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NUMBER 11

Sri Moonshine Music – Exceeding Expectations!

By Terry Riley

Well now that our first Sri Moonshine Music series is a wrap, we can look forward to the 2017 season which is now in its preliminary planning stages.

I think our first season exceeded everyone's expectations of what our small vibrant community could accomplish.

First of all, we had a series of artists who were eager to share their talent with an intimate audience, and musicians who were happy to have the opportunity to experience the beauty of this historic town. The audiences were not only extremely attentive, but I would say often enthralled with music that for many was a first time experience. This was my hope when we began and it actually happened!

There is music out there that is extremely moving, even life changing, that doesn't often make it to the local air waves or concert halls, and I am extremely pleased that our community has gotten behind this idea and is

TERRY RILEY PRESENTS

SAGE PO and REBEKAH HOOD

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The Campionville Community Center States and the Same S

willing to push even harder to make Camptonville a part of the cultural vanguard.

My deepest gratitude to all of you who have worked so hard and volunteered labor, time, and money to make the Community Center sparkle and to put us on the map as a Sierra foothills music destination. – Terry





Terry Riley with Community Center collaborators, Christina Ledson (I) and Char Jokerst (r)

It's a Wrap!

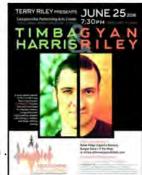
By Christina Ledson, CCC Director

Back in January of this year, Terry Riley approached the Community Center Steering Committee with his vision of a music series that would bring world renowned musicians to our little town. A group of inexperienced volunteers who were not sure if this would work or not, hit the ground running and

never looked back. With each concert we learned what worked, and what didn't, and improved the experience for concert goers each time. Two of the concerts sold out and the other two came very close – not bad for a first year music series. Even more impressive is that we ended up with an overall profit of \$2,721!

(I) Of course, there are so many people to thank for all of their hard work, so here goes: Char Jokerst, Janie Kesselman, Richard DicKard, Tonie Hilligoss, John Deaderick, Shirley DicKard, Barbara Ramirez, Sandy Ross, Chelsi Hedrick, Andrew Long, Maddy Gremillion, Mariah Lander, Rob Holland, Sage

Po, Rebekah Hood, Del Sol String Quartet, Gyan Riley, Timba Harris, Tracy Silverman, and the man who made it all possible, Terry Riley. To be on the 2017 email list, contact: christinaledson@gmail.com







Some of the "Village" that helped produce the concert series



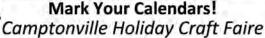
From the Editor

- Shirley DicKard

I'm at a loss for words, I'm blocked, I'm dried up.

Where do words go when they leave you? After
working on a book for over eight years, my words
just left. Hibernating in my unconscious? Maybe they will emerge
as beautifully formed butterflies in the spring.

Perhaps others are making up for my loss, and that's why this November issue is so prodigious, to use one of Jimbo's favorite words. While most Courier issues flow along at 12 pages, a flash flood has swollen the November issue to 16 pages. There's so much to take in: two heartfelt letters to the community; 6th graders explore bullying; Maslow's Hierarchy of Needs and Jiu Jitsu; learning more about a neighbor; music, poetry, and other food for thought; and even a new "Interactive Page" for you to put your pencil to. Each article in The Courier is also a reflection of what the writer cares about (fire safety, nature, nurturing children, legal support, food security, etc.), so please read, enjoy, and if you like what you've read, give our community's writers your feedback.



Sunday, December 4th, 12-3 pm, at the school gym For information or booth rental, call Barbara at 288-3392

New Courier Submission Guidelines

By Shirley DicKard, Editor

New Submission Guidelines have been posted on www.camptonville.com with information and tips on how to submit your articles or creative work for printing in *The Courier* – your community newspaper. You'll find helpful information concerning deadlines, word count, formatting, photos and artwork, parent permission, and event coverage, as well as tips to make your article interesting and readable. Even if you feel you're not a writer, we can help create an article from your thoughts – just give a call: 288-3479. Handwritten submissions can be mailed to: PO Box 32, Camptonville, CA 95922. To receive the guidelines by email, contact: camptonvillecourier@gmail.com.

Camptonville Christmas Club Fall Brunch – November 6th

By Donna Tate

The Camptonville Christmas Club will be hosting its Annual Fall Sunday Brunch Fundraiser on Sunday,

November 6th, from 10 am to Noon, at the Camptonville Community Center. Money raised goes to help Santa come to town in December with gifts for all the children. See the Insert in this issue for details. Hope to see you there!

And after a yummy Brunch, come by the Community Center's Performance Room at 12:30 pm to learn about the Enneagram!

Enneagram Movie and Discussion, November 6th

By Jesse Golden

On Sunday, November 6th, 12:30 pm,

at the Community Center, join your neighbors for a viewing of a one-hour video titled *Breaking Out of the Box*, followed by a half-hour of discussion. Diane Pendola will lead this conversation on the Enneagram, an ancient system of personality types that can help us to recognize unconscious patterns of behavior and open us to the higher capacities of our human nature.

There is no fee for the workshop, but donations to the Community Center are welcome. For further information, please email Diane Pendola at skyline@gotsky.com.

Diane is Director and Co-founder of a local non-profit called Skyline Harvest. Skyline's projects include retreats and workshops at its Eco-contemplative Center, and outreach through The Lioness Tale Prison Project. Diane is a Gestalt Awareness Practitioner, a pastoral minister, and has taught the Enneagram for over 20 years for personal and workplace use. This workshop is co-sponsored by the Camptonville Community Center.

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Free to the community; Subscriptions: \$15 yr. Tax-deductible donations are appreciated!



