

THE Camptonville Courier

Connecting the Community
Since 1997



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Stressed Out By Politics? How to Keep Caring without Losing Your Cool*

By Shirley Dickard

Well folks, we're in the heat of election time again: the California primary is March 3rd; our national election is November 3rd. If you've been feeling increasingly stressed about the current political and social scene, you're not alone. While *The Courier* does not cover politics per se, we can talk about how to be active in the politics of our choice, manage our stress levels, and not damage our health and relationships!

Here's some background:

In 2017, the annual survey on stress levels of Americans (by the American Psychological Association) found that 57% of respondents said they were stressed by the current political climate and 63% said that the future of the nation was a cause of stress for them. Stress can cause people to lose sleep, feel fatigued or depressed. Politics also takes an emotional toll by causing feelings of anger, frustration, hate, or guilt, or causing people to make comments they later regretted.*

Stress among youth was notably high in the 2018 survey, especially in Generation Z (ages 15–21, typically in high school or college). Almost a third are stressed about basic necessities of life such as money and debt, housing stability, and hunger.**

So how to get through this political season? (or any stressful time)

Here are some practical tips to better manage stress and stay engaged as citizens, from Lynn Bufka, a psychologist and the associate executive director of practice, research, and policy at the American Psychological Association.

- Think carefully about whether to and how to participate in a political discussion with friends and loved ones. Going into any situation expecting to win or to convince somebody of your point of view is likely to result in stress. If you think a discussion will be too "emotionally laden," it may not be worth it.

- Bufka recommends that people make sure to get enough sleep and to eat well to help their bodies be more resilient to the effects of stress.

* (www.npr.org/sections/health-shots/2019/09/25/764216567/is-politics-stressing-you-out-heres-how-to-keep-caring-without-losing-your-cool)

** (www.psychologytoday.com/us/blog/do-the-right-thing/201812/americans-are-stressed-out-and-it-is-getting-worse)



- It's important to reduce your exposure to stressful inputs and make time for things that help you unwind. She suggests taking breaks from the news, or choosing to only watch the news, read news, or engage in discussions about news up until a certain point in the evening.

- Make sure you reserve enough time for things that de-stress you, whether it's taking a walk in the woods, spending time with friends playing a card game, or just enjoying one another's company. These moments of stress-free, enjoyable activities are key to buffering against any kind of stress.



Photo by Diane Pendola

Here are a few of my own suggestions:

- **Get out in nature!** We live in the beautiful Sierra with Bullards Bar trails and the Yuba River nearby. Grab a friend or pet and go for a walk. Or just sit quietly by yourself and enjoy.
- **Hang out face-to-face with people.** Camptonville folks seem to love getting together. At the Saturday morning Coffee @ the Center, there are always interesting (non-political) conversations and new people to meet. Come to one of the fundraisers or artistic events at the Center listed on the back page. Laughter and music are good for the body, mind, and soul!
- **If you're inspired to mentor youth,** there's a wonderful opportunity to help our youth by volunteering at Rally Point, held two Thursdays a month. Read the details on page 4.

And last, we may not be able to control the national political and social climate, but we do have the power at the community level to create an environment of compassion, trust, and respect. And that's the world I want to live in!



From the Editor

–Shirley DickKard

I've had my say on the front cover. Now I want to hear from you – the readers. Would you mind sharing how you personally keep your sanity and balance when times are difficult?

Where do you find solace, stillness, and connection?

Please email your thoughts so that I can share them in the next issue. We can learn so much from each other! (Email: camptonvillecourier@gmail.com).



Film shows Tuesday, March 3rd, 7 pm at the North Columbia Schoolhouse Cultural Center

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**A film by
Radu Sava & Rebekah Hood-Sava**

Narrated by John Deaderick

Come One, Come All! St. Pat's Day Dinner & Dessert Auction – March 14th

By Cathy LeBlanc, CCP



Camptonville Community Partnership, your local non-profit since 2001, invites you to join us for our 9th Annual Fundraiser Dinner on **Saturday, March 14th, from 4–7 pm at the Camptonville Community Center.**

This event brings the Community together for corned beef and cabbage, red potatoes, salad, and homemade bread. Suggested donation for dinner is \$10 – share a plate if you want!

The amazing and delicious Dessert Auction will follow. Please contact Yakshi if you can make a yummy dessert (288-0619).

We welcome and appreciate your support, as we support the community with 1, 2, 3 Grow, youth enrichment programs, and local economic development. Hope to see you there!



