

THE Camptonville Courier

Connecting the Community
Since 1997



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The Annual Camptonville VFD Community Picnic is Back! September 10, 2–10 pm at the Lost Nugget Market

By Donna Tate

The CVFD Auxiliary is excited to announce that we will be hosting the **28th Annual Camptonville VFD Community Picnic on Saturday, September 10!** While we recognize the concern about COVID is not yet behind us, most of us have learned how to safely minimize the risk while returning to some normalcy in our lives. Now more than ever, we need the strong sense of community that this event brings to our lives.

The picnic will be held at the **Lost Nugget Field** from **2-10 pm (food will be served from 2-7 pm)**. Dinner will be our time-tested menu: choice of tri tip, chicken, or a hamburger, served with a baked potato, salad, and bread. We are thrilled that **"Sons of Boogie"** is returning for our evening entertainment! Additionally, we will be working hard to line up some local entertainment.

Raffle tickets will be available at the **Lost Nugget - \$1 each or six for \$5**. You may even find some of our awesome auxiliary members there to greet you and provide you with your tickets personally! We are working on a list of our amazing raffle prizes which will include a **\$500 grand prize!!!**



CVFD Volunteers and the Auxiliary's "Pink Ladies." Photo by Donna Tate



Enjoying Food and Community at the 2018 CVFD Picnic



Some of the 2018 Picnic Support Crew - Photos by Shirley Dickard

We Support our Volunteer Firefighters!

As always, we could not do this without your support. Below are some areas where we could use your help:

- We always need great raffle prizes, and any of your ideas would be appreciated!
- We would love to see some treasures from our local entrepreneurs and crafters!
- We need-need-need volunteers in the following areas:
 - Setup and teardown
 - Serving food (usually 2 hour blocks, but we will take what you can give)
 - Selling Beer, Dinner and Raffle tickets

If you are interested in helping in any way, feel free to contact Rita or Donna:

- Donna Tate at donnaleetate@gmail.com or 530-288-1225 (please leave a message, cell service is iffy)
- Rita Ortega at ritaortega4@gmail.com or 530-288-3421

(Check out the story on page 12 for a real-life account of our volunteer fire department in action!)

From the Editor — Sandy Ross

As we prepare and ready ourselves and our homes for the worst during these hot summer months, it is crucial to look at the positive. Camptonville has an amazing Volunteer Fire Department! These hard working folks, who are on call 24/7, are the definition of commitment to community. We have a chance to show our support and appreciation for them on **September 10** by attending the CVFD Annual Picnic.

Let's also help them out by acting responsibly: avoid using machinery that may cause sparks at peak times, be aware of (and report) trees that may cause damage to electrical lines, and continue to fire-safe your property. This is also a great time to communicate with your neighbors (if you haven't already) about how you can help each other in the event of an emergency. When we work together to support each other, we are stronger!



It's Time for the 2022 Gardeners' Market!

By Jimbo Garrison

Hey everybody, it's that time of year! The **2022 Camptonville Community Gardeners' Market** starts **August 6** and runs **every Saturday in August and September from 10 am-Noon**.

Held in conjunction with **Coffee@the Center**, it's **THE** place to be on Saturdays. Come shop for local homegrown produce and locally made artisan products, enjoy a beverage and a snack, and groove to live music!

This is the social hub of our community, so come on out to meet and greet friends and neighbors, both old and new. Everyone is welcome – we hope to see you there!



The 2021 Gardeners' Market - Photo by Rod Bondurant

If you have any surplus produce or other products you would like to sell at the market, we would love to have you! Please call Jimbo at 530-288-1001 or Rochelle at 530-288-3550 for details.

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Meet the New Face in the Post Office

By Roland Kitchens

Have you been to the Post Office lately and noticed another new face behind the counter? If you haven't, you should. Introduce yourself and enjoy a little friendly conversation, because it seems she is here to stay.



Photo by Smirley Dickard

Jennifer Nelsen, Camptonville PO

Jennifer is new to the Post Office, but not the area. She was born and raised in Las Vegas, raised her children in Gardnerville, NV, and she's called North San Juan home for the last 10 years. The kids are grown and out of the house, so beginning a new chapter in her life is very exciting for Jennifer.

"I enjoy Camptonville. My favorite would be the tiger lilies in the graveyard, especially since the rich history in this area is represented in each and every headstone."