Photo by Shirley DicKard

November Nature Watch

- November 6th Daylight Savings Time ends. Remember to fall back by turning your clocks back one hour Saturday night.
- Full Moon is November 14th, called "Beaver" or "Frost" Moon by Native Americans.
- · New Moon is November 29th.
- Root Herbs: now is the time to harvest medicinal roots (wild harvested or cultivated) when the plant's energy has gone down into the roots. Please remember to practice ethical harvesting practices when wild harvesting any wild plants, and especially roots.
- Ripening berries bring an influx of Robins, Cedar Wax-Wings, and Band Tailed Pigeons.
- Hawthorn berries: harvest for drying or to make medicine or food products such as jams and apple-hawthorn berry sauce.
- · Rosehips: harvest for high vitamin C content.
- Tundra Swans, Snow Geese, and thousands of other waterfowl continue migrating up the Pacific Flyway. This is a great month to visit the Marysville rice fields or Gray Lodge Wildlife Area in Gridley.
- Fungi: after Autumn rains arrive, be sure to look down of for mushrooms pushing up through mulch on the forest floor.
 November Contributors: Catie Pazandak, Jimbo Garrison, Shirley
 DicKard, and the Farmer's Almanac. Send what you watch for in
 December to: camptonvillecourier@gmail.com.



Resource Center Hours Change

By Jocelyn Rapp, CCP

Starting Oct 31st, the Resource Center will be open

Tuesday–Friday from 8:30 am–12:30 pm. We will no longer be open on Mondays, but will be open on Fridays instead. Come in for free phone and fax, copies, printing, computer use, and public WiFi. We also have books on parenting, food, self-help, and many other resources available for public use.

We're right behind the school, so stop by the school office to sign in, then come check us out. For information, contact Jocelyn at: jocelyn@theccp.org.



Dear Camptonvillians,

By the time you read this, Yuba Harvest will have closed at Lake Francis. We haven't given up the fight, and hope to soon find some location and form through which to serve our local farming community.

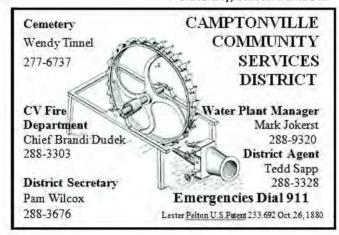
I wanted to thank you for the tremendous support that came to us from your side of the dam. I know we were not on your way to anything, and the extra effort you made to support us is deeply valued.

It was also clear, that beneath your support for the restaurant, there was a consistent valuation for the local farmers, ranchers, and winemakers, whose products were featured on our menu. It is part of what I have come to value so much about the community of Camptonville, and that's really what I want to say.

There really are American values. Despite our current political climate, America is still a place defined by small communities where people care for each other and find ways to make joint decisions for the betterment of all. You guys embody those values. There are clearly different viewpoints and opinions on issues that affect the community, but you have somehow found a way to air them without rancor, and to decide them without vilification. You celebrate local history and local artists, and you come together often. You support the sick and suffering among you. You are what America, underneath it all, really is.

Which makes it all the more meaningful that you have so warmly supported us, and through us, the hard-working tenders of the land who make up our true backbone.

Gratefully, Steven Dambeck





I Feel the LOVE

By Cathy LeBlanc

Photo by Rod Bondurant

I am humbled, honored, and filled with gratitude for the October 1st benefit to help me in my fight against breast cancer. A huge and heartfelt thanks goes to my dear friend, Rita Ortega, who has been my organizer and go-to person. She and her crew took my son Talon's idea to hold this fundraiser and made it happen. I appreciate each of you who volunteered your time and energy to make that outpouring of love possible! Another huge thanks to all who donated their delicious homemade desserts and raffle items. I was totally blown away by the generosity emanating from this community and beyond. *All* the raffle tickets were sold and 131 dinners were bought.

Thank you to my friends who engaged in the dessert auction's "bidding wars," driving the prices up and laughing all the way.

Generous donations included everything from change in a child's piggy bank, to money in an envelope labeled, "not for doctors, please have fun with this." Donations continued to come in the mail. All of this will go a long way to help me during this time.

While I've been off, I've had the time to read many books. Currently I'm learning about what happens after breast cancer. Lots of folks want to know, so after treatment what's next? How do you know it's gone? Studies show the number of deaths in six years is about the same whether the Doc does intensive follow up, or simply routine visits. In other words, it doesn't really do you any good to worry about it. Enjoy every day and live every day. For me, I always had to have an unrelenting positive attitude toward life. I know this too shall pass; what's really important is how I go through life's journey. So I have got to tell you all, right now my mind is at ease, mainly because of you, my neighbors, friends, and family. Your support is a true reflection of the Spirit of Camptonville that reaches beyond its borders. So it is with

deep appreciation to all of you that I say thanks for holding me in your thoughts and prayers. Thank you to all the hands, hearts, minds (and wallets) that made this possible. Please know I feel the love! I truly am blessed!



Cathy and son, Talon

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I've learned that people will forget what you said,

People will forget what you did,

But people will never forget
how you made them feel.

- Maya Angelou







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Martial Arts and Maslow's Hierarchy of Needs

By Devon Miller

Humans must have their basic needs met before they are able to aspire for and achieve more. This is the simple, yet profound thesis developed by Abraham Maslow Ph.D., an American Psychologist. Dr. Maslow called his theory Maslow's Hierarchy of Needs, and it included five basic levels of needs: Physiological, Safety and Security, Love and Belonging, Esteem, and Self-Actualization. My thesis is that Martial Arts training runs parallel with Maslow's Hierarchy of Needs and can be a powerful tool for assisting practitioners on their quests for Self-Actualization.

