

Camptonville Community COURIER



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Camptonville School's Graduating Class of 2012



Congratulations!



On June 6th at 7 p.m., Camptonville School held graduation ceremonies to honor this year's eighth grade graduates: Ravynn Noble, Nickolas Saucedo, Lily Mitchell, and Cody Gibbs. The theme of this year's graduation was Zoo Mission: Not Impossible. Just as zoos all over the country seek to educate, discover, conserve, and inspire with their programs and exhibits, middle school teacher, Lisa Carr, challenged the graduates to aim for these same goals by continuing their education in high school and beyond, exploring and "discovering" their passions, "conserving" their individuality, and "inspiring" those around them through their actions and words. Each student spoke about the difference that attending Camptonville School made in their lives, particularly expressing how staff members cared about them and helped to build and shape their character.

Ravynn Noble, who has attended Camptonville School since kindergarten, was the class valedictorian and received several other honors including the Hal and Leah Stocker Award for academic achievement, the Masonic Award for community service, the Superintendent's Award for overall achievement, and the Yuba River Ranger District Scholarship. This young lady has worked very hard to achieve success in every area and it shows.

Nickolas Saucedo, a class leader, was awarded the Physical Education Award for excellence and leadership in athletics. Way to go Nick, we can't wait to see you playing on the NU Basketball Team some day.

Following the ceremonies, Camptonville students and their guests enjoyed a graduation dance with our extremely professional DJ's (high school students Courtney and Emily). Wonderful snacks were provided by parents; and I wish to extend a huge thank you to the Parents Club who turned the gym into a "real zoo" and dazzled us with their creativity. What fun!

I would like to send our eighth graders off to high school with a final wish that any "mission" they face is made possible by the strength of their character and belief in themselves. Good Luck Class of 2012.—Sandy Ross



Red Cross

We now have six new Red Cross trained emergency shelter volunteers. Congratulations to Barbara Ramirez, Chris Bingham, Chris Dozier, Jimbo Garrison, Judy Morris, and

Stephanie Williams. What does this mean to the residents of our community? This means when an incident occurs within Camptonville and evacuation orders have been issued, the six of us will open the community emergency shelter, Camptonville School, and provide aide to you and your family. Remember **YOYO72**—You are **On Your Own** for the first **72** hours of any emergency. So, these six “graduates” will take the lead on providing aide to our community until Red Cross staff arrive. Three of these volunteers are also qualified as “DAT” members, Disaster Assistance Team. If a single or multi-family house fire arises they will be notified by CVFD and Red Cross to respond and assist residents with emergency housing and clothing as needed. A huge thank you goes out to my five classmates for being willing to assist our community. I do not look forward to any emergency, but feel confident that the six of us will work together as a professional team.

I'd also like to announce the arrival of our own (Red Cross actually owns it) Emergency Disaster Trailer fully stocked with needed supplies. So, Camptonville is really getting prepared; hopefully, we won't have to use any of this newly gained knowledge or equipment.

Red Cross is more than willing to come to us, Camptonville, to provide additional training. Anyone wishing to be trained in First Aid or CPR please contact Judy at 288.1228 or email owlsneagles@inreach.com. I will arrange a class. Please note there is a class fee; I am not sure of the exact charges.—*Judy Morris*



