VOLUME 20 DECEMBER 2016 NUMBER 12

The Gifts We Share

By Shirley DicKard, Editor

December in our ever-changing world: businessman Donald Trump is the President-elect; legendary singer/songwriter Leonard Cohen has passed on; the Winter Solstice envelops us in darkness; the Christmas star brings us hope and light.

I've been grappling with how to handle this post-election edition. *The Camptonville Courier* is a small community newspaper, and for the most part, we do not cover national and international concerns. We try to reflect the best of who we are and what we care about. We don't give space for ranting about what is wrong, but seek contributions that offer tangible suggestions, which we call being "solutionary."

As a small community, you might say we are engaged in a quiet conspiracy to overlook our deficiencies and focus on our gifts. Sociologist John McKnight came up with this concept after traveling across America in the 1990's studying, not what was wrong with American cities, but what made them successful. Though McKnight visited Camptonville after he wrote his landmark book, Building Communities from the Inside Out, we were included as examples in several later books about communities that have built on the assets of their people: The Organization of Hope and We Did It Ourselves (both are available to read at CCP's Resource Center). If you're curious about this "Asset-Based Community Development" approach, a good overview can be read at www.abcdinstitute.org/docs/abcd/GreenBookIntro.pdf.

As I pass by our new Community Center, I've been watching Robert Mumm's artistic vision for a flowing rock wall materialize, assisted by the hands of so many people – from the work party that hauled the stones from the Middle Yuba River area, to the ditch diggers, to the crews that helped Robert mortar the rocks in place. So, what are you passionate about? What gifts can you share?

2017 is soon upon us. My deepest hope for our community, our nation, our world is that, whatever our personal and political persuasions, we can maintain the values that make us a civilized society and democracy: one based on respect for all humans, all forms of life, and this one planet we all share.





Solstice

This is the light that shines in the dark.
This is the Solstice turning.
This is the birth of God in our midst.
This is the freedom of our calling.

- Diane Pendola Earthlines, Winter 2013 skylineharvest.org



"There is a crack in everything, That's how the light gets in." – Leonard Cohen

Leonard Coher9/21/34–11/7/16

Wondering how you can make a difference in your world? One way is to start locally by supporting the non-profit organizations that do so much for our community all year. We've made it easy for you. Inserted in this edition (and online at www.camptonville.com) is the **2017 Donate Locally!** page. These 13 volunteer organizations rely almost 100% on our community's support – tax-deductible donations of money of course, but just as important, donations of your time and attendance at their events. Let's each do what we can!

Happening This December!

Santa's Coming to Town!

The Camptonville Christmas Club

Families! At 6 pm on Friday, December 9th,
Santa will arrive at the Camptonville Community
Center with gifts for all children. Come early to
purchase dinner from Fatty's Foods, starting at
4:30 pm. Please read the Insert and article on
page 4 for more information.



Trees and More From Our Volunteer Fire Department

By Brandi Dudek, Chief

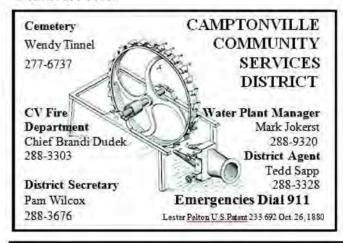


The Camptonville VFD will be selling Christmas trees again at the annual Craft Fair on Sunday,

December 4th from 12–3 pm at the school. This is a fundraiser for the Fire Department.

Our VFD was paged out for 9 calls this month: 3 medicals, 2 vegetation fires, 1 smoke check, 2 motor vehicle accidents, and 1 structure fire.

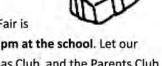
Our roster stands at 17, including 3 new recruits and 2 cadets. We are always looking for volunteers for firefighters and support staff. All training will be provided. If interested in donating time and being part of a great team, give your Chief a call at 288-3303.



Christmas Craft Fair - Sunday, December 4th

By Barbara Ramirez, CCP

Camptonville's Christmas Craft Fair is



Sunday, December 4th from **12–3 pm at the school**. Let our talented local crafters, the Christmas Club, and the Parents Club help you with your holiday shopping!

The Camptonville Volunteer Fire Department will also be selling Christmas trees. Some booth spaces are still available, so if you are interested in selling your wares, call Barbara at 288-3392. This is a CCP-sponsored event. Hope to see you there!

