

FRAZER BEARCUBS

2024-2025

ACTIVITIES HANDBOOK

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Home of the Bearcubs

FRAZER SCHOOL DISTRICT #2 & 2B STUDENT EXTRA-CURRICULAR ACTIVITY HANDBOOK

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Please do not return your ACTIVITIES HANDBOOK to the school.
 You should keep this handbook for future reference.

Pages 19-21 MUST be signed and returned before participation.

PREFACE

This handbook is to provide information for parents and students that may be interested in the interscholastic activities program of the Frazer High School, District #2 & 2B, Frazer, Montana

It is possible to list all the details about the various athletic programs in this handbook. **Each coach will handle situations that arise according to the signed copy of individual coaches rules in conjunction with the activities handbook. This manual is not all-inclusive, and each coach may have additions, which they will give to the athletes and parents at the parent meeting.**

This handbook will be reviewed annually and modified when necessary. However, as long as a policy or regulation is in effect, parents and athletes are expected to support and follow them.

Frazer Schools will strive to provide the students with the best possible opportunities for a rewarding experience.

WELCOME

Welcome to the activities program at Frazer Schools. We are excited about your participation in one or more of our activities and hope that you have a positive learning experience from your efforts.

The contents of this manual are designed to answer most of the questions you may have about the operation of our activities program.

The athlete is required to have passed a physical examination for the current school year on file prior to participating in any organized athletic program or contest. The athlete must fill out the emergency treatment release card. This card must be filled out completely and left with the Activities Secretary before the student will be allowed to participate.

EQUAL EDUCATION and NONDISCRIMINATION

Frazer Schools, District 2 & 2B is committed to nondiscrimination in the provision of all educational services. An equal educational opportunity is a fundamental right under both the Montana and United Constitutions; it is the policy of this District to provide a learning environment free of discrimination. All students have the opportunity to participate in and receive benefits from all programs or activities including, but not limited to, course offerings, graduation requirements, athletics, counseling services, extracurricular and other school-related activities.

Discrimination in education because of sex, race, color, creed, religion, national origin, age, physical or mental handicap, political belief, and marital or parental status is prohibited unless based upon reasonable grounds as provided by law. The District is committed to taking the appropriate and feasible remedial action necessary to eliminate existing discrimination and its effects. Inquiries regarding discrimination or intimidation should be directed to the Frazer Public Schools Title IX/504 Coordinator Reyna Monteau. In compliance with federal regulations, the District will notify annually all students, parents, staff and community members of this policy and the designated coordinator to receive inquiries. Notification should include the name and location of the coordinator and will be carried in all handbooks and published in community newspapers.

STATEMENT OF PHILOSOPHY

Participation in interscholastic activities in the Frazer Public Schools is a privilege. High Standards of conduct are expected from students participating in these activities. Interscholastic activities are provided to create a positive opportunity for the development of constructive citizenship attitudes and skills. All interscholastic participants are representatives of Frazer Public Schools and are expected to behave in an exemplary manner. Participants and their parents or legal guardians will be aware of the philosophy and the rules and regulations under which they are given the opportunity to participate. As a prerequisite to participation, all students involved in the interscholastic activities outlined herein shall be required to file a form signed by a parent or their legal guardian and the participant indicating that they have addition, those participants involved in Montana High School Association sanctioned activities must agree to submit to random drug testing as required by the Frazer Public Schools Policy #3350, Drug Testing Policy for Student Athletes and Montana High School Association (MHSA) Approved Activity Participation; Sanctions for Drug Use by Students Participating in Athletes and Extracurricular Activities.

GOALS

The objective of the Frazer Schools Activities Department is that all participants will learn:

- The importance of good sportsmanship.
- To work cooperatively to create team or group success.
- To accept direction and authority from coaches or advisors.
- Socially acceptable emotional control.
- The importance of self-discipline.
- To compete/participate within a given set of rules or guidelines.
- To set reasonable goals and work toward their realization.
- To better understand other people's feelings and attitudes.
- To maintain physical well-being.
- The importance of constructive release of energy.
- To handle socially acceptable recognition.
- To think under pressure.
- That academics are always more important than athletics or extracurricular participation.

How to Be an All Star-Parent

By Rob Gilbert, Ph.D.

How do you define an all-star parent? Very simple, he or she is a parent who is a good sport and a great fan. To become an all-star parent or an athlete, there are times when you must stop parenting. When your son and daughter change into uniform and become an athlete, you also have to change-from parent to fan. Your job on the sidelines or in the stands is not to be a parent, but to be your child's greatest fan.

There's no trick to learn here. You already know how to do this. Remember how you behaved when your baby was learning how to "walk?" You were a fan and a supporter, weren't you? You applauded the "downs" as well as the "ups."

You never say things like, 'What's taking you so long?' "How come the kid down the street is walking better than you?" "Why do you make the same mistakes over and over again?" You were the world's most appreciative audience.

