

# Camptonville Community Courier

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## Holiday Crafts Faire December 2<sup>nd</sup>

By Shirley DickKard

The Camptonville Holiday Crafts Faire is Saturday, December 2<sup>nd</sup> from 2-6 pm at Camptonville School. This is a great time to shop locally for your holiday gifts. Here's the line-up:

Do your holiday shopping! There will be over 15 vendors selling gifts for you to buy for family and friends.

Kids can do their own shopping at The "Kids-Only Holiday Shopping Room" where gifts are 25 cents to \$5. Come early for the best selection!

The Silent Auction tables will be full of Theme Gift Baskets and special items for you to bid on. Bidding ends at 5:30 pm, so be the highest bidder for some very unique gifts!

Pasties and salad, homemade by Patsy and Annie, will be sold to benefit 1,2,3 Grow.

Music and merriment will be provided by our local talent.

Funds raised will enable Camptonville Community Partnership to continue providing child, family, and community activities, including "1,2,3 Grow." For information, call Rita at The Resource Center at 288-9355.



## Secret Santa

By Barbara Hogan

The Resource Center's Outreach program is once again offering its "Secret Santa Project". I don't know how many years I've been doing this, but every year I look forward to being one of Santa's chief helpers.

For many people the holiday season is stressful and financially overwhelming. We are asking if your family or anyone you know in our community is in need of a little help with food and/or gifts for the children, please, please contact me - Barbara at 288-9355 or Skip at 288-3277. I would like to send letters from the children, addressed to Santa, as soon as possible so he can find "just the right thing". If you are able to make a cash donation, buy a special present or sponsor a child or family, please call as soon as possible as there are only 25 shopping days left.

On a very personal note I'd like to ask for prayers and love to be sent to Mrs. G. F. Claus, "Santa's wife"; she has become ill and is unable to let Santa leave the North Pole to visit us this year. She hopes she can still send her fruit and candy goody bags with her helpers, but the Jolly Old Guy himself is sticking close to home bringing her chicken soup and tea to help her feel better until his big night. She promises she will let him come back to visit in person next year.

## A Book Fair Benefit For 1,2,3 Grow: Dec. 8-15

By Yakshi Vadeboncoeur

The little ones with their eyes all a glow – that's what makes the holidays a magical time for me! And what's more magical than a good story? What better gift than the gift of reading? So when the subject of the December book fair came up, clearly it wasn't a very long sled ride before the bells jingled in my brain and I knew that this year the book fair should be a fund raiser for our youngest students here at Camptonville School, the kids of 1,2,3 GROW.

The Book Fair opens Friday, Dec. 8th and continues every day through Fri. Dec. 15th in the school library, where you "TOUCAN" go wild about books and other "TREE-mendous gift ideas in a READING RAIN FOREST, this year's book fair theme. The fair will be open every morning from 9:00 to 1:00, when each class will have a private viewing during regularly scheduled library times. Community members are welcome during any of these times, but for those who prefer to shop in relative tranquility, the forest is most peaceful on Monday and Friday mornings when there are no scheduled classes.

Tuesday Dec. 12th the fair will be opened all day until 4:00, and there will be adventures galore for the intrepid jungle explorer. We're holding a Read-Aloud Family Affair from 1:00 to 2:30 for K – 3rd grade students and their families, and during interventions after school from 2:45 to 4:00, a book Fair Scavenger Hunt, for one and all.

Finally, how about a little tropical vacation before or after the Winter Program on Thursday, Dec. 14th? The Jungle will be hopping with shopping from 5:30 until the program starts and until 9:30 after it ends. Come grab a cookie, a few last minute gifts, and enter our guessing jar challenge. Peer through the foliage of our READING RAIN FOREST and see if you can catch a glimpse of some glowing eyes. If not, you're guaranteed to find some in the smiling faces of the 1,2,3 Grow kids most any morning in their classroom at the back of the school.

