

THE Camptonville Courier

*Connecting the Community
Since 1997*



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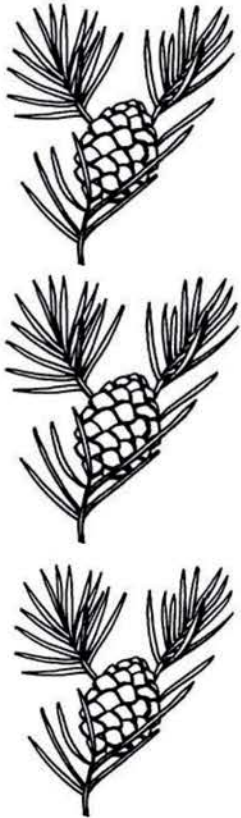


Photo by Katie O'Hara-Kelly

Looking Forward to a New Year

By Katie O'Hara-Kelly

I'm looking forward to another year of exploring my neighborhood, observing wildlife, and enjoying all the beauty that surrounds us. We are so lucky to live where we do, with nature right out our door. I am so grateful to have the time and ability to embrace our environment!

Author Ellen Meloy states it eloquently in the following quote from her book *The Anthropology of Turquoise*: "For me it is simply instinct, and perhaps this is all that a person can try to put into each of her days: attention to the radiance, a rise to the full chase of beauty."

May beauty surround you in the year to come. Get out there!



Enjoy Katie's weekly blog with her photographs and descriptions of the natural history of the Yuba watershed,
at: northyubanaturalist.blogspot.com

From the Editor

- Marcy Risque

As another year closes, we celebrate successes large and small. Hopefully we learn from our mistakes and move on.

We also mourn those we've lost--and as we look ahead to 2020, try and remember the important things--to be honest, and kind to ourselves and others, and to listen and be open to different perspectives. Happy New Year--may goodness and a renewed sense of hope prevail!



Community Center Events

By Jesse Golden



Upcoming events in January at the CCC:
Saturday, January 11th - "Wordsmiths & Music Makers," with featured writers and musicians plus performances by audience members. Doors open 6:30 pm. Tickets are \$5, which includes a fabulous buffet.
 Ongoing events: **Coffee @ the Center** on Saturday mornings at 10 am; **Yoga** with Lucille on Thursdays at 10 am; **Rally Point** for youth ages 10-15 on Thursdays, January 9th and 23rd, 5-7 pm.

For the events shown above, the Center has been rented to private parties. The hosts have consented to allow the public to enter with the following restrictions: no disruptive behavior; no photography or recording without permission; and to respect the directives of the staff, paid or volunteer. For more information, call 288-5016 or email cvillecommunitycenter@gmail.com



Emergency Rescue!

By Yana Slade

In the early morning on December 1st with snow all around, Paula had a medical emergency. Luckily a volunteer firefighter lives in my neighborhood and he was here within 20 minutes. Another neighbor had a truck with chains, and we were able to meet other CVFD members coming to help. They got her to the ambulance just as the North San Juan snowmobile rescue team came. She is alive and recovering. A big shout-out to everyone!

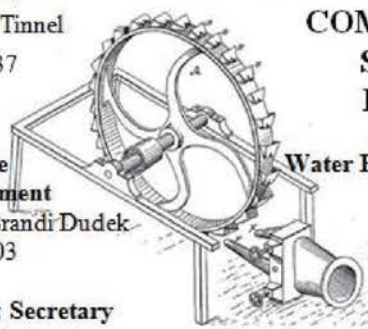
A Successful Breakfast with Santa

By Christina Villegas

On December 14, 2019 Harmony Health Medical Clinic and Family Resource Center in Marysville held their 19th annual Breakfast with Santa event. This event is our clinic's privilege to serve our patients between the ages of 0-12 and their families.

Thanks to the Yuba Sutter Toy Run's generous donation, our clinic was able to provide 230 children with gifts this year. As families lined up waiting for the event to begin, they were greeted with hot chocolate and candy canes. Each family was served a wonderful pancake breakfast after they had an opportunity to have a professional photo taken with Santa as they entered our event at the American Legion.

