
THE Camptonville Courier

Connecting the *Community*
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The Gratitude Issue



*"As we express our gratitude,
we must never forget that the highest appreciation
is not to utter words, but to live by them."*

John F. Kennedy



Thanksgiving – As leaves turn color and drop from the trees, and the season's harvest has been brought in, we're called to appreciate and celebrate. Even in the bleakest of times, when there are many things that might bring us down, we can still notice and be grateful for the little moments that lift us up. Andy Rooney wrote this newspaper column years ago:

"If someone bases his happiness or unhappiness on major events like a great new job, huge amounts of money, a flawlessly happy marriage or a trip to Paris to celebrate an anniversary, that person isn't going to be happy much of the time.

If, on the other hand, happiness depends on enjoying a good breakfast, flowers in the yard, a drink, a nap, a simple meal, then we are more likely to live with quite a bit of happiness. The French seem to have a knack for taking the most pleasure from a crust of bread."

I asked people to write about such moments in their lives. In this issue you will find their many reflections on **Gratitude**. - Editor

Gratitude

By Linda Rose

Every morning on my 10 minute walk around my property with my dog, I say "Thank you" with every step I take to express gratitude for all that I have and the ground I walk upon.

On these same walks, I often express gratitude for all that has been given to me throughout my life since I was born: food, shelter, clothing, gifts, coupons, discounts, wages, benefits, loans, sales, bonuses etc., and then I feel how rich I really am.

I regularly acknowledge that good health is a gift, by giving thanks to every part of my body for the role it plays in keeping me healthy and alive.

Often while in the shower, I express gratitude for the water that cleanses and nourishes my body. I take it further by thanking the Universe for providing the water, as well as the well diggers and ditch diggers and plumbers that made it possible for me to have running water in my house.

These are just a few thoughts of gratitude that come to my mind this morning..... although there is so much more in life for which I am grateful, not the least of which is the community in which I live and the wonderful neighbors that surround me.

Finding the Good

By Robert Mumm

This topic is not new to my thinking of late. I often pause and reflect on the wonder around me and am thankful. That there is so much strife and trouble in the world does cast a negative shadow, but I am compelled to see and appreciate what is close at hand.

Looking back over the years, there were highs and lows, but nothing really stands out - although there must have been times that warranted special attention. Perhaps returning from Korea, the birth of my children, or other life milestones.

But for me, it has been my life's work to truly find thanksgiving and the expression of gratitude. Even now there are really no outstanding moments, but rather days full of little special things that I pause to fully appreciate and give thanks for. In life I have learned to give thanks and express my gratitude. Each evening as I prepare to sleep, I take a little time to give thanks for the day. The gift of life that I am most thankful for is the perspective to see what is truly wonderful, and give my true expression of gratitude for it, no matter how brief or small it may be.

From the Editor

- Shirley DickKard



On Gratitude

Being a busy, "can-do" person, I'm incredibly grateful my body runs and repairs itself on its own! I don't have to do a thing, except treat it well. Sometimes I'll watch a gaping cut on my finger slowly fill in with new cells, then cover over with fresh skin, leaving no scar. Amazing!

Then there's color. How did the trees turn yellow, orange and red overnight? Even in winter, I'm surrounded by so many different shades of green. Spring and summer almost overload my senses - I can hardly get through my garden gate without being stunned by the deep royal blue morning glories twining along the fence.

And the little points of sparkling light that come out at night....can you imagine if stars only appeared once a year - what a wondrous celebration we'd have that night! Lucky us - we see them most every night.

I'm also in awe how invisible sound waves can fill my heart with joy and sadness. I've watched musicians seem to enter a different state of consciousness as their music swirled around me. How is it that vibrations, collected into notes, arranged into music, can touch my soul?

Of course I'm grateful for all my blessings - my husband and family, friends and community. But it's these seemingly everyday things that fill me with awe and gratitude.

How To Donate Money Locally

By Shirley DickKard, Editor

For the December Courier, I am compiling a list of groups, non-profits and organizations that benefit from donations given them by the community. December is often a time people make end of-the-year donations, so I thought it would be helpful to have a list of places where your money can make a visible difference in Camptonville - such as the Christmas Club, Parents Club, school, Club Live, History Society, Camptonville Community Partnership, Community Center, Skyline Harvest, Volunteer Fire Department, The Courier (of course) and more.

