VOLUME 25 FEBRUARY 2021 NUMBER 2



Psyche and Cupid



#### "What's Love Got to Do with It?"

#### By John Deaderick

So it's February, and smack in the middle is Valentine's Day, which through a series of historical misinterpretations and corporate pressures has become synonymous with Romantic Love. Let's examine this Love thing, a bit. The ancient story of Cupid and Psyche may provide some strong signals as to what that all-embracing and much overused word – Love – is about.

First, there is Psyche, or Soul, who is beautiful beyond compare, so beautiful in fact that this raises the ire of Aphrodite, or Venus, the Goddess of the aforementioned Love thing: Aphrodite, you see, just can't stand the competition. She bids for her son Cupid, or Eros, who is not the cutie little winged cherub of later Renaissance iconography, far from it. No, Cupid is one powerful dude. Anyway, Aphrodite has her son marry Psyche, which makes her sisters very happy as they, too, are jealous little bitches, and they think Psyche has gotten her just deserts, as Cupid/Eros has assumed a rather ugly form for the wedding day. But guess what? At night, in the dark, the two make steamy hot love. Steamy. Psyche, of course, brags to her sisters about her lover's prowess, but says that Cupid only does it with the lights off and forbids Psyche to turn them on. Now, even more jealous than before, the sisters convince the gullible young bride that she is in mortal danger and had better get the lights on and check out her husband.

Later, armed with a knife and candle, Psyche spies upon her sleeping hubby only to see that, in his true form, he's extraordinarily lovely to gaze upon. Rapt, she accidentally drips hot wax on the presumably blissful post-connubial slumberer, and ZAP, he's awake, and he's pissed!

"Psyche! You broke your word! It's over!" he cries, or words to that effect anyway, and he splits, leaving Psyche heartbroken. Grieving, she wanders all around the ancient Mediterranean world lamenting her loss, but unlike most of us, gets a bunch of second chances, undergoes lots of trials set to her by the gloating Aphrodite, even tripping on down into the land of the Dead. Cupid swallows his masculine pride, realizing that he does love Psyche after all despite her lack of faith, and he appeals to Zeus for them to be wed in Heaven. The randy Zeus strikes a deal that, if Cupid will help him nail the next winsome wench he espies, then the two can be reunited forever, let no man put asunder and all that.

And that's the story, more or less, mostly less. For the full tale go to "The Golden Ass" by Apuleius. For what it all means, consult your nearest available Jungian psychoanalyst. Happy Valentine's!

YOU

#### Sharing My Love for Our Courier Volunteers

By Shirley DicKard, Senior Editor

This February issue marks the start of my 8th year as Editor of *The Courier*. Back in December 2013, *The Courier* had not been printed for five months and it looked like, after a 16-year run, it was going to die. I felt saddened, but what did I know about publishing or journalism? *Nada!* I just knew we had to find a way to keep this unique community voice alive, so you can imagine my surprise when I heard myself volunteering to be the Editor.

"I'll give it a try," I said, "if I can find capable, dependable people to work with me." And that's exactly what happened. Volunteering is just how we get things done in Camptonville!

It warms my heart to honor the volunteer team that has been with me since my first issue – February 2014. Many have been with *The Courier* since it's early days.

Here's a rundown of what it takes to produce each Courier. You may be surprised to see how many people are involved!



February 2014 Courier

**Editors** announce via email that submissions are due the 18th of each month. Our Editor triad: **Shirley DicKard**, Senior Editor, February 2014–Present; **Janie Kesselman** September 2018–Present; **Marcy Risque** June 2019–Present. Having these women as partners has made all the difference!



Editors: Shirley - Marcy - Janie

Before going to print, issues are reviewed by a team of four eagle-eyed **Copy Editors/Proofreaders** who check for grammar, typos, and clarity to assure each issue is as perfect as possible.



Janie 🌱 Kesselman

YakshiVadeboncoeur





Linda 🌳 Brown

Jimbo Garrison



Content is contributed by community members, organizations, and agencies: articles, news, poetry, creative writing, art, photographs, etc. If you'd like to receive monthly email reminders, contact: camptonvillecourier@gmail.com. Submission and Editorial Guidelines are online at: camptonville.com/the\_courier.html



Rita Ortega

The Editorial Advisory
Staff ensure that we
adhere to our Editorial
Guidelines and CCP's
requirements as a
non-profit.
Rod was the Courier's
Editor (along with
Rochelle Bell) from
2003-2008. Rita is on
CCP's Board of Directors



**Rod Bondurant** 

Advertisement and Subscriptions Manager maintains records, invoices, and determines distribution numbers and maiing labels for each issue. A huge *Thank You* to our loyal Advertisers and Subscribers who provide a base of support for *The Courier!* 

Linda Rose



2014–2020. See Page 7 for a list of Linda Rose's "Meet Your Local..." articles.

Linda Rose



Linda Brown 2020–Present

### Sharing the Love for Our Courier Volunteers Continued from Page 2



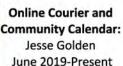
Rochelle Bell

Folding Manager: Rochelle Bell gathers a crew to help at the once-a-month "folding party" to ready the paper for mailing. If you'd like to join us (after COVID), contact Rochelle at: roboat71@gmail.com.

