

# THE Camptonville Courier

Connecting the Community  
Since 1997



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## C'ville History: A Visit From Acton Cleveland's Granddaughter

By Rochelle Bell, Camptonville Historical Society

Many stories of Camptonville's past revolve around Acton Cleveland and his many-faceted life. He was born in 1900 in Camptonville. When he was a child, he lived with his grandfather, Bill Meek, and worked in the mercantile with him. Acton later became a judge of the district court, Deputy County Assessor, post office clerk, operator of the Camptonville water service, supervisor of the district county road crew, and Master and Secretary of the Masonic Lodge.

You can imagine our surprise and delight when early last year we were contacted by Acton's granddaughter, Debi Wheeler Ure. Debi and her husband Dennis came up from Southern California to view the family plot in our cemetery, with plans to inter her mother and father at a later time. Debi's mother Earlyne was Acton Cleveland's daughter from his first marriage to Lola Huckins. As a child, Debi lived in Sacramento and often spent enjoyable time in Camptonville visiting her grandfather Acton.

Debi, Dennis, Aunt Carole Leavell, and her husband Steve Hartloff spent an emotional day visiting town. We walked past her grandfather's house and over to the cemetery. Debi said, "The cemetery still is one of the most serene places on this planet – it holds such sacredness, such history, and such love."

We enjoyed their warm and friendly company while we shared lunch and listened to their fascinating stories.

"Our family had many visits to Camptonville throughout my childhood until Grandpa moved to Marysville," she said. "It was all so different then. Grandpa still ran the store, and the memory of that is clear – the wood floors, the long counter with the pickle jar at the far end – that was fascinating. It carried with it the smell of an old store. Lots of life went on there. And the walk from the store up the hill to Grandpa's house seemed endless. We were there for the dedication of the new post office and the many Memorial Day celebrations when the back porch area of my grandfather's house was filled with flowers waiting to be placed in the cemetery. His second wife Maudy was the grandmother I knew. She had me there in Camptonville for my seventh birthday and invited the other children in the area to a party in my honor. I ate too much cake and was ill through the night, but it was worth it."

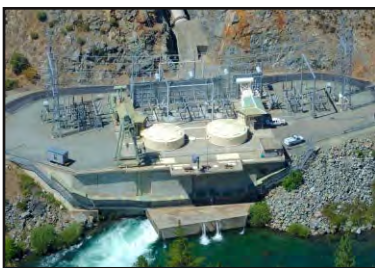
"Leland Pauly was such a good friend. He was always around there to help and take care of things in town. I am sorry I didn't have a chance to see him again. The stories are endless; the memories so important. To quote a song by Judy Collins: *My grandfather's house is still there but it isn't the same. I go by with strangers and wish they could see what I see: secret gardens of the heart, where the flowers bloom forever. I see you shining in the night, in the ice and snow of winter.*"

Although Acton Cleveland's public life is well documented, we have very little information about his personal life. Debi and Carol were able to answer questions and identify some of the people and places we had been puzzling over from the pictures in Leland Pauly's collection. Our pastime of studying old documents and unlabeled pictures can seem dull to some, but we learn so much about our community through the work. We are so grateful to hear firsthand stories from people like Debi and Carole that breathe life into our explorations.

Photo - Leland Pauly Collection



Debi and Acton at his home in Sacramento, 1973



...and today Photos-Yuba Water Agency

## More History: Colgate Powerhouse

By Bonnie Dickson, Yuba Water Senior Public Information Officer

Did you know the original Colgate Powerhouse on the North Yuba River was built in 1899? Two years after its completion, electricity from the powerhouse began traveling across a 142-mile-long transmission line to power electric streetcars in Oakland, which some say was the biggest engineering feat of its time. Today, Yuba Water Agency owns and operates New Colgate Powerhouse, which continues to generate more than 350 megawatts of clean, carbon-free energy. That's enough to power approximately 350,000 California homes and businesses.



Colgate Powerhouse, 1899

## From the Editor

-Janie Kesselman

Who knows what the state of the world will be by the time you read this, as Russia just invaded Ukraine today... May no countries be drawn into a nuclear war, as that would surely herald the end of life as we know it on our fragile planet!

As for Camptonville, although the spring-like weather of February was a welcome antidote to the ravages of our winter "snowmageddon," it did fool our fruit trees into flowering right before this week's deep freeze. Sigh.

To ensure that our town can face whatever disaster may present itself in the coming months, be it extreme weather, fire, or human-created emergency, please check out the latest on *Camptonville Prepared!* There will be an all-community gathering at the end of this month (see pg 4) to educate and organize Camptonvillians to respond in the best way possible to future calamities.

