

# CAMPTONVILLE COURIER

A COMMUNITY PUBLICATION

APRIL 2013

VOLUME 17 ISSUE 3

THE CAMPTONVILLE COURIER  
PO BOX 32  
CAMPTONVILLE, CA 95922



## BURGEE DAVE'S AT THE MAYO



It's already April 2013 and this year is moving fast. Things have been happening here in Camptonville. We would like to let you know what's going on here with us this month.

This month we will have Brian & Jeannet Metcalfe along with Will Green who will be preparing Yorkshire Pudding plates with a British flair for their St. Georgies Day Celebration on April 27<sup>th</sup> from 4pm - 8pm. Make sure you make reservations by calling 288-3301.

We are still looking for someone to be a guest Chef for the month of May, and the rest of the year, so think of those special dishes that you love to prepare and sign up for your month.

Join us Saturday, April 20<sup>th</sup> along with the parent (Traci Rasmussen) and Grandparents (Rita and Jerry Ortega) of Taylor Lyn for a fund raiser to help her achieve her goals in a modeling competition later this year. Taylor will be available here to announce her goals between the hours of 3pm through 6pm. Taylor is a young lady from our community here in Camptonville. Lets send her to represent our community.

### **Here are our upcoming special events/dinners for the month of April:**

- ★ April 15<sup>th</sup> Join us for a tax free meal to our customers
- ★ April 20th come support Taylor Lyn Fundraiser
- ★ April 27th St Georgie Day Celebration British Dinner!! Make your reservations early

You can also look forward to our home style hearty and delicious specials prepared by Amee, Trinidad, and Steve. Speaking of Steve, don't forget about his rockin' breakfast now featuring Biscuits and Gravy all fresh made here at Burgee's. Serving breakfast Saturdays & Sundays, 9am till 1pm, come and join us!!

Work Hard, Play Hard and Eat Hearty!

Thank you Brian & Sandi

### **LEND A HAND!**

Cathy LeBlanc

Hi Folks,

We have a Camptonville community member who has lived here for many years and needs a little help. He has a medical condition that requires him to travel to Grass Valley daily for treatment, which takes about an hour. He is looking for helpers who could commit to drive him one day a week (or more). He can pay for gas. Your vehicle must be able to carry him and his wheel-chair.

If you would like more information or are able to offer assistance, please call the Resource Center @ 288-9355



# UPCOMING EVENTS



## Yes, There is a Free Lunch

**Saturday, April 6th, 2013 from 9am till Noon**

Annalinde Wainwright

Join the work party at the North San Juan Senior Center, Saturday April 6, 9 a.m. to noon. All those helping out will get a free lunch ticket for the Tuesday organic lunch or the Thursday lunch. Bring your friends and make this a fun community work party.

## Talent Show and Trash Fashion Fundraiser

**Thursday, April 11th, 2013 at 6:30pm**

Sandy Ross

Don't miss the Annual Talent Show and Trash Fashion Fundraiser on April 11th 6:30 p.m. at Camptonville School. Children ages 4-18 will be showing off their singing, dancing, musical, athletic, and dramatic skills. If you would still like to sign up to perform, please contact Pam or Sandy at the school; 288-3277. Parents and adults are welcome to perform with children, but no adult only acts. We would love to have adult volunteers to make trash fashion for students to model. Donations will be accepted at the event to support Club Live as they raise funds for REACH and 8th Grade Graduation.

## Taylor Gunter Ortega Fundraiser

**Saturday, April 20, 2013 at 4pm**

Traci Rasmussen

On April 20th at 4:00 p.m. Sandi and Brian of Burgee Dave's Restaurant are graciously hosting a fundraiser for Taylor Gunter (Ortega), a former Camptonville student and resident. Recently Taylor graduated from the modeling class at Barbizon Inc, a performing arts school in Sacramento. Taylor was one of 300 people across the United States who successfully auditioned for the International Performing Arts Academy. This was an opportunity to fulfill her dream of becoming a Fashion Print Model and/or in commercials. Taylor was accepted and will be going to L.A. in June for a Showcase TV event. During this event she will audition for 4 days to all the top modeling agencies as well as MTV, Nickelodeon, and many more for a contract. This trip is very expensive so the students are encouraged to get donations and sponsors to offset the cost. Please join us at Burgee Dave's to help Taylor fulfill her dream.