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Read *The Courier* on-Line (in living color!) at: www.camptonville.com

Free to the community; Subscriptions: \$15 yr. Tax-deductible donations are appreciated!

Creativity Bursts into Bloom with Wordsmiths & Music Makers – March 21st

By Yakshi Vadeboncoeur

Spring will bring a flowering bouquet of talent with the equinox return of
Wordsmiths & Music Makers at The Camptonville Community Center
Saturday Evening, March 21st, from 7 to 9:30 pm (Doors open at 6:30)

Your \$5 ticket at the door will bring you far-ranging musical pleasures, the culmination of a decade-long literary journey, and a feast of culinary delights.

Featured Artists include: **Musicians Cheryl Z** and **Rebekah Hood-Sava** and **Wordsmith Shirley DickKard** with her debut novel *Heart Wood*.

- Camptonville's own **Cheryl Zatuchni** brings her guitar rhythms, lilting voice, and playful lyrics to brighten our evening. Her love songs and traveling tales have wide-ranging appeal, and you'll recognize their deep-rooted origins in the human heart and in our foothill soil.

- **Shirley DickKard's** debut eco-novel shares that rich entwinement in our Northern California landscape. Its setting is a fictional "Luna Valley" in the Sierra Nevada, where a small oak writing desk holds a legacy in its heartwood that mysteriously connects three family women across centuries and generations in their fight for the earth's future. Come be among the first to share in the rich rewards of this decade-long project that endeavors to re-envision our world.

- Cellist, Violinist, and Composer **Rebekah Hood-Sava** rounds out our evening and balances our Vernal Equinox energy flows. Cello, violin, flute, piano – Rebekah is able to move adeptly through the musical world on a wide variety of instruments. She is a teacher, composer, and virtuoso performer on cello and violin. Teaching online and at Yuba College, Rebekah, also, performs live with the Veridian String Quartet and several local symphonies. From classical to fresh and improvisational, be ready to be transported and to go home with your heartstrings reverberating in mellow cello tones.

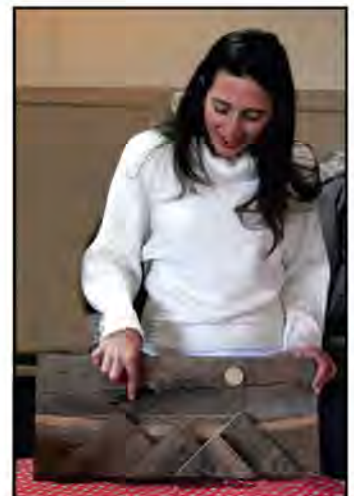
As always, your ticket includes a buffet meal and if you want to be part of the evening's creative outpouring, bring a page or a song, write your name on the back of your ticket, and put it in the tin. We draw names for audience offerings before and after each featured artist. (Remember no filming or recording of artists without advanced written permission)



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Art Share - First Saturday of the Month

By Katie O'Hara-Kelly

I would like to invite all fellow visual artists to join in our monthly informal Art Share at the Camptonville Community Center, on **Saturday, March 7th, from 10–11 am**.

We started doing this in January, and it has been really fun! The plan is to work at home on an assigned theme, then bring in whatever you were inspired to make to the Art Share. Last month the theme was "Snow;" this month it's "Rain." You can make anything in any medium, from fabric to crayons, and you don't have to use our suggested theme. Make whatever you want. So far, five of us have shared our art, and we welcome anyone else who would like to join us. I know this is a late notice, so come even if you haven't made anything! We will be deciding on our next theme with a due date in April.



"SNOW" ART (photos by Katie)

Above: Mary Yager; Below: Katie O'Hara-Kelly
 Top Right: Monica Murgia and her mountains
 Middle Right: Monica's birds; Sean Beachell's goblet
 Bottom Right: Monica, Sean, Mary, Dog



I'd like to introduce you to CCP's newest employee: **Brian Price**. (You may know him better as proprietor of Burgee Daves at the Mayo). He is working to assist CCP with Census 2020 to help everyone in the Yuba foothills be counted!

— Cathy LeBlanc, Executive Director, CCP



Camptonville Community Partnership is pleased to announce that **Marcy Risque** has been hired as the Coordinator of our youth project, Rally Point. She comes with a background in yoga, dance, is one of The Courier's editors, a poet, and mother of two teenagers. — Cathy LeBlanc, CCP

YOU COUNT!

By Brian Price, CCP Census Coordinator

Do you know you will *not* receive a paper Census if you only receive mail at your PO Box?