Meanwhile, the first woman of color was just nominated to be a justice of the Supreme Court, a wonderful way to end February's Black History Month and a fine prelude to International Women's Day, March 8! Happy Spring!

## A Thank You from Santa's Elf...

By Barbara Mueller-Hogan

Having worked with children most of my life, one of my favorite children's poets is Shel Silverstein. In one book he has a poem about a Christmas tree on March 25, so I think I may still be under the deadline for a Christmas thank you!

The Secret Santa Project gave out lots of food, gifts, and money this year to families in Camptonville, and from what I hear back, it helped a great deal when snow and power outages caused so many problems. Even though I have gotten very few thank yous to Santa from the kids (no school, sickness, etc,) I really want to thank all you "Santas" who came through with gifts, donations, and transportation. I could not do this project without you. We have a very special little community here in Camptonville, and I am blessed to be part of it. Special hugs to Lisa and Joe. Love to you all – see you again next year, spirit willing. Love, Barbara



## Exciting New Classes Include Textiles, Gaming, and 3D Design!

By Patrick Brose, C'ville School Superintendent/Principal

So about that snow – I can't say I am terribly disappointed by the gorgeous weather we have had through January and February, but it does make me think about our water situation and how we will be ready for the summer and fall this year. Who knows, by the time you read this, we could have gotten another three feet of snow and rain... But the planner in me is getting ready for another year of drought. I have been spending the last few weeks looking for more water storage solutions so that we can water our vegetable gardens when rain is scarce. Turns out, water storage is in high demand right now, so I'll keep looking...

The school is doing well. We are gearing up for a much more normal spring than in previous years. Our enrollment is back up to 49 and we are starting our spring elective programs for the 3rd-8th grade. It is an exciting set of classes this spring with Ms. Moanna teaching knitting and textiles, Mrs. Stoll and Ms. Alix teaching gaming, and I am teaching our new 3d design course. This past fall, we received grant money to expand our learning options for students and went ahead and purchased a pair of 3D printers and a CNC laser cutter. Our students will be learning to use 3D design software and build physical objects using these machines. Additionally, students will be able to explore the entrepreneurial side of life by offering their designs for sale.

So back to the snow... okay, maybe a little to wet the earth and fill the reservoirs, but this sunshine feels really nice!



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### A Different Perspective

By Beverly Cameron-Fildes

I was truly blessed growing up. My parents were very patient individuals – in particular my father, who always seemed to encourage trying “a different way” even before critical thinking and problem solving were educational buzzwords. When plans didn’t go exactly as we’d hoped, Dad made adapting to a revised plan sort of a game. Depending on the situation, be it a family trip or a school project, he might say, “Ok, what do we need to do now? What’s not working and what can we do differently?” We would do some brainstorming and discuss what was working, then try to figure out how we could accomplish the goal by taking a slightly different path. I learned that Plan B often worked, and that sometimes it was an even bigger and better adventure. If you look at a problem from a different perspective, as you discover what doesn’t work, you often find what does.

So as a parent, I started teaching my two children early on that although it was okay to have an ideal Plan A, it was also good to have a Plan B, C, and sometimes even D. Many a time, that attitude saved tears and tantrums when plans had to be modified. My kids became accustomed to hearing me say, “Just in case Plan A doesn’t work out, what could we do instead?” I’d like to think that that strategy helped them become more creative thinkers, but my biggest goal was to teach them how to be flexible when necessary, and how to find a different way when their goal seemed out of reach.

Now at 40 and almost 37 years of age with children of their own, they both are asking their kids, “How can we do that differently?” A different perspective may help solve a disagreement with a sibling, or it could solve a much bigger issue, something that helps them educationally or even keeps them safe.

So while most of us would like life to go as planned, it’s good to know that, as with Robert Frost, “The Road Less Traveled” could make all the difference.



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### The Heart is an Organ of Perception

The heart is an organ of perception  
 I heard it on the radio  
 Read it in the paper  
 Saw it on the TV  
 Not just a pump  
 A mechanical thump thumping  
 Moving the river red  
 Out to the soles of your feet, top of your head

The heart is an organ of perception  
 It’s got a mind of its own  
 Makes hormones makes decisions  
 Knows with a knowing that’s true  
 Knows with precision exactly what to do

I knew this already  
 And so did you


Didn’t need the news flash  
 The revelation  
 The lab coats’ latest sensation  
 We know.

We who weep, who mourn  
 The loveliest little newborn  
 Cradled in her mother’s loving knowing arms  
 The rejoicing ones, the fierce ones  
 Leaning on the living breathing pulsing tree  
 She and he and they and we

Know the heart is an organ of perception.