Website and Archives Support: Stephanie Korney - up to 2019. Each issue since 2003 is posted on www.camptonville.com



Jesse Golden





Stephanie Korney



CCP staff: Cathy LeBlanc, Corrin Burdett, Cara Olson Finances/Fiscal Agent: Shirley DicKard, Cathy LeBlanc, and Corrin Burdett at the 501(c)(3) Camptonville Community Partnership (CCP)



A typical (pre-COVID) "Folding Party" where we fold, label, and staple the *Couriers* for mailing.



**Barbara Ramirez** 

Distribution Manager: Barbara Ramirez arranges with the Post Office for the mailing of each issue.

We also appreciate the women in our local Post Office (Geri Pape, Sheryl Spencer, and others) who put *The Courier* into your PO/mailbox each month.



Volunteers celebrating after completing another issue! 2019 (pre-COVID)

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Deadline to submit articles: 18th of the month. Email to: camptonvillecourier@gmail.com

The views expressed in The Courier do not necessarily reflect those of The Courier, its staff, advertisers, or donors

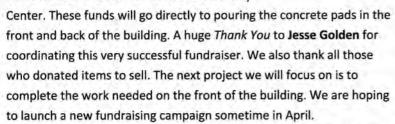
Read The Courier online (in living color) at: www.camptonville.com

Free to Camptonville residents; Subscriptions: \$15 yr. Tax-deductible donations are appreciated!

#### Local Treasure Success!

By Christina Ledson, Camptonville Community **Center Advocates** 

We reached our goal and then some with the Local Treasure Fundraiser for the Community



We are always reminded of how giving and generous this community is. Thank you to The Courier and CCP for your ongoing support.

We have two new board members on the Advocates! Jody Deaderick and Cecilia Englert have joined Lucille Rovnak, Dick DicKard, and myself to complete the five person board. We look forward to their fresh perspectives and great ideas.

There are a number of ways you can donate to the Center. One is to become a member. There are many different levels to fit your budget. We also now have a donation button on the home page of our website. Please visit us at: camptonvillecommunitycenter.org.

Yuba County has currently been put in the purple tier of COVID restrictions. This means we are still not able to safely gather indoors. We are monitoring things closely and will reopen when it is safe to do SO.

In these financially and emotionally challenging times, we are very humbled by the support from our community. Please stay safe and healthy.



#### Are we there yet?

By Patrick Brose, Superintendent/Principal, Camptonville School

Are we there yet? Like the



chiming of children from the back seat of the family wagon, I hear the calls about vaccines and reopening in my ear. As I sit at my desk in January trying to pinpoint information for February, I feel a little more like Nostradamus than ever. People want to know: "When is the vaccine coming?" "Who gets it?" "When will the school open?"

Here is what I know as of January 15th: The vaccine is coming soon, likely mid-February for education staff. I am coordinating with the county health department to get vaccines for our staff as quickly as possible. For the rest of the community, you should reach out to your primary care doctor to find out when the vaccine will be available to you. Right now, medical staff and first responders are receiving the vaccine. Keep in mind that children 16 and younger will not be receiving the vaccine as it has not been approved yet for those ages.

This leads me to when the school will open. The California Department of Public Health (CDPH) has revised all the guidelines for school openings. This can be found on: https://covid19.ca.gov/state-dashboard/.

A few things need to happen before we can return to in-person schooling: 1. The staff needs to have been provided access to the vaccine. 2. The school needs to revise its reopening plan to meet the new guidelines set out by CDPH (I am currently working on this). 3. Yuba County needs to reduce its new COVID case count per day to below 25 per 100,000 (as of this writing it is 62 per 100,000). These are all major factors we are working on to swiftly and safely ensure that when we do return to in-person instruction, we will not have to close again.

Thank you all for your support of Camptonville School and Happy February!

#### News Flash from the Community Center!

A huge THANK YOU! to

Hanson Brothers

for donating 5 yards of gravel for our current renovation project at the Center,

and to John Jaynes

for transporting the gravel to the Center.



## Monkey Mind – A Mind is a Dangerous Place to Live

The monkey mind is a term sometimes used by the Buddha to describe the agitated, easily distracted, and incessantly moving behavior of ordinary human consciousness. As an ordinary human afflicted with monkey mind, I offer these thoughts for February.



#### By Jesse Golden

I have very strong feelings and opinions about recent political events, and I bet you do, too. And chances are, if you feel the same way as I do, you think I'm smart, or good, or well-informed, and if you don't, you think I'm stupid, or bad, or badly informed. No ding on you – this, according to a recent National Public Radio show, is how the human mind works.

Comedian George Carlin noted this phenomenon in terms of driving: "Have you ever noticed that anybody driving slower than you is an idiot, and anyone going faster than you is a maniac?"