Let's consider humans' primary Physiological needs: air, water, food, clothing, and shelter. These can be met by Martial Arts training in a variety of ways. There are numerous lucrative means for skilled and credentialed

Self-fulfillment Selfactualization: achieving one's full potential. including creative activities Esteem needs: prestige and feeling of accomplishment Psychological needs Belongingness and love needs: intimate relationships, friends Safety needs: security, safety Basic needs Physiological needs: food, water, warmth, rest

Maslow's Hierachy of Needs

Martial Arts practitioners to make a living, from operating an academy, to instructing the military and law enforcement, to being a Hollywood film star, a sponsored amateur competitor, or even, dare I say, a professional fighter. The sky's the limit if you choose to make Martial Arts your profession.

After our basic Physiological needs are met, humans aspire for Safety and Security. This includes such things as not living in a war zone or a high violent-crime area, being free from life-threatening (or quality-of-life-threatening) illnesses, financial security, and a general sense of well-being. Real, credible Martial Arts training is the study of risk management, not just fighting. Effective risk managers are safer and more secure in all facets in their lives and tend to make better decisions regarding their Safety and Security. Better decisions typically yield better results and over time translate into an improved overall sense of safety and well-being.

Dr. Maslow posited that after Safety and Security needs are met, humans are able to aspire for Love and Belonging: developing meaningful relationships with friends, family, and romantic partners, as well as a sense of acceptance by one's social group. Martial Arts training helps build meaningful relationships as training partners work together to achieve common goals and the acquisition of skills. One is also connected to a larger Martial Arts community, enabling one to find friends and training partners almost anywhere. One's ability to build and maintain healthy relationships is improved by the greater sense of confidence and security developed through training.

The next level is Esteem, which is defined as feeling accepted, respected, and valued by others and self. Martial Arts training supports the development of Esteem through hard work, achieving goals, the development of healthy relationships, and living in adherence to sound risk management principles.

According to Maslow, when one's Physiological, Safety and Security, Love and Belonging, and Esteem needs have been met, one then has the ability to strive for the ultimate, Self-Actualization, or put colloquially, to realize one's potential. Self-Actualization applies to all facets of life: family, career, religious, social, and physical. With it comes the courage to embrace experience and adventure, and to be the best one can be.



Photo by Shirley DicKard

I believe Martial Arts training is a microcosm of life. We win, we lose, we struggle, and we learn. The lessons we gain provide invaluable assistance in our quest to meet our basic human needs and to actualize our true potential.

About the Author

Devon Miller has spent over 18 years as a student of Mixed Martial Arts and over 14 years training in Brazilian Jiu-Jitsu. He is a Brazilian Jiu-Jitsu Black Belt and has instructed the US Army, several law enforcement agencies, and numerous professional Mixed Martial Arts fighters. He has also taught lots and lots of kids classes.

Devon is currently offering free (donations for the Community Center are encouraged) Brazilian Jiu-Jitsu classes at the Camptonville Community Center. Kids Classes are Mondays and Wednesdays at 5:15 pm; Saturdays at 10 am. Adult Classes are Mondays and Wednesdays at 6:15 pm; Saturdays at 11am.

Devon can be reached at: devon@highlifebjj.com.

Meet Your Local...... Original Behind-the-Scenes Community Organizer, Tonie Hilligoss

By Linda Rose

The Camptonville community has witnessed some amazing developments over the last 30+ years, much of which can be attributed to Tonie Hilligoss who has worked behind the scenes to make things happen.

After graduating from college, Tonie became a probation officer in San Diego County while husband, Cliff, to whom she has been married for 44 years, worked for the State Department of Health. During that time, Tonie obtained her Master of Social Work degree. Tiring of life in Southern California, they learned from a friend about this community and purchased their property in 1974, continuing to live in San Diego until 1977 when Cliff was promoted to a job in Sacramento. Tonie landed a teaching job at Sacramento City College (SCC) where she taught Administration of Justice before earning a second Master's degree that enabled her to transfer to the Sociology department. They moved to their Camptonville property in 1980 even though, at the time, the house they were building had plastic windows and doors and only had hot water in the kitchen. Ten years later, they completed the house.

After relocating to Camptonville, Tonie became a member of the school board. Learning that funding was available in Yuba County for support services, Tonie and others affiliated with the school attended a meeting to obtain more information. Because she had experience writing grants at SCC, Tonie knew that, although Camptonville was not one of the targeted communities, funding was still a possibility. She wrote the first draft of a grant proposal, obtaining input from others to increase the likelihood it would be approved. Funding was obtained to address the social service needs of families with children in the school, thus creating the Camptonville Outreach Program. Through the efforts of all involved, staff was hired to implement the program and work with local families to address their needs. The Camptonville Community Partnership (CCP) was the nonprofit entity that was created in order to accept the grant. Shirley DicKard became the Director, and Tonie turned her attention back to her full-time job at the college.

Tonie was also instrumental in obtaining other funding for such things as creating garden programs in four area schools, securing initial funding for the Camptonville website, increasing funding for the Volunteer Fire Department, and initiating a plan to save Camptonville School from closure during a period of low enrollments. She asked that I emphasize that she was only responsible for starting the process that saved the school. It never would have been completed without the tremendous amount of time Dick DicKard put into making it a reality.



Photo by Cliff Hilligoss

Tonie and Cliff have one child, 34 year old son Devan. He is a chef residing in Chico, and he and Cliff are by far the most important parts of her life. After 32 years at SCC, Tonie retired in May, 2010 and hasn't looked back. She loves where they live because of the privacy and the peaceful feeling of living in nature. She loves working outside and enjoys community work.

