

THE Camptonville Courier

Connecting the Community
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Like petals of a spring flower, we're slowly opening up

Annual Plant Sale and Flea Market Returns May 15th!

By Jesse Golden

Yes, it's happening! **Saturday, May 15th, from 9:30 am to 2 pm**, come to the **Lost Nugget Market Field** for plants, used items, arts and crafts, and maybe food!

All applicable county guidelines for COVID-19 safety will be observed. Rain may postpone or cancel the event. Please park thoughtfully, and don't block the gas pumps at the Lost Nugget Market.

Vendors: use this link for vendor information bit.ly/cvsale2021 or call 288-5016 and leave your name, phone, and mailing address.

Updates on the event will be posted at the Lost Nugget, at the Post Office, and online at facebook.com/camptonvillecc. This is a benefit for the Camptonville Community Center.

The Center Slowly Opens Its Doors

By Christina Ledson, CCC Manager

Things are gradually opening up and that includes the Camptonville Community Center. Yoga will start May 6th, and Saturday morning Coffee may resume in June, but only if we get volunteers to help put it on! (See page 2.) If you are interested in volunteering for Coffee@the Center, please contact Jocelyn at coffeethecenter@gmail.com. All updates will be posted on our Facebook page and website.

The Sri Moonshine Music Series may also be resuming in June. We are still working out the dates and how it will all work. There are still restrictions in place, and we want to be sure to keep our community safe. Be on the lookout for more information to come.

You may notice a change at the Center. The concrete has been poured in the front and in back thanks to **Tony Sandner** and his crew, and to people who donated and purchased items through our Local Treasure fundraiser! (See page 3 for the article and photos.) Our next goal is to complete the front of the building. Stay tuned for the next opportunity to help us raise the funds to get this done.

There are a number of ways you can donate to the Center. One is to become a member. There are many different levels to fit your budget. We also now have a donation button on the home page of our website. You can visit us at: camptonvillecommunitycenter.org. Please stay safe and healthy!

Sat. May 15, 2021



School News: The Kids are Here!

By Patrick Brose, Superintendent/Principal

The Kids are here! We are back in the full swing of school and spring with the bell ringing in the morning and students in classrooms. It feels so good to have these things happening.

I personally have been able to start teaching again as you likely have seen and/or heard us wandering through town with drums in hand. Getting way back to my roots, I am teaching TK-2nd grade movement, dance, and music; 3rd-5th grade marching band drumming and melodic percussion; 6th-8th grade guitar, and a 6th-8th grade building and design course which is taking on the task of rebuilding the amphitheater stage at the school. I couldn't be more proud of the resilience and dedication of our students and families this year. You have all been amazing!

I want to give a shout out to **Jeff Buhl** for helping us with some tractor work to prepare the grounds for an upcoming project at the school.

Also, I have started posting pictures and information about the school on Instagram. It is simply another way of seeing what is happening around campus (and the occasional photos of my family and animals.) You can follow me at: superintendentbrose. Happy Spring!

From the Editor – A Plea for More Coffee!

–Shirley DicKard

I'm going to get on my soap box here and see if I can inspire at least four people to volunteer a Saturday morning/month to help host our favorite community mixer:

Coffee@theCenter. It's informal, fun, and shows off the spirit of our little town.

May 12th, 2021 marks the 5th anniversary of the first morning Coffee! Cathy LeBlanc's 2016 *Courier* article described how it started: "Hi Folks, we (CCP) just wanted to let you know your voices were heard! As a direct result of the February 2016 Camptonville Town Hall, there will be a new activity at the Community Center: Coffee@theCenter."

To tell the truth, I wasn't sure that it would work, but Sidonie Christian and Molly Spackman developed a routine where each Saturday two volunteers would set up tables, make coffee and tea, meet and greet, then clean up two hours later. Amazingly, folks started bringing scrumptious homemade goodies, conversations on all kinds of topics filled the Center, a ping pong table arrived, musicians brought guitars, impromptu meetings were held – each Saturday was different.

Jocelyn Rapp and Rochelle Bell have been coordinating Coffee for quite a while and they need our help! They simply can't (and shouldn't) do it alone. This is where you come in. Our community works because so many people volunteer for a little piece of something – like helping out on a Saturday morning.



If I've inspired you to step forward, please pick up the phone and call Jocelyn Rapp at 575-1780 or email: coffeeatthecenter@gmail.com. With your help, Coffee will start up in June. Thank you!