The NPR show Hidden Brain, in a recent episode titled Double Standard, explains the human tendency to judge ourselves in terms of our interior life – our intentions, motivations, feelings, and context – while judging others in terms of their behavior. Consider, for example, how you feel about how warm to keep your house. If those you live with disagree with you about the optimal temperature, you think they're needlessly spartan for wanting a lower temperature, or over-indulgent for wanting a higher one. Or wasteful, stupid, unreasonable...well, you know. Because you're human, with a human brain, you very likely are convinced that your preference is based on logic and reason, while others' preferences are not, and you judge them accordingly.

This human tendency, to believe that our own opinions are well-founded whereas the opinions of others are not, applies also to the questions we face as a country. Are we taking care of each other adequately? Are we balancing safety and survival concerns? Are we protecting democracy and being good ancestors?

Whatever we think, we are sure that we are right, and that others with different opinions are wrong. As a psychologist explains in the Hidden Brain episode, studies show that even when we are informed about how this "bias blind spot" works, we agree that it explains other people's behavior, but not our own.

Here is a suggested mantra for 2021: Don't believe everything you think...don't believe everything you think... don't believe everything you think...

The Monkey strongly recommends the NPR show Hidden Brain for your listening pleasure. You can stream it from the website: hiddenbrain.org or your podcast player.

## Oak Tree Food Pantry Reopens at the SJR Family Resource Center!

By Diana Pasquini, Director

The San Juan Ridge Family Resource Center (FRC) is very pleased to announce that we are once again able to provide food to those who need it. In partnership with the Food Bank of Nevada County and Twin Ridges Elementary School District, the FRC will be distributing food from our new and improved pantry:

#### 10 am - 2 pm Tuesdays and Thursdays.

The FRC's Clothes Closet will also be open at those hours. In addition to providing regular services, we will continue to host:

The Food Bank's monthly drive-thru distribution 10 am - Noon on the second Tuesday of each month.

It is our hope that anyone in need of food or clothing will stop by and pay us a visit.

Both the Food Pantry and Clothes Closet are housed at the Oak Tree School Campus, 18847 Oak Tree Road, one mile from the town of North San Juan. Please remember that all visitors to the Oak Tree Campus must wear a mask and respect social distancing while here. You may call us at 292-3174 for information on these or other FRC services. We look forward to seeing you!



Love and compassion are necessities, not luxuries







#### Remembering "Amigo Bob" Cantisano

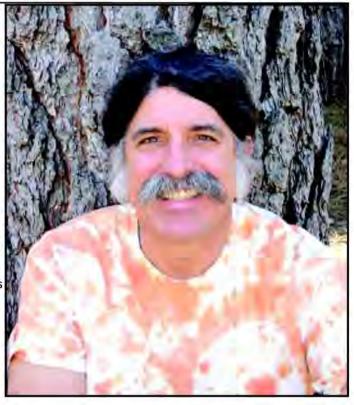
June 25, 1951 - December 26, 2020

Robert Michael (Amigo Bob) Cantisano died at his home with his wife and daughter after an eight-year battle with cancer. Wendy Johnson, lay minister of Green Gulch Zen Center, led a small family service for our beloved farmer/gardener/mentor and early pioneer of the organic farming movement. A big party will be planned once the pandemic fears have faded. Tie Dyes are a must.

Amigo Bob was a powerhouse to be reckoned with and a fierce advocate for the earth. He researched, utilized, and taught methods of organic farming that eliminated toxic chemicals and instead focused on working with natural laws and techniques to support the healthy growth and production of food and viticulture plants.

He started on his lifelong work of providing healthy, organic foods to his community in 1972 when he helped start *We The People*Natural Foods Cooperative in Truckee, where he met his first wife and mother of his children, Kalita Todd.

In 1975 he began organic farming in Yuba County, then moved to Nevada County where in 1976 he started Peaceful Valley Farm Supply as an afterthought when he made a minimum order of soft



rock phosphate – a train-car full – more than he could ever use on his small organic farm on Peaceful Valley Road, Nevada City.

Where he saw a need, he led the charge to make things happen. He helped organize the first EcoFarm Conference, now in its 41st year. He founded Organic Ag Advisors in 1987, the nation's first organic crops advisory service, and was a certified organic farm inspector from 1988 to 1992. He also founded Aeolia Organics, organic olive and olive oil grower/manufacturing, and the Felix Gillet Institute (felixgillet.org), which contributes to the historic legacy of Nevada County's Gold Rush era.

Amigo Bob was an integral part of helping to establish a multitude of organizations of which the following are only a sample: California Certified Organic Farmers, Briar Patch Community Co-op, Transitional Farming Conferences, Caltrans Roadside Weed Management Advisory Committee, Association of Applied IPM Ecologists, the Organic Materials Review Institute, San Juan Ridge Seed and Scion Swap, and more.

He was a dynamic organizer and speaker at more than 200 conferences, workshops, and seminars, where, without any prewritten notes, he could inspire a huge crowd to go out and change the world for the better. "There are far too many issues to address at once," he said. "It is overwhelming. Pick one thing to focus on and make some changes."

