

# Camptonville Community Courier

www.camptonville.com



July 2009

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## CVFD Presents: three new EMTs!



*From right to left: Char Sanders, Mike Hines and Brandi Dudek. See article on page 9.*

## 123 Grow Graduation!



*From Left to Right: Ryder Querequincia, Taylor DeMaranville, Joshua DeLisle, Julian Spackman, Elliott Tinnel, and Cameron Dudek, with Susan DeLisle. See article on page 6*

## Meet Molly Spackman

By Carey Ruff

Molly Spackman, a Camptonville resident since 1999, is a local massage therapist who operates an on site business (meaning that she visits the clients home). Molly specialized in Swedish Massage, which is a kneading, "feel good" style, although she practices many other massage styles.

Molly has been a certified massage therapist for twelve years, gaining her certificate at Phillips School of Massage in Nevada City. She has been practicing massage therapy for much longer, though, since the age of ten when her mother would ask her to rub her back. This sparked a life-long interest in massage, and Molly says she wouldn't want to do anything else.

Bodymelt Massage, Molly's current business, has been operating for three years, and uses a sliding scale of \$45 -\$65 per hour, with an additional \$10 fee for Camptonville residents and \$20 fee for other areas (North San Juan, Grass Valley, etc.). She says that massage is beneficial to people not only on a physical level, but on a spiritual and emotional level as well. You can call Molly at (530) 288-3612 to make an appointment.

## 4<sup>th</sup> of July Festivities

By Stephanie Ruff

There are many Independence Day celebrations happening in our surrounding area. Here's a sampling:

- Downieville Parade- usually starts at noon after the town whistle blows; followed by foot races and the ever popular tug-o-war games.
- Grass Valley- the parade will start at 11am in downtown Grass Valley. Nevada County Fair grounds will open at 3:00pm for festivities with fireworks starting at 9:30pm. Call the Grass Valley Chamber for more information- 273-4667.
- Loyalton Parade- on Main St. starts at 9:30am. Sierra County Chamber 1-800-200-4949.
- Graeagle- **Note:** Fireworks over Mill Pond will be on **Friday** July 3<sup>rd</sup> starting around dusk. Parade will be Sunday July 5th downtown from 1:00-2:00pm. Please go to <http://www.graeagle.com/> for a schedule of events as there is so much happening Fri-Sat and Sun. Civil War reenactments, dances, blue grass music, BBQ and balloon rides over Mill Pond!

Have a fun and safe weekend!

### Summer Fun on Moonshine Road!

**What:** Annual Moonshine Rd. Potluck  
**When:** Sunday, July 26, 2009  
**Where:** Moonshine Rd. Campground  
**Contact:** Chris Dobbins 288-0402 or Paula/Judy 288-1228  
**Activities:** "Dip" in the Yuba River to cool off, frisbee, fishing, visit with neighbors, share great foods & enjoy the natural beauty surrounding us.

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**When:** July 11<sup>th</sup> & 12<sup>th</sup> 9am-5pm

**Where:** Moonshine Campground  
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**Questions:** Contact Chris Dobbins 288-3585



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# Children's Roundtable Report

By Cathy LeBlanc

Wow! Times are extremely strange right now. I just listened to an upload of an interview between the Governor and California Report Sacramento Bureau Chief John Myers (<http://www.californiareport.org/archive/R906160850/a>), compared it with what I heard at the Children's Roundtable in June, and believe it or not, there was a common thread. That thread is: to move out of budget crisis we will have to have a multi-pronged approach. We need to re-vamp the way we do business. Maybe there is too much money going in directions that are not helping people, and no savings at the state level should be considered too small to be of benefit. One by one, it all adds up.

The governor either wants \$24 billion in solutions from legislators (including a \$5 billion reserve), or don't bother to send it -- he won't even look at. We know we can't knock a million kids off CalWORKs to keep a reserve in place. We know substantial cuts will be coming. Tax increases alone will not cover the deficit. Our Assembly democrats do not appear to be a united front as to how the party will approach the problem. It is up to all of us to lead our legislators (on both sides) toward the health of California's children.