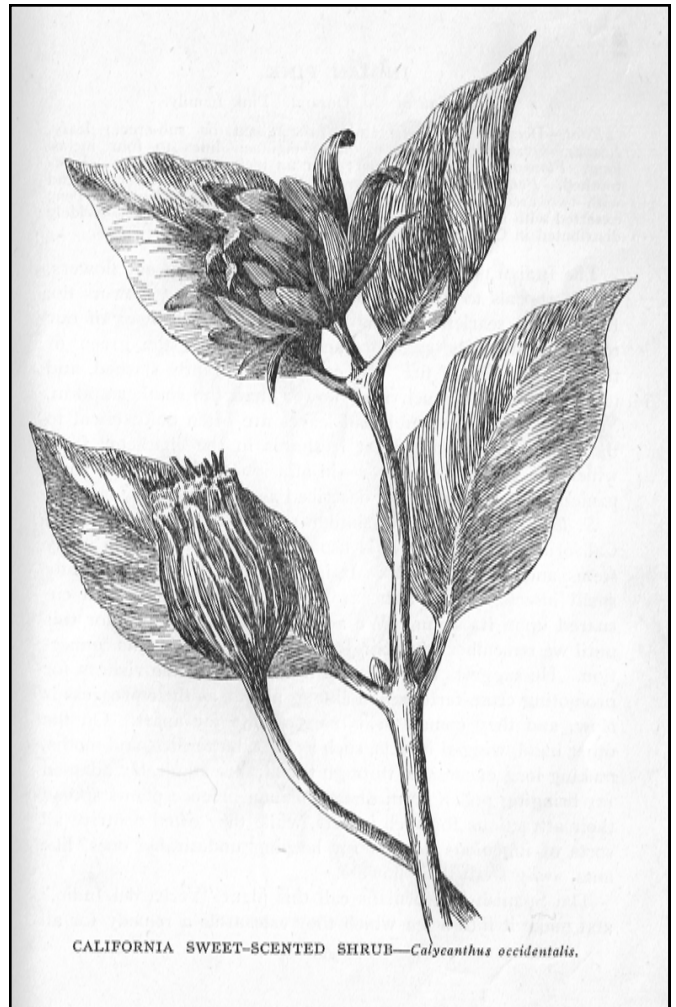
California Sweet Scented Shrub Western Spice-Bush

Calycanthus occidentalis, Hook, and Arn.
Sweet Shrub Family.

This is one of our most beautiful shrubs. Upon the banks of streams, or often upon a shaded hillside where some little rill trickles out from a hidden source, it spreads its branches and lifts its canopy of ample leaves. There is a pleasant fragrance about the whole shrub, and the leaves, when crushed, are agreeably bitter. From April to November the charming flowers, like small wine-colored chrysanthemums, are produced; and these are followed by the prettily veined, urn-shaped seed-vessels, which remain upon the bushes until after the next season's flowers appear, by which time they are almost black. It is from these cuplike seed-vessels that the genus takes its name, which is derived from two Greek words, meaning *flower* and *cup*.

—*Mary Elizabeth Parsons*, from
The Wild Flowers of California

—*Margaret Warriner Buck*, Illustrations ©1897



CALIFORNIA SWEET-SCENTED SHRUB—*Calycanthus occidentalis*.

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Piano Lessons

Camptonville Community Partnership has recently secured a grant for enrichment and recreation (including bringing arts and culture to C'ville for Yuba County foothill youth. Some of it will be used to provide piano lessons to young students who would otherwise not be able to afford lessons. Carolyn Perkins, MA, has been teaching piano in Camptonville since the beginning of the year and has agreed to accept students under this program. Lessons are given at the 123 Grow room at Camptonville School. Carolyn is classically trained but enjoys teaching students who aspire to performing a variety of musical styles. Please contact Cathy LeBlanc at the CCP office to request further information at 288.9355.—*Cathy LeBlanc and Carolyn Perkins*

Tour of Pack Trail

Saturday, July 28th, the Camptonville Historical Society will host a tour of the mid-1800s pack trail that connected the Camptonville area with Downieville. The tour begins at 8am at the Masonic Lodge in Camptonville. Leland Pauly, our “Camptonville Historian” is our tour guide.



Wyethia

Where will we travel? The tour includes the Joubert's Diggins, Oak Valley, Young's Hill, and Weed's Point. In those early days, Young's Hill had roughly the same population as Camptonville.

If you want more information about the tour, call Carolyn Mumm at 288.3424 or Leland Pauly at 288.3525. The suggested donation for the tour is \$10, or \$8 for members. Bring your lunch. We will carpool; please be there at 7:45am so that we can leave at 8am.