## Beautifying Camptonville in Honor of Earth

**Saturday, April 20, 2013 from 10am until 2pm**

Lucera Love

Camptonville Community Partnership is sponsoring a workday to beautify our beloved town at the town entrance, the monument, and other locations to be announced. Please come and help out, and bring the kids. All ages are encouraged to volunteer. Bring your tools if you have them, gloves, water, a sun hat, and a bag lunch. Contact Lucera Love at the Camptonville Resource Center to RSVP, donate, or for more information: 288-9355.

## An Evening In Tuscany

**Saturday, April 20th, 2013 at 6pm**

Annalinde Wainwright

Another star studded-dining adventure awaits you at the North San Juan Senior Center's "Evening in Tuscany." It wasn't enough that we took you all the way to Colombia; now we invite you to Italy's favorite destination, Tuscany, Saturday, April 20, at 6 p.m.

Guest chefs Linda Metcalf and Jerry Nurse of L&J Catering are sharpening their considerable skills for our dining enjoyment. The organic menu includes: Savory Chicken or Tofu Marsala, Cheese Baked Polenta, salad, dessert, and wine. Other drink selections are available.

Soft lighting, Jim Bratt on the guitar, limited seating, and the succulent aromas wafting from the kitchen, and you too could be transported to Tuscany. One bite, and you're there.

Tickets for the spring fund raiser are available at Mother Trucker's, and the Ridge Stop Café, and through Senior Center members. Call 277-0169 for more information and for tickets. \$25.00 per person.

## Historical Society Meeting

**Tuesday, April 23rd, 2013 at 7pm**

Rochelle Bell

The purpose of this meeting is to plan for Museum Day, a Memorial Day weekend event. We will be exhibiting photographs from Leland Pauly's extensive collection and invite the community to come and bring any historical photos or items they wish to share. If you would like to be a part of the festivities, come to the meeting and bring your creative ideas. Tuesday April 23, 7pm at the Masonic Lodge.

## North San Juan Senior Center Welcomes New Chef

**Every Tuesday from 12pm to 1pm**

Annalinde Wainwright

**Foodie Alert:** There is a new chef in the kitchen at the North San Juan Senior Center. Angelica "Hellie" Duarte brings her skill and energy to the organic Tuesday lunch, with a menu influenced by her Mexican heritage. A former Mexican restaurant owner, Hellie has experience in management, nutrition, menu planning, and food selection. She is a natural to take over the organic Tuesday lunch, which sparkles with her creative flair and savvy combination of ingredients. Her desserts are marvelous, her background as a pastry chef shines. How does she make those flaky crusts?

Do come find out for yourself how good, good can be. Join us Tuesdays from noon to 1 for a tasty organic lunch, at the North San Juan Senior Center, Route 49, \$6.00

Big news! Reservations no longer required. Just show up! Everyone Welcome!

**April Lunch Menu : Tuesdays Noon to 1 pm NSJ Senior Center**

April 2 Fish Tacos, black bean/corn salad, dessert.

April 9 Stuffed Portobello Mushrooms, Curried Yam and Red Lentil Soup, salad, dessert.

April 16 Tostadas, Mexican Corn Chowder, dessert

April 23 Salmon Cakes, Garlic Sweet Potato Fries, salad, dessert

April 30 Enchilada Casserole, rice and beans, salad, dessert

At this printing, the Thursday lunch menu is unavailable

## Camptonville Prepared Meeting

Wednesday, May 1st, 2013 at 7pm

Judy Morris

The Camptonville Prepared next meeting will be held on Wednesday, May 1st, 7pm at the Camptonville School.

## Annual May Plant Sale

Saturday, May 18th, 2013 from 9am until 2pm

Rochelle Bell

Get ready, get set, start your seeds. Camptonville's annual community plant sale will be held on Saturday, May 18 from 9am until 2pm at the Rebel Ridge field. We're planning on food and music to accompany the bustle of commerce that occurs every year at this event. Bring your surplus plants from all those seeds you planted, and buy even more from your neighbors. Call Carolyn at 288-3424 if you want to sell plants, food, flea market items, or play music for us.

