

# Camptonville Community COURIER

VOLUME 16

MARCH 2012

NUMBER 3



Yakshi, teacher, and Chelsi, mom, lead children in making Valentine cookies.



Moms, Jessi and Chelsi, help the children decorate cookies at combined Connie's Critters and 1,2,3 Grow Valentine's Day party.

## Developmental Difference

Yakshi Vadeboncouer

The 4-year old departs for the dentist  
while unforecasted rain forces the rest of us  
--barred from the playground --  
to exercise and find our fun inside

In the middle of the room  
the dismantled reading center makes  
a green beanbag mountain above  
soft green matted ground below

The still candle- and cake-less princess  
cooing big-eyed encouragement  
the one-year old shows off his  
mountain climbing mastery, while  
the newly-2-year old instantly opts  
for bungee-less freefalls into the hillside

The ever-resourceful wilderness guide  
quickly recruits the bulky bodies of bears  
to cushion untoward ricochets & rebounds --  
one, small, white, about 2 feet high  
the other, a big brown bruiser  
closing in on three

And wanting to suggest other  
more grounded adventures  
the already matted guide grabs up  
the big brown one in the hug  
to which it lent its name and  
rolls on top of it calling out

"I've got him! I've got him!" then  
as rolls tend always to meet their inverse  
suffers the reversal (bear on top) crying  
"Oh, no! Oh, no! He's got me."

The wide-eyed princess continues to coo  
Face crumbling, the worried one-year old wonders:  
What might be required of **him** in effecting a rescue?  
While without a pause the chortling two-year old  
grabs up his small white adversary and  
or 10 glee-filled minutes becomes

**'Bear Wrestling Boy'**  
realizing in a flash of enlightenment  
that he's waited an entire lifetime  
for just this joy



1, 2, 3 Grow is so fortunate to have a preschool teacher like Yakshi Vadeboncouer, who is excellent in the classroom and who can then write a poem about the day's experience—Birdsong Sundstrom

## YOYO72

Judy Morris

Camptonville Prepared has a new slogan, YOYO72, meaning **You're On Your Own** for the first 72 hours of an emergency/disaster. Being prepared means we have an action plan for our pets and livestock as well as for our family. Ginny Paschke, executive director of Yuba Sutter Domestic Animal Disaster Assistance (YSDADA), at [www.ysdada.org](http://www.ysdada.org), was our guest speaker at February's meeting. She shared what YSDADA can and will do for us and our pets when an emergency is declared within our area. Brochures were available and a "Pet Evacuation Emergency To Go Bag" for a donation was purchased by several members. If you are interested in volunteering and working with animals, there is a training April 14th 10am to Noon, followed by a potluck lunch. For more information, email [volunteer@ysdada.org](mailto:volunteer@ysdada.org)

Ginny also spoke of the vital role of ham radio communications during emergencies. When phones are down and power is out, the best method of keeping communications flowing is through using ham radios. There is a one day training and examination to obtain your ham radio license on March 10<sup>th</sup>. You will need to contact Lonnie at [ki6zyy@yahoo.com](mailto:ki6zyy@yahoo.com). You must get study materials prior to class and there is a \$15.00 fee for the exam.

Did you receive your Emergency Test Phone Notification call on Monday, February 13<sup>th</sup>? If no, then you need to sign-up; it's free and confidential. Fill out and return yellow contact information sheets found at Lost Nugget Market, Camptonville School office, the Resource Center, and Pelton Wheel Cafe. For additional info on Camptonville Prepared, or to volunteer to help us prepare for any emergency, call Judy at 288.1228.

Remember YOYO72 and help us to help each other. Join us on March 21<sup>st</sup> at 6:30pm for our next meeting at the CVFD Hall.



### Classical

#### Flute and Piano Lessons in Camptonville



**Carolyn Perkins, MA**  
*San Francisco Conservatory of Music*

Music for the fun of it! Call 530.559.4345

## CCP Fundraiser—St. Patrick's Dinner

March 17<sup>th</sup> from 4-6:30pm, please come to the Camptonville VFD Hall to enjoy a delicious St. Patrick's Day Dinner and to support your local non-profit! Corned beef and cabbage, potatoes, salad and bread will be served for a \$10.00 suggested donation. Beer and wine will be available for purchase. A dessert auction will follow dinner (feel free to bake something sweet for CCP). For more information call us at 288.9355

## You Are What You Eat

Cathy LeBlanc

Do you feel you have the right to know if the food you are consuming has been genetically modified? Genetically modified organisms (GMOs) are not hybrids or grafts. GMOs, are plants or animals created through the gene splicing techniques of biotechnology (also called genetic engineering, or GE). This experimental technology merges DNA from different species, creating unstable combinations of plant, animal, bacterial and viral genes that cannot occur in nature or in traditional crossbreeding. This includes genetically altering seed to resist pests by injecting pesticide into its DNA, thereby making that food (such as corn or soy) a pesticide in itself.

GMOs are a direct extension of chemical agriculture, and are developed and sold by many of the world's biggest chemical companies. The long-term impacts of GMOs are unknown, and once released into the environment these novel organisms cannot be recalled. Over 50 countries worldwide require mandatory labeling of GMOs. See these links:

[www.nongmoproject.org](http://www.nongmoproject.org) and [www.labelgm0s.org](http://www.labelgm0s.org).

