICES

Every Multicultural student has a special Multicultural Student Advisor assigned to them through MSS! Feel free to schedule a meeting with your advisor to discuss admissions, academics, registration, graduation, and more! Your advisor is assigned by last name as follows:

A Kahea Clark

B Yvette Rivera

C Eugene Marshall

D Zion Jay Toputapu

E Mariah Rivera

F Yvette Rivera

G Sehrash Khan

H Lynette Simmons

I LaVay Talk

J Rut Beltran

K Mariah Rivera

L Mariah Rivera

M Zion Jay Toputapu

N Rut Beltran

O Lynette Simmons

P Sharon Tapahe

Q Eugene Marshall

R Sehrash Khan

S LaVay Talk

T Sharon Tapahe

U Yvette Rivera

V Kahea Clark

W Rut Beltran

X Eugene Marshall

Y LaVay Talk

Z Eugene Marshall



University Resources



Office of Belonging

WILKINSON STUDENT CENTER 2400

The Office of Belonging sponsors many events on campus to promote belonging. They also house the University Chaplain and address any reported discriminatory conduct on campus via a formal reconciliation process. Visit their website or office for more information.



Title IX Office

WILKINSON STUDENT CENTER 1320

The Title IX Office, in compliance with federal law, addresses any and all instances of sexual harassment and sexual discrimination on campus. To make a report or learn more, visit their website or stop in to their office.



Counseling & Psychological Services

WILKINSON STUDENT CENTER 1500

BYU Counseling & Psychological Services provides professional mental health services to all students who desire it, free of charge. Although there is sometimes a waiting list for recurring appointments, the office is always open for students in immediate distress. Visit their website or stop by in person to learn more.



University Accessibility Center

WILKINSON STUDENT CENTER 2170

The University Accessibility Center provides accommodations for students with disabilities. See their website or schedule an appointment for further information.



Women's Services & Resources

WILKINSON STUDENT CENTER 3326

Women's Services & Resources provides services, resources, and education tailored to women on campus. See their website or visit them in person for further information.

Places to Know

Here are some top recommended locations from
Hispanic/Latinx BYU students and staff!



Restaurants



Mexican

Don Joaquin's

150 W 1230 N ST, PROVO, UT 84604

El Mexsal

325 S 200 W, PROVO, UT 84601

Los Hermanos

1 E CENTER ST, PROVO, UT 84606

Holy Taco

327 1200 S APT 3, OREM, UT 84058

El Taco Naco

664 N FREEDOM BLVD 200 W, PROVO, UT 84601

Rancherito's

66 CENTER ST, OREM, UT 84057

Quiero Mas

155 N UNIVERSITY AVE, PROVO, UT 84601

La Catrina Mexican Grill

3161 N CANYON RD, PROVO, UT 84604

Brasas Mexican Grill

238 W 100 S, PROVO, UT 84601

El Gallo Giro

346N N UNIVERSITY AVE, PROVO, UT 84601

Mi Lindo Guadalajara

446 N FREEDOM BLVD, PROVO, UT 84601

Peruvian

La Carreta

340 1200 S, OREM, UT 84058

Red Fuego

820 E 800 N, OREM, UT 84097

Aji Peru

610 W CENTER ST, PROVO, UT 84601

Se Llama Peru

368 W CENTER ST, PROVO, UT 84601

Brazilian

Tucanos

545 E UNIVERSITY PKWY, OREM, UT 84097

Rodizio Grill

4801 N UNIVERSITY AVE, PROVO, UT 84604

Sweet Avocado

1409 N STATE ST, OREM, UT 84057

Argentinian

Asado

360 S STATE ST #153, OREM, UT 84058

Lomito's Restaurant

180 CENTER ST, OREM, UT 84057

El Salvadorian

El Mexsal

325 S 200 W, PROVO, UT 84601

El Salvador

332 W CENTER ST, PROVO, UT 84601

Ecuadorian

Papi's Resturant

139 S STATE ST #9, LINDON, UT 84042

Venezuelan

Arempas

575 E UNIVERSITY PKWY, OREM, UT 84097

Chilean

Lomito's Restaurant

180 CENTER ST, OREM, UT 84057

Dominican

Keloke Dominican Restaurant

3220 N UNIVERSITY AVE, PROVO, UT 84604

Caribbean

Mambo Caribbean Buffet

151 N UNIVERSITY AVE, PROVO, UT 84601

Latin

Delipan

1700 N STATE ST #5, PROVO, UT 84604



Grocery



Mercado Cinco De Mayo Market

389 600 E, PROVO, UT 84606

El Centro

612 N FREEDOM BLVD, PROVO, UT 84601

Rancho Markets

1700 N STATE ST #12, PROVO, UT 84604

La Pequeñita International Market

1102 STATE ST, OREM, UT 84097

Los Grandes

359 S STATE ST, OREM, UT 84058

El Mexicano Market

560 N STATE ST, OREM, UT 84057

Via Brazil

327 1200 S #8, OREM, UT 84058

Clubs/Organizations & Off-Campus Resources

Clubs

There is a full list of clubs found at clubs.byu.edu. Here are some options you might like!

