

# Camptonville Community



## Courier

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### Thankful for passion

By Shirley DickKard

It's the day after Thanksgiving. We've reconfirmed our dinner table gratitude for family and spoke of those who were not with us this year. Obi, who secretly feasted on Papa's under-the-table turkey tidbits, is sleeping contentedly on his dog bed.

In the few moments I have before the troops descend down the stairs for fresh eggs and homemade toast, I sit back to think about what makes life good. Of course there's family, good health and friends. Then there's this little community we live in tucked away in the Sierra Nevada foothills.

What I'm especially thankful for is the passion that compels people to create the Camptonville we live in today. I'm thankful for the people who are passionate about such things as teaching children, cleaning up our streets, helping animals, encouraging reading, connecting seniors, creating music and beauty, easing the end-of-life transition, responding to injuries, fires, and crisis, caring for our children and creating this "community voice" you hold in your hands. Maybe part of Camptonville's strength is our passion *put into action*.

Mark Twain said it so well that if you are doing the work you love, you'll never have to do a day of work in your life! My thanks and appreciation for the passion of each and all.

### Santa Claus is coming to town

Have you been naughty or nice? Santa Claus will make an early stop in Camptonville Tuesday December 17<sup>th</sup> at 5:30 -7:30 PM. He and his elves will be in attendance for all the girls and boys with gifts and goodies. Everyone is welcome.

### Holiday Baskets

By Barbara Mueller Hogan

If you know of anyone who could benefit from a little Camptonville community love this holiday season in the form of a Holiday Basket of goodies, please give me a call at the Resource Center 288-9311. Also, donations of food, toys and money for needy Camptonville families are gladly accepted.

### 2002 Reading Marathon winners

More on the Reading Marathon on page 3

#### Top 10 pages read

1. Nash Blakeslee	3585
2. Emily Olson	3079
3. Izzy	2732
4. Alli McLain	1391
5. Jacob Gemmell	1176
6. Brittany Tarp	953
7. Talon Cook	940
8. Jocelyn Rapp	806
9. Iris van der Meer	799
10. Dakota Cook	716

#### Top 10 fundraisers

1. Jocelyn Rapp	217.06
2. Nash Blakeslee	212.34
3. Ruby Cook	115.00
4. Elijah Bauer	95.00
5. Bailey Cowell	94.00
6. Brittany Tarp	85.00
7. Krystal Gross	80.00
8. Jacob Gemmell	59.52
9. Emily Thomas	59.25
10. Harry Thomas	51.00

## Downieville Ranger District

By Betty Leffew

As the holiday season is upon us, I would like to remind you that the Tahoe National Forest does not have a Christmas tree cutting program. Personal use Christmas tree cutting permits are available in the Plumas National Forest. For information, please call the ranger station in Quincy at (530) 283-0555 or in Blairsden at (530) 836-2575. For the price of \$10.00 per tree, you will receive a map of the Christmas tree cutting areas, regulation, and a permit.

Burn permits are no longer needed for dooryard burning. You still need to check the Department of Air Quality for burn day status. During business hours, call the North Yuba Ranger Station for burn status information. After hours or on weekends please call the appropriate count:

Sierra County 289-3662

Nevada County 274-7928

Yuba County east of Bullards Bar (Camptonville)  
289-3662 or 274-7928

Yuba County west of Bullards Bar 743-1189

Fishing in Sierra County Rivers and streams closed on November 15, 2001. Fishing in the lakes and reservoirs is open year round.

As of today November 27, 2002, we have 8.40 inches of rain, all of it coming in this month. Last year at this time the yearly rainfall total was 13.27 inches

Merry Christmas to one and all

## Holiday thoughts

By Cathy LeBlanc

It's coming on Christmas. The decorations are up. Our daughters really wanted to put up the tree Dec. 1st, but I told them we had to do these other chores that were more pressing. They said they could do it themselves, including the house cleaning that was needed prior to decorations going up. Jen and I said okay go for it. They started by cleaning the windows, then getting the cobwebs and sweeping. Then they searched our property for the best pick, cut it down (topped it actually, so it could re-grow), brought it up to the house, made a stand for it and decorated it and the rest of the house. Great job for twelve year olds. Jen and I are proud of our daughters Jessa and Ruby.