Coffee's on hold until June

Zinneas - The Perfect Flower

By Beverly Cameron-Fildes

Growing up in the Coachella Valley, we were surrounded by all forms of agriculture: date gardens, citrus orchards, grape vineyards, row crops of every description, and farms, ranches, and nurseries as far as the eye could see. Our



Photo: Beverly Cameron-Fildes

backyard was a mini reflection of much of what grew locally, and as kids, my brother, sister, and I loved tasting fruit and vegetables fresh from their source. Nothing like a fresh picked orange, a sweet fig, or a juicy pomegranate. My greatest joy was picking flowers at first bloom. I loved my mom's roses and hibiscus and even occasionally a plucked branch off the bougainvillea.

While the roses were elegant, especially the *Sterling Silver*, I found that I was enchanted by the zinnias my mother and I would plant each spring. I remember waiting, at first impatiently, for the seedlings to push up through the earth, reaching for the sun as they spread their leaves like little arms greeting the morning. I watered and watched and waited and even once measured the stems to see if they were really growing. I recall being so excited at the appearance of the first little bud that would eventually open to reveal a burst of color. Some of the stems were knee high and some were taller than my 10 year old self. The colors were glorious, and even when we cut them for bouquets, they just returned two-fold. In my young mind, zinnias were the perfect flower.

Over my lifetime, I have fallen in love with many other flowers: orchids, gardenias, iris, tulips, and carnations, but the first flower that I planted when moving to our new home in the foothills was a pony pack of zinnias given to me by a friend.

That was almost 10 years ago, and while I still add an occasional pony pack, I always notice the original zinnias being the first to re-sprout every year, taking me back to childhood and the beautiful gift of spring.

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See Your Donation Dollars at Work!

By Richard DickKard, CCSD

Last December, the Community Center held a fundraiser to raise money for a new cement front porch and two back porches. Thanks to our generous community, we raised \$2,589.72. Now, thanks to the volunteer labor of **Tony Sandner, his sons Mike and Michael, and his nephew, Justin**, plus cement from Hansen Brothers, we have safer entrances and exits from the Center.



Hansen Brothers delivers cement



Tony, Justin, Mike, and Michael Photos by Richard DickKard




Cement poured for a new front porch



Our next project is to finish and beautify the front of the Center. Watch for new fundraisers to complete the front of the building in stages as follows: #1 Purchase building materials: new windows, insulation, dry wall, etc. #2 Renovate the west (left) half of the Center wall by replacing dry rot and the old leaking windows with new materials to match the already renovated east (right) half of the building. #3 Build a roof over the front porch of our building.

How can you help? Buy something at our fundraisers, donate cash, volunteer labor, or even bring cookies for the work crew. Stay tuned for details. For more information, contact me, Richard DickKard, rjdickard@gmail.com.



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Our Volunteer Fire Department

By Dakota Patschner,

CVFD Volunteer Firefighter and Reporter



Hello all! My name is **Dakota Pratschner**, and I am a firefighter here at the local volunteer fire department.

The CVFD has been kept busy this past month with 21 total page outs. Fire season has been kicked off with five vegetation fires. Our department responded to all of them. This was a thrilling learning experience for the newcomers (including myself). For us newcomers, the Sage Hill Fire in North San Juan was our first experience with open flame and real hazardous conditions. Firefighters **Andrew Escamilla, Kamren Bowker-Prout and I** held the initial attack. Big thanks to **Jim Esry and Autry Dean** for encouraging us and giving us direction as needed. We are so glad we are getting the experience we need before summer strikes! All of the fires had the potential to be much bigger and much more destructive. This is a reminder to burn responsibly and pay attention to weather conditions.

Additionally, our department had 15 medicals/vehicle accidents. While some of them were cancelled, it was another high sign that Highway 49 is a dangerous road. Please drive safely not only for your sake but for the sake of everyone else on the road!

We are always welcoming community members to join us on our Tuesday night training from 6–9 pm. Whether you are interested in this line of work or not, there is always something to learn. At training, we go over an array of skills ranging from cutting up cars for patient extrication to learning how to take vital signs. On top of that, we could always use extra hands to meet our basic maintenance needs around the station. It is completely free, so come on up to the fire station at 15410 Mill Street! The more support we receive from this community, the better we can serve you.


For more information feel free to contact Brandi Dudek, CVFD Fire Chief, AEMT at 288-3303 or 305-4495.

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Monkey Mind – Mending Our Hearts

By Jesse Golden



The monkey mind is a term sometimes used by the Buddha to describe the agitated, easily distracted, and incessantly moving behavior of ordinary human consciousness. As an ordinary human afflicted with monkey mind, I offer these thoughts for the month of May.