Help keep their love of learning burning bright by supporting this year's Dec. book fair, Dec. 8 – Dec. 15

## Community donations make the holidays brighter

By Shirley Dickard

Camptonville Community Partnership (CCP) believes *every child deserves a vital present and a promising future*. This Christmas season, CCP has decided that \$1,000 of the money raised in our membership drive will go toward Camptonville families to help make Christmas brighter. In the past, many families have then "passed the gift of giving" to others when they were in better circumstances. (If you know of a family who could use holiday support, please contact Barbara through *The Outreach Project* at the Resource Center – 288-9355).

Other activities that CCP will allocate fund raised money to include "1,2,3 Grow," an 8<sup>th</sup> grade "Earth Friend/Environmental" Scholarship, and towards getting recycling started in Camptonville. Please watch the mail for our letter that shares more about how your donations to CCP have helped our community, children and families. Year-end tax-deductible donations are always appreciated.

**Published by the Newsletter Committee of the CCSD Auxiliary.**

PO Box 32 Camptonville, CA 95922 or email [rbon@jps.net](mailto:rbon@jps.net)

Contact: Rod or Rochelle 288-3550, or Cathy 288-0913

**The Courier, including back issues, is available at [www.camptonville.com](http://www.camptonville.com)**

Your Camptonville Newsletter Committee

Roger Rapp (world correspondent), Cathy LeBlanc, Bob Carpenter, Rod Bondurant, Joan Carpenter, Rochelle Bell, Yana Slade, Judy Morris, and Joel Gomez

## Believe it or not

By Cathy LeBlanc

Believe it or not ... *Fairy tales can come true it can happen to you if you're young at heart... Anything can happen..... More to come.....*

Believe it, you are able to have your voice heard right from your own backyard (well almost). Camptonville Community Partnership, my employer, has received a grant from the Irvine Foundation based on our work of connecting the community to policy makers, having our voice heard, cause (as we all know) our voice counts. On top of all that, we'll get to make a small video to share with other communities, to help them learn how to engage policy makers. I promise to do my best to bring my guitar to every gathering and to have a short sing-a-long. Oh by the way, I'm looking for a band too.

Sounds like fun!

You all have to be a part of this to make it happen, so...

What do you want to do? What would you like to learn here locally? How important is it for you to be able to easily give input on the Yuba County General Plan? What will development look like? Zoning laws? Keeping Camptonville Green? Parks and Recreation? Fitness? Organics? Our children. especially, our babies? .... and ? How about Childcare? How can we have input into: The Juvenile Justice system? Health and Human services? Our schools? Welfare system? Health access? Mental health? This is some of what we can do (under a few different grants actually and more may be coming), to help have our voices heard (youth and teens included) by our policy makers at many levels and have opportunities for enrichment, education and entertainment for our community.

Whether we like it or not, things are changing, big time. Heck, when I first moved here at the tender age of 25, full of hopes and dreams, (well that part hasn't changed) Camptonville looked pretty much as it does now, (with a few exceptions: Marysville Rd. used to be very similar to Moonshine Rd. in appearance (and windiness and lack of maintenance), and Bullard's was not really a *skiing* lake (unless of course you skied like my cousin Dave did, in levis. There were logs floating everywhere and you had to have a spotter on board just to navigate.) Oh yeah, and of course there was Doc Willy's (AKA the Chestnut for the genuine ol' timers) where fun was had by all. Thinking of Doc Willy's, wonderful memories of all types flood my mind ...especially Doc Willy's at Christmas time (Hey, why don't we celebrate Maggie and bring the spirit back? ... Christmas ornaments anyone)? ...

Anyway I digress.

This is an opportunity for us to be proactive about

Camptonville and our region on many levels. We will know what's going on and share that information with each other. Decisions won't be made for us. We won't be left with the feeling of... *What just happened here?*

So who's in? Who would like to be involved and what are our priorities? Where do we have the common voice? What are our common grounds?

Now listen folks, I expect a flood of calls and or e-mails on this. I expect people to stop me in the street and say, "Cathy, here's what's important to me", or "This is what I would like to be involved in." Cause you see, it seems development may well be coming, (look at North San Juan). What is our future? Call me, 288-9355 or email me at [cathy@cville.k12.ca.us](mailto:cathy@cville.k12.ca.us).