Why should it be any different now that your child is an athlete? Your job is not to be the coach (unless you are hired by contract to be the coach) or the expert. You are there so that you can share the thrill of victory and the agony of defeat-together.

In fact, your child needs your support more in defeat than in victory. Did you ever notice that strangers feel free to come out of the stands and congratulate the winners? But, in defeat, sometimes the athlete's own teammates and coaches ignore him/her. As a parent you have to be there to cushion setbacks with a positive "We'll get 'em next time!"

Three "B's" For All-Star Parenting

1. Be There
2. Be Positive
3. Be Seated

Be There- You can never hope to be an all-star parent unless you show up at games. Regardless of the skill level of your child or the success of the team- go to the games. Be supportive. Don't be a fickle, fair-weather fan.

Be Positive- On the sidelines, if you cannot say something positive, don't say anything at all. Nothing good comes from negative statements and nothing negative comes from positive ones. If you cannot be positive, at least be silent.

Be Seated- Even though it's good to be positive, it's not good to overdo it. Don't stick out. Be an admirer- not a cheerleader. Players should not confuse your voice with the public address system.

Once you start to become positive, acknowledging fans, an interesting thing may happen. Your child will want you at the games. When this happens, you will know that you are considered to be an important member of your child's personal all-star support system.

Parents Code of Conduct

The Frazer Public School believes parents play a vital role in the development of student athletes. We ask that this code of conduct be distributed so that parents, players, and coaches have an opportunity to read and fully understand them.

- I will encourage good sportsmanship by being a positive role model
- I will try my best to make athletics a positive experience for everyone involved, i.e., participants, coaches, officials and spectators.
- I will insist my player treat other players, coaches, officials and fans with respect.
- I will reinforce the school's drug and alcohol free policies and refrain from using alcohol and other drugs before or during contests.
- I will do my best to understand and appreciate the rules of the contest.
- I will show my appreciation for an outstanding play by either team.
- I will be a "team" fan, not a "my child" fan.
- I will help my child learn that success is measured by the development of skills, not winning or losing.
- If I have a concern, I will talk to the coach at the appropriate time and place, i.e., never before, during or immediately after a contest.
- I will do my best to remember that my ticket to a school athletic event provides me with the privilege of observing the contest, not berating officials, coaches, or players.

Parents who confront coaches before, during or immediately after contests will be asked to leave by the administration or designee of the Frazer Public Schools and will be escorted to the exits by school security. Parents who come to the sidelines or the benches during the contests will also be asked to leave the contests by the administration and will be escorted to the exits by school security. Further consequences may occur, which could include exclusion from sporting contests at home venues for one calendar year.

Montana High School Association Policies

All students participating in extracurricular activities at Frazer High School must meet the academic eligibility requirements and enrollment requirements in Frazer High Schools in addition to the rules and regulations stated in the Montana High School Association (MHSA) Handbook. MHSA statements are as follows:

MHSA Handbook

Article 2, Section (2), Enrollment/Attendance

"To be eligible to participate in an Association Contest, a student must regularly enroll in school, must be in regular attendance from the enrollment date, and receive a passing grade in at least twenty periods of prepared class work or its equivalent in the last previous semester at the school where the student participates..."

Interpretation of the above Article is that students will be enrolled in at least two credits of classes while participating in ExtraCurricular activities at Frazer School.

MHSA Handbook

Article 2, Section (3), Academic Eligibility

“To be eligible to participate in an Association Contest, a student must have received a passing grade in at least twenty periods of prepared work per week or its equivalent during the last preceding semester in which he/she was in attendance. If a student is assigned an “incomplete” or a “condition” in a subject he/she has not received a passing grade in this subject. The record at the end of the semester is final and scholastic deficiencies may not be “made up” in any way. This section shall not apply to students committed to Pine Hills School or to students assigned to MHSA interscholastic activities as part of their Special Education Individual Education Plan (I.E.P)

Interpretation of the above Article is that students must earn 2 credits during the semester prior to the sport season in order to participate in a particular sport. Passing four classes worth ½ credit per semester will meet this standard. P.E. and Office Aide classes are worth ½ credit per semester.

MHSA Handbook

Article 2, Section (18), Award Rule

No award exceeding fifty dollars in value shall be given per event in an MHSA sanctioned sport or in any MHSA sanctioned interscholastic activity by a member school, by any person or by an organization to a student in recognition of that student’s achievement or participation in any interscholastic activity. An event is defined as a sports camp, an invitational tournament/meet, a postseason recognition function (i.e., sports banquet), or a fundraiser or similar function. Cash cannot be awarded.

Violation of this rule will render the student ineligible in the MHSA sponsored sport or activity for which the student received the award.

The Board of Control will follow the same procedure for restoring the eligibility status as provided in the last paragraph of the Amateur Rule, Article II, Section (19) of the By-Laws.