Tonie has been instrumental in getting the Camptonville Community Center up and going, and is deeply appreciative of the support it has received from the community and the leadership of its current Director, Christina Ledson. It has been challenging, but she enjoys problem-solving and the many new people she has had the pleasure of getting to know.

> "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has."

> > - Margaret Mead



Thanks, Brian and Jesse, for setting up three unforgettable evenings at Burgee Daves watching Hilary Clinton and Donald Trump in the 2016 Presidential Debates. Whew!



Photos by Shirley DicKard

Bullying

6th Grade Students, Camptonville School Michael Johnson, Teacher



I thought it would be interesting for students to gain a perspective on bullying from an older generation. As part of this Project-Based Learning Unit, they were asked to conduct an interview with someone in the community who was at least 25 years old, using open-ended questions they had created. The students seemed to enjoy the process.—

I interviewed Mrs. X, a teacher who bullied a girl in high school. Mrs. X said, "I wish she would fly out of the window...". This remark was caught on a tape recorder, and the mom of the girl and the girl heard. Mrs. X got in lots of trouble.

Mrs. X also got bullied because she didn't do the bad things other girls did. She was on a track team and the other girls made fun of her because she didn't drink with them.

She always tried to be nice to bullies because she didn't know their story. Whenever two people in her class fight, she tries to get them to work together so they can find out they have something in common.

I interviewed a teacher at my school who witnessed a lot of emotional bullying in school. She said a few girls would like a boy and would start rumors about other girls who liked the boy. Middle school was the hardest for bullying. She picked mellow friends when she was in high school, so she did not get bullied a lot.

She said a girl in third grade got bullied in school, so she stole to get attention. The teacher I interviewed was upset because the girl stole from her. The principal said, "don't be mad, look at her as a friend." This helped her treat other people with kindness.

I interviewed a teacher, Mrs. Y because she is funny and nice. She got bullied when she was in 6th grade by her older brother and his friends. They called her "goat face" for the entire 6th grade.

Mrs. Y has also been a bully. She bullied a girl named Ivory. She was continuously hurting that girl with her words, but she didn't know that was what she was doing. She said that being bullied made her grow a thick skin and that being a bully made her realize that people are fragile, and they can be broken.

She said that she learned that the saying, "Sticks and stones may break my bones but words can never hurt me," isn't true – that words do hurt really bad. I learned that words hurt all the time and that you need to be careful of what you say.



I interviewed a volunteer at our school. I think it is important to learn about bullying so we can help people not to be bullied. I thought she was going to say that she got bullied in school, but she was the bully with her popular friends. I learned she bullied girls a lot. She said she went to counseling to stop bullying.

The person I interviewed about bullying is the best lunch lady ever at our school. I interviewed her because she has a great personality. That is what makes her amazing. Last year I spent a lot of time with her during recess. I asked her questions about bullying.

She said when she was 11 years old she started gaining weight. She said that she was mostly bullied at school. She also said that the girl who bullied her was the leader of the group of friends she hung out with. She said that bullying made her feel self-conscious. From this interview I learned that most everyone has been bullied at some point in their life.

I interviewed my teacher about bullying. I asked him if he had seen any bullying when he was younger, and if so, what did he do?

He told me about an old classmate who he talked to about ten years ago. The classmate told him that he had defended him against a bully when they were in school.



My teacher did not remember defending his classmate, but said his classmate was grateful and never forgot about it. He said he was a bully to a kid in high school. He said he used to tease this kid but later became his friend and felt bad for being mean to him.

I interviewed Mr. X, an employee at our school. When he was young he rode the bus a lot. A student bashed his head on a metal bar. When that happened he felt sad and uncomfortable. He talked to the bus driver and sat in the front seat. After that he avoided that kid. He did bully someone but he thinks everyone bullies someone in a way. I liked when Mr. X shared details about his childhood with me.

I interviewed Mrs. Z at school, and she knows a lot about bullying. She was bullied by these boys that were jealous because she was a really fast runner and so she'd beat the boys. They would trip her and push her to the ground. Also she was bullied as an adult by her neighbor. He had a dog that would bark all night so she said something about it. He started yelling at her and calling her names.

Also Mrs. Z had bullied someone by excluding a girl everyday at school when she was young. She felt bad for doing it and the girl missed school to have her appendix taken out. Mrs. Z said she always thought that she was the reason that had happened. Also it was emotional bullying, not physical. I learned that some people bully you because they are jealous of you.

The Interactive Page

Send your ideas for the "Interactive Page" to camptonvillecourier@gmail.com.

Thanks to the Spackman Family for this first page!

Anagram! Compassion (How many words can you make from this one?)

Joke: Why are trees so bad at hide-and-go-seek? Have you heard about the restaurant on the moon? (Answers on Page 9) Follow road **Drawings by Sasha** Crossword: -Across 1. Pet that purrs. 2. place where lots of animals live and food is grown. 3. soft thing to put your head on. 5. something to put on top of one's head. 6. joint that connects to the thigh bone 7. like a slug, witha shell 8. the symbol for this is a heart. + Down 1. Name of our town. 4. Important resource that is good to drink. 7. Bright star in the daytime sky. Submitted by Spackman family

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Monkey Mind: **Enneagram, National Character,** and the High Side

By Jesse Golden

The monkey mind is a term sometimes used by the Buddha to describe the agitated, easily distracted, and incessantly moving behavior of ordinary human consciousness. As an ordinary human afflicted with monkey mind, I offer these thoughts for November - Jesse.