—*Carolyn Mumm*


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Relay For Life 2012

Loved ones from our community were remembered and honored at the annual Relay For Life event on June 2nd and 3rd. Camptonville Buddies were represented by some die-hard team members; Shannon Gomez, (Joan Carpenter's daughter-in-law) and her "entourage" (Justice, Stephanie, Ronnie, Marla, and Claire) were there walking, celebrating, and kicking back listening to Taiko Drummers and other musical groups. Their support was not only emotional but physical. Team members traveled from El Dorado Hills, Stockton, Rancho Cordova, Orangevale, Cool, and Georgetown to help raise funds and make a difference in a cancer patient's life. Justice, Shannon's granddaughter, said camping out this year was much better than last year's rain and snow. She has "grown up" with Relay and is an awesome young girl—she really enjoys giving to others.

This year's event, at first, seemed low key both in the number of teams and energy level. But, having our own Cancer Center Medical Staff, Dr. David Campbell, Linda Aeschlinman (Women's Imaging RN), and Pati Stinett (Cancer Center RN), presenting survivors with their "medals of honor" was a big shot in the arm (no pun intended). Luminarias for CB team members who have lost their battles (Georgette), and those continuing to fight (Paula S., Joan C., and Paula G.), were purchased and decorated by Justice, Stephanie, Marla, Claire, Ronnie and Shannon. I even tried my hand at some artwork. Shannon took pictures via her cell phone and sent them to me once I got home from opening ceremonies. I have saved them to share with others. It helped me feel like we were there.

I/We thank all of you for your continued support to fight back against cancer. Together we all can make a difference. Remember there is no finish line until we find a cure; relay on!—*Judy Morris*



Mermaids and the Mayo

Have you heard the mermaids whispering little rumors? Yes, it is true; we are in the process of re-opening Burgee Dave's at the Mayo. Hang in there, stay tuned, or even stop on by to say hello. We are approximately thirty days away from the opening, and are very excited to see our locals, locos, and regulars again. We missed you all. We heartily welcome any newcomers and hope you like mermaids!



You can also look forward to some new, healthy menu items—heart healthy, vegetarian, vegan, gluten free, and Sandi's new favorite, low sodium. We will be open Thursday, Friday, Saturday, and Sunday for lunch and dinner service. Remember to: Work Hard, Play Hard, and Eat Hearty! Thank you.

—*Brian Price and Sandi Kubich*

SAVE THIS DATE

(and your E-waste)

Saturday, September 15, 2012

Camptonville Prepared! Will host an E-waste fundraiser to help raise monies to purchase emergency rescue equipment for pets for all CVFD vehicles. More details and a location will be forthcoming in future issues of the *Courier*.

Contact 288.1228 or email owlsneagles@inreach.com for more information.

Event sponsored by: CCP

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Support CCP When Online

We are exploring all opportunities to diversify our fund base, and learned about iGive from our friends at Western Sierra Medical Clinic. By following the link below, you can join iGive and select the Camptonville Community Partnership to receive credit every time you shop or search online. Their website will better help you understand how purchases you already make can lead to donations to us, one of your favorite community organizations, at no extra cost to you. We hope you will join iGive and bookmark their site with CCP as your chosen recipient of this fundraising opportunity. This is a great way that activities you normally do in your everyday life can help us work together to make Camptonville a better place. <http://www.iGive.com/CamptonvilleCommunityPartnership>

I hope you will take a minute to set your homepage to iGive. CCP has already earned close to \$10 in the past month, mostly from one penny per search! Your first purchase through an online vendor after going through the iGive portal will result in a donation of \$5 to CCP, at no cost to you.

—Birdsong Sundstrom

Exciting News from RR Organics


All of you music fans out there: Thanks to one of my customers, I had the opportunity to book a Country Music Star at Rebel Ridge Organics; Grammy Award Winner **LACY J. DALTON** will be appearing here on **Saturday, August 4th at 7pm.**

Tickets will be \$20 per person. I just got confirmation and am, now, working on details. I will have tickets available by next week and flyers around town soon. Come out to relax and listen to some great music! Hope to see you there.—Jessi Mullins



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Donation to CVFD

Organizer of the Camptonville Plant Sale and Flea Market, Carolyn Mumm, presents Mark Jokerst, CVFD Chief, with a \$150 cash donation. These were proceeds from the space fees which were kindly donated to CVFD by John Jaynes.