In the year since George Floyd died in Minneapolis while restrained by police, books about racism and white supremacy took the top positions on best-seller lists. *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* is written by Resmaa Menakem, a mental health professional who brings recent discoveries in neurobiology and somatic healing methods to the subject of ending racism and generational trauma.

Here's information about the book from his website; I hope that it intrigues you enough to read the book yourself and share it with others:

*Stop trying to address white supremacy through dialog.
Don't expect to change the world by teaching tolerance.
Forget about changing attitudes. They all miss the mark.
Racism is not only about the head. It's also about the body.
The body is where we live. It's where we fear, hope, and react; where we constrict and relax; and where we fight, flee, or freeze.*

In *Between the World and Me*, Ta-Nehisi Coates exposed the ongoing destruction of the Black body in America. That destruction will continue until Americans learn to feel the inherited trauma of white supremacy, which is deeply embedded in all our bodies.

This trauma doesn't just affect African American bodies. White American bodies suffer their own historical trauma as well. So do the bodies of our police. We all need to recognize this trauma, metabolize it, work through it, and grow up out of it. Only in this way will we at last heal our bodies, our families, and the social body of our nation.

The process differs for African American, European American, and police bodies. But all of us need to heal our racialized trauma—and, with the right guidance, all of us can. *My Grandmother's Hands* shows us how to begin.

The anniversary of George Floyd's death is May 25th, and he is not the first or last black or brown person to be killed as if his life did not matter. We need healing in our town, in our country, and inside ourselves.

Want to discuss? Email monkeymindthecolumn@gmail.com or message @monkeymindthecolumn on Facebook.

Jeffery Bell

1968 - 2021

His spirit flies free

Jeffery Bell packed a lot of living into his 53 years. His passionate way of life was full of love and light. Now one with the forest he loved so dearly, he will be remembered for his smile and enthusiasm.

He left us with many precious gifts – his daughter Marina and her husband Cody, and grandchildren Miles, Chase, and Carter, and son Martin and his wife Natasha.

Working the land gave him peace. He loved the consoling beauty and quiet of our mountain home. He enjoyed hard work like running heavy equipment and hammering nails. Jeff was fascinated by numbers and enjoyed the lights and excitement of casinos. He loved to dance, hunt mushrooms, swim in our cold rivers and lakes. Jeff found beauty in the land and the plants he tended. Jeff was a master Scrabble player, and he was fiercely loyal to his friends.

He will be missed terribly by his mother Rochelle, her partner Rod, his father Phil and his wife Chana, his brothers Andrew and Michael, and his sister Elana.

All those who knew and loved him are invited to a celebration of his life at the **Camptonville Community Center on Saturday, May 22nd, at 2 pm**. Food will be provided. Bring a side dish or dessert to share if you wish. – Submitted by Rod and Rochelle.



Silent friend of many distances, feel
how your breath enlarges all of space.
Let your presence ring out like a bell
into the night. What feeds upon your face

grows mighty from the nourishment thus offered.

Move through transformation, out and in.
What is the deepest loss that you have suffered?
If drinking is bitter, change yourself to wine.

In this immeasurable darkness, be the power
that rounds your senses in their magic ring,
the sense of their mysterious encounter.

And if the earthly no longer knows your name,
whisper to the silent earth: I'm flowing.

To the flashing water say: I am.

By Rainer Maria Rilke (1875-1926)

The Unscientific Observer

By John Deaderick

I, like you, love to garden. Every spring I am anxious to get going, watching the soil temperature, hoping for it to rise more quickly than it usually does, and also hoping to get in the ground early and hope for no late frost. I have a little room dedicated to starting seeds with grow lights and heating pads for the seed trays. The worm bin lives there as well, happily.

I favor a soilless growing mix. In the past I had good luck with a mix from Johnny's, but the shipping cost is ridiculous. I tried an experiment this year: I would use three different blends in three different trays. I would plant some of the same varieties in each tray to make clear which planting mix was superior, all other factors being equal.

The only true soilless mix I used was from Gardener's Supply. The other planting mixes were Black Gold and Coco Loco. At first, I considered the race to germinate to be the telling point. Initially, it looked as though the Gardener's Supply was quickest off the mark, with Coco Loco a distant third, but then after nine days, the Coco Loco had caught up, and Black Gold was the clear front runner.