The message is clear: *Stop balancing the budget on the backs of children. You must find other solutions!*

Our legislators need to hear from us:

<http://www.legislature.ca.gov/>

We need to engage them in a grassroots conversation. Let them know where our priorities lie. Give our suggestions on how we are willing to pay for them as people of this state. Thanks, and remember your voice counts!

The June 11, meeting of the Children's Advocates Roundtable hosted an exceptional panel consisting of Scott Graves of the California Budget Project, Lenny Goldberg of California Tax Reform Association and Frank Mecca, County Welfare Directors Association. They all presented their views regarding how to, or how not to, balance our state budget.

From Scott Graves: The state treasury has issued a strong warning: California has no money starting July 1. (We heard a similar warning in February when legislators put together stop gap measures and hoped the voters would make the hard decisions they must now face again.) No one will loan California money. Scott pointed to four areas we should look at to help bring the budget into balance:

1) The Republicans love cuts yet show a reluctance to slice into the Department of Corrections (some Dems

too). Corrections (prisons) have grown 4 times faster than general fund spending. It was noted that there are more constitutional rights for felons than there are constitutional rights for children.

2) There is an aging male prison population. By 2018 one quarter of California inmates will be age 50 or older, which will mean increased health care costs of which California pays 100%.

3) The old ruse of California having a spending problem is not the case. The state treasury loses \$12 billion a year related to tax cuts. The Vehicle License Fee is a big contributor.

4) California is the last state in the union to require a 2/3's majority to pass both a state budget and any tax increase.

Lenny Goldberg brought us deeper into reality. California is in near junk bond status. Our bond rating is the lowest in the country. Why? We pay our bills, but because of the 2/3's majority rule, we as a state have poor decision-making abilities. No one can come to agreement. We have been in a continual budget crisis for the last two years. Lenny urges us to be aware of this. Are we letting Wall Street run the state? If we spend down the reserve we have no financial backing to move forward and our credit rating fails. If instead we use risky solutions, will we be reliable enough? If we get rid of CalWORKs, will Wall Street give us a better credit rating? We are facing deep cuts because we do not have cash either way. We have limited options that are do-able by majority vote.

Frank Mecca of the California Welfare Directors spoke next. He echoed statements that California's children need to be our priority and we need to tell our legislators, now. He presented a sign letter to The Honorable Governor and the members of the California Legislature and asked us to distribute it widely. (As soon as I get the up-link I will post it.)

Frank was a bit incredulous when he spoke about the Governor's proposed annihilation of CalWORKs in the face of the American Reconciliation and Recovery Act (ARRA). For the next two years ARRA pays \$.80 on the \$1.00 spent in CalWORKs. He also noted when the Legislature asked for another across the board 10% cut saying everyone takes a haircut. His response was "We're bald -- 10% equals thousands without service. We need to reject Child Welfare Service cuts. It has to be a strong decision with bi-partisan support."

Stay tuned and get involved!

## Jessi's Garden

By Jessi Mullins

Well, what do you think? It feels like summer has finally arrived. It is supposed to warm up and stay that way for a while. All the gardens will love that, I think they have been anxiously waiting just as long and as much as we have been waiting.

With the heat, the most important thing right now is to keep things watered. Try to water after midnight and before 10 am to conserve water and reduce the chance of fungal infection. A great water conservation tip is to mulch. There are many materials you can use for mulch; my favorite mulching material is rice straw. A bail is pretty cheap and it goes a long ways. Rice straw also tends to not introduce any new seed to the area.

Pests seem to be very active this year. Moles, gophers, aphids, grasshoppers, slugs and more are sure terrorizing my garden. Here are a few tips for those nasty little critters. Castor oil is a great mole, gopher and rabbit deterrent. It comes in a liquid or powder form, you simply broadcast or spray it in the area they are exploring, water it in very thoroughly, and it is amazing they leave that area within a day or two. The smell runs them right out of there. Spray aphids off with a hard stream of water or use an insecticidal soap. There are billions of aphids this year, so one spray probably will not take care of them. Repeat 3-5 times before expecting results, no matter what method you choose. Sluggo is great slug bait; it is safe for other critters and not harmful to your pets. All gardens have pests and fungal diseases. A healthy garden results when both simply are kept at bay or under control; never expect to be rid of everything.