In death Amigo continues to be a pioneer. He wanted to have his body composted in the world's first human composting facility, Recompose, just opened for business on December 20, 2020: https://recompose.life/. Amigo's wife, Jenifer Bliss, and Adam Nuber of the Felix Gillet Institute plan to pick up the resulting cubic yard of compost roughly 30 days later. Being an organic farmer, Amigo knew that compost is the foundation of all the best organic farming. It is the living microbiology that makes minerals and nutrients most bioavailable, contributing to robust, productive, and happy plants. It is only fitting that he should be composted and become the living biology that will inoculate and nourish the compost, farms and gardens of others.

Amigo is survived by his devoted wife, Jenifer Bliss; his former wife Kalita Todd; his four children: Cirra Mason (Ian Mason),
Amber Stegner (Scott Stegner), Brook Cantisano (Jo Laracy), and Tierra Cantisano Kampas (Jeremy Kampas); two step children:
Bodhi Pederson (Kartney Pederson) and Jessa Pederson-Bliss (Samrat Kakkeri); six grandchildren; his sister Nancy Cantisano and his father, Martin Cantisano, 92. He will be dearly missed, but his wisdom and aspirations will be picked up and carried for generations.

Amigo's Facebook page has become a place to share tributes and memories. (Submitted by his wife, Jenifer Bliss)



Editor's Note: As a long-time community neighbor living on his farm on the San Juan Ridge, Amigo's influence goes deep in our community. We are grateful for the gifts he gave us and will miss him. Our deep condolenes to his family.

#### Linda Rose's "Meet Your Local..." Articles

From 2014-2019, Linda Rose interviewed, then told the stories of 34 Camptonville people and organizations in her "Meet Your Local..." column. She has retired her column now, but you can still enjoy these stories in The Courier Archives: www.camptonville.com/the\_courier\_archives.html.

Thank You, Linda, for shining a light on the everyday people who make up our little town and for creating this lasting record of Camptonville!



#### Name and Courier Issue:

Sandy Ross, School Principal - August, 2014 Lucille Rovnak, Yoga Instructor - October, 2014 Larry & Rosette, Loyal Courier Folders - December, 2014. Steven Dambeck, Promoter of Agri-Tourism - February, 2015 Yuba Harvest Café and Market in Oregon House - February, 2015 Sheryl Spencer, Postal Service Employee - May, 2015 Randy Rizzo Sr., Merchant, Lost Nugget Market - June, 2015 Lois Butz, Community Elder - July, 2015 Don Deane, Proprietor, Willow Creek Campground - August, 2015 Jeff & Christina Ledson, Ledson's Family CSA Farm - September, 2015 Dave & Karla Gardner, Indian Valley Outpost Resort - October, 2015 Jessi Mullins, Rebel Ridge Organics Garden Supplies - November, 2015 Brian Price & Sandi Kubich, Burgie Dave's at the Mayo - January, 2016 Mark Jokerst, Water Plant Manager - March, 2016

Cathy LeBlanc, CCP Executive Director and Rura Health Advocate - June, 2016

Daniel Tinnel, Painting Contractor - September, 2016

Rita Ortega, Volunteer Extraordinaire - October, 2016

Toni Hilligoss, Original, Behind-the-Scenes Community Organizer - November, 2016

The Camptonville Historical Society - January, 2017

Jim Esry, Volunteer Firefighter - April, 2017

Camptonville School Parents Club - May, 2017

Jaya & Candace DeMaranville, Moonshine Dirt Movers, Landscape Suppliers, and Animal Farmers - July, 2017

Wayne McMillen, General Manager, Emerald Cove Marina - August, 2017

Diane Pendola, Skyline Eco-Contemplative Retreat Center - September, 2017

Yakshi Vadeboncoeur, Teacher/Poet Extraordinaire - November, 2017

Rod Bondurant, aka "The Camera Guy" Community Photographer - March, 2018

Denise Stratton, Artisan Wood Worker - May, 2018

Rochelle Bell, Mom Resource Extraordinaire and Tooth Fairy - August, 2018

Eric Querequincia, Traveling Cuisine & Fatties Fine Food Vendor - October, 2018

Mike Dudek, Assistant Volunteer Fire Chief - December, 2018

Jeff Murphy, Community "Go-to Guy" - February, 2019

John Deaderick, Theatrical Artist - March, 2019

Bob MacDonald, Collector of Old Relics, Heirlooms, & Historic Artifacts - June, 2019

Cheryl Zatuchni, Singer/Songwriter - December, 2019



- Editor



Heart of the World

We see that things are changing Yet the moon rises nightly Its luminous face silent, witnessing

Kindnesses everywhere And light's piercing beauty (We sometimes don't see)

Roads in the far north buckle The opal sky trembles While heat rises vaporous

(Some of us are afraid)

Yet here is the moon, Mirror to our own stillness While the sun-gold hills wait, Listening

A sadness fills, then empties Opening us to the deep heart Of the world

Tenderness is a rising tide (This, a choice we could make)

-Marcy Risque



#### Life Long Partners!

#### By Katie O'Hara-Kelly, North Yuba Naturalist

This winter, I've been privileged to watch a Bald Eagle perching and flying along the river corridor near our home. It appears to be all alone, which made me wonder where its mate is, as Bald Eagles mate for life. It turns out that Bald Eagles often live solitary lives throughout the year but always return to the same mate every breeding season!