Having the opportunity to see many smiling faces makes this an event we look forward to all year long.

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CV Fire Department Chief Brandi Dudek 288-3303		Water Plant Manager Mark Jokerst 288-9320 District Agent Tedd Sapp 288-3328
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"Wordsmiths & Music Makers" Greet the New Year

By Yakshi Vadeboncoeur

Local Camptonville artists will share their latest creations with friends and neighbors on Saturday evening, January 11th, for a feast of poetry, music, and culinary delights. And you can help make some joyful noise by bringing a song or a page of your own.

Wordsmiths & Music Makers

Saturday, January 11

7:00-9:30 pm, doors open 6:30

Tickets -- \$5 donation at the door, includes wonderful buffet meal!

Featured Artists: Jimmy Linderborg, Kyle Ledson, Yakshi Vadeboncoeur



Please remember: No audio or visual recording without advanced written consent of the artists

Jimmy Linderborg: Stream of (altered) consciousness energy–Jimmy’s rapid rhyming, life affirming poetry washes over us with enough natural wonder, worldly wisdom, and self-deprecating humor to keep audiences on the center of their surfboards hoping to catch the next wave.

Kyle Ledson: Fiddle, mandolin, guitar–Kyle keeps expanding the breadth of his musical prowess and the bluegrass music he’s been making flow from his fingers, mouth, and imagination since he was 3 years old. Respected and mentored by some of the best in the business, Kyle has shared the stage with such bands as Brothers Comatose, ALO, the Real Sarahs, Hot Buttered Rum, and many more. Though still in high school, when listening to Kyle play and sing, you can’t help thinking, “Here’s an old soul who’s been at this musical endeavor for more than several lifetimes.”

Yakshi Vadeboncoeur: Author of the "Feminine Face of God" poems, Yakshi has been awakened in the middle of the night her whole adult life by poetry demanding to be given voice. Catching a passing poem in a web of words has helped her to know herself (what she’s thinking, feeling, experiencing) and to explore the depths of human consciousness, its connection with the natural world and with the mystery all around and within us.

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Jessi Mullins

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Thoughts from the Superintendent: Public Safety Power Shutoffs

By Sandy Ross,
Superintendent/Principal



Camptonville School is among the many schools and communities in Northern California experiencing a new normal. All staff, students, and parents are beginning to understand the effects of living with the uncertainty of having electricity on a day-to-day basis along with the fear of wildfire. We are being asked to wait and see what the weather brings, and to adjust based on a formula driven by a utility company that now has an omnipotent presence in our lives. For us power dependent people, off-grid folks now hold a very elevated status: back-up generators are coveted, and rain dances are performed at each staff meeting. Decision making is based on a balance of safety concerns, common sense, and intuition. I'm thinking that students will soon mutate the ability to see in the dark.

With all of these challenges, we are forcing ourselves to look on the bright side. Qualities such as cooperation, communication, patience, flexibility, and perseverance are being practiced on a daily basis. As in all emergency situations, heroes emerge. Norm Ross, Camptonville's maintenance, operations, and transportation person extraordinaire, has worked overtime to set up generators to provide lights and even internet in order for the school to run. Teachers have adjusted their lessons to teach without power, the cafeteria has adjusted menus, and students have bundled up and carried on.

With this being a long-term problem, we are working on acquiring a permanent stand-by generator for the district, and reviewing plans for school closures and evacuations. Our overall goal is always to do what's best for the kids and to reduce interruptions to their education whenever possible. The extra work and inconvenience is all worth it when students run up to thank you for having school. There's a lot to complain about, but there's also a lot to be grateful for!