Frazer Public School Policy

M.H.S.A SANCTIONED EXTRA CURRICULAR ACTIVITIES AND GUIDELINES

Frazer Schools offers many opportunities for students to get involved outside of the classroom. We encourage all students to be active in one or more extra-curricular activities.

- 1. For a student to participate in practice or a contest/event, he/she must have been in attendance at school that day (Monday through Friday) for all six classes or have an excusable absence.**
2. Students are not eligible to compete and participate in practices or meets unless physical is completed and on file in the athletic office. A parent consent form for participation should also accompany the physical form and be on file in the athletic office as a requirement for participation.
3. A student must have passed two (2) credits of instruction from the previous term (semester) to be eligible for participation in MHSA sanctioned activities. (A previous semester is defined in the current MHSA Handbook). If a student is academically ineligible at the beginning of an MHSA sanctioned competitive sport or activity season,

that student may not try out or participate in that sport or activity during the entire season, even if the season includes more than one semester.

CARE OF SCHOOL EQUIPMENT:

Participants are responsible for the use of all equipment during the season. Game uniforms, practice gear, equipment, travel bags and athletic items will be left with the coach, sponsor, or advisor at the completion of each activity. **Do not loan or "swap" equipment with another student without the approval of your coach, sponsor or advisor. You are responsible for all the equipment used during activities!** There will be an assessed damage fee (at the discretion of the activities director) for any school equipment unable to be used by future participants, to be paid prior to the start of the next sport.

OTHER FEES AND/OR FINES:

Students must pay all fees and or fines owed to the school for lost or damaged school property, including textbooks, library books or uniforms before they will be allowed to participate in a sport or other extracurricular activity.

DURATION OF SEASONS:

Fall, Winter and Spring seasons begin on the first day of practice allowed by the Montana High School Association and end the day prior to the beginning date of practice for the next sport. The length of season for activities not conducted according to MHSA season guidelines shall be determined to be that of one school year.

TEAM MANAGERS AND STAT KEEPERS:

Students interested in the athletic program, but who choose not to be team members, are encouraged to become team managers and/or stat keepers. Coaches will select managers and stat keepers from students who are not participants in the mainstream athletic program. Team managers and stat keepers are viewed as extensions of the team and are subject to the same rules including the initial drug testing and any random testing that govern the team as a whole.

ACTIVITY INSURANCE

Frazer School carries insurance on all students participating in any Montana High School Association activity. This coverage is in force while practicing in or competing in, as a representative of the school and under direct supervision of the certified full time school employee or qualified coach, an inter-school activity conducted under the regulation and jurisdiction of the MHSA

This plan covers only medical expenses that are not payable by other insurance. Therefore, you must file a claim with your family insurance coverage or health provider.

INJURY REPORT

On any injury for which a possibility of a claim for insurance may occur, or a doctor's visit will occur, the student's parents and coach should contact the high school athletic director's office within 72 hours of the incident. If the injured student must see a doctor for the injury, a statement of release from the doctor will be required before the student is eligible to participate in a practice or meets.

Athletes injured in sports should make sure the Coach has filled out an injury report and submitted it to both the Athletic Office, and the Administrative Office. Athletes also have the responsibility of initiating any insurance claim form if injury resulted in ambulance service, doctor's service, doctor's care, or hospital expenses. Remember- insurance companies have no way of knowing about an injury unless you inform them through a claim sheet.

Coaches are not to provide any medical treatment on students, in which the symptoms indicate a communicable or infectious disease.

Steps to follow if a student sustains an injury:

- 1.** Obtain a claim from the coach, sponsor, advisor, or the Activities Director.
- 2.** A doctor must treat the student within 30 days from the date of the injury.
- 3.** Proof of claim must be submitted within 90 days from the date of the injury.
- 4.** Benefits are payable for one year from the date of the accident.
- 5.** ***If covered by Indian Health Services, they have to be notified within 72 hours of the injury.*** Call *Contract Health Services.*

NOTE: If covered by Indian Health Services, in a non-emergency situation, you must call for pre-authorization for healthcare services prior to obtaining the services.

ACADEMIC ELIGIBILITY POLICY

It is the expectation of Frazer School District #2 & 2B that all of its students will experience success in all academics and extracurricular endeavors in which they participate. The efforts of all School District employees will be focused on supporting the efforts of its students at achieving excellence in the academic and extracurricular areas.

Frazer Public Schools has implemented the following Academic Eligibility Policy for students in grades 8-12 concerning participation in all extracurricular club/sport activities as listed in the Frazer Activities Handbook. The goal of this policy is to encourage academic excellence and foster long-range goal setting by the students in Frazer Public Schools. It is important that students and parents or guardians understand that the primary mission of the school is to provide an academic education to its students and the privilege of participation in extra-curricular activities will be based upon achievement in the classroom.