P.S. Please don't forget CanWORK Job skill classes are being offered in the foothills (see ad on page 5) and it looks like Twilight School will make a stronger comeback starting soon, any suggestions, wanna help?

## Assistant elves are busy

The 1,2,3 Grow kids and their parents have been having fun working on crafts like bath salts and specialty ornaments to be offered for sale at the Holiday Crafts Faire on December 2<sup>nd</sup>. So please come shop and eat some of Patsy and Annie's wonderful food and help us raise money to keep our program going!

## Need a Calendar?

Look for the new Camptonville calendar with original art by our students at the Holiday Crafts Faire on December 2. You can also order a copy by calling the Resource Center at 288-9355



## Earth Charter

By Richard DickKard

The Earth Charter study group met again and mulled over these next Earth Charter principles:

7. Adopt patterns of production, consumption, and reproduction that safeguard Earth's regenerative capacities, human rights, and community well-being.

8. Advance the study of ecological sustainability and promote the open exchange and wide application of the knowledge acquired.

Our discussion on these principles led us to ask the following questions:

How can we get Yuba County to provide local recycling like there is in North San Juan? What would we do if you could only buy seed that could be used for just one year? What can we learn from our local forefathers so we can live better on our land? What would we do if the local food supply were to break down? Can we do something now like encouraging more local food production, food storage and/or bulk buying cooperatively?

We thought the following actions might be worthwhile:

Reactivate *Twilight School*; have CCP pay a coordinator; with discussions on above topics like seed preservation, recycling, group bulk buying. Start a recycling committee. At History Day talk about a vision for the future based on the past.

Should you be interested in joining our discussions, call 288-3479 for information on when and where the next meeting will be.

## Camptonville Co-op

By Carol Holland

Have you ever needed someone to feed your critters or help with the firewood? Or just wished someone else could go into town and pick up that prescription or do an errand? Well, the C'Ville Co-op is here to help!

In the Co-op, we trade points for services that can include things like babysitting, feeding pets, painting, yardwork, or anything else you can come up with. You name your job and I'll find someone to help! It's easy, free and convenient! Our last trade was completed by Molly Spackman and was as easy as feeding critters. The next will probably be me getting a phone jack installed.

Joining the Co-op is a snap.....give me a call (288-3558) and I will add you to our member's list.

Happy Holidays!!

## The Benefits Of Yoga

By Lucille Rovnak

Yoga is the oldest fitness system on earth. It is a system of healing through exercise. Yoga massages your internal organs, keeping them healthy. Fresh blood circulates through them, their tissues are toned and they are stimulated and cleansed by these motions.

Yoga helps restore physical harmony by regenerating the body and bringing strength, flexibility, physical fitness, increased energy, and a feeling of wellness. It also helps to improve motor skills, respiration, and balance.

Yoga is not a system of "bulking up" as in classic weight training that stiffens isolated muscles as they enlarge. Rather, yoga works with integrated whole body coordination and trains your nervous system to be more skillfully responsive while you lengthen muscles as you strengthen them, like dancers do. Naturally, you become more graceful, agile, quicker, and stronger which is why many athletes seek yoga training to enhance their performance.

Yoga also works to establish inner peace, calmness, and mental balance. It replaces mood swings, stress and emotional strain with a balanced mind and clear thinking. Yoga gently erodes the mental turmoil of 21<sup>st</sup> century living, bringing peace, relaxation, and personal fulfillment.

No expense or preparation is needed. Your own body is the only equipment you really need. Yoga does not require high levels of flexibility.

The type of Yoga that I have studied for over 15 years is called "Iyengar Yoga". Focus is placed on the correct alignment of the spine. This is an invitation to come and treat yourself to a class – quite simply, we are just gently stretching! Since everyone can work at their own pace, beginners and the more experienced are all very welcome.

Classes are held every Saturday morning from 10 to 11am at the Rebel Ridge Clubhouse, price is \$10 per class. Come and check it out!

"If you look after the root of the tree, the fragrance and flowering will come by itself. If you look after the body, the fragrance of the mind and spirit will come of itself" B.K.S. Iyengar.

