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# Reading Marathon alert! By Yakshi

The Reading Marathon is moving up a month this year. We'll be reading during the whole month of October, and collecting from our sponsors right after Halloween. The Book Fair will be in the Library the week of November 6-10. Kids, hone your reading skills. Adults, seek out a special child to encourage by sponsoring him or her in the 14th annual Reading Marathon. Children earn prizes and money to spend at the Book Fair. Reading daily improves their skills and the library raises funds to improve its collection. We all win when our children can read and feel supported by and connected to their community.

Look for packets to come home the first week of October, and make room on the refrigerator for Reading Record Sheets.

# Sharing goals By Roger Rapp, Editor

When I first met Mary, she ran up to the pool, laced her fingers in the chain fence, and stared at the water. Her counselor soon caught up with her and took her back in tow. That was the beginning of a week of summer recreation camp for the developmentally disabled run by United Cerebral Palsy at the "special camper" facility I managed, Camp Ross Relles located next to Malakoff Diggins State Park. Over the week, I noticed that, as fascinated as Mary was by the water, she was afraid to get in.

Camp tends to have a magic effect on campers. Being in the outdoors under sun and stars, gathering around a campfire making s'mores, or putting on a skit wearing a mask you made yourself with a script you wrote with your cabin mates - these events normally quicken in the

# Community comes out for CVFD Picnic

By Donna Tate

We would like to thank the community for pulling off another terrific Fire Department Picnic. The picnic raised a whopping \$4400 for the Fire Department.

The Auxiliary was beginning to question our lack of enthusiasm this year. Were we tired? Was it just a strange year? Was twelve years just enough? Well, our questions were definitely answered by about noon on September 9, 2000. Apparently, all our hard work the first 11 years paid off. This community just stepped up to the plate and made things happen. No extra phone calls had to be made. No sign up sheets for volunteers needed to be posted. People just showed up and pitched in, showing we all share the "Spirit of Camptonville".

The weather was perfect, and the vittles divine. Children laughed and played. Some folks visited with friends they hadn't seen in years. We all enjoyed local performers while waiting for the big raffle. This year's big winner was Paula Miller. She took home the grand prize, \$500. As the sun went down the entertainment began. The glow of neon necklaces lit up the night while some danced and others just enjoyed the local sounds. A wonderful time seemed to be had by all.

We would like to give special thanks to the local businesses. The picnic would not be possible without your donations and support. This community should be very proud of our accomplishments. See you all next year!

#### Camptonville Community Courier

campers, even in the "special" ones, and helps them make a step in their growth as human beings. But by the end of the week, Mary had not gotten in the pool. Not once.

On the last day Mary's counselor asked me to open the pool one last time to see if Mary would get in. I had already shut down the pool, but Mary had her swimsuit on. So down we went, and I unlocked the gate and peeled back the pool cover enough for her to get in. The counselor had to coax, but finally Mary sat on the side, and dangled her feet in the water. The counselor was grinning ear to ear and told me. "Sometimes you need a different kind of measuring stick to gage how big an event really is."

\* \* \* \* \*

It is a great honor, but also rather a fluke, that the Camptonville Community Courier is getting any kind of award in its short 3 1/2 year existence. The Sierra Health Foundation Sharing Conference Media Award is for outstanding contribution toward improving the health of children and families (and community) and supporting collaborative/community building efforts.

There are some excellent journalists out there who are truly more worthy, and I would specifically mention John Seelmeyer of The Union who has always supported us. So in the spirit of sharing, we at the Courier would like to "share" the Sierra Health Foundation Sharing Award with John and the Union.

The Courier is the "newspaper of record" for our little mountain town. At the Courier, we've tried to create a platform for any group or individual to use this newsletter as a vehicle of sharing. As a result, we have covered a wide variety of local events and issues. We have relentlessly promoted literacy, and our fundraiser, "Rocking Rhyming Summer-timing August Nights," has become an annual showcase for local poets and musicians. The mountains tend to have a magic effect on the people in Camptonville. This annual fundraiser has become a cultural event in its own right - a time for us to let that creative energy wash over us all.

