

# Camptonville Community COURIER



VOLUME 16

SEPTEMBER 2012

NUMBER 9

## CVFD Picnic Celebrates ...



# 20<sup>th</sup>

ANNIVERSARY

Come show your appreciation for our volunteers as we celebrate 20 years of community spirit! It is hard to believe we will be holding our 20<sup>th</sup> Annual CVFD Community Picnic. Come celebrate at Rebel Ridge Organics on Saturday, September 8<sup>th</sup>, from 2pm to ???. Dinner will be served from 2 to 7pm. We will be serving our same awesome menu of Tri-tip, Chicken, or Hamburger, Baked Potato, Salad, and Bread all for an \$8 donation.

There will be several entertaining venues this year including Bounce Houses for the kids from 2 to 6pm, bluegrass music by The 18 String Band, Fire Department Muster and much, much more. Community spirit T-Shirts will be available. A great slide show will run throughout the day and will feature past picnics and fire department activities. Fade 2 Blue Band will rock us into the evening.

The raffle will include a \$500 Grand Prize! Other cash prizes will be raffled along with a two night stay at the Atlantis Casino Resort Spa in Reno, a patio boat rental from Emerald Cove Marina, and donations from many of our local businesses. Get your tickets ahead of time from the Lost Nugget Market, Rebel Ridge Organics, or Burgee Dave's at the Mayo. Tickets will also be available at the picnic. Come celebrate 20 years of community spirit and support for our awesome Fire Department Volunteers!—*Donna Tate*



## Free E-Waste Fundraiser

Saturday, September 15<sup>th</sup> 2012—9am to 1pm  
 Rebel Ridge Market Field  
 14620 Marysville Road, Camptonville

It's simple. Drive through and drop off your e-waste! Help Camptonville Prepared and CCP to raise money in order to provide resources to you, the community of Camptonville. CEAR (California Electronic Asset Recovery) is hosting this event with community non-profits, and providing manpower and support.

E-waste is a broad term. It's anything that has an electrical cord attached (or, was attached). That means more than just computers. You may recycle any light fixtures, curling irons, old house phones, toaster ovens, or old power tools that have died. For a complete list, visit the community website at [www.camptonville.com](http://www.camptonville.com).

This event is free; and, it's easy to participate. You load up your vehicle and drive to Rebel Ridge Market Field. Follow the traffic controller's directions at the field; stay in your car; and, we will unload (drive through-drop off).

For seniors and disabled residents, we will arrange for a day-of-event pick-up. You need to call in advance so we can arrange a pick-up schedule. If you need assistance and wish to recycle your e-waste, please call Judy at 288.1228, or Cathy at 288.9355, and we'll do the rest.

Proceeds will help purchase emergency rescue equipment for our beloved pets to be carried on all CVFD fire vehicles. Other emergency preparedness information and materials will also be procured.

Volunteers are needed to help during the event on Saturday, September 15<sup>th</sup>. Please call Judy at 288.1228, or Cathy at 288.9355. We'd love to hear from you.  
**YOYO72**—*Judy Morris*

### FATE OF THE COURIER

**Meeting: Tuesday, September 11<sup>th</sup>, 7 to 8:30pm**  
**Camptonville School Gym**

## USFS Update

Burn permits are still suspended until further notice. Under these restrictions, campfires are only permitted in developed campgrounds and other designated sites. Portable stoves, including those that use gas, jellied petroleum, or pressurized liquid fuel are permitted in back country areas with a valid campfire permit. Propane-type barbeques can be used outside designated sites where camping is permitted; charcoal barbeques can only be used in designated sites.

Smoking is only permitted in an enclosed vehicle or developed recreation site.