But here's the thing: so what? How well are these starts doing now, after 25 days? Keeping in mind that I do lightly fertilize with a diluted fish/kelp/worm juice feed once true leaves are established, marked differences have become apparent. I have cukes, squash, eggplant, and peppers starting, but for comparison, let's talk tomatoes. Juliets: thriving in the Gardener's Supply, good in the Black Gold, fair in the Coco Loco. San Marzanos: loving the Gardener's Supply, good in Coco Loco, poor in the Black Gold. New Girls: best in the Coco Loco, OK in the Gardener's, poor in the Black Gold. Gold Medals: off like a rocket in the Gardener's Supply.

Confusing? A bit. Conclusive? Hardly. But as with the tortoise and the hare, it's not about the start, but it's the finish that matters. Happy planting!



Photo by John Deaderick

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"I'd love to see a new form of social security ... everyone taught how to grow their own; fruit and nut trees planted along every street, parks planted out to edibles, every high rise with a roof garden, every school with at least one fruit tree for every kid enrolled."

"New Plants from Old,"

by Jackie French

A Scoop of School

By Alix Lamb, Office Specialist, Camptonville School

When it comes to school, spring has a wild, chaotic energy to it. The Midgee people have burst out of winter confinement with a semi-feral, giddy delight. They are more wild, more given to horseplay and provoking each other; they dash around unfettered by the shackles of winter cold. Nobody has bitten anybody else yet, but I wouldn't want to lay odds.

Mr. Brose was beaten in a footrace by Sparrow Lemos. TK-2nd have been weeding the garden. 3-5th have been parading around during percussion. 6-8th have been reading in the sunshine. As the weather warms, look forward to more shrieks and laughter from our direction.

Camptonville Biomass to Energy Project

By Charles Tyler, FBBC Construction/Operations Coordinator, CCP



Hi, Camptonville and surrounding community. Just wanted to introduce myself. My name is **Charles Tyler**, and I have been hired to join the Camptonville Community Partnership (CCP) team to operate the 5MW Biomass Power Plant Project that will begin construction soon. I have several years experience operating biomass wood fuel facilities.



Charles Tyler

I came to the area after the Camp Fire disaster in Paradise in 2018. My wife and I lost everything but the clothes on our backs. Kathy (my wife) and I managed to save our three dogs with our two cars. The house burned to the ground; it was devastating. We had the crushed feeling of just total loss after seeing our house in ashes. Lucky to be alive and escape the nightmare of our whole town burning down, we found a home in Brownsville. We love living in the forest hills and mountains.

Then last summer came the North Complex fire. Brownsville was evacuated for a week. We were more prepared this time, but that feeling of despair was overwhelming. Why is this happening again? Can we survive this constantly? This is why I'm passionate about the project.

The Forest Biomass Business Center (FBBC) will be a great asset to the community. It will decrease the clutter on the forest floor and make it more manageable to help prevent the spread of forest fires. The FBBC will provide jobs and businesses opportunities for the surrounding community. This is great way to use green energy and help our environment. I am very excited to work with our CCP team.

Earth Day was a great time to think about our environment. Get out and do something good for Mother Earth: plant some flowers, maybe a tree, landscape to use less water. Any little thing helps. Make every day Earth Day. I hope to meet many people in the area as the FBBC becomes a reality in Camptonville.

Thank you, Camptonville Resource Center and Harmony Health Medical Clinic

By Yana Slade

A big high five to Cathy and Cara from the Camptonville Resource Center (CCP) and the team from Harmony Health Medical Clinic for making COVID-19 shots available here in Camptonville. They made it so easy to get my vaccination. I saw a lot of old friends. It makes me so happy to feel a little safer from the virus. I'm hopeful for more fun with my community.



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- Youth enrichment and skill building projects
- 1, 2, 3 Grow Parent participation child enrichment for 0-5 year olds
- Family Resource Center
- The Camptonville Courier
- Community Health Action Plan

Development of:
Community-scale forest biomass to energy facility and business center

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American Dippers are Building a Nest!

By Katie O'Hara-Kelly, North Yuba Naturalist

To my delight, I came across a pair of American dippers building a nest this week! Both the male and female were participating, however the female does most of the building and the male assists. As I watched, one would land with a beak full of moss and lichen. If the nest was empty, and the female arrived, she would go straight in. When the male landed, he would wait outside until the female took the lichen/moss he had brought, or he would just leave the nesting material and fly away. Their nest was large, about 10" wide and 8" tall. Dippers make their igloo-shaped nest with a thick outer layer of moss and a 5.5" inner chamber, globular in shape, composed of grass and leaves. The nest in the photo was built on the ledge of a bridge pillar, about 20 feet above the river.