But the census is important! Camptonville Community Partnership (CCP) represents our community as "Rural people working together for a safe, sustainable and healthy community." In our effort to continue this goal, it is vital that our community be represented in the Census. This year, CCP has partnered with Sierra Health Foundation and California Census 2020 to help the Yuba foothills be counted with on-line submissions.

Your participation in the census will inform how funding will support services in communities and schools over the next ten years. It will also help businesses make smart decisions on where to invest and open their doors. The Census information will also let investors and grantors know how many people live in a particular area.

The Census counts everyone regardless of immigration status. By law, answers are kept confidential. The information is not shared with immigration or law enforcement agencies. We feel we can achieve our goals with much more vigor as we intend to create more and better opportunities for the people in our community.

CCP will have a traveling Census Kiosk setup in the Yuba foothills to assist with achieving 100% census participation in our communities. Starting in mid-March, CCP will post dates and locations for Census Kiosks in your Yuba foothill neighborhood. Please keep your eyes open for our fliers. For more information, call or email me at 288-9355 or brian@theccp.org.

Honoring our civic duty to participate in the census strengthens our communities. To learn more, visit californiacensus.com or 2020census.gov.

Calling all Volunteers !

Camptonville Community Partnership is calling all **Volunteers**.

This year we are kicking off "Rally Point," a twice-monthly, youth-based event meant to connect foothill teens while teaching life-building and advocacy skills. There will be homework help, team games, and independent/group projects. Once a month there will be a guest speaker sharing career knowledge to expand options for youth.

Let's teach and help our youth Create, Innovate, & Advocate!

- Who** — Calling for high school students, or any adult, who has spare time and desire to enrich foothill youth
- What** — Help with project mentorship, setting up/breaking down, homework
- When** — Second and fourth Thursdays of every month, from 4:30–7:30 pm
- Where** — Camptonville Community Center, 15333 Cleveland Ave, Camptonville
- How** — To volunteer, please phone: 288-9355



Seasonal JOBS at the Tahoe National Forest



By Izaya Lewis, Customer Service Representative, USFS

The Tahoe National Forest Service will be hiring seasonal temporary positions for our Recreation Department beginning March 3rd. Our recreation crews work in developed campgrounds cleaning bathrooms and campsites, giving general information to the public, and some light maintenance work around the campgrounds. You can apply online at USAJobs.gov. **The positions will posted on March 3rd and USAJobs will accept applications until March 10th.** If you are interested in applying or need assistance with your application, please contact Krystal Rasmussen at 478-6253 X226.

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Seeking Volunteers for Mining Metals Exposure Study

By Taylor Schobel, Sierra Streams Institute

Sierra Streams Institute in Nevada City is seeking volunteers to participate in a project called Community Health Impacts from Mining Exposure, or CHIME-3. This project was initiated in 2014 when concerned Nevada County residents asked Sierra Streams to investigate if there was any connection between our county's high breast cancer rate and heavy metals from historical mining still present in our environment. The project is guided by a group of local community members, called the community advisory board, who bring a wide variety of perspectives to the study. So far, the research team, which includes Sierra Streams Institute, University of California San Francisco, and University of Arizona scientists, has found that women with a history of breast cancer in our area do have higher levels of arsenic and cadmium in their bodies, as well as higher arsenic levels in the soil around their homes.

Sierra Streams is looking for more participants. Participants must be women over the age of 18, and living in one of the nine counties considered part of the Gold Country. Participants will work with a scientist to sample their drinking water, the soil around their home, and garden produce (if they have a garden) to be tested for "legacy mining" metals, such as arsenic and cadmium. If you're interested in this research for yourself and your home, please contact Taylor at SSI:

taylor@sierrastreamsinstitute.org or 477-7132 ext. 213.



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Harmony Health Sponsors SYRCL Environmental Film Fest – April 25th

By Christina Villegas, Harmony Health

Come join Harmony Health for our 3rd annual Wild and Scenic Film Festival on Tour as we showcase environmentally-friendly documentaries from all over the globe. The goal of these films is to inspire activism. Harmony Health hopes to use the festival to increase community understanding of the connection we share with the planet and our role as stewards to keep it healthy for the next generations. This event will benefit our Youth Group R-Spot. R-Spot focuses on the underserved youth in our community from age 10 years up to their 18th birthday. We provide a safe and comforting atmosphere where children learn through hands-on activities like organic cooking, science experiments, arts and crafts, projects, games, and outings. This event is on **April 25th, from 3–8 pm, at Yuba College in Marysville**. For more information, visit: www.myharmonyhealth.org.