Heating Camptonville School: 1945

By Don Kissig

In 1945 I came to the Camptonville School and entered the fifth grade. At that time the school consisted of three buildings, the main one which now serves as the gym, and a separate building which was the high school. Each of the three rooms was heated by a free standing wood burning stove that sat in the middle of each room. The Franklin boys' father would deliver stove-size chunk wood which, under the direction of the Principal, Mr. Williams, was stored by us boys under the old porch/stairway that existed at the end of the structure. When wood was needed, one of us boys would haul some up from storage to replenish the fire.

Several years later, the wood stoves were replaced by oil burning space heaters. To supply oil to the heaters, an oil storage tank and a pipeline needed to be installed. Again Mr. Williams had the solution by issuing picks and shovels to the boys, who were then split up into two-member teams and set to work digging a trench and a hole for the storage tank. It's to be noted here that while the trench was completed quickly, the hole for the tank was a much larger task and some boys more than others devoted considerable discipline time creating the required hole.

Somewhere around 1949-1950, the new section of the school was built and a complete new hot water heating system was installed in its own boiler room. This was great, as it had its own controls and pretty much ran itself. But like most new things there was a glitch which caused a backfire to the system, leaving the boiler room completely covered in a heavy black soot. This mishap caused the system to be down for about a month for cleaning, repairs, and repainting.



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Catching a Breath, Starting Afresh

By Yakshi Vadeboncoeur



Whew, a New Year—the Holidays are over! They can be raucous; they can be wild; they can be wonderful; but almost certainly, if you have young children, they have been exhausting! With young children in tow or charging out ahead, holiday excitement produces with startling regularity a meltdown or two. Suddenly, we’re standing there with a two-year-old sobbing in our arms or a three-year-old in full tantrum at our feet, asking ourselves, “How did I not see this coming?”

Preschoolers thrive on the 3 Rs (routine, rituals, regularity) on what’s expected, and then the holidays happen... They are up past bedtime, dinner was on the fly, they’ve consumed an inordinate amount of sugar, they’re over-stimulated, and their expectations are heightened, while yours for behavior standards have perhaps drooped. We as adults know what’s coming next in those yearly, often magical, holiday events, but for preschoolers it’s all new or only vaguely remembered from last year. It’s both exciting and frightening all in one. When meltdowns occur, the adults are often stretched thin and over-tired, as well. Still we have to rise to the occasion. Respect resistance when you meet it; give encouragement gently; expect and respect the communication that a meltdown represents. Remember, you are the parent; always acknowledge feelings (and your own) with kindness, and set limits with equal firmness and kindness. Make space for everyone to catch a breath. It will lessen the stress for all involved and shorten the time it takes before you can start afresh and get back into celebrating.

At Camptonville School’s Winter Program, I was so impressed by our little ones up on the stage. Their excitement, pride, courage, and trust were radiant. They have such faith in us and in the safe environment we create for them! Let’s make it our New Year’s resolution to nourish the ground of that trust and help it flourish.

Yuba River Ranger District Forest Report

By Izaya Lewis



Since the start of this season’s rainfall in September, we have received 15.92 inches of rain (as of Dec 17th), with 7.25 inches falling in December alone. This count is almost 4 inches more of rain compared to December of 2018.

Fuelwood cutting for 2019 permits closed December 31st. The Yuba River Ranger District will have fuelwood tags available early 2020, but without a definite date, call before heading in to get a permit. At this time you must still call in to see if it is a burn day. During business hours, call the Yuba River Ranger Station at 288-3231.

Seasonal road closures are still in effect, and maps of these closures are available at the Yuba River Ranger Station. After the wet weather we have been blessed with, it is important to use caution when traversing the roads that are still open for use. All USFS campgrounds are now in winter status with no fees, but we offer no amenities such as water or garbage service.





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Harmony Health Awarded Grant

By Christina Villegas

Harmony Health Clinic and Family Resource Center in Marysville is working to increase treatment and recovery service activities for people with substance use and opioid use disorders.