Christmas Food Baskets for Camptonville

By Barbara Mueller-Hogan

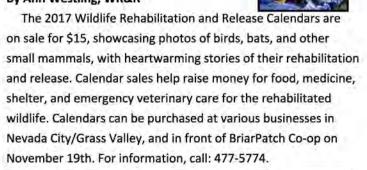
I will not be able to do "Secret Santa" this year due to family issues. However, I have spoken to Lisa of the Foothill Food Pantry in Dobbins and she said if I gathered a list of people who would like food boxes, and who can pick up their own boxes at the Dobbins Grange Hall on Monday, **December 19th**, from 10 am—12 noon, she would be happy to make them up.

If you or anyone you know would like to be on the list, call me **by December 10th** at 288-9311, with the name of the family, phone number, how many in the family, and ages of children.

If all is well next year, I'll be back with "Secret Santa." I wish you all a blessed holiday season. –Barbara

2017 Wildlif e Calendars For Sale

By Ann Westling, WR&R



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On-Line Courier Newspaper and Community Calendar: www.camptonville.com

Free to the community; Subscriptions: \$15 yr. Tax-deductible donations are appreciated!





It Takes a Community . . . What Camptonville Has Done For Me

By Darin Barry

It's far from easy living with manic depression. About twenty-one percent of us choose to end our lives. I hate the term Bipolar 1. That term makes me feel like I'm from a different planet, and often times in my life, I feel I am from a different planet



Photo by Darin Barry

anyway, inwardly alienated, not in tune with the rest of the world. It's not a term that makes me feel in any way near normal, something I strive to be. I hate the term bipolar. But, I own it.

This fall I was admitted to Sierra Nevada Memorial Hospital's Crisis Stabilization Unit, suffering from life threatening depression. Sometimes, even for the self-aware, suicide looks good when you don't realize there's light at the end of the tunnel.

Then some friends came in. Friends from Camptonville. Sandi and Brian, owners of Burgee Dave's at the Mayo, said, "Get up here, stay a while, enjoy some respite." I took them up on it.

I had some preconceived notions, like nobody would get me or would want to hang around me. I was wrong. You have to forgive me for that. I've lived in big metropolitan areas and thought your area would be full of rednecks and generally mean people. I thought I would have to stick close to Brian and Sandi.

What I found is that people are embracing, loving, understanding, and wanting to be my friends. I've literally had to pull some people off me that were hugging me a little too long for comfort, and that's not a bad problem to have. It's a lot like living in that old television show, Northern Exposure; full of wonderful, good hearted, and quirky people.

Sandi, a dear old friend, is going blind. She took me to the cemetery of all places, and told me to check out the view. It's spectacular, and I got to describe what I was seeing to her.

Looking over the beautiful view, I realized I was being disrespectful by standing on a grave, and moved away. There I saw on a pair of epitaphs, "Beloved Husband," "Beloved Wife," and through those words memorializing their lives, even though they are dead, the thought of those two made me want to live again. It gave me hope that relationships where people spend their lives together are a possibility - something that has eluded me, except for the lifelong friendships I value.

That night, when the earth turned around and I could see the sky, unpolluted from the lights of the cities I've lived in, I saw the stars, and I saw our universe as it was meant to be seen, and it was beautiful. I realized that life is beautiful, even with my own faults. When the world turned around, so did my life. I have Camptonville to thank for that.

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This Month at the Community Center By Christina Ledson, CCC Director

In an effort to make some substantial improvements to the Community Center, we have decided to apply for a USDA grant that will help us get things done sooner rather than later. If we are approved for this grant we will be responsible to match a portion of the funds. Our portion would be close to \$17,000. This grant is limited to equipment upgrades only. We have a very lengthy equipment list of everything we would like, but the primary items consist of double pane low E operable windows, lighter tables and chairs, new energy efficient lighting throughout, stronger flushing ADA compliant toilets, and an updated kitchen with new appliances to better serve the community.

I am very happy to say that The Center has seen an increase in community use. With these upgrades the building will become more and more useable for a wide array of events. We will continue to host fundraising events to reach our goal of \$17,000, but we will need more than just events.

Our membership program is a very vital part to keeping a consistent income flow. If you have been thinking about joining, please consider doing it soon. Membership information is at www.camptonville.com. We host an annual thank you dinner for all members. The first one will be in January. This is just one of the many perks of becoming a member of The Center.

