



PREP FOR AMBULATORY EEG

- 1. Wear a shirt that opens in the front that can be easily removed. Also bring a hat or cap to wear home over the gauze wrapping.**
- 2. Before the appointment, wash hair with baby shampoo or a shampoo that has no conditioner or protein builders.**
- 3. If you have been instructed by the neurologist to give your child a mild sedative (i.e., Benadryl or Chloral Hydrate), you should do this 30 minutes before the appointment time.**
- 4. The Ambulatory EEG will be removed the day after it is put on. Example: If the EEG is put on Monday, it will be removed on Tuesday.**
- 5. Insurance questions should be directed to Mecklenburg Neurological Associates at (704) 335-3400.**
- 6. Patients are responsible for the Ambulatory EEG equipment while in their possession.**
- 7. If you have any other questions, please call Mecklenburg Neurological Associates at (704) 335-3400.**