



BEAN & CO. TALENT GROUP | 21 King St. W suite 525 Hamilton
Ilona Di Caro 647-499-20591 info@beanandcotalent.com

MARIA PAULA CARREÑO MARTINEZ
actorpaula.c@gmail.com | 905.962.2383 | ACTRA

Bilingual: English, Spanish Vocal range: Alto
Hair: Dark brown Weight: 125 lbs
Eyes: Light brown Height: 5'3"

FILM, TV, WEB

Mamá	Principal	Dir. Lucia Angulo
Lo Que Si Necesitas	Supporting	Self Directed Short Film
Said Before	Principal	Dir. Caitlin Cronenberg
Historias de Emprendedores	T.V Host	Dir. Hugh Avendaño
Meeting The Family	Principal	Dir. Marina Lakovleva
After Lola	Supporting	Dir. John Bourgeois
The Birdbox World	Principal	Dir. Carlos Bolivar Ma. Paula Carreño
The List	Principal	Dir. Dayam Rubiano Ma. Paula Carreño
Blind Date	Principal	Dir. Leslie McPherson
Pressure to Be Perfect	Principal	Dir. Sahar Rana
Between Two Worlds	Principal	Dir. Merik Williams
Boulevard Pour Deux	Principal	Dir. Natalia Atlija
Oblivion	Principal	Dir. Ali Haydar Demir

VOICE OVER

Podcast Fictional Series	Adventure in Atacama	Ochenta Studios
Video Game	Far Cry 6	Ubisoft
Film	Hunted	Filmtiger

THEATRE

The Mente	Mente	Self Directed Aluna Thtr, Aki Studio
Banter	Angela	Dir. Adriana Vasquez John Paul Cultural Cnt.
Kara O Comedy	Alfonso	Self Directed Familia Theatre
Y Yo Que Soy	Stand up	Dir. Juan Cajiao 120 Church
60 x 60	Choreographer	Dir. Vivien Moore, Tova Kardonne Al Green Thtr.
That 60s Show	Dancer	Dir. Mladen Alexander Danforth Music Hall
Hairspray Musical	Vicky	Dir. Keith O'Connel Fairview Theatre
Ying & Yang	Consuela	Dir. Mark Melymick Erindale Theatre

TRAINING

Performing Arts - Sheridan College

Acting for the stage, musical theatre, ballet, tap, jazz, stage combat, performance art, improvisation, sketch comedy, script writing, intro tech production

Acting for Film & T.V - Humber College

Acting, auditioning, improvisation, comedy, voice overs, accents, movement, ballroom dance, hip hop, masque, stage combat, history of film, intro film production, business of acting, visual arts

Storytelling- Second City

Script writing, improvisation, storytelling.

Stand up Comedy - Malpensando Comedia

Stand up comedy, improv, script writing

SPECIAL SKILLS

Accents: Colombian, Mexican, Cuban, Argentinian, Castilian, Italian. Percussionist: Congas, Bongos, Cow Bell, Guacharaca, Cajón. Dancer: Ballroom, Latin, Bollywood, Jive. Choreographer. Actor Combatant Certified. Speech Coach. Wardrobe. Make-up Artist. Playwright. Producer. Director. Theatre Creator. Paddle Sports. Smart Serve: Bartender. Events Coordinator. G Class Driver's License. Certified Health and Life Coach. Facilitator. MC.

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FILM, TV, WEB

Lo Que Si Necesitas	Short Film	Writer, Director, Editor, Producer	Premiered at Aluna Caminos Fest.
Meeting The Family	Web Series	Co-writer	Dating Beyond Borders Prod.
The Birdbox World	Web Series	Co-writer, Co-director	Closed Caption Comedy Prod.
The List	Web Series	Co-writer, Co-Director	D&P Production

THEATRE

(Confidential)	Play	Script Translator/ Transcreator	To be premiered in Toronto
TAOS	Musical	Co-Producer, Speech Coach	Premiered at RISER by WhyNot Theatre
The Mente	Solo Act	Writ. Prod. Dir. Musical Dir.	Premiered at Caminos by Aluna Theatre
Kara O Comedy	Sketch	Director, Co-Prod.	Premiered at Familia Theatre

PUBLISHING

Painting Church St. In Lavender	Book	Published Author	By Goblin Cat Zines
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Storytelling- Second City

Script writing, improvisation, storytelling.

Stand up Comedy - Malpensando Comedia

Stand up comedy, improv, script writing

SPECIAL SKILLS

Bilingual English, Spanish. Professional Actor, Dancer and Singer. Choreographer. Percussionist. Wardrobe. Make-up Artist. MC. Paddle Sports Enthusiast. Smart Serve/Bartender. Events Coordinator. Facilitator. Certified Health and Life Coach. Healing Arts Practitioner. G Class Driver's License.