## Children's Roundtable Report

The ambiance at the November Children's Roundtable was quite optimistic, almost jovial. The Health Sub-committee continued work regarding the Children's Health Bill of Rights to be used as an advocacy tool to present to the Governor and Legislators acknowledging what we believe all children in California are entitled to. (We look to the United Nations Child Bill of Rights as a model).

We developed eight broad categories: School Health, Environment, Child Abuse/Neglect, Obesity/Nutrition, Injury Prevention, Dental Oral Health, Special Needs and Mental Health. The plan is to bring speakers each month to the 11AM subcommittee meeting to discuss the related topic. We hope to begin in December with School Health Issues. Nancy Spradling of California School Nurses Association, and Serena Clayton of California School Health Centers Association will speak. Please contact me ([cathy@cville.k12.ca.us](mailto:cathy@cville.k12.ca.us) or 530-288-9355) if you would like more information or how to be a part of the Children's Health Bill of Rights.

Election update was the first topic at the general Children's Roundtable meeting. We now have a Democratic Congress. Advocates are already hearing positive talk concerning child welfare and in January 2007, Nancy Pelosi will become the first female Speaker of the House of Representatives in U.S. history. Upfront talks are already in progress concerning health care and energy independence. We were told we should pay attention to how much the Federal Government impacts the State. What do

the election results mean at the state level? We discussed how important it is to be more active on federal legislation. We can help by paying attention to budget formulas. For example, all states get equal portions of dollars on some children's budget items, yet California has 13% of the children in the US, therefore California doesn't get an equal share. We were requested to come to the Children's Roundtable in December with specific proposals for the feds in regard to California. It was also noted that Governor Arnold Schwarzenegger may be the lone popular Republican in the US.

In January the new state budget will be released. You may want to save the date for the 2007 California Working Families Policy Summit, which will be held on Thursday, January 18, at the Sacramento Convention Center. The California Commission on the Status of Women is co-sponsor of the Summit, as is the Legislative Women's Caucus. Don't miss an opportunity to hear the state's leading advocates present their priority proposals at the start of the legislative session. Panels will focus on health access, welfare, nutrition, food stamps, child support, child care, after-school care, preschool, dental health, child welfare, and workplace issues. Registration information will be posted at [www.ccrwf.org](http://www.ccrwf.org). Please direct any questions to [ccrwf@ccrwf.org](mailto:ccrwf@ccrwf.org).

PS I'll be driving if you'd like to carpool.

### **CanWORK Communities Presents Monthly Job Skills Workshops**

Join us for a fun and informative way to improve your job skills,  
*AT NO COST TO YOU. CalWORKs Approved!*

December Topic Writing your Resume

Tuesdays December 5, 12, 9:30-11:30 AM

**At Camptonville Resource Center** (16585 School St, Camptonville)

Wednesdays December 3, 13, 9:30-11:30 AM

**At Leaves of Learning** (10087 La Porte Rd, Challenge)

Call Cathy LeBlanc 288-9355 Camptonville Community Partnership

## Celebrate the Earth

By Diane Pendola

Some of you may be familiar with the Skyline Ranch. We're in Camptonville, down Pendola Road, just past the Pendola Ranch. You may be surprised to know that we have been operating as a non-profit center called "Skyline Harvest" since 1986! For ten years we worked primarily with incarcerated women in the Yuba and Sutter County jails. We created a program where women were able to come from the jail to Skyline for four weekends to work on issues of recovery from addiction and abuse. The women may have been serving a sentence from two to twelve months in county jail, so I'm sure you can imagine how wonderful it was to get out of those dreary gray jail cells into the beauty of our healing foothills for those precious days.

In 1999 the Pendola Fire hit the Skyline Ranch hard. And as the outer landscape changed so did our inner landscape. Our land was in need of healing and so were our broken hearts. The mission of Skyline Harvest changed to include the healing of our earth as well as our human community. Now we refer to ourselves as an Eco Contemplative Center dedicated to fostering an awareness of the sacred within the human and the natural world.