As we move ahead in 2017 with our plans to make external renovations and to raise \$17,000 for our share of inside equipment upgrades, please consider sending a year-end donation to Camptonville Community Center, PO Box 32, Camptonville, CA 95922. Thank You!.

Thanks again to all of you who have volunteered your time and resources to making the Community Center a place that can serve all of us. Enjoy your holiday season and we look forward to an exciting 2017!



Artist's Rendition of Remodeled Community Center

Santa has been visiting Camptonville for 54 Years!

By Jessi Mullins, Camptonville Christmas Club

The Camptonville Christmas Club is a non-profit organization that plans, organizes, and decorates for a special visit by Santa Claus with our community's children. Santa arrives on one of Camptonville's fire engines and brings a special gift for all children through 8th grade, as well as a stocking of goodies and, of course, he gives each child a few moments of his time to let him know what they want for Christmas. Christmas cheer fills the Community Center and Santa's room, along with hot cocoa, tea, cookies, tacos, and Christmas music.

About five years ago, Georgette Fowler asked me to take over this event, as she wanted to be sure this tradition would continue. She believed it truly touched our children, and seeing their smiles was something she forever cherished. She is truly missed, and we know that in spirit, she is still watching for those smiles. I have since recruited friends and family to help keep this tradition going. We formed a group called the *Camptonville Christmas Club*.

As a little girl, I remember Santa coming to town. One year especially, I was waiting in a long line underneath the tree in front of The Mayo, bundled up and waiting my turn. As we got through the double wide doors, there was Santa in the far back corner. I couldn't wait to tell him what I wanted for Christmas! I don't remember what I asked for, but I remember feeling special. A heartfelt thanks to Georgette and her helpers, from one of the grown children of our community. It did truly touch our hearts as children.

Please join us for a special evening on **December 9th**, for Santa's 55th year bringing Christmas cheer, love, hope, a gift, and stocking for each child who comes. His helpers will mail you a photo taken with Santa. We would love to see all our children's smiling faces.

If you want to help support the Christmas Club, we can always use homebaked cookies for Santa night and financial donations. Thanks again to all who helped with the brunch fundraiser and to those who purchased tickets for our "Choose your Basket Raffle." The raffle drawing takes place on December 9th when Santa comes. For questions, please contact Jessi Mullins at 288-3358.



Temporary Employment Opportunities with USFS Coming Soon!

Local Opportunities! School Board Position

School Board Position Opening

By Richard DicKard, School Board

Being on the School Board is an



The US Forest Service will be announcing Temporary
Employment opportunities this January. This is for work that is
expected to last no more than one year. Temporary
appointments can also be used for seasonal work which is
needed every year when the work requires less than six months
on duty. These appointments usually run from May to October,
depending on work, budget, and weather.

Krystal Rasmussen, Administrative Assistant, USFS

The US Forest Service uses a nationwide online application process that starts with www.usajobs.gov. Here you create a profile, upload a very thorough resume (do not limit to one page, this is the only information used to qualify), and find the announcement you are interested in responding to. Each temporary position has its own announcement number, and to be eligible for multiple pay levels or grades, you must apply to each announcement number at each pay/grade level.

Fire announcements are open for applications on January 9-13 and all Non-Fire announcements open January 17-23. We recommend applying right away, so as not to miss the deadline.

For a full list of temporary positions and tips on how to apply, stop by the district office and grab a handout with helpful information regarding temporary employment. You may also contact Krystal Rasmussen (478-6253) with questions about applying or about our district Temporary Employment program.

Not Just Coffee

By Molly Spackman

Miraculously, the Community Center has hosted a social event once a week since May! ...or was it June?

Every Saturday, beverages are served along with donated food offerings. There are meditational pictures to color if you want to be quieter. Sometimes people bring a puzzle or game. Anyhow, Coffee @ the Center continues to be an event enjoyed by many, including my kids. I love the surprise of not knowing who is going to show up or what yummy treats will be served. I always enjoy the company and conversation. One week someone said, "The 80's were awesome no matter what anyone says." There ensued a nostalgic conversation around movies and life in the 1980's. Every week is a refreshing surprise.

New Hours! Starting in December, Coffee @ the Center will be from 9 am to 11:30 am, always on Saturdays.

