

Video Title: *Expedition Host Family** – Is Hosting an Exchange Student Right for Me?

Introduction: Over the years, there has been an increase in exchange students moving families. There are many reasons as to why students may change their host families. However, after interviewing both the host families and the exchange students, the data overwhelmingly shows that most host families were unprepared to deal with either all of the responsibilities associated with hosting and/or the possible obstacles that occur while hosting.

Target Audience: Families considering hosting an exchange student

Learning Objectives: By the end of this training, you will be able to...

1. ...identify the reasons why a family should host.
2. ...state the responsibilities associated with hosting.
3. ...recognize the possible obstacles while hosting.

Outline:

- Introduction
 - Welcome learners
 - State learning objectives
- Families considering hosting an exchange student
 - Reasons why a family should host
 - Responsibilities associated with hosting
 - Obstacles while hosting
- Summary
 - Hosting an exchange student can be a fun and rewarding experience. Being prepared will make the experience even better!

Fonts: Monserrat

Audio voices: Amazon Polly neural voice – Matthew

Audio background music: YouTube Audio Library – Sunrise in Paris by Dan Henig (no attribution required)



Graphics: Canva

Seat Time: 4 minute video





Directions for Reviewer(s):


- Each table in this storyboard represents one scene. Some scenes are longer than others.
- Ambient music plays throughout the module at 11%.
- Animations are time to fade in and out with the audio. Some animations remain on the screen until the clip or scene transitions out.
- The audio track plays at 100%.



Global Comments: Specifically look at the FX/Action and Animation column to ensure that the assets fade in and out with the audio. Make comments on the document for each scene, then share it with me. All feedback is due by (date).

Scene 1	Title: Intro & Welcome
Thumbnail	FX / Action / Animation / Media / B-Roll
	"Welcome" scrolls letter by letter on the screen "Fun" and "Rewarding" appear on the screen timed with the audio.
On Screen Text (OST)	Script / Audio
[OST] Welcome <i>Expedition Host Family*</i> logo  Fun Rewarding	[Audio] Background ambient music plays at 11%. [Script] Welcome! Are you interested in hosting an exchange student? Do you wonder what your hosting responsibilities are or what obstacles may arise? We at <i>Expedition Host Family*</i> know that hosting an exchange student can be a fun and rewarding experience, but it is not for everyone. Let's see if hosting is right for you! (S1)
Comments:	




Scene 2 (LO1)	Title: Identifying the reasons to host
Thumbnail	FX / Action / Animation / Media / B-Roll

	<p>Scene transitions with a fade from the previous scene.</p> <p>There are fade outs and ins with each picture or video change within the scene.</p>
On Screen Text (OST)	Script / Audio
<p>[OST] Should a family become a host family?</p> <p>Cultures</p>  <p>Sharing</p>  	<p>[Audio] Background ambient music plays at 11%.</p> <p>[Script] The reasons for hosting an exchange student are numerous and unique for each family. We have families who host because they desire to learn about different cultures, or they love having teenagers in the house. (S2A)</p> <p>Whatever your “why” for hosting is, make sure that the entire family is in agreement and that you plan ahead. Discuss what adding an individual to the family will look like and potentially feel like. If there are other children in the house, create scenarios about sharing space, including in the bathroom. If possible, invite a cousin or family friend to stay as a mock exchange student for an extended period. (S2B)</p> <p>Encourage all family members to journal about the experience. Then, together discuss how it went. Make sure to include feedback from the exchange cousin or friend. The data gathered and the family discussions should answer the question of whether or not your family should host an exchange student. (S2C)</p>
Comments:	


Scene 3 (LO2)	Title: Responsibilities of hosting
Thumbnail	FX / Action / Animation / Media / B-Roll
	<p>Scene transitions with a fade from the previous scene.</p> <p>There are fade outs and ins with each picture or video change within the scene.</p> <p>Zoom-n-pan Animations start and end at the following times:</p> <ul style="list-style-type: none"> • When the audio plays “Exchange students may or may not join sports teams...” at 1:18;29 – 1:21;26. • When the audio plays “Further consider...” at 1:32;13 – 1:36;05.