Happening at the Community Center!

By Jesse Golden, Manager

Love your Community Center! The **2020 membership drive** to raise funds for the Camptonville Community Center is now underway, with close to \$600 in memberships and donations already propelling us towards our goal of \$2020 by April 1st. The Community Center Advocates invite you to join and support the Center's ongoing expenses and renovation projects. Donations to the Advocates are tax-deductible. Visit the Center's membership page at camptonvillecommunitycenter.org, or send your donation to CCCA, PO Box 414, Camptonville CA 95922.

The Advocates request your input on plans for the Center. Please join us at the Center, **11:30 am on Saturday, March 21st** for coffee and a facilitated discussion. Bring your good ideas for all of us to consider as we create the future of our Community Center. See article on the right for details.

Thanks to the many volunteers and donations, repair and renovation of the front of the Community Center will start very soon, and the windows for the bathrooms and the kitchen interior walls will be replaced.

Coming up at the Center:

- **Saturday, March 14th, 4-7 pm, St. Patrick's Day Dinner & Dessert Auction**, benefit for Camptonville Community Partnership, including dinner for only \$10, plus a fun dessert auction to benefit CCP.
- **Saturday, March 21st, 11:30 am, Community Meeting** to discuss future plans for the Center.
- **Saturday, March 21st, Wordsmiths & Music Makers**, with featured writers and musicians plus performances by audience members. Doors open 6:30 pm, program begins at 7 pm. Yakshi sponsors this event and welcomes the public; she says, "Come hungry!"
- **Saturday, March 28th, 7 pm, Live Music** with \$5 cover charge. Open Mic starts at 5:30 pm, emceed by **Cathy LeBlanc**, followed at 7 pm by featured performance of local singer-songwriter **Frances McCabe**, accompanied by soundman **Rob Holland** on bass (search YouTube for "Frances McCabe Bunker Party" to hear Frances' unique sound). Snacks and beverages will be available by donation.
- And coming up: **Saturday, May 9th, 9:30-1:30, Camptonville Flea Market and Plant Sale**. This year's event will be at the Community Center; each 10x10 space will be \$20. Call or email the Center for more information, or watch for fliers and Facebook posts.

Ongoing events: Coffee @ the Center on Saturday mornings at 10 am; yoga with Lucille on Thursdays at 10 am; Rally Point for youth ages 10-15 years on the 2nd and 4th Thursdays, 5-7 pm.

Thanks so much to all the volunteers who make events and renovations happen, including the Coffee hosts, **Kevin McIntyre** for his work on preparing the kitchen for painting, **Sandy Watson** for cleaning, and the many volunteers who made the February 8th Sri Moonshine Music concert such a success!

For more information, private rentals, or to volunteer, call 288-5016 or email: cvillecommunitycenter@gmail.com.

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or call 288-5016



Come Help Plan Our Center's Future —March 21st



By Richard DicKard, CCSD board member

Let's meet at the **March 21st, Saturday coffee at 11:30 am**. Bring sketches, plans, your good or even wild ideas to this meeting for all of us to consider before we move forward with renovation and needed repairs of our Community Center.

Here's the progress we've made since the last meeting on August 16th, 2018, when twenty+ Camptonville folks met to discuss specific ways to improve the Center: functioning bathrooms with a new septic system; a beautiful rock wall with a Pelton wheel installed; a security system installed; a nicely painted Community Room; and the almost finished renovation of the kitchen area. We are so thankful for all the volunteer labor, fundraising, and support that has made the Center a much safer and better-functioning space. So folks, "be there or be square" on the 21st! We need and value your input for the next steps to take.

Highest Rating Again for Camptonville Advocates!



By Richard DicKard, Camptonville
Community Center Advocates

The Camptonville Community Center Advocates have once again earned Guidestar's highest rating, the 2019 Platinum Seal of Transparency. The Platinum Seal indicates the Advocates have provided key information about what they are doing to improve the well-being of people in Camptonville. The finances, governing board, and metrics demonstrating the Advocates' progress and results at the Community Center can be seen at guidestar.org/profile/81-4073088.

Bird Nests

By Katie O'Hara-Kelly

During the winter when the leaves are off the trees is a great time to go looking for bird nests. You may be surprised at the number of nests you'll find! Birds build nests in trees and bushes, on the ground, in human-made structures, and under bridges. They use a wide variety of materials including moss, spider webs, lichen, mud, twigs, string, fishing line, and feathers. They come in all kinds of sizes and shapes.