The Cornell Lab of Ornithology states these facts:

"Natural sites commonly include cliff ledges and cliffs, behind waterfalls, under boulder piles, on midstream boulders. Occasionally among roots, in hollow tree stumps, and under overhanging dirt banks. Readily uses human-made structures: under bridges, dam spillways and sluiceways, culverts, and buildings. Uses nest boxes placed on midstream stake or under bridge, if inaccessible to predators. Basic requirements for sites: close to water (usually fast water, usually with high noise level), inaccessible to predators, protected from floods, and a horizontal ledge or crevice for support."

A week or two after the completion of the nest, 4-5 eggs will be laid. The female does all the incubation for 14-17 days. The male feeds the female while she is on the nest. Young remain in the nest for approximately 25 days. Both parents feed the nestlings. Fledglings can feed, bathe, and have limited flight within one day after leaving the nest! Parents keep feeding fledglings for 4-35 days. Juveniles beg for food by fluttering wings rapidly, calling loudly, dipping, and then raising their head and gaping. Even when capable of foraging for itself, a juvenile follows its parents and waits for the parents to bring food. Forty-five days after fledging, the juveniles disperse into the wild.

Last year I saw a nest in the exact same location, with nestling American dippers in it! Unfortunately, in the fall the nest was no longer there. Someone must have taken it. It may seem tempting to collect bird nests, however, it is totally illegal! The Migratory Bird Treaty Act of 1918 states: "No person may take (kill), possess, import, export, transport, sell, purchase, barter, or offer for sale, any migratory bird, or the parts, nests, or eggs of such bird except as may be permitted under the terms of a valid permit." It is also illegal for anyone to keep a nest they take out of a tree or find on the ground unless they have a permit issued by the US Fish and Wildlife Service. So bring your camera or binoculars and enjoy what you see, but please leave wild things wild!



Dipper at entrance with lichen

Photo by Katie O'Hara-Kelly

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Three *Free* Programs to Help Firesafe Your Residence!

By Beverly Cameron-Fildes, Yuba Watershed Protection & Fire Safe Council



While "April showers bring May flowers," they also bring grass, weeds, and other assorted vegetation. This year, with the limited rain, dry winds, and early heat, those fuels are drying out faster than ever. Now is a great time to begin reducing the fuel load on your property and around your homes. It's also a good time to get rid of dead leaves and other debris that might have collected in gutters and around the base of your structure.

Remember, if leaves collect there, so will embers.

I've seen continued evidence of residents removing dead trees and fallen limbs, bucking brush, and making burn piles. I know that it's a lot of work, so I want to remind residents that there are resources that can go a long ways to helping folks accomplish those clearing projects in a safe and timely manner.



1. Free Chipping Program: The May page on the 2021 Fire Safe calendar features the Yuba County Foothills Residential Chipping Program. It is designed for residential use to assist with creating defensible space and reduction of vegetation around occupied homes and along access routes. The program will chip up to three hours per property with no charge to the resident. Jobs of more than three hours may be the responsibility of the property owner. Visit YubaFireSafe.org and check under the Programs drop-down menu for the requirements and application.



2. The Defensible Space Assistance Program is another program available to Yuba County residents. It is a grant funded by PG&E and administered through the Camptonville Community Partnership. Contact numbers and application information can also be found on the YubaFireSafe.org website under "Programs."



3. The Wild Fire Mitigation Review Visit is a third and valuable resource offered by the WSP&FSC. A trained volunteer will come to your residence and make recommendations to reduce your risk to wildfire – free to all Yuba County residents. Contact Jeanene Upton at jupton@yubafiresafe.org or Gary Fildes at gildes2001@yahoo.com to schedule a Wildfire Mitigation Advisory visit, or to sign up to become a volunteer.

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No Forks in the Yuba River?

By Shirley Dickard, Editor

As the *Courier's* new editor seven years ago, I was informed by a retired Forest Service employee that to be correct, there are no "forks" in the Yuba River – there are only the North, Middle, and South Yuba Rivers. She said a single river will divide downstream into "forks." (Think of a fork handle and tines.) But when three rivers converge into one river, like our Yuba River, they are separate rivers that form a larger river downstream. I decided it's time to check with the guy who would know: **Hank Meals**, author of *Yuba Trails* and rambling conveyor of important trivia about the topography, natural history, and culture of the Yuba River basin. To enjoy more of his local wisdom, you can follow his blog at: yubatreadhead.blogspot.com.



