

**Community Counseling Center Presents**

***Family Constellations***

*Workshop with Marcela Urban, MA, SEP  
and Dorothy Pitkin LCSW, PhD*

**Friday, March 27, 9:00-4:30  
and Saturday March 28 9:00-4:30**

*For Health Care and Mental Health Professionals*



Co-sponsored by NASW-California Chapter

*When there is a trauma within a family, it affects not only current, but also following generations. In trans-generational trauma we feel the effects of trauma that happened in our family even if we don't know the facts or circumstances. In a Constellation we are bringing those unconscious dynamics to light, resulting in new insights, healing and relief for the client.*

**This program qualifies for 6 or 12 hours of continuing education credits for LCSWs, LMFTs and LPCCs, or LEPs as required by the California Board of Behavioral Sciences**

<b>Cost:</b>	<b>Workshop</b>	<b>CEs</b>
Professional	\$50 per day	6 CEs \$30 (Friday only)*
Student	\$25 per day	12 CEs \$50 (Both days)

\* There are no CE's for Saturday unless Friday is also attended

**Location: Copeland Pavilion Educational Center at French Hospital**

**Space is limited for this program.**

## **Community Counseling Center Presents**

Diversity factors such as age, race, ethnicity, gender, cultural heritage and family lineage are important to gain insight on identity development and mental health.

By honoring our heritage and our unique history we can make peace with the past and free ourselves from the burdens we unconsciously carry. This act is both liberating and empowering.

**Everybody's story is unique, yet the issues we work with are basic human situations that touch us all. Participating in a constellation helps cultivate presence and embodiment, deepens inner knowing and gives us an opportunity to feel deeply connected to others and to our own humanness.**

Participants and observers alike feel touched and moved by witnessing or being part of a Constellation. This work has been described as life changing.

### ***Issues we work with in Constellations are:***

- *relationship issues*
- *unexplained conditions*
- *chronic symptoms*
- *destructive patterns of behavior*
- *feeling stuck in life*
- *feeling unfulfilled and/or unhappy about our life*
- *depression*
- *medical conditions*

This program is designed to introduce mental health and health care professionals to the Family Constellation approach to therapy.

If you are interested in attending Friday, or both days, please RSVP to the Community Counseling Center. (805) 543-7969. Credit cards can be taken at that time, or send checks to Community Counseling Center, 676 Pismo Street, San Luis Obispo, CA 93401.

Priority will be given to people signing up for both days. Registration will close March 13, 2020.

Those wishing to attend Saturday only will be put on a waiting list. They will be contacted after registration for those attending both days closes, two weeks before the workshop, if they are still interested in attending.