I know what I want for Christmas this year. I'd like time to slow down some. I'd like not being so darn busy. I'd like to enjoy my family and home more often. I know that pretty soon a 12 year olds enthusiasm will be changed into teenage impatience. The girls will be driving cars and dating boys before we know it.

Twilight school will have many Christmas festivities Dec 10<sup>th</sup> including Christmas Caroling practice. Roger and I will be hosting. We plan on getting some songs together and going to a convalescent hospital to help spread the holiday cheer. We also want to do some local caroling. Everyone is welcome.

**Published by the Newsletter Committee of the CCSD Auxiliary.**

**Address all correspondence for the Camptonville Courier to:**

**PO Box 32 Camptonville, CA 95922**

**Contact:** Roger 288-0619, or Cathy 288-0913

**Your Camptonville Newsletter Committee**

Roger Rapp, Cathy LeBlanc, Bob Carpenter, Rod Bondurant, Joan Crabtree,  
Rochelle Bell, Yana Slade, Paula Miller, Paula Goodman, Yakshi

## Reading Marathon & Book Fair

By Yakshi

### Building Readers & Breaking Records

You don't have to be an expert at reading lips to understand why Yakshi's smiling – over half of Camptonville's students reading more than 25,219 pages and raising over \$1800 made the 17<sup>th</sup> annual Reading marathon a grinning success.

You don't have to be a meteorologist to read which way the wind blows when, even after storms knock out the power for two school days during the Book Fair, we still have a total sales of \$2,068.29, the largest in a decade. The answer my friends is that CAMPTONVILLE SUPPORTS LITERACY and LOVES TO READ! A special thanks to the folks at Scholastic Book Fairs for extending our fair dates to make up for the lost days. Thank you Book Fair helpers – Pam Wilcox, Jennifer Bauer, Connie Gross, Alex Thomas, Hally Rapp, Roger Rapp, Wendy Newsom – without you, controlled chaos would lose all semblance of order. Blessings on you the book-buying public. And of course, my gratitude to community sponsors, teachers and staff, family record keepers and student readers is endless. Thank you! Your support and dedication make the Camptonville School Library a Rolls Royce of vehicles to share the rapture of reading with generation after generation of Camptonville students. Everyone is welcome to stop by and check out the new books we added to our collection as part of the profit from the Book Fair, and your suggestions are always welcome as to titles and authors we might purchase with remaining funds.

### Class fundraising total

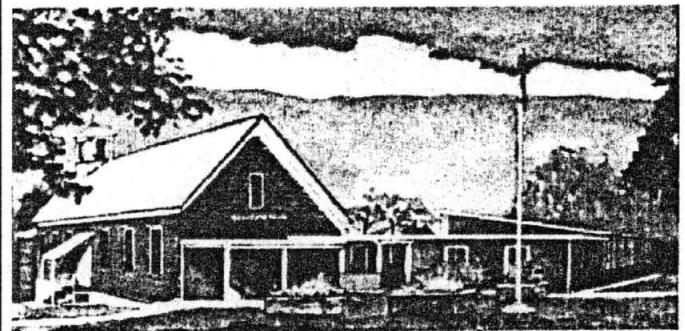
Miss Lacoste K/1:	\$417.00
Mr. Kelly 2/3:	\$298.52
Mrs. Wittler 4/5/6:	\$551.40
Mrs. Marovich 7/8:	\$558.56
Donations:	\$11.93
Grand Total:	\$1,837.41

Biggest Fundraisers:	Jocelyn Rapp \$217.06
	Nash Blakeslee \$212.34
Most pages Read:	Nash Blakeslee 3,585
	Emily Olson 3,079