Oriole Nest in Snow Photo: Katie O'Hara-Kelly

Most birds do not reuse old nests for three main reasons: the nest has deteriorated over the winter; the nest has odors left from previous occupants which could attract predators; or the nest has ectoparasites that could harm baby birds.

However, some birds do reuse old nests. Usually birds that build large nests (eagles, herons, etc.) reuse their old nests, but refurbish them with new sticks and nest materials.

Some small birds also refurbish old nests, such as phoebes and robins. Robins sometimes make new nests, sometimes refurbish an old nest, and sometimes build a new nest on top of an old nest! Orioles will recycle nest material of old nests when building a new nest. I have watched them pull threads and fishing line out of old nests several times!

It may seem tempting to collect bird nests, however, it is totally illegal. The Migratory Bird Treaty Act of 1918 states: "No person may take (kill), possess, import, export, transport, sell, purchase, barter, or offer for sale, any migratory bird, or the parts, nests, or eggs of such bird except as may be permitted under the terms of a valid permit." It is also illegal for anyone to keep a nest they take out of a tree or find on the ground unless they have a permit issued by the U.S. Fish and Wildlife Service.

So take your binoculars and go see what you can find. They are often architectural wonders!

Much Ado in March

By Yakshi Vadeboncoeur, 1, 2, 3 Grow



So much going on these days in 1, 2, 3 Grow's wild and wonderful, wee world! By the time you read this, Teacher Christina will probably be holding her new baby in her arms; Teacher Yakshi will be 70 and in her final trimester teaching at Camptonville School after 36 years; the annual CCP St. Patrick's Day Dinner and Dessert Auction fundraiser will be almost upon us; and we will probably still need help and strong backs to clear away the tree that fell on our garden play space before we can play there or plant a spring garden. Wow, lots of room for volunteer help and creative involvement and support in that list!

If you can make a dessert for the St. Patrick's Day fundraiser, please contact Yakshi at 288-0619 or call the Resource Center at 288-9355. If you can't manage a dessert, be sure to come and bid on one. Call the same numbers if you're willing to haul wood to help return our garden to us. I'm thinking a Saturday workday on the 7th sounds doable for me, but I'll gladly be flexible to accommodate the schedule of any able-bodied volunteers.

Though transitions can be demanding and stressful, they are also occasions for new energy, insights, and creativity. Add your energy and ideas to the next chapter in 1, 2, 3 Grow's ongoing story and the educational adventures of our youngest community members.



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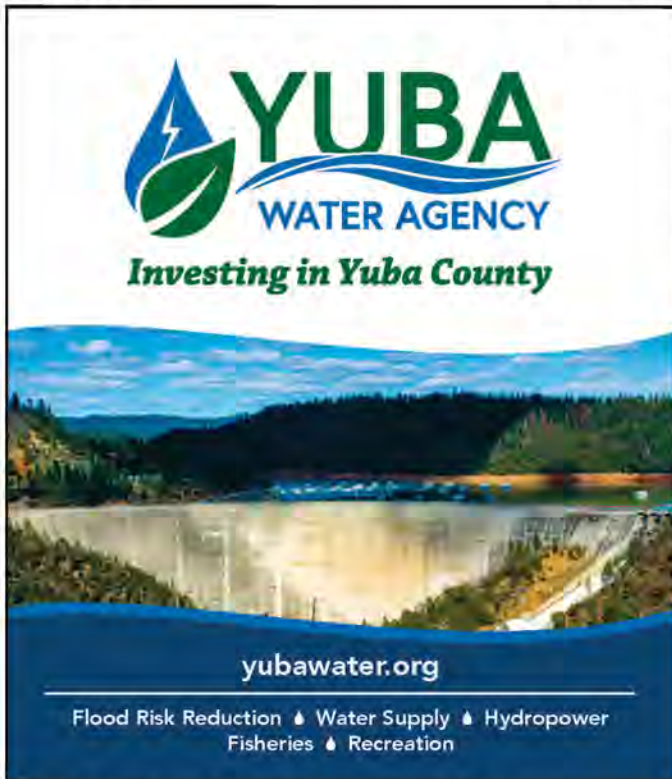
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Yuba Water Agency General Manager Curt Aikens will retire January 2021

By DeDe Cordell, Yuba Water Agency

The Yuba Water Agency's directors announced the retirement of General Manager, Curt Aikens, with gratitude for his 23 years of service. The board also announced their appointment of Assistant General Manager, Willie Whittlesey, as the new general manager, effective July 1, 2020, at which time Aikens will assume a role focused on special projects.