Yuba River Ranger District

All campgrounds are open. For reservations at most of the Yuba River Ranger District Campgrounds you can visit the www.recreation.gov website. For Bullards Bar Reservoir area Campgrounds you can contact Emerald Cove Marina at 530.692.3201.

Just a friendly reminder that, due to logging activities, most of the trails in the Forest City area will be closed until August. Please choose another area to ride this season. Fuel wood season is still going. The prices remain the same as last year: \$15 per cord with a minimum of two cords. Burn permits are required at this time. Remember: LE-62 Residential Burn Permits are good for burning one 4X4 pile at a time. Multiple piles require a different permit and a site inspection from May 1st until the end of the declared fire season. You do still need to check with the Department of Air Quality for burn day status. **Designated numbers and locations have changed.** For burn status, during business hours, please call North Yuba River Ranger Station at 288.3231.

After hours or on weekends please call:
 Yuba County 741.6299 or fracmd.org
 Western Nevada County... 274.7928
 Western Sierra County 289.3662

For more information on safe and legal debris burning feel free to call us at 530.288.3231; or you may visit the Yuba River Ranger District office or the Cal Fire website at www.fire.ca.gov. Enjoy the wonderful summer recreation activities!—*Annie Prout-Garcia*

Summer Fun: CCP and Youth

Camptonville Community Partnership (CCP) is sponsoring Summer Recreation. Community volunteers and mentors will give their time and energy to bring fun activities to youth in the foothills. CCP advocacy efforts have spearheaded these events. Collaborative partnerships including Sutter/Yuba Mental Health, Prevention, and Early Intervention funding provide the support.

We are also planning to connect local youth with 4-H. Debra Reynoso, from the Brownsville/Challenge area, and I have met with Meagan Osbourn of UC Cooperative Extension, and are working together to bring 4-H to our part of the Yuba foothills. The main focus includes food-based AG and community service projects. We still need adult volunteers to make this a reality for the foothills area.

The first CCP Campout of the summer, at Willow Creek Campground, will be especially designed for seven- to ten-year-olds, highlighting challenging activities and local Native American speakers, who will discuss their history in this area. Older youth, 11 to 15 years of age, can rough it a little later in the summer on a great adventure hike. And, if all goes as planned, we will finish the season learning about hydropower with the “Greening of Willow Creek,” a small, temporary, renewable energy project. No matter the age, each trip will be full of fun activities, educational experiences, and wonderful memories. Don Deane, owner of Willow Creek Campground has graciously donated space for these events.

Here’s what we have lined up so far:

- Tuesday and Wednesday July 10 -11: Campouts at Willow Creek Campground. Reservations required. Capacity: 12 youth, 7-10 years of age.
- Thursdays, July 12 and finish up on July 19: swim days will continue.
- Kids will need to bring a sack lunch, \$4 (stipends available), and will meet at the school to board the bus to Pioneer Park Pool in Nevada City at 11:30am, returning back to C’Ville at 5:30pm.
- Thursday mornings through the summer, private *Piano Lessons* are available with Carolyn Perkins, MA (stipends available).

Stay tuned. On the horizon, CCP will connect youth to skill building activities such as learning construction techniques, food production, and more. To sign up for any of these exciting activities, or if you want information on how you can be a youth mentor (small stipend available), call 288.9355 or come by the Resource Center. Our summer hours are Tuesday through Thursday, 8:30 to 11:30am. Check out (and use) our new computers!—*Cathy LeBlanc*



Do You Know the Way to San Jose?

Just follow 10-year-old Camptonville student Janel Hess, if you can keep up! Janel, who is going into fifth grade next year, earned her way to the Nor Cal Hershey Track and Field Event in San Jose by taking first place in the 50-meter dash and second in the 100-meter dash at the Hershey Track and Field qualifying meet on June 2 in Yuba City. Janel, who ran cross-country in the fall, had very little experience and training in track, but surprised everyone with her amazing speed. Yet, it is tenacity and desire that really pushes this little fire ball to meet her goals.