We still need Hosts for December and January. Please contact Molly to sign up for a Saturday: scottandmollyspackman@gmail.com, or 288-3612.

excellent way for you to get involved with the education of Camptonville's children. Might this be a good time for you to volunteer? The Camptonville Elementary School Board meets once a month. Please call board member Richard DicKard at 288-3479 for more information. You can also send a letter of interest to Camptonville School, PO Box 278, Camptonville, 95922.



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Remembering . . . Kevin Leigh Hines

Kevin Leigh Hines passed away suddenly on November 1, 2016 from heart complications. She was 66 years old.

Kevin was born on August 5, 1950 in Salt Lake City, Utah, to Max and Terrie Dittman. She grew up and attended school in the San Francisco Bay area, and married



Kevin, and Husband, Mike Hines

Michael Lee Hines on July 11, 1981. Kevin worked for the West Valley Police Department for 18 years.

Kevin was an avid gardener of both vegetables and beautiful flowers, and was never happier than when outside in the sunny garden, wrist deep in soil. She was also a lover of quilting blankets and making and dressing-up her one-of-a-kind handmade stuffed animals, which she lovingly called *KevysKritters*. Kevin loved to sell her kritters and donate the money to abused and battered children.

Kevin was preceded in death by her parents Max and Terrie. She is survived by her sister Kim Hamilton of Las Vegas, her loving husband Mike Hines of Camptonville, her son and daughter Mike Hines and Amanda Painter of Camptonville, and her granddaughter Isabelle (Izzy) Hines of Camptonville. There will be no services at Kevin's request.



December Nature Watch

- * New Moon: December 13.
- * Full Moon: December 28 (called The Full Cold Moon).
- Winter Solstice: December 21. The sun is at its lowest point in the sky. It's the shortest day of the year and the beginning of winter.
- * Owls are beginning the mating/nesting process as winter sets in. By listening carefully at night or especially in early morning, you can hear the "Who HOOO hoo hoo" of the Great Horned Owl or the soft trill of Western Screech-Owls.
- * Mule Deer bucks can be more aggressive at this time of the year as they spar for females during mating season. Be especially careful while driving at night or early morning hours as that's when they are on the move.
- * Mammals are looking for good denning sites this time of year; make sure they can't get under your house, shed, etc.

 I recently had both raccoons and skunks under my old house.

December Contributors: Wildlife Rehabilitation and Release,
Jimbo Garrison, Farmer's Almanac. Send what you watch for in
January to: camptonvillecourier@gmail.com.



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Gone But Not Forgotten

By Rochelle Bell, C'V Historical Society



On October 30th, members of the community and Camptonville's Historical Society heard a delightful presentation by

Kathy Sedler, a passionate advocate for preserving local history. Kathy has spent an extraordinary amount of volunteer time meticulously researching and documenting Yuba County history, specifically cemeteries. She created a website making much of her research available for free because she believes that "history has no value until it is shared."

Kathy explained we live in a historically relevant county, but how to let people know this was an important place during the Gold Rush? "We were involved here in Camptonville in mining laws. Timber, water, all these things were significant.

Somebody back east is researching, but they have no clue about Camptonville. You can see it on Google Earth, but that doesn't tell you anything about the people that made this town - and the people make the history."

From the response to her website, Kathy found there is a huge demand for historical information as more and more people look for their roots and seek answers to the question: where did I come from?

Kathy said, "I have grandchildren. They might be interested. I ask myself, what worth did my life have? Should I be writing anything down? Documenting anything? Well, I wished my parents or great-grandparents had done that because I could have learned a lot more about my roots and about what conditions they lived under. I still have a letter from my maternal grandmother talking about what it was like to grow up during the Depression. Those things gave me an appreciation of not only the challenges they went through, but also what created their personalities and explained, for example, why she saved everything."

We of the Historical Society share Kathy's feelings about preserving and documenting our history. Perhaps you are thinking: yes, what a good idea. You can join us on our mission to create a Camptonville Historical Museum and tell the stories of the people who made this town.

Kathy transferred ownership of the Yuba Roots website to Camptonville's Stephanie Korney, who is busy moving it to a new hosting site and updating it. Its information will be made available again soon.