Vegetable gardens are starting to produce all those delicious, fresh veggies we've been waiting for all winter. Harvest your vegetables promptly to encourage more production. The more you pick, the more they will grow. Try to prevent those huge zucchinis! Letting that zucchini get big takes a lot of the plant's energy - energy that could go to five new, fresh baby zucchinis. Beans, cucumbers, summer squash, tomatillos, herbs (especially basil) and greens love to be picked, so they can continue to grow.

Keep you weeds under control; remember every minute of weeding helps. In late July, keep the dropped fruit from the plentiful trees picked up and keep around your fruit trees clean to prevent brown rot or other fungal diseases spreading to your almost ripe fruit.

Enjoy your gardens and appreciate all your hard work when you're having a BBQ near your beautiful flower beds, cooking up so many fresh vegetables, sautéed with sauces, all from your own land.

*Good for the environment, great for your health – garden organically!*

## Moonshine Ospreys Update

By Shirley DickKard

The Moonshine Ospreys seems to be alive and well. They're still my morning wake-up call, but I now have to take a small hike to view the pair on their nest. Last time I did, there was one parent tending the nest, who upon seeing me approach, began its clicking and chirping warning call. I thought I was pretty well hidden in the trees, but its bird-eye saw me just fine. I haven't seen signs of the babies yet, but in my notes of previous years, they should be poking their heads out of the nest about now. Hopefully by next issue we'll know more.

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Jessi is happy to announce she will be making compost tea to be sold by gallon and 5 gallon increments.



# General Plan Update

By Cathy LeBlanc

Hi Folks! The General Plan Land Use Alternatives have morphed once again. Alternatives 1-5 became Alternatives A and B. On June 15, 2009, the Yuba County Planning Department unveiled Alternatives C, D and E to the General Plan Update Advisory Committee. See:

<http://www.yubavision2030.org/workshops.aspx>

So what is the significance for the Yuba foothills? It is good news if you are a resident who believes growth in the foothills is not in the best interests of the county. We know the reasons why this is so, from the environmental impact of building far away from community services and centers to the wishes of rural folks to continue to live in the beauty of nature with out the intrusion of sprawl.

These updated Land Use versions all take that into consideration, while still leaving our desire for a new rural center intact. They will go before the Board later in June for consideration.

Other good news is that two of our county Supervisors, Hal Stocker and Mary Jane Greigo, value the importance of including a health component in the general plan. We at CCP plan to continue to monitor and advocate for the values and vision of Camptonville folks as specified in our Community Health Action Plan.

# Late Night Visitor

A cinnamon bear visits Jan Jero on Rebel Ridge.



# Cemetery Clean Up!

By Stephanie Ruff

On June 12<sup>th</sup> we had a great turn out for a bit of cemetery clean-up. Eleven volunteers gathered to help pull out the sweet peas that were choking out the wild tiger lilies. Leland Pauly has put up new fencing to protect the lilies from the deer as well. Thank you to all that volunteered their time to help maintain our beautiful historic cemetery.



*Leland Pauly loaded down with sweet peas.*

**Bodymelt Massage**



Molly Spackman (530) 288-3612

# Yuba River Ranger District

By Betty Leffew

The weather is great for camping and hiking. The rivers are still running fast and high. Please be very careful. Bullards Bar Reservoir is full. It is a great site. Now would be a nice time to hike or ride its trails. All campgrounds are open. You can go to [www.r5.fs.fed.us/tahoe](http://www.r5.fs.fed.us/tahoe), then "Recreation Activities," then "Yuba River District North," for current updates. Most of the snow is now gone in the high country except on north facing slopes.

