

Degree: Associate of Science
Major: Allied Health
Option: Pre-Sports Medicine
Division: Health Sciences

Program Code: (032, AHS.AS)

Minimum Ret/Grad GPA 2.00
 Minimum Total Hours 60-66

GENERAL EDUCATION REQUIREMENTS.....37 HOURS

English Composition - 6 hours

1. ENGL-1113 Freshman Composition I
2. ENGL-1213 Freshman Composition II

U.S. History - 3 hours

1. HIST-1483 Am His 1492-1865 or HIST-1493 Am His 1865-Present

U.S. Government - 3 hours

1. POS-1113 American Federal Government

Biological Science - 4 hours

1. ZOO-1114 General Zoology

Physical Science - 5 hours

1. CHEM-1115 General Chemistry I

Orientation - 1 hour

1. ORI-1111 Freshman Orientation or ORI-1112 Freshman Orientation

Mathematics - 3 hours

1. MATH-1513 College Algebra (Pre-Calculus)

Humanities - 6 hours

1. HUM-2113, 2223; ART-1113; DRMA-1213; HIST-1113, 1123; MUS-1113; PHIL-1113, 2123; RLED-1113, 1123, 2113; or ENGL literature
2. HUM-2113, 2223; ART-1113; DRMA-1213; HIST-1113, 1123; MUS-1113; PHIL-1113, 2123; RLED-1113, 1123, 2113; or ENGL literature

Computer Proficiency – 3 hours

1. CS-1103 Microcomputer Applications

Approved Electives - 3 hours

1. PSY-1113 or (PSY, HIST, POS, SOC, ECON, GEOG, SPAN, CHER, CHOC, ART, MUS, DRMA, HUM, PHIL, RLED, SPCH, ENGL literature)

MAJOR REQUIREMENTS.....23-29 HOURS

Required Course in Majors - 23 hours

1. AHS-1113 Medical Terminology
2. AHS-1203 Basic Nutrition
3. HPER-2213 Standard First Aid & Personal Safety
4. ZOO-2114 Human Physiology ¹
5. ZOO-2124 Human Anatomy
6. Elective (AHS-1403, AHS-2013, BIO-1114, BIO-2155, HPER-2103, HPER-1113)
7. Elective (AHS-1403, AHS-2013, BIO-1114, BIO-2155, HPER-2103, HPER-1113)

Pre-Sports Medicine Option - 29 hours

1. AHS-1113 Medical Terminology
2. AHS-1203 Basic Nutrition
3. AHS-2113 Prev Techniques in Athletic Training
4. HPER-2103 Care & Prevention of Athletic Injuries
5. HPER-2213 Standard First Aid & Personal Safety
6. PHTA-1203 Applied Anatomy & Physiology
7. PHTA-2363 Kinesiology
8. ZOO-2114 Human Physiology¹
9. ZOO-2124 Human Anatomy

Notation:

¹ Prerequisites are: CHEM-1115 General Chemistry I.

Semester by Semester Degree Plan

Allied Health, AS (032, AHS.AS)

Students are required to complete the following General Education and Major Requirement courses. Students who complete this associate's degree are prepared to transfer and continue their education at a four-year college/university. Students should consult with their academic advisor and refer to the 4-semester by semester program planning guide to understand course sequencing

Course Number – Course Description	Hours
Freshman Year 1 st Semester – Fall ☐ ORI-1111 Freshman Orientation or ORI-1112 Freshman Orientation ☐ ENGL-1113 Freshman Composition I ☐ HIST-1483 or 1493 American History ☐ CS-1103 Microcomputer Applications ☐ ZOO-1114 General Zoology Total:	 1 3 3 3 4 14
Freshman Year 2 nd Semester – Spring ☐ ENGL-1213 Freshman Composition II ☐ ZOO-2124 Human Anatomy ☐ MATH-1513 College Algebra (Pre-Calculus) ☐ POS-1113 American Federal Government ☐ Elective in General Education: PSY-1113 Introduction to Psychology (RECOMMENDED) Total:	 3 4 3 3 3 16
Sophomore Year 1 st Semester – Fall ☐ CHEM-1115 General Chemistry I ☐ AHS-1113 Medical Terminology ☐ HPER-2213 Standard First Aid and Personal Safety ☐ Humanities – (ART, ENGL, HUM, MUS, PHIL, OR RLED) ☐ Elective in Major Total:	 5 3 3 3 3 17
Sophomore Year 2 nd Semester – Spring ☐ ZOO-2114 Human Physiology ☐ AHS-1203 Basic Nutrition ☐ Humanities – (ART, ENGL, HUM, MUS, PHIL, OR RLED) ☐ Elective in Major Total:	 4 3 3 3 13

Graduation Requirements: Minimum 60-66 cr-hrs, 2.00 Ret/Grad GPA, 15 Resident cr-hrs

Total Hours: 60-66

How to Use this “Semester by Semester Degree Plan”: Courses are listed in the order they should be taken and in what term the course should be taken. Enrollment into developmental courses will add to the total credit hour count, and may alter English, math and science enrollment rotations. Students should use this as a guide in pre-enrollment, study the Course Schedule and then visit with an academic advisor.

Estimated Program Cost: Students can complete this degree in four semesters (15-16 per semester).

The estimated cost of this program is approximated at: *60 credit-hours x \$146.00 per credit hour = \$ 8,760.00* (Please know that this cost does not include textbooks, supplies, developmental coursework, and other expenses, and is designed as an ESTIMATE only).

Actual program cost is based on Fall 2026 in-state tuition amounts and final costs will vary from this estimate.