Image: Ohara Koson, Monkey catching reflection of Moon, 1927 (Public domain, via Wikipedia)

Monkey Mind: Feeling Alright? By Jesse Golden

The monkey mind is a term sometimes used by the Buddha to describe the agitated, easily distracted, and incessantly moving behavior of ordinary human consciousness. As an ordinary human afflicted with monkey mind, I offer these thoughts for December. -Jesse.

Election's over: feeling alright? If you voted for the new President-elect, perhaps you're feeling pleased or hopeful or relieved. If you voted for another party, or didn't vote, you might well be somewhere between resigned and horrified. Or maybe you've moved on, or plan to.

Most of us prefer to go about our daily lives without thinking much about public policy and governance. We may view politics as a dirty business and politicians as shady by definition. More than half of eligible voters don't vote - which might be a vote for I refuse to be part of this mess. But the fact is, we're all part of this mess.

Do we have duties as citizens? I want to argue that we do, starting with voting, but including more. We have duties to be well-informed and to stand up for the principles we cherish. If we support a successful candidate, we have a duty to hold that candidate to the standards of his/her office and the policies for which we supported him/her. If we don't support that candidate, we have a duty to act in principled opposition.

To every one of us who ever pledged allegiance to the republic for which our flag stands, with liberty and justice for all: let's keep our promise.

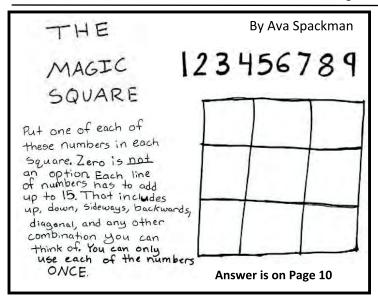
*Flection note: On November 8, 2016, 37% of Yuha County

*Election note: On November 8, 2016, 37% of Yuba County registered voters voted for Trump, 21% for Clinton, 4% for a third party candidate - and 38% didn't vote.

Indian Valley Outpost Closed for Winter By Dave and Karla Gardner

Indian Valley Outpost Resort has closed for the winter season. However, you can rent cabins and RV accommodations, or arrange catering by emailing IVOResorthwy49@gmail.com or calling 289-3349. Thank you to Camptonville residents for supporting us this year. We look forward to opening in April 2017. Happy Holidays!





Dear Camptonvillians

By Maggie Orion, 7-8th Grade Teacher

I've been teaching the middle school kids at Camptonville for four-and-a-half years. I completed my last day on November 18th, and I wanted to take a moment to thank the community for their support over the past years.

I am so thankful to all of you who took time out of your lives to volunteer in electives and enrichment. You brought a diversity of mentorship to the students and introduced so many new skills and activities. This program has been so beneficial and we couldn't do it without you.

Thank you to the families of my students who have trusted me with so many hours of their children's lives. Thank you for listening to my feedback, helping me see what I was missing, and for the countless hours of support at home, in the classroom, and on field trips. Even when there were disagreements on strategy, I always believed we shared the same goal: providing your children with the best opportunities for success.

This school is so fortunate to have such a fantastic staff working so hard to support our young people. Every member of the Camptonville team has been an inspiration to me, and I applaud you for your continued effort to engage the minds, hearts, and wiggly bodies of these young people.

Finally, to my students past and present, I give my most heartfelt appreciation. You have been the lights in my life these past years and I will never, ever forget what I learned from you.

Sincerely yours,

Maggie Orion

"To be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."

-Madiba (Nelson Mandela)

Notice Them Being Nice

By Yakshi Vadeboncoeur, CCP



The holidays are upon us! If (like my family) you have not only the culturally prescribed feast days, but also intervening birthdays, anniversaries, and major life event commemorations, the period between Thanksgiving and the New Year can begin to look more like a series of hazardous hurdles to be overcome than like an invitation to celebration. If you add in winter readiness prep and post-election stress syndrome, hibernation can begin to look like a very attractive alternative.

But what about the kids? The wonder of snow flurries and the magic of yards filled with twinkling Christmas displays? What about the long dark and the returning of the light? Again, what about the kids? Chronic stress is toxic to our well-being. Early childhood chronic stress is corrosive to the developing mind. Take a breath before you try to answer this question. Notice your body; notice your environment. Now, notice them, the children; truly attend to them.