If you'd like your group included in the list, contact me at editor.cvcourier@gmail.com or 288-3479. Please describe what the money will go toward and how to make a donation (contact person, mailing or web address, and whom to give cash or write a check to).



Family Movie Night November 7th

By Christina Ledson

The Parents Club is hosting a dinner and family movie night on November 7th at the Camptonville School gym. Dinner is at 5:30 pm, and the movie starts at 6 pm. A \$5 donation per person will include a slice of pizza, cut veggies, and lemonade or water. Additional slices of pizza are \$2 each. Popcorn to enjoy during the movie can be bought for \$1 a bag. All children must be accompanied by an adult - no drop-offs please. Bring a comfy chair and blanket to sit on!



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The Camptonville Christmas Club - What do we do with the *Money*?

By Jessi Mullins

The Camptonville Christmas Club has been in existence for 52 years. Georgette Fowler was the mastermind behind this event for as many years as I can remember. Santa came every year when I was child, and I still hold those memories of sitting on his lap.

"What? Santa is coming to our small town to spend an evening with us!"

Every year, I bundled up in warm winter clothes, waited in the long line that trickled out of the Mayo's doors and down the porch, shivering patiently under the walnut tree just to whisper in Santa's ear what I wanted for Christmas.



Because some people may not know what the Camptonville Christmas Club is all about, here is an overview. You may have seen us fundraising at community events throughout the year. We also ask for donations, and hold at least one large fundraiser per year. We do all this to raise money to bring Santa to Camptonville for one special evening in December. When he comes to town, he bears age-appropriate gifts for all of the children of the community, from infants to 8th graders - usually about 100 kids. He also brings a stocking for each kid with a special gift inside and all sorts of goodies. So to everyone who has kindly donated to the Christmas Club throughout the years, your money has helped make this special evening happen.

As a parent, my new treasured memories now come from the priceless smiles on the faces of my own children and those of the other kids, as they visit with Santa and Mrs. Claus, leave with a treasured gift, then go on to enjoy the rest of the evening with their families. They gobble up cookies and warm their bodies with hot cocoa. These memories are why it is important to me to continue this Christmas tradition.

So, thank you to everyone for your continued support for the Camptonville Christmas Club. Your money creates one special evening for the children of the community who, I believe, will treasure, appreciate and remember it for quite some time. Watch for fliers and the December Courier for information on the 53rd annual "Santa is coming to Town!"

If you would like to donate to the Christmas Club, please make checks to: Jessi Mullins (Memo: "Camptonville Christmas Club") and mail to: Jessi Mullins, PO Box 352, Camptonville, CA 95922, attn: Christmas Club. For more information, please call Jessi at 288-3358.

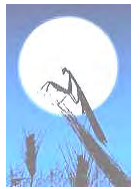
Gratitude

By Marcy Risque

Like many people, I try to cultivate gratitude as a practice, though it can and does emerge in my life unexpectedly. Sometimes it's a big, obvious feeling of "my house didn't burn!" when it's mixed with relief.

My favorites are the tiny increments of gratitude—the daily kindnesses of others, or a glimpse of something or someone that touches me.

I had one of those "tiny increments" this summer when the sunflowers were high and ripe, smiling their faces towards the sun. I noticed a praying mantis in the center of one of the flowers. Upon closer inspection I watched it meticulously extract a long filament from one of the "tubes" in the flower center. This ordinary occurrence of an insect having lunch was also quite extraordinary! I became transported to a world of timelessness and beauty, and in that moment felt gratitude emerge like a soft wave, stopping me in my tracks as I watched another being that, like me, lives on this big, green earth and needs sustenance.



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Jessi Mullins

Thanks for supporting a local business!