These birds, the symbol of the United States, mate for life unless one of the two dies. Courtship rituals are performed annually to re-establish their pair bond. The Cornell Ornithology Lab states:

They have spectacular courtship rituals, involving vocalizations and acrobatic flight displays. Perhaps the most noted courtship act is Cartwheel Display, in which the courting pair fly to great altitude, lock talons, and tumble/cartwheel back toward earth; the pair breaks off display at the last moment to avoid collision with the ground. Other courtship displays include the Chase Display, in which paired individuals will pursue each other, occasionally lock talons, roll, and dive; and so-called Roller-Coaster Flight, in which the eagle will fly to great altitude, fold wings, and dive directly to earth, swooping back up at the last instance to avoid collision with the ground.

Eagles often return to the same nest every year, adding to the existing structure each time. Their nests are the largest of any North American bird and one of the largest in the world. Together, pairs raise one to three chicks per nest.

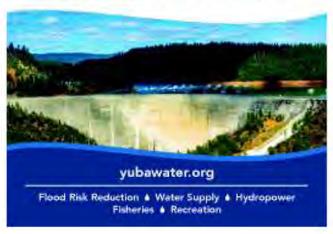
This process repeats every year for an average of 28 years, their typical life span in the wild. Wow!

I'm sure some of you have seen their nests at Bullard's Bar. I haven't really explored that area, but maybe I'll get down there this winter. Apparently, Bald Eagles can lay eggs as early as late February. If any of you know where there is a nest, I would love to observe it from a distance. Please email me at northyubanturalist@gmail.com if you have any tips. Thanks!



Photo by Katie O'Hara-Kelly





## Yuba Water Agency Selects 2021 Chair, Vice-Chair, and New Directors

By Alex Boesch, YWA

During its first meeting of the year, Yuba Water Agency's board of directors elected the chairman and vice-chairman for calendar year 2021 and welcomed two new directors to its seven-member board.

Director **Andy Vasquez** was elected to serve as chairman and Director **Gary Bradford** to serve as vice-chairman. Vasquez and Bradford have served as directors since 2010 and 2016, respectively.

"I'd like to thank the Yuba Water board for their vote of confidence," said Vasquez. "I look forward to assuming the position of chairman and continuing to serve the people of Yuba County."

New directors Don Blaser and Seth Fuhrer will serve four-year terms on Yuba Water's board, replacing previous directors Mike Leahy and Doug Lofton. Blaser represents District 2, which includes the City of Marysville and a portion of West Linda, and Fuhrer represents District 3, which includes Olivehurst.

Learn more about Yuba Water Agency at yubawater.org.

#### "The Kid Who Would be King"

By Beverly Cameron-Fildes

Seems that we've been watching more movies since the pandemic has us staying close to home most evenings: movies we've never seen before, classics that we've missed, movies that we've only seen bits and pieces of. When our television provider tantalized us with a free premium channel for a week, like greedy little squirrels, we "gathered up" and recorded several "choice" offerings for later consumption. Wouldn't you?

Such was the case with "The Kid Who Would be King" .... a modern day Sword in the Stone was the teaser. Being a fan of Harry Potter and Camelot and most things legend, especially King Arthur and the Knights of the Round Table, I asked my husband to hit "record."

Fast forward a month or so. December had us busy with musical holiday specials, baking, Zooming with family and friends, and a plethora of Hallmark movies (what's not to like about sappy, happy cookie cutter outcomes?). Once all had calmed down, we noticed this movie still on our recorded list. So we took a chance.

The film is rated PG (age 10+) with "language" and "violence" in its disclaimer. A young English school boy, Alex, attempts to defend his more timid friend from school bullies and, as one would expect, winds up in the Principal's office for fighting. Later that evening after detention, the two bullies go after Alex. He takes shelter on a construction site across from the school and looks for something to use to defend himself. And so the tale begins.

While I don't want to give away too much in hopes that you'll watch the movie, I will say that we were not disappointed in the positive message and good role models that eventually surfaced. This story's central theme is about perseverance, valor, courage, love, and truth (the Knight's Code of Chivalry), truly needed commodities in this day. It also provides a wonderful opportunity for parent and child discussion about what makes good leadership.

While this movie will likely not make it onto to the "classic" list, it will forever be one of our favorites simply because of its timeless relevance and the feelings of hope and encouragement it left us with. I hope you'll give it a try.

#### **Medical Help Wanted**

Camptonville School is looking for a medical practitioner licensed to administer injections.

Give us a call at 288-3277 if you fit the bill!

#### Scoop of School - February



By Alix Lamb, Office Specialist

Thus far, 2021 has proved quiet and a little sleepy for us in the big red schoolhouse. We all feel the lull of winter coaxing us to curl up and have a snooze. Supplanted with warm, caffeinated beverages, we resist! Except Patrick, who only drinks cold beverages. He is totally harshing our aesthetic.