## Swap Meet Vendors Wanted

Saturday, May 18th, 2013

Annalinde Wainwright

Put Saturday, May 18 on your calendar for the biggest, best Swap Meet North San Juan has ever seen, at the North San Juan Senior Center on Route 49. Various sized spaces now available. Vendors wishing to participate should call Joy Weaver; 292-3730.

## Log Cabin

Robert Mumm

At our recent Historical Society meeting while the once upon-a-time Log Cabin Post Office was discussed, I had the realization that it might be an example which could help folks who have come here since. This was much more "back country" when the Log Cabin flourished, but that was already changing by the time it burned. Highway 49 had been improved to near it's present form when the log cabin ceased to be, but in it's day it was a natural stopping place there at one end of the Marysville road after the climb up from the Middle Yuba River. A good place to wipe the sweat from one's brow after crossing over the old Bullard's Bar Dam-a trip that required sturdy nerve and good brakes.

There is really no way to pin down the Log Cabin of the past for it is a shifting shadow in the lens of time and was not ever a static thing, but rather grew and changed with

time. First on one side of the highway, and then the other, and meeting new needs over the years. It was not ever an elegant place but something more organic that grew in it's spot to meet the needs of folks who really had much different perceptions and expectations than most of us hold today. It grew over the years, and then it burned and was gone; I don't remember the year that happened or how, but I can still remember the feel of the place while it lived there beside the road and could be a destination.

Cooling systems that seldom fail or even cause us to give them a thought, and nearly fool proof brakes, we take for granted now, but these were not a given on the cars of the twenties and thirties, and this is when such wayside places as the Log Cabin flourished. We think of such multifunction establishments as tourist traps, and that is what the Log Cabin was in many ways- I remember the deer enclosed in a tall fence which one could feed. I don't remember if deer snacks were available at a price, but that may well have been part of the plan. I remember a sprawling rather rustic building which served many functions including general store, dance hall, and that of local Post Office. For a model of this Post Office part, think of that little counter in the S.P. D. market from which you can post things, with the additional ability to receive mail and you get the idea. The name implies a cute log cabin look, but that is not what it was really like. Lots of little businesses harbored mini Post Office franchises back then and only in much larger towns would there be a separate and self-contained Post Office.

This part of the Sierra Foothills was really off the beaten track back then, and it was the hearty souls on an excursion from elsewhere that brought outside money into the area, and made places such as the Log Cabin profitable when much of the gold mining had shut down. The timber industry had only begun to take off. It was a place to stop and have a cold drink, walk around a bit as the kids, and perhaps the adults too, recovered from car-sickness. People think the curves are bad now; just look for traces of the old roadway visible here and there as it follows the contour of the land into each ravine and small canyon along the way. The Log Cabin was a pleasant rather low-key place there under the pines to relax a bit, and a good place to let the Hudson cool down somewhat, too, before going on. Good old Hudson.



## Camptonville Prepared!

Judy Morris

From our March 20<sup>th</sup> meeting:

1. "Grab 'N Go Bags" will be sold at the May 18<sup>th</sup> Plant Sale / Flea Market. Get your starter kit and add your own personal items to it.
2. Camptonville Prepared! T-Shirts will also be available at the Annual community Plant Sale /Flea Market. Remember YOYO72 = You own your own for the first 72 hours.
3. Emergency Phone System is being refined to include your back-up phone number in case you're away from home. Call 288-1228 to make sure your phone numbers are accurate.
4. Next meeting is Wed. May 1<sup>st</sup>, 7pm at the school. See you there!.



## Signs of Spring in 123

Lucera Love

As winter gave way, we looked for signs of spring both inside and outside of the classroom. We found them, first on a field trip to our teacher's garden. Yakshi's bulbs were pushing their way up from their wintry depths – green leaves with flowers of yellow and purple. Her maple tree was alive with bees pollinating. We turned the earth with little shovels, and found plump wriggling worms.

In our school garden, we cleared the dead plants to make room for the new planting that is soon to come. We planted pea seeds, and tended them on our classroom window sill. We watched them sprout from the dirt, learning all the things that plants need to grow: earth, water, and sunlight.

In March, we welcomed spring in earnest. We said "Good-bye to Germs":

wash your hands, cover your mouth, eat the rainbow, drink water, and sleep well. Yakshi read to us about the human body. We traced our own bodies on big pieces of paper, started writing our books titled, "All About Me", and traced our hands on felt. Our hand tracings became part of a First Five Yuba and AmeriCorps parade banner for the annual Bok Kai parade in Marysville. Bok Kai is the Chinese god of water and rain. How fitting that we should receive precious rain on the first day of spring!

