

I AM...

series

# Describe yourself

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I am tall

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I am active

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I am strong

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I am caring

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I am musical

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I am always up for an adventure

# How does Jesus describe Himself?

## AS THE BREAD OF LIFE

- “I am the bread of life; whoever come to me shall not hunger, and whoever believes in me shall never thirst.” (John 6:35)
- “...whoever believes has eternal. I am the bread of Life” (John 6:47-48)



# JESUS MAKES THE COMPARISON

Physical  
bread =  
physical life

Jesus (bread  
from heaven)  
= spiritual life



If Jesus = Life

We Cannot Survive  
Without Him



# How is your spiritual stomach?

Without Jesus  
we starve and  
will not survive

With Jesus, we  
must remember  
to eat regularly

Jesus Says: I  
Am The Bread Of  
Life