All activities involving out-of-district trips will be covered under this policy. Attendance at concerts, dances, sporting events, etc. sponsored by the school will also be covered under the following policy. For the purposes of this policy, days referred to will be considered to be calendar days.

Eligibility

It is the expectation of Frazer School District that all of its students will experience success in all academic and extracurricular endeavors in which they participate. The efforts of all School District employees will be focused on supporting the efforts of its students at achieving excellence in the academic and extracurricular areas.

- Students must not be failing any classes to be eligible for participation in athletics and extracurricular activities. Students failing any classes must complete the Grade Check Form and turn into the Athletic Director for verification purposes.
- Teachers are required to post grades on **INFINITE CAMPUS** every Friday and grades will be pulled on Monday. If teachers fail to post grades by 4pm Friday, students will be allowed to participate.
- All coaches or extracurricular activities advisors will be responsible for acquiring and adhering to eligibility requirements.
- Failure to comply will be placed on the ineligible list.
- If a student athlete is failing a class, that student will complete all work by attending Tutoring after school until all work is completed. All students must be passing and have tutoring completed before an athletic event.
- **Teachers** will need to inform parents of pending ineligibility issues.

In addition, students will not be allowed to participate on the day of an athletic event if they have received **any unexcused** absences throughout the school day and excused absences must have school related, medical, or special circumstance verification to be able to participate.

Finally, if a student has been placed on In-School Suspension or Out of School Suspension and it occurs at any time during the week, the student will not be allowed to participate in any athletic games, matches or events for the remainder of the week.

Mandatory tutoring, grades K-12, may be required based on high absences, low grades, and may include classroom absences due to behavior referrals.

The eligibility policy begins on the first day of each M.H.S.A Sanctioned sport.

Attendance

A student shall **NOT** participate in any interscholastic activity, athletic event, school musical, club meeting, play, dances, practices etc. on a school day if he/she is tardy, or absent the full day or any part of the day. (Exceptions include excused medical or pre-arranged absences approved by Administration.)

I.E., if a student has a tardy or an absence on Friday, he/she may not participate in a Saturday event if no contest is held Friday.

Correction Procedure

Any student who believes that they are marked ineligible incorrectly must meet with the teacher and provide evidence to correct the error. The teacher must fill out and sign a note to the coach stating the error and its correction. The student must then get approval from the Administrative designee who will also sign the note to verify approval. The student must then give the note to the activities director who will keep it from the duration of the season for future reference.

DRUGS AND ALCOHOL POLICY

BEHAVIORS RELATED TO DRUGS, ALCOHOL AND TOBACCO EXTRA CO-CURRICULAR CHEMICAL USE POLICY #3340 and #3350

Students participating in extra- and co-curricular activities, whether sponsored by the MHSA or not, shall not use, have possession, sell, or distribute alcohol, tobacco, controlled substances or illegal drugs or abuse prescription or non-prescription drugs during their extracurricular seasons. These rules are in effect twenty-four hours a day. If a student receives an IP or is seen using tobacco, alcohol, illicit drugs or controlled substances the student will forfeit the privilege of participating.

It shall be a violation of these rules for a student to be found to have used, possessing or purchased alcohol, controlled substance and/or other drugs during a sport/club or athletic season in which they are participating.

It shall also be a violation of these rules for a student to be found to have been knowingly or voluntarily in a situation where alcohol and/or drugs were being used and not to have removed himself/herself from the situation. It shall also be a violation for the student to have facilitated the use of the alcohol and/or other drugs, The Administration shall use reasonable discretion in determining whether a student violated this rule by attendance at public functions where alcohol is being served and at private events or celebrations where alcohol is being consumed by adults.

Activities (sports/club) participants found in violation of the alcohol, drug, controlled substances or tobacco provision of these rules at a school-sponsored event will also be subject to standard school disciplinary consequences concerning drugs and alcohol as outlined in the Frazer Schools Student Handbook. School sponsored events means participation in and travel to and from the event.

DISCIPLINARY CONSEQUENCES

On having been found to have violated this provision related to alcohol, drugs, controlled substances or tobacco, the following actions shall be taken:

Procedure:

1. Upon receipt of demonstrating a violation, the student and his/her parent or guardian will be called in to meet with the Administration designee and Activities Director to be advised of the violation and to allow the student the opportunity to respond. Although the District will attempt to contact parents or guardians to request their attendance at the meeting, the meeting between the student and administrators shall be conducted in their absence.