"I am very excited about meeting everyone and putting a face with the name, so please, if you haven't already, come down sometime and introduce yourself," says Jennifer.

The hours of the Post Office are 11 am-3:45 pm with a 45 minute closure from 1-1:45 pm. This can be confusing, but no worries! Jennifer wants everyone to know that if she is in the building, just knock on the door, and she will help you the best she can.

"I do not want anyone wasting fuel to drive back and forth waiting for the Post Office to open just to pick up their package! With the price of everything nowadays, every little bit helps. So please do not hesitate to let me know your needs even after hours."

Jennifer is very happy to work in a place where everyone has been very positive and helpful, with some even going above and beyond to make her feel welcome.

"I have had great training from within the Post Office, and every day I learn and grow from experience to hopefully make your next trip to our little Post Office a pleasant one."

Her smile is contagious, her eagerness is apparent, and with time her knowledge will grow. Please give a warm welcome to her when the chance arrives.



Back to School News

By Patrick Brose,
Superintendent/Principal



It's almost back to school time at Camptonville School! I hope you have all had a restful and enjoyable summer, as I know that the school staff and I sure have! I will be brief this month with some information about our return to school:

***Our first day of school this year will be August 16th.**

***The office will reopen on August 1st daily from 8:30 am-2 pm.**

**If you have not completed your back to school packet that was sent home in the spring, or you are new to Camptonville and are enrolling students for the first time, please come by the office to complete your registration.*

We can't wait to see all of our students back on campus.



Camptonville School is looking to hire for the fall. Para-educator, custodian, and teacher positions are open for applications. If you are interested, please contact me at the school.

School Board Vacancy

Camptonville Union Elementary School District has a vacancy on its school board. Applications to serve on the school board are available at the school office and must be submitted by **August 30** to be considered by the board. The board will appoint an applicant to fill the vacancy at the September board meeting.

For more information and applications, please visit the school office or call 530-288-3277 during regular business hours starting **August 1**.



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A New School Year

By Christina Dondono, 1,2,3 Grow



I blinked and somehow August is set to arrive while summertime is slowly coming to an end. **Camptonville School** will welcome students back on **Tuesday, August 16** for the 2022-2023 school year, and **1,2,3 Grow** will open our doors for a new and fresh start to our school year the following **Tuesday, August 23**. It's a great time to start reestablishing the "school year" routines like earlier bedtime even as the sun beams down upon us late into the evenings.



Photos by Christina Dondono

Danika enjoying snack-time

1,2,3 Grow is a **FREE Parent Participation Program** for families with children in the 0-5 years age range. We welcome surrounding communities to join us and attend.

What does parent participation mean? Glad you asked!



Waylon and Casey

Parent Participation requires that you remain on campus during your child's attendance, but it also is a key component to our program's success. Naturally, parents are their child's first and most influential teacher in this wonderful adventure called "life."

We are here to provide a safe and enriching learning experience as well as to provide support and access to resources that promote happy and healthy development. We have many partners who make themselves available to our families, and we look forward to introducing all that we have to offer.

We are in session three mornings a week. Please come join us **Tuesdays, Thursdays, and Fridays from 9:30 am-12:30 pm**. Lastly, please consider that at about 10 am each morning we share snack time and encourage each family to bring a healthy contribution. This could be something small like an apple or cucumber; or something more substantial like hummus or vanilla/plain yogurt.

Registration is open in our office. Call Tyann Flower for additional information at 530-288-9355 or email me at christina@theccp.org.

August Art Share

By Katie O'Hara-Kelly

I would like to invite all fellow visual artists to join us in our monthly informal Art Share at the Camptonville Community Center on **Saturday, August 13, from 10-11 am**.

The plan is to work at home on an assigned theme, and then bring whatever you were inspired to make to the monthly Art Share. You can make anything in any medium, from fabric to crayons, and you don't have to use our suggested theme. Make whatever you feel inspired to create. We welcome anyone who would like to join us!

The suggested theme for August is "Clouds."



Big Rock - Photo by Caroline Fowler



Rural people working together for a safe, sustainable, and healthy community.

Located at our **Family Resource Center** behind Camptonville School

Monday thru Friday 8:30am – 12:30pm

High speed WiFi available for community use. Drop on by!