In November at 1, 2, 3 Grow, we trace the letter **Nn** on our circle rug. We notice and we wonder about the world around us. We notice our friends being nice, and say thank you. Before Thanksgiving we traced the letter **Tt**, we talk and say what we are thankful for. I urge all of us, as we go into December and on through the holiday season, to notice the world and marvel at its gifts. Notice yourself, your partner, your neighbors, and your kids being nice.

Acknowledge your gratitude. Don't berate yourself or them for the little slips and failures. Ignore what can be ignored. If something really can't be ignored, then take that extra breath and talk to those involved – listen deeply to yourself and to others. If still no mutual solution or direction emerges, then at least choose a path for yourself, one that refuses to give energy to destructive behavior. Notice your kids being nice. Feed their light. Share your own.

Check Out Camptonville School's New Website! www.cville.k12.ca.us



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Forest Biomass Business Center Update

By Regine Miller, Bioenergy Project Manager, CCP

CCP held a well-attended community meeting in October where it provided an overview of the Forest Biomass Business Center (FBBC) project and updates on the developer search, ownership model, and permitting. The presentation is available to view online at http://sites.theccp.org/fbbc/resources.

CCP is pleased to share that it, and its highly qualified team of consultants, researchers, and technology providers, passed the Phase 1 screening process for the California Energy Commission's Electric Program Investment Charge (EPIC) grant program, requesting funds for advanced emissions control and cooling system technologies for the planned bioenergy facility. As one of nine applicants from across the State that passed the screening, CCP is now working to prepare the Phase 2 application, due December 21. If awarded funding, the EPIC grant will provide five million dollars toward the bioenergy facility's design, equipment, and construction; will increase CCP's equity in the project; and will significantly reduce the facility's emissions and water consumption well below what is required.

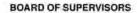
CCP has completed its project developer selection process and will formally announce the selected firm after an agreement is established. Stay tuned.

CCP expects to submit the project's Conditional Use Permit application and CEQA documentation to Yuba County in December. We invite your input on environmental concerns such as noise, air emissions, and traffic, in advance of submitting the application to the County. Details pertaining to permitting are in the above-referenced presentation.

Lastly, CCP has been approved by the federal EPA for its

Targeted Brownsfield Assessment program which promotes the
clean-up and redevelopment of former industrial sites where
future use is affected by possible contamination. A study will be
conducted to identify potential or existing contamination
associated with the former sawmill operations.

Visit us at http://sites.theccp.org/fbbc/. Questions? Contact Regine Miller regine@theccp.org or 288-9355.



RANDY FLETCHER

Supervisor 5th District

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Language Lounge – "Trumpery"

By Jimbo, the Word Geek

Welcome back to the Language Lounge: thanks for stopping by! This month's subject is a word I ran across which might be considered topical: "trumpery."

Definitions: archaic, noun: *Trumpery*; plural noun: *Trumperies*.

1. attractive articles of little or no use: "His desk was crammed with souvenirs, paperweights, and other such trumpery."

2. practices or beliefs that are superficially or visually appealing but have little real value or worth.

Adjective: Trumpery 1. showy but worthless: "trumpery jewelry."

2. delusive or shallow: "that trumpery hope which lets us dupe ourselves."

Origin: Middle English Trompery, from Old French Tromper, "deceive." Some synonyms: applesauce, bombast, codswallop, folderol, rubbish, tripe, twaddle. First appearing in English in the middle of the 15th century, its usage peaked in the 1830's and gradually declined until the 1990's when it picked up steam. This old gem is experiencing quite a renaissance these days.

> Enjoying the Graphic Artwork by Maddie Gremillion? Let us know!



Yuba River Ranger District Updates

Kevin Kidd, Visitor Information Assistant, USFS

As of November 16th, the rain total for the season starting July 1st is 12.73 in. Last season's total at this time was 4.71 in.

Firewood cutting closes December 31st. You must still call in to see if it is a burn day. During business hours, call the Yuba River Ranger Station at 288-3231. Our District does not have a Christmas Tree Permit program this year. For individual Christmas tree permits, contact the Sierraville Ranger District Office at 530-994-3401, or the Plumas National Forest.

You can enjoy winter recreation in the Tahoe National Forest. There is a Sno-Park at Yuba Pass administered by the State. You can purchase parking permits at: ohv.parks.ca.gov. Come in and pick up flyers on available winter recreation and trails available to use.