Update on the Community Center

By Richard DicKard, CCSD

The paperwork is almost done - finally! After almost a year of work, all but one hurdle has been overcome in transferring the title of the Masonic Lodge building to the Camptonville Community Service District (CCSD). Hopefully, the Tax ID number of the Masonic Lodge will be resolved in the next week or two. Once that happens, Placer Title and the Masons will be paid for expenses and the title transfer papers will be signed by both parties. Then, Camptonville can celebrate our new Community Center! The official ceremony for transferring the title will occur in January, 2015. The Community Center Steering Committee will have an article in the December Courier. Stay Tuned!

School Board Member and Beyond – Thank you Donna

By Sandy Ross



I believe that gratitude is rarely expressed as much as it is deserved because we often overlook the consistent service that others perform, or assume that they are being compensated for their actions. I would like to extend my gratitude to Donna Tate who has served the Camptonville community as a school board trustee for over 20 years. As the acting Board president for at least half of that time, Donna has worked for the good of all Camptonville students and the community to make sure the essential character of Camptonville School was always maintained, and that the school's operating budget could be sustained through challenging economic periods.

When Donna moved to Camptonville from the Bay Area with her family in the early 1980's, she was originally hesitant to put her children in such a small school. She soon realized that Camptonville School was an extremely "special place" and has never regretted her decision. And, she now gets to watch her grandchildren enjoy the same great experiences. Donna has been an active member of both the CVFD Auxiliary and the Christmas Club.

Selfless and fearless are the two words I would use to best describe Donna. She consistently puts others before herself and is one of those people who is always there when you need her. If you have ever seen Donna play indoor soccer at Samba, you will undoubtedly know where fearless comes in. As goalie, she is not afraid to put herself in some vulnerable positions to defend her team and has come out with the bruises to prove it many times. This carries over to her willingness to defend what is right in the board room as well. Donna does not hesitate to voice concerns or be the devil's advocate to make sure that every side of an issue is considered. That's not always easy when living in a small community, and I applaud her courage and that of all of our board members.

With that said, it is with mixed emotions that I acknowledge that this amazing community member is ready for a changing of the guard. While Donna has enjoyed the "interesting road" that she has taken over her years on the school board, she will sadly not be seeking another term. It is with enormous gratitude that I thank her for all she has done out of the goodness of her heart and wish her bountiful joy in return.

Gratitude From the Mouths of Our Students

- I'm thankful for having iPads that we use every day for different subjects. School would be harder without them...Miya, 7th grade
- I'm thankful for friends that are compassionate. They respect me and I respect them...Dakota, 6th grade
- I'm thankful for our flag football coaches letting me play after not being able to play for a while...Chase, 6th grade
- I'm grateful to be at Camptonville School because I like the way they teach...Sasha, 8th grade
- I'm thankful for lions and dragons and cheetahs and math and Ms. Alison and zombies...Burns, K
- I'm thankful when my mom makes me my favorite food for lunch...Macie, 2nd grade
- I'm thankful for all the people being nice to me like when I made a hoop at the basketball court and they gave me a high five...Rocco, 2nd grade
- For having lots of friends and all the teachers teaching us...Charlotte, 1st grade
- I'm grateful for our fun electives, especially art with Ms. Matson...Taylor, 5th grade

Gratitude

*Again sky lowers
spills its treasure
Air, moist and full
enters my body
with its gift
leaves my mouth, Love,
breathing out only your
name
that sings, 'Praise,
praise
and pure blessing'*

- Yakshi Vadeboncoeur



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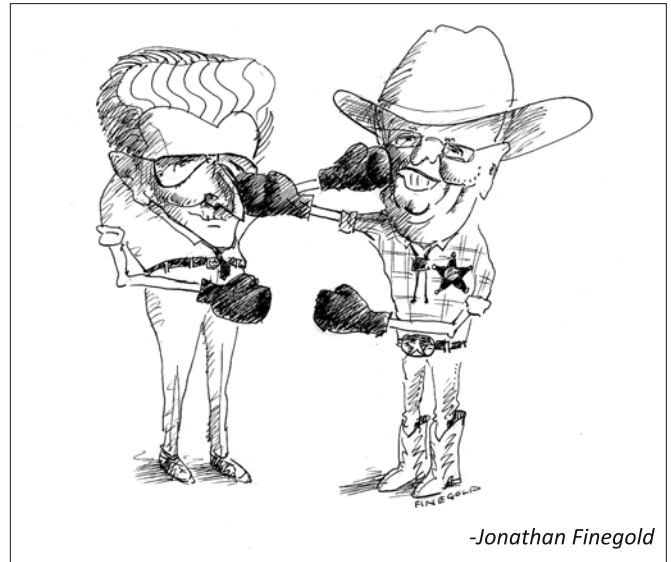
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Rita Retires from CCP