"In my time here, we've grown the agency from about 20 people to around 75 to address opportunities and challenges," said Aikens. "We've done some really remarkable things in that time, which have set Yuba County up for great success. It's been an incredible journey, and I look forward to spending my last year here really focused on a few critical projects that need extra attention to get them over the finish line."

"Curt has been such a vital part of the success of Yuba Water," said Randy Fletcher, the agency's board chairman. "During his time leading this organization, we have made incredible leaps and bounds in reducing flood risk and ensuring a sustainable water supply for the people of Yuba County. The other board members and I have 100 percent confidence in Willie as our selection to lead us into the future, as we continue to focus on those priority missions, but also transition more into other ways to improve the quality of life in Yuba County."

As the assistant general manager of Yuba Water Agency, Whittlesey assists with all aspects of agency operations and management, including reducing flood risk, hydroelectric power generation, energy sales, water rights, water supply reliability, ecosystem improvements, and more.

"Curt has really helped set this agency up for long-term success," said Whittlesey. "In the last three years, I've learned a lot from him, and I'm grateful for his confidence in me, as well as the board's. I am honored, humbled and really excited about the opportunity to lead this agency into the next phase of our journey. I love managing the water and power, but am equally excited about some of the other things we are getting involved in now, like forest health, water education, economic development, and other exciting new opportunities."

A registered professional forester, Whittlesey grew up in the Sierra Nevada foothills and has been working in the Yuba River watershed for 25 years in roles ranging from forestry to hydroelectric power generation. Prior to joining Yuba Water, he was with PG&E for 13 years.

CalFire Awards \$4.5 Million for Forest Health and Resilience to Yuba Water Agency

By DeDe Cordell, Yuba Water Agency

CalFire is awarding Yuba Water Agency \$4.5 million in California Climate Investment funding for the proposed Yuba Foothills Healthy Forest project. The project will include more than 5,000 acres of public and private forestlands in the Yuba County foothills, in various areas around Dobbins, Challenge, and Brownsville. A variety of forest treatments will be used, including thinning, prescribed fire, pile burning, and biomass utilization. The project will provide benefits to forest health, climate change resilience, species composition, catastrophic fire risk reduction, and improved water yield. It also comes with direct benefits to hydropower and bio-energy fuels, and local jobs.

"This is such great news for our communities at risk of wildfire," said Randy Fletcher, Yuba Water Agency board chairman and Yuba County supervisor for District 5, which includes Camptonville and the foothills. "This grant will enable us to get significant work done on the ground, and much of it on private land, to protect our people, our infrastructure, and our water."



Curt Aikens



Willie Whittlesey

Keep Up Your Firesafe Preparations During Winter!

By Beverly Cameron- Fildes, Outreach/Education Committee, Yuba Watershed Protection & Fire Safe Council

While the calendar says we're still in winter, our weather has been warm and unfortunately, much drier than any of us would like at this point in our "wet" season. In fact, according to the weather folks, it's the fifth driest February on record. They say we will see more moisture, however, it seems while we wait that it's a good time to begin some of the activities that will keep us safe further down the line.

Now is a great time to: remove dead branches, "limbing up," remove dead vegetation from your plants, and remove piles of dead leaves that have gathered around steps, in gutters, on decks, around plants, and on any paths near your home.

You still have time to: prepare a burn pile, remembering that residential piles must be no more than 4'x4' and burning can ONLY occur on designated burn days. **Check with Feather River Air Quality Control for guidelines: 741-6299 or www.fraqmd.org.** While summer may seem far off, getting this headstart will ensure a more fire resistant landscape going into this fire season.

Another project to tackle right now: repair/replace any missing or damaged vent screens and replace the normally 1/4" mesh with recommended 1/8" mesh. The difference between 1/4" and 1/8" might seem negligible in print, however in reality, the difference in terms of the protection from blowing embers is HUGE. While we always fear the big flames of a wild fire, the research shows that 90% of homes are lost to ember showers that might fly hundreds of feet ahead of flames, landing in wood piles, dead material in plants that are close to the house, (remember the five-foot "immediate danger zone") around the house perimeter, or in leaf-filled gutters and roof valleys.

For more detailed information: check out Firewise.org for the Home Ignition Zone Checklist. For more Fire Safe tips, be sure to pick up your 2020 Firesafe Council calendar from Cathy LeBlanc at the Camptonville Community Partnership, the Camptonville Volunteer Fire Department, or at the next Fire Safe Council meeting.