What's in a Name?

By Hank Meals

The Yuba – we visit as often as we can, and we seem to talk about it all the time, yet few of us know its official name. Most people know that the Yuba River has three forks, but the hordes of new visitors upon us don't care much about that. You, as a citizen of the Yuba watershed, maybe should. It does matter, especially in official circles.

Some people protest the word "fork," as in Middle Fork of the Yuba River, on maps or even in general usage. I've used it myself. I started to pay attention to that little detail and found that few historical maps use the word "fork," and certainly none of the official ones (USGS, GLO-BLM, Tahoe National Forest, County Maps, etc.) By using the correct term, i.e. the Middle Yuba River, you've already implied that there are other forks, so the clunkier usage is also redundant. Now that I'm aware of the distinction, I've converted to using Middle Yuba River, etc.

Using fewer characters (letters) is welcomed by most mapmakers because it allows more topographical features to show and avoids clutter. Even the simplest map can be unconsciously (or consciously) politicized by the place name and/or what's included and excluded. Custom and taste enter into it as well: The North Fork of the American River is always spelled out, either in its entirety, or N.F. American River, or N. Fk. American. In the Auburn/Colfax/Foresthill area, it's simply called "The North Fork."

Downieville, where today's Downie River and the North Yuba River join, was originally known as "The Forks." It was later renamed Downieville after Major William Downie. Above Downieville is a dendritic pattern of streams flowing southward

to Downieville. The naming of these streams (at least in English) was based on observations by miners about how to proceed after arriving at a stream fork.

Head north from Downieville by following the North Fork and continuing to the East Fork of the North Fork [Pauley Creek] to get to Gold Valley and the Four Hills Mine. Staying on the North Fork leads to the Middle Fork of the North Fork (Lavezzola Creek). From there hike northeast a short way to Empire Ranch where Lavezzola Creek continues northward about eight miles to the watershed divide between the North Yuba River and the Middle Feather River. At Empire Ranch is the mouth of Empire Creek or the Little North Fork of the Middle Fork of the North Fork, which leads to Rattlesnake Peak, Sunnyside Meadows and Gibraltar at 7,343'.

This "confusion" could be remedied by using "numeronyms" (if this isn't a word it ought to be) to assign numbers to topographical features. It's already the case with the US Forest Service and road names, for example, "The 36 Road." Another example of creeping convenience was changing the name of "Pliocene Ridge Road," a unique, descriptive, and georegional name that appears on an 1850 map, to the flat and ordinary "Ridge Road." It's only a matter of time before some engineering software wants a numbered road instead. But we don't want to do that. As if Big Canyon Creek is not descriptive enough? Does Million Dollar Creek tell us anything about the namers?

A grounded and observational style of naming is geo-logical, but that name is taken, so I've opted to use "geo-lingo" to name this dialect. We can't take naming, be it ever so humble, casually. There are layers of texture in the naming of everything – in some cases it's absolutely poetic.

The late Gus Poggi, of Downieville, was once an animal packer to the mines of Sierra County and he told me, "Hell, we named everything, otherwise we'd be lost."

Spring at 1,2,3 Grow

By Christina Dondono, Teacher



Here at 1,2,3 Grow, April has inspired new adventures in food exploration. We started with foods that begin with "A." Asparagus was our most talked about and perhaps our favorite. Some of us enjoy dipping it into ranch dressing, and some enjoy that crunch all by itself.



Ayda Olson eating her asparagus

Planting seeds has been a weekly excitement. We've planted morning glories, nasturtiums, peas, basil, cucumbers, and tomatoes, and have been playing with succulents and moss for our Fairy Garden as well.



EXCITING NEWS!!! We discovered we have a garden resident who we hope stays! The rubber boa sure blends in with our earth worms but supports our garden in different ways.

As many of you have heard, 1,2,3 Grow program hours have returned to normal and with fewer restrictions. It's wonderful to be back to a somewhat normal routine. The sound and feel of children of every age on campus is extremely comforting. For more information, call CCP 288-9355 or email me at: christina@theccp.org



Madalin Rose Photos by Christina Dondono

Linkage

By Alix Lamb



So, we all need to communicate. Why? Possibly because the need begins before we have faces to contort or gestures to make or vocal chords to speak with. Evidence exists that if you stripped us of meat and bone, down to our core of electrified grey matter, we are all linked.