Just before our spring break, we prepared for the holiday by dyeing eggs (and eating them), and weaving paper baskets. Our peas are ready to go into the ground, and carrot seeds too. Let's see what we can grow!

Please join us with your children (birth to five years) anytime between now until June on **Tuesdays and Thursdays 8:30 to 11:30**. Contact the Camptonville Resource Center at 288-9355 for more information.



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### Time to Travel

**H**ello from Harry's Hidden Adventure Travel. Traveling is all about the experience; in today's world getting the most experience for our money can be a challenge. That is why I have decided to bring to light the experience of river cruising. There are many advantages to river cruising; smaller ships for a more intimate experience and attentive crew, many of the rooms feature floor to ceiling sliding glass doors for the panoramic views, complimentary wine and beer along with other beverages, included shore excursions, guide books/headsets and local guides. One of the most intriguing aspects of river cruising is the floating, ever-changing scenery, from riverbank vineyards to medieval castles, and the close-up looks into quaint villages and towns. Because the ships are smaller they can access ports that the big vessels cannot. Imagine yourself sipping on a glass of wine from the local vineyard or perhaps tasting a few different brews made right in the village where you are docked - these are often included in the meals. Unique in flavor and presentation, where else will you get to try authentic cuisine of a particular place prepared by master chefs? How about trying a themed cruise? Say you consider yourself a foodie...a wine cruise might be your thing, or if your into art...perhaps the art and culture cruises would be more your bag. Whatever you're into, there is most defiantly a river cruise out there to fit your personal style.

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email: [office@willowcreekcampground.net](mailto:office@willowcreekcampground.net)



## Yuba River Ranger District

Annie Prout-Garcia

All campgrounds are in winter status, which means no services and no fees. Call (530) 478-6253 for information.

Fishing in Sierra County rivers and streams is closed. Fishing in the lakes and reservoirs is open year round.

Spring is a great time to clear your property and burn piles before summer sneaks up on us. Remember, you are ultimately responsible for your fire, and the liability could potentially be detrimental.

1. Maintain adequate clearance around your piles
2. Have water and tools near the site
3. Stay in attendance of your pile, and always be sure they are dead out!

For more information on clearance and burning, you can visit the CALFIRE website at [www.fire.ca.gov](http://www.fire.ca.gov), or come by the Yuba River Ranger District for more information.

You do still need to check with the Department of Air Quality for burn day status. During business hours, you can call the Yuba River Ranger Station for burn status information.

Yuba County 741-6299

Nevada County 274-7928

Sierra County 289-3662

## Water Rate Increase

Richard DicKard, CCSD board member

At the CCSD meeting, Monday, March 18, board members discussed the need to increase water rates using a tiered block rate schedule. Analysis of three (3) years of Camptonville's water district costs has now determined that it costs \$3.80 to produce 1000 gallons of water.

The rate increase is needed to cover the costs of operating the Camptonville Water System, to have a rate structure as equitable as possible, and to encourage water efficiency. The intent is to provide a reasonable amount of water at a reasonable price, and charge a premium for those using more. The new tiered water rates for Camptonville water users will also need to be based on projected future operating costs, such as debt service for a possible loan to upgrade the water system, and the establishment of an equipment replacement reserve.

The current water rate is \$45/month for the first 20,000 gallons; additional water use is charged \$2.25 per 1000 gallons. The board is considering a base rate of \$50 to \$70/month for the first 10,000 gallons, \$3.80 per 1,000 up to 20,000 and \$4.80 per 1,000 above 20,000 gallons of use. The lower value of \$50/month covers basic expenses only; the higher value of \$70/month would service a loan and create a reserve fund to keep the plant operating in the future. All of these values are being studied and nothing has been decided.

The board will discuss the water rate increase at the next CCSD meeting on April 15. Before an increase is put in place, a public meeting will be held.