Highlights of our community-driven activities in the Yuba County foothills:

- Youth enrichment and skill building projects
- Family Resource Center
- Community Health Action Plan
- 1, 2, 3 Grow Parent participation child enrichment for 0-5 year olds
- The Camptonville Courier

Development of:

Community-scale forest biomass to energy facility and business center

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11

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13

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8

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10

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August Action @ C'ville's Center



By Richard Dickard, CCSD

Hey everyone, here are some August get-togethers at our Community Center:

Gardeners' Market begins **Saturday, August 6** alongside **Coffee @ the Center – 10 am-Noon**. And maybe a flea market will pop up, too! Come do your veggie and fruit shopping at the market for the freshest and most local food around! Musicians welcome!

Thirsty Thursday (new) will be **Thursday, August 11** from **5-7 pm** and **every 2nd Thursday of the month** if possible. This is a new monthly event that many have asked for! There'll be good conversations spurred by beer, wine, soda, pretzels, and popcorn. Your donation at this event supports the renovation of the Community Center.

Go online to see upcoming events at:
<https://www.camptonville.net/p/calendar.html>

And – COVID BA.5 is lurking.... “an ounce of prevention is worth a pound of cure!”

Masks are not mandatory now... but let's be outside and keep some distance between ourselves.

Public Safety Power Shutoffs (PSPS)– Here we go again. During this hot dry summer, high winds and falling trees may damage electric lines and cause wildfires. If PG&E needs to turn off power in our area, they will provide power, water, snacks, and a cool room at the Center from **8 am-9 pm**.

Renovations slowly continue with a new fire safe front door being installed this month. There's a good possibility that soon a \$20,000 grant from the USDA California Rural Development will fund 75% (= \$15,000) of equipment needed for the Community Center to make it safer and function better. Donations to the Community Center are still needed to fund the 25% (= \$5,000)

For details, email me at rjdickard@gmail.com or phone 530-288-3479.

Camptonville Prepared!

By Jesse Golden

Camptonville Prepared! (CP!) is an organization of neighbors helping neighbors to increase our readiness for fire, snow, and other emergencies. CP! was re-started in spring of 2022 and has already made progress in:



- Forming a working group with volunteers representing Camptonville Community Partnership, Volunteer Fire Department, Camptonville School, Community Center, Forest Service, and more.
- Getting assistance from Yuba County's Office of Emergency Services, including the grant of a generator to be set up at the Camptonville Community Center.
- Creating a database to identify Camptonville residents who might need special assistance in an emergency.

Please do fill out the Camptonville Prepared! form – online at bit.ly/cvpinfo is best, but there are also paper versions available at the Camptonville Post Office, the Community Center, and the Lost Nugget.

Please consider joining the CP! Committee to help make your Camptonville neighborhood better prepared!

Contact us at camptonvilleprepared@gmail.com or leave a message for the Camptonville Resource Center at 530-288-9355

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Country Faire – A Community Success

By Tyann Flower, CCP

This year’s Country Faire was a wonderful experience. Camptonville Community Partnership (CCP) enjoyed being able to bring this event back to the community post Covid. It was heartwarming to see the community come together to enjoy being exactly that, a community.

This event would not have been possible without the support of our community partners and the numerous



Kai and Smokey on Engine 31

volunteers that took time out of their week to help organize, set up, and manage the chaos. Can you believe there were 16 vending booths? They peddled their wares, shared their knowledge, and showcased the diversity of our community's abilities. Among them were the local fire department, the Forest Service, and even Smokey Bear made an appearance.

To continue the legacy, we kicked off the event with a great parade. From a small fairy driving a miniature Volkswagen bus to a zombie-covered golf cart, the creativity was overflowing. Whether on horseback, driving, or on full promenade in corseted gowns with true-to-period hoop skirts that swayed, the smiles went for miles. Starting from



Alexis in Period Dress

the Camptonville School parking lot and making its way down Cleveland Avenue and around the block to the local museums, the parade was so much fun! We look forward to next year’s parade and can only imagine the creativity to come.

The founder of Country Faire and former CCP Board member, the beloved Barbara Ramirez, was recognized and honored as she moves from our little town to her next adventure. She will be greatly missed, but her legacy will live on through this faire. This event truly showcased that we have the best town around! Honoring this tradition year after year will give us an opportunity as a community to continue to come together and enjoy our town. Thank you Barbara, for this wonderful gift; we will continue your legacy through this event!



