

Amazing Lavender Essential Oil

Lavender essential oil is one of the most commonly used, most versatile, & most effective essential oil!

Derived from the lavender plant, it can be taken orally, applied to the skin, and breathed in through aromatherapy.



Research suggests that lavender oil can provide the following health benefits:

- * ACNE - Works to kill bacteria, preventing and healing acne breakouts. It unclogs pores and reduces inflammation when applied to the skin.
- * ECZEMA & PSORIASIS - Since lavender has anti-fungal properties and reduces inflammation, it can help keep eczema at bay, and can also lessen redness & irritation resulting from psoriasis
- * INFLAMMATION - Painful inflammation can be treated with lavender oil. This oil's pain-relieving and numbing effects help soothe inflammation, while beta-caryophyllene in the oil also acts as a natural anti-inflammatory.
- * BURNS, CUTS, SCRAPES, WOUNDS - lavender oil assists to accelerate wound-healing processes & promote the healing of skin tissue.