### Class Winners sponsors

### Most Books x

Miss Lacoste	Nash Blakeslee	60 x 29 = 1740
Mr. Kelly	Jacob Gemmell	37 x 14 = 518
Mrs. Wittler	Emily Olson	19 x 22 = 418
Mrs. Marovich	Jocelyn Rapp	5 x 18 = 90
	Alli McLain	9 x 10 = 90



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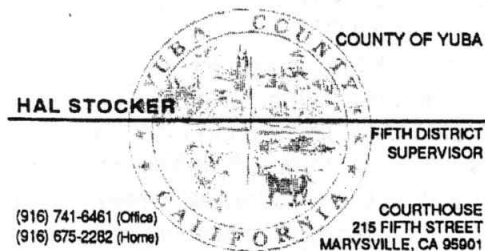
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## Twilight School

By Paula Sweeney

Twilight School, as you all know, had to be postponed in November due to our electrical outage. Even with all the last minute changes, it was a terrific night. The Book Faire extended its stay another week thanks to Yakshi's wheeling & dealing. Ruby & Jocelyn from the Service Learning Group taught their skills on the computers – they did a great job!! Sandy Phillips sang (with the use of her hands) teaching us song signing. Ping Pong and other fun games were played with the Club Live group & Families for Fun! And, Connie Gross shared a video, "The First Years Last Forever" in the 123 Grow room. We can't THANK the volunteers enough for their time and efforts!!! Thanks to everyone for showing up!

The next Twilight School will be held on: Tuesday, December 10th from 6pm to 8pm See the inserted flyer for all of the details!!

Don't forget (and don't be shy)...if you are interested in volunteering or sharing your special talents with the community please call the Resource Center at 288-9355.

## CanWORK

By Cathy LeBlanc & Jeannie Costa

Congratulations goes out to Sandra Walusiak. She is now enrolled in Sierra College. She plans to complete her A.A. Degree in Horticulture. Way to go Sandra!

Sue Couture is the newest CanWORK intern helping us with the CanWORK expansion into the Challenge/Brownsville community. We had our first meeting Nov. 20<sup>th</sup> at the Challenge Family Resource Center (FRC) on La Porte Rd. and we will continue to meet weekly. Among the many families involved we also had in attendance Rhonda Cuddy and Tom Gustie of Yuba County Social Services, Darcy Knox the FRC coordinator, Lea Barthlmes America Corp Member, Cathy LeBlanc, Jeannie Costa and Sue Couture. The group was very enthusiastic and ready to start networking their abundant resources. Both Camptonville and Challenge will be working together on some projects in the future including our CanWORK Web page.

We are still compiling the information and monitoring interest in the recycling project, and will apply for a Mini Grant to help the project.

Geno and Lisa Bonfiglio will be helping Ruby Harvey and Greg Parker to look into expanding the Food Bank Facility in Camptonville.

## Action Team Meeting

By Shirley DicKard

Remember, December 4th is the next Action Team meeting 7 pm at the school. This is a time when people come together to share ideas, brainstorm, plan for the future, and just enjoy getting to know new people. Do you have a passion for Camptonville history? There's a rising interest in starting a new Action Team for historic preservation. We'll also vote on the last \$200 minigrant for community improvement (proposals are due at the Resource Center by 12/3). For information, or if you need childcare, call 288-9355.

## What's new for Toddlers and Preschoolers?

By Shirley DicKard

If you've wondered about the new portable behind the school, it is currently being developed for two uses. The school's Opportunity Class will be on the left, and a "Family Center" complete with infant, toddler and preschool activities will be on the right. Thanks to funding the School and Resource Center received from Yuba County's Prop 10 (tobacco tax designated for children 0-5 years), we will develop a classroom/meeting space and lounge for parents, and educational and enrichment activities for young children, including "1,2,3, Grow." Because this is not a formal licensed preschool, children must have a relative or caregiver present. We want this space to be used by all who care for and about children in our community. We're excited about the possibilities and welcome your suggestions.