By Cathy LeBlanc

I am grateful for a great co-worker and friend. It's been a fantastic journey these last 15 years, working beside Rita Ortega at Camptonville Community Partnership (CCP). She has been my sounding board and voice of reason on many occasions. Though we come from two definitely different perspectives, we somehow blend our knowledge to come up with the best possible way to move CCP forward.

Additionally, Rita brought a professional level of accounting to CCP that enabled our non-profit not only to prosper, but also to serve as the fiscal agent for other local groups. Most of all, working with Rita has been fun and lighthearted. I'm truly going to miss her after she retires the end of October. Though before I get too melancholy, she has said she's just a call away and has promised to drop in, especially if we need her guidance. Thank you Rita - you are appreciated!



-Jonathan Finegold

Get Out and Vote! Tuesday, November 4th

If you haven't mailed your absentee ballot yet, you can bring it to the polling place at Camptonville School.

Public Notice of School Board Vacancies and Provisional Appointments

By Sandy Ross

The Camptonville Union Elementary School Board will be making three appointments to the School Board, and will consider all candidates who are interested in the positions.

To be appointed, candidates must be registered to vote in Yuba County and reside in the Camptonville Union Elementary School District. Although the deadline to apply was October 28, if you are interested in being considered for appointment, please call the school at 288-3277 after November 3rd to see if vacancies still exist.

Greek Tragedy in Colfax

By John Deaderick

Adaptations are tricky. To attempt to modernize a 2500-year-old Greek tragedy probably borders on hubris. But, such was my desire to adapt Euripides' The Bacchae that I have written True Believers. The play's theme is the danger of absolute belief and its consequences. Those who always have God or good or right or wrong whatever on their side often commit the most unspeakable acts.

In the play, Dionysus returns to Thebes, where he was born, and where his mother died. He has a family score to settle, and he's brought not only his Thracian followers but also his power to persuade others to leave all and follow him. He is chaos incarnate, and his agenda makes itself known in a most brutal fashion.

Yes, the performance will be at Colfax High School, but I'm rating it PG-13; it's not suitable for the little ones. November 13, 14, 15 and 20, 21, 22; Colfax High School. Evening performances at 7 pm, two Saturday matinees at 2 pm. Come see, you might be surprised at what we can do.

(Camptonville resident John Deaderick is the Chair of the Drama Department at Colfax High School).



Cemetery Wendy Tinnel 277-6737	CAMPTONVILLE COMMUNITY SERVICES DISTRICT
CV Fire Department Chief Brandi Dudek 288-3303	Water Plant Manager Mark Jokerst 288-9320 District Agent Tedd Sapp 288-3328
District Secretary Pam Wilcox 288-3676	Emergencies Dial 911 <small>Lester Pelton U.S. Patent 233,692 Oct. 26, 1880</small>

What are we Thankful for?

By Hal Stocker, Yuba County 5th District Supervisor

Shirley asks: What are we thankful for? Well, I could go on and on, and though this may sound kind of corny, I am thankful I live in the United States of America. The system we have had for over 200 years is still up to date and working.

Our constitution forms a framework, giving power to the people, which, of course, is essential. Our system allows for continual change and adaptation. It was a daring experiment to begin with, but it has admirably stood the test of time. We have to thank our founding fathers for having the guts and tenacity to carry it out.

The status quo will never be perfect; we will always strive for something better. Many countries have strong-arm governments where matters of state happen to benefit the ruler and the ruling class. Most people suffer under this arrangement.

I believe America has thrived because the people have the vote, and thus the power. Of course, the system is continually under attack and it is abused. It is our nature to see inequalities in the system and to seek solutions, and thus to continually improve our quality of life.