Photos by J.T. Rumsey, Rod Bondurant, and Janie Kesselman



Catch a ride on the "Peace Van"

Willow Creek Campground's Zombie Cart followed by horseback riders Kadance and Nikko from Brownsville.



Dinosaurs - Lydia and Jaden "Rex"



"All Love is Beautiful" Float



Mary and Alexis stroll the Parade

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Twilight School Returns

By Tyann Flower, CCP



It's the return of **Twilight School!** Camptonville Community Partnership (CCP) will be kicking off fall by welcoming the community to come have some fun, learn a skill, or find a new passion. In the not-too-distant past, Camptonville School has historically let CCP "take over the school" for a few evenings a year to share our community gifts and talents with Twilight School. Classes taught in the past included: a gardening forum, CHP with winter driving tips, how to make bio-diesel, all kinds of craft classes, and more.

Mark your calendar and watch for flyers for the **first two Thursday evenings in September (1 and 8) and October (6 and 13) from 6-8 pm.** Activities will include work experience/education with Yuba County One Stop plus a variety of community led classes to keep your fall from becoming dreary. There will also be young children's activities in 1,2,3 Grow and sports in the gym. Fall is a wonderful time of year to reflect and continue to grow, and there will be something for everyone. Come enjoy with us as we showcase the diverse talents in our community!

For those who would like to share their skills, the best part of Twilight School is an opportunity to lead a class. It's easy! Do you have a passion for a specific topic, a skill in a certain area, or are even looking to pass on knowledge to others? If you are interested in showcasing your abilities, we have material stipends available for those looking to volunteer. For questions or to find out more information, please reach out to Tyann at 530-288-9355 or email tyann@theccp.org. We look forward to seeing you in the fall!



Rally Point

By Tyann Flower, CCP



Calling all 10-15 year olds! Camptonville Community Partnership is bringing **Rally Point** back! Please join us to have some fun, make new friends, and build skills. Youth will get to enjoy an evening filled with fun, games, friendships, and snacks. Students are entered into a weekly raffle for a chance to win a \$25 Amazon gift card. Each time they participate, they will be entered into the grand prize drawing for a \$100 Amazon gift card! By coming to Rally Point, our youth will reap tangible rewards while learning lifelong skills.

Rally Point is an opportunity for our community's youth to come together to network and build skills that interest them. Youth (10-15 years old) are welcome to join us at the Community Center from **5-7 pm on the first and third Thursdays beginning in September.**

Although Rally Point is filled with fun and games, these interactions will help students to develop stronger community leadership skills. This exciting opportunity will deepen relationships between peers, foster new friendships, and help students to be the rockstars and future leaders that we so need. This is a space for youth to grow, learn and motivate each other and those around them.

For additional information or questions, please contact Tyann at 530-288-9355 or email Tyann@theccp.org.

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Snakes in the Grass!

By Katie O'Hara-Kelly, North Yuba Naturalist

Snakes are ectotherms and are dependent on external sources to maintain their body heat. To regulate their body heat, they will bask in the sun when it's cool and hide in the shade when it's too hot.

With the hot temperatures we've been having, I've been wondering if snakes would be out during the day? It turns out that extremely hot temperatures can kill a snake within 10-20 minutes. So when the air temperature reaches the high 90's and into the 100's, snakes seek out shade and wait for the temperature to drop. They are crepuscular and are most active in the early morning and around dusk. Snakes hunt in tall grass, weeds, and other sources of vegetation.



Garter Snake

All snakes move by using scoots, which are the large scales that are found on their underside. Each scoot, attached to a rib, slides along the ground independently of the other scales. These scoots enable the snake to propel itself forward, but it cannot move backwards very efficiently because of the way the scoots overlap each other.

Snakes have a wide variety of prey, including snakes, lizards, frogs, fish, insects, slugs, earthworms, small mammals, bird eggs, and nestlings. How often a snake eats depends upon its age and species. In general, younger snakes eat every couple of days, and older snakes eat every couple of weeks. Most of the local snakes are nonvenomous and kill their victims by swallowing them alive or constricting them to death. Rattlesnakes, however, use their powerful venom to subdue their victims. This venom stops blood clotting, destroys internal tissues, and quickly kills prey.

Rattlesnake bites are seriously dangerous! Although rarely fatal in humans, they can be fatal to pets. Watch your step and be careful during these warm days and nights of summer!

(I've written about several of the local snakes on my blog northyubanaturalist.blogspot.com. Check it out if you're curious!)