2. Based on the results of the meeting conducted under Section (2) above, the administrative designee and Student Activities Director will determine whether the student activity participant will be subject to further consequences if, based on the discussions held at the meeting, the administrators have determined that there has been a violation of this rule.
 3. The Administrative designee and Student Activities Director will notify the superintendent of the results of the meeting and of their determination as called for. If the administrators have determined that the student will be subject to consequences, the Superintendent shall make a recommendation to the Board of Trustees that the student activity participant be suspended from all further participation in activities for the remainder of the current season. The student activity participant will continue to be allowed to attend and participate in practice activities pending the Board's consideration of the superintendent's recommendation but will be suspended from any traveling and/or competition with respect to the activity.
 4. The Board of Trustees shall consider and act upon any recommendation made by the superintendent under Section (4) above. If the Board of Trustees determines that has been a violation of this rule, the student activity participant will be subject to the following consequences:
 - (a) Suspension from participation in all student activities (including, travel and competition) for the remainder of the time allotted by the penalties as described below.
 5. **All students in grades 7-12 who participate in extracurricular activities will be subject to an initial and or urinalysis test at such time deemed appropriate and random after the tenth practice day in their specific activity.**
- **Random urinalysis will be administered throughout the course of the school year for all participants in any Extracurricular Activities.**
Any new students who arrive after the beginning of an activity and want to participate in an extra-curricular activity must have a urinalysis before participation. Infractions are cumulative throughout graduation beginning with grade 7), and a student will move through the rehabilitation steps/consequences based on their cumulative record.

"PENALTIES"

CONSEQUENCES:

- **FIRST OFFENSE: (REHABILITATIVE STEPS) (STEP 1)**
The student will immediately be referred to the Insight program. The student must complete the program in an acceptable manner, as determined by the group facilitators. These counseling sessions must be a minimum of at least 3 sessions and be completed before an athlete can participate. Documentation will be provided to the Athletic Director and Administration. Failure to complete the program in an acceptable manner will result in the student(s) being referred to Consequence Step 2.
- (STEP 2)** The student will complete a chemical dependency evaluation and follow the recommended steps outlined following the completion of the evaluation.

CONSEQUENCES:

- **The student will be ineligible for a minimum of 10 calendar days. The students will not be allowed to participate in games/matches or events during the time of ineligibility.**
Students can participate in the practice only. Students are not allowed to ride the team bus or go on any extracurricular activities.
- **SECOND OFFENSE: (REHABILITATIVE STEPS) (STEP 2)**
 - (1) If the student refuses to complete the chemical dependency evaluation, or did not successfully complete the Insight program the student will become eligible at the end of a three week period of ineligibility.
 - (2) If the Student was evaluated during the first offense and successfully completed the prescribed plan of assistance, further assessment must be done to address the needs of the student.
- (3) The students will immediately be referred to the Insight program. The student must complete the program in an acceptable manner, as determined by the group facilitators. These counseling sessions must be a minimum of at least 6 sessions and be completed before an athlete can participate. Failure to complete the program in an acceptable manner will result in the student(s) being referred to Consequence Step 3.

CONSEQUENCES:

- (1) **The student will be ineligible for a minimum of six weeks (30 school days). The students will not be allowed to participate in games/matches or events during the time of ineligibility.** Students can participate in the practice only. Students are not allowed to ride the team bus or go on any extracurricular activities.
 - (2) If the student refuses the evaluation or further assessment he/she will be ineligible for a period of not less than 90 school days. (A school day is defined in which school is in session.) Under no circumstance will the student be able to participate in any activities until such time as he/she has completed the chemical dependency evaluation and is successfully participating in a prescribed plan of assistance.
 - (3) If the student agrees to the evaluation and the prescribed plan of assistance, he/she will become eligible at the end of the six weeks.
 - (4) **The student must complete a urinalysis before participation. If the student tests positive, the student will move to step three of violation of participation rules.**
 - (5) Students MAY letter in a specific activity if the requirements are fulfilled.
- **THIRD OFFENSE: (STEP 3)**
 - (1) The student will be immediately removed from all activities for a period of ONE FULL YEAR from the date of infraction. The student will NOT be allowed to practice or participate during that time of ineligibility.
 - (2) If the student refuses the evaluation or further assessment he/she will be ineligible for the remainder of their High School career. Under NO circumstances will the student be allowed to participate in any activities until such time as he/she has completed the chemical dependency evaluation and is successfully participating in a prescribed plan of assistance
 - (3) If the student agrees to the evaluation and the prescribed plan of assistance, he/she will become eligible at the end of one calendar year suspension.
 - (4) The student must complete a urinalysis before participation. If the student tests positive, the student will not move to step 4 of violation of participation rules.

(5) The students will NOT letter regardless of fulfilling obligations to specific activities.

- **FOURTH OFFENSE: (STEP 4) The student will NOT be eligible to participate in ANY extra-curricular activity for the remainder of their high school career.**

Financial Responsibility

1. Under this policy, the District will pay for all initial random drug tests, all initial reasonable suspicion drug tests, and all initial follow-up drug tests. (Once a student has a verified positive test result and has subsequently tested negative from a follow-up test, any future follow-up drug test that must be conducted will be paid for by the student or his/her parent/guardian.)
2. A request, on appeal, for another test of a positive urine specimen is the financial responsibility of the student or his/her parent/guardian.
3. Counseling and subsequent treatment by non-school agencies are the financial responsibility of the student or his/her parent/guardian.

