



PREP FOR AMBULATORY EEG

Appointment Date: _____ Time: _____

1. Please arrive 15 minutes early to check in and have your insurance card with you,
2. Wear a shirt that opens in the front that can be easily removed. Also, bring a hat, not a ball cap to wear home over the gauze wrapping; a ball cap will not fit over gauze wrapping.
3. Before the appointment, wash hair with baby shampoo or a shampoo that has no conditioners or protein builders.
4. Please remove braids, ponytails, etc. as they will prohibit accuracy of the test - we must be able to attach the electrodes to your scalp. Please note the electrodes may cause some minor skin irritations.
5. **Please wear a button up shirt when arriving.**
6. If you have been instructed by the Neurologist to give your child a mild sedative (i.e. Benadryl or Chloral Hydrate), you should do this 30 MINUTES BEFORE THE APPOINTMENT.
7. The Ambulatory EEG unit will be removed once the study is completed.
____ 24 hr EEG will return the following day for removal
____ 48 hr EEG will return on 3rd day for removal (extra batteries will be given to you by tech)
____ 72 hr EEG will return on 4th day for removal (extra batteries will be given to you by tech)
8. Insurance questions should be directed to, Mecklenburg Neurological Associates at (704) 334-7311 ext. 1023.
9. If you need to reschedule your appointment, call (704) 335-3400.
10. **Patients/Parents are responsible for the Ambulatory EEG equipment while it is in their possession. It is the patients/ parent's responsibility to return the equipment immediately following the completion of the study.**