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## Camptonville C



### NOW THAT'S COMMUNITY!

Rochelle Bell

Twenty-two people, one child, three dogs, and our amazing Supervisor, Hal Stocker, turned our cemetery into a park on Saturday March 9<sup>th</sup>. They showed up for the annual spring cleanup sponsored by Friends of the Cemetery. Folks brought rakes, gloves, clippers, smiles, and even a big lawnmower. They raked leaves, picked up sticks, piled, and burned. They mowed, clipped, shared stories, and laughed. Old neighbors and new friends came together to enjoy the satisfaction of community effort. Special thanks to Char, Mark & Chris of the CVFD who kept us fire safe and worked hard all day. Go take a walk and bask in the sunshine of shared work done with a mutual goal. See what we can do when we come together for our community.





# Cemetery Clean Up 2013





## Free Wellness Classes

### Kristen Snell

People of all ages are invited to join in the health building fun at the Happy Whole Body Health series of free classes at the Senior Center in North San Juan. Our April lineup includes weekly movement classes, as well as informational wellness sessions addressing cardiac health and women's health in the post-menopausal years.

Every Monday in April 9 am **Forever Young Fitness** with Shari Brookler

(except for the 22nd)

Tuesday, April 9<sup>th</sup> 1-3 pm **How are Hyperacidity and Hypertension Related?**

**Cardiac Health, Cholesterol & Fats Demystified** with Skyler Myers

Tuesday, April 23rd 1-3 **For the Ladies – How to Maintain Vitality in the Post-Menopausal Years** with Skyler Myers

*Additional April classes will be added please visit [sanjuanridgefrc.org](http://sanjuanridgefrc.org) for a comprehensive list.*

You may wonder what are the benefits of the Forever Young Fitness classes? As Instructor Shari Brookler explains, "The Forever Young Fitness class is an ongoing class drawing from several modalities including Pilates, yoga, chi gong, and brain gym. In this class you will get a balanced workout to help improve your

strength, flexibility, balance, and coordination. This class is open to people at all levels of fitness...for anyone who wants to have some fun getting fit."

While the classes are offered **free of charge**, donations to benefit the North Gold Senior Mountaineers are greatly appreciated. The classes are offered on a drop-in basis and registration is not required.

Should you have any questions about the Happy Whole Body Health series, the best way to reach us is via email: [northsanjuanseniorcenter@gmail.com](mailto:northsanjuanseniorcenter@gmail.com). You can also leave a message at 292-9048.



## Aries

For the Arians is a time for self introspection. Come to terms with your [mental and emotional needs](#) before trying hard to achieve success in love, career and relationships. This is a great period to understand your [current Karma](#) and come to terms with it.

Provided by [futuresobright.com](http://futuresobright.com)

## National Awareness Month

### Sandy Ross

In order to highlight the growing need for concern and awareness about autism, National Autism Awareness Month has been honored since the 1970s. The United States recognizes April as a special opportunity to educate the public about autism and issues within the autism community. Camptonville School will bring our concern for this issue to light by shining a special blue light on April 1st.

Autism is a complex developmental disability that typically appears during the first three years of life, and affects a person's ability to communicate and interact with others. Autism is defined by a certain set of behaviors and is a "spectrum disorder" that affects individuals differently and to varying degrees. There is no known single cause of autism, but increased awareness and funding can help families today.

In March 2012, the Centers for Disease Control and Prevention issued their ADDM autism prevalence report. The report concluded that the prevalence of autism had risen to 1 in every 88 births in the United States and almost 1 in 54 boys. The spotlight shown on autism as a result of the prevalence increase opens opportunities for the nation to consider how to serve these families facing a life-

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time of support for their children.

Currently, the Autism Society estimates that the lifetime cost of caring for a child with autism ranges from \$3.5 million to \$5 million, and that the United States is facing almost \$90 billion annually in costs for autism (this figure includes research, insurance costs and non-covered expenses, Medicaid waivers for autism, educational spending, housing, transportation, employment, in addition to related therapeutic services and caregiver costs).

#### **Know the Signs: Early Identification Can Change Lives**

Autism is treatable. Children do not "outgrow" autism, but studies show that early diagnosis and intervention lead to significantly improved outcomes.