HAZING

Definition: To persecute or harass with humiliating tactics or practical jokes, in general, or as an element of initiation into membership of a group. (This is inclusive of the tactic known locally as “giving snuggies’.)

First Offense: Frazer Public Schools must take a zero tolerance on this issue. Students found to have been involved in such initiations or hazing will be dismissed from the team or activity and will be subject to additional consequences as stated in the Frazer Schools Student Handbook.

1. A conference will be held with the participant, parent/guardian, coach/advisor and Activity Director as soon as possible following the violation.
2. A written report of the incident will be filed with the Administrative designee and Superintendent.
3. In addition, an investigation will be conducted to determine further legal actions that may be necessary. Students and their families should be aware that serious civil and criminal charges might arise from initiation and hazing incidents.

CELL PHONES, DIGITAL/IMAGING CAPTIONING DEVICES

Cell phones must be turned off upon entering the school and should not be used during the instructional day. Cell Phones are NOT to be taken into locker rooms or restrooms.

These devices may be confiscated, with the duration decided on by the administration or, other disciplinary actions taken based on the behavior plan. See Student Handbook 2024-2025 for more cell phone rules and policies.

SUSPENSION FROM SCHOOL

Students assigned In School Suspension (ISS/Refocus Room) for a **Major Referral** or placed in Out of School Suspension (OSS) will not be allowed to participate in any school sponsored activity during the time of the suspension. They must also complete a full day of their regular school schedule following the suspension before returning for competition. One full day of regular school constitutes attending all assigned class periods.

FIGHTING

Disciplinary consequences:

The coach will make a Behavior Referral to the administration. Standard school disciplinary actions concerning fighting will be enforced as well as additional disciplinary actions as determined by the coach and athletic director. **Note that students serving school suspensions for fighting are subject to the SUSPENSION FROM SCHOOL policy as outlined above.**

CURFEW:

10:00PM. ON WEEKDAYS AND 11:00PM. ON WEEKENDS.

For out of town trips, students will have thirty (30) minutes from the time of departure from the school to arrive home. For school related activities that extend beyond curfew hours, students will have thirty (30) minutes to arrive home upon completion of the activity. Disciplinary consequences- as determined by the coach or athletic director.

PUBLIC DISPLAY OF AFFECTION

Public displays of affection involving athletes or club members are not appropriate while the student is a representative of Frazer Public Schools, especially during games, on trips and in other buildings or facilities.

NATIONAL ANTHEM/FLAG PRESENTATION RESPECT

Students will stand at attention with their hand over the heart while the national anthem is being played. Athlete members are to remove hats/caps and stand at attention during the entire time the flags are being presented, including the time when the flags are being carried on and off the floor/field.

OTHER CONSIDERATIONS SCHOOL SPONSORED ACTIVITIES AND TRIPS

Travel Considerations: Students on school sponsored trips are under the jurisdiction of the school and its policies as outlined in the Activities Handbook, the Student Handbook and the School District Policy Manual. Students must travel to and from the activities by transportation authorized by the school. Occasionally, circumstances require special travel arrangements. On those occasions, the parent/guardian must contact the athletic director for approval of the travel plan prior to the bus leaving for the event. Parents wishing to have their student ride home with them after an event must **personally** notify the coach and submit a written request for permission to take the students. Students are asked to keep in mind that when traveling, students are Frazer's "Ambassadors" and are expected to behave in a manner that will reflect positively upon themselves and our community.

Students apprehended breaking the law, such as theft, consuming or having consumed alcohol, drugs, and tobacco or non-prescription drugs will forfeit their opportunity to participate in the present activity, will be sent home and will be subject to further disciplinary action.

If a student is sent home, the parent/guardian will be required to provide transportation or pay the cost of providing transportation. Furthermore, if a student is detained by Law Enforcement the parent is responsible for the penalties and transportation. Students who leave the group may be suspended from further trips or extra- curricular activities.

Conduct on Buses

We are very fortunate to have an excellent team bus for the transportation of our activity participants. While riding in school provided transportation, students are required to conduct themselves in an appropriate manner and to abide by all school transportation department rules concerning personal conduct, consumption of food and drink and general bus safety.

Students and coaches will clean the bus before leaving the bus area after an event. Some of our buses are equipped with video viewing equipment. It is inappropriate to bring videos that may be offensive to some. All DVD's brought on trips must be pre-approved by coaches before being brought onto the bus. Coaches will be seated in the middle of the bus to adequately supervise students the entire trip.