BURN DAY STATUS: (www.fraqmd.org) ...741-6299

Yuba Water Agency provides grants for flood risk reduction, water supply improvements, and emergency response

By Alex Boesch, Yuba Water Agency

Camptonville Community Services District was one of four Yuba County agencies that recently received a financial boost from the Yuba Water Agency.

- **Camptonville Community Services District** was awarded \$51,000 to determine the design and cost to repair and improve the Campbell Gulch diversion dam and pipeline that delivers water to Camptonville's water treatment plant. The diversion dam sustained damage from sporadic, high creek flows that occurred with major rain events. Yuba Water Agency's \$51,000 grant funds the planning for the cost of repairs and improvements because it will help ensure a sustainable water supply for Camptonville's residents, one that would not be compromised by another high-flow event.

Funding was also awarded to:

- **Yuba County inundation mapping:** a \$65,000 grant for Yuba County to procure flood and levee inundation maps and associated products.
- **Yuba County Sheriff's Dept. environmental crimes investigations:** \$30,000 to investigate environmental crimes related to the cultivation of marijuana in the Yuba River watershed, specifically to conduct searches of potential grows, limiting illegal water diversions and further damage to the Yuba River caused by the harmful chemicals that are often used.
- **Wheatland Fire Authority:** \$10,000 for rescue equipment.

To read the complete text of these articles, visit: yubawater.org.

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(Submitted by Carolyn Mumm)

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Great Job Cougars!

By Sandy Ross, Superintendent/Principal

Our Cougar Middle School Basketball team recently completed a successful 2020 season. These 7th and 8th graders represented the best of our Camptonville School students as they worked together to overcome obstacles on the court, regardless of experience, size, or gender. For the most part, they kept their cool, listened to their coaches, practiced and learned their plays, respected their teammates and the opposing players, and never stopped pushing themselves to do their best. It was wonderful to see our more experienced players working to help those new to the game improve their skills. Of course they had rough moments, but they picked themselves up, brushed off their uniforms, and learned from their experiences.

Each and every player should be commended on their commitment, passion, and growth throughout the season!

Congratulations and huge thanks to coaches **Danny Rasmussen** and **Ben Locatelli**, who put a great deal of time and even more heart into coaching this team. They made sure that the team worked together to succeed and encouraged generosity and good sportsmanship. We appreciate our team mom, **Chelsi Hedrick**, for helping to organize the team and keeping stats at every game. Lastly, thanks to our families for their positive energy in the stands! GREAT JOB COUGARS!!!



Photo by Jessica Prince



YUBA COUNTY OFFICE OF EDUCATION
Camptonville Union School District
P.O. Box 278
16585 School Street
Camptonville, CA 95922

SANDY ROSS
Superintendent/Principal

Phone: (530)288-3277
Fax: (530)288-0805
Email: sross@cville.k12.ca.us

Memories of Free Ice Cream



By Les Wolfe

The Camptonville Mercantile store put an ice cream fountain in the back of the store in about 1946 or '47. Needless to say, if a nickel was had, the trail behind the old schoolhouse led a short way to the store. This action by the students brought Mr. Williams, the school principal, to the classroom to lecture us on leaving the school grounds.

The fountain had not been in business for very long, when for some reason, the freezer quit and the ice cream was melting. The school was invited to have free ice cream cones. This made all the kids very happy because it wasn't all that easy to round-up a nickel. I don't recall the man's name that took over the mercantile store from Judge Cleveland, but I believe he is the one that put in the ice cream fountain.

March 2020 School Calendar

- March 5-7 REACH Youth Leadership Conference, Chico (6th-8th)
- March 7 Saturday School, 8:30 am-12:30 pm, Room 2
- March 11 Awards Assembly, 8:45 am
Staff Develop. Minimum Day, 12:45 pm dismissal
Kindergarten Schedule, 8:25 am-12:45 pm
- March 19 School Board Meeting, 5 pm
- March 25 Staff Develop. Minimum Day, 12:45 pm dismissal
Kindergarten Schedule, 8:25 am-12:45 pm
- March 30 Site Council Meeting, Library, 3 pm

Save the Date!

- April 2 Yuba County Spelling Bee, Yuba Co. Gov. Center, 6 pm
- April 30 Family Learning Night, 5:30 pm
Site Council LCAP Stakeholder Survey & Sundaes



YUBA COUNTY OFFICE OF EDUCATION

935 14th Street, Marysville, CA 95901
www.yubacoe.org

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COMMUNITY CENTER

Love Your Community! Membership Drive

Join or Renew
Between Now and April 1st

See Page 6 for details

Share the Love!