After last month's Enneagram workshop at the Image: Ohara Koson: 1927 Monkey Catching Reflection of Community Center, I keep thinking about how this Wikipedia) ancient system of personality types might be helpful personally and also on a national and global level.

Studying the Enneagram of Personality is a way to break free of unconscious patterns by recognizing a distinct central strategy that we have each evolved to survive and feel valued. That strategy may help us, but it may also limit our understanding and keep us from connecting with ourselves and with each other.

So, for example, the Two, called the Giver, tends to give to others in order to earn their love. The less-evolved Two might be that overhelpful friend or relative who resents not being more appreciated; Mother Teresa might embody the more-evolved Two, inspiring the world through her kindness.

Personality types can also be applied to nations. One writer (at personalitycafe.com) suggests that the dominant culture of the United States might be a mix of these types with these preoccupations:

- Three, the Performer drive for success, fame, status, concern for career and image
- · Six, the Loyal Skeptic traditionalism, conservatism, respect for authority, apprehensiveness about the future
- . Seven, the Epicure love of the new and immediate, high energy, insatiable consumerism

After the brutal shredding of civility in the current election cycle, perhaps we need to find ways to insist that our leaders move us toward the potential gifts of these types: the Three, hope and honesty; the Six, faith and courage; the Seven, work and sobriety. How might we do this? It's a question worth asking. (I learned a while back that a question that begins with "how might we" is always a good start.)

There will be a free Enneagram workshop and movie on Breaking Out of the Box, Sunday November 6, 12:30 pm at the Community Center (more information on Page 2). Come on by after enjoying the Christmas Club brunch from 10-12 pm. See you there?

Answers to Jokes from Page 8 #1 They're always stumped #2 Great food, but no atmosphere!

1, 2, 3 Grow Coming and Going

By Yakshi Vadeboncoeur

There's always a lot happening on Tuesday,
Thursday, and Friday mornings, 9:30–12:30, at
1, 2, 3 Grow. October opened with picture day and our
pumpkin patch field trip, so of course, our rug letters
were 'Oo' and 'Pp'. We planted winter greens and root
veggies in the garden. We hopped on oval ocean stones
to the safety of the circle time rug. We put Ollie Octopus
in his orange ocean cave. Naturally, we celebrated
Halloween. We dressed up as pretend people and
creatures and paraded, danced, and partied. We worked
and played, played and pretended, then played some
more. It can be hard to tell the difference because play is
how we interact with the world; it's how we learn.

Now the party's over; October is past, which means it's November. 'Nn' and 'Tt' appear on our circle rug. We think about names and numbers and talk about things we notice. 'Tt' is for Thanksgiving and talking about what we are thankful for. Family, friends, pets, home, food, and toys (ones we already have) usually top the list.

November also means that the holiday season is upon us with its travels, family gatherings, more parties, and special events. These can bring lots of excitement and pressures, and they can make it hard to keep to routines—those safe, satisfying, normalizing routines that keep things balanced and familiar for a toddler. Toddlers thrive on routine—familiar food, their favorite story, their blankie or teddy, the song that signals the transition between bath and bed.

In the midst of plans for favorite traditions, special feasts, trips, and exciting events, plan as well for some quiet time, simple meals, and bedtime routines. It will make their life, and yours, less pressured. And remember, their list of things they are thankful for is all about you and your life together, and it pretty much matches yours.



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Language Lounge: "NERD"

By Jimbo, the Word Geek

Did you know that we have Dr. Seuss to thank for the word "nerd"? The first documented appearance of "nerd" is as the name of one of the creatures in his book *If I Ran The Zoo* (1950). By 1951, *Newsweek* magazine reported its popular usage as a slang term synonymous with "drip" or "square." By the 1960's, that usage had spread throughout the U.S., gaining even more popularity in the 1970's due to its use in the hugely popular sitcom *Happy Days*.

Yuba County's Free Digital Law Library

By Randy Fletcher, 5th District Supervisor, Yuba County

Did you know that Yuba County has a free "Digital" Law Library available to the public? A County Law Library is a citizen's "first step" in accessing justice by providing an easy way for the public to find assistance to guide them through their legal issues. Currently, there are four Marysville locations: the Yuba County Public Library, the Yuba County Courthouse (Attorney Room), the Yuba Community College Library, and the Yuba County Government Center lobby.

The following e-books are available on the Law Library
Computers: How to Probate an Estate in California; California
Workers' Comp; Nolo's Guide to California Law; California
Tenants' Rights; The California Landlords' Law Book (Rights
and Responsibilities); The California Landlord's Law Book
(Evictions); How to Change Your Name in California; Fight Your
Ticket and Win in California; Everybody's Guide to Small Claims
Court in California; Living Wills and Powers of Attorney for
California; The Guardianship Book for California; Prenups for
Partners; California Mechanics' Lien Kit for Homeowners; and
Win Your Lawsuit (Sue in California Superior Court without a
Lawyer).

Future goals of the board of trustees include locating new terminal sites in Brownsville, Wheatland, and Plumas Lake. If there is any interest of having a site in Camptonville, please contact Supervisor Fletcher at 749-7510.