Here are some signs to look for in the children of your life:

- Lack of or delay in spoken language
- Repetitive use of language and/or motor mannerisms (e.g., hand-flapping, twirling objects)
- Little or no eye contact
- Lack of interest in peer relationships
- Lack of spontaneous or make-believe play
- Persistent fixation on parts of objects

For more information on this issue, check out <http://www.autism-society.org>

Autism Society | 4340 East-West Hwy, Suite 350 | Bethesda, Maryland 20814 | 1(800) 328-8476



### **EMERGENCY PHONE NUMBERS**

<b>First.....</b>	<b>Call 911</b>
Camptonville Fire Department .....	288.9320
Yuba County Sheriff non-emergency .....	749.7777
Pacific Gas & Electric .....	1.800.743.5000
KNCO 94FM or 105.7 FM.....	477.9494
KNCO News Talk 830 AM.....	272.3424
KVMR 89.5 FM .....	265.9555



## **CalFresh**

**California's nutrition supplement program.**  
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## Bio Energy

Cathy LeBlanc

Work continues with the Yuba Fire Safe and Watershed Council (FSWC) on the proposed bio-energy facility. Celestial Valley is the anticipated location. This opportunity came about because we are located in an area of high fire danger, thereby affording plenty of fuel stock in a 30-mile radius to power the plant, and because CA Legislators passed SB 1122. This Bill allows small (3 Mega Watt or under) bio-energy facilities using gasification technology, to become feasible and economically viable in California. Such a small scale power plant in our area would burn chipped wood left over from timber harvest, forest thinning, fire safe clearing, etc.

Camptonville Community Partnership (CCP) is the grant administrator for the Council. CCP Board members Jimbo Garrison, Don Dean, and Co- Executive Director Cathy LeBlanc have been actively involved in the pre-planning discussion. They are relying on the expertise of folks like Glenn Nader (FSWC Facilitator/ UC Davis Ext.) who is helping to move this project forward. The Tahoe and Plumas National Forest are in support of the project as well, since it will help meet timber sales mandates.

Twenty-eight people attended the February 26<sup>th</sup> Community Convening on this proposed bio-energy facility. Folks were reminded that we are at the beginning stage of this potential project. Glenn Nader and Tad Mason of TSS Consulting were there to answer questions from the community. When asked why all the (Co-Gen) plants closed? Glenn answered, "These were first generation plants and are now the most expensive to operate. They are starting to reach the end of their service life of 25-30 years. The SB 1122 plants are based on new

technology, gasification, and are the next generation." Some of the other questions generated asked about traffic, noise, and water usage. On average six truck loads/day for a 3 MW plant. Water would be used mainly for dust abatement, and the noise level would be similar to a small-enclosed sawmill, like a hum. Also, smoke from the plant would be negligible. \*

The next step is to update our 2010 Feasibility Study to a site-specific feasibility study that can be utilized to attract potential project partners and funding. It was decided at the March FSWC meeting not to go forward with the Woody BUG Application to the USDA. It was noted, the April 8 timeline was unrealistic for us to meet. The steering committee felt it just wouldn't allow for a long enough community process to unfold. Jimbo agreed saying, "We didn't want this stage of the project to feel rushed." Additionally, there was no assurance we would be able to raise the funds necessary to update the 2010 Feasibility Study (a condition of the Woody BUG application) in that short time frame. As a result we are actively pursuing other funding avenues.

The Sierra Nevada Conservancy's Bob Kingman, and consultant Elissa Brown joined the steering committee members, and landowner Nick Whittlesey for an informal tour of the proposed site on Tuesday March 19. This was preceded by a lunch conversation at Burgee Daves. Next, steering committee members will be visiting the North Fork community in Calaveras County, on April 2nd. They have begun a similar process and will help us to learn more. Stay tuned.

\*For a list of all Q and A generated at the meeting please go to

[www.camptonville.com](http://www.camptonville.com) under the Camptonville Community Partnership tab.

### ANSWERS FOR MARCH SUDOKU

9	5	2	1	4	7	3	8	6
7	4	1	3	6	8	2	5	9
8	6	3	2	5	9	4	1	7
6	8	7	5	1	4	9	3	2
5	3	9	6	7	2	8	4	1
2	1	4	9	8	3	6	7	5
4	2	8	7	9	5	1	6	3
3	7	6	4	2	1	5	9	8
1	9	5	8	3	6	7	2	4

### 5 INGREDIENT FETTUCINE CARBONARA

NICOLE MIZENER

(Serves 4)

1 POUND OF FETTUCINI

8 SLICES OF CHOPPED BACON

3/4 CUP OF PARMESAN

1/2 HALF AND HALF

3 EGGS

#### Directions

Set a large pot of water to boil (for pasta). In a large skillet, cook bacon over medium heat, stirring occasionally, until crisp, 8 to 12 minutes; transfer to a paper-towel-lined plate.