For instance, I saw in the newspaper today that Federal Reserve Chairman Yellen sounded an alarm about the increasing gap between the rich and everybody else. Although not really her job, she is taking on this crusade to improve the quality of life and provide equal opportunity to everyone in America. Bravo, Mrs. Yellen! That's the kind of behavior we like to see in our officials. Hang in there.

So, thanks to Washington, Jefferson, Hamilton, Franklin, and so on. We just need to keep up the grand old tradition—and keep working on it.



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Report From Our Fire Chief

By Brandi Dudek

Last month I wrote about a grant that CVFD was awarded from PG&E. I mentioned we were doing a paving project, remodeling the kitchen into a warm training room, purchasing a generator, and a washer and dryer. Well, the paving project is done! The generator and washer and dryer are purchased, along with a new TV, DVR, projector, tables and chairs, and a white board.

CVFD would like to offer a big thanks to all who volunteered their time. Thanks to Mark Jokerst, Jeff Murphy, Jon Witler and Dave Pratchner for their expertise in planning, ordering supplies, and leading the paving crew. Thanks to Jim Esry, Chris Dozier, Casey O'Dell, Autry Dean, Steven Bethune, Daniel Tinnel, Danny Jaynes, Ted Ness, Brian Tapia and Kai Pratchner for coming out and helping. This crew worked hard over many days with one of the days being in pouring down rain! Our wonderful Auxiliary women (the pink ladies) put together lunch for this crew on both days of the concrete pour, with Barbara Ramirez hanging out and making sure lunch was ready! A special thanks to Hansen Brothers for their generous donation (price break) for concrete, and to Jaya DeMaranville of JD Earthworks, for his generous donation of time and equipment to excavate. Thanks to Yuba County Public Works for coming out and finishing with asphalt.

Camptonville VFD ran 6 calls this month, as of October 20: 2 medicals, 1 vegetation fire, 1 structure fire, and 2 motor vehicle accidents. Call 288-3231 to verify if the burn ban is still in effect. No fires outside of designated campgrounds!

We are still looking for volunteers! Training is Tuesday evenings from 6:00 pm to 9:00 pm. Stop by and check us out! All training will be provided.



Grateful for Wind

*I am grateful, wind
wind my breath
wind my spirit
wind my body and
more than my body
wind my lover and wind my friend
wind, caresser of my soul
and soul's carrying wing
I am grateful to you, wind
alive on my skin
in the trees
through the leaves
inhaling clouds, exhaling rain.
Wind all around me, all over me, all in me
lifting small hairs on my arms, arousing
the hairy root at the base of my spine
sending shoots into the stars and
back again— to the light in our eyes.
I love fall wind
descending wind
wind loosening leaves
wind stripping trees
yes, even killing wind
wind in all your cycles, your circles,
Your dance of birth and death
and ever-life.
For this, wind
and all
I am grateful.*

~Diane Pendola



The Sunshine Vitamin

By Catie Pazandak

Before we spent most of our time indoors, or in cars, or covered in sunscreen, we acquired plenty of vitamin D from fatty, cold-water fish, free ranging animals, and primarily from our sun.



We manufacture pre-vitamin D3 in our skin. It is then transported to the liver and kidney to be transformed into cholecalciferol, vitamin D3. This vitamin (which actually acts like a hormone) does a great deal for us; in fact, almost every cell in the body has receptor sites for it!

D3 plays an integral part in modulating our immune system. Deficiency is strongly correlated with many autoimmune diseases (lupus, rheumatoid arthritis, multiple sclerosis, fibromyalgia, Crohn's disease). This vitamin also plays a critical role in respiratory immunity. Several studies have correlated the winter month's drop in serum D3 levels to decreased respiratory immunity and increased incidences of influenza. Keeping your levels within the optimum range (70-80 ng/ml) can increase your chances to naturally resist viral infections from colds and flus.

Vitamin D helps to regulate calcium and phosphorus and assists in maintaining proper bone structure. Skeletal conditions most associated with deficiency are osteomalacia, fractures, rickets, and osteoporosis. Deficiency of D3 has a hand in heart disease, 'growing pains' in teens, psoriasis, Seasonal Affective Disorder, hearing loss, endocrine disorders such as dysinsulinism and thyroiditis, and Parkinson's disease. Deficiency has also been linked to breast, prostate and colon cancers; some research has pointed to vitamin D3 as potentially one of the most potent inhibitors of abnormal cell growth (cancerous growth).

