

Degree: Associate of Arts
Major: Health, Physical Education & Recreation
Division: Health, Physical Education & Recreation

Program Code: (016, HPER.AA)

Minimum Ret/Grad GPA 2.00
 Minimum Total Hours 63

GENERAL EDUCATION REQUIREMENTS.....39 HOURS

English Composition - 6 hours

1. ENGL 1113 Freshman Composition I
2. ENGL 1213 Freshman Composition II

U.S. History - 3 hours

1. HIST 1483 Am His 1492-1865 or HIST 1493 Am His 1865-Pr

U.S. Government - 3 hours

1. POS 1113 American Federal Government

Biological Science - 4 hours

1. BIO 1114, BOT 1114, or ZOO 1114

Physical Science - 4 hours

1. GPS 1214, CHEM 1115, PHYS 1114, or PHYS 2014

Orientation - 1 hour

1. ORI 1111 Freshman Orientation

Mathematics - 3 hours

1. MATH 1413 Survey of Contemporary Math¹ or higher

Humanities - 6 hours

1. One (HUM 2113, 2223; ART 1113; DRMA 1213; HIST 1113, 1123; MUS 1113; PHIL 1113, 2123; RLED 1113, 1123, 2113; ENGL Literature)
2. One (HUM 2113, 2223; ART 1113; DRMA 1213; HIST 1113, 1123; MUS 1113; PHIL 1113, 2123; RLED 1113, 1123, 2113; ENGL Literature)

Approved Electives -9 hours

1. CS 1103 Microcomputer Applications
2. Elective (PSY, HIST, POS, SOC, ECON, GEOG, SPAN, CHER, CHOC, ART, MUS, DRMA, HUM, PHIL, RLED, SPCH, ENGL literature)
3. Elective (PSY, HIST, POS, SOC, ECON, GEOG, SPAN, CHER, CHOC, ART, MUS, DRMA, HUM, PHIL, RLED, SPCH, ENGL literature)

MAJOR REQUIREMENTS.....24 HOURS

Required Courses in Major - 15 hours

1. HPER 1103 Introduction to HPER
2. HPER 1113 Personal Health and Wellness
3. HPER 2103 Care and Prevention of Athletic Injuries
4. HPER 2113 Theory of Coaching
5. HPER 2213 Standard First Aid and Personal Safety

Elective Courses in Major – 9 hours (Select Four)

1. AHS 1203 Basic Nutrition
2. AHS 2113 Preventative Techniques in Athletic Training
3. HPER 2133 Sports Officiating
4. PSY 1113 Introduction to Psychology²
5. SPCH 1113 Introduction to Speech²
6. ZOO 2114 Human Physiology
7. ZOO 2124 Human Anatomy

Notation:

¹MATH 1413 is Math Pathways requirement. However, student should consider the math requirement of the transfer institution.

² Recommended for Education majors.