Salt boiling water generously; add pasta and cook until al dente, according to package instructions.

Meanwhile, in a large bowl, whisk together eggs, Parmesan, and half-and-half. Set aside.

Drain pasta, leaving some water clinging to it. Working quickly, add hot pasta to egg mixture. Add bacon; season with salt and pepper, and toss all to combine (heat from pasta will cook eggs).

Serve immediately, sprinkled with additional Parmesan cheese. Salt/Pepper to taste.



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# KIDS CORNER

## The Fox

The fox is known to be the smallest member of the dog family weighing in between 12-15 pounds (depending on species). One fun fact about the fox is that even though they are considered to belong to the dog family they have many feline characteristics including vertically slit eyes and retractable claws which are great for climbing trees and catching small prey.

The fox in the wild has a life span ranging between 6-8 years. A female fox can have as many as 50 cubs in a lifetime! The male fox is called reynards, females are called vixens, and babies are known as pups, kits or cubs.

Foxes are known for their incredible night vision and are primarily nocturnal. Unlike wolves and other pack animals foxes hunt on their own. They keep the ecosystem in check by preying on smaller animals such as mice, insects, and birds. Foxes are often preyed upon by larger animals like wolves, coyotes, and even eagles.

There are approximately 27 species of foxes. The most common are the red fox and the grey fox. The red fox prefers the open country while the grey fox prefers the forest.

## COLOR ME



## New Community Events!

### Skyler & Annalinde

A new wave of energy is filling the North San Juan Senior, aka Community, Center! In response to the community's requests and due to additional funding being made available from the SNAP-Ed grant, we will be keeping our doors open for more activities.

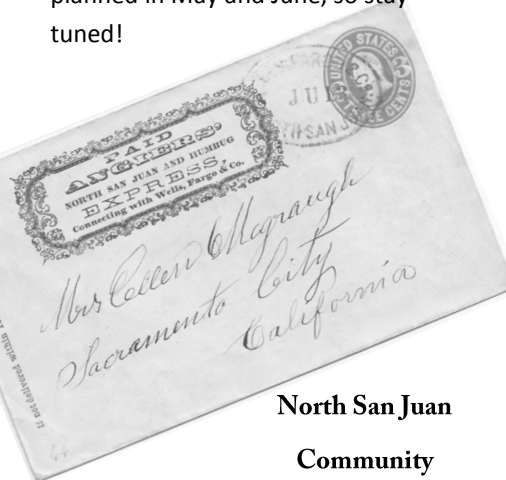
Starting April 3, on Wednesday afternoons from 2-6pm, we will be hosting a quilting group, chair massages by Skyler, reading and social time, with snacks and a 15 minute nutritional presentation by one of our SNAP-Ed instructors at 4:30. The first Wednesday at 5pm, we will have a women and girl's circle and story project. The next Wednesday, a men and boy's circle and story project will begin. The third week will be combined men and women, girls and boys. This is an exciting opportunity to learn, talk, and listen to your elders and youngers, to learn about compassionate communication, and about your community members. There will be themes provided, but any respectful communication is supported.

Sunday, April 14 and 28, we will open up the Center and have a supervised community play/ game day, horseshoes, volleyball, basketball, sack races, and more; and/or cards and other games inside if the weather isn't glorious. FREE food tasting by Angelica Duarte will also be available.

By the time this newsletter is printed and mailed, we will have had our first Dinner and a Movie on March 30. Join us every other following Saturday, in April, that's the 13th and 27th. We will be taking requests for movie ideas for the month of May onward. Starting in May, we will also have a cooking class before-

hand, like Learn to Make and then Eat your own Pizza! Movie ideas for April include Three Stooges, something with Ginger Rogers & Fred Astaire, and a wonderful foreign film called "Where Do We Go Now?"

All of these events are available by donation to the Senior Center. We have a few other wonderful events planned in May and June, so stay tuned!



North San Juan  
Community

## How C'Ville Got It's Name

### Shirley DickKard

He: *The Little Town that Could* – Where'd that nickname come from?