Nonetheless, all newspapers do similar things. If you look at size, circulation, income, advertising

base or staff benefits, our little monthly newsletter simply can't stack up to any of the media enterprises around us. At the Courier we're all volunteers. Circulation is just 475, and the paper comes out only once a month. The writing is uneven, and in light of gaffs in recent editions, we won't even bring up the sore topic of the keenness of the editor's eye in catching typos, errors and repetitious content.

By most measures, it's hard to see anything particularly award-worthy in the Courier. But what if we wanted to talk about the ability of a medium to be the currency of community interaction? What if the primary concern of the newsletter is the ability to provide a vehicle for the voices of the readership itself to join the community chorus? What, then, if we look for a different kind of yardstick to measure the success of a group of volunteers in sharing with their community and neighbors?

Here are two of our "sharing goals." We could use these sharing goals to create a couple of simple indices to evaluate how well we are "sharing with the community."

# 1. Everyone who reads the Courier should at sometime see his or her name in it.

Like large commercial newspapers, every one of our readers is a potential story. It is, in fact, our explicit goal to put as many names of townspeople in as we can. We have probably published the names of at least 50~60% of our readers in one context or another. Specifically, say Camptonville has 1,000 people (of course this goes down by a couple of hundred in the winter). I would estimate that 500 to 600 names have appeared, so, taking the low end, let's say that we have a **readership name publication rate of 50%**.

2. Everyone in town is a potential contributor to the paper.

Every one of our readers is a potential contributor to the paper. Certainly everyone is invited to come fold and staple with us (call Roger at 288-0619 or Cathy at 288-0913 to be put on the phone tree). More importantly, anyone with an idea for an article can get printed. You don't have to be a writer or have a word processor. Just call me up, and we can write the article up right over the phone.

# Published by the Newsletter Committee of the CCSD Auxiliary. Address all correspondence for the Camptonville Courier to: PO Box 32 Camptonville, CA 95922

Contact:

Roger 288-0619, or Cathy 288-0913

Your Camptonville Newsletter Committee

Roger Rapp, Cathy LeBlanc, Bob Carpenter, Rod Bondurant, Kimberlee Douglass, Joan Crabtree, Donna Tate, Rochelle Bell, Yana Slade, Helene Riley, Paula Miller

#### Camptonville Community Courier

Again, although the same dozen people write the majority of articles every month, I would estimate that we have had 50 to 60 different authors (including 15 to 20 children), so using the low end, let's call it a readership contribution rate of 5% and a child readership contribution rate of 1.5%.

I wonder how the Sacramento Bee or The Union would weigh in using these indices?

The main problem with creating our own yardstick is that now we have something to measure up to.

All of us on the staff have to ask why hasn't everyone's name appeared in the Courier? Are we going to let those lives and stories go untold? Why haven't more people written? We just haven't figured out how to open the door for everyone.

Hey Camptonville, our little mountain community is pooling its energies and resources and stories. Don't be afraid of what is in you. Don't hesitate to have the courage to speak your truth, and we at the Courier will do our best to print it. Come on Camptonville, the Courier is peeling back the cover. Get your feet wet!

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## Twilight School

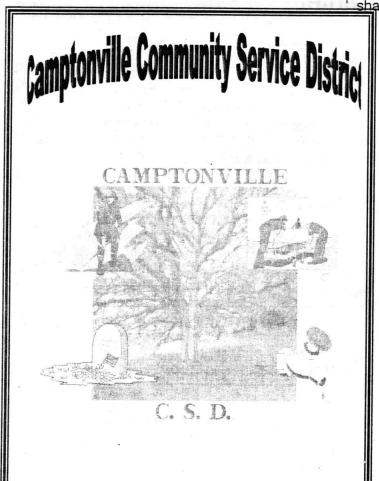
By Cathy LeBlanc

Twilight School will begin again in November this year. For those of you new to the area, Twilight School is Camptonville's form of entertainment/education right here at the local level. Every Tuesday evening in November from 6pm to 8pm we take over the school and we have the opportunity to once again share our know-how. (You do not have to be an expert on a subject to teach it.) Twilight School continues every other month thru May then we take the summer off.