So, perceive.

John Deaderick 1/23/2022

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### Friday Health Clinic On Wheels, WiFi, and More at the Center

By Jesse Golden



Like spring weather, the events outlook at the Camptonville Community Center is uncertain at this writing – with warmer weather, outdoor events become possible, and with improvements in the COVID infection rate, indoor events become more feasible as well. For now, please keep an eye on our Facebook page (facebook.com/camptonvillecc) for event announcements, or join our email newsletter list by sending a request to: cvillecommunitycenter@gmail.com .

The Center is now the site for Harmony Health's Clinic on Wheels on Fridays from 9:30 am-4:30 pm, providing WiFi and restrooms for those waiting to be seen by the clinic staff.

By the way, did you know that you're welcome to use the Center's open WiFi between 7 am and 10 pm? You can get a strong signal if you're in the parking lot, and can use "phone over Internet" if your phone supports that. Just please be mindful of our neighbors, keep noise to a minimum, and carry out your trash – thanks!

And, a fundraising report – our Local Treasure fundraiser in December fell short of our goal, so we're planning a raffle fundraiser starting in April. Watch *The Courier*, Facebook, and our local bulletin boards for more information.

### Saturday Coffee Resumes!

By Rochelle Bell

Starting Saturday March 5, Coffee@the Center will be back. COVID restrictions have been eased, so we will meet again at the Center for goodies and smiles, ping pong, games, and lots of new stories to share. If it's warm, we can start going back



outside. 10 'til noon still seems like a good time for most of us. We do need more hosts, so let me know which dates work for you. Thanks for coming and for being so patient. See you there!

For more information or to volunteer, call Rochelle at 530-288-3550 or text 530-575-7124.

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### CamptonvillePrepared! (CP!) Meeting March 31 at the Center

By Cathy LeBlanc, CCP

What will make our community more resilient and better prepared in case of emergency? Please participate in a community meeting at the **Camptonville Community Center, March 31 at 5:30 pm.**

It takes a village to be **CamptonvillePrepared!** Learn about **YOYO72!** Watch for flyers! For more information, call the Family Resource Center at **(530) 288-9355.**

### A Scoop of School

By Alexis Lamb, CUESD Office Specialist

We continue on happily in the balmy weather that has constituted the hinder of January and the noggin of February. Black History Month has led to discussions of equality and history across the grade levels, and everyone but Middle School celebrated St. Valentine's Day.

We have a new teacher in K-1-2, and in her classroom they had a 100 Days of School celebration with excellent student-made decorations. 3-4-5 has plans to camp in Monterey come the end of the year, and by the time you read this, 6-7-8 will have been on an overnight field trip to San Jose with Winchester Mystery House as one of many destinations!

The Reading Marathon kicks off on March 2. It's a large fundraiser for our kids that funds great opportunities like these field trips, while encouraging them to read. Sooo, if you know a little reader, please offer to sponsor them!

*Rural people working together for a safe, sustainable, and healthy community.*

Located at our **Family Resource Center** behind Camptonville School  
**Monday thru Thursday 8:30am – 12:30pm**

**High speed WiFi available for community use. Drop on by!**

**Highlights of our community-driven activities in the Yuba County foothills:**

- Youth enrichment and skill building projects
- Family Resource Center
- Community Health Action Plan
- 1, 2, 3 Grow
- Parent participation child enrichment for 0-5 year olds
- The Camptonville Courier

**Development of:**  
 Community-scale forest biomass to energy facility and business center

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### Forest Service Office Move Report

By Cathy LeBlanc, Executive Director, CCP

A gathering was held February 17 at the Camptonville Community Center, hosted jointly by Camptonville Community Partnership (CCP) and the US Forest Service (USFS) as a second in the series of open community discussions to mitigate the effects of closure of the leased USFS building on Hwy 49 and Marysville Rd. After greetings and introductions were shared around the circle, Cathy LeBlanc, Executive Director of CCP, and CCP Board member Sheri Elliot (retired USFS) facilitated a community discussion with USFS District Supervisor Eli Ilano, District Ranger Lon Henderson, Temos Rios, and Matt Jedra who gave a status update of the Camptonville and Nevada City office building closures. The meeting was well attended by 21 folks and also offered on CCP’s Facebook Live as a virtual attendance option for folks. USFS personnel Randi Shaffer and Adam Torquella were at the video controls.