On June 16th, in San Jose, Janel was able to qualify fifth out of 33 girls from all over Northern California with a time of 8.58 seconds for a chance to compete in the 50-meter final. In what Grandma Gerry described as an extremely close race, Janel took 4th place. Although she will not be advancing this year to the national meet in Hershey, Pennsylvania, we will be watching to see where one more year of training takes her. Olympics in 2020, why not?—*Sandy Ross*

A Big Thank You to Masonic Lodge

... for providing a clean, comfortable, and local facility for our two-day Red Cross Shelter Training in June. We now have six community members trained to respond and to open an evacuation center; hopefully, we won't need to do so.—*Camptonville Prepared!*

Camptonville Christmas Club

We would like to thank everyone that helped make our "Outdoor Living" raffle a huge success. We are off to a good start with our fundraising for Santa Claus' visit to Camptonville this year. Be looking for our next idea. Thanks again.—*Santa's Helpers of Camptonville*

Fire Report

Not your average Sunday: On May 20th, 3:19am, Camptonville Fire was dispatched to Oak Valley for a reported Chimney Fire. First on scene were Char Jokerst and Brandi Dudek in our new-old engine 6350 (the little pumper that could). Assistant Chief Brandi Dudek gave a quick "size-up" over the radio: "Grass Valley, 6350 on scene, we have a fully involved structure fire." Dudek and Jokerst proceeded to pull hose off the engine and had water flowing on the fire before any other units arrived on scene. I want to give some very "high-fives" to the first ever all women initial attack team. Way to go ladies! With help from the rest of our department, along with our Pike City and North San Juan partners, the fire was extinguished. Captain Mike Dudek, the duty officer for the day, held the position of IC (incident commander) and managed all aspects of the fire. And finally, Diane and Ron Fischer along with Randy Rizzo Sr. were rousted out of bed at 4am in the morning to gather groceries and make lunches for 20 very hungry firefighters! A very special thanks to our Rehab Team!

When it rains it pours: One day later, Monday, May 21st, 5:54pm, Camptonville Fire was dispatched to the far end of Marysville road for a "single vehicle rollover with extrication required." Upon arrival, we found a single patient with major trauma wounds trapped in the vehicle, which lay on it's side. Firefighter Mike Gray, along with Clint Leffew, Andrew Beams and North San Juan firefighters proceeded to remove the car's roof as crew members of USFS Engine 31 tended the patient inside of the car. Within 20 minutes of arrival, the patient was carefully removed from the vehicle and loaded onto a waiting helicopter staged at Vista Point. This was an incredibly cohesive and timely execution by the extrication and EMS teams; we are grateful for the assistance of North San Juan and the US Forest Service on this call.