BOARD OF SUPERVISORS

RANDY FLETCHER

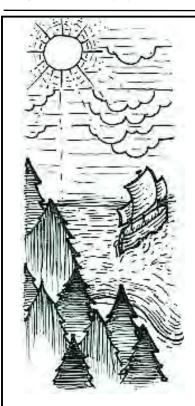
Supervisor 5th District

YUBA COUNTY GOVERNMENT CENTER

915 8th Street, Suite 109 Marysville, CA 95901

Office: (530) 749-7510 Cell: (530) 693-7481 Fax: (530) 749-7353 E-mail: riletcher@co.yuba.ca.us





Softening Earth

As I walk after rain, and smell the rich fragrance of pine and leaf and air, I feel the softening earth beneath my feet, the sponginess of grass that was, just yesterday, dry burrs and stickers clinging tenaciously to my big dogs' long black and curling fur.

> After the summer heat, after holding each leaf so firmly, after the brittleness that comes from too long in the midday sun

> > -this tenderness-

and the black dog running ahead of me, glad for the cool, disappearing at the road's bend. ~ Diane Pendola 10-15-16



Photo by Diane Pendola

Thank you to **Maddie Gremillion** for creating most of the graphic artwork in this issue!

And also to Ava and Sasha Spackman for their delightful drawings.



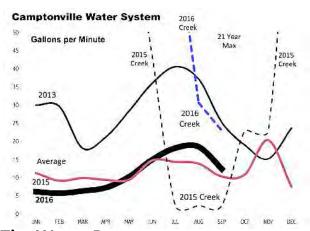
From Your Fire Chief

By Brandi Dudek

The Camptonville VFD would like to congratulate Mike Dudek on his promotion to Assistant Chief. Mike joined the Fire Department in January 2009, became Safety Officer in 2010, and was promoted to Captain in 2011. So next time you see Mike, give him a big congratulations.

Camptonville VFD was paged out for 6 calls this month: 3 medicals, 2 vegetation fires, and 1 smoke check.

Our roster stands at 17, including 3 new recruits and 2 cadets. We are always looking for volunteers! Training is Tuesday evenings from 6-9 pm. We also need volunteers for nonfirefighter support staff. If interested in being part of a great team, please call me at 288-3303.



The Water Report

By Mark Jokerst, Water Plant Manager

All kinds of audible sighs of relief fill the air 'round here, otherwise best described as the sound of rain and the blessing it brings by ending our fire season and our water drought season. Many thanks to all of our water customers for tightening up: we ended the season without ever shorting the Campbells Gulch watershed of water, due to everyone's efforts to conserve and remain on guard for leaks and forgotten hoses.

Once again we've beaten the State's conservation target of 25% reduction, managing to save 54% of our 2013 water consumption. I dare say we're probably top of the class in California. Thanks for your help and concern!

Fire Safety

By Jessica Prince, Fire Prevention Technician USFS

Although recent rain has saturated our surface fuels across the community, please remember that we have been in a long term drought and our more dense vegetation will take longer to become saturated.

The Forest Service has lifted the fire restrictions for the Tahoe National Forest, and residential burning is now permitted with a valid LE-62 Burn Permit. Make sure you stop in for a current permit. Until Calfire has declared the end of fire season, permits with restrictions will be required. You may call the Yuba River Ranger District at 288-3231 or visit the Calfire webpage at:

www.fire.ca.gov/fire_protection/fire_protection_burnpermits and navigate to the appropriate county to check permit status. Additionally, always ensure it is a valid burn day in the area you are burning before igniting your piles.

With the cooler days, please take the time to check your chimney and ensure you have completed your preventative maintenance. Now is a great time to make sure stoves are cleaned properly of creosote and ash before the upcoming winter. One more tip: Daylight Saving Time ends November 6th. Changing your smoke detector batteries when the time changes is a great way to help you remember. Have a safe fall!

For any fire safety questions or concerns, please feel free to contact me at the Yuba River Ranger District (288-3231).

Yuba River Ranger District News

By Kevin Kidd, Visitor Information Assistant

Our offices will be closed November 11th for Veteran's Day and November 24th for Thanksgiving.

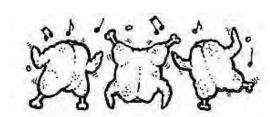
All **campgrounds** above Camptonville went into winter status October 15th. Those that do not have locked gates will still be open for use, but with no services or fees. The Forest Service campgrounds at Bullards Bar are closed.

Fuelwood cutting will be open until December 31st, but standing dead hardwood can only be cut until November 1st. You must still call (288-3231) to hear what the project activity level is before you go cut forest wood.

Fishing along the Middle Yuba River ends November 15th. After November 15th, only artificial lures with barbless hooks can be used on the North Yuba River.

Rainfall: as of September 22nd this year, we had recorded rainfall of 0.08 inches for the season that started July 2016. By October 20th, the season total was up to 5.84 inches. For comparison, last year at this time, we only had 0.93 inches and the total for the entire season was 62.95 inches.

Have a Happy Thanksgiving!





Hwy 49, North San Juan www.ridgecafensj.com Call-In Orders Welcome! (530) 292-3488

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Have Your
 Voice Heard!
 VOTE Tuesday
 November 8th





Lessons Learned on the Field Lead to Small School Flag Football Champions!



By Sandy Ross, Superintendent/Principal, Camptonville School

While students are expected to think critically in the classroom, communicate with teachers and peers, collaborate on assignments, problem solve and utilize creativity in coming up with alternative strategies, all of these characteristics make students successful on the football field as well. Students quickly learn that there is much more to the game than winning and losing; mental preparation is as important as physical preparation.

I dislike any stereotypes, particularly those that imply that athletic skills and brains are incompatible. Athletes who participate in team or independent sports willingly choose to add to their work load. They are held accountable to their coaches as well as their teachers in order to maintain their standing on the team. Our student athlete contract states that "participating as an athlete in any Camptonville School/Nevada County Sport is a responsibility. As an athlete and competitor, you are not only representing yourself but your school. Any student who chooses to be on a team must be committed to doing their best on the field, in their behavior, and in their academic work."