The Canyon Timber Sale is starting Monday 8/13/2012 on the 25-17 road and the 35 road. Haul will be going in and out on the 35 to the 25-17 and then out the 25 road; so please watch out for logging trucks. This sale will be operating until the snow flies. If there are any questions, contact Bill Butterfield: 530.478.6269. Labor Day weekend is a great time to enjoy the recreation opportunities on the Tahoe National Forest. Check out [www.recreation.gov](http://www.recreation.gov) for campground information. For Bullards Bar Reservoir, go to [www.bullardsbar.com](http://www.bullardsbar.com) Enjoy the approaching fall season!—*Annie Prout-Garcia*

## Farewell

I am sad to say that this is my last issue as Editor of the Courier. There are several new and expanding time constraints in my personal life with school, career certifications, and work that make it impossible for me to continue. However, I have offered training time, should it be needed, and will remain behind the scenes for a little longer in that capacity.

I thank you all for a thoroughly enjoyable experience as Editor of the Courier, for these last nine months. It has been an honor. I will continue to volunteer in the Advertisements, Subscriptions, and Bookkeeping areas for as long as I can. With warmest regards and many thanks—*Diane Winslow*



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## Meet Dr. Celia Sutton-Pado



If you've had the opportunity to receive your health check-ups, maintenance visits or other medical care recently at the conveniently located Western Sierra Medical Clinic mobile health van, then you have likely met Dr. Celia Sutton-Pado.

Dr. Sutton-Pado is an MD with over 20 years of

experience in family practice. She has been warmly welcomed back to our region after working for several years in Truckee and is enjoying her time in the Sierra Nevada foothills.

With expertise in a broad spectrum of health areas including diabetes, pediatrics and women's health, Dr. Sutton-Pado currently oversees medical care in the Downieville WSMC clinic on Wednesdays, and in the mobile clinic in Camptonville and Penn Valley.

The WSMC Mobile Health Services van is providing appointments every Tuesday at the Camptonville Masonic Lodge from 10am to 3pm. Appointments are made for a wide range of visits from pediatric well-care to adult chronic disease management or lab services.

If you are interested in seeing Dr. Sutton-Pado, and have not been seen at Western Sierra Medical Clinic facilities within the last three years, please find new patient forms and information online at [www.wsmcmed.org](http://www.wsmcmed.org). Questions can also be addressed to the WSMC New Patient Coordinator, Amanda Hankins, by calling 274.WSMC.

We look forward to serving your medical, dental, and behavioral health needs at one of our sites: Western Sierra Medical Clinic in Downieville; Miners Family Health Center in Grass Valley; or our mobile health services in Camptonville or Penn Valley. Until then... we hope that you are well!—*Brandy Kolmer*



## Back to Work

Vacations are over, school is in session, and fire season is still very much upon us. This means Camptonville Prepared is ready to get back to work. We'll be celebrating the successful

e-waste drive of September 15<sup>th</sup>. Hopefully, you will be able to participate. At the Camptonville Prepared meeting, on September 19<sup>th</sup>, we will discuss ordering the emergency rescue gear for pets. If you have any thoughts on that, please come and be part of the decision-making process.

Join us on Wednesday, September 19<sup>th</sup>, 6:30pm, at the Camptonville (CVFD) Fire House. For more information, please call Judy at 288.1228, or email [owlsneagles@inreach.com](mailto:owlsneagles@inreach.com) **YOYO72**—*Judy Morris*

### COURIER CLASSIFIEDS

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## Oregon House Farm Store ... A Template for Local Prosperity

Think sustainability; think value added; think Oregon House Farm Store. You can also wrap your cogitating mechanism around fresh, organic, and locally grown, and you have the winning combination offered by Jenny Cavaliere in every season. If I add diversity to the list, you may get tired of my ramblings, and that wouldn't be good; but it would be true. At the age of four, Jenny knew that if you have a good product, a captive audience, and a means of transportation (or venue) you can sell anything. The entrepreneurial spirit took off as Jenny picked her dad's prize tomatoes and sold them all to friends and neighbors alike.