And who are we? Diane Pendola is part of the Pendola family whose roots go all the way back to her Italian great-grandparents who settled here during the gold-rush. She has a B.A. in Religious Studies and a master's degree in Theology, with three years of seminary training at the Graduate Theological Union in Berkeley. Teresa Hahn was in a Carmelite Monastery for 26 years. This is a contemplative form of life steeped in the Christian mystical tradition. Both Diane & Teresa have lived their adult lives dedicated to a deepening practice of the presence of the sacred. Intrinsic to that practice has been openness to the spiritual practices of other traditions and cultures and a celebration of the transforming Love at the core of so much of our human search for meaning.

Four times a year near the seasonal turnings of fall and spring equinox and summer and winter solstice we gather people here at Skyline for a celebration of this transforming Love as it is particularly expressed through our earth community. We call it "Earth Liturgy". Liturgy is from the Greek word meaning "the work of the people". Through our intention and awareness we participate in the work of healing and celebrating our Earth and ourselves. We give thanks for the wind and the sun, the waters and the soil. We open ourselves to all our relations: the turtle dove in her soft call; the cry of the young hawk off on his own to fend for food for the first time; the prong-horned buck whose curiosity brings him close to our human circle of drumming and singing. We may pass fruit or nuts or juice

squeezed from grapes whose vines have grown here for over one hundred years. We recognize that we not only exist but thrive because of the great graciousness and gratuitousness at the heart of the universe. We seek forgiveness for the ways we rend the sacred web of life and pray for the light of awareness to illuminate so much of the darkness of our human world. We acknowledge that the work of Earth's people is to enter, with love, awareness and thanksgiving into kinship in this Great Communion of Being with whom we are an integral part.

If this sounds like something you would like to participate in, we will be gathering here at Skyline on Saturday, December 16. Please call 288-3300 to let us know if you plan to attend or to learn more about the details of the day. You can also learn more about the programs of Skyline Harvest at our website: [www.ecocontemplative.org](http://www.ecocontemplative.org)

### Holiday Schedule Church of Jesus Christ of Latter Day Saints

Christmas Potluck Social Dec 15 6:30pm  
Christmas Program Dec 24 10am.  
Call 288-1420 for more info.

### Luigi's Pizza

On Cleveland Avenue  
Open seven days a week,  
4pm until whatever weather  
allows.  
Call 288-3466 to place takeout  
orders.

### LOST NUGGET MARKET

16448 Highway 49  
Camptonville, CA 95922  
288-3339



# Yuba County Parks Master Plan

By Cathy LeBlanc

Got any ideas?

Yuba County is preparing a Parks Master Plan. The County hired facilitators from Oregon to do the "Visioning Workshops" to gather together all the best ideas in regard to what role the County could play in providing the best possible overall park system. Foothill folks met on November 9 at the Agnes Dean Center in Oregon House to get involved in "The Future of our Parks". Camptonville School Superintendent Judy Marovich, NUHS student Krystal Gross and I attended. This was the second of two Workshops. The first was held in Marysville on November 8<sup>th</sup>.

Expanding Public Input This planning process will be going on through next year. Many participants indicated their desire to have an opportunity to share the visioning process with other groups in their communities and the need to reach out directly to youth and parents (because they are important users). The consultant team offered to provide workshop kits that will allow individuals to help expand the public involvement for this plan by presenting the process and helping to collect ideas from other community members. I have contacted them. We need more input especially from Youth!

A draft will be ready mid February 2007. After the draft selection our priority order will be part of a public hearing process before the Yuba County Board of Supervisors who will make a final adoption. Below you'll find a summary of the outcome of the meetings so far. (full minutes are available just call me 288-9355).

## Summary

Each workshop started with a quick introduction of the staff and consultant team. This was followed by a short presentation about the planning process, existing Yuba County parks, and possibilities that could be considered as a part of this plan. Following a question and answer session, workshop participants were split into small groups for discussions about specific park needs in Yuba County. Each participant was given a short list of questions to consider individually and discuss as a group. Groups were then asked to report back on the top five priority items from their discussion. Specific ideas will also be carried forward as the needs analysis and recommendations are formulated.