Sutter and Yuba Counties and Harmony Health Medical Clinic and Family Resource Center are pleased to announce a \$150,000 award from The Center at Sierra Health Foundation to support patients enrolled in their Medicated Assisted Treatment (MAT) program. The Center at Sierra Health Foundation through the MAT Access Points Project has distributed more than \$16.4 million awarded to 120 organizations at more than 270 sites/access points throughout California. This funding will ensure that the delivery of MAT facilitates positive treatment outcomes, safe management of care transitions, and long-term recovery for people with opioid and other substance use disorders.

Harmony Health funding will support three case manager positions, one at each of Harmony Health’s sites. Harmony Health has five providers who have obtained the DATA waiver, and in the past year has assisted about 50 patients with Opioid Use Disorder transition from narcotics to Suboxone. “We are embracing the needs of patients with substance use disorder as another opportunity to serve the underserved patients in Yuba and Sutter Counties,” said Rachel Farrell, CEO of Harmony Health.

In addition to MAT, Harmony Health offers pain management treatment modalities including Cognitive Behavior Therapy, Living Well (substance use support group), and neurofeedback treatments as well as complementary medicine including meditation class, acupuncture, and chiropractic services.

“Expanding MAT access points is a critical step forward in California’s effort to address the opioid epidemic taking place across our great state,” said Chet P. Hewitt, president and CEO of The Center at Sierra Health Foundation, which manages the MAT Access Points Project. “A critical component of our effort is building the capacity of partners who have the commitment and relationships required to reach people and families in communities that are disproportionately experiencing poor access to MAT substance use disorder treatment and high opioid-related mortality rates.”

MAT Access Points Project is funded through the Department of Health Care Services California MAT Expansion Project, and administered by The Center at Sierra Health Foundation.

Learn about Harmony Health Medical Clinic and Family Resource Center at myharmonyhealth.org. Learn more about the MAT Access Points Project at mataccesspoints.org. A full list of organizations that received subcontracts can be found at the MAT Access Points Project website.

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Yuba Water Agency: *Looking Forward to a New Year!* By Dede Cordell

As I think about what lies ahead in 2020, ‘New Years’ takes on a whole new perspective. In 2020, we’ll be making significant headway on so many critically important things—game changers for Yuba County.

- Reducing the fire risk in the Yuba River watershed through investments in healthy forest management.
- Finalizing the design of our secondary spillway for New Bullards Bar Dam, and tackling important atmospheric river research—the completion of those projects (planned for 2025) will result in changes to how we operate Bullards and will approximately double the level of flood protection we have in Yuba County.
- Partnering with others to implement our new economic development strategic plan for Yuba County.
- Implementing new curriculum and developing exciting field trips and hands-on learning opportunities for Yuba County’s students (of all ages) while we continue working on plans to build a water education center along the Yuba River.

I could go on and on—we have so many exciting things in the works, I can’t list them all. This is why I took this job. This is why I am back in my hometown—to be part of something that is so much bigger than me. We are truly powering a brighter future for Yuba County, and I love being part of it.

Yuba Water Partners with Scripps, Department of Water Resources on New Atmospheric River Research

By DeDe Cordell

Atmospheric river storms provide approximately half of California’s annual precipitation, but also cause the majority of floods in Northern California, resulting in staggering financial costs. Those costs are all too familiar to Yuba County, which experienced devastating flooding in both 1986 and 1997. Elements of Yuba County’s economy have never recovered.

Yuba Water Agency is partnering with the U.C. San Diego Scripps Institution of Oceanography and the California Department of Water Resources on atmospheric river research specific to the Yuba and Feather River watersheds. The research will provide important data and new forecasting tools needed to work with the U.S. Army Corps of Engineers to develop improved operating procedures for Oroville and New Bullards Bar reservoirs. Implementing Forecast-Informed Reservoir Operations maximizes the use of existing infrastructure and significantly reduces flood risk, with potential water supply benefits as well.

The research is focused on the Yuba and Feather River watersheds simultaneously, as Bullards Bar and Oroville dams are operated in coordination to minimize downstream flood impacts. All of this will be critical as



Scientists launching a weather balloon

dam managers look for the most efficient and effective ways to deal with climate change and its impacts to hydrology.