Aquatic Garter Snake - Photos by Katie O'Hara-Kelly



Pacific Gopher Snake

Fire Safe Photos Needed

By Beverly Cameron-Fildes, YWP&FSC

The **Yuba Watershed Protection and Fire Safe Council 2023 Calendar** is in production, and you can help by sharing your photos.

Have you taken fire safe photos in Yuba County? What does "living with fire" mean to you? Submit hi-resolution photos for our annual wall hanging calendar and be entered in our photo contest: <https://airtable.com/shrPy060Uly3uL79c>

We need photos showing:

- Safe recreation such — tow chain covers, responsible use of fire rings, instructional campground signage, dirt bike spark arrestors...
- Go-bags for humans and/or pets
- Local firefighters and signs thanking fire fighters
- Home hardening, defensible space work, or roadside fuelbreaks
- Landscape/ nature shots in the Yuba foothills, or photos with big smoke plumes
- Red Flag Warning banners, bonus if photo shows that it is a windy day
- Pile burning done during the wet season
- Other depictions of what "living with fire" or watershed protection means to YOU.

Go to YubaFireSafe.org and submit your photos and be a part of making our foothill community fire safe.



Photo by Beverly Cameron-Fildes



Rices Fire smoke cloud from Bullards Bar

Photo by Sandy Ross

How to get Financial Help for Overdue Water Bills in Camptonville

By Richard Dickard, CCSD



These are hard times for many in Camptonville, with both the lack of water and the financial hardship of paying off overdue water bills. To help out, the Camptonville Community Service District has recently enrolled in a federally funded program that offers a one-time payment to help low-income households in the Camptonville Water District pay their past due water bills.

The Low Income Household Water Assistance Program (LIHWAP) offers a one-time payment (up to \$2,000) to help you pay your past due water bill. LIHWAP helps pay overdue bills which accrued during any timeframe. There is no date restriction for when the overdue amount occurred.

To qualify, you must be under the monthly income for your household size:

- 1 person - \$2,564.73
- 2 persons- \$3,353.87
- 3 persons - \$4,143.02
- 4 persons - \$4,932.17

How to Apply for one-time financial assistance:

Phone or visit the website for the Community Resource Project, Inc.

Phone: 530-671-7590

Website: www.cresource.org

201 D St., Suite Q, Marysville, CA 95901

Behind on Your Energy Bills? Here's another source of financial assistance:

LIHEAP (Low Income Home Energy Assistance Program) may be able to help you pay your energy bills.

For more information, visit www.csd.ca.gov/energybill.

CAMPTONVILLE COMMUNITY SERVICE DISTRICT

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JT Rumsey 775-980-7138

CEMETERY
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530-559-1629

SECRETARY
Pam Wilcox
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COMMUNITY CENTER
Jesse Golden 530-288-5016

CV FIRE DEPARTMENT
Chief Brandi Dudek 530-288-3303



CCSD
PO Box 327
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Qi Gong and its Effects on Aging

By Sema Kelly

Superoxide dismutase (SOD) is produced naturally by the body, but it is known to decline with age. SOD is often called an anti-aging enzyme because it is believed to destroy free radicals that may cause aging. Studies showed that the mean level of SOD was increased by qi gong exercise in the following ways: stimulating physical metabolism, promoting the circulation of meridians, and regulating the flowing of qi and blood, thus preventing and treating disorders of aging and promoting longevity.



Qi Gong is a fun and effective way to feel better, renewed, and rejuvenated. Qi Gong class is held at the CCC every **Saturday at 12:30**. Hope to see you there.

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Supervisor 5th District

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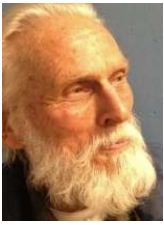


Photo by S. DicKard

Heroes at a Dollar an Hour

By Robert Mumm

Noise will be the first thing you will notice as you approach my family saw mill in 1947, There will be engines running and the clap-clap of flat belts running over pulleys. There will be dust too as a load of logs comes in, that ubiquitous dust of all sawmills then. Sawdust, some heavy and wet, which will go to the sawdust pile on a conveyor chain; but more too, an airborne gritty nuisance which irritates the eyes and gets under clothes. As sawyer (sawer), my dad standing two feet from the headrig takes the brunt of it, but there is plenty more to go around.