*Today in the United States, by the simple act of feeding ourselves, we unwittingly participate in the largest experiment ever conducted on human beings.* Petitions are being circulated throughout the state to get the requisite 850,000 signatures to qualify GMO labeling as a November 2012 Ballot Initiative. Please consider signing; you must be a registered voter to sign. Look for me at the Non-GMO table in front of the Lost Nugget Market in Camptonville, or you may call me at 288.0913 for more information or ways to get involved.

## Daylight Savings Time

*You may not want to get up at 2am, but don't forget to set your clocks forward one hour!*

**Sunday, March 11, 2012 ... 2:00am**

## Camptonville Cougars Basketball

Owen Hedrick, Ravynn Noble, and Lily Mitchell

Go Cougars! Oh wait, I forgot that the season is over. We got seventh place! Last year, we didn't even go to the tournament. Well, let me tell you how many games we played. We played 17 games, and only won seven and lost ten. But Adrayan and Jason said that we improved from last year by a mile! The biggest threat to the Cougars was the undefeated Ready Springs' Raiders. The second was the Mount Saint Mary's Eagles. They beat us at the tournament, which sent the Cougars back to the den for the year.

Each and every one of our players is important to the Camptonville Cougars' Basketball Team. Our best point makers were Nick, Cody, Brandon, and Reid. Owen had the most game time. Even though Jenny was not able to play most of the games, she was one of our best defensive players. Jeralee and Robert have shown a major improvement since the beginning of the season. Injuries affected some of our players. Nick and Owen had injuries, yet despite their pain, they fought their way through the games. I, Ravynn, had a knee injury that brought me off the court for almost half the season. Our best rebounders were Lily and Cody, helping us with many opportunities to make points. Coach Jason emphasized the importance of being a student athlete; unfortunately, this affected a few of our players who were unable to play in some games.

Family and friends showed a tremendous amount of support by coming to our basketball games and cheering us on. It makes us feel good to hear "Good Job!" or "Go Cougars!" Even though these are just a couple of words, we really appreciate it. We would also like to thank you for taking time out of your day and money out of your wallets to go and get us snacks and drinks for after the games. By the way, those snacks were life savers! Thanks!!

---

Words mean more than what is set down on paper. It takes the human voice to infuse them with deeper meaning.—Maya Angelou

---

## State of Our School Meeting

Sandy Ross

Please join Superintendent Ross and the Camptonville School Board of Trustees on Thursday, April 12 at 6:30pm for a State of Our School Meeting. This will be a public forum to provide information and discuss the issues and concerns that face our school including: budget shortfalls, declining enrollment, attendance, and the effects of school choice on the future of Camptonville School. I would urge you to consider the important place our public school holds in this community as a resource center, meeting place, public playground, library, and education hub. To make a sappy analogy: Camptonville without Camptonville School might be like Bedford Falls without George Bailey in *It's a Wonderful Life* ... and most of us know what happened there. Seriously, your input in these decisions is important. Do not hesitate to call me at 288.3277 with any additional issues or questions. We hope to see you there.

---

Reality leaves a lot to the imagination. —John Lennon

---

## Dobbins Grange Food Bank

Rod Bondurant

The Dobbins Grange would like to remind Courier readers that their Food Bank is available to all Camptonville residents. Every Thursday there is food distribution at the Grange hall in Dobbins. On the third Thursday of each month at 8am the Federal Food Bank distributes. On all the other Thursdays there is an alternative distribution available to all those in need at 1p.m. If it is your first visit it is advised that you arrive at 12:30pm. Grange members travel extensively to collect food and would really appreciate donations for gas money from food recipients. The Dobbins Grange Hall is at the corner of Texas Hill Road and Old Dobbins road next to the Country Store. You can call the Grange at 692.2850 for more info.



**Tinnel Painting**  
Professional Quality Work

Affordable Rates • Free Estimates  
Interior / Exterior  
Residential / Commercial  
Deck Restoration

CSL # 873151  
Insured

**Daniel Tinnel**  
(530) 277-3564



**SIERRA FAMILY MEDICAL CLINIC INC**  
*...caring for you & family*

Comprehensive medical,  
behavioral health & dental care  
Accepting most insurance, sliding scale  
Info available about California state  
budget cuts in health programs

Call 530-292-3478

## Community Service District Update

Richard DicKard

### Water District

The Camptonville water plant is 26 years old; it needs some work to keep it going. This winter with water treatment at a minimum, much needed repairs and upgrades are being made. Mike Hines and Chris Doshier are supervising or doing the work themselves.

The main source of water for Camptonville comes from Campbell Gulch. The water plant treats an average of 1,200,000 gallons each year; 70% of that water was treated during the months of May through October in 2010. In 2011, the demand for water on one occasion was so high that the water district had to purchase and truck in water.

Another limitation to water supply in Camptonville is the amount of water storage available. Currently the water district can store only 60,000 gallons of treated water. A grant is being developed to double that capacity. Even if that grant request is successful, it will be at least two to three years before another water tank is installed.

Please conserve water. This winter's rainfall has been very low and may possibly limit the amount of water available for the summer months. Camptonville residents should plan ahead to use less water from May to October this year.