Throughout the winter months, Scripps scientists will be launching weather balloons, called radiosondes, from two locations in Yuba County. The weather balloons measure and collect temperature, pressure, moisture and wind data to help researchers better understand the vertical structure of the atmosphere during storms, to ultimately help with atmospheric river predictions, which will provide more flexibility for water releases at the dams. Researchers are also using radar and dropping airborne sensors from aircraft flying above the storms while they are still out over the Pacific Ocean (similar to ‘Hurricane Hunters’), to help build a robust data collection.

This research and the actions that will result from it are critical for the people of Yuba County.

Good Coffee

By Robert Mumm



One of the first things I do each morning is to fill my coffee maker and set it to brew my morning cup or two, perhaps a ritual as much as a perceived need for caffeine. To me, decaffeinated coffee just seems a bit flat, but I recognize that it is very much the ritual of making that first cup that prompts me, decaffeinated would probably do as well. A creature of habit and routine, I would not fit into my other chores without it. Today this morning's cup caught my attention as I savored the flavor, subtle nuances of aroma and taste. Because my attention was aroused, I extrapolated my experience of today's first cup into an overall lifetime of experience with this addictive bean, or more accurately, a seed within a fruit.

Over time much effort has been focused on bringing this product to its present level of uniform predictability and control. So many variables are involved in providing that first cup as I expect it to be, and all I need to do is select from different brands and various roasting procedures to get this cup that is savored as the true beginning of my day. This morning is different though, because I am paying attention.

Coffee experience over the years issues from this shift in truly tasting and attending to what this cup holds, and my awareness of it is separate from the ritual. Flash back sixty plus years and I am standing in the snow in Mickey Mouse boots in the Korean snow about this time of year, waiting in line for a cup of pretty bad coffee, but coffee with the virtue of being very hot. I don't remember putting anything in it, but just savoring the deep warmth of it. I have warm memories too of instant coffee with my Mom and Dad. They took to instant coffee like it was a godsend, but I always thought it rather deprived of these nuances I savor in this morning cup, but it is good to go back there with them.

There is one cup of coffee that stands above all others in my memory, a cup savored in the cabin of a fishing trawler converted to hauling cargo across the Gulf of California in Mexico. Two friends and I had ridden motorcycles south to Guaymas in mainland Mexico and had the bikes shipped across to Santa Roselillita on the Baja Peninsula.

We arrived in early afternoon, and concluded the arrangement to have passage across the gulf.

While there was no set schedule, it was understood that the boat would depart when all cargo and passengers were on hand, so my friends and I had a pleasant afternoon sightseeing around the city while keeping in touch with the loading of the boat.

I was interested to see how the motorcycles were to be loaded. Because there was no provision to drive or roll them on, the solution was to simply roll them onto a cargo net and hoist them over. That all settled and done we settled in to an exceptionally memorable departure from Guaymas Harbor with its dramatic rock formations, sailing into the sunset with wonderful clouds backlit by the sun. There was a space for passengers on top of the ship's cabin, a flat deck with a bit of railing all around. The smoothies of the gulf started to ripple a bit and the crew urged everyone to take a place up there. My friends declined and found a great spot among the gasoline drums on the fantail. I went up with the other passengers and practiced my Spanish as well as I could. All seemed peaceful for a time and we commented on things like the pleasant evening and the bright full moon with its reflection on the waves. About halfway across all that ended as the boat began to pitch and toss like a bucking horse, and our attention went to holding on to one another and trying to keep peoples' hand luggage from going over the side.