It is August and the temperature is in the high nineties. Steam swirls from the cooling towers of the engines, and metal is often too hot to touch if it has been in direct sunlight. There is no shade, almost all trees are cleared from the mill site for fire safety so the three or four men who run the mill gulp down water and salt tablets at almost every opportunity. My brother John, shirtless and deeply tanned, glistens with sweat. My father and Raymond Wolf wear big hats and keep their shirts on for protection from the sun. John is probably most comfortable and most impressive, well-muscled and so strong as to need to take care not to break peavey (peeve) or cant hook handles. John takes the boards from the headrig and through the edger to make the best use of the cant. On the rundown, the boards come from the headrig ready to go onto the stack or load. Raymond is busy sorting out boards of different sizes, edgings, and slabs and getting them all properly placed quickly, for this little mill runs at a fairly fast pace in order to turn out 8,000 board feet per day.

Well, a new log is on the carriage, so let's watch it run through the mill. Dad takes a fairly light first cut because this is a heavy old butt cut, and a full length slab would be hard to handle as it is. John shunts it past him and helps Raymond a bit to get it positioned on the slab pile. As he did on the first cut, Dad listens to the throb of the old Buda truck engine and the scream of the saw to cut at the maximum speed but not overload the engine. This cut will be just over an inch thick, and John will set the edger and send it through. The edger has three saws, two of which adjust, so John will get a short 1"x 6' out of the center with two edgings on the side. Raymond puts all pieces in proper stacks as the carriage rolls back to the point where logs are rolled on.

This time Dad takes a two inch cut as he does for the next one which will provide a flat surface to rest on the carriage head blocks. John hurries up to help turn the log which will put it flat on the carriage. Raymond watches to see if they need help. On this one they do, so the three of them turn the log and go quickly back to their place as Dad adjusts the head blocks for the next cut. This cut will produce a slab which will run the length of the log.

Soon there will be another flat face of the log, and it is time to turn it again. Dad and John can manage so there is a quick slam-thunk, and the log is ready for sizing down to a core size that can be cut into boards twelve inches wide in repeated cuts, the rundown. Dad sets the cuts according to an indicator on the carriage so as to come to the correct size. With one more turn, the log is ready to be cut into boards which go directly to a load on collapsible jacks which will transfer it onto a truck which will haul them away for further processing. Alternately, the boards will be loaded onto a truck and stacked in drying stacks in a large open area below the saw mill.

Raymond Wolf, Ed Baker, and Ed Hammonds worked in that mill on different years. They showed up at starting time, worked eight hours with an hour for lunch and a bit of rest. For their toil, they received a dollar an hour and a few perks such as firewood made from the slabs and edgings; also all the salt tablets they needed. Heroes at a buck an hour.



Focusing on organic gardening; amendments and supplies, organic soils like Vermicrop bulk and bagged, Foxfarm Roots Organics, and Black Gold, gardening tools, irrigation supplies, greenhouse covers, and pest control.

29435 HWY 49, NSJ CA 530-292-9000
www.sweetlandgm.com



USFS News and Updates

By Amanda Siciliano, USFS

Packer Lake Kid’s Fishing Day was a success all around. There were over 150 people who came to visit us at Packer Lake on **July 16**. Prizes were offered courtesy of the Sierra County Fish and Wildlife Commission, and one lucky kid won a \$20 reward for finding a fish of a certain color.

Our wildlife and recreation departments ran an educational booth where they taught everyone about invasive species common to the area. Our timber and trails departments helped kids get set up with equipment and gave instructions on how to fish, while Engine 331 and Fire Patrol 31 provided educational opportunities. The fish-printed t-shirts were a fun and popular craft that many people enjoyed. Smokey Bear also made a guest appearance at the event.



Firefighters enjoy making fish crafts too!

- The North Yuba Camptonville Office is currently closed until further notice.
- You can still contact the Yuba River Ranger District by calling 530-362-8259, Monday-Friday 8:30 am to 4:30 pm. In-person appointments can be made if needed for some services.
- The Nevada City Supervisor’s Office is open 9 am-4:30 pm Monday-Friday. 530-265-4531.

Photos submitted by Jessica Prince



Makenna showing off her fish t-shirt!



Monica D. Murgia
Investment Advisor &
Notary Public

530-289-6904
MurgiaFinancial@gmail.com

CRD#: 315009
Commission #2400512

Please note that the term "registered investment advisor" or the description of being "registered," does not imply a certain level of skill or training.