## Senior News

By Liz Esry

This last year has been a wonderful and prosperous year for North Gold Senior Mountaineers (NGSM) Senior Center. We have made many new friendships, developed our old friendships, and had lots of fun. As the year comes to a close, the NGSM would like to thank again all the volunteers and all of our neighbors who came out in support of our local seniors. Without the support of our volunteers and our local community, the NGSM would not be able to provide our seniors with a safe and enjoyable atmosphere. We hope that you will continue your support of the NGSM senior center, and we look forward to sharing a wonderful 2003 with you.

There are a few changes on our calendar for December. Lunch will be served as usual, every Tuesday in December except for December 24<sup>th</sup> and December 31, 2002 so our members who volunteer can spend time with their families for the holidays. On Tuesday, December 17 we will be having our Christmas Luncheon. Lois Butts has invited the Camptonville Elementary School children to sing Christmas carols at our luncheon.

We will be combining our fun night with a New Year's Eve Party, December 31<sup>st</sup> beginning at 6:00 pm. We will be having a potluck and music. If you are interested in joining us for the New Year's Eve Party please bring a dish and join us in bringing in the New Year. If you have any questions please call Liz at 530-288-3508. All members and friends are invited.

***The North Gold Senior Mountaineers also offers the additional following community events:***

### **SENIOR MEMBER'S LUNCH EVERY TUESDAY**

We will continue to serve **Breakfast every 2<sup>nd</sup> Sunday of the month** (except May) from 8 AM to 11 AM. There will be one Door Prize given away each month. Geri Treloar was our November winner. Everyone is welcome and we look forward to you joining us.

### **NEW MEMBERS ALWAYS WELCOME**

We are seeking new members to join the NGSM center. If you are 55 years of age or older, or if you are disabled and 50 years of age, you are always welcome to join us to meet new friends and neighbors and enjoy our weekly Tuesday luncheon. Please call John Skoverski at 292-3315, or stop by at the center any Tuesday at 12 PM to enroll.

***Thank you for supporting The North Gold Senior Mountaineers. We look forward to you joining us.***

### **Breakfast – Sunday December 8th 8:00 am to 11:00 am**

2 Eggs (made to order your way)  
2 Pancakes or Waffles  
Sausage or Ham  
Orange Juice  
Coffee  
One Free Door Prize given away each month  
**Donation**  
**Adults \$4.00 Children \$2.50**

## Boat Club

By Robert Mumm

Interested in becoming part of the restoration of an exotic sail boat? We have an Ulfa Fox 14 footer in sad but restorable condition and will welcome members to help in restoration and enjoyment of this special boat. When Ulfa Fox introduced this design it took 33 firsts out of 37 starts or something like that. A really phenomenal boat, the first sail boat to get on step and plane. This 14 carries a 21 ft. tall mast and I guarantee will be real exciting to sail.

A web site to visit is : <http://www.lcsc.org.uk/> go to the links to see pictures.

I have the skill but not the time, you need not have the skill for I am a good teacher. Of course skilled people are very welcome so join us for some fun on Bullards when this hull is water worthy again and the power boats have gone home. Call Robert at 288-3264 or Stephanie at 288-1517.

### **FOR SALE**

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## Hospice News

By Georgeann Savage

Journey Home Hospice wants to extend a big thank you to the local farmers! The Camptonville community gardens and produce market at Rebel Ridge set aside a percentage of their proceeds and generously donated it to the Camptonville School and the Hospice. A special thanks to Jimbo Garrison, whose homemade pickles were a huge success. Farmers rock!