LeBlanc stated having USFS in Camptonville is part of our core values as a community. This move will impact the local community, including local USFS employees. Eli explained that staff at Vista Point including Tahoe Hot Shots, Camptonville Engine 331, Recreation, and the barracks will stay in Camptonville, while other departments will be headquartered in Nevada City.

Camptonville’s Yuba River Ranger District office is currently leased until 2025. Temos explained that for the remainder of 2022, we are in the design phase for the new building that will combine staff from both offices, with some exceptions. The plan is to utilize the Great American Outdoors Act\* and sell USFS holdings in Truckee to fund the new building. There’s still environmental planning and permitting needed, and they expect to break ground for the new Nevada City office in 2024, moving in 2025-26.

The meeting was very well attended by USFS personnel, many of whom live locally. Some of these employees have lived their whole life in Camptonville and care about this issue deeply. They shared their experiences in learning of this move and had questions about how the input of employees was managed in the decision. This was followed by a discussion that moved on to a solutionary approach around healthy community partnerships and communication. Six folks signed up to continue to brainstorm and report back around two key issues: housing USFS employees and developing a community strategy to foster a strong local connection to USFS jobs. We are planning to have another community meeting in May before fire season. Stay tuned for the date and time, and join us.

*\*The Great American Outdoors Act will enable national parks and other federal lands to repair and upgrade vital infrastructure and facilities that will enrich the visitor experience, protect resources, and enable increased access for all visitors.*

### Camptonville Water News

By Richard DicKard, CCSD

#### New Diversion Dam

We have submitted a grant application to fund replacement of the diversion dam in Campbell Gulch. Emergency repairs were done on it in October 2020. The existing 30-plus-year-old diversion dam continues to deteriorate and can no longer handle flooding from extreme weather events. We plan to improve the design and method of construction in order to create a long-lasting structure that functions well, especially during extreme weather.

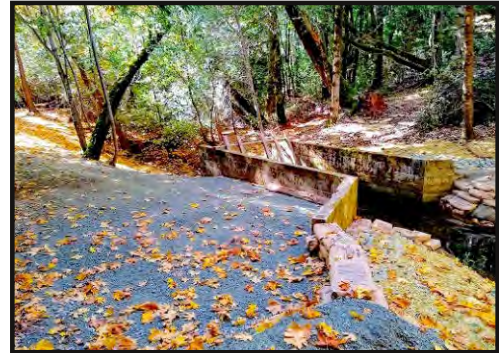


Photo - Richard Dickard

#### New Well for Camptonville

The paperwork to start the search for, drill, and construct a new, productive well for the Camptonville Water District is done! Bennett Engineering of Roseville will manage the project. The plan is to hopefully have the new well in operation by the Summer of 2023. Water conservation will have to continue this Summer of 2022.

For more information, email J.T. Rumsey at: [tom\\_905@yahoo.com](mailto:tom_905@yahoo.com) or me at: [rjdickard@gmail.com](mailto:rjdickard@gmail.com)

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- SECRETARY  
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- COMMUNITY CENTER  
Jesse Golden 530-288-5016
- CV FIRE DEPARTMENT  
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CCSD  
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## It's Warming Up -- Spring Brings New Life to the Sierra!

By Katie O'Hara-Kelly, North Yuba Naturalist

This week I went for a hike on the Canyon Creek Trail that parallels part of the North Yuba River. The sun was out and the temperatures were in the low 50s, so I had high hopes for seeing some wildlife.



Tree Frog - Green Phase

To my delight, I came upon a Sierra Newt at the very beginning of the trail! After overwintering under forest duff or logs, adult newts head for their birthplace to mate and lay their eggs. The breeding time can last from May to September. The females lay lots of jelly-like eggs, usually in spring, which hatch out as larvae with gills. After several weeks, these aquatic larvae transform into "efts," or immature juveniles, and leave their birthplace to live on land. On land, they eat earthworms, snails, slugs, sowbugs, and a variety of insects. Not many animals prey on newts except for garter snakes, which are known to develop a tolerance to the newt's



Sierra Newt

neurotoxin, tetrodotoxin. Handling newts does NOT expose you to this toxin, but eating one could kill you!

As luck would have it, I also found two Pacific Chorus/Tree Frogs in the small pools of water on the trail. They come in three different color phases: green, brown, and gray. I didn't see the gray phase. They change their color to blend into the background. The less contrast between their color and their immediate environment, the less chance they will be spotted by predators. The complete color change takes approximately two weeks. These tiny frogs are only 2" big, but they have loud voices. The male frogs (female frogs don't croak...) are some of the loudest croakers of the frog world! Right now is the time that males are croaking to attract a mate. Male frogs have a dark patch on their throat which is their inflatable vocal sack. They usually croak at night in ponds, where the females will lay their gelatinous eggs after mating. The tadpoles will hatch from the eggs in one to three weeks. The newly hatched tadpoles spend 7 to 12 weeks in their pond, maturing into adult frogs.