Packer Lake

The Tahoe National Forest went into campfire restrictions starting July 20, 2022. No campfires are allowed outside of developed campgrounds, but camp stoves are currently allowed, provided you have a current California Campfire Permit. Camp stoves must be gas, kerosene, pressurized liquid fuel, or jellied petroleum, and have a shut-off valve. Camp stoves must be used at least three feet from any flammable surface.



Small fry fish painters



Smokey and Engine 331 - something looks fishy...



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Grateful for our Camptonville Volunteer Fire Department!

By Shirley DickKard

No one ever expects an accident to happen. I was near the top of the ladder leading to a small sleeping loft, when I lifted my arm to gather sheets for washing. The next moment I was on the floor, laying on top of the ladder. Me...in a ladder accident, when ironically, I'm the one who's always adamant that no one gets on a ladder alone. But Rudy was in the next room, Dick nearby, and we've used this loft ladder safely for 30 years, so I felt okay.


I saw up close and personal how well our Camptonville Volunteer Fire Department and the EMS system work. Within 20 minutes, Fire Chief Brandi's concerned face appeared overhead assessing my injuries, followed minutes later by



people from CVFD, USFS, and Bi-County ambulance who transported me to the ER at the hospital. I got lucky: a broken foot bone, scalp stitches, and lots of soreness and colorful bruises.

Our CVFD volunteers take their role seriously.

They train weekly and are prepared to drop everything and go when an emergency call comes in, 24/7. We should do the same for them. The CVFD is calling on the community to support them at the Picnic Fundraiser on September 10. Buy raffle tickets, enjoy their dinners, and offer to help with the event (read how on page 1). Monetary donations are also appreciated. You may not expect an accident, but you sure want them there if you have one!



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Mountain Paintbrush - Photo by Caroline Fowler



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(530) 301-9915

Medi-Cal, Medicare, most insurances accepted and sliding fee scale
www.myharmonyhealth.org

Good Health Begins with Harmony



Harmony Health

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Medical Clinic

Primary Care, Acute Care, Medication Assisted Treatment
a full service family practice serving all ages

Wellness Center

Comprehensive Perinatal Services, Women's Health
Newborn Care and Women's Chiropractic Services

Baby Buddies Birth Center

Free standing birth center for low-risk moms to deliver their babies in a warm and welcoming environment

Integrated Behavioral Health

Serving youth and adult patients dealing with a variety of concerns to include: Adjustment Disorders, Depression, Anxiety, ADHD, Emotional Dysregulation and Trauma


Complementary Services

Chiroprator and Aquapuncture serving all ages

Resource Center

Open to the community, free classes/support groups, eye glasses program, insurance enrollment and referral linking to other services

Good Health Begins With Harmony



Personal Health

We have four locations to serve you

Marysville 1908 N. Beale Rd. Ste. E Marysville, CA 95901 (530)743-6888	Wellness Center 1930 N. Beale Rd. Marysville, CA 95901 (530)645-7336
Del Norte 399 Del Norte Ave. Yuba City, CA 95991 (530)763-4252	Plumas 1215 Plumas St. #1400 Yuba City, CA 95991 (530)777-3190

Most insurances accepted

www.myharmonyhealth.org

The Clinic on Wheels is in Camptonville on Fridays, 9:30 am-4:30 pm.



Food Distribution in the Yuba County Foothills



The Foothill Food Pantry:

Drive-through distribution at the Alcouffe Center
in Oregon House

9185 Marysville Road (across from the fire department)

1st and 3rd Fridays, 12-1:30 pm

August 5 and 19, September 2 and 16

The USDA Commodities Food Bank:

Willow Glen Restaurant Parking Lot, Oregon House

The 2nd Friday, 10:30-11:30 am

August 12 and September 9

North San Juan Food Bank:

Oak Tree School, Oak Tree Road, NSJ

The 2nd Tuesday, 10 am-noon

Free Food and Clothing Closet: call 292-3174 for hours



Rattlesnake Composite - Photo by Katie O'Hara-Kelly

Sierra Family Health Center
CARING FOR YOU AS FAMILY

Here for every part of you.

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Covid-19 testing and vaccines now available!

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Ask about sliding scale fees and gas card program.

