



**PREP FOR REGULAR EEG (Child)**

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

1. Please arrive 15 minutes early to check in and have your insurance card with you.
2. Before the appointment, wash your hair with baby shampoo or a shampoo that has no conditioners or protein builders.
3. Please remove braids, ponytails, etc., as they will prohibit accuracy of the test-we must be able to attach electrodes to your scalp. Please note the electrodes may cause some minor skin irritations.
4. Eat meals as usual. No caffeine or alcohol 24 hours before testing. Take medication as usual unless your physician instructs otherwise.
5. You are having a regular EEG, you may sleep as usual.
6. Insurance questions should be directed to Mecklenburg Neurological Group at (704) 335-9794.
7. If you need to reschedule your appointment, call (704) 335-9794