Journey Home is committed to making compassionate end-of-life care at home within reach of all members of our community. We have developed our volunteer program to respond to the needs of hospice patients in our unique rural setting. The following services are offered at no charge to patients or their families: community education, skilled nursing, community caregiver referrals, family advocacy, volunteer support such as respite for caregivers, shopping, transportation, and bereavement support. We also offer referral to our local lodging for the hospice patient unable to stay in his/her own home. We believe with these services in place, families can remain together in their home when a loved one is dying. With hospice support in the home:

- \* A safe and personalized environment can be achieved at the end of life when the medical system can do no more.
- \* People facing the end of life and their caregivers are empowered by the knowledge of what to do at home.
- \* Patients and family members no longer feel isolated and alone in their situation.
- \* Patient and family/caregiver have access to twenty-four hour on call nursing services.
- \* Patients need for equipment, supplies and support services are evaluated.
- \* Volunteer support can provide respite care and companionship for patients, and relief for family and caregivers.
- \* Volunteer bereavement and grief support can ease the challenges for families after the loss of a loved one.

All our services are supervised and supported by our medical director, hospice nurse and trained volunteers. On-going bereavement support is available every 1st Monday of the month or by appointment. For information please call 288-1234.

Wanted: old wooden furniture.  
Call Sandy: 288-2877

Small Engine Repair  
Call John Mumm at 288-3557

Wanted: 2 used computers for doing word processing at the Camptonville Resource Center. Call Rita at 288-9355.

Small dwelling sought for nice lady with two cats and excellent references looking to rent. Call Pat at 273-6912.

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SANDY'S NOTABLE QUOTE FOR NOVEMBER:

"Don't let your past dictate who you are, but  
let it help you become who you want to be."



### Smile Secret #3

Don't let your teeth be  
like the stars and come  
out at night!  
Brush, floss and eat  
good foods.

## Pelton Festival meetings By Robert Mumm

Pelton festival meetings will be held on the  
second Sunday of each month. See you on  
Sunday December 8, 7:00 at the School Library.



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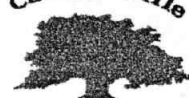
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### \*C'Ville Neighborhood Network\*

Volunteer, Barter and Job Network

Camptonville



Resource Network

### \*Gold Pages\*

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# WALKING

By Jenifer Bliss

Some health professionals have referred to walking as the fountain of youth. If you peruse the benefits of walking (see below) you will know why. Walking is great exercise and it is easy to do.

Start with a 15-minute walk 3 times a week and work up to 30 minutes 3 times a week. Of course you can do more, but this is doable. Be sure to drink plenty of good water. Room temperature or lukewarm is best because it is less of a shock to the body. Enjoy yourself and feel better.

## Benefits of walking

- \* Walkers have a 30% less chance of getting heart disease
- \* Walkers have a 20% less chance of breast cancer
- \* Walkers have a 50% less chance of diabetes
- \* Walking will help maintain your bone density
- \* Walking improves your mood
- \* Walkers have a reduced risk of Impotence
- \* Walking will help prevent osteoporosis
- \* Walking will help reduce depression
- \* Walking gives you energy
- \* Walking relieves stress
- \* Walking helps weight loss
- \* Walking can increase your life span
- \* Walking can lower your blood pressure
- \* Walking helps prevent strokes
- \* Walking can prevent glaucoma
- \* Walking increases muscular strength
- \* Walking alleviates lower back pain
- \* Walking can reduce risk of infection

## Club Live Update

By Jocelyn Rapp and Nate Cowell

On Friday, the 6<sup>th</sup> of December Club Live is holding a Red Reality Day, our version of Red Ribbon Day. To symbolize that we are a drug free community we are all wearing red, red shirts, red pants, basically red anything. Please help us by wearing red!

On Friday the 13<sup>th</sup> of December we're having a "Holiday Celebration" followed by a Winter Wonderland Dance. The Holiday celebration is open to all students and their parents. The celebration will begin at 3:00 pm and end at 5:00 pm. We will have fun games like pin the hat and beard on Santa, get the ball into the can, find those shoes, and find the stocking with the prize inside. There will also be music, feel free to bring your own. After the holiday party there will be a Winter Wonderland dance for the 5<sup>th</sup> through 8<sup>th</sup> graders from 7:00 to 9:30 pm. Students from other schools must have permission slips turned in to Sandy Radoff by Tuesday, Dec. 10<sup>th</sup>.