Conduct in Hotels/Motels

School related overnight trips are to be considered extensions of your regular school day. Students are to be under the supervision of an adult during the duration of any trip. An adult supervisor must accompany students wishing to leave the hotel/motel for meals or recreation purposes. Coaches or chaperones will designate appropriate times for students to be in their rooms and for "lights out." Students are expected to be in their room at the appropriate times and to exhibit behaviors that are considerate of other hotel/motel guests, (i.e. no running up and down halls, slamming doors, yelling, etc.). When staying in lodging provided by the school district, students are not authorized to incur any additional charges to their rooms. Charges for items such as phone charges or room service are prohibited.

Dress Code

Since students participating in extra-curricular activities are very visible to those watching the event, it is important that they represent their school and community in the best possible way. Blue jeans and tee-shirts are not considered to be appropriate attire when our students travel on extra-curricular trips. If the clothing is not adequate, the student will either be sent home to change or they will be given appropriate apparel to wear for the remainder of the day. To this end, all students involved in extracurricular activities will follow the following guidelines for student dress.

- 1. No baggy or saggy pants or shorts are to be worn**
- 2. Belts are to be kept inside the belt loops**
- 3. Shirts are to be tucked inside the students' pants, dress or skirt.**
- 4. Any shorts, dresses, or skirts shorter than mid-thigh length are not allowed.** (To determine mid-thigh length, students will place arms at their sides. The point in which the fingertips reach the leg is mid-thigh)

5. **Students are encouraged to wear clothing that identifies them as members of the Frazer extra-curricular activity that they are participating in at the time.**
6. **Student dress attire outlined in the Student Handbook applies and needs to be followed.**
7. **Students must dress appropriate to the weather conditions. Wear jackets/coats when it is cold, no dress/skirts when it's cold, etc...**

Again, students are reminded that others based upon how we present ourselves make judgements and opinions about our community and ourselves. Members of Frazer's extra-curricular activities will present themselves in a way that fosters a positive opinion by others. Individual coaches will have the option of implementing a dress code consistent with the expectations of our School District and its students. The coach, administration and athletic director will make the final decision about the appropriateness of a student's attire.

LIST OF ACTIVITIES COVERED UNDER THIS POLICY

VARSITY GIRLS SPORTS

Cross Country
Basketball
Track
Volleyball

VARSITY BOYS SPORTS

Cross Country
Basketball
Track
Football

Extra-Curricular Activities Offered

Indian Club

Student Council

Newspaper

Choir

Pep Band

Yearbook

Cheerleading

National Honor Society

Speech/Drama

Musical Activities

Student Council

This list is not all inclusive of school sponsored activities. Some clubs may or may not be offered throughout the year

POLICY STATEMENT

In order to provide for the health and safety of the individual extra-curricular participant or student athlete and other students, as well as provide a legitimate reason for students to say "NO" to drug use and provide an opportunity for those taking drugs to receive help in locating programs which can provide assistance. The Frazer Schools will conduct mandatory random drug testing of student extra- curricular participants and student athletes. The program is designed to create a safe, drug free, environment for students.

Policy Application

All students who participate in extra-co- curricular activities (sport or club) that are (1) sanctioned by the Montana High School Association [MHSA] and/or (2) sponsored by Frazer Schools [FHS] will be subject to random drug testing in accordance with this policy. Any student activity participant who tests positive for drugs and/or alcohol under the testing program provided herein shall be subject to the consequences set forth below.

All student activity participants remain subject to all other school rules and regulations pertaining to drug, alcohol, and tobacco use, including but not limited to, rules and regulations pertaining to the possession, use, sale, etc. of such substances during school or during

school-related activities. Any violation of such other rules and regulations may serve as the basis for disciplinary consequences with respect to participation in extra/co-curricular activities.

This policy extends only to random drug and testing and does not limit or otherwise restrict the ability of the District to conduct such testing on the basis of reasonable suspicion.

DEFINITIONS

Drug: Substances covered under this policy include any alcoholic beverage, narcotic drug, hallucinogenic drug, inhalant, anabolic steroid, barbiturate, amphetamine, marijuana, and any other stimulate such as phenylpropanolamine, depressant, intoxicant of any kind, Controlled Substances and substances purported to be one of the above, an dangerous drug defined in Section 50-32-101, MCA or any imitation dangerous drug defined in Section 45-9-11, MCA or any other substance considered illegal or controlled by the Food and Drug Administration.

Student Activity Participant: Any student participating in an activity (sport or club) sponsored by FHS and/or sanctioned by MHSА. The list of FHS clubs which this policy extends will be set forth in the FHS handbook.

Activity Season: "Season" as referred to in this policy shall mean the Fall, Winter and Spring seasons established for MHSА-sanctioned activities and shall begin on the first day of practice for such season and the day prior to the beginning date of practice for the next successive season. With respect to students participating in non-MHSА-sanctioned activities, the applicable period for any consequences attendant to a positive test result shall be equivalent to the then-current "season" under MHSА standards. **Positive Test:** A drug test will be considered "positive" for drugs in accordance with the U.S. Department of Transportation guidelines.