Last year we learned about chain saw safety, solar energy, on-line marketing, how to make a spring wreath and much more. This year I would really like to continue to see community input. Please give me a call at the Wellness Center (288-9355). Or just stop me when you see me and say, "Hey! this is what I would like to share." So far our line-up in November will include a writing workshop with Yakshi, belly dancing with Jennifer, Christmas crafts, and the usual young children activities, recreation, and Club Live. Please keep your eyes peeled for "official offerings". Please come join your neighbors and friends the first Tuesday in November. Oh yes and as always I'm looking for folks to help with refreshments. Let me know.

P.S. I'm looking for another dancer out there willing to

share their skills.





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# Sharing our caring By Shirley DicKard

Caring is something people in small communities do well. I sense that our caring for each other and for our community is one of the main reasons why Camptonville feels friendly. It is also the motivation behind how things get accomplished - people care to share their time, energy, and what they know.

Many people are quiet contributors – they just go about doing what they do with little fanfare. So I'd like to describe a bit of what I've noticed around the

community.

There's many a story to tell about how people share in our community. Last year, Grandma Louisa came to school to read with students. Other people have helped make phone calls, organized the Easter Egg Hunt and Christmas Party, baked refreshments, arranged volleyball games, taught classes at Twilight School, cleaned up the middle fork of the Yuba River, opened their homes to others, put in extra hours in their jobs, given kids rides, gone to meetings in Marysville, performed their own poetry and music, written grants, chaperoned at dances and field trips, organized community events, filled out surveys and have made others feel welcomed and appreciated.

This year, the Camptonville School Board and Principal Allen Wright helped revitalize the front of the Wellness Center with a new stairway and a bright new coat of red paint. Wendy Tierney is volunteering to landscape the entrance area and is planning a "Community Sharing and Herb Garden." If you have plants to donate, they'll be gladly accepted. Just imagine walking through a garden filled with flowers, herbs and artwork next year.

Inside the Wellness Center are two volunteers who have been helping coordinate the new telemedicine program. Before last year, Robert Harvey and Paula Miller knew nothing about telemedicine. Now, after training and lots of technical assistance from U.C. Davis Medical Center, they are moving tiny Camptonville forward into the cutting edge of telemedicine. Without their dedication, we wouldn't be part of this exciting process. Paula is also the official photographer for The Courier, so when you see her, smile!

What would our younger students do without the Primary Playschool? Every year from January to June, Yakshi Vadeboncoeur opens her heart and welcoming arms to elementary students after school, where they play and learn in her nurturing environment. She is often assisted by adults and

older students who come to share their time with the growing numbers of kids.

Then there are those who are willing to give up their sleep time for others. Just ask members of the Volunteer Fire Department how many times they have gone out into the night to put out fires or provide emergency medical aid. That's dedication! On top of that, they even spend evenings and weekends building the firehouse and updating their skills.

Last but not least, is The Courier's volunteer staff. You wouldn't be reading this now without the dedication of this group of citizens. In spite of the fact that they each have other *real jobs*, they make *The Courier* magically materialize each month so we can continue to *share our care* in Camptonville.

So look around you – I've just touched the tip of the iceberg of this very caring community, and I am very appreciative of what I see.

### Drop in hour at the Wellness Center

Having a bad day? Want to talk with someone? Need some advice? Having a good day? Want to share it? Just want to check in and say "Hey"? Sandy Radoff, outreach worker, Yana Slade, outreach counselor, and Pegalee Benda, life skills counselor, will be on hand to visit with you every Wednesday afternoon from 3 to 4 PM. This is for anyone in the community. If you want to make sure we are here, call us at 288-3395.

# Community Vision

An Action Team Meeting was held on Wednesday, September 20. A full report will appear in the next edition of the Courier.

### Altares del Mundo

Help! Participate in the creation of an altar for the Altares del Mundo. For info call Robert at 288-3264.

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### Fire calls Matt Cooney, Fire Chief

- Medical aid at School House Campground
- Traffic accident at Pleasant Valley Road
- A construction crane fell on a worker at Goodyear's bar
- Medical call at Highway 49 and Pendola

The 12th Annual Fire Department Picnic was a great success. I hope everyone had a good time. The list of people that put it together every year is a long one. Instead of risking leaving out a name, I would just like to thank everyone who helped. Once again thanks goes to Richard Tardiville. This time it is for a 40 foot PG&E trailer he managed to get donated to the fire department. This will be a great help in organizing our station and its vast contents! By the time you read this, the fire station will have been cleaned out and made ready to finish the electrical and plumbing.