HELP & HOPE

For EmergenciesFirst Call 911

(All area codes are 530 unless specified)

CA Rural Legal Assistance (Yuba Co) ----- 742-5191

Camptonville:

- AA ----- 288-1001
- Community Center Information ----- 288-5016
- Elementary School ----- 288-3277
- Post Office ----- 288-3348
- Resource Center (CCP) ----- 288-9355
- USFS (Yuba River Ranger District) ----- 288-3231
- Vol. Fire Department ----- 288-3303

CoRR (Community Recovery Resources) ----- 273-9541

Domestic Violence:

- Casa de Esperanza Hot Line (Yuba Co) --- 674-2040
- DVSAC Crisis Line (Nevada Co) ----- 272-3467

KNCO 830 AM (Nevada Co) ----- 477-5626

KUBA 1600 AM (Yuba Co) ----- 673-5400

KVMR 89.5 FM (Nevada Co) ----- 265-9555

Legal Center for Seniors (Yuba) ----- 742-8289

Mental Health 24 hr Crisis Line (Yuba Co) --- 673-8255

NAMI -Support for Mental Illness ----- 272-4566

OES - Office of Emergency Services (Yuba Co) 749-7520

PG&E Outage Line ----- 800-743-5000

Red Cross of NE California ----- 673-1460

Road Conditions CalTrans ----- 800-427-7623

Sheriff (Yuba Co)

- Emergency ----- 911
- Non-Emergency ----- 749-7777

Supervisor Randy Fletcher (Yuba Co) ----- 749-7510

(Contact Editor for additions or corrections)



Burn Day Status: (www.fraqmd.org).....741-6299

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Food Distribution in the Yuba County Foothills

The Foothill Food Pantry:

Located at the Lake Francis Grange in Dobbins

Thursdays 12-1:30 pm

(Except we're closed the week of USDA distributions)

MARCH 5, 19, and 26

APRIL 2, 16, 23, 30

The USDA Commodities Food Bank

Located at Willow Glen Restaurant, Oregon House

The 2nd Friday: 8:30-10 am

MARCH 13 and APRIL 10

Distributed by The Gleaners.

Also in Nevada County:

Food Bank, North San Juan Community Center

The 3rd Thursday, 8 am



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Ella Lock on stage at Karaoke Night February 21st
A Rousing Benefit for Camptonville's Children!

Join the Community Center and Share the Love!



(See page 6)



*****ECRWSS 22B001

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Planning an Event?

Check the Online Community Calendar for open dates (www.camptonville.com)
and get your event posted early to avoid possible conflicts!



MARCH 2020 Community Calendar

The Camptonville Calendar is online at Camptonville.com.

To add local events to the calendar, send an invitation from your electronic calendar or email to calendarville@gmail.com
with event information, or leave a message for Jesse Golden at 288-5016.

March 3 – Film: *Not If But When* at NCSCC (pg 2)

March 7 – Art Share -CCC (pg 3)

March 14 – St. Pat's Dinner & Dessert Auction (pg 2)

March 21 – Community Center Meeting (pg 6)

March 21 – Wordsmiths & Music Makers (pg 3)

March 28 – Live Music at CCC (pg 6)

April 25 – SYRCL Film Show, Marysville (pg 5)

May 9 – Plant, Flea, Craft Sale, CCC (pg 6)

On-Going MONTHLY Events

Call first to verify meeting times before attending

CCP Board - Meets 3rd Wednesday, 3 pm
Resource Center. Contact: 288-9355

CCSD Board - Meets 4th Thursday, 6 pm, CV Com. Center
Contact: 288-3676

School Board - Meets 3rd Wednesday at CV School
Call for time: 288-3277

USDA Food Bank - 2nd Friday, Oregon House (pg 11)

NSJ Food Bank - 3rd Thursday North San Juan Center (pg 11)

On-Going WEEKLY Events

(CCC = Camptonville Community Center)

Tuesdays: Community Lunch, 12–1 pm, NSJ Center
Yoga, 5:30 pm, Camptonville School Gym
Camptonville Fire Dept Trainings, 6–9 pm, Fire Hall

Thursdays: Yoga, 10 am, CCC
Foothill Food Pantry, Dobbins (Not 2nd week, see pg 11)
Rally Point Teen Nights 5–7 pm, 2nd & 4th Thursday, CCC

Saturdays: Coffee @ The Center, 10 am–noon, CCC