With the wet spring, the grasses are very high. Be sure to clear a defensible space around your home. We encourage property owners to help protect their homes from wildfires. We expect the State of California to suspend burn permits as conditions dry out and debris burn escapes occur. Be sure to call in and check.

We have only had .56 inches of rain in June so our season total for this year is 48.97 inches. Have a safe and happy July. **Happy 4<sup>th</sup> of July!**

# Update from 1,2,3 Grow

By Birdsong Sundstrom


We are excited to let the community know that we WILL still be here next school year! We received funding for full staffing from Yuba First Five next year, allowing us to continue to offer this great school readiness program free of charge to all. YF5 also recognized what an important program our First Smiles dental health outreach program is, and agreed to fund it for three more years. Wendy Tinnel, our outreach worker will be available to help all families with children aged birth to five in preventing tooth decay and getting needed dental care. The Parent Council has continued to raise money and collect donations for supplies, including ALL snack foods provided. Our booth at the plant sale brought in \$277, and parents are working on a fundraising appeal to build a field trip budget for next year.

We will offer two separate classes once again this fall: a class for those entering kindergarten in Fall 2010, taught by Susan DeLisle, and a class for the younger ones, taught by Barbara Mueller-Hogan. 1, 2, 3 Grow will continue to be a parent participation program, and each teacher will be able to count on volunteer assistance to keep things running smoothly in their group. We are grateful to all those parents who volunteered in the classroom, allowing us to continue.

The big event for June was preschool graduation! Our grads were Joshua DeLisle, Taylor DeMaranville, Cameron Dudek, Ryder Querequincia, Julian Spackman and Elliott Tinnel. The children wanted a Renaissance theme, and wore tunics they helped Barbara make, as well as hats they made in class. They received 'magic wands', which were their preschool diplomas created by Barbara and Birdsong. The event had to be moved into the gym at the last minute, following the longest overnight thunderstorm anyone could remember, and we had a great family picnic following the ceremony. There are more photos on the website. We will be enrolling students for next year over the summer; interested parents can call 288-9355.

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## New Sign!

Rebel Ridge Market proprietors Tari and Rovillia would like to thank Ron and Lucille Rovnak for painting their new sign. Be sure to check out next month's Courier as there will be details on the Rebel Ridge Hot August Days Classic Car Show on August 29<sup>th</sup>. Please remember to return your videos to the R.R. Market so they can continue to offer movies to their customers!

## RIP, Michael Jackson

By Carey Ruff

Entertainer Michael Jackson, aged 50, died on July 25<sup>th</sup>. He was known as "The King of Pop", and for good reason. Jackson first gained fame for being a member of *Jackson 5* along with four of his brothers. He was famous for his album *Thriller!*, which is known for the zombie dance, as well as for popularizing the Moonwalk and Robot dance styles. Although much controversy surrounded Jackson after he was charged with child molestation in 1993 and 2005, he will no doubt be remembered for his numerous contributions to music history, including *Thriller!*, *Off the Wall*, *Bad*, and *HiStory*. Jackson is survived by his children: Prince Michael Joseph Jackson, Jr; Paris Katherine Jackson, and Prince Michael Joseph Jackson II (AKA Blanket).

RIP, Michael.

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## Local Teen Shines

By The Ruff Family

Fifteen year old harpist Sage Po traveled to El Paso, Texas in June for a live taping of radio show "From the Top." This weekly hour long NPR show highlights the nation's top young classical musicians, played on nearly 250 NPR stations across the country, <http://www.fromthetop.org/>. Sage will be featured some time in October. You can listen online or locally on Capital Public Radio station KXPR 88.9FM, the show airs Sundays at 3:00 PM.

Musical endeavors will keep the Camptonville teen busy this summer. She will be in Salt Lake City for the American Harp Society's national competition and then it's off to France for three weeks. The homeschooler studies French, so along with attending harp lessons she will be furthering her proficiency in the language and of course seeing the sights of Paris.