Board Meetings and Site Council meetings, which have been moved to Zoom only, are always posted beforehand. Any and all of you are welcome to snoop. We also restarted the *School Spotlight*, an old school newsletter some of you may remember from the 1990s. While it's distributed among students mainly, if anyone is interested in school minutiae or word scrambles, you can always ask me to email you a digital copy.

There is, of course, the tiny niggle that some of y'all can't find the six-foot-long blue wheeled salad bar for TK-2 (Labeled), or the 3-5 three-foot-high cart (Labeled!), or the 6-8 desk (LABELED) which hold the students' work, in addition to containers for returned work (ALSO LABELED!!). These vessels only darken the visage of the building on Fridays, rather than habitually. Think of it as a live-action Spot the Difference. *Highlights* goes IRL (in real life), people.

A friendly reminder; if you haven't come by to pick up work for your child in, say, three weeks, there might be multiple things with your child's name printed upon them. Please take all items.

That is all. Happy February!



#### **Burn Safely This Winter!**

By Beverly Camron- Fildes, Yuba
Watershed Protection & Fire safe Council

While the Yuba County foothills have not received the amount of rain we would like, we've had enough to move us out of



Photo by B. Cameron-Fildes

the "Burn Ban" period. Many folks are making use of cooler temperatures and ground moisture to burn their debris piles.

## Here are important guidelines for safe and effective burning:

- **1. Cover piles** (if created in the late summer/early fall) to ensure that the materials (vegetation only, cut on your property) are dry by burning time. Dry vegetation ensures a clean burn (no smoke/smoldering) and more complete consumption of materials.
- 2. Check for Burn Day Status with Feather River Air Quality Management District (www.fraqmd.org/burn-day-status) or call 741-6299 after 9:30 am for daily status. Avoid burning in windy weather or when nearby fuels are dry.
- **3.** Have water and shovel available (active hose/water buckets). It's smart to have a cell phone available for emergency purposes. I have seen a number of "safe burns" go awry, and calling 9-1-1 as quickly as possible can make the difference between a quickly suppressed fire and something far more damaging.
- **4. Never leave burning piles unattended**. A responsible adult needs to be in attendance until the fire is out. Treat the burn location as you would a campfire: wet it, stir it, and wet it again. Be sure that is it DEAD out and cold before leaving the area.
- **5. Limit pile size to the recommended 4 feet x 4 feet.** That's the recommended size for a reason. I encourage people to do several piles that size rather than one REALLY big one that could get out of hand.
- **6.** Locate your piles as far away from residences and outbuildings as is reasonably possible. Also clear all flammable materials and vegetation within 10 feet of the outer edge of the burn pile.

For an alternate option to burning, visit: **YubaFireSafe.org** under Resources - Residential Chipping Program.



#### **FOR SALE**

Older Riding Lawn Mower
Runs good, tires stay up (don't go flat)
New mow deck, drive belt, and blades.
\$100

Call: 707-236-0372 - Ask for Bob



#### From Your Fire Chief

By Brandi Dudek, CVFD Chief



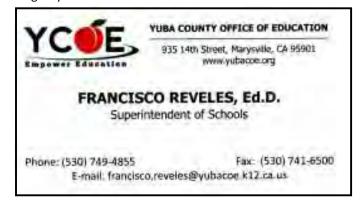
COVID is still around, so as a reminder, if you call for an emergency, CVFD is responding with masks, gloves, and eyewear. Please do not be alarmed, this is to protect you as well as us. We may ask a series of questions prior to entering your residences and may ask you to put on a mask as well.

For information on the COVID vaccine, please visit: **yuba.org/coronavirus/vaccines**.

CVFD had 12 page outs including: 1 motor vehicle accident, 1 vegetation fire, 2 assists (to other fire departments), and 8 medicals.

Our roster stands at 15 firefighters, with 1 being a cadet.

We are always looking for volunteers. Trainings are Tuesdays from 6–9 pm, with one Wednesday per month in NSJ for medical training. Stop by and check us out. All training will be provided at no cost. Volunteers do not have to become firefighters; we also need support for maintenance at the station and other non-firefighter projects. If you are interested in donating your time and being part of a great team, feel free to give your Chief a call at 288-3303.



#### "Love is Where You Are"

By Christina Dondono, 1, 2, 3 Grow

In the first week back after a nice winter break, we focused on healthy



habits like sleeping, good food choices, etc. "A healthy child is a happy child."

Maintaining healthy bodies is something I have worked on regularly since my first day working in 1, 2, 3 Grow. Yakshi taught me some invaluable life lessons that are essential for happy, healthy bodies. Maintaining and practicing these habits is a labor of love.

Starting at birth, children learn from those around them. They learn what it takes to love oneself enough to make these health behaviors second nature. Healthy practices include sleep, nutrition, hydration, hygiene, good dental practices, and connection. It's the connection that keeps children feeling loved and creates a positive environment. Connection can be as easy as singing, reading, and talking to your child everyday, starting at birth.