She: We were named that when C'Ville competed at the *All American Cities and Communities Competition* in 1997. Hard to believe our little town of 650 folks was one of 30 finalists from across America.

He: Isn't that for big cities? I'm impressed.

She: C'ville was right up on stage competing with Rochester NY, Fremont CA, Asheville NC, Texas City TX, Grants Pass OR, St. Joseph MO, New Haven CT, and 22 others.

He: Why Camptonville?

She: They liked how our little town used grassroots activism to solve our community's challenges. 1) The

Fire Hall was built totally by volunteers. 2) *The Camptonville Collaborative* (precursor to *Camptonville Community Partnership*) brought all sorts of people together to work on the community. 3) Twilight School was an evening program taught by regular community folks who had something to share.

He: Who went to represent us? I mean, we're small, not much money floating around to send people to St. Joseph, Missouri.

She: There was so much excitement about our little Yuba County mountain town being selected. Newspapers in Marysville and Sacramento made a big deal of it, and donations came from all sorts of places.

He: Who'd we send?

She: Sandy Ross and her son Ryan, Donna Tate, Cathy LeBlanc, Cliff and Toni Hilligoss and their son Devan, Matt Cooney, and Dick and Shirley DickKard. Be sure and ask Cathy why she so fiercely protects the tall "Camptonville" banner in the Resource Center.

He: You're not pulling my leg, are you?

She: Check it all out. We didn't make the top 10 winners, but were one of 20 finalists.

- <http://www.allamericacityaward.com/things-to-know-about-all-america-city-award/past-winners-of-the-all-america-city-award/>
- <http://www.thefreelibrary.com/From+Bonaparte+to+the+Bronx%3A+All-American+City+Finalists+Collaborate...-a019459896> (scroll past ads)

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#### Camptonville School April Calendar

April 3: Awards Assembly (8:45) Minimum Day Dismissal (12:45)

April 3, 4, 5, & 8: Spirit Days – Spirit Day (Wed), Crazy Hair Day (Thurs), Pajama Day (Fri), and Rock Star Day (Mon)

April 8: Rock the Star Rally (10:15)  
School Board Meeting (6:00)

April 9: CST (Star Testing) begins in grades 3 – 8  
See Teacher Calendars for specific test dates.

April 11: Talent Show (6:30)

April 12 & 15: Snow Days (No School)

April 29: Site Council Meeting (3:00)

\*\*\*\*\*ECRWSS 22B001

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### APRIL Community Calendar

CCP Board Meeting .....	Third Monday, 5 to 7pm, Resource Center
CCSD Board Meeting.....	Third Monday, 7 to 9pm, Camptonville School
Camptonville Prepared! .....	Wednesday, May 1st, 7pm
Courier Deadline .....	Saturday, April 20 <sup>th</sup>
Courier Fold .....	Thursday, April 25th
Earth Day Clean Up.....	Saturday, April 20th, at 10am
Evening in Tuscany .....	Saturday, April 20th, at 6pm
Food Bank (Federal).....	Third Thursday, 8am, Lake Francis Grange, Dobbins
Food Bank (Local).....	Other Thursdays, 1pm, Lake Francis Grange, Dobbins
Forever Young Fitness.....	Every Monday in April starting at 9am NSJ Senior Center (except the 22nd)
Free Lunch.....	Thursday, April 11th, at ^:30pm
Guest Chef.....	Saturday, April 27th, at The Mayo
Historical Society Meeting .....	Tuesday, April 23rd, at 7pm
NSJ Senior Center Lunch .....	Every Tuesday and Thursday, noon to 1pm
Talent Show and Trash Fashion.....	Thursday, April 11th, at 6:30pm
Taylor Gunter Ortega Fundraiser.....	Saturday, April 20th, at 4pm
WSMC Mobile Health Services .....	Tuesdays, 10am to 3pm, Masonic Lodge
Yoga—Camptonville.....	Tuesdays, Camptonville School Gym, 5:30 to 6:30pm
Yoga—Willow Springs .....	Every Tuesday, 10 to 11:30am (nourishing and gentle yin yoga)

### Published by Courier Volunteers in cooperation with Camptonville Community Partnership (CCP)

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**Community Calendar Online:** [www.camptonville.com/calendar/month.php](http://www.camptonville.com/calendar/month.php)

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