In all your winter recreation, remember to plan carefully and use safety precautions. Winter in the Sierra is harsh, and conditions can change rapidly. Without thorough preparation, a brisk winter weekend of fun can turn into tragedy. Take the extra time to plan carefully. Before you leave home: Check your equipment • Notify someone of your route and expected time of return • Plan your route carefully to avoid avalanche-prone areas • Avoid steep terrain on open slopes and in narrow canyons • Check weather and avalanche forecasts.

San Juan Ridge FRC Welcomes Camptonville Families

By Diana Pasquini, San Juan Ridge Family Resource Center

Since the San Juan Ridge Family Resource Center has always welcomed our friends and neighbors from across the Middle Yuba, we thought Camptonville might like a little update on the services, programs, and activities we provide.

Located on the Oak Tree School campus, our usual hours are: Monday 10-5; Tuesday 10-12 Playgroup only, all other services are 12-5; Wednesday and Thursday 9-5; and we are CLOSED Friday, Saturday, and Sunday.

The Clothes Closet and Food Pantry are by far the most widely used services. During business hours, food and clothing can be accessed just by asking for them. Closet shelves are filled with warm winter clothing for infants, toddlers, children, and adults. Disposable diapers are also available in the Food Pantry.

The Food Pantry is available to anyone who visits during regular business hours. You do not have to have any special needs or present an ID to access food.

We have computers available for public use and access to WiFi. We are happy to send a FAX free-of-charge or make copies for a nominal fee. A laundering facility is also available by appointment only. A \$4 per load donation is requested to wash, dry, and use our detergent.

We also offer a wide variety of classes for children and parents, summer camps, performances, and celebrations.

To learn more about SJR Family Resource Center, to enroll in an activity, or to run an ad in our monthly newsletter, *Ridge Connections*, call 292-3174. More information is on our website: www.sanjuanridgefrc.org. We wish all our Camptonville friends the very happiest of holidays and the best of everything in 2017. Hope to see you soon!

Answer to Magic Square on Page 8

4	19	12
3	5	7
8	1	6



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North San Juan

The World is Our Community – The NSJ Community Church

By Pastor Pinkie Varner

The "Little Church That Could" is hard at it with more outreach than ever. We are a church comprised of volunteers. If you don't know what we do, here's an overview:

1-Ruthie's Pantry provides two bags of food to anyone, yearround. 2-Palm Sunday Parade happens rain or shine! 3-Easter Sunday Sunrise Service and free breakfast. 4-Vacation Bible School, 3rd week of June. 5-Bible Study every week. 6-Feed The Ridge provides groceries Monday-Saturday. 7-Operation 2.0 Pencil provides school supplies to Grizzly Hill and Camptonville School in January. 8-Souper Sunday - soup on Sunday at noon. 9-Operation Cold Hands Warm Heart: warm winter clothing. 10-Christmas Celebration all day feast, movie showing, and friends. 11-NSJCC Parade Float made history by marrying a couple at the Cherry Festival Parade. 12-Free Community Picnic is a July favorite with games and music. 13-Adopt-a-Highway has given us one of the longest miles in California! 14-River Baptisms on Labor Day Sunday. 15-Pet Spay/Neuter/Vaccine project for Veterans and those with no or low Incomes. 16-Thanksgiving Party on Thanksgiving Day gives everyone a place to be and eat. 17-Adopt-A-Soldier-We have recently "Adopted" two US soldiers. 18-Sunday Church Service, 11 am at 29190 State Hwy 49. You can donate Community Service hours-we sign off on those. For more details, please call Pastor Pinkie at 415-9705, or go to www.nsjcommunitychurch.org.



Help For Those with Opioid Drug Addictions By Cheryl Rubin, WSMC

Western Sierra Medical Clinic's newly-expanded Medication-Assisted Treatment (MAT) program helps residents battling addictions to opioid drugs, especially heroin or prescription pain medications such as Vicodin, OxyContin, and Percocet.

Prescription pain medication abuse is a fast-growing epidemic and a critical issue for Nevada County, which had the fifth-highest rate of non-fatal emergency room visits related to opioids in the State, according to the California Department of Public Health. Sierra Nevada Memorial Hospital in Grass Valley has reported an 80 percent increase in opioid-related cases in the past few years.