## Common Themes

Safety, Maintenance, Creativity in using resources, Design, Liability limitations, River access, Natural area access, Shared indoor facilities, Trails, Public involvement and representation.

## Specific issues/needs/ideas raised at Oregon House Workshop

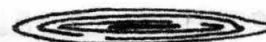
Preserving historic sites,  
Completing community projects underway, Community Centers doubling as emergency centers. Individual responses showed a desire for local parks that serve smaller areas, equestrian facilities, and community centers.

## Specific Issues/needs/ideas Raised at Marysville Workshop

Levee top trails linked to parks, Dog park, Visibility into parks, ATV/Off road vehicle park.

Individual comments also emphasized regional parks and trails over local parks.

## Bodymelt Massage



Molly Spackman (530) 288-3612

Come and experience relaxation and nurturing by treating yourself (or a loved one) to a massage. I will come to your home, or you may come to me. I also offer gift certificates and discount prices for new clients and referrals. First timers get a 'try-out' rate of \$35. 1 hour massage = \$45, on-site massage \$10 extra.

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Marysville, CA 95901

675-2282



Helping make Camptonville Firesafe

## Yana's Retiring

After more than 30 years of working in the field of mental health, I am retiring. I have worked here in Camptonville for the last nine years as part of the Camptonville Resource Center and the Outreach Project Staff. The first 20 years I spent in the bay area as a counselor.

I want to say a special thanks to Rita Ortega, Shirley Dickard, Cathy LeBlanc, Jeannie Costa, Barbara Mueller-Hogan, and Sandy Radoff. As I look back at all the programs, celebrations and growth we have been through together, I am amazed. 10 years ago the school kindly lent us the old high school building and we turned it into the Camptonville Wellness Resource Center. We started with a few grants, and no understanding of what it really takes to run a non-profit.....hey we weren't even one yet! Ten years later, I am proud to have been a part of the birth and growth of the Camptonville Community Partnership. As I leave the staff, I will join the Camptonville Community Partnership Board.

I am deeply thankful and feel much gratitude to all whom I have had the honor of knowing and serving. I am having a retirement/birthday party on December 17. It will be at Burgee Dave's at the Mayo in the afternoon from 3pm-5pm. Please come celebrate with me.

With fond memories,  
Yana Slade

## Movies in Camptonville?

By Barbara Hogan

Wolverine, Pyro, and Jean showed up at the Camptonville School gym Friday night November 17 along with 22 of our local teens to enjoy Luigi's Pizza, Hansen's sodas and a birthday party for Bri. What am I talking about? Well, last month several teens got together and decided they would like to offer a movie night to their friends. The X-men movies were voted to be our first attempt to bring kids together on a Friday night, and sure enough, with the help of Ruby's fantastic flyers, Dakota and Michael's technical skills, and Irene's willingness to help with everything we had a great time. Ty won the door prize again – a copy of the first X-men (the only one he didn't have) completing his collection. Norm was there to help with intermission and outside breaks. Much thanks for his help! The night was paid for by the Camptonville Community Partnership and the CAPIT grant, but we made enough money to possibly offer another night in December. Watch for flyers with details.

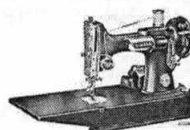
Stay tuned, we will see if we can make this happen again.



### MOONSHINE CAMPGROUND

River Swimming      14050 Moonshine Road  
Gold Panning      Camptonville, CA 95922  
Picnicking      (530) 288-3585

moonshine@oro.net  
www.moonshinecampground.com  
Dwayne & Chris Dobbins, Mgrs.



Shannon M. Gomez  
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### Jack's Tax

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### Smile Secret #5

New medical research has shown that

### GUM DISEASE

gives you an increased risk of:  
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premature, low weight babies.