### Cemetery District

The Camptonville Community Service District (CCSD) officially incorporated the Camptonville Cemetery District into itself just this last year. The cemetery has been without policies to govern and maintain it. Here are examples of some areas needing policies: Who is eligible to purchase a cemetery plot? How many burials are allowed in each plot? How does CCSD pay for the cost of marking all the plots and cemetery maintenance? What type of floral tributes or plants should be used?

The main goal of the Camptonville Service District is to maintain the cemetery and to improve its appearance as a source of community pride. In order to meet the needs of Camptonville citizens (past and present) and to maintain and further develop the cemetery, the cemetery district needs to be adequately funded—which now it is not.

The Camptonville Community Service District's board of trustees has begun the process of adopting an initial set of policies and new fees for the Camptonville Cemetery. The policies will be fashioned after other small cemetery districts; the fees will increase as required by California Civil Codes. Thus, there are many considerations to explore. If you are interested or concerned, please come to the next CCSD meeting,

Monday, March 19, 7pm at the Camptonville School.

Over the last few years, a small group of people have cared for our cemetery. Many thanks to Rochelle Bell, Stephanie Korney, Rod Bondurant and many other volunteers for keeping the Camptonville Cemetery safe and presentable. Your ongoing concern and efforts are greatly appreciated by the trustees of CCSD!



### REBEL RIDGE ORGANICS

Nursery and Garden Supply



Jessi Wilcox

16042 Creekside Trail  
Camptonville, CA 95922

Phone (530) 288-3222  
rrorganics@gmail.com



YUBA COUNTY OFFICE OF EDUCATION  
935 14<sup>th</sup> STREET  
MARYSVILLE, CA 95901

DR. SCOTIA HOLMES SANCHEZ  
SUPERINTENDENT

Phone: (530) 749-4855  
Fax: (530) 741-6500  
E-mail: scotia.sanchez@yubacoe.k12.ca.us



**Western Sierra  
Medical Clinic**

A Family of Community Health Centers

### Mobile Health Services

#### In Camptonville.

*Quality care from the medical staff  
at Western Sierra Medical Clinic*

#### Weekly.

**Tuesdays & Thursdays: 10 am - 3 pm**

**Van location: Masonic Lodge**

**Here for you: [wsmcMed.org](http://wsmcMed.org)**

**For appointments: 530-289-3298**

## Be Heard at the FERC Townhall

Cathy LeBlanc

**When: March 15<sup>th</sup>, 2012 from 6-8pm**

**Where: Camptonville School Gym**

**16585 School Street, Camptonville**

How much do you care about what happens at Bullards Bar Reservoir? The opportunity is now for showing your concern about important decisions being made regarding our lake. As one local stated, *I feel that I am among many Camptonville residents who feel that they are somehow stewards of this beautiful resource in our backyards.* We all know the impact the lake and the rivers that feed it have on our daily lives. Bullards is significant to our community. We hold the community-based history; and our views on access, historical and cultural issues, and economic factors are vital to the relicensing process.

Yuba County Water Agency (YCWA) has agreed to facilitate a townhall meeting to focus on issues connected with the federal relicensing of Bullards Bar. The U.S. Forest Service will hear our views, including those regarding the proposed fees for parking and boat use. Our community's input will be added to the other data that has been collected as part of the relicensing process. YCWA's data will be sent to the Federal Energy Relicensing Committee (FERC) so that YCWA may continue producing electricity from Bullards. Please mark your calendar and plan to attend.

### Proposed Agenda

- Relicensing Status—15 min.
- Schedule for Recreation Use Study, Camptonville Focus Group Meetings\* & Participants—15 min.
- Discuss Questions from August 2011 Townhall Meeting at Alcouffe Center—45 min.
- Non-licensing items (Could include recreation fees, etc.)—45 min.

\* YCWA also seeks participants for focus group meetings in order to solicit our response to specific questions (future date TBA). *The purpose of the focus group is to describe area residents and their recreation use in the Project Area; and identify future demand and/or potential unmet demand at the Project. More specifically, the focus group will include, but not be limited to, the following topics: types of recreation use and seasonality of residents, how residents access the Project recreation resources, and what if any barriers or constraints to access exist for residents, and potential recreation activities or facilities that are not currently available at the Project.*

For questions, further data (from other Townhalls, etc.), or focus group(s) participation, please call Cathy or Wendy at CCP 288.9355.

## Letter to Mark Jokerst, CVFD Chief

Gene Hanson

On behalf of the Hanson family, I would like to thank the Camptonville Volunteer Fire Department for their quick response in mid-January when a fire erupted on my property. Their timely reaction to the fire and effectiveness in putting the fire out was greatly appreciated. We are happy to know that this community can depend on this Volunteer unit in a time of crisis. It is critical to the welfare of Camptonville and the surrounding areas. Thanks again for your contribution to the safety of this community.

Sincerely,

Gene Hanson and the Hanson Family

P.S. I'd also like to thank Jason Flores with the North San Juan Fire Department and Mike Cherry and his crew of the U.S. Forest Service for their efforts in fighting the fire.



### Get Your Propane at Willow Creek Campground

Best Price In Town!

Open Every Day!