We are blessed in this state with an abundance of sun. Yet, those of us living in the northern two thirds of this continent cannot manufacture vitamin D once the sun drops below 45 degrees in the sky. This means that we must think about supplementation for those 4-5 winter months, especially if we are already deficient, as many people are.

Although the RDA is 2,000 IU per day, based on opinions in literature, a more appropriate dose, or the Optimal Daily Intake (ODI) is 4,000-6,000 IU. Individuals whose tests reveal very low levels may be put on high therapeutic doses in order to raise the serum levels of D3. As always, it is best to check with your health care provider to find the best dose and regimen for you.

Camptonville resident Catie Pazandak is a clinical nutritionist and herbalist. Her website is: www.harvestingvitality.org

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Ann Riley, of Moonshine Road, took this photo of a bear eating lunch on her front porch railing. While the sow gorged on grapes growing along the railing, her two cubs waited below for falling fruit. It may be awesome to share a moment with wildlife, but the reality is that bears can be major pests by destroying our fruit trees branch by branch, ripping apart structures, and wiping out whole flocks of chickens.

As winter approaches, bears are intent on stocking up on food to fuel their huge bodies during the cold winter - eating as much as 2 to 3 times their summer caloric intake (up to 20,000 calories a day!). Small wonder our livestock and gardens look so good to them.

If you have tips for how to repel bears on your property - things that work and don't - I'd like to print them. Send them to editor.cvcourier@gmail.com. - *Editor*

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Yuba River Ranger District

By Betty Leffew and Annie Garcia

With the cooler weather, it is a great time to visit the district trails. The Sierra Buttes area is beautiful this time of year, and fall colors are showing along Highway 49.

Personal Use Fuelwood cutting is still open. A household limit is no more than ten cords per permit year, which ends December 31, 2014 for the Yuba River District, and December 1 for Truckee and Sierraville Districts. The permit authorizes cutting and removal of DEAD and DOWN wood only. The cutting of standing dead hardwood ends November 1st.

Once the burn ban has been lifted, door yard permits will be required. Use caution while in the woods. Deer Season closed October 28th.

Bullards Bar area campgrounds closed for the season on October 15; campgrounds along Highway 49 and the Sierra Buttes area closed October 18, and are now in winter status: no services, no fees.

As of October 20, we have had 2.13 inches of rain for the season. We had about the same last year. The phone number for the Yuba River Ranger District office is 288-3231.



PG&E Funding Helps Our Local Fire Prevention Efforts

By Cathy LeBlanc

We are grateful that Pacific Gas and Electric (PG&E) has provided over \$400,000 to help with fire prevention efforts in Yuba County, including eight projects of the Yuba Watershed Protection & Fire Safe Council. Six of those are being implemented through Camptonville Community Partnership in the Yuba County foothills, including fire safety endeavors for the 4-H Camp in Dobbins, the Tahoe National Forest Lands Project on Moonshine Road in Camptonville, and a brush clearing program for Yuba County foothill low-income seniors and disabled residents. The funding also supplied much needed equipment and alterations for two local volunteer fire departments (Camptonville and Smartsville), as well as replacing the stairs of the Oregon Peak Lookout. More work includes fire safety signs in each of the fire districts. The remaining two projects are being implemented through Yuba County Public Works to help to set up a chipping program and fuel reduction along county roads. All of this work had to be completed by October 31, 2014. Thank you, PG&E!