We hope you can join us!

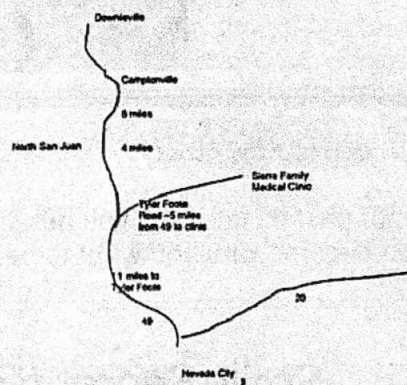
Appointment Hours:

M-F 9-5

Sat 1-4

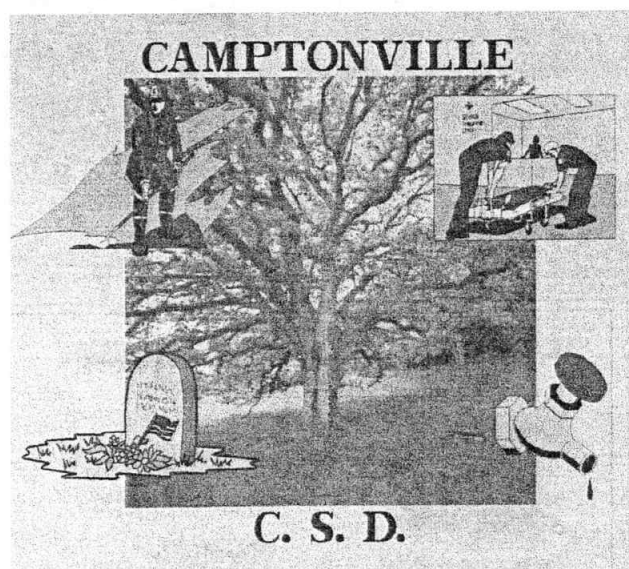
Phone: (530) 292-3478

## SIERRA FAMILY MEDICAL CLINIC



15301 Tyler Foote Rd., Nevada City, CA 95959

## Camptonville Community Service District





## LDS

By Louisa Ryan  
**December Christmas Social**  
**Friday Dec. 6th 6:30 PM**  
**Come One Come All**

Celebrate our Savior's  
 Birthday

We wish to extend our love  
 and friendship to all our  
 community. Have a joyous  
 Christmas and Wonderful New  
 Year.

Our Family History Center  
 will be closed:

24th, 25th for Christmas  
 31st, 1st for New Years


## Sunday Services

10 AM: Church, Sacrament  
 Meeting

11:20: Sunday School / Primary.

12:10 Priesthood, Relief Society  
 Young women, Primary

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*Note: Mailed subscriptions are for subscriptions outside our delivery area, and the \$10.00 annual fee just covers the expense of mailing. Volunteer subscriptions are funds the readers provide to maintain a local community newspaper.*

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## UCD Telemedicine Health Classes

By Paula Goodman, Telemedicine Coordinator

This month classes will be held on Tuesdays at 12:30pm to 1:30pm. U.C. Davis Health System presents the following  
Dec. 3, 2002 **Family & Community Medicine Grand Rounds**

12:30 - 1:30pm "Diabetes Foot Care & Complications", Sandra Martin, MD

Dec. 17, 2002 **CME** (Continuing Medical Education)

12:30 - 1:30pm "Early Identification of Autism", Sally Ozonoff, PhD, Mind Institute, UC Davis Health system

These classes can be viewed live at the Camptonville Resource Center. Please call 288-9355 if you are interested in attending any of these classes. Happy Holidays to all.

### • Calendar items

December 4:	Action Team Meeting 7:00 at the School
December 8:	Pelton Festival Meeting 7:00 PM at the School
December 10:	Twilight School 6:00 PM at the School