This fall, our Cougar Flag Football team represented the best of our students at Camptonville School by embracing this philosophy. Fifth through eighth grade players overcame obstacles on the field, regardless of size, age, or gender, learning that making excuses does not help you to be successful in the classroom or on the field. For the most part they kept their cool, listened to their coaches, practiced and learned their plays, respected their teammates and the opposing players, and never stopped pushing themselves to do their best. Of course they had rough moments, but they picked themselves up, brushed off their uniforms, and learned from their experiences.

This resulted in a 6-4 season record and the title of Small School Champions for the Nevada County Middle School League. They scored over 150 points in the course of the season with at least 2 touchdowns per game. Each and every player should be commended on their commitment and passion, leading to this admirable outcome! Congratulations and thanks to coaches Daniel Tinnel and Eric Querequincia who put a great deal of time and even more heart into coaching this team. Our gratitude also goes out to Scott Spackman, Brandon Aguirre, and Adrayan Aguirre, who refereed our home games. We appreciate our team moms, Chelsi Hedrick and Candace De Maranville, for keeping score and organizing snacks. Lastly, thanks to parents for your positive energy at the games. Great job Cougars!

November School Calendar

October 31 Halloween Parade and Celebration
Parade begins at 1 pm
In case of rain, activities will be in the gym

November 1 Professional Development Day (No School)

November 9 Awards Assembly, 8:45 am
Staff Develop. Min. Day, 12:45 pm dismissal

Kindergarten Schedule, 8:25 am-12:45 pm

November 10 Veteran's Day Observance, 10:25 am at Camptonville Cemetery. All Veterans and

community members are invited to attend.

November 10 End of First Trimester

November 11 Veteran's Day (School Closed) November 16 School Board Meeting, 6 pm

Nov. 16-18 Minimum Days for Parent-Teacher

Conferences, 12:45 pm dismissal

Kindergarten Schedule, 8:25 am-12:45 pm

Nov. 23-25 Thanksgiving Break (School Closed)



YUBA COUNTY OFFICE OF EDUCATION

Camptonville Union School District P.O. Box 278 16585 School Street Camptonville, CA 95922

SANDY ROSS

Superintendent/Principal

Phone: (530)288-3277 Fax: (530)288-0805

Email: sross@cville.k12.ca.us

Money Available for Youth Activities

By Jocelyn Rapp, CCP

Connecting youth to mentorship and employment opportunities has been a long-standing mission of Camptonville Community Partnership (CCP). Do you have something you would like to share with youth – perhaps a skill to teach or an opportunity to share? CCP has funding to help make your vision a reality! We can give stipends to mentors, pay for equipment and supplies, or help offset the cost for kids who participate in activities that would be too expensive otherwise.

In the past, CCP has provided funds for Open Gym Basketball, Yearbook Club, Piano and Tennis Lessons, and school electives. We have sponsored the school's Basketball and Football teams and have provided participation stipends for youth in Little League Baseball and Indoor Soccer.

No idea is too small, so if you have something you would like to share with the youth of your community, let us know and we'll help you set it up! For more information or to make it happen, call CCP at 288-9355 or email me: jocelyn@theccp.org.

This Month at the Community Center!

By Christina Ledson, Director

The construction progress continues at our Center. We appreciate everyone's patience during this time. We have grand expectations for our beloved building, and quite frankly, it takes time. The project will be happening in phases, so as not to get too far ahead of ourselves, and to keep the building useable. It may not always be pretty, but it is nice to have a warm, dry place to gather. As with most not-for-profit facilities, finances are tight. If you have been considering becoming a member of the Community Center, now would be a great time to join. These memberships help us keep the momentum going.

As far as events go, November is a quiet month with the exception of our wonderful ongoing programs. If you haven't been by on Saturday mornings, 8:30 –11 am, for a cup of coffee you are missing out. Great goodies and wonderful company is a fantastic way to spend your morning! Then why not get up and moving afterwards with Jiu Jitsu? If you have a program you would like to see at the Center please let us know.

If you have any suggestions or questions please call Christina Ledson at 288-3655 or email me at christinaledson@gmail.com. For rental information you can contact Char Jokerst at rubycj@att.net. Thanks to all of you who have volunteered your time and resources to making the community center a place that can serve all of us.





Camptonville Community Center Contact Information

Director and Volunteers — Christina Ledson christinaledson@gmail.com, 288-3655

Events and Programs — Barbara Ramirez efieb@att.net, 288-3392

Rental of Center-----Char Jokerst

rubycj@att.net , 288-9320

Donations and Membership Forms can be sent to:

CCSD, PO Box 327, Camptonville, CA 95922

Please make checks out to:

Camptonville Community Center

Membership forms can be downloaded at www.camptonville.com

All questions can be directed to:

Christina Ledson and Char Jokerst (see contact above) Tonie Hilligoss - thilligoss@mac.com, 288-3451

Mac Claar

March 8, 1932 – October 4, 2016 By Jimbo Garrison

Former Camptonville resident and longtime contributor to the Camptonville Gardeners' Market, Mac Claar, passed away unexpectedly in his sleep the morning of Oct. 4th.

Mac was an avid gardener and he always did things in a big way, including planting. Over the years, he would bring his garden surplus to our market, letting all of us share in his bounty.



Mac's Tomatoes

He was a resident of the Moonshine Road area for many years, but about ten years ago moved down the hill near Marysville. Although he was almost an hour away, he continued to bring produce up to us every week during our market season, year in and year out. Even though his physical presence in Camptonville was limited, his contribution to our community was prodigious. Thanks for everything Mac – you will be missed.