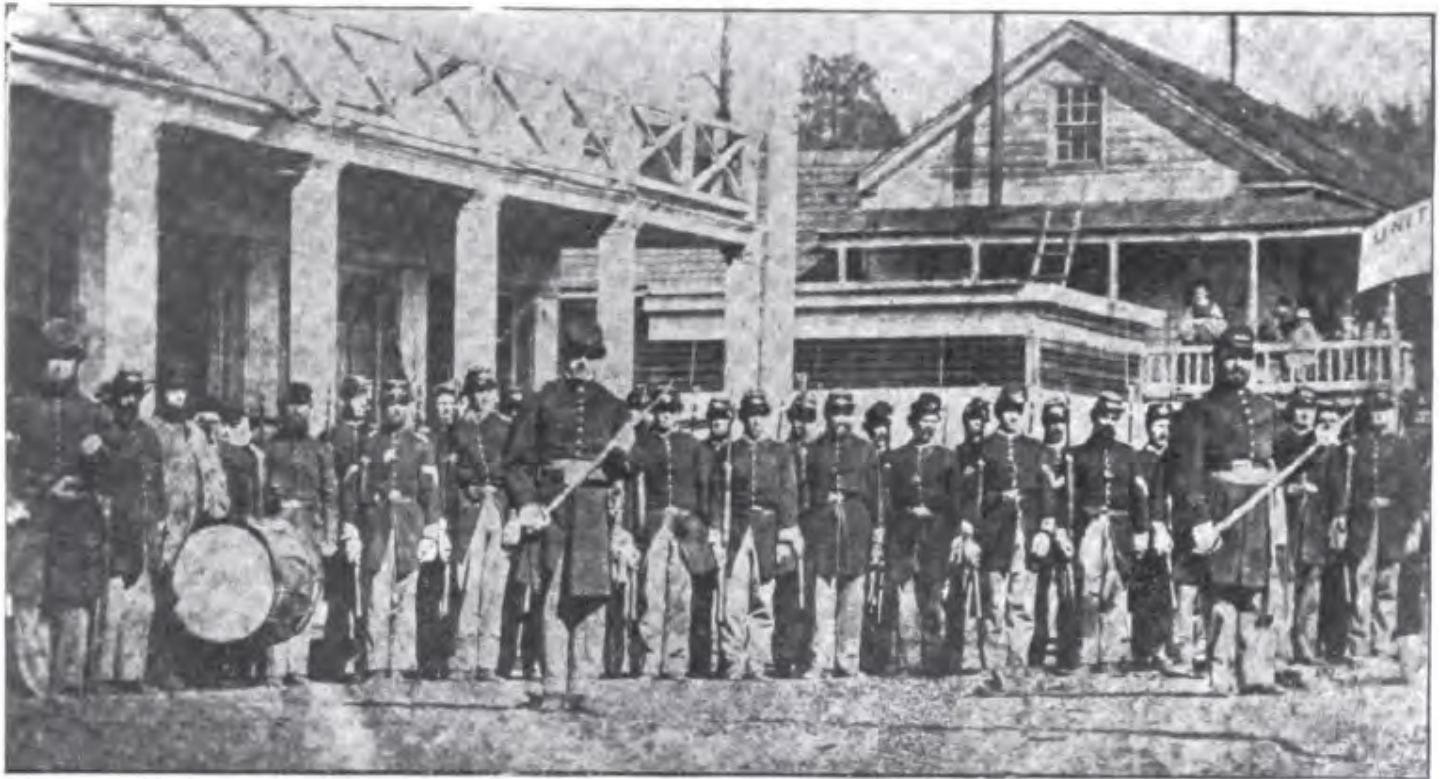
Since the beginning of our "year," July 1st, 2011, Camptonville Fire has responded to ninety-nine alarms, including thirteen structure fires, eight vegetation fires, three smoke checks, eighteen vehicle accidents and **fifty-four** medical aids. I'm proud of the entire Camptonville Fire team including our firefighters, EMT's, Board Members, hard-working Auxiliary folks, Construction Crews, the "Rehab" team, Camptonville Prepared! and everyone who lends a hand to make this work. There is plenty to do, so, thanks to everyone.

Have a safe summer; keep those burn piles small, and stay away from windy days!

—*Mark Jokerst, CVFD Fire Chief*



THE HISTORY
WINDOW



The Fourth Brigade included the counties of Sacramento, Yolo, Sutter, El Dorado, Amador, Placer, Nevada, Yuba, and Sierra. The Yuba Light Infantry was created, along with other area militia such as the Forest Rifles of Forest City and the Hooker Guards of Oregon House, in response to activities conducted by the Knights of the Golden Circle, a secret society formed in Kentucky in 1854 with the goal of annexing territories for inclusion as slave states. This photo accompanied the article "A Romance of the Plains," by William J. Variel (for whom Variel Lane is named) in the *Grizzly Bear* magazine of November 1907. The article was based on notes Variel's mother made during the family's trip via covered wagon from New Harmony, Indiana, to Camptonville in 1852-53. Of the Civil War times, Mrs. Variel wrote, "...there were many Southern sympathizers in our community. It was feared that the guerillas would come across and take the State for the South, and early in the war, militia companies were organized throughout the State, and one such company was organized in Camptonville, the Yuba Light Infantry. The existence of the Knights of the Golden Circle made the military company a necessity, and many a night every member of the company took his musket home with him and held himself ready for instant call."—*Stephanie Korney*