As 1, 2, 3 Grow goes forward with distance learning, every packet will include something related to this topic. I look forward to any other ideas you may have to keep yourselves happy, healthy, and connected.

For those not yet familiar, 1, 2, 3 Grow is a free, parent participation, early childhood enrichment program for ages 0-5 years. Call Camptonville Community Partnership (CCP) to enroll in our Distance Learning Program or to find out more about us. Contact me at: christina@theccp.org, or call me at 288-9355.

#### LOST NUGGET MARKET Ice Cream! Cold Beer! Hardware Gas, Bait, Videos & more



16448 Highway 49 Camptonville, CA 95922 288.3339

#### Tell Us Your Local Wildfire Concerns in this Yuba Survey Link!

The Community Wildfire **Protection Plan Survey** By Cathy LeBlanc, CCP



Even though community meetings have been cancelled due to COVID, you can still have your voice heard through the Community Wildfire Protection Plan (CWPP) process developed by the Yuba Watershed Protection and Fire Safe Council (YWP&FSC). The YWP&FSC, through a data portal, is now offering a survey for our county.

#### The link for that survey is: bit.ly/yubasurvey

As you fill out the survey, think about your immediate area, the road you live on, and any would-be obstacles you might face in a wildfire. If there is a potential issue, let us know by putting it into the survey. Your concerns will be added to create the Community Wildfire Protection Plan. This plan will help the County and YWP&FSC determine where the greatest needs lie and will be used in seeking funding for those fire protection needs.





Rural people working together for a safe, sustainable, and healthy community.

Located at our Family Resource Center behind Campsonville School

Monday thru Thursday 8:30am - 12:30pm

High speed WiFi available for community use. Drop on by!

#### Highlights of our community-driven activities in the Yuba County foothills:

- Youth enrichment and skill building projects
- = 1, 2, 1 Grow
- Family Resource Center
- Parent participation child enrichment for 0-5 year olds
- Community Health Action Plan The Camptonville Courier

#### Development of:

Community-scale forest biomass to energy facility and business center

#### Camptonville Community Partnership (CCP) 501(c)(3) 1

530-288-9355 \* corrin@theccp.org \* camptonville.com PO Box 218, Camptonville, CA 95922

THANK

YOU



#### **Christmas Food Boxes Appreciated!**

By Lisa Baker, YFACA Christmas Program Coordinator

Yuba Foothills Agricultural Communities Association (YFACA, Dobbins) recently held their annual Christmas Family Food Box distribution, which was, again, a fantastic effort! This year, YFACA felt it even more important than ever to supply a week's worth of food to each of the 50 presigned households. With many (heartfelt!) thanks to the generosity of our donors and volunteers, we succeeded!

Each box/bags set contained many fresh, canned, and boxed components for each daily meal (plus everything needed for the holiday feast), toys, and toiletries. The families had help at a time when it was really needed, and they very much appreciated everything.

YFACA members and volunteers from the food pantry put in many hours of shopping, bagging, and boxing everything. Muscle power to carry it all was supplied by local families.

#### Thank You to our Donors and Sponsors:

Barbara Mueller-Hogan (Camptonville Coordinator), BriarPatch Co-op, Brown's Gas, Butte Sierra District Dental Society, Clifford and Tonya Hilligoss, Dobbins-Oregon House Home Department, Food Bank Of Nevada County, Foothill Food Pantry, Gary and Kim Hawthorne, Grocery Outlet-Yuba City, Marvin and Yvonna Roach, Operating Engineers Local Union No. 3, Oregon House Grocery, Pepsi Beverage-Yuba City, Randy and Kathy Fletcher, Richard and Shirley DicKard, Rick Brown Propane, Sacred Heart Church, Sysco Foods, Inc., Toys For Tots-Nevada County, Yuba-Sutter-Colusa United Way, and, several other anonymous community individuals who also gave generously!

**BOARD OF SUPERVISORS** 

#### RANDY FLETCHER

Supervisor 5t District

#### YUBA COUNTY GOVERNMENT CENTER

915 8th Street, Suite 109 Marysville, CA 95901

Office: (530) 749-7510 Cell: (530) 693-7481 Fax: (530) 749-7353 E-mail: rifetcher@co.yubs.ce.us





Marysville

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Marysville CA 95901 (530)743-6888 Yuba City

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1215 Plumas St #1400 Yuba City CA 95991 (530)777-3190

Medical Clinic ~ Full Service Family Practice serving all ages, Primary Care, Physicals, Immunizations, Acute Care, Integrated Behavioral Health, Women's Health, and Prenatal Care

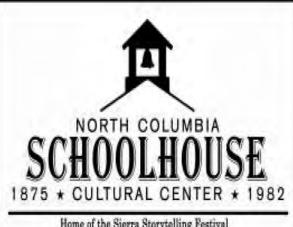
Resource Center ~ Food Referrals, Diaper Closet, Infant Clothes Closet, Eye Glasses Program, R-Spot Youth Group, Anger Management, and More

Baby Buddies Birth Center ~ Free standing birth center for low risk moms to deliver their babies in a warm and welcoming environment

Most insurances accepted

Covered CA Enrollment Assistance





Home of the Sierra Storytelling Festival Amphitheater & Concert Space Community Building Events Wedding & Event Venue Local Talent Showcase (530)265-2826

www.northcolumbiaschoolhouse.org



#### Food Distribution in the Yuba County Foothills



#### The Foothill Food Pantry:

Located at the Lake Francis Grange in Dobbins

Thursdays 12–1:30 pm

(Except we're closed the week of USDA distributions)

February 4, 18, 25

March 4, 18, 25

#### The USDA Commodities Food Bank

Located at Willow Glen Restaurant, Oregon House The 2nd Friday: 9–10 am February 12 and March 12 Distributed by The Gleaners.