**Brush, Floss & Pick daily!**  
**Don't Smoke - Do See a Dentist.**



## Chicken Chronicles

By Stephanie Ruff

The beauty of having a small flock like ours is that you really get to know each chicken. For instance, Ruth is our daily layer. Her eggs are small, brown and she lays in the left nesting box. She is the first to come running when you approach, followed by Hazel and bringing up the rear, Lucie. Ruth also sounds the alarm when the others lay. Hazel's eggs are medium sized, light tan-almost pink and she has taken to laying in a nest on the floor of the coop. Lucie, on the other hand, has had a bit of trouble. She began laying later than the other girls even though she is the oldest. But Lucie's eggs had no shells. I really freaked out! The eggs were soft and squishy with a white membrane around them. I was confused, as the other girl's eggs were fine. My hens have free access to oyster shell for calcium, which aids in strong shells. Their food is formulated for laying hens, which also has supplements for strong eggshells. As you may recall, Lucie is our "special" girl. I was hoping nothing was wrong with her. I started analyzing all she was eating and realized she hadn't had as many greens as she was used to. The girls had already picked the garden clean. So I began to feed the girls red chard. Yes, I actually bought it! Well, lo and behold, it took about a week and Lucie began laying the most beautiful long brown speckled eggs. Now we are getting 2-3 eggs a day. And lovin' them!

Here's my chicken advice for the month: Feed your chickens scratch before they go into their coop at night. Not too much-or you'll get hefty hens! The high fat content of the scratch will help them stay warmer at night.

Chickens will go out in the rain but they do need access to a warm dry shelter. Chickens can die from dampness! Keep their food dry too. Chicken feed molds quickly and can make chickens sick or kill them.

Kitchen produce scraps are great for your chickens, but just remember: no citrus, apples, pears or potatoes. Onions and garlic will make their eggs taste funny and last but not least-No spoiled or moldy foods! I don't give my girls anything that is unsuitable for us.

## Courier Classified

Are you a Student and looking for some employment?

The Yuba River Ranger District is looking for a student to work a couple of hours a day (schedule to be determined) doing office work (filing, copying, light computer work, etc). Must be reliable and have organizational skills. Must be a minimum of 16 years of age and meet the student employment guidelines. If you are enrolled in a high school ROP type program in business classes, this might be an opportunity to receive credit and have a part-time job. If you are interested please contact Beth Lopez at 530-288-3231 or email [blopez@fs.fed.us](mailto:blopez@fs.fed.us).

### Harmony Health Medical Clinic and Family Resource Center

1908 N. Beale Road  
Marysville, CA 95901  
Phone: (530) 743-6888

*Rachel Farrell*

Physician Assistant  
Board Certified



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## Fragile

By Bill Cobb

There is a mind  
That looks upon us  
The way  
We look upon the birds

There is a mind  
That loves the way  
We look  
At each other

There's a longing mind  
That sobs with joy  
Seeing the two...  
By two.

A mind that caresses  
our beautiful form  
That drinks the feel  
of our surface

So heart connected  
to the one within  
raising chin  
in exaltation

There is a mind  
that watches the way  
we love our lives  
of sorrow.

There is a God  
Just like you.

## Yuba River Ranger District

By Betty Leffew

As the holiday season is upon us, I would like to remind you that the Tahoe National Forest does not have a Christmas tree cutting program.

Burn permits are no longer needed for dooryard burning. You still need to check the Department of Air Quality for burn day status. During business hours, call the Yuba River Ranger Station for burn status information. After hours or on weekends please call the appropriate county:

Sierra County 289-3662

Nevada County 274-7928

Yuba County west of Bullards Bar 741-6299

Yuba County east of Bullards Bar (Camptonville) 289-3662 or 274-7928

Fishing in Sierra County Rivers and streams closed on November 15, 2001. Fishing in the lakes and reservoirs is open year round. We do have the fishing regulation booklet. The winter recreation map is available at the ranger station. Wood cutting ended the 26<sup>th</sup> of November.

As of November 22, the Yuba River Ranger Station has received 6.03 inches of rain. Last year at this time the yearly rainfall total was 4.96 inches.