There will be a meeting regarding the tax initiative on Wednesday October 18th at 7:00 PM in the Camptonville School Library. It will be a time for questions, concerns, etc.

### FireSafe Council Project By Rod Bondurant

The years of talk have ended and the Scotch Broom and Manzanita jungle has started to disappear.. Bob Prout and crew are busy at work clearing brush and small trees at properties on Moonshine Road. The results can be seen from the road and it sure is nice to be able to see through the woods again. The Forest Service plans to do their part of the project by clearing a large area this spring. Coincidentally, the county is also cutting down the broom along the road.

There is talk at the federal level about providing lots more money for forest fuel reduction. It is an election year, so who knows what is real, but the FireSafe Council is pursuing funds for more work in the area.

### Pendola Road caution

Heavy logging traffic through November 15.

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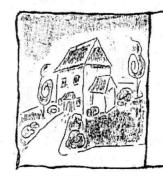
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# Flu Shot Clinic (hopefully) By Shirley DicKard, RN

The *tentative* date for the free Flu Shot Clinic that is given annually by the Sierra Family Medical Clinic, is Tuesday, October 17, from 3-6 pm at the Wellness Center. It is tentative at this point because there have been difficulties in producing the flu vaccine, and SFMC cannot guarantee they will be able to purchase sufficient vaccine. If you need a flu shot, CALL BEFORE COMING: SFMC at 292-3478 or the Wellness Center at 288-9355.

We are setting up alternate dates in November at the Wellness Center, so if the October 17 clinic is cancelled, we will announce the new dates in the Courier and in fliers. The Yuba County Health Department also provides free flu shots for Seniors in Marysville, Brownville, Loma Rica and possibly Camptonville in November. Call 741-6366 for information.

# Downieville Ranger District By Donna Tate

It has been a very busy fire season for the U.S. Forest Service. Several of us have spent a lot of time out of state aiding the suppression effort. Even locally the fire danger became so severe in early August that the Tahoe National Forest implemented fire restrictions. This closure also affected fuel wood cutting. The rain in early September eased the danger and the restrictions have been lifted. We are not out of the woods yet; the recent high temperatures and low humidity have increased the fire danger. Please use caution operating equipment and recreating in the National Forest.

The Pendola Fire logging operation is in high gear. Be cautious traveling in the Pendola area. There will be heavy logging truck traffic through November 15th.

Deer Season opens in the D-3 Zone Saturday, September 23, 2000. For information on deer validation or hunting regulations, please contact the ranger station at (530) 288-3231.

Bullards Bar Recreation will be going into winter status effective October 15, 2000. The upper portion of Schoolhouse and the first site in Hornswoggle will be available for camping. There will be no amenities (no water or garbage service) and no fee.

The low country campgrounds in the highway 49 corridor should remain open until Thanksgiving. The high elevation campgrounds will be at the mercy of Mother Nature. Snow or freezing temperatures will determine the date of closure.

If you are outside the Camptonville area and would like the Courier mailed to you, please contact Joan Crabtree at 288-1616 or Rochelle Bell at 288-3550. Price is \$10 for a year's subscription.

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# Economic Development Plan funding approved By Tonie Hilligoss

The Yuba Watershed Alliance has been officially granted funding to facilitate the development of a comprehensive economic development plan for Camptonville. The proposal for this grant was submitted at the request of the U.S. Forest Service in their effort to help economically-disrupted communities create a more coordinated approach to independent economic development efforts, a strategy which can produce a stronger local economy. The proposal includes \$4,560 to hire a Project Coordinator to work with the community to develop this plan. Because the project is specific to Camptonville and includes forming economic partnerships with surrounding communities, the ideal candidate for the position will be a Camptonville resident with experience in local community development activities, connections with organizations in neighboring communities that meet community needs, and demonstrated ability to take a leadership role in working with community groups to accomplish specified objectives. The grant will require facilitating focus groups and open community meetings and working closely with organizations such as the Yuba Sutter Economic Development Corporation, the Small Business Development Center, and the University of California Center for Cooperatives at UC Davis to develop a written plan. Application requirements include an Associate of Arts or Sciences degree and experience in business and/or entrepreneurial expertise. Community members interested in applying for the position can contact Tonie Hilligoss at 288-3451 or submit a letter of interest and a resume to Yuba Watershed Alliance, P.O. Box 185, Camptonville, CA 95922.