Tree Frog - Brown Phase

I was REALLY surprised to find this young Sierra Garter Snake underneath a rock I picked up! It was coiled up, but quickly uncoiled and scooted behind another rock before I got its picture. It was about 6" long and pretty skinny, definitely a young snake. It wasn't a



Garter Snake

newborn, as fall is the time of year that Garter Snakes usually hatch. I did find out that young Garter Snakes mainly eat earthworms during their first year. They are excellent swimmers and climbers, usually living for two to three years in the wild. As adults, Garter Snakes will eat small rodents, birds, lizards, frogs, tadpoles, slugs, salamanders, and fish. Garter Snakes often congregate together for the winter, sometimes in large numbers. Often their hibernaculum is located underground on a south facing rocky slope.

Brumation is the term for hibernation of reptiles. It is not a true hibernation, but rather a cold-blooded version of slowing down and entering into a state of sluggishness. Reptiles don't eat during winter, but they do wake up periodically and drink water during warm spells.

Enjoy Katie's weekly blog of the natural history of the Yuba watershed at: [northyubanaturalist.blogspot.com](http://northyubanaturalist.blogspot.com)



# Are We Under the Weather?

By Shirley Dickard

While feeling a bit under the weather recently, I had a small "ah-hah" moment thinking about the phrase "under the weather." As weather is becoming more erratic and powerful around the world, I realized that it's probably not the prophesied "peak oil" or lengthy drought per se that will change our way of life, but it will be the escalating threats from weather – too much, too little, too hot, too cold.

I think about the escalating number of natural disasters where people are without electricity, water, or communications for long periods of time: hurricanes, snowstorms, tornadoes, wildfires, flooding, even an ice storm in Texas. Huge blocks of the power grid were physically wiped out in a very short time. Can you prepare for these?

After living ten days without power during the mega snowstorm in the Sierra this January, I wrote the following in my journal: *"The power's out again. I'm almost getting used to this. Almost. I've got a routine down: Unannounced, the power goes out; I text neighbors to see how widespread the outage is; turn off the beeping powerpack at our computers; phone PG&E to report the outage before our landline goes dead; then re-plan my day."*

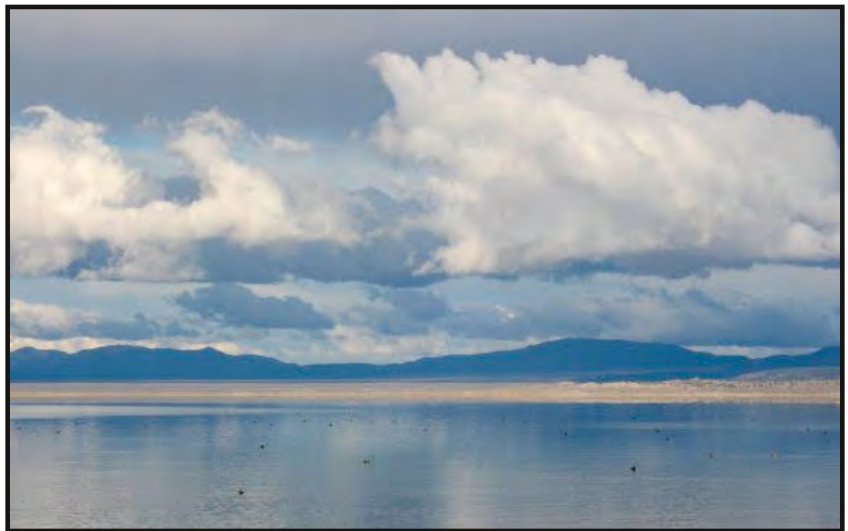
*"I must admit, my first thought is usually how long can I go without needing to turn on the noisy generator? How long can I be content with this peaceful silence, perhaps curling up with a book slanted to catch the window's light. At some point, the siren's call of the Internet beckons me to turn on the trusty generator, and the spell is broken."*

I may not have answers, but I do have questions. Sure, we can prepare on the personal level: fill our "Go-Bags" with important documents, food, clothing, emergency supplies, etc. But I think the writing's on the wall. How do we plan for the chaos of large weather-caused events where huge numbers of people are physically fleeing from the emergency while others are stuck in place without food, water, communication, or power?

Regardless of whether you feel these events are related to human-fueled climate change or are part of the earth's cyclic nature, we still need to respond. I'm counting on humankind's ingenuity and resiliency – like the

growth of alternative energy and the energy of youth climate activists.