I was fearful for my friends, for I could see enough to know that the sea swept over the gas drums from time to time, but I was so busy helping people on the deck with me that I could do nothing but hope for them. Eventually they managed to make their way up to the deck and away from the waves, but they were drenched and shivering for the water was surprisingly cold. They smelled of vomit too, as did most of my fellow passengers. Almost all lost their dinners. Having spent time on a troop ship, I was Ok, but just barely. We all helped each other, but I still feel the pain for a little family, father, mother, and daughter who lost all the little treasures they obviously had gone to the mainland to purchase. After the night's ordeal, the captain invited me into the wheelhouse to enjoy the best cup of coffee I have ever tasted.



Questions About REAL ID? The California Department of Motor Vehicles has Answers!

By Tyler Bushnell, on behalf of the California DMV

Q: I heard that I need a REAL ID by 2020. Is that true?

A: You will need a REAL ID by October 2020 if you want to keep using your CA driver license or identification card to fly within the US or enter secure federal facilities and military bases. Otherwise, you can use another federally accepted form of ID such as passport, passport card, or military ID card.

Q: Is REAL ID free, or is there a fee?

A: The cost to obtain a REAL ID is \$36 – the same as for a standard California driver license.

Q: Can I get a REAL ID without an appointment?

A: Yes, you can apply for a REAL ID without scheduling an appointment for your mandatory DMV field office visit. In fact, wait times are currently lower than ever! Many offices also have extended daily hours and Saturday hours; check the DMV website for a complete list of field offices, hours and to check real-time wait times at nearby field offices. To save you even more time, we strongly encourage you to also visit the DMV website to begin filling out the necessary application form prior to your visit.

Q: My cable bill has my full address on it. Is that enough to get my REAL ID application done?

A: No. You will need TWO documents to show proof of residency, and both need to show the REAL ID applicants name. Your cable television bill may be one of these documents. For a full list of accepted documents visit: realid.dmv.ca.gov and click on the tab “How Do I Get a REAL ID”? You’ll find a full document checklist as part of Step 4.


If you have a question regarding REAL ID, DMV, or available online services, please email AskDMV@dmv.ca.gov, or visit www.realid.dmv.ca.gov for a list of frequently asked questions.



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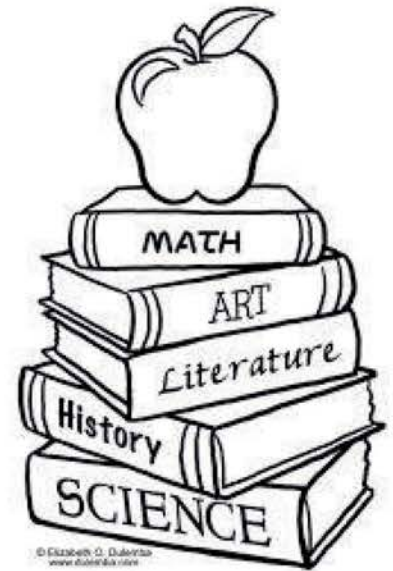


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January 2020 School Calendar

- January 6 School reopens from Winter Break
- January 9 Family Life Parent Meeting, 5th–8th grade parents, 2:45 pm, Library
- January 11 SSSA Board Training
- January 13-17 Family Life Course, 5th-8th grades
- January 15 Awards Assembly, 8:45 am
Staff Development Minimum Day, 12:45 pm dismissal
Kindergarten Schedule 8:25 am-12:45 pm

- January 15 School Board Meeting, 6 pm, Room 1
- January 22-23 Yuba Water and Yuba Sutter Arts Council Program, Grades 1-4
- January 27 K-1-2 Ice Skating Field Trip, Roseville
Site Council Meeting, 3 pm, Library
- January 29 Staff Development Minimum Day, 12:45 pm dismissal
Kindergarten Schedule 8:25 am-12:45 pm



Middle School Basketball Schedule:

<u>Date</u>	<u>Time</u>	<u>Opponent</u>	<u>Location</u>
1/14	6 pm	NCSA	Chicago Park
1/16	4 pm	FLC	Forest Lake Christian
1/21	4 pm	RS 7th	Ready Springs
1/22	4 pm	MSM	Mount Saint Mary's
1/23	5 pm	CP	Forest Lake Christian
1/29	5 pm	CC	Forest Lake Christian
1/30	6 pm	NCSA	Chicago Park
2/5	6 pm	YRC	Mount Saint Mary's
2/13	4 pm	UH	Union Hill
2/18-20		Final Tournament	NUHS