# Camptonville Resource Network By Pam Wilcox

The Neighborhood Network has been asked to share our success at the Sharing Conference in Sacramento. People want to know how we as a small community pulled our community together and mobilized our neighbors to connect with each other. It has taken a while for people to think about the Neighborhood Network and how it might work for them. We get more and more calls each month. It's easy. If you think that you need something, or if you think that you could do something for someone in your neighborhood/community. just call and leave a message -530-288-9355 and I'll mail you an inventory/survey. Remember that the Network now signs up people to volunteer, barter or get paid to do the things that we have listed. If there is something that we don't have listed, call anyway and we will try to help. We got a request from a disabled senior citizen who needed an apartment-size refrigerator, and we found him one. This same man could use a small microwave. Do you have one you could donate or sell? If so call 288-9355 and leave a message. We were able to refer people for housekeeping, cabinet making, crafts work and homemade refreshments for community meetings. If you find that you could use the Neighborhood Network for any of your needs please give us a few days notice to connect you with a "neighbor". Thank you for all the support the Neighborhood Network is getting. I hope you find that you can use it in the future.

# Bulb Beautification Project update By Yakshi

Get ready, get set, get digging!

The arrival of spring is just around the corner. It's coming in the form of thousands of small round or knobby concentrated packages that those of us for whom flowery hopes spring eternal bury in the ground. Thirty-eight people have some 4500 hopes to bury this year and they will be arriving around the third or fourth week in October. If you can get payment to Yakshi (P.O. Box 224 Camptonville 95922) by the first week in October, then she ought to be covered when over \$1700 shows up on her credit card when the bulb orders are shipped mid-October.

We will need to get together to divide up and distribute the bulbs when they arrive. If people are interested in helping, let Yakshi know and she'll try to coordinate time and place, sometime between the 20th and 28th of October. Until then, dream and dig. Spring is on its way.



Photos by Paula Miller

### Courier congratulations

Erin Shawn, daughter of Camptonville farmer Joel Shawn, was recently awarded a National Health Science Scholarship.

Erin graduated from Evergreen State College in Olympia Washington, and worked in a women's health clinic as a medical assistant in Seattle. She next became a Peace Corp volunteer serving in Bolivia. She now attends Yale University School of Nursing in New Haven Connecticut as a family nurse practitioner candidate.

The National Health Science Scholarship will pay for all of her schooling and supplies, as well as a modest stipend for living expenses.

As her part of the bargain, upon graduation Erin will be required to provide 3 years of skills as a family nurse practitioner in an underserved medical community in the US. Are you listening, Wellness Center?

# Volleyball's back By Sandy Radoff and Greg Parker

Well, it's almost like beach volleyball. There's sand, just no ocean. Muscles and bikinis are optional. But we are looking for players who enjoy a competitive game to come out on Saturday evenings at 6:00 PM at the Rebel Ridge Market. If we can get some teams of 6 (preferably) together, we might be able to organize a tournament with teams from Pike and North San Juan. Saturday September 30th will be the first night, so come on down.

This event is sponsored by the Yuba Watershed Alliance.

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### Moonshine potluck tradition By Carolyn Mumm

Moonshine area (including Rebel Ridge, Old Toll, Hwy 49 and anyone in Camptonville wishing to visit with Moonshiners) Potluck will be Sunday Oct 1 at 4 PM at the Moonshine Fire Hall, Kelly and Moonshine Roads. Rain or shine, since we will go inside if necessary. Bring a dish to share and a plate to eat on.

This is a tradition established by families living in the Moonshine area after building the fire hall on Moonshine Road in the 1970's. Residents built the fire hall with volunteer labor. The money to build it was raised by people living on Moonshine who went door to door to ask everyone to help as much as they could. In the early years, Moonshine had its own fire department with volunteer fire persons from the area. There were regular events at the fire hall for the families including 4th of July potlucks and fireworks. (The small kind of fireworks, with the fire truck standing ready.) The fire hall was a haunted house for the younger children one year at Halloween.