Latinos Unidos

LATINOSUNIDOS@BYU.EDU

An official club for BYU students of Hispanic/Latin origin and everyone with desires to learn and celebrate Hispanic/Latino culture. Our goal is to create a safe space to express our Latinidad and provide students with resources to feel included and involved inside of BYU. Membership in and all of the opportunities provided by the Latinos Unidos club are available to all BYU students, regardless of sex and race, in compliance with BYU's Nondiscrimination and Equal Opportunity Policy.

 @LATINOS_UNIDOS_BYU

Latinos in Action: BYU Chapter

LIA-ASSOC@BYU.EDU

The mission of Latinos In Action (a national organization) is to, "empower Latino youth to lead and strengthen their communities. We achieve this through culturally responsive social emotional learning, college and career readiness, and leadership development." To join the college chapter you do NOT need to be Latino.

 @LIA_BYU

Society of Hispanic Professional Engineers

SHPE-ASSOC@BYU.EDU

The Society of Hispanic Professional Engineers (SHPE) changes lives by empowering the Hispanic community to realize its fullest potential and to impact the world through STEM awareness, access, support and development. SHPE's vision is a world where Hispanics are highly valued and influential as the leading innovators, scientists, mathematicians and engineers.

 @SHPE_BYU

Caribbean Student Alliance

CARIBBEAN@BYU.EDU

The Caribbean Student Alliance is dedicated to raising awareness about the rich diversity of the Caribbean region and providing opportunities to explore its culture, economy, and history within the University and its community. The association also focuses on building a support network for students of all backgrounds, with a special emphasis on those of Caribbean origins.



Community Resources



Centro Hispano is a non-profit organization committed to empowering Utah County's Latino community through equitable access to basic resources, information and education!

Services

Immigration Services
Job and Skills Training
Community Resources
Health Promotion
The Low-Income Taxpayer Clinic
and More!



Places of Worship

Within the state of Utah there are several diverse places of worship for all faiths. Here are a few places of worship from different faiths.

Spanish Speaking Young Single Adult Wards

PROVO YSA 71ST WARD

Room 206 Thomas L. Martin Building,
Campus Dr, Provo, UT 84604
Sacrament Meeting at 2:00pm

PROVO YSA 75TH WARD

Joseph Smith Bldg, Provo, UT
84604
Sacrament Meeting at 2:00pm

OREM YSA 46TH WARD

785 West College Drive
Orem, Utah 84058-3315
United States
Sacrament Meeting at 9:00am



Catholic

St. Francis Catholic Church (Mass available in Spanish)

65 W 500 N Orem UT 84057/ Oremstfran.ORG

Protestant

Alpine bible Church (Live Spanish translation available during the 10:00 am service.)

310 E State St, Lehi, UT 84043 / alpinebible.com

First Baptist Church Provo (Spanish afternoon service)

1144 Columbia Ln. Provo, UT 84604 / fbcprovo.org

Tips & Tricks

Get connected

Getting connected is imperative to any student's ability to have a positive experience at BYU, but at a PWI in a predominantly white city, this may be more difficult for students who identify as Polynesian or Pacific Islander. Finding communities to connect with that share common interests with you will positively impact your BYU experience. The sooner you get involved, the better! Check out the following as a place to start:



- Browse the BYUSA clubs list to find clubs that revolve around everything from religion to culture to ping-pong (clubs.byu.edu)
- Volunteer in an area that piques your interest with YServe (yserve.byu.edu) or BYUSA (sclcenter.byu.edu/byusa)
- Join or start an intramural sports team (studentwellness.byu.edu/intramural-sports)
- Visit the Office of Belonging in room 2400 of the Wilkinson Student Center

Be honest & be yourself

It can be difficult to come from a different culture than almost everyone else on campus. Aside from reaching out to the appropriate resources if you are struggling, focus on being honest and being yourself. It is tempting to want to conform to the culture around you, but in the long run, if you stay authentic to yourself, you will find people who value you for who you truly are.



Stay open to learning about new cultures

It may be useful to think of your experience at BYU as an exploration of new cultures. BYU is certainly a unique place no matter who you are - and there is much to learn from it!



Staying open-minded will lead you to encounter new ways of thinking, living, and believing, which can help you in your quest for “lifelong learning” (one of BYU’s educational aims). Check out events held by Multicultural Student Services, the Office of Belonging, and the Kennedy Center, as well as spending time with friends you’ve made on campus and attending general campus events. In the end, you can leave BYU full of knowledge and respect for the many ways others see the world.

Make change where you see the need for it

Just like any institution, BYU is not perfect. However, due to Latter-day Saint doctrine and culture, BYU is committed to continued progression and wants to see all of its students reach their potential. As a student who is in a small minority, you may see particular areas at BYU that you think could change for the better. As cliché as it is, be the change that you want to see! Get involved on campus, ask for help if you need it, and think of specific ways you can push BYU to be better for all students. Your unique perspective is valuable, and your contributions have the potential to help all of the students who come after you.

We are so glad you’re here, and we can’t wait to see how you add to our BYU community!