At the farm store, Jenny showcases local produce, agricultural products like honey and olive oil, as well as her USDA certified High Sierra grass-fed beef, poultry, pork, lamb, and fresh eggs. All products are C.C.O.F. certified as well as being non-GMO. In addition, there are freshly baked pies, enticing scones, excellent breads, and finely crafted jams. There are always products to taste. Plum butter, Italian-style crust bread, muffins, and flavored olive oils were offered for the curious palate to savor and experience.

It is an experience going to the Oregon House Farm Store, where you can sit in an overstuffed armchair and chat with Jenny about some of her favorite subjects (and mine): promoting the local economy, food sovereignty (food sold directly from producer to consumer), North Yuba Grown, geo-tourism, and the area's history. Jenny thinks of the Farm Store as a business incubator because it is a place where anyone in the Yuba Foothills area can sell their organic ag products. This is fantastic for young ag businesses. The store works on a commission basis where the seller receives 75 percent of the profit from their products, and the store receives 25 percent.

The property is a pastoral beauty. For history buffs, there are plans for a small museum. And for gastronomes, Jenny is hoping to have a commercial kitchen ready by winter for the legal processing of value-added food products. There are farm tours, wildflower tours, children's pumpkin seed plantings, and harvest activities. There are many Maidu grinding rocks on the property, and much more history that is well worth the trip to Oregon House.

The Oregon House Farm Store is a fine example of innovative ways to boost the local economy, and to realize personal as well as community visions for healthy families, a cleaner environment, and sustainable businesses. Give Jenny a call, or drop in, maybe arrange for a tour to see for yourself what a little determination and following one's joy can really do. Throughout the year, the Oregon House Farm Store is open Saturdays, Sundays, and holiday Mondays from 10am to 3pm. You may reach Jenny at 530.692.2564. Have fun!—Ed.



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### FATE OF THE COURIER

Meeting: Tuesday, September 11<sup>th</sup>, 7 to 8:30pm  
Camptonville School Gym

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**SEPTEMBER Community Calendar**

CCP Board Meeting .....	Third Monday, 5 to 7pm, Resource Center
CCSD Board Meeting.....	Third Monday, 7 to 9pm, Camptonville School
Camptonville Community Gardeners' Market.....	Saturdays, 10am to noon at Rebel Ridge Organics
Camptonville Prepared!.....	Wednesday, September 19 <sup>th</sup> , 6:30pm Camptonville (CVFD) Fire House
Courier Handwritten Deadline.....	Tuesday, September 18 <sup>th</sup>
Courier Deadline .....	Thursday, September 20 <sup>th</sup>
CVFD Picnic .....	Saturday, September 8 <sup>th</sup> , 2pm to ???, Rebel Ridge Organics
Fate of the Courier Meeting.....	Tuesday, September 11 <sup>th</sup> , 7 to 8:30pm, Camptonville School Gym
Food Bank (Federal).....	Third Thursday, 8am, Lake Francis Grange, Dobbins
Food Bank (Local).....	Other Thursdays, 1pm, Lake Francis Grange, Dobbins
Labor Day.....	Monday, September 3 <sup>rd</sup>
NSJ Bingo.....	First and Third Fridays, 7pm, NSJ Senior Center
NSJ Senior Center Lunch .....	Every Tuesday and Thursday, noon to 1pm
NSJ Senior Center Brunch.....	First and Third Sundays, 8am to noon
WSMC Mobile Health Services .....	Tuesdays, 10am to 3pm, Masonic Lodge
Wednesday Market.....	Wednesdays, 5 to 7pm at Rebel Ridge Organics
Yoga—Camptonville.....	Tuesdays, Camptonville School Gym, 5:30 to 6:30pm
Yoga—NSJ Senior Center.....	Every Wednesday, 9 to 10:15am (gentle yoga)
Yoga—Willow Springs .....	Every Tuesday, 10 to 11:30am (nourishing and gentle yin yoga)

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