Then, before anyone realized it, the children of many families who worked so hard to build the fire hall were grown up or mostly grown up, and had left home. There wasn't the same incentive to get together. Also, the number of volunteer firepersons dwindled until the Moonshine Fire Department was dropped in favor of having it be an adjunct to the Camptonville Volunteer Fire Department.

About the mid-1990's, new residents and families with children settled in the Moonshine area, and some of the old timers were joined by some newer residents and together they decided to try doing a potluck again. So the very first flier said: Bring Back the Tradition.

Each year since then, Carolyn Mumm, Rochelle Bell, Judy Morris, Rod Bondurant and others have helped spread the word and set up the fire hall. Ruth Schwartz has made the flier, and three years ago Robert Mumm painted the sign that is up where Moonshine spills into Highway 49.

So help us bring back the tradition if you'd like to visit a bit with your neighbors and enjoy some good food.

### We got veggies By Rod Bondurant

The Camptonville Family Gardens vegetable stand at Java Xing next to the Rebel Ridge Market had a great summer. Thanks to all who shared their gardens with us: Jared Parker brought in the earliest crop of tomatoes, Carolyn Mumm gave us delicious peaches, Marilyn Lindauer gave us pears, the Shapperts brought selections of beans & tomatoes, and Lois Butz brought her "pound apples" which actually weighed over a pound each. All participants enjoyed sharing produce and gardening advice and meeting new neighbors. Special thanks to Charlene and Thea for helping to run the stand. Stop by for the final day on Saturday the 30th.

# River cleanup

By Rod Bondurant

Imagine; Strangers spending their time on a fine summer day picking up beer cans at our favorite swimming places? On Saturday the 16th, seventeen enthusiastic volunteers of all ages from Camptonville and neighboring towns came here and collected a truckload of trash from the parking areas and trails at Oregon Creek picnic area and the Mushroom swimming area. They were part of a total of about three hundred people who participated in the third annual Yuba River Clean-Up by collecting trash at sites on all three forks of the river. The cleanup was sponsored by the South Yuba River Citizens League. Our own Middle Yuba River Area Citizens League coordinated the local effort. Many thanks to those who helped out.

### Historic tours on Beckwourth Days

Saturday October 7 at 2:30 PM the Historic Society will conduct a walk through Marysville's Chinatown. Meet at historical society's booth at 115 "D" Street. Interpretive guides will discuss the variety of people who lived and worked in this gold rush era business district. This free tour will conclude with a visit to the Chinese Bok Kai Temple.

At 5:30 PM historian Dick Marquette will lead a tour through the Marysville City and Jewish Cemetery. The cemetery is located on the east side of Highway 70 on the northern outskirts of Marysville. A Donner party survivor, an ambassador to Japan, and the stagecoach driver who shot Black Bart are some of the graves that will be visited. Price for the cemetery tour is 5 dollars for historical society members; ten dollars for nonmembers; and there is no fee for children. The Marysville Business Improvement District sponsors the tours.

For directions or more information phone (530) 846-3024.

### Baby Talk By Yakshi

Two-year-olds are little adventurers, famous for their mastery of the word "no," and their delightfully charming social smiles. Point out another "baby" to them and their attention is riveted. But more and more, in day-care and in play groups, the fascinating baby in the shopping carts at the store or in the stroller at the park is becoming an up close and personal playmate reaching for the toy that your little nay-saying toddler has his own heart set on.

So what can parents and caregivers do to help these little masters of "No" learn the conception and the art of sharing? The answer is both very little and a great deal. The very little stems from the two-year-old's developmental stage. The great deal derives from the single most important contribution an adult can make to two-year-old interactions, which is to have a clear understanding of what can realistically be expected.

Two-year-olds are very possessive. Their social play is often more parallel side-by-side than interactive. They frequently treat other children like objects and disputes are common. Caregivers should take into account that mature interactions are often more likely to be established with adults than with age mates.

That being understood, what the adults can do is provide an environment that favors peaceful parallel play: games that don't require waiting one's turn, games without toys or equipment that use the toddler's own body (jumping, rolling, clapping, stomping) or voice (repeating, singing, chanting) to have fun together. When toys or objects are involved, have multiple copies of the desirable object. Make sure that play periods have "now it's time to trade" built-in.