9AM to 10PM

288.0646



## LOST NUGGET MARKET

**Ice Cream! Cold Beer!**

**Hardware**

**Gas, Bait, Videos & more**



**16448 Highway 49  
Camptonville, CA 95922  
288.3339**

## Fire Report

Mark Jokerst, CVFD Chief

January and February seem to be months where we catch our breath: big projects go on hold for a too short while as we look back on one year and forward to the next. However, looking forward to the coming summer is getting grimmer by the day. Unless the heavens open up in March/April and soak us good, we're looking at dry creeks, very dry vegetation and high fire danger. Hope for the best, and prepare for the worst: Let's look at some smart preparations around the home that you can do to minimize fire danger.

Remember: The fire you are preparing for could be a mile or two away. You may picture this incredible wall of flame approaching your homestead (and you should!); but the likely scenario is a more distant fire sending burning embers aloft that fall around your home like *burning* snowflakes. Yes, they land still burning and will start their own fires. These embers like to collect, eddied by wind currents, into little piles. Those little piles can burn your house down. So let's get to work:

1. Clear all burnable vegetation and litter at least 30 feet away around all your structures (state law).
2. Thin burnable vegetation at least 100 feet around all structures (state law).
3. Thin burnable vegetation more like 300-400 feet around all structures (more realistic).
4. Clear out all burnable stuff under the deck.
5. **Look for places embers will eddy into piles and clear them of burnable stuff!**
6. In May, clean roof and gutters of pine needles , etc.
7. Move that wood pile away from the house.
8. Put screens on all crawlspaces, vents, and attic vents. Keep flying embers out of concealed spaces, but don't plug the vents either!
9. Get some hoses and nozzles and have them ready around all your structures.
10. Get 2500 gallons of stored water and a gas-fired trash pump.

A word about brush and timber: Break up the continuity. Limb trees at least six feet above the ground, so fire won't spread from ground to tree. Cut the brush to create spaces between bushes, lots of spaces. Don't cut all the brush, but break up the continuous patches; they are just long pathways for fire to advance.

We'd love to come to your place and help guide your efforts. What to cut and what to save isn't obvious to everyone; we can come to your aid to put some good, experiential sense into your fire safe plan.

A final word, then 'nuff preaching for one day: Wind. Watch the wind. If it's windy, don't burn. Please.

## WSMC's Mobile Health Van

Brandy Kolmer

Every week, residents of Camptonville and surrounding communities can receive a wide variety of healthcare services from the fully equipped Western Sierra Medical Clinic mobile health van. The van arrives at the Masonic Lodge in Camptonville and provides care for patients from 10am to 3pm on Tuesdays and Thursdays.

New or returning patients can receive general check-ups, immunization shots, teen clinic services, pediatrics appointments, and care for a variety of medical concerns and issues. Appointments are encouraged, but same-day and walk-ins are also accepted.

"We recognized that remote areas offer challenges for residents to receive healthcare," says Dr. Lang Jr., WSMC Chief Medical Officer. "People live very busy lives, and when transportation or mobility pose a problem to accessing medical attention, we can provide a solution with our mobile services."

The mobile care providers include Dr. Scott Kellermann, Frank Lank, Sr., FNP and Lora Lee Grutowski, FNP. Western Sierra Medical Clinic accepts Medicare, Medi-Cal and most commercial insurances. A sliding fee is provided based on family income. For more information about insurance, fees or making an appointment, call 289.3298.

Western Sierra Medical Clinic is a non-profit community health center dedicated to providing quality healthcare for all.

WSMC Mobile Health Services:

Tuesdays and Thursdays

10am to 3pm: Masonic Lodge in Camptonville

Appointments: 289.3298

(Same-day and walk-ins also available)

## USFS Employment

Annie-Prout Garcia



The Tahoe National Forest Yuba River Ranger District is advertising positions for our temporary employment program. These positions will be located in the Tahoe National Forest Yuba River Ranger District at duty stations including Camptonville, Downieville, Nevada City and Soda Springs, California. Positions being advertised include Forestry, Recreation, Minerals, Wildland Fire, Biology and Archeology. You can apply to these positions at [www.avuecentral.com](http://www.avuecentral.com). For more information please feel free to contact us by phone at 530.478.6253 or stop by our office located at 15924 State Highway 49, Camptonville, California.

## NSJ Mountaineers Club Threatened

Annalinde Wainwright

Threat of closure compels North San Juan Mountaineers to struggle to keep the doors open at the Senior Center. The Mountaineers extend grateful thanks to Sierra Super Stop, Forty Niner Pizzeria, Addiego's Market, Ridge Stop Café, Toki's Fountain, and Mother Truckers. Donations are now accepted at Sweetland Nursery and Milhous Feed. You can watch dollars go up on the sign at Toki's Fountain as we aim for our goal of \$10,000. Thank you to all who donated; it's great to live in such a caring community.

Big news is that Elaine Petray, our Tuesday lunch cook, has retired. A million thanks to you Elaine; you will be missed.

Camptonville resident Denise Sargent has graciously volunteered to serve as our new cook for Tuesday luncheons. She will focus on fresh, local produce and healthy menus comprised of her own innovative recipes. Drop by and give Denise and the Mountaineers your support while you enjoy a tasty lunch with friends. Everyone is welcome; the price is \$4.50 for Mountaineer Members and \$5.00 for non-members. Lunch is served every Tuesday from Noon to 1pm (NSJ Senior Center, Highway 49).