The Water Report

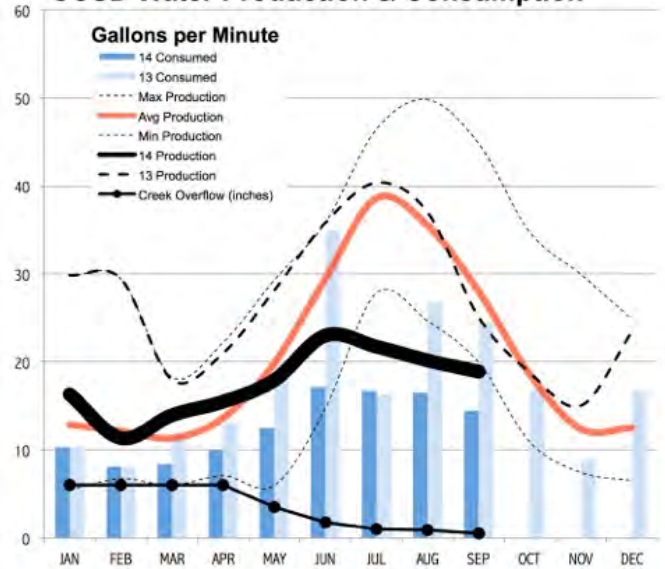
By Mark Jokerst, Water Plant Manager

We've been blessed with enough rains this fall to keep the creek flowing with about as much water as it had during early August, (1 to 2 inches of overflow), so "no" drought restrictions in sight, yet. We all know the drought is not over, but at least the long-range forecast is predicting some moisture heading our way. In other words, those rain dances are working! And again, kudos to all water customers for an outstanding job of conservation. This last month, the town's average daily water consumption was 14.4 gallons per minute, down from 16 gpm last report. We estimate there were 30 gallons per minute in the creek during September.

The Season of Broken Pipes is soon upon us, and a few things come to mind: First, we may remain in a precarious drought state during the winter. We'll keep you informed about creek flows, but for now I'm assuming the worst, and broken pipes can lead to water shortages. Please keep a lookout this winter! Second, we'll soon see our first freeze and this means everyone needs to check the pipe insulation and protection, especially in the crawlspaces. A deep freeze like we had last December can break exposed pipes, even when covered in a crawlspace. To make matters worse, this Camptonville soil can soak up water like a sponge, leaving no signs of broken pipes on the ground. This is true summer or winter - I've seen it all year long.

One strategy you can use is to look at your meter during and after freezes. The numbers don't really matter for this trick, just look for a little dial that spins if water is flowing. Go out at a time when you know there is no water flowing in the house, and look at your meter. If that dial is spinning, chances are you have a leak, darn! And please remember, when you do have a broken pipe, give me a call. I'll help you turn the water off, and I'll record the break in my log in case you need assistance with managing the water bill.

CCSD Water Production & Consumption



The Water Chart reports production and consumption in gallons per minute, current to the end of SEPTEMBER. The thick black line shows current water production, the lighter tone line shows a 10-year average production, and consumption is shown with vertical bars. The creek overflow is reported as well near the bottom of the graph, slightly dropping in September to 1/2 inch. The creek is currently running about an inch over the dam, up from late September.

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Camptonville's Biomass-to-Energy Update

By Cathy LeBlanc

Hi Folks! With gratitude for funding from the National Forest Foundation, Camptonville Community Partnership (CCP) has completed the Economic Development Plan for the Camptonville Forest Biomass Business Center (FBBC), which may be viewed at our website: <http://sites.theccp.org/fbbc/>.

This funding allowed us to provide outreach and education to community residents and local stakeholders regarding the FBBC planning process. We were able to recruit local residents and other stakeholders to form a steering committee to direct the planning and development of the FBBC. A special thank you goes out to locals Stephanie Williams and Bob Prout. We were also able to build community capacity by training interested stakeholders in consensus building, communication, facilitation, and other priority skills. Finally we were able to create an economic development plan for the FBBC project.

The project moves forward with the development of a feasibility study, funded through Sierra Nevada Conservancy. A "Notice to Bidders" went out in mid October. The feasibility study will bring us to the next step in this project, and help us to select a preferred technology. Stay tuned, and if you'd like to know more, visit the web site above or call us at 288-9355.

Survival Tip #8

By Camptonville
Prepared!



Quick Cooking Fire

Need to get a cooking fire going with minimal effort? Grab an empty cardboard egg carton and place charcoal into the egg slots. Seal it up, light a corner, and soon your charcoal will be ready for cooking. Source: <http://www.trueactivist.com/7-survival-tips-that-could-save-your-life-2-is-awesome/>

Along the Highway

Along the highway
Grass was cut -
But someone had skirted
A clump of daylilies,
Leaving their orange bloom
To light later mornings,
Though to mow them down
Would have been easier.
For all such workers
We offer thanks:
May their days be joyous
And their dreams be bright
With daylilies!