Two convenient locations:

Tyler Foote | 15301 Tyler Foote Rd | **530.292.3478**

Oregon House | 8676 Marysville Rd | **530.692.9073**

For more information: Visit SierraClinic.org

HELP & HOPE

For emergencies first call 911.

All area codes are 530 unless otherwise specified.

CAMPTONVILLE:

- Cemetery ————— 559-1629
- Community Center ————— 288-5016
- Community Partnership (CCP) ————— 288-9355
- Community Services District (CCSD) ————— 288-3676
- Elementary School ————— 288-3277
- Family Resource Center (CCP) ————— 288-9355
Hours 8:30 am-12:30 pm, M-F
- Post Office ————— 288-3348
Hours 11 am-1 pm, 1:45-3:45 pm, M-F
- Volunteer Fire Department ————— 288-3303
- Water Plant ————— 775-980-7138
- Yuba River Ranger District ————— 362-8259/288-3231

Alcoholics Anonymous: Local 24 hr Hotline — 272-6287

Burn Day Status (www.fraqmd.org) ————— 741-6299

CA Rural Legal Assistance (Yuba Co) ————— 742-5191

CoRR (Community Recovery Resources) ————— 273-9541

Domestic Violence:

Casa de Esperanza Hot Line (Yuba Co) — 674-2040

DVSAC Crisis Line (Nevada Co) ————— 272-3467

KNCO 830 AM (Nevada Co) ————— 477-5626

KUBA 1600 AM (Yuba Co) ————— 673-5400

KVMR 89.5 FM (Nevada Co) ————— 265-9555

Legal Center for Seniors (Yuba) ————— 742-8289

Mental Health 24 hr Crisis Line (Yuba) ————— 673-8255

NAMI -Support for Mental Illness ————— 272-4566

PG&E Outage Line ————— 800-743-5000

Red Cross of NE California ————— 673-1460

Road Conditions CalTrans ————— 800-427-7623

Sheriff (Yuba Co) Emergency ————— 911

Sheriff (Yuba Co) Non-Emergency ————— 749-7777

Supervisor Randy Fletcher (Yuba Co) ————— 749-7510

Yuba County Emergency Services (OES) ————— 749-7520

Yuba County Health and Human Services — 749-6311

Contact Editor for additions or corrections

I Worried



I worried a lot. Will the garden grow, will the rivers
flow in the right direction, will the earth turn
as it was taught, and if not, how shall I correct it?

Was I right, was I wrong, will I be forgiven,
can I do better?

Will I ever be able to sing, even the sparrows
do it and I am, well, hopeless.

Is my eyesight fading, or am I just imagining it,
Am I going to get rheumatism, lockjaw, dementia?

Finally I saw that worrying had come to nothing.
And gave it up. And took my old body
And went out into the morning,
and sang.

— Mary Oliver



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High country back roads on a summer day - Photo by Caroline Fowler

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AUGUST 2022 Community Calendar



The *Camptonville Courier* and Calendar are online IN COLOR at Camptonville.com

To add local events to the calendar, email: calendarville@gmail.com

- | | |
|---|--|
| <p>August 6 - Camptonville Gardeners' Market Begins (pg 2)
 August 11 - Thirsty Thursdays Kickoff (pg 5)
 August 13 - Art Share (pg 4)
 August 16 - First day of School (pg 3)
 August 23 - First Day of 1,2,3,Grow (pg 4)</p> | <p>September 1 and 8 - Twilight School (pg 7)
 September 1 and 15 - Rally Point (pg 7)
 September 10 - CVFD Picnic (pg 1)</p> |
|---|--|

(CCC = Camptonville Community Center)

MONTHLY Events

Call first to verify meeting times before attending

- CCP Board** - 3rd Wednesday, 1 pm, Resource Center
530-288-9355
- CCSD Board** - 4th Thursday, 6:30 pm, CCC
530-288-3676
- School Board** - 3rd Thursday, 5 pm, CV School
530-288-3277

WEEKLY Events

- Tuesdays:** Yoga, 5 pm, School Gym
Camptonville Fire Dept Trainings, 6-9 pm, Fire Hall
- Thursdays:** Yoga, 10 am, CCC
- Fridays:** Clinic On Wheels, 9:30 am-4:30 pm, CCC
- Saturdays:** Coffee @ The Center, 10 am-Noon, CCC
Gardeners' Market, 10 am-Noon, CCC
Qi Gong, 12:30 pm, CCC

All Food Banks - See pg 13