Foodies are talking about Sunday Brunch at the Center. The word is we have a world-class restaurant right here on the Ridge. Linda Metcalf, head dinner chef at Tofanelli's for 12 years and successful caterer (LJ's), creates a fabulous brunch on the first Sunday of each month. LJ's Catering is known for Linda's culinary touch and Jerry Nurse's cedar plank smoked salmon. Not to be outdone, Dan Renfro takes the helm on the third Sunday. He whips up a mean country style menu including his famous old-fashioned biscuits and gravy. Sunday Brunch is served from 8am until Noon, first and third Sundays each month, at a truly reasonable \$5.50 per person.

With all this food, we need exercise. Skyler Myers, CAS, CMT, and RYT, comes to our rescue leading yoga classes Tuesday and Friday mornings from 9 until 10:15am, Tuesdays here at the Center and Fridays at Willow Springs just across Highway 49. Class is by donation!

Bingo on the Ridge! The first and third Fridays of each month at 7pm is bingo as only the Ridge can do. Friendly folks, free refreshments, and game cards at .50 or \$1.00, all make for a fun and inexpensive evening. You might win the \$100+ cash sock., but you must be 18 to play.

The North San Juan Senior Center needs volunteers and donations; please call 277.0169.

## Jimbo's Produce Corner

by Jimbo Garrison

Hello and welcome to the premiere of Jimbo's Produce Corner. I hope you find it interesting and edifying.

This month I want to talk about citrus. We are right in the heart of citrus season in California, and there is a bonanza of sweet, juicy wonders on offer at our local produce merchants.

In addition to the usual suspects like Valencia and navel oranges, lemons and limes, you can also find seasonally available goodies like Minneola tangelos (a cross between a tangerine and a grapefruit), blood oranges, Cara Cara navels (a cross between a navel orange and a pink grapefruit), Meyer lemons (a succulent cross between lemons and oranges) and many varieties of tangerines and Mandarin oranges. All these have distinctive flavors and qualities; I encourage you to try several varieties of citrus to find out what *you* like.

Then, there is the grapefruit ...



Although available year-round, now is the season for the best of the best, specifically, the 'Texas Rio Star' Ruby Red grapefruit. I eagerly await the 'Texas Rio Stars' every year and enjoy them with great relish. Unfortunately, the prolonged drought in Texas has impacted the organic portion of this year's crop and we are limited to the conventional ones. If you like grapefruit you'll love these; and even if you don't think you like grapefruit you just might like this variety. They are extra juicy and very sweet.

And let's not forget about some of the more exotic citrus, such as pomelos and kumquats. Pomelos are the largest of the citrus fruits and are similar to grapefruit, but sweet and mild. Kumquats are a small and fragrant oval fruit with a sweet and tender edible rind. Try them sliced very thin in salads.

When choosing citrus, select from heavier fruits for maximum juice. I recommend getting an electric citrus juicer (starting at about \$20) if you don't already have one. I like to mix and match different varieties to make delicious juice blends. Yum!

'Til next time, have fun and enjoy fresh produce!



See page 11, and pages A & B in the insert, for delicious and nutritious citrus recipes.

## Yuba River Ranger District

Annie Prout-Garcia

You may have noticed many piles around the Pendola area that are being burned lately. These piles were created under the Pendola Restoration Project in order to reduce fuel loading of federally owned lands adjacent to homes and roadways. Much surface brush and many small trees (less than 10 inches in diameter) were cut and then piled by hand or by dozer.

**Hand piles:** are smaller piles made up of sticks and brush less than four inches in diameter. They are best burned when they have been drying for at least two days and just before rain is predicted. Hand piles can burn for several days after being lit.

**Dozer piles:** dozer piles are generally made up of material greater than four inches in diameter and built by machines. Dozer piles are best burned after a week of dry weather and just before rains are predicted. Dozer piles can remain smoking for months.

A certain amount of "creep", when fire burns outside the pile and into the surface needle layer of the surrounding tree stand, is expected. The creep gives a mosaic burn pattern that is ideal for resources such as foraging wildlife and sprouting plants.

We will continue burning both types of piles as long as weather allows. Once it gets closer to summer, with warmer temperatures, we will stop pile burning until next fall and winter. All burning is patrolled regularly.

If you have any questions or concerns on these projects, please feel free to contact the Yuba River District Fuels Officers, Kaari Carpenter or Travis Thane at 530.478.6253.

All campgrounds are in winter status, which means no services and no fees. For up-to-date information on the status of the snow trail system, call the ranger station at 530.478.6253. We have plenty of free Winter Recreation maps to help you enjoy some winter fun.

Fishing in Sierra County rivers and streams closed on November 15, 2011. Fishing in the lakes and reservoirs is open year round. Brochures are available

at the ranger station.

**Burn permits** are no longer required for debris burning. You do still need to **check** with the Department of Air Quality **for burn day status**.