The Medication-Assisted Treatment program will be available to those dealing with an addiction to heroin or prescription pain medications. Community members with health insurance, those on government programs, teenagers, and young adults are eligible for the program. The MAT program is an effective and safe way to reduce the frequency and quantity of opioid use.

Those interested in applying for, or learning more about the MAT program can call Western Sierra Medical Clinic at 274-9762 between 8–5 weekdays, or the **24/7 hotline at 855-HOPE-4-YOU**.

Camptonville Community Center Contact Information

Director and Volunteers — Christina Ledson

christinaledson@gmail.com, 288-3655 Events and Programs ———————— Barbara Ramirez

efieb@att.net, 288-3392

Donations and Membership Forms can be sent to:

CCSD, PO Box 327, Camptonville, CA 95922 Please make checks out to:

Camptonville Community Center

Membership forms can be downloaded at

www.camptonville.com

All questions can be directed to:

Christina Ledson and Char Jokerst (see contact above) Tonie Hilligoss - thilligoss@mac.com, 288-3451



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- We are located on the San Juan Ridge at 15301Tyler Foote Rd.
- · Visit us at www.sierraclinic.org for directions and information.
- * Phone 530-292-3478 for an appointment.

M N O P R S

HELP & HOPE

For EmergenciesFirst Call 911 (All area codes are 530 unless specified)

CA Rural Legal Assistance (Yuba Co) — 742-5191
Camptonville: — 288-1001

• Community Center Information — 288-3655
• Elementary School — 288-3277
• Post Office — 288-3348
• Resource Center (CCP) — 288-9355
• USFS (Yuba River Ranger District) — 288-3231

• Vol. Fire Department — 288-3303

CoRR (Community Recovery Resources)——— 273-9541 Domestic Violence:

Casa de Esperanza Hot Line (Yuba Co) — 674-2040
 DVSAC Crisis Line (Nevada Co) — 272-3467
 KNCO 830 AM (Nevada Co) — 477-5626

KUBA 1600 AM (Yuba Co) — 673-5400 **KVMR 89.5 FM** (Nevada Co) 265-9555

Legal Center for Seniors (Yuba) — 742-8289

Mental Health 24 hr Crisis Line (Yuba Co) — 673-8255 NAMI - Support for Mental Illness — 272-4566

Red Cross of NE California 673-1460

Supervisor Randy Fletcher (Yuba Co) ----- 749-7510

(Contact Editor for additions or corrections)



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Happy Holidays

DECEMBER 2016 Community Calendar

On-Line Calendar: www.camptonville/calendar/phb



Dec. 4 Christmas Craft Fair (pg 2)
Dec. 8 School's Winter Program, 6 pm

Dec. 9 Santa Comes to Town (pg 2 and 4)

Dec. 12 School Board Meeting, 6 pm

Dec. 19 - Jan. 2 School Closed for Winter



On-Going MONTHLY Events

CCP Board - Meets 2nd Wednesday, 5 pm, Resource Center

Contact: 288-9355

CCSD Board - Meets 4th Monday, 7 pm, Camptonville School

Contact: 288-3421 or 288-3676

School Board - Meets 3rd Wednesday, 6 pm, at CV School

Contact: 288-3277

On-Going WEEKLY Events

Mondays: Brazilian Jiu-Jitsu, 5:30-7:30 pm, Community Center

Tuesdays: Community Lunch, 12-1 pm, NSJ Center

USDA Food Bank, 3rd Tues, 9–10:30 am, Willow Glen, OH

Yoga, 5:30 pm, Camptonville School Gym

Camptonville Fire Dept Trainings, 6–9 pm, Fire Hall

Wednesdays: Brazilian Jiu-Jitsu, 5:30–7:30 pm, Community Center **Thursdays**: Foothill Food Pantry, Lake Francis Grange, Dobbins

December 1, 8, 15, 29, 12:30-1:30 pm

Food Bank, NSJ, 3rd Thurs, 8 am, North San Juan Center AA Meeting, 5:30–6:30 pm, C'ville Resource Center

Fridays: Community Lunch, 12 pm, NSJ Center

Saturdays: Coffee @ The Center, 9-11:30 am, C'V Community Center

Brazilian Jiu-Jitsu, 10-12, Community Center

Sundays: Open Mic, 1st & 3rd Sundays at Burgee Daves, 4–7 pm