Also in North San Juan, Nevada County: Food Bank/Clothes Closet at the FRC Oak Tree School Tuesdays and Thursdays, 10 am – 2 pm See article on Page 4



# For Up-to-Date COVID VACCINE Information in Yuba County:



#### www.yuba.org/coronavirus/vaccines.php

"It is important to continue wearing a mask and socially distance to the extent possible. Doing so will protect you, your family, and your communities and prevent tens of thousands of needless deaths in the coming months." — Congressman John Garamendi



Focusing on organic gardening; amendments and supplies, organic soils like Vermicrop bulk and bagged, Foxfarm Roots Organics, and Black Gold, gardening tools, irrigation supplies, greenhouse covers, and pest contol.

29435 HWY 49, NSJ CA 530-292-9000 www.sweetlandgm.com

#### **HELP & HOPE**

For emergencies first call 911.
All area codes are 530 unless otherwise specified.

#### CAMPTONVILLE:

CAMPTONVILLE:	
Cemetery	277-6737
Community Center —	288-5016
Community Partnership (CCP)	288-9355
<ul> <li>Community Services District (CCSD) —</li> </ul>	288-3676
Elementary School	288-3277
<ul> <li>Family Resource Center (CCP)         Hours 8:30 am-12:30 pm, Tues/Wed/Thurs     </li> </ul>	288-9355
Post Office     Hours 11 am-1 pm, 1:45-3:45 pm, M-F	288-3348
Volunteer Fire Department — — — — — — — — — — — — — — — — — — —	288-3303
<ul> <li>Yuba River Ranger District ——— 362-8</li> </ul>	259/288-3231
Alcoholics Anonymous: Local 24 hr Hotline	-272-6287
Burn Day Status (www.fraqmd.org) -	741-6299
CA Rural Legal Assistance (Yuba Co)	742-5191
CoRR (Community Recovery Resources) — Domestic Violence:	273-9541
Casa de Esperanza Hot Line (Yuba Co)	674-2040
DVSAC Crisis Line (Nevada Co)	272-3467
KNCO 830 AM (Nevada Co)	477-5626
	673-5400
KVMR 89.5 FM (Nevada Co	265-9555
Legal Center for Seniors (Yuba)	742-8289
Mental Health 24 hr Crisis Line (Yuba)	673-8255
NAMI -Support for Mental Illness — — —	272-4566
PG&E Outage Line —	800-743-5000
Red Cross of NE California	673-1460
Road Conditions CalTrans ————	800-427-7623
Sheriff (Yuba Co) Emergency —	911
Sheriff (Yuba Co) Non-Emergency	749-7777
Supervisor Randy Fletcher (Yuba Co) -	749-751 <b>0</b>
Yuba County Emergency Services (OES) —	
Yuba County Health and Human Services	749-6311

Contact Editor for additions ar corrections







# The Camptonville Courier PO Box 32 Camptonville, CA 95922

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Moonshine Road folks give a Trash Pick-Up Challenge! Can your neighborhood top a pick-up load of roadside trash?



And the prize for the trashiest find goes to John Deaderick and Wonder Woman!

\*\*\*\*\*\*\*\*\*\*ECRWSS 22B001 Postal Customer

PO Box or HC Route 1 Camptonville, CA 95922



#### **FEBRUARY 2021 Community Calendar**

The Camptonville Calendar & Courier Archives are online IN COLOR at Camptonville.com

To add local events to the calendar, email: calendarcville@gmail.com



Due to the ever-changing COVID restrictions, the Camptonville Community Center is closed.

Most meetings scheduled for there and elsewhere will either be via Zoom or cancelled.

Please call designated numbers for up-to-date information.

#### **On-Going Events**

Call first to verify event before attending

CCP Board - Meets 3rd Wednesday, 1 pm at the Resource Center. Call to confirm: 288-9355

CCSD Board - Meets 4th Thursday, 6:30 pm, via Zoom. Send your request to attend to Richard DicKard: rjdickard@gmail.com

School Board - Meets 3rd Thursday, 5 pm, at CV School. Call to confirm: 288-3277

USDA Food Bank - 2nd Friday, 9 am, Oregon House (pg 13)

Foothill Food Pantry - Thursdays, 12-1:30 Dobbins (pg 13)

NSJ Food Bank - Tuesdays and Thursdays, 10 am-2 pm, Oak Tree School (pg 13)