### During business hours:

*Call the Yuba River Ranger Station for burn status.*  
Yuba River Ranger District..... 288.3231

### After hours or on weekends:

*Call the appropriate number for the county where you will be burning.*

Sierra County..... 289.3662

Nevada County ..... 274.7928

Yuba County..... 741.6299

Fuel wood season has come to a close on the entire Tahoe National Forest until May 2012.



## My Best Friend

Muff Whitish

My best friend of thirty-seven years, Larry Whitish, had to leave Camptonville, his dream come true, early in January 2012. I know his mind and heart will always be here. We moved here twenty years ago, and instantly a mountain man was born. He loved our home but especially the land with all our trees, rocks, and of course dirt. Although his health was failing most of 2011, he tried every day to make some improvement to our beloved home or land. Larry was called to the "Rainbow Bridge" to reunite with our dearest pets Pogo and Bandit; both had many special years here in Camptonville. All three passed over the "Rainbow Bridge" to be together with him, happy and healthy until Hazel and I can join them. I would like to thank all the EMT personnel for their professional yet caring response to my call for help. I deeply appreciate all of you. In loving memory of Larry G. Whitish, my best friend. *Rainbow Bridge*, author unknown, is a heartwarming story. Here is the link:  
<http://rainbowsbridge.com/Poem.htm>

### R&C Wenger Construction

General Contractor

SCL 523559

Handiest Handyman

Electrical, plumbing, carpentry

Rich Wenger

122 Old Schoolhouse Rd, Pike, 95960

**288.0933**

### BOARD OF SUPERVISORS

**HAL STOCKER**

SUPERVISOR 5<sup>TH</sup> DISTRICT

**YUBA COUNTY**

**GOVERNMENT CENTER**

915 8<sup>th</sup> Street, Suite 109

Marysville, CA 95901

Phone: 530.675.2282

Helping Make  
Camptonville Firesafe





## Jessi's Garden

Jessi Mullins

Spring is blooming, or it shall be soon! The bulbs are rising; some trees are budding; the lawn is starting to grow; and it's feeling a little warmer out. It is time to get a start on your spring gardening. Starting seeds, preparing soil, planting cool weather vegetables, caring for the lawn, and pruning roses are on my to do list for the month of March.

It's time to start your tomato, eggplant, celery, and flower seeds. We have already started our pepper seeds since they are such slow beginners. Peppers are first on my list, started in the greenhouse the first week of February with bottom heat and a new design of a double hot house to see if I can get the germination of those picky seeds sped up just a bit. It seems that I repeat this statement a lot, but bottom heat and good lighting are most important for your seedlings. If you are doing it inside, be sure to choose the warmest, brightest window and maybe think about providing supplemental lighting once they sprout. Getting them off to a strong, healthy start is important—hey, just like our children and us in the mornings.

March is the perfect time to prepare your soil by adding compost, well-rotted manure, processed manure, coco fiber or peat. Any addition of these will help build the humus content in your soil; also it gives the soil microbes something new to chew on. After taking some time to prepare your soil, you can plant things like asparagus, artichokes, rhubarb, and horseradish, and towards the end of the month you can direct seed your greens or set out those already started. When I speak of greens I mean things like kale, spinach, chard, mustard, pak choi, lettuce, and cabbage. Also, brussel sprouts can be directly sowed towards the end of the month. Bare root fruit trees can be planted too.

A spring feeding for your lawn is always a good practice. Also, if there are any bare spots that need to be reseeded, or any obnoxious weed control that needs to be addressed, this is the time. If you are not going to

reseed, corn meal may be a good choice of fertilizer. Corn meal is an all organic, heavy nitrogen fertilizer that also inhibits any new seed from germinating, so it may prevent a weed sprouting issue later in the spring.

Rebel Ridge Organics is now open Wednesday through Saturday, from 10am to 5pm, with bare root fruit trees, bulk soil, fertilizers and, when ready, lots of cool weather starts. We enjoyed our winter off, but we are very excited and ready to be back to work and to help provide all of you with your gardening needs.

Good for the environment, great for your health – garden organic!

**Mountain Range Lodge #18**  
**Free & Accepted Masons**  
 15333 Cleveland Avenue  
 Camptonville, CA  
 Meeting Time 1:00 P.M.  
 Monthly on 3<sup>rd</sup> Thursdays  
 March To December  
 Potluck Lunch 12:00 P.M.  
 Sojourners Welcome!



Tooth Decay Germs Love  
 Sugars and Starches.  
 Eliminate Sodas and Sugar  
 Sweetened Drinks.



## Willow Creek Campground

*In the Center of Gold Country  
 &  
 The Tahoe National Forest*

Cabins • Tent Sites • RV Spaces  
 Bathhouse • Store • Barn  
 Bundled Firewood • Propane  
 Family Camping • Retreats • Reunions  
 Celebrations • Music Venue • Youth Camping

Phone 530-288-0646 Toll Free 877-901-7191  
 Fax 530-288-3595

17548 Highway 49, Camptonville, CA 95922 PO Box 158

website: willowcreekcampground.net  
 email: office@willowcreekcampground.net



**LEELA PLESSE**

Certified Massage Therapist  
 Certified 3rd° Reiki Master  
 Over 20 Years Experience