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- · Visit us at www.sierraclinic.org for directions and information.
- Phone 530-292-3478 for an appointment.

Important! New Day and Location of USDA/Brown Bag Food Program, Dobbins

By Lisa Baker

Starting in November, the USDA and Brown Bag programs will now be on the **3rd Tuesday at a new location: the Willow Glen Restaurant parking lot in Oregon House.** Two distribution sites are being consolidated into one, so it may take longer to sign in and get your food. Willow Glen is seven miles further towards Marysville, at the corner of Willow Glen and Marysville Roads. For questions, call Yuba Sutter Gleaners, who oversee the sites at 673-3834.

Foothill Food Pantry: New Dates for November and December

By Lisa Baker

Please make a note of these new dates: **November 3, 10, and December 1, 8, 15, and 29.** Distribution time is still **12:30–1:30 pm at the Lake Francis Grange, Dobbins.** Because of the holidays, we will be closed the week of Thanksgiving and the week prior to Christmas. As we are unaffiliated with Gleaners, we don't know if their holiday schedule will be different again. Please call them at 673-3834 to check for our area's distribution dates.

Connecting to Quit

No Cost Tobacco Cessation Classes

November Classes are 3–4 pm at Yuba College, Room 117 (100B Building) on the following days:

November 1, 3, 8, 10 (Quit Day), 15 and 17
For information or to register,

call Yuba County Health and Human Services: 749-6366.



Mobile Health Services Discontinued Until Further Notice

Services available at our health centers: Grass Valley, 844 Old Tunnel Rd. and Downieville, 209 Nevada St.

Primary Medical Care
Urgent Care
Lab Work
Dental
Behavioral Health*
Maternity Health with OB/GYN*
... and more
*Grass Valley only

For appointments: 530.274.9762





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Electric Appliances: Stove, new "white" glass top, Dryer (new), Washer (used), Rice Cooker, Commercial Coffee Pot. Also Crystal Punch Bowl Set, Dishes: Set of 6 in 4 colors, Singer Sewing Machine, Luggage: Set of four, leather, Puzzles.

For information, call Bunny Wubbena, 288-3630



Rachel Farrell, PA-C, LM, CPM Fonda Shaw, FNP, CNM William Davis MD, Medical Director

A California State Licensed free-standing birth center assisting women with natural clidbirth in a safe, personal and holistic environment

1908 North Beale Road, Suite C, Marysville, CA 95901 (530) 743-6888

HELP & HOPE

For EmergenciesFirst Call 911 (All area codes are 530 unless specified)

Ca Rural Legal Assistance (Yuba Co)	742-5191
Camptonville:	
• AA	288-1001
Elementary School	288-3277
Post Office	288-3348
Resource Center (CCP)	288-9355

• **USFS** (Yuba River Ranger District) ------ 288-3231 • **Vol. Fire Department** ------- 288-3303

CoRR (Community Recovery Resources) ----- 273-9541

Domestic Violence:

• Casa de Esperanza Hot Line (Yuba Co) — 674-2040

KUBA 1600 AM (Yuba Co) — 673-5400 **KVMR 89.5 FM** (Nevada Co) — 265-9555

Red Cross of NE California ————673-1460 Sheriff (Yuba Co)

Supervisor Randy Fletcher (Yuba Co) ---- 749-7510

(Contact Editor for additions or corrections)



The Camptonville Courier **P.O.Box 32** Camptonville, CA 95922

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Autumn in the Historic Camptonville Cemetery Photo by: Lizzy Furtado (Enjoy the gorgeous color version at www.camptonville.com) **********ECRWSS 22B001

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> USDA Food Bank - Dobbins **Important Changes** on Page 15!



On-Going MONTHLY Events

Contact: 288-3421 or 288-3676

NOVEMBER 2016 Community Calendar

On-Line Calendar: www.camptonville/calendar/phb

November 6 Daylight Saving Ends (Turn clocks back Saturday night)

Christmas Club Fall Brunch Fundraiser (pg 2) November 6

November 6 Enneagram Movie and Discussion (pg 2)

November 8 **VOTING DAY (At Camptonville School or Mail-In Ballot)**

Who will be our new President? November 9

November 24 Thanksgiving Day

December 4 Camptonville Holiday Craft Faire (pg 2)



On-Going WEEKLY Events

Tuesdays: Organic Lunch, NSJ Center, Discontinued temporarily USDA Food Bank, 3rd Tues, 9–10:30 am, Willow Glen, OH

Yoga, 5:30 pm, Camptonville School Gym

Camptonville Fire Dept Trainings, 6–9 pm, Fire Hall

CCP Board -Meets 2nd Wednesday, 5 pm, Resource Center Thursdays: Foothill Food Pantry, Lake Francis Grange, Dobbins,

> Contact: 288-9355 12:30–1:30 pm. Nov 3, 10; Dec 1, 8, 15, 29

CCSD Board - Meets 4th Monday, 7 pm, Camptonville School Food Bank, NSJ, 3rd Thurs, 8 am, North San Juan Center

AA Meeting, 5:30-6:30 pm, C'ville Resource Center

WSMC Health Van - Discontinued. Contact 274-9762 Fridays: Community Lunch, 12 pm, NSJ Center

School Board - Meets 3rd Wednesday, 6 pm, at CV School Saturdays: Coffee @ The Center, 8:30–11 am, C'V Community Center

Contact: 288-3277 **Sundays:** Open Mic, 1st & 3rd Sundays at Burgee Daves, 4–7 pm