Bearcubs Facts

School Colors:

Columbia Blue and White

School Mascot:

Bearcubs

School Song:

On Wisconsin

Onward Frazer, Onward Frazer, Strength, and courage wins!

Every man in his position helps to win this game!

Onward Frazer, Onward Frazer, Fight with might and main!

Fight Bearcubs, Fight, Fight, Fight! To win this Game!



Frazer Public School 2-2B

CO-CURRICULAR RULES AND DRUG TESTING

AUTHORIZATION FORM:

I understand fully that my performance as a participant and the reputation of my school is dependent, in part, on my conduct as an individual. I hereby agree to accept and abide by the standards, rules, and regulations set forth by the Frazer Public Schools Board of Trustees and the coaches for the activity in which I participate.

I authorize the Frazer Public Schools to conduct any procedure, including a urine analysis from a specimen, which I provide, to test for drugs and/or alcohol use. I acknowledge that these tests may be administered without notice. I also authorize the release of information concerning the results of such a test and release of any information by my physician related to prescription drug use to the Frazer Public Schools. I understand that school officials will keep this information confidential as required by law.

This shall be deemed consent pursuant to the Family Education Right to Privacy Act for the release of the above information to the parties named above.

This authorization further acknowledges the receipt of the Frazer Student Handbook and the student co-curricular drug testing policy of the District.

Print Student Name

Student Signature

Date

Consent by: Print Parent/Guardian's Name

Parent/Guardian's Signature

Date

You must sign and return this form to the front office before participating
Frazer Public School 2-2B

CODE OF CONDUCT

It is becoming more evident that tobacco (*including smokeless*), alcohol and other drugs may easily become addictive and harmful to an individual's physical and emotional health. As part of the curriculum offerings, School District #9 provides education regarding the use of these substances.

The District also has a Substance Abuse Policy, which recommends counseling assistance for the student experiencing a problem with tobacco (*including smokeless*), alcohol or other drugs. Additionally, the District has developed and implemented a program to assist students in need of help due to the use of tobacco (*including smokeless*) alcohol or other drugs.

Co-curricular activities, athletics included, are extensions of the District's curriculum and the student's academic experience and are privileges afforded to students during their educational experience. The District feels that a student participating in co-curricular activities should be a good representative for themselves, their family, their fellow participants and students, their school and their community. The District further believes that the involvement with the use of tobacco (*including smokeless*), alcohol and drugs is an appropriate representation for students participating in co-curricular activities.

Contained in the Activity Handbook are the guidelines of expected behavior for students participating in co-curricular activities. We are asking you, the parent/guardian, to discuss with the activity participant the positive aspects of refraining from the use of tobacco (*including smokeless*), alcohol and illegal drugs. You should also note that there are penalties for participants who have been found to be involved in the use of tobacco (*including smokeless*), alcohol or other drugs during the time that he/she was participating in a co-curricular activity.

After you have read and discussed the Activities Handbook, please make certain that both student and parent (or legal guardian) have signed this form. Return the form to the front office at Frazer Public Schools.

We, the undersigned, have received the policies as stated in the Frazer Schools Activity Handbook, understand them and agree to adhere to them during the duration of participation in this sport or activity during the 2024-2025 school year.

Student **Parent**

You must return this form to the front office before participating.
VALID THROUGH ALL PARTICIPATION OF 2024-2025 SCHOOL YEAR

Frazer School District #2 & 2B
Student Participation Agreement
School Year 2024-2025

Student Name: _____

Last **First** **Middle**

Date of Birth: _____ **Current Age:** _____

(M/D/Y)

Grade in 2024-2025 School Year _____

Permission:

I am the parent/guardian of the above-named student and give permission for him/her to participate in any extracurricular activities, both sports and other school-sponsored activities and instructional field trips. I understand that participation in these activities may mean that my child will be required to attend events on weekends or evenings which may involve travel outside of the School District. All such transportation will be in accordance with District Policies and Procedures.

Responsibility:

I understand that participation in such activities involves inherent risks to students. Regardless of reasonable safety measures taken by the District. For consideration of School Districts agreement to allow my child to participate, I accept responsibility for any loss, damage or injury to my child and his/her property that occurs during participation in such activity that is not the result of fraud, willful injury or negligent violation of law by a trustee, employee or agent of the District.

Medical Care:

In the event it becomes necessary for the District staff members in charge to obtain emergency care for my child, neither the staff member nor the District assumes financial liability for such care. I agree to accept responsibility for medical expenses incurred by good faith by the District for my child resulting from an accident, illness, or other unforeseen circumstance.

Signature & Address Information

Father/Guardian: _____ Date: _____

Address: _____

Phone _____

Mother/Guardian: _____

Date: _____

Address: _____

Phone: _____

Student: _____

Date: _____

***You must return this form to the front office before participating.
VALID THROUGH ALL PARTICIPATION OF 2024-2025 SCHOOL YEAR***