## Dance your winter blues away

By Stephanie Ruff

Are the clouds getting you down? Well, mark your calendars! Sunday, December 17<sup>th</sup>, gather at the North Columbia School House for an old time Contra Dance and Clogging workshop. Bring the family! Come alone! The cool thing about Contra dancing is you don't need a partner. Live music will be provided by Ragged But Right- what a fun band they are- one of my favorites! Dance moves will be called by Paul Moore-Caller Extraordinaire! Clogging workshop by Korelle Hendee-Dancer Extraordinaire! I am taking Clogging lessons from her right now and I'm loving it and having a ball! Don't worry if you've never heard of these dance styles-come check it out. Beginners are warmly welcomed. Contra and Clogging are old time dance styles from the Appalachian mountains.

Dec. 17th-Sunday, Dance 4:00-6:00

6:00-? potluck and jam

Where: 17894 Tyler Foote Rd.

Cost: \$4 adults, children price unknown at this time

More info: contact Samantha at 265-2826

## Journey Home Volunteer Hospice

offering

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to the

Camptonville Alleghany  
Pike and Downieville areas

Director- Joan Journey RN

Medical Director- David Campbell MD

For information: 288.1234 or 288.3523

## Business News

### Burgee Dave's

Thanks to all the Veterans who visited on Veterans Day we saw the purple heart medal for the first time. What an exciting day we had. We thank you for serving our country. Thanksgiving Turkey was a blast, there will be Hot Turkey Sandwiches on the specials board for those who missed out. There's still a chance for Burgee Daves gobble gobble..

Christmas Time .... Comes but once a Year.... OH We spend it here with cheer.

There's a few more Tuesdays open for holiday parties. Sign up soon for that special holiday get together.

We would like to announce a Winter Schedule of hours stating Dec. 1st.

3pm Bar opens until 11:00pm

We will be closed on December 24th, 25th, 26th & 27<sup>th</sup>, also January 1st & 2nd.

Put on your dancing shoes to bring in the New Year at our "NEW YEARS EVE PARTY" Sandi will have her famous Midnight Munchie Buffet.

Karaoke has been a hit on Thursday nights ... Come on out and get into the festive mood and lets bring the New Year in with a bang.

Brian & Sandi

### Greetings from the Real Estate Corner

By Karen Pettyjohn

Now is the time to check on those smoke detector batteries if you have not already. Temperatures are down to 20's and 30's nearly every morning at my home and the heat is going. The interest rates are also down and hovering in the high 5 %s or low 6's for home buying loans - offering an opportunity again for Buyers to purchase a first home, or a more desirable home for themselves. "Low interest rates are stabilizing the economy, including housing" stated William Poole, President of the Federal Reserve Bank in St. Louis.

Average home prices this year are expected to be closer to those we had in 2005. This slump will force some of the "quick-money" speculators out the housing market. Yes, it is slower selling, but we have come off record housing appreciation for 9 consecutive years.

Presently we have 7 homes available for sale in our 95922 area with an average asking price of \$408,400. Zero accepted offers and zero sales since mid October for homes. There is only one land pending sale, and zero closed sales, but there are seven choices of land for sale with an average asking price of \$176,820. It's a great time to make a choice to buy or sell.

Joy to you all during this holiday season.

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## DECEMBER CALENDAR:

Holiday Crafts Faire  
CCP Board  
Book Fair  
School Winter Program  
Last day of school  
Yana's retirement/birthday party  
Yoga  
Earth Charter Study Group  
"1,2,3 Grow" Program  
CanWORK Job Skills Workshops:  
Sunday Breakfast  
CCSD  
Food Bank

Saturday, December 2, 2 to 6pm  
Monday, December 4th, 4 pm at the Resource Center  
Friday, Dec. 8 through Friday Dec. 15 in the school library  
Thursday, Dec 14, 7pm at the school  
Friday December 15  
Sunday, December 17, at Burgee Dave's, 3-5pm  
Saturdays at 10 am at the Rebel Ridge clubhouse  
call 288-3479 for place and time  
for Infants to 5 years: Tues, Wed, Thurs 9-11:30. Call 288-9355  
Tuesdays 9-11 at the Resource Center  
Second Sunday of each month at the Senior Center in NSJ  
Third Monday of each month, 7pm at the school  
Third Thursday of each month at the Lake Francis Grange at 10775  
Texas Hill Road in Dobbins from 8am to 10am