When disputes do arise, use humor and distraction to take the edge off the conflict. Remove disputed objects from play with the message that our fun together is more important, and that we can try again tomorrow or in 10 minutes or in what ever time frame seems appropriate. With realistic expectations the "baby" across the room can become perfect parallel play partner and friend in the making for a two-year-old.

### Primary Playschool update By Yakshi

Because so many folks have been asking, here's the SCOOP.

Primary Playschool usually starts up in January and runs until the end of the school year. That's the play for this year again, and we'll be getting together on Fridays after school until six just like last year. Look for reconfirmation in the January Courier.





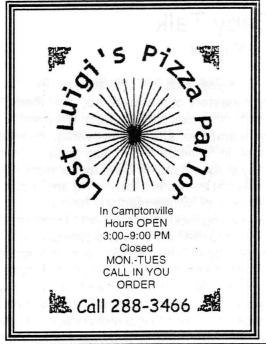
# "ASK YANA" By Yana Slade Dear Yana.

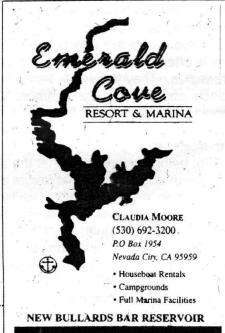
My teenager and I are having an argument about sharing his things with his younger brother. I think it is very important that he share, but the more I argue about it the more he refuses to do it. Help!

Sharing is a behavior that bonds people together. A mother sharing a piece of bread with her child. A child sharing a swing with her friend. Most teenagers want to do their bonding or sharing with others their own age, not their younger siblings. Take a moment and reflect on the character of your teen. Has he always had trouble sharing? Is this something new? Does he and his sibling have fun, positive interactions with each other? Do you see him sharing with other people his own age? Maybe it's age appropriate to let him have more say on what and when he shares. If you think he needs more experience with the joys of sharing, encourage him to share in what ever way feels good to him. Everyone is uniquely different. Maybe he'd like to coach little league, or help the guy next door, or be a tutor, or share some of his things with his younger sibling, just not as much as you want.

Arguing with a teen is a tricky business. Parents often lose the battle. Teens are gaining their sense of self by defining who they are as being different than you. They need to feel that they are making the decisions not just following orders. This is the time to move from strict parental rules to teaching your teen to negotiate with you. This allows the issues to be discussed and time to figure out what is workable for both of you. Teaching your teen how to negotiate successfully with you will hold him in good stead for the rest of his life.

Have a question for Yana? Write her at PO Box 174, Camptonville, CA. 95922 or e-mail her at yanaslade@onemain.com





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### Senior news

By Lola Cleary

With a hint of fall in the air, the North Gold Senior Mountaineers are busy planning and looking forward to their Annual Buck Stew on October 7th at the Senior Center in North San Juan.

A hot meal is served every Tuesday at noon at the center for our members in the tri-county area of Nevada-Yuba- Sierra. You must make a reservation or cancellation by Sunday for the following Tuesday. Please call John at 292-3315 or Helen at 292-3388.

Tuesday October 3rd Robert Lobell, paralegal, will be available from 10 AM to 1 PM for consultation. Lunch is at noon.

Java Xing, next to the Rebel Ridge Market is offering a SENIOR SPECIAL-a free cup of coffee with any purchase of 50 cents or more. They usually have a 50-cent daily special on baked goods such as banana bread, biscotti, etc. So stop by any weekday from 7 AM to 2 PM, or 8 AM to 4 PM on Saturday and Sunday for that free cup of coffee, conversations, or hang out to play cards, dominoes.

I also want the remind any of the seniors that attended the Club Live breakfast last spring that now is the time to offer to share our time and talents at the school. The children do enjoy the special interaction with "Grandma" and "Grandpa". If you have the time, please call the school (288-3277).

One last thought: PATIENCE IS THE ABILITY TO IDLE YOUR MOTOR WHEN YOU FEEL LIKE STRIPPING YOUR GEARS.

### Club Live shares

By Iris van der Meer, Jessica Venberg, and Sandy Radoff

Sharing our ideas, sharing our creativity and energy, sharing ourselves with the community. That is what Club Live is all about. A major goal is providing recreation for the kids in our community (that includes grown up kids who like to play too.) Another goal is to keep our fun safe, non-violent and drug- and alcoholfree.