When I get to this point in my thinking, I risk dropping into denial or despair. I know it's time to close my computer and go outside where I'll be greeted by early budding apple trees and two Red Shouldered Hawks calling to each other from the pine tops. (Is it mating season already?) Time to take a deep breath, grab a trowel, and dig into the earth.



Photos - Shirley Dickard



Sign up for Shirley's email Blog at: <https://shirleydickard.com/blog/>



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# Wildfire Mitigation Help Available

By Beverly Cameron-Fildes, YWP&FSC



In the last two months, we have done a number of Wildfire Mitigation reviews in the foothills. It's been very encouraging to see how many homeowners are working early in the season on home hardening and creating the defensible space that will help protect their home and property.

I see much evidence of debris clearing and pile burning, mastication work, tow chain covers and Fire Safe calendars flying off the shelves, and another large batch of reflective address signs out at the three distribution sites. I know I should be satisfied, but... I still want to keep that little quiet voice whispering in your ears – BE PREPARED!

I know, I know! I sound like a broken record, but while we are still officially in winter, I don't want to stop reminding you all just how close we are to needing that preparation done.

If you are still concerned and/or have questions about what needs to be done for your home and property to reduce wildfire risk, a Wildfire Mitigation advisor visit may help you prioritize the projects and tasks designed to increase your home's survivability in the event of a wildfire.

A mitigation review/visit that I made last week is a perfect example. The homeowner had purchased a piece of property adjacent to their home. It was overgrown, and while they had begun doing some work, it was clear to them that there was still much more to be done. They weren't sure what would get them the most "bang for their buck," money-, time-, and protection-wise. Together, the home owner and I went over the list of tasks/projects that needed to be completed on both home and landscape, and we prioritized what was most important to reduce their overall risk. It was a great opportunity to have the dialogue that, as advisors, we hope will translate into a home and property that can survive a wildfire.

To schedule a Wildfire Mitigation review, go to [YubaFireSafe.org](http://YubaFireSafe.org).

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# Yuba Water Approves Cost-Share Grant To Reduce Local Roadside Fuel Hazards

By Alex Boesch, Yuba Water Agency



The Yuba Water Agency Board of Directors has approved a local cost-share grant worth up to \$240,000 for the Yuba Watershed Protection and Fire Safe Council to reduce the risk of catastrophic wildfire and improve public safety for communities in the Yuba County foothills.

The funding will serve as the local cost share to help the Fire Safe Council be more competitive in its application for a Cal Fire grant worth up to \$3.2 million. If the council is successful in getting the Cal Fire grant, the funds will be put toward a major project to reduce roadside fuels on approximately 1,000 acres within the five eastern Yuba County fire districts.

"Roadsides are the most frequent ignition points for wildfires," said JoAnna Lessard, Yuba Water project manager, "So this work will not only reduce the risk of wildfire, but will also protect evacuation routes in the case of a large fire."

If the Fire Safe Council is approved for the Cal Fire grant, Yuba Water's funding will be used for project management costs, required surveys, and hiring a forester to provide implementation coordination and oversight.

Learn more at [yubawater.org](http://yubawater.org).



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# Social Media 101: wut?

By Alexis Lamb

While the modern world assumes that everyone knows what Social Media is, this is not actually true. It is particularly untrue in communities like ours, where Internet service is sketchy. For those of you who don't really know what 'Social Media' is or means, strap in!


Technically speaking, Social Media (henceforth, SM) is a blanket term which covers online communities that enable users to share information, ideas, opinions, advice, messages, photos, and videos. You might know the names of some of the largest platforms which host such exchanges: Facebook, Twitter, Instagram, or even Tik-Tok and SnapChat. These are popular forms of SM, and when people refer to SM, it is generally to one of the above platforms, particularly if the reference is derogatory.

In truth, Social Media is any online community where people congregate and communicate. There are no less than 13 types of social media sites, depending on how and what you want to communicate. If you want to read or write, there are Blogs (WordPress, Huffington Post) and Microblogs (Tumblr, Twitter) that are informational, opinionated, and diary-like experiences on any topic imaginable. Long archived public conversations are held in Forums (like IGN or Reddit). There are Collaborate Projects like Wikipedia, a publically maintained encyclopedia. There are Business Networks like LinkedIn that connect people professionally and Enterprise Social Networks like Yammer which mix business and social networking. Amazon.com and Etsy.com are considered social media tools for their Products and Service Reviews in addition to shopping. People who want to Share Photos (and only photos) use Flickr or Photobucket, or Vimeo or Youtube to Share Videos. Gamers can be found on Social Gaming sites, like any Massive Multi-Player Online game, or in Virtual Worlds that could be games, but also where text Role-Play takes place, like Discord. Pinterest is a form of Social Bookmarking, essentially collecting bookmarks of images, activities, tutorials, or recipes. Facebook is a Social Network, where the point is being social, using words or pictures or videos to connect with people.