	<ul style="list-style-type: none"> When the audio plays "...contemplate is a family vacation" at 2:02;11 – 2:12;17.
On Screen Text (OST)	Script / Audio
<p>[OST] Host Family Responsibilities</p> <p>Financial & Time Obligations</p>  <p>Bills Gas Entrance fees Time Attendance Vacation</p> 	<p>[Audio] Background ambient music plays at 11%.</p> <p>[Script] The responsibilities of hosting an exchange student are no different than the responsibilities of having your own children, but there are extra financial and time obligations to consider. (S3A)</p> <p>Adding another person to the family will increase the grocery, water, and electric bills. Exchange students may or may not join sports teams or clubs at school. Although they may incur the registration fee, you may pay more for gas when taking them to and picking them up from practice. Don't forget about entrance fees to the events or chauffeuring them to and from friend gatherings either. (S3B)</p> <p>Further consider the time obligation of the exchange student's activities, and whether or not it will fit with your family's current schedule. If not, what other options do you have? Who is able to help out if you must be in multiple places at the same time? And, speaking of your family's current schedule, will the exchange student need to attend every event? Just like your children may or may not attend various functions based on scheduling, preferences, and age-appropriateness, your exchange student needs the same considerations. (S3C)</p> <p>One other thing to contemplate is a family vacation. There is a difference between planning a vacation that includes the student versus attempting to fit the student into an already planned vacation. Here are some important questions to ponder: Are you able to financially add the exchange student? If flying, is an airline ticket available for the student? Is there enough room in the hotel, cabin, or camper? If driving, is there room in the vehicle for one more person and luggage? (S3D)</p> <p>Life is stressful enough without adding unnecessary financial or time obligations. Do some forward planning prior to hosting an exchange student. Weigh all options. Everyone will be happier in the end! (S3E)</p>
Comments:	

Scene 4 (LO3)	Title: Obstacles while hosting
Thumbnail	FX / Action / Animation / Media / B-Roll

	<p>Scene transitions with a fade from the previous scene.</p> <p>There are fade outs and ins with each picture or video change within the scene.</p> <p>Zoom-n-pan Animations start and end at the following times:</p> <ul style="list-style-type: none"> • When the audio plays “...you know that emotions” at 2:40;16 – 2:43;06. • When the audio plays “...especially during the holidays” at 3:09;15 – 3:14;27.
On Screen Text (OST)	Script / Audio
<p>[OST] Potential Hosting Obstacles</p> <p>Jet lag Culture shock New school & friends</p>  <p>Homesickness</p> <p>Q&A Social norms Personality quirks Rules and open communication</p> 	<p>[Audio] Background ambient music plays at 11%.</p> <p>[Script] Whether you currently have children at home or if you are empty nesters, you know that emotions can change daily or hourly depending on the child and the situation. This is no less true for an exchange student. Add jet lag and culture shock to the list of emotional stressors. Then compound that with attending a new school and making new friends. Exchange students are riding an emotional rollercoaster! (S4A)</p> <p>As the child acclimates to their new family with new customs, most of these stressors will settle down if not go away, and life should continue as normal. However, homesickness and culture shock can and will come and go, especially during the holidays. Let’s face it. We all miss family members during this time. Exchange students are no exception to the rule. (S4B)</p> <p>To help alleviate stress and confusion, spend time with your exchange student. Ask questions about their family and customs. Share yours. Learn about their social norms and compare them to ours. Be patient and roll with any and all personality quirks that materialize. Remember that you cannot change the person. However, setting clear rules and communicating from the beginning will make a more enjoyable experience for everyone. (S4C)</p>
Comments:	

Scene 5	Title: Outro
Thumbnail	FX / Action / Animation / Media / B-Roll

	<p>Scene transitions with a fade from the previous scene. There are fade outs and ins with each picture or video change within the scene.</p>
On Screen Text (OST)	Script / Audio
<p>[OST] Summary</p> <p><i>Expedition Host Family*</i> contact information</p>	<p>[Audio] Background ambient music plays at 11% with a 0.5 second fade out.</p> <p>[Script] Thank you for joining us at <i>Expedition Host Family*</i>. It is our goal to inform potential host families of their responsibilities while hosting, and the possible obstacles that may occur during the hosting year so that the family can decide if hosting an exchange student is right for them. Please reach out to us with your questions. Happy hosting! (S5A)</p>
Comments:	

**Expedition Host Family* is a fictitious company created for this video sample.