-Virginia Scott Miner



YUBA COUNTY OFFICE OF EDUCATION
Camptonville Union School District
P.O. Box 278
16585 School Street
Camptonville, CA 95922

SANDY ROSS
Superintendent/Principal

Phone: (530)288-3277
Fax: (530)288-0805
Email: ssross@cville.k12.ca.us



YUBA COUNTY OFFICE OF EDUCATION
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MARYSVILLE, CA 95901

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and sit in on a training. Find out what we do and
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Medical Clinic**

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**WSMC Mobile Health
Camptonville Mason Building**

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10am – 3pm

Please call for an appointment

wsmcMed.org

(530) 274-WSMC

Help & Hope

For Emergencies.....First Call 911

(All area codes are 530, unless specified)

Camptonville Fire Department	288-3303
Yuba County Sheriff Emergency	749-7909
Non-Emergency	749-7777
PG&E	800-743-5000
Red Cross of NE California	673-1460
Office of Emergency Services-Yuba	749-7520
Camptonville Resource Center/CCP	288-9355
KVMR 89.5 FM	265-9555
KNCO News Talk 830 AM	272-3424
AA in Camptonville	288-1001
CoRR (Community Recovery Resources)	273-9541
Domestic Violence:	
-Casa de Esperanza, Hot Line (Yuba)	674-2040
-DVSAC Crisis (Nevada Co)	272-3467
CA Rural Legal Assistance (Yuba)	742-5191
Legal Center for Seniors (Yuba)	742-8289
Mental Health 24hr Crisis Line (Yuba)	673-8255
NAMI – Support for mental illness	272-7863

(Contact Editor for additions or corrections)



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November School Calendar

- November 4 Club Live/Student Body Speeches/Election, 1:45 pm
November 7 Parents' Club Movie Night
November 10 First Trimester Ends – School is in Session
November 11 Veteran's Day – *No School*
November 12 Awards Assembly, 8:45 am
Veteran's Day Observance, Camptonville Cemetary, 10:20 am
Staff Development Minimum Day, 12:45 pm dismissal for all
Kindergarten Schedule for Minimum Day, 8:25-12:45
November 13 Picture Make-up Day
November 14 Club Live Fall Fun Night, 6-8 pm
November 17-19 First Trimester Parent-Teacher Conferences
Minimum Day, 12:45 pm dismissal for all students
Kindergarten Schedule for Minimum Day, 8:25-12:45
November 19 School Board Meeting, 6 pm
November 24 Site Council Meeting, 3 pm
November 26-28 Thanksgiving Break – *No School*

*****ECRWSS 22B001

Postal Customer
PO Box or HC Route 1
Camptonville, CA 95922

NOVEMBER, 2014 Community Calendar

On-Line Calendar: www.camptonville/calendar/phb

NOVEMBER

- 4 Election Day -Vote at School (or bring absentee ballots)
4 WSMC Health Van, 10 am-3 pm Masonic Lodge
7 Family Movie Night, 5:30 pm, school gym
17 CCP Board Meeting, 5 pm, Resource Center
17 CCSD Board Meeting, 7 pm, C'ville School

Save the Date:

- December 7 Christmas Craft Faire (Sunday)

On-Going Weekly Events

- Tuesdays: Organic Lunch, 12 pm, NSJ Center
Yoga, 5:30 pm C'ville School Gym
C'ville Fire Dept Trainings, 6-9 pm, Fire Hall
Thursdays: Community Lunch, 12 pm, NSJ Center
Food Bank, Dobbins (except 3rd Thurs), 12:30-1:30 pm
Food Bank, NSJ, 2nd Thurs, 8 am, NSJ Center
Thursday Market at the Mayo (1st & 3rd) 2:30-5:30 pm
AA Meeting, 6:30-7:30 pm, C'ville Resource Center
Fridays: Bingo, 1st & 3rd Friday, 7 pm, NSJ Center
USDA Food Bank, 3rd Fri, 9-10:30 am, Dobbins, LF Grange

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