Winner of many scholarships and grants including the Jack Kent Cooke award, Sage hopes to achieve her goal of becoming a harp teacher in the future. The Courier will keep you informed on when you can hear Sage play on "From the Top."



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## CHIEF'S REPORT

BY ALAN KINNE, ASST. CHIEF

The members of the Camptonville Volunteer Fire Department would like to thank those of you who turned out for the Firefighter Appreciation Potluck Dinner Night on June 16th. We had a good turn out with lots of great food. Thanks to the Fire Auxiliary for their efforts in putting this event together. Great job! Many thanks to the Pike City Fire Department for loaning us the tables and chairs that were used. Everyone got to see the progress that has been made on finishing the Mill Street station. We still have a ways to go, but it is so much better than it was as recently as 6 months ago.

The Guest of Honor for the night was Chief Mark Jokerst of the Pike City Fire Department. He was given an award in appreciation of his tireless efforts in reorganizing the Camptonville Fire Department and making it one that the community can be proud of. Under his guidance, we have improved the readiness of our vehicles, and to a greater extent the readiness of our firefighters to handle emergency situations. Char Sanders gave a short talk on the amount of hours that many of our volunteers have put in to improve their skills. We don't just sit around waiting for something to happen! There is ongoing training being done every week, whether it is our weekly training night, or individuals going to specialized training. Mark has been a tremendous help in organizing this training for us, while at the same time running his own department and holding down a job. Thank you again Mark for all you have done for us. It is greatly appreciated.

Another highlight of the evening was the presentation of our 3 new EMT's. Brandi Dudek, Char Sanders, and Mike Hines recently completed approximately 160 hours of intensive training to earn that title. On top of that, each had to take and pass a National Test to be certified. This was no easy task. A lot of study and a lot of training were required. And it is not over yet. All have to do Continuing Education classes to maintain their certification.

Congratulations to all of you for an outstanding effort! With the addition of these 3, plus our own Captain Tony Scarafiotti, and Chief Jokerst, Camptonville can field 5 EMT's! That is no small thing in a Department this size. In a situation where it takes the ambulance on average about 30 minutes to get here, having EMT's who can respond in a matter of minutes can make a big difference in the outcome.

All members of the Department who were present at the dinner were called up, and after being introduced to those gathered, presented with a Certificate of

Appreciation and Department patches. This is a great group of people who have worked hard to make this Department what it is. And the training goes on. There is always something else we need to learn and practice. No matter if it is just our Department on a call, or we are working with another Department, we all need to be on the same page. Teamwork is the key. We have a good team here in Camptonville, and are striving to make it better.

I would also like to thank those who put some money in "The Boot." We are trying to raise money to buy a powered aspirator. That is a piece of equipment that is used to help clear airways and suction out the mouth. The ones we have are hand powered and although adequate, just don't do the same job as the powered ones. As you can imagine, they don't give those away! So, the next time you are in the Nugget, throw some change or whatever you can spare in the boot they have there. By doing so, you can help us improve the care we provide.

The month of May was a busy one for the Camptonville Fire Department. We responded to 12 incidents: 6 medical calls, 4 motor vehicle accidents, 1 vegetation fire and 1 structure fire. That is the most calls we have had for a single month since the fiscal year started last July 1st. The previous high was last July, when we had 10.

It's Fire Season!!! Be Smart, Be Safe!!!



**CAMPTONVILLE VOLUNTEER FIRE DEPARTMENT**  
**"WE STILL MAKE HOUSE CALLS!"**

# Sierra Family Medical Clinic Gets a Helping Hand

By Kristy Dewey

Sierra Family Medical Clinic became a partner agency with United Way last year. Not only does United Way donate a portion of contributions received to support programs at SFMC, they also send out volunteers from local companies that have United Way employee-giving programs to area non profits once a year for the Day of Action.

TriContinent of Grass Valley, which specializes in products for medical diagnosis equipment, sent out a team of volunteers to take care of everything on SFMC's to do list.