How are we going to do that this year? Truthfully, every year has a slightly different focus depending on the students involved. Club Live is a member generated club, meaning that the level of activity comes from within (leadership and members, etc.). We're excited to have our newest incoming group be an exceptionally energetic group of 5th graders. They'd like to share some of their ideas for the coming year with you.

Right off the bat, we're planning a small, socializing dance to welcome all the new students to Camptonville School. The dance will be for Camptonville School's 5th to 8th grade students and invited guests on Friday, September 29 from 7 to 9 PM.

We are hoping to plan a wonderful and fantastic Halloween celebration with a haunted house and a dance following. Club Live is not just for having fun. We also have fundraisers and get involved in community events and services. We hope to have fun and exciting events during the year. If you have any ideas contact Sandy Radoff or a 5th to 8th grade student. Thank you

### Dried blood

By Robert Mumm

Those long happy sun dappled days of my early childhood by the Yuba were occasionally shattered by the harsh realities of life. Sometimes it took days of brooding before some cruel event faded into the background of my thoughts and life's joys caught me up again. One such bump in my road came about because my family raised goats and we depended on the milk from them. We didn't then have many goats, although over time the herd did grow considerably. At this time one of the nannies had twin kids and it was decided that there was no place for them because they would take milk that we wanted for ourselves. Why my brother John was delegated to dispatch them I have no idea as he was only a boy then himself and I his tag along brother only four or five.

We took the kid goats and the rifle down by the river and some distance downstream. Of what my thoughts were while we made this journey no memory remains, probably just curious anticipation for so often it is only after the fact that I fully realize the true import of what is going on around me and then react to it. Perhaps I carried one of the little goats myself for I was so often the little helper. My memory gives me no clue as to my brother's feelings nor any particulars as to how he carried out the killing. What still comes to sharp jolting focus with the crack of the rifle is

the sudden jerk of the kid and its falling down with blood spurting from it. Then it was the other one and a deep dread settled over me. I knew then that I loved those little animals and that their happy cavorting days were ended.

A morbid fascination caught me up in the days that followed and I went back to the place to stare at the dried blood many times. There is still a strong memory of my feelings associated with these visits. In my yearning to have that deed undone I made up stories to myself in which the kids were not killed at all or that they came back to life. Sometimes I went hoping to find them alive and it was only over a period of time that I gave up all hope for them and accepted the fact of their death, though I have never accepted the justice of it. We perhaps are the only truly cruel animal for what we nurture one minute we may arbitrarily kill in the next. Somehow I took the guilt of that deed to myself and carry it still, somewhere at the edge of my thoughts always. I could not have altered the outcome of that day in any way but perhaps fault myself for not trying. On those later occasions when I did protest, nothing came of it, but the substance of those other events have all melded into the general store of memory, only to be retrieved through effort, if at all, while this one pushes in unbidden.

As I write this I am thinking of the six year old child who shot and killed a classmate the other day and wonder at the man to be and the thing that will lurk in his mind, or will there be anything there at all? Where is our society in preconditioning toward violence? Personally, I know that killing is not native to the heart; it is learned.

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### October Calendar

Oct 1	Moonshine Potluck
Oct 4	Collaborative Steering Committee Meeting
	PM @ Wellness Center
Oct 9	CCSD 7 PM
Oct 11	School Board Meeting 7PM
Oct 12	Medi-cal Eligibility worker 2:45~5:00 PM @
	Wellness Center
Oct 17	Free Flu Shot Clinic at the Wellness Center
	(Tentative - call to verify 288-9355)
Oct 18	Tax Initiative Meeting 7:00 PM School
	Library
Oct 19	Food Bank at the Fire Hall 9:00 till noon
M/W/Th:	Exercise Group 6:00

# Health Clinic Tuesdays 3~6:00 PM

Oct 3 No clinic

Oct 10 Rachel Farrell, P.A. (743-6888)

Oct 17 Dr. Peter Van Houten (292-3478)

Oct 24 Rachel Farrell, P.A. (743-6888)

Oct 31 No clinic

For general information, call 288-9355