What Social Media you use, therefore, depends on what you want. For example, Ravelry.com is a SM site for fiber artists. There you can showcase finished and ongoing projects, purchase, sell, and review patterns or products, message other users directly, take part in forum conversations about fiberarts, crowdsource advice, share your stash, or take part in community events. It is an entire community for knitters, crocheters, spinners, weavers, dyers, and so forth. Their discourse surrounds that; their 'social cred' relies on producing hand-made items. When people say 'Social Media,' this is not generally what they mean, and yet, Ravelry.com includes six forms of social media: Forums, Business Networks, Products and Service Reviews, Photo Sharing, Social Bookmarking, and Social Networking. It is Social Media, and not the kind you immediately think of when you hear the term.



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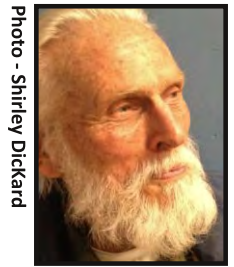
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# A Diary of AGING

By Robert Mumm



Robert Mumm

As one of the senior citizens of our community, it seems that I should offer to share some insights into the art of aging, for like everything else in life, it comes in a range of flavors. Aging and eventually death come to all of us, not that they are even remotely the same thing. Lots of changes take place in us, both in body and mind. Neither is always positive or negative, but both tend to limit our options. Our physical options seem to hamper us more in most cases, but mental shortcomings are frustrating too.

The age we live in probably accentuates the mental frustration side, for technology runs at a pace which seems always whole jumps ahead, leaving us behind. When I was a child, computers were people who sat at desks and crunched numbers! Now I have a tiny little drone that can keep track of more things at once than I can even name right off! I can just imagine the sheets of numerical calculations it would take a human to do what it does, but the moon shot was actually calculated that way.

Not that I'm all that impressed at where we, collectively, have gotten so far... this is another theme that might come up again. Don't expect an old geezer to have a good word for all technology. On the other hand, you will find that I see great value in so much we can now learn and share through this deluge of information available to us. The trick is just not to be overwhelmed.

In case you don't know me, I am an old geezer who lives sort of independently with the help of several others, most notably two nice people who live in the apartment upstairs. I am fortunate that in a sense I am looked after by others. For this I am deeply appreciative, a theme you will find in all I have to tell you here. Always remember the importance of community – our species didn't

get this far without lots of caring for each other.

Above all else, what I wish to share is that aging has its rewards, most of which are mental. While remembering is sometimes difficult, there comes a clarity about many things. I have noted a greater ability to separate my sense of self from physical conditions of the moment. There have been times when I have just had to ignore pain and go on with life. It is in those times that one can become an observer of the self and understand the true choices we enjoy. Conditions are neutral – it is the label we put on them that makes them good or bad. It's not that I can claim to ignore pain or disappointment, but a long life has given me a perspective that does tend to smooth out the bumps.

I am now working on my 90th year on this planet, so I have much to reflect on and perhaps to base some sage advice upon. Old and well-aged like a good wine or perhaps not so good, it all depends on what went into the bottle in the first place. So take your pick. In some ways great change has taken place, while in others we are very much where we were when I came into the world. Hitler came into power while I was a toddler; now, depending on how one reads the news, we may teeter on the brink of another major war. How wonderful it would be if this time diplomatic solutions win out. I mention this because it is important to know that growing old is not separate from the rest of the world and events in the world. All of us are influenced by what happens all over the world, like it or not.

Early on, I referenced death and how it and aging are not at all the same thing. Death is with us from day one, looming in the unknown future. It is certain, but not a process, while aging is. Each day we live we grow older, and after a point someplace along the way our bodies lose the ability to maintain youthful vigor and start to decline. While there is much we can do to retain our health, we also must understand and adjust our behavior and thinking.



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### HELP & HOPE

For emergencies first call 911.  
All area codes are 530 unless otherwise specified.