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Thursdays from 12:30-1:30 pm

(Closed the week of USDA distributions)

January 2, 16, 23, 30

February 6, 20, 27

The USDA Commodities Food Bank:

Located at Willow Glen Restaurant, Oregon House

The 2nd Friday: 9 -10:30 am

January 10

February 14

Distributed by The Gleaners

Also in Nevada County:

North San Juan Community Center

The 3rd Thursday, 8 am



HELP & HOPE

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(All area codes are 530 unless specified)

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Camptonville:

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- Community Center Information ----- 288-5016
- Elementary School ----- 288-3277
- Post Office ----- 288-3348
- Resource Center (CCP) ----- 288-9355
- USFS (Yuba River Ranger District) ----- 288-3231
- Vol. Fire Department ----- 288-3303

CoRR (Community Recovery Resources) ----- 273-9541

Domestic Violence:

- Casa de Esperanza Hot Line (Yuba Co) — 674-2040
- DVSAAC Crisis Line (Nevada Co) ----- 272-3467

KNCO 830 AM (Nevada Co) ----- 477-5626

KUBA 1600 AM (Yuba Co) ----- 673-5400

KVMR 89.5 FM (Nevada Co) ----- 265-9555

Legal Center for Seniors (Yuba) ----- 742-8289

Mental Health 24 hr Crisis Line (Yuba Co) — 673-8255

NAMI -Support for Mental Illness ----- 272-4566

OES - Office of Emergency Services (Yuba Co) 749-7520

PG&E Outage Line ----- 800-743-5000

Red Cross of NE California ----- 673-1460

Road Conditions CalTrans ----- 800-427-7623

Sheriff (Yuba Co)

- Emergency ----- 911
- Non-Emergency ----- 749-7777

Supervisor Randy Fletcher (Yuba Co) ----- 749-7510

(Contact Editor for additions or corrections)

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Camptonville women singing at Coffee @ The Center, December 21st.

Photo by S. Dickard

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Planning an Event?

**Check the Online Community Calendar for open dates (www.camptonville.com)
 and get your event posted early to avoid possible conflicts!**

January 2020 Community Calendar

The Camptonville Calendar and Courier Archives are online in color at www.camptonville.com
 To add local events to the Calendar, email: calendarville@gmail.com with event title, date, time, recurrence, location, event description, cost, contact phone and email for more information.

Or leave a message for Jesse Golden at 288-5016

January 11 - Wordsmiths & Music Makers* (p. 3)

On-Going MONTHLY Events

(Call first to verify meeting times before attending)

- CCP Board** - Meets 3rd Wednesday, 3 pm
Resource Center. Contact: 288-9355
- CCSD Board** - Meets 4th Thursday, 6 pm, CCC
Contact: 288-3676
- School Board** - Meets 3rd Wednesday, 6 pm, at CV
School; Contact: 288-3277
- USDA Food Bank** - 2nd Friday, see p. 11
- NSJ Food Bank** - 3rd Thursday, 8 am

On-Going WEEKLY Events

- CCC = Camptonville Community Center
- Tuesdays:** Community Lunch, 12–1 pm, NSJ Center
Yoga,* 5:30 pm, Camptonville School Gym
Camptonville Fire Dept Trainings, 6–9 pm, Fire Hall
- Thursdays:** Yoga,* 10 am, CCC
Rally Point Teen Nights,* Jan. 9th and 23rd, 5-7 pm, CCC
Foothill Food Pantry - see p. 11
- Saturdays:** Coffee @ The Center,* 10 am–noon, CCC
- * See CCC article (p.2)
- * *The public is welcome to these private events, based on the terms described on p. 2 under CC Events.*