Many useful projects got done on the May 13 Day of Action, but the job that was above and beyond the call of duty was to build custom shelving for the tiny, overcrowded room that houses the medical records. One TriContinent volunteer donated his time to build the cabinets in his garage at home and TriContinent donated the materials. The new shelves and cabinetry were installed on June 6. The room has been transformed to be beautiful and functional.

Several staff members say that the Records Department is now the nicest room in the Clinic and that they actually look forward to going in there. They know they can find what they are looking for easily instead of having to search through piles on the floor and the jammed shelves. Thank you United Way and thank you TriContinent!

## Corrections

We would like to apologize to Carol and Rich the kind folks who operate **R&C Wenger construction** for inadvertently omitting their phone number in previous advertisements. Be sure to contact them at

**288-0933,**

We thank them and all of our underwriters for their support of community news




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## Chicken Chronicles

By Stephanie Ruff

It is hard to believe the chicks will be 2 months old soon. Most of them are past the awkward pre-teen stage where they lose their baby fluff and grow real feathers. Luckily, we only lost the 2 Hamburgs that I wrote about last month. After dealing with the deaths, one of the chicks became crippled. I was worried that it could be Marek's disease but, if it had been Marek's she wouldn't be crippled at this age-she was too young. Whew! I deduced that it must be what is known as "slipped tendon," caused by a deficiency in manganese or B vitamins. Many thoughts entered my mind. Such as-taping straws around her legs so she could get around-ha! Instead, I gave her time away from the others as she was getting trampled by her siblings. I also added electrolytes and vitamins to the drinking water. She grew stronger and was fine in less than a week.

Can you believe I'm still not done with Banty Bungalow!!! The chicks still sleep in the bathroom at night and during the day they stay in a cage in the garden. Liam and I have to schlep them twice a day in boxes to their designated areas-it's getting really old!!!! They are also getting too big for this. I'm going to have to separate them as there isn't enough room! As soon as I finish the Bungalow-the bantams can live in there till I get their yard fenced in. Fencing is a heinous chore that I despise. The standard size pullets will be living with our full grown hens but they are still too small to be introduced. As I've said before-chickens can be vicious and brutal creatures. They would peck these poor pullets to death.

It appears that one of our Catalanas is not a pullet but a cockerel. A cockerel is a juvenile male chicken less than a year old. (i.e. rooster!!!!) Sigh! I'm assuming this as he is very large and already has a giant comb. Liam named him Zeemick. Catalanas originated from Spain and are known for surviving well in the heat. I know nothing about poultry genetics but if anyone wants to try breeding heat hardy traits into their flock he is free to a good home.

Stay tuned for next month's article- the hopeful completion of the Banty Bungalow and naming of the rest of the flock.



**YUBA COUNTY OFFICE OF EDUCATION**  
 RICHARD D. TEAGARDEN, SUPERINTENDENT  
 935 14TH STREET  
 MARYSVILLE, CA 95901

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## This Month in Local History

By Liam Ruff

One hundred seven years ago this month July 8, 1902 in Camptonville, a self-tying screw top insulator was patented by Camptonville resident James E. Calvin. For those of you who don't know what an insulator is; it's an object constructed of glass, wood, porcelain or other nonconductive material used on telegraph, telephone and electric power lines. Telegraph lines were creeping their way westward during the mid 1800's and early 1900's. Patenting an insulator would be relatively common around the turn of the century. I am still researching to find out if Calvin's insulator was ever manufactured. Although insulators have changed since Calvin's design in 1902 insulators are still in wide use today.



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## July Calendar:

CCSD	Mon., (3 <sup>rd</sup> Mon. of month), 7:00 pm Camptonville School
Yoga	Tuesdays at 5:30 PM at the Camptonville School
Food Bank	Third Thursday at the Lake Francis Grange, Dobbins
4 <sup>th</sup> of July Festivities	See page 2 for info
Historical Society Meeting	July 14 <sup>th</sup> at the Clubhouse in the R.R Senior Mobile Park 2:00pm
Moonshine Potluck	July 26 <sup>th</sup> at Moonshine Rd. Campground (See page 2)

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