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JIMBO'S PRODUCE CORNER

Hello, and welcome back to the “Produce Corner.” This month I want to explore the rich, creamy, delectable goodness that is the avocado. I am a huge fan of these fabulous fruits—botanically large berries—that grow on trees of the Laurel family and are native to central Mexico. I eat them every day during most of the year, except the winter when the dominant variety, the Hass, is of a generally poor quality, though available year-round. Winter varieties, primarily the Fuerte, are a better choice at that time of year, if you can find them. Early summer, however, is the peak season for California Hass avocados. The quality is high and the prices are low. The Hass is a relative newcomer to the avocado world. In the early part of the 20th century the Fuerte was the mainstay of the California avocado industry. Then in 1926, a postal carrier named Rudolph Hass purchased a seedling of unknown parentage from A.R. Rideout of Whittier, California. He planted it in his new orchard in La Habra Heights planning to use this variety as rootstock. After repeated attempts failed to successfully graft the Fuerte onto the new rootstock, Mr. Hass was ready to cut down the new arrival. A man named Mr. Caulkins, a professional grafter hired by Hass to work in his orchard, told Hass that the unknown variety had produced a good, strong tree and advised him to let it grow and wait to see what might happen. What happened was the avocado that now rules the world, the Hass. As recently as the 1970s, the Fuerte still accounted for 50% of the California avocado market; but, today the Hass commands 95% of California sales and 80% of global avocado production. All Hass avocado trees are descended from the tree planted by Mr. Hass, which lived for 76 years and finally succumbed to root rot in 2002. What a legacy! California produces about 90% of the U.S. avocado crop with Florida accounting for most of the other 10%. The U.S. produces over 200,000 tons of avocados annually, which ranks it number three in global production behind Indonesia at 250,000 tons, number two, and Mexico, number one, where over a million tons of avocados are grown every year. Other than Hass, some of the varieties you may encounter at the market include Fuerte (excellent), Pinkerton (top notch), Bacon (watery and insipid), and Zutano (watery and fibrous). Avocados are healthy and nutritious. They are loaded with heart-healthy monounsaturated fats and have 35% more potassium than bananas. They are rich in B vitamins, as well as vitamins E, C, and K. Now is the time to enjoy California Hass avocados at their finest. Until next time, have fun and enjoy fresh produce!—*Jimbo Garrison*

Ensalada de Chiles Rellenos (Stuffed Chili Salad)

Elizabeth Borton de Treviño

NUEVO LEÓN

Serves 6

The Marinade

⅓ cup (85 ml) water
2 tablespoons vinegar
1 garlic clove, sliced
3 sprigs fresh marjoram or ⅛ teaspoon dried
1 Mexican bay leaf
salt to taste
3 tablespoons olive oil

The Chiles

6 small poblano chiles, charred and peeled

The Guacamole Stuffing

3 tablespoons finely chopped white onion
2 medium avocados
½ teaspoon fresh lime juice
salt to taste

To Serve

lettuce leaves
pomegranate seeds and/or chopped fresh cilantro



Mix all the marinade ingredients well and set them aside.

Leaving the top of the chiles intact, slit down the side and remove seeds and veins. Put the chiles into the marinade and refrigerate them at least two days, turning them from time to time.

When you are ready to serve the chiles, crush the onion. Cut open the avocados and scoop out the flesh. Mash with the onion, lime juice, and salt.

Drain the chiles and stuff them well with the guacamole. Arrange on a bed of lettuce leaves on a serving dish and decorate them with the pomegranate seeds and/or chopped cilantro.

from *The Essential Cuisines of Mexico*
—*Diana Kennedy*





FARM CHRONICLES

Welcome once again to the Farm Chronicles—a small collection of garden adventures unfolding straight from the soils of the

Ledson's Family CSA Farm right here in Camptonville. We've been enjoying (and melting in) the hot summer weather. The CSA is in full swing and deliveries will pick up from every other week to weekly now that the garden is starting to produce heavily. Our sweet peas are on their way out, but we've replaced them with green beans. Garlic finally finished, freeing up a new home for our pepper plants. Spinach has moved out and tomatoes have moved in. We gambled a bit with the early warm weather and started a box of zucchini last month which is really paying off now. It's going to be a long summer squash season, and that is a good thing. Also, we've been enjoying the big production from the strawberry beds, and now the raspberries are next in line. Nothing compares to the fresh flavors of summer!