#### CAMPTONVILLE:

- Cemetery \_\_\_\_\_ 559-1629
- Community Center \_\_\_\_\_ 288-5016
- Community Partnership (CCP) \_\_\_\_\_ 288-9355
- Community Services District (CCSD) \_\_\_\_\_ 288-3676
- Elementary School \_\_\_\_\_ 288-3277
- Family Resource Center (CCP) \_\_\_\_\_ 288-9355  
*Hours 8:30 am-12:30 pm, Tues/Wed/Thurs*
- Post Office \_\_\_\_\_ 288-3348  
*Hours 11 am-1 pm, 1:45-3:45 pm, M-F*
- Volunteer Fire Department \_\_\_\_\_ 288-3303
- Water Plant \_\_\_\_\_ 775-980-7138
- Yuba River Ranger District \_\_\_\_\_ 362-8259/288-3231

- Alcoholics Anonymous: Local 24 hr Hotline \_\_\_\_\_ 272-6287
- Burn Day Status ([www.fraqmd.org](http://www.fraqmd.org)) \_\_\_\_\_ 741-6299
- CA Rural Legal Assistance (Yuba Co) \_\_\_\_\_ 742-5191
- CoRR (Community Recovery Resources) \_\_\_\_\_ 273-9541
- Domestic Violence:
  - Casa de Esperanza Hot Line (Yuba Co) \_\_\_\_\_ 674-2040
  - DVSAC Crisis Line (Nevada Co) \_\_\_\_\_ 272-3467
- KNCO 830 AM (Nevada Co) \_\_\_\_\_ 477-5626
- KUBA 1600 AM (Yuba Co) \_\_\_\_\_ 673-5400
- KVMR 89.5 FM (Nevada Co) \_\_\_\_\_ 265-9555
- Legal Center for Seniors (Yuba) \_\_\_\_\_ 742-8289
- Mental Health 24 hr Crisis Line (Yuba) \_\_\_\_\_ 673-8255
- NAMI -Support for Mental Illness \_\_\_\_\_ 272-4566
- PG&E Outage Line \_\_\_\_\_ 800-743-5000
- Red Cross of NE California \_\_\_\_\_ 673-1460
- Road Conditions CalTrans \_\_\_\_\_ 800-427-7623
- Sheriff (Yuba Co) Emergency \_\_\_\_\_ 911
- Sheriff (Yuba Co) Non-Emergency \_\_\_\_\_ 749-7777
- Supervisor Randy Fletcher (Yuba Co) \_\_\_\_\_ 749-7510
- Yuba County Emergency Services (OES) \_\_\_\_\_ 749-7520
- Yuba County Health and Human Services \_\_\_\_\_ 749-6311

Contact Editor for additions or corrections



### Food Distribution in the Yuba County Foothills



#### The Foothill Food Pantry:

Alcouffe Center, 9185 Marysville Road, Oregon House  
**1st and 3rd Fridays from 12-1:30 pm**  
(closed the week of USDA distributions)  
**March 4 and 18**  
**April 1 and 15**

#### The USDA Commodities Food Bank:

Willow Glen Restaurant parking lot, Oregon House  
**The 2nd Friday: 10:30-11:30 am**  
**March 11 and April 8**

#### Food Bank in North San Juan:

Located at Oak Tree School, Oak Tree Road, NSJ  
**The 2nd Tuesday: 10 am- 12 noon**  
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## MARCH 2022 Community Calendar

The Camptonville Courier and Calendar are online *IN COLOR* at [Camptonville.com](http://Camptonville.com)

To add local events to the calendar, email: [calendarville@gmail.com](mailto:calendarville@gmail.com)



- March 8 – International Women's Day
- March 13 – Daylight Savings Time begins
- March 20 – Spring Equinox
- March 31 – *Camptonville Prepared!* meeting (pg 4)



**News Flash!**  
**April 9 – Please join us at the CCC for *The Courier's* 25th Anniversary Party!**

### WEEKLY Events

CCC = Camptonville Community Center

- Mondays:** Clinic On Wheels, 9:30 am-4:30 pm, CV School
- Tuesdays:** Yoga, 5 pm, School Gym  
C'ville Vol. Fire Dept. Trainings, 6-9 pm, Fire Hall
- Thursdays:** Yoga, 10 am, CCC
- Fridays:** Clinic On Wheels, 9:30 am-4:30 pm, CCC
- Saturdays:** Coffee@the Center, 10 am-12 noon, CCC  
Qi Gong, starting again 3/19, 12:30 pm, CCC

### MONTHLY Events:

*Call to verify meeting times before attending.*

- CCP Board - 3rd Wednesday, 1 pm, Resource Center 288-9355
- CCSD Board - 4th Thursday, 6:30 pm, CCC or Zoom 288-3676
- School Board - 3rd Thursday, 5 pm, CV School 288-3277



*All Food Banks – See pg 11*