Psychiatrist Carl Jung called this linkage 'The Collective Unconscious.' He theorized that beings of the same species shared an inherited unconscious mind populated with instincts and archetypes. Quantum physics suggests that something which was once whole remains linked, even if it is physically separated. Like, say, our atoms. The Quantum Theory of Consciousness posits that our consciousness is a sphere of electromagnetic energy which exists beyond the three-dimensional universe; our brains merely receive information from a plane without physical constraint; indeed, our mind-spheres might actually overlap. Isn't that a funky thought?

The brain is vital, whether it is receiver or originator. Armchair sleuths have long noticed the correlation between serial killers and head injuries – particularly damage to the frontal lobe. Psychopaths have white-matter abnormalities in their frontal lobes and amygdalas. Pathological narcissists have reduced cortical thickness and volume, guess where? Yup, the pre-frontal cortex. All lack empathy and true connection; they communicate to deceive; they only act in service of themselves.

While the frontal lobe also controls empathy and impulse control, many hypothesize that it must also house the antenna by which humans are linked. We are not likely to know the exact manner by which humans are interconnected any time soon. Whether it be quantum entanglement or psychic woo-woo, we are inescapably here, and thus we have all got to learn to get along.



Mothers Day May 9th!

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News, Updates, and Jobs from the TNF



By Michele Woods, Yuba River Ranger District

The Tahoe National Forest (TNF) is increasing access to the public by providing additional developed recreational opportunities. Please check our website and social media pages for the most up-to-date information on what is open, so that you can plan your visit.

Seasonal Jobs!

If anyone is interested in a summer/early fall job as a 60-day hire for Yuba River Ranger District working with Recreation, please contact Krystal Rasmussen at: krystal.rasmussen@usda.gov



The Tahoe National Forest continues to keep offices closed and implement virtual services to protect the health and safety of employees and the public during the COVID-19 outbreak in accordance with guidance from federal and state authorities.

For Virtual Services, please visit our website at: <https://www.fs.usda.gov/tahoe/>. We will continue to update our website as conditions change. You can also call your local ranger station during normal business hours Monday-Friday, 8 am-4:30 pm. While the office remains closed, you can still contact the Yuba River Ranger District by calling (530) 362-8259, or go to the Tahoe National Forest Webpage to learn what services are available.

Responsible recreation practices should be maintained at all times, including: Maintain at least six feet distancing from others • Do not gather in groups and please follow the latest guidance from officials • Communicate with others as you pass. Alert trail users of your presence and step aside to let others pass • Pack out your trash and leave with everything you bring in.

Firewood Cutting Permits: The TNF firewood cutting permit process has changed. Please refer to our 'permits' page:

<https://www.fs.usda.gov/detail/tahoe/passes-permits/>.

BEFORE cutting, call the fuelwood cutting hotline at: (530) 478-6176 In addition, the following requirements are still in place: Gathering of firewood on private land is not authorized. It is your responsibility to determine the ownership of the land before cutting. If you have any doubts or questions, please contact the nearest ranger district office or forest officer.

Go to **Recreation.gov** for campground reservations and updates on which sites are open.

Land Clearing
Forest Management
Excavation
(530) 612-3150
Tedd@sappenterprises.com

Students Contribute to Weather Monitoring

By Bonnie Dickson, Yuba Water Agency

Thanks to a new monitoring station installed by the Scripps Institution of Oceanography at UC San Diego, with support from Yuba Water Agency, students at Browns Valley Elementary School can now contribute to science and weather forecasts in their watershed.

The weather station is now part of a larger regional monitoring network funded by Yuba Water and the California Department of Water Resources (DWR) to monitor current conditions and inform decision-making. The stations collect a range of continuous meteorological data: including temperature, humidity, pressure, rainfall, wind speed and direction, solar radiation, and soil moisture.

The data from both the continuous monitoring stations and weather balloon launches also inform global weather and climate forecast models. Yuba Water and DWR use these forecasts to plan water releases from Lake Oroville and New Bullards Bar Reservoir, a coordination that is key to managing flows on the Yuba and Feather rivers and to reducing flood risk for surrounding communities.

Yuba Water is a stand-alone public agency dedicated to flood risk reduction, water supply reliability, fish habitat protection and enhancement, hydroelectric generation, and recreation at New Bullards Bar Reservoir.

Please visit yubawater.org to read the complete article.