530-288-1223

Call for Appointment

Offices in Grass Valley, Camptonville & Downieville



## Farm Chronicles

Jeff, Christina and Kyle Ledson

Welcome once again to the Farm Chronicles—a small collection of garden adventures unfolding straight from the soils of the Ledson Family CSA Farm. February is a slow month in the veggie garden. We have been teased almost daily with these warm, spring-like temperatures. But the cold nights are keeping things honest in garden land. Luckily, we are still pulling from our lettuce and kale beds. Those beds have steadily been producing all winter long which we didn't really count on. It just goes to show that the garden will always keep us on our toes, and surprises are around each and every corner. The hoop house is a tropical wonderland as it soaks up the afternoon sunshine. Sure, the grass skirts and coconut bikinis help a bit as well. Seeds are germinating at a good rate despite Punxsutawney Phil's prediction of six more long weeks of winter. Honestly, has winter even started yet, or are we going to skip that season all together?

The farm is off the power grid so we do have some extra challenges with the more temperamental seedlings. Heat pads are essential this time of the year to get those stubborn pepper and tomato seeds germinating. And they need the early jumpstart to get them producing well with our shorter growing season. Don't you just love it when the local community steps up to help each other out? We've worked out a great arrangement with Jessi at Rebel Ridge Nursery to help us with some starter space alongside the plants she will be raising for the yearly Camptonville plant sale. For the first season, we will finally be able to start our entire garden from our own seeds. It's great to be involved from the second that seed is dropped into the soil; so thank you very much, Jessi, for giving us this opportunity.

We were happy to celebrate Kyle's birthday this month at the farm. His entire class was invited, and we had a great showing given the short notice. We hope to have more family events as we get better organized around the farm. We love chatting about the garden and sharing some stories and ideas with everyone. It was great to see how interested most of the children were about the farm and growing food; but imagine their interest when all those boxes are overflowing with veggies and berries.

Have a Farm-Fresh Week!



**Mommies,**  
**Help Your Children Brush their Teeth**  
**with a Fluoride Toothpaste After**  
**Meals and Snacks.**

## Crochet Class

Bobbi Bernhardt

I have been crocheting for 35 years and wish to hold a class on crocheting for Camptonville residents. Classes will be held for one month, one evening a week for two hours. Because crocheting is becoming a thing of the past, I would like to pass on what I have learned about the art. The fee will be \$70 dollars total. This will cover all lessons plus all supplies, including crochet hook, yarn, etc. By the end of the month you would be able to crochet anything and everything.

Young people who are interested in learning to crochet should be at least 10 years old. If you are interested, please contact me at the address below.

Bobbi • PO Box 215 • Camptonville CA 95922



**CRAIG ROBERTSON**  
 GENERAL MANAGER

530-692-3200

INFO@BULLARDSBAR.COM

PO BOX 480 • DOBBINS, CA 95935

WWW.BULLARDSBAR.COM



**Sweetland Garden Supply**  
 Darlene Markey

29435 State Hwy 49  
 North San Juan, CA 95960

530-292-9000  
 Fax 530-292-9001

*Serving your indoor &  
 outdoor gardening needs!*

Sign up now for our  
 SUMMER HARVEST PROGRAM

Weekly FULL, HALF & SINGLE  
 Shares of Homegrown, Local  
 Produce

Support your LOCAL economy

Community  
 Supported  
 Agriculture

**THE LEDSON'S**  
**FAMILY**  
**CSA FARM**

**SOILSTOCK**

LOCAL • FRESH • SUSTAINABLE • EARTH-FRIENDLY • VINE-RIPENED PRODUCE

soilstock.com • soilstock@gmail.com • 288-3655

## Citrus Risotto alla Regaleali

*Chez Panisse Fruit*—Alice Waters

Adapted from *The Heart of Sicily*—Anna Tasca Lanza

1 Meyer lemon  
1 tangerine  
1 lime  
1 blood or Valencia orange  
1 Ruby grapefruit  
6 cups chicken stock  
1 onion  
3 tablespoons unsalted butter  
2 cups Carnaroli, Baldo, or Arborio rice  
1 cup white wine  
1 teaspoon salt  
1/3 cup of grated Parmigiano-Reggiano cheese



With a swivel-bladed vegetable peeler, remove about half the zest of the lemon, tangerine, lime, and orange and about a quarter of the grapefruit zest, taking care to peel only the thin outer colored part and none of the bitter white pith below. Plunge the strips of zest in boiling water for 3 minutes. Drain them, and when they are cool enough to handle, cut them crosswise into a tiny julienne. You should have about 2 tablespoons. Cut away all the remaining rind from the citrus fruits then cut the sections free, carefully slicing along the partitioning membranes. Set aside about a quarter of the grapefruit sections and about half of the other citrus sections to add to the risotto later and to garnish it. Refrigerate the rest for another use.