Our logging project has finally wrapped up on the property. We made room for a fruit tree orchard that we will be prepping as the season rolls along. It will be a long wait for bareroot planting season, but we have plenty to keep us busy and distracted in the meantime. The vegetable garden also reaped benefits from the logging—more sunlight. Now we are getting about two more hours of morning sunshine in the garden. This extra energy will certainly add up to benefit all of our crops. The orchard area was tilled with the slash left behind from the loggers; and we had a masticator come in to chip everything up to blend into the topsoil. This will keep burning, erosion, and weed growth to a minimum, and will improve organic material in the clay soil.

We've been getting great feedback from our kind members in Downieville, Sierra City, and here at home in Camptonville. There seems to be a growing interest in supporting local farmers. Our membership is full at this time, but we are still getting requests from local restaurants to help reduce their needs to import produce from distant sources. Our growing space is limited; so, we are considering new ideas to keep more folks eating locally produced foods. In the future, we'd like to team up with other organic growers in town and possibly help them distribute their excess production. The idea is still on the drafting table. Hopefully, we will be able to create some kind of program soon in order to help in the distribution and sale of homegrown produce. If you have any suggestions or ideas, please contact us. We can be found online at www.soilstock.com. Have a farm-fresh July!

—Jeff, Christina, and Kyle Ledson

COURIER CLASSIFIEDS

ALTERATIONS/SEWING: Jacket zippers replaced, or whatever you need. Can sew leather or canvas on my machine. No job too small. Reasonable rates. Call Carolyn at 559.4345 in Camptonville and North San Juan.

SAVE THIS DATE ...

September 8, 2012

20th Annual CVFD Community Picnic

Twenty years of community spirit is something special to celebrate! The Auxiliary will be putting together a slide show of CVFD memories and milestones to show throughout the day of the picnic. If anyone has any pictures of past picnics or our Fire Department in action please email them to donnaleetate@gmail.com. If email is not an option, give me a call at 559.1100. We can scan your pictures and get them right back to you. Stay tuned to future Courier issues for new details of all the special events being planned for the big TWO-O celebration!

—Donna Tate

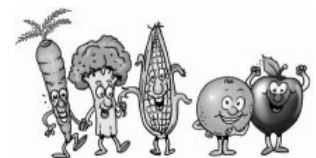


SAVE THIS DATE ...

Saturday, August 4, 2012

Camptonville Community Gardeners' Market

**NEW VENUE:
Rebel Ridge
Organics**



Mark your calendars, buy those canning jars, resurrect your favorite summer recipes, and simply get yourself ready for the fine music, the most excellent camaraderie, and lots and lots of fantastic vegetables and fruits. Don't forget Jimbo's world famous pickles. **Hours are 10am to noon. See you there!**

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Pacific Gas & Electric.....	1.800.743.5000
KNCO 94FM or 105.7 FM	477.9494
KNCO News Talk 830 AM	272.3424
KVMR 89.5 FM.....	265.9555

JULY Community Calendar	
CCP Board Meeting	Third Monday, 5 to 7pm, Resource Center
CCSD Board Meeting.....	Third Monday, 7 to 9pm, Camptonville School
Camptonville Prepared!	No meeting this month
Courier Handwritten Deadline.....	Wednesday, July 18 th
Courier Deadline	Friday, July 20 th
Food Bank (Federal).....	Third Thursday, 8am, Lake Francis Grange, Dobbins
Food Bank (Local).....	Other Thursdays, 1pm, Lake Francis Grange, Dobbins
NSJ Bingo.....	First and Third Fridays, 7pm, NSJ Senior Center
NSJ Senior Center Lunch	Every Tuesday and Thursday, noon to 1pm
NSJ Senior Center Brunch.....	First and Third Sundays, 8am to noon
Tour of Pack Trail	Saturday, July 28 th , 7:45am at the Masonic Lodge
WSMC Mobile Health Services	Tuesdays, 10am to 3pm, Masonic Lodge
Yoga—Camptonville.....	Tuesdays, Camptonville School Gym, 5:30 to 6:30pm
Yoga—NSJ Senior Center.....	Every Wednesday, 9 to 10:15am (gentle yoga)
Yoga—Willow Springs	Every Tuesday, 10 to 11:30am (nourishing and gentle yin yoga)

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