YUBA
WATER AGENCY
Investing in Yuba County

yubawater.org
Flood Risk Reduction ▲ Water Supply ▲ Hydropower
Fisheries ▲ Recreation



Food Distribution in the Yuba County Foothills



The Foothill Food Pantry:

Located at the Lake Francis Grange in Dobbins

Thursdays 12–1:30 pm

(Except we're closed the week of USDA distributions)

May 6, 20, 27 and June 3, 17, 24

The USDA Commodities Food Bank

Located at Willow Glen Restaurant, Oregon House

The 2nd Friday: 10:30–11:30 am

May 14 and June 11

Distributed by The Gleaners.

North San Juan Food Bank, Nevada County:

Located at Oak Tree School

The 2nd Tuesday, 10 am–Noon, May 11

Free Food and Clothing Closets open:

Tuesdays and Thursdays: 10 am–2 pm

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Oregon House | 8676 Marysville Rd | **530.692.9073**

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Camptonville, California



Trauma Healing & Spiritual Counseling

HELP & HOPE

For emergencies first call 911.

All area codes are 530 unless otherwise specified.

CAMPTONVILLE:

- Cemetery ————— 277-6737
- Community Center ————— 288-5016
- Community Partnership (CCP) ————— 288-9355
- Community Services District (CCSD) ————— 288-3676
- Elementary School ————— 288-3277
- Family Resource Center (CCP) ————— 288-9355
Hours 8:30 am–12:30 pm, Tues/Wed/Thurs
- Post Office ————— 288-3348
Hours 11 am–1 pm, 1:45–3:45 pm, M-F
- Volunteer Fire Department ————— 288-3303
- Yuba River Ranger District ————— 362-8259/288-3231

- Alcoholics Anonymous: Local 24 hr Hotline — 272-6287
- Burn Day Status (www.fraqmd.org) ————— 741-6299
- CA Rural Legal Assistance (Yuba Co) ————— 742-5191
- CoRR (Community Recovery Resources) ————— 273-9541
- Domestic Violence:

- Casa de Esperanza Hot Line (Yuba Co) — 674-2040
- DVSAC Crisis Line (Nevada Co) ————— 272-3467

- KNCO 830 AM (Nevada Co) ————— 477-5626
- KUBA 1600 AM (Yuba Co) ————— 673-5400
- KVMR 89.5 FM (Nevada Co) ————— 265-9555
- Legal Center for Seniors (Yuba) ————— 742-8289
- Mental Health 24 hr Crisis Line (Yuba) — 673-8255
- NAMI -Support for Mental Illness ————— 272-4566
- PG&E Outage Line ————— 800-743-5000
- Red Cross of NE California ————— 673-1460
- Road Conditions CalTrans ————— 800-427-7623
- Sheriff (Yuba Co) Emergency ————— 911
- Sheriff (Yuba Co) Non-Emergency ————— 749-7777
- Supervisor Randy Fletcher (Yuba Co) — 749-7510
- Yuba County Emergency Services (OES) — 749-7520
- Yuba County Health and Human Services — 749-6311

Contact Editor for additions or corrections



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Sat. May 15, 2021



**Lost
 Nugget
 Market**

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 Postal Customer
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 Camptonville, CA 95922

MAY 2021 Community Calendar

The Camptonville Calendar and *Courier* Archives are online IN COLOR at Camptonville.com

To add local events to the calendar, send an invitation from your electronic calendar or email: calendarville@gmail.com



- May 7th - Yoga resumes Thursdays, 10 am, at The Center
- May 9th - Mother's Day
- May 15th - Camptonville Plant Sale and Flea Market,
9:30 am-2 pm, Lost Nugget Market
- May 31st - Memorial Day



Call first to verify meeting times and whether held virtually or in-person

WEEKLY Events

- Tuesdays:** Yoga, 5 pm at school gym starts June 8th
Camptonville Fire Dept Trainings, 6-9 pm, Fire Hall
- Thursdays:** Yoga, 10 am, field behind the Center
Foothill Food Pantry, Dobbins (Not 2nd week, see pg 13)
- Saturdays:** Coffee@The Center, 10 am-noon, behind the Center
(Starting in June - See page 2)

MONTHLY Events

- CCP Board** - Meets 3rd Wednesday, 1 pm
Resource Center. Contact: 288-9355
- CCSD Board** - Meets 4th Thursday, 6:30 pm, CV Com. Center
Contact: 559-1629
- School Board** - Meets 3rd Thursday, 5 pm, at CV School
Contact: 288-3277
- USDA Food Bank** - 2nd Friday, Oregon House (pg 13)
- NSJ Food Bank** - 2nd Tuesday, Oak Tree School (pg 13)