Heat the chicken stock to a bare simmer. Dice the onion and sauté it in a heavy-bottomed pan in 2 tablespoons of the butter. When the onion is soft, after 7 to 10 minutes, add the rice. Cook the rice in the butter for 3 to 4 minutes, until the grains begin to turn translucent. Then add the white wine, stir well, and when the rice has absorbed most of the wine, begin adding the stock, a ladleful or two at a time. Cook the risotto at a simmer, stirring frequently and adding more stock as each addition is absorbed by the rice. Do not flood the rice with stock; each addition of liquid should just cover the rice. Keep stirring to prevent sticking and to develop the creamy starch. Add the salt with the second addition of stock. After 10 minutes, add half of the julienned zest and half of the reserved fruit sections. When the rice is almost done but still a little too al dente, turn off the heat and stir in the remaining tablespoon of butter, the grated cheese, and the rest of the zest and fruit sections. Stir well and let sit for 3 to 4 minutes. Check the seasoning and the consistency one last time, adjusting with more salt and stock, as needed, and serve immediately.—Serves 6

## Early Spring

Harshness vanished. A sudden softness  
has replaced the meadows' wintry grey.  
Little rivulets of water changed  
their singing accents. Tendernesses,

hesitantly, reach toward the earth  
from space, and country lanes are showing  
these unexpected subtle risings  
that find expression in the empty trees.

—Rainer Maria Rilke



Vernal Equinox—March 19<sup>th</sup> at 10:14pm PDT

## Emergency Phone Numbers

**First ..... Call 911**

Camptonville Fire Department.....288.9320

Yuba County Sheriff Non-emergency.....749.7777

Pacific Gas & Electric .....1.800.743.5000

KNCO 94FM or 105.7 FM.....477.9494

KNCO News Talk 830 AM .....272.3424

KVMR 89.5 FM .....265.9555

## COURIER CLASSIFIEDS

**NEED CAR:** Family in need of car with low miles for work commute. Can't afford to pay much. If you can help please call Paula at 205.8526. Thank you.

**FOR SALE:** "Queen Anne" style recliner \$40. Call Judy at 288.1228.

**FOR SALE:** 2004—36' Monaco Cayman Motorhome, 38 K miles, excellent condition, very clean, with three slide-outs. Can be seen at Rebel Ridge. \$70K, OBO (originally \$163K). Call Gayla 288.0212

**ALTERATIONS/SEWING:** Jacket zippers replaced, or whatever you need. Can sew leather or canvas on my machine. No job too small. Reasonable rates. Carolyn 559.4345 in Camptonville.

**NEED A RIDE?** Commute weekdays to GV or NC? Share driving and/or costs. Carolyn 288.3333 or 559.4345.



\*\*\*\*\*ECRWSS 22B001

**Postal Customer**

**PO Box**

**CAMPTONVILLE CA 95922**

### March Community Calendar

1,2,3 Grow .....	March 17 <sup>th</sup> , St. Patrick's Dinner, 4 to 6:30pm
CCP Board Meeting.....	TBD, Call the Resource Center at 288.9355 for time and date
CCSD Board Meeting.....	Monday, March 19 <sup>th</sup> , Camptonville School, 7 pm
Camptonville Cemetery Cleanup .....	Saturday, March 10 <sup>th</sup> , 10am
Camptonville Prepared! .....	Wednesday, March 21 <sup>st</sup> , 6:30pm at the Camptonville Fire Hall (CVFD)
Courier Handwritten Deadline .....	Saturday, March 17 <sup>th</sup>
Courier Deadline.....	Tuesday, March 20 <sup>th</sup>
FERC Townhall .....	Thursday, March 15 <sup>th</sup> , 6 to 8pm
Food Bank.....	Third Thursday, 8am, Lake Francis Grange, Dobbins
Food Bank.....	Other Thursdays, 12:30pm, Lake Francis Grange, Dobbins
NSJ Senior Center Lunch.....	Every Tuesday, Noon to 1pm
NSJ Senior Center Brunch.....	First and Third Sundays, 8am to Noon
Overeaters Anonymous.....	Fridays, every week, 9:30am, Camptonville Firehall
WSMC Mobile Health Services.....	Tuesdays and Thursdays, 10am-3pm, Masonic Lodge
Yoga—Camptonville.....	Tuesdays, Camptonville School Gym, 5:30 to 6:30pm
Yoga—NSJ Senior Center.....	Every Tuesday, 9 to 10:15am
Yoga—Willow Springs.....	Every Friday, 9 to 10:15am

### March Camptonville School Calendar

March 5<sup>th</sup> (3pm) Site Council Meeting (rescheduled)  
March 7<sup>th</sup> Awards Assembly—Minimum Day—8:45 to 12:45 pm Dismissal  
March 12<sup>th</sup> ((6 pm) School Board Meeting  
March 17<sup>th</sup> and 20<sup>th</sup> Presidents' Day Holiday—No School  
March 26<sup>th</sup> Site Council Meeting  
March 28<sup>th</sup> Read Across America / Last Day of Reading Marathon  
March 29<sup>th</sup> through 31<sup>st</sup> Club Live Reach Conference at Richardson Springs

### Published by Camptonville Community Courier Volunteers

Editor, Advertising, and Subscriptions: Diane Winslow 288.3290  
Staff: Rod Bondurant, Rochelle Bell, and Stephanie Ruff  
Proofreading: Yakshi Vadeboncouer  
Fiduciary Agent: Camptonville Community Partnership (CCP)

**Courier Mailing Address:** PO Box 32 Camptonville, CA 95922  
**Courier Email Address:** camptonvillecourier@yahoo.com  
**Courier Online (including back issues):** [www.camptonville.com/the\\